

Studies & Suggestions

Extensive Review of the National Autism Strategy Project of Australia



Autistan
Diplomatic
Organisation

VERSION 1.00

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Embassy of Autistan to Australia





Autistan

The Autistic World

Autistan Diplomatic Organization

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Presentation of this Study

Introduction

This document is a **comprehensive analysis of Australia's Draft National Autism Strategy** (as of May 2024).

It includes detailed comparisons with:

- the official consultation feedback, various studies and criterias,
- the Autistan Model Structure for a national autism policy,
- national autism strategies of 18 countries or regions.

It proposes some insights and suggestions.

Context

As the Autistan Diplomatic Organization, we are dedicated to providing information and insights to governments worldwide to support their understanding of autism and address the needs of autistic people.

We believe that effective public policies are essential for improving accessibility and well-being for autistic individuals, as well as indirectly benefiting society as a whole by addressing societal flaws and promoting harmony.

We appreciate that the Australian government has recognized us as stakeholders in the development of the National Autism Strategy, as explicitly expressed in their email dated April 8th, 2024, and implied by the subsequent follow-ups.

Their willingness to include us demonstrates a truly holistic view and commitment to collaboration and inclusivity in shaping policies that impact autistic individuals in Australia.



Warnings

1. Imperfection of Data

This is a theoretical work, and it would be challenging to perfectly verify the more than 880 pages.

■ We have relied on the help of AI for several sections or chapters (particularly for the comparison jobs, otherwise it would take ages), indicated by a "■" at the end of their titles.

Therefore, there may be errors, inconsistencies, omissions, inaccuracies, redundancies in these sections or chapters.

We kindly ask for your forgiveness if you notice any blatant or troubling mistakes.

Please do not hesitate to report any errors to contact@autistan.org.

Thank you!

2. Imperfection of Style and Tone

Despite our true efforts to moderate our tone, some critiques may still come across as overly direct or otherwise unpleasant.

We apologize and thank you for your understanding. ﴿ اللَّهُ اللَّاللَّ اللَّهُ اللّا اللَّهُ اللَّهُ اللَّهُ اللَّهُ اللَّهُ اللَّا اللَّاللَّا اللّ



https://au.autistan.org/review-national-autism-strategy-project-australia/ (This Internet address does not change when the document is updated.)



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Section A Australia



A-1. Key Sections of the Australian Draft National Autism Strategy

https://engage.dss.gov.au/wp-content/uploads/2024/05/draft-national-autism-strategy-003.pdf

This section presents the main body of the Australian Draft National Autism Strategy. This excerpt provides the foundation for our detailed analyses.

Draft National Autism Strategy

Statement on Language

People use different words to talk about autism, and each person will have their own way of talking about autism and about themselves. Some people in the Autistic and autism community like to use 'Autistic person' (identity-first language), some like to say 'person with autism' (person-first language), and some are fine with using either. Some Autistic people identify as having a disability, while others do not.

The Australian Government uses identity-first language, Autistic person or Autistic people. This approach is supported by current research.

Statement on Neurodiversity

Neurodiversity is a term that is used to describe the natural range of diversity that exists in human neurodevelopment. Although all people process the world differently, some differences are grouped and named.

The neurodiversity of a community arises from the presence of different brain types (also known as 'neurotypes'). There is a majority neurotype (known as 'neurotypical') and there are minority neurotypes (known as 'neurodivergent').

Neurodivergent brains process the world in a way that differs from **neurotypical** brains. Well-known forms of **neurodivergence** include autism, Attention Deficit Hyperactivity Disorder (ADHD), and learning differences (such as dyslexia). Many people are also '**multiply divergent**' (that is, they have more than one different neurotype, for example: autism and ADHD).

Many neurodivergent people (including Autistic people) believe that there is no "normal" or "healthy" type of brain or mind, or one "right" style of neurocognitive functioning.

Overall, the **Neurodiversity Paradigm** — which centres the lived experience of neurodivergent people, including Autistic people — implements a **strengths-based**, **rights-based**, and **neurodiversity-affirming** approach, which seeks to embrace individuality.

Introduction

This Strategy sets out a framework for improving the life outcomes for Autistic people in the years ahead. It includes a vision, goal and guiding principles which frame the scope of effort.

This Strategy is focussed on four key outcome areas:

- social inclusion
- economic inclusion
- diagnosis, services and support, and
- health and mental health (the National Roadmap to Improve the Health and Mental Health of Autistic People).

Each outcome area covers a broad range of issues and this draft Strategy includes commitments for three of the key outcome areas: social inclusion; economic inclusion; and diagnosis, services and supports. Actions to improve health and mental health are being developed through the National Roadmap. The specific actions to achieve the commitments will be detailed in Action Plans, which will be co-designed with Autistic people and their families and carers, researchers, policy makers and the broader autism community. These stakeholders will also be involved in implementation, monitoring and reporting on the Strategy.

This is an Australian Government strategy and is intended to operate alongside state and territory autism strategies, where they exist.

Australian, state, territory, and local governments all play a part in supporting Autistic people. Sometimes, more than one government is involved in funding or delivering a service system. In most circumstances, one level of government has the main responsibility for service delivery.

See **Appendix A** for roles and responsibilities of governments.

Background

In 2021, Australia's Disability Strategy 2021-31 (ADS), Australia's national policy framework for disability, was launched. All governments are committed to working together alongside people with disability, communities, businesses and the non-government sector to implement ADS and realise its vision for an inclusive Australian society that ensures people with disability can fulfil their potential, as equal members of the community.

On 27 November 2019, the Senate established a Select Committee on Autism (the Committee) to inquire into and report on the services, support, and life outcomes for Autistic people. The Committee delivered its final report on 25 March 2022.

A key recommendation of the Committee's report is to develop a person and family-centred National Autism Strategy (the Strategy). The Committee recommends the Strategy should address whole-of-life needs for Autistic people and align with other national strategies, and be informed by the recommendations of the Committee's inquiry, and the Royal Commission into Violence, Abuse, Neglect and Exploitation of People with Disability.

The Australian Government committed funding in the October 2022-23 and May 2023-24 Federal Budgets towards the development of the Strategy and a National Roadmap to Improve the Health and Mental Health of Autistic People (the National Roadmap).

The focus of the Strategy will be on areas of Australian Government responsibility.

The Australian Government will refer to states and territories on issues raised in the development process that relate to responsibilities of states and territories, or local government. Areas of shared responsibility will be referred to Disability Reform Ministers to consider shared approaches, where relevant.

Development of the Strategy is being led by the Department of Social Services, reporting to the Minister for Social Services. Development of the National Roadmap is being led through a separate, but connected process, by the Department of Health and Aged Care, reporting to the Minister for Health and Aged Care.

In line with Australia's commitments under the United Nations Convention on the Rights of Persons with Disabilities (UN CRPD), the Strategy will play an important role in protecting, promoting and realising the human rights of Autistic people.

The Strategy will include a focus on intersectional (overlapping) disadvantage or discrimination experienced by Autistic people, based on attributes such as: Aboriginality; age; disability; ethnicity; gender identity; race; religion; and sexual orientation.

See Appendix B for further information on how the National Autism Strategy was developed.

See Appendix C for further information on the connection to other Australian Government action.

Vision Statement

The National Autism Strategy's vision is for a safe, inclusive society. All Autistic people are able to fully participate in all aspects of life, in line with international human rights.

Goal

The goal of the Strategy is to improve life outcomes for all Autistic people.

Guiding Principles

The Guiding Principles set out how the Strategy foundations will be put into practice. The Strategy foundations include the UN CRPD, the biopsychosocial model of disability, strengths-based and neurodiversity-affirming approach, and intersectionality.

In partnership - Nothing about us, without us

This Strategy will be co-designed, co-produced, co-reviewed and co-delivered with Autistic people, and their families and carers and support networks.

Accessible based on Universal Design

The development and implementation of this Strategy will be co-led by Autistic people and the Australian Government. It will be accessible, and based on Universal Design principles.

Self Determination and Autonomy

This Strategy will foster freedom of choice, control and support for Autistic people to make their own individual decisions about all aspects of life.

Aligned and Accountable Outcomes

This Strategy and actions will align with other key government strategies. This Strategy will be measurable, accountable and evidence-based.

Acceptance and Inclusivity

This Strategy will reflect that every Autistic person has unique strengths, abilities and attributes. This Strategy will seek to foster community understanding and acceptance of all Autistic people for who they are, and for their many contributions to Australia.

Rights

This Strategy will uphold the rights of all Autistic people to be respected and safe from all forms of discrimination, violence, and abuse everywhere in their lives.

Individualised and Holistic

This Strategy recognises that there are different aspects of a person's identity¹ that can overlap and shape their diverse needs, abilities and experiences, and that other factors such as geography, socioeconomic status, where they live, income, education, and the extent of support networks can also have an impact. This Strategy promotes an individualised and neurodiversity-affirming, holistic person and family-centred approach to meeting these needs and diverse communities across the whole life.

Commitments

The commitments relate to areas of Australian Government responsibility. Feedback from the community on issues relating to states and territories has been shared with state and territory governments. In any areas of joint responsibility between the Commonwealth and state and territory governments, the Strategy will guide the Australian Government's engagement with jurisdictions.

Social Inclusion

- 1. Improve understanding of, and change attitudes towards, Autistic people across all of society, through:
 - a. Greater public education and awareness including a better understanding of autism within workplaces, and with a focus on health, education and the criminal justice system.
 - b. Increasing visibility and representation of Autistic people in the media, sports and the arts.
 - c. Increasing accessible and sensory-friendly public and online spaces.
 - d. Increasing the capability of advocates and advocacy organisations to challenge and reduce stigma of autism.
- 2. Increase opportunities for social connections and peer support.
- 3. Improve Australian Government service delivery, communication, and information to meet the needs of Autistic people.
- 4. Ensure consideration of the needs of Autistic people in future amendments to or reviews of the Disability Discrimination Act 1992 (Cth) and associated disability standards.
- 5. Improve the safety and welfare of Autistic people through the reduction of all forms of discrimination, violence, abuse, bullying, vilification and exploitation.

Economic Inclusion

6. Increase meaningful employment opportunities (including business ownership, self-employment, entrepreneurship and social enterprise) for Autistic people.

- 7. Support employers to hire and retain Autistic employees through improving the accessibility of recruitment processes and fostering workplace environments that are safe and inclusive for all Autistic people.
- 8. Improve the supports and services available to Autistic people to ensure they have choice and control over their education and careers.
- 9. Increase representation of Autistic people in senior and board positions to promote people as visible role models.
- 10. Improve inclusive practices and the quality and accessibility of advocacy resources for Autistic students across all education settings, and their families, carers and support networks.
 - 11. Build on commitment 5 *Improve the safety and welfare of Autistic people through the reduction of all forms of discrimination, violence, abuse, bullying, vilification and exploitation* to specifically focus on Autistic students in all levels of education.

Diagnosis, Services and Supports

- 12. Consider the use and consistency of current identification screening, outcome and diagnostic tools. Work with relevant professional bodies to develop a set of standardised co-designed training/professional development and resource materials to support professionals involved in the identification, assessment and diagnosis of autism to improve the experience, and quality of this process for Autistic people and their families and carers.
- 13. Develop a set of best practice resources to support Autistic people and their families, carers and support networks through the identification, assessment and diagnosis process.
- 14. Explore ways to improve access to primary care, including through the Medicare Benefits Schedule (MBS), to:
 - a. improve quality health and mental health services for Autistic people, with a focus on continuity of care, and
 - b. explore ways to make Autism diagnosis and assessment processes more timely and accessible.
- 15. Consider early screening and identification arrangements, and improved access to health professionals.*
 - * Consideration is to be given to how this commitment links with joint work being undertaken by the Australian and state and territory governments as part of Australia's Disability Strategy 2021-31 and in response to the Independent Review of the NDIS. Details on work to meet this commitment will be developed in Action Plan/s.
- 16. Improve access to quality, timely, neurodiversity-affirming and equitable supports and services for Autistic people, including for people living in rural, regional and remote areas.
- 17. Encourage greater representation of people with lived experience in delivering supports and services to Autistic people.
- 18. Develop a set of best practice training and resource materials for people providing services and supports to Autistic people.
- 19. Explore the feasibility of a decision-making tool to empower Autistic people to make informed decisions about all areas of their life.
- 20. Work with states and territories to improve service integration between the NDIS, foundational supports and mainstream services.

Governance

- 21. Develop a governance framework to support:
 - a. strong accountability mechanisms,
 - b. co-leadership and active involvement of Autistic people, as well as parents and carers, and professionals within the autism sector, and
 - c. whole-of-government, cross-sectoral and coordinated approaches to implementation.

Research

Explore how autism research can best be fostered and applied to policy and service delivery and underpinned by the Strategy's Guiding Principles.

Evidence

Develop a National Autism Strategy Evidence Framework, including a Theory of Change, Program Logic, Outcomes Framework, and Evaluation Framework.

Evaluation and Reporting

Develop a robust Evaluation Plan and reporting mechanism, co-led by Autistic people and the autism community, for the National Autism Strategy.

About Autism

"If you've met one person with autism, you've met one person with autism." Dr Stephen Shore

There is not one universally accepted definition of autism that captures everyone's experience.

Autism is a lifelong neurodevelopmental difference. Autistic people share common traits that present differently in each Autistic person. Every Autistic person is unique, and their experiences of day-to-day life are dynamic based on the systemic, environmental, and interpersonal barriers that each individual experiences at the time. As such, the support needs for each person differs and may change, particularly around big life transitions, or in certain situations or environments.

Autistic people often excel in some areas and contexts (particularly areas of interest), and thrive in contexts that match their needs and abilities, yet they may also face considerable challenges in other areas without appropriate and timely supports in place.

Over 95% of Autistic people are multiply neurodivergent and have co-occurring disabilities and / or medical health conditions, many of which overlap in diagnostic criteria.² This can make it difficult to identify and support Autistic people with multiple differences if people are not aware of them.

Many of these common co-occurring neurotypes, disabilities, and medical health conditions have been listed at Appendix D.

More than 200,000 Australians have a diagnosis of autism.³ However, the number of Autistic people living in Australia is likely to be substantially higher. This can be for different reasons. For example, historical approaches to diagnosis, cost or wait times to receive a diagnosis, or people may feel that diagnosis is not the right path for them.

'Even after getting a formal diagnosis, people often question whether I'm really Autistic or how much it actually impacts my life'. - Autistic person, 35, Brisbane

Employment

Autistic people are almost 8 times more likely to be unemployed than the general population.⁴ Furthermore, the unemployment rate of Autistic people in Australia is 34.1%, which is three times that of people with other disabilities.⁵

'I have experience of being unemployed and underemployed. I have two bachelor degrees, yet, I worked in a supermarket on the checkouts for 15.5 years.' - Autistic person, 51, Perth

Education

At least 3.2% of Australian school aged children are Autistic, and autism is a lifelong condition.⁶

77% of Autistic 5-20 year olds attending school or an education institution experienced difficulty at their place of learning.⁷

Only **8.1%** of Autistic people had a bachelor degree or higher, compared with **31.2%** of non-Autistic people.⁸

Safety, health and wellbeing

Autistic adults experience more barriers to healthcare than non-Autistic people.9

Autistic people have a life expectancy of more than **20 years** shorter than the general population and are **9 times** more likely to die of suicide than the general population.¹⁰

Autistic people are 2.5 times more likely to experience depression than the general population. 11

'It's hard to ask for help (with mental health), when half of the times you have, have been really negative.' – Autistic person, Canberra

Compared to the general population, Autistic adults experience higher rates of physical and sexual violence and are more likely to be subject to cyclical or repeated instances of violence.¹² They are experiencing **ostracisation** and **social exclusion** at higher rates than the general population.¹³

Autistic people are experiencing **discrimination** and are at higher risk of **homelessness** than the general population.¹⁴

Autistic people are overrepresented in the **criminal justice system** and are likely experience significant barriers in **accessing justice services**. ¹⁵

National Consultation

Autistic people, their families and carers and support networks, advocates, researchers and other stakeholders were asked what needs to be done through a Strategy to help improve outcomes for Autistic people across all stages of life.

A multi-method engagement process was led by engagement specialists, The Social Deck, between 4 September 2023 and mid-November 2023. Community engagement was designed with consideration of the Autism CRC co-design and community insights report. This approach aimed to support as many people as possible to contribute in a variety of ways and to choose the methods that best suited them. This included the opportunity to contribute no matter where they lived in Australia.

There were more than 2,000 participations with people and organisations from all states and territories. Autistic people were the largest contributor to these consultations, followed by families. More than 100 separate engagement activities were held and this included over 20 different targeted discussions with people from intersectional population groups.

Key themes emerging from the consultation process

The consultation covered vast areas of discussion, with important issues and ideas raised across all stages of a person's life.

Rights, autonomy and safety

- Ensuring equal opportunities is a right that needs to be supported by legislation and systems, and anti-discrimination protections should be better enforced.
- Promoting and supporting self-advocacy and supported decision making to uphold the rights and dignity of Autistic people, including families and carers.

- Recognising and nurturing leadership of Autistic individuals.
- Ensuring clear accountability and strong governance in implementing and monitoring the Strategy.
- Person-centred and individualised, particularly when it comes to supporting the rights, autonomy and diversity of the Autistic and autism community.

Understanding autism

- Improving community understanding and acceptance of autism.
- Implementing national awareness and public education campaigns.
- Understanding autism training for consumer-facing services.
- Supporting advocacy to challenge and reduce the stigma often faced by Autistic individuals.
- Educating people about autism from a young age.
- Ensuring positive representation in media, and in sports and the arts.
- Understanding Autistic people with a Pathological Demand Avoidance (PDA) profile.

Social inclusion

- Sensory-friendly public, physical and online spaces.
- Supporting social connections and peer support.
- Improving access to legal support and a more inclusive justice system.
- Improving and adapting communication and information.
- · Having access to accessible transport.
- Neurodiversity-affirming spaces and support systems.

Education and learning

- · Autism training for teachers and schools.
- Improving and creating pathways and transitions from schooling to further education and work.
- More supports for Autistic students.
- · Inclusive higher education.
- Inclusive educational practices.

Employment and income support

- Employment support and training for Autistic people.
- Autism-friendly workplaces.
- Adequacy of income support.
- · Removing hiring biases.

Diagnosis, services and supports

- Ensuring affordable, accessible and safe services.
- Providing safe and inclusive diagnosis.
- Supporting families and carers.
- Addressing issues with NDIS access and use.
- Ensuring affordable and timely diagnosis.
- Improving diagnostic tools and processes.
- Ensuring continuity of support services.
- Providing respite services for caregivers.

Health and mental health

- Providing autism-friendly health and mental healthcare.
- Training for health and mental healthcare professionals.

- Caring for people with co-occurring neurotypes, disabilities, mental health conditions and medical health conditions.
- Addressing high rates of mental illness and suicide.
- Ensuring adequate support for people with a PDA profile.

Research

Improving the research and evidence base around the experiences and needs of Autistic people and their families and carers.

Governance, accountability, monitoring and evaluation

- Ensuring commitments and actions are designed with Autistic people and are funded and embedded.
- Ensuring appropriate Autistic co-led, co-design and co-production implementation to ensure clear accountability.
- · Provide mechanisms for continual feedback to ensure the Strategy is flexible and adapts to changes in community needs and expectations.
- Evaluation and reporting processes to be co-led by Autistic people and options available to align actions based on ongoing feedback and evaluation.

Communication

- Put voices of Autistic people at the centre of the Strategy's implementation.
- Provide regular updates on the implementation and evaluation of the Strategy, using accessible and easy to understand communication.

What should a National Autism Strategy achieve?

The Autistic and autism community want to see an ambitious national strategy for Australia. A Strategy that sees Autistic people have the same level of access as other people in the community and that 'levels the playing field for Autistic people and their families.'

People said the Strategy needs to be underpinned by action and must be upheld, with 'measures that mean something to Autistic people' and where there are 'consequences for failures to uphold the Strategy.'

Five consistent themes emerged about what a National Autism Strategy should achieve:



Inclusion: systemic, societal and attitudinal change across all four outcome areas of the National Autism Strategy discussion paper. 17



Acceptance: a better understanding of autism across all parts of the community to create a more autism-informed Australia, and a sense of belonging for all Autistic people.



Recognising Autistic strengths where Autistic people have a strong voice: strength-based and neurodiversity-affirming practices are the norm.



Recognition of individual diversity and capacity: acknowledgement that every Autistic person has their own experiences and aspirations, and can participate freely and equally in all areas of life.



Better quality of life and improved living standards: systems and supports in place to provide for basic needs, to ensure access to health and mental health services to stay well, and equal opportunities for Autistic people to: participate in society; access housing; access justice services; and thrive in education and employment.

To achieve these themes, it is essential that the Strategy includes arrangements to measure progress and ensure accountability for actions and outcomes.

Strategy Foundations

The following references provide the foundation for the Strategy's Guiding Principles and form the basis for the Strategy.

United Nations Convention on the Rights of Persons with Disabilities (UN CRPD)¹⁸

The UN CRPD came into force in 2008 and charges signatory countries, including Australia, with the responsibility to ensure people with disability enjoy their inherent right to life on an equal basis with others (Article 10).

This Strategy's person-centred, rights-based approach aligns with the UN CRPD's guiding principles:

- Respect for inherent dignity, individual autonomy including the freedom to make one's own choices, and independence of persons.
- Non-discrimination.
- Full and effective participation and inclusion in society.
- Respect for difference and acceptance of persons with disabilities as part of human diversity and humanity.
- Equality of opportunity.
- Accessibility.
- Equality between men and women and all genders.

Respect for the evolving capacities of children with disabilities and respect for the right of children with disabilities to preserve their identities.

Biopsychosocial model of disability

The UN CRPD describes people with disability as people who have long-term physical, mental, intellectual or sensory differences that, when interacting with inaccessible communities and environments, prevent full and equal community participation.

This Strategy adopts this model of disability to understand the experiences of Autistic people. Under the model, the sense of being "disabled" because of autism comes from experiencing attitudes, practices and structures that make it more difficult to participate equally in a neurotypical world.

This Strategy aims to address those attitudinal, behavioural and structural barriers, and create change in society which enables Autistic people to experience more independence, inclusion and control.

Strengths-based and neurodiversity-affirming approach

Rather than looking for ways to help Autistic people "fit in" in a neurotypical world, this Strategy takes a neurodiversity-affirming approach, valuing and respecting all neurotypes. It seeks to promote understanding and acceptance of neurodiversity. The need for change sits with society as a whole.

Intersectionality

"Intersectionality is just a metaphor for understanding the ways that multiple forms of inequality or disadvantage sometimes compound themselves, and they create obstacles that are not often understood within conventional ways of thinking." Professor Kimberlé Crenshaw, 1989

The way people experience the world is shaped by the way their individual circumstances and characteristics interact with attitudes, systems and structures in society. People's experiences differ according to factors such as their gender, sexuality, race, culture, ethnicity, religion, citizenship, socioeconomic status, geographical location, and body shape/size. This interaction results in individual people experiencing differing levels of outcomes or discrimination.

Taking an intersectional approach to this Strategy recognises, and seeks to address, the structural barriers and hidden biases that have a negative impact on the life experiences of individual Autistic people who face multiple and overlapping forms of disadvantage and discrimination. This Strategy will drive greater respect for, and acceptance of, the Autistic and autism community in its full diversity.

This approach recognises there is very little research and other evidence available relating to the life experiences, needs or views of certain cohorts of Autistic people, including:

- First Nations people,
- culturally and linguistically diverse (CALD) people, including those from migrant and refugee backgrounds,
- infants and toddlers,
- young people (12 to 30 years of age noting there are subgroups within this age range),
- women, girls, and gender-diverse people,

- older people,
- people who have co-occurring neurotypes, disabilities and medical health conditions,
- people who identify as a member of the LGBTQIA+ community,
- people in regional, rural, and remote areas,
- people who use alternative or augmentative communication or are non-speaking or minimallyspeaking,
- people with intellectual disability,
- · people with complex and high support needs,
- · people living in supported independent living,
- · people living in segregated accommodation, group homes and institutions,
- people with experience of trauma and violence, people in child protection and justice systems, and
- health professionals, and researchers.

As a result, policies and support services often fail to adequately support Autistic people who are members of these intersectional groups.

This Strategy aims to address this representation issue by:

- establishing a governance framework that is representative of the diversity within the Autistic and autism community,
- adopting an inclusive process for consultations,
- designing actions with Autistic people and their families and carers and support networks to address the multiple and overlapping structural barriers they experience, and
- providing ways for Autistic people and their families and carers and support networks to communicate with the Australian Government in a way that suits them.

Outcome Areas and Commitments

Social Inclusion

Social inclusion is about ensuring everyone has the opportunity to participate fully in our society. Social inclusion allows the equal opportunity for people to learn, work, connect and collaborate with others, and have a voice, including those who are non-speaking or minimally-speaking. When people are equally included they can participate.

Full participation in social, recreational, sporting, religious and cultural life is central to Autistic people living an accessible and connected life within their communities. This requires accessibility to be an integral part of the design of services and systems. It requires going beyond just physical accessibility. Providing easily accessible information about community services, events and facilities, and providing low sensory spaces, supports the inclusion of Autistic people in their communities.

Why it is important

Everyone should have the opportunity to participate in all aspects of life and society, free from all forms of discrimination. Without social inclusion, people are more likely to experience poor mental health, isolation, discrimination, abuse and violence. Social inclusion, and feeling connected, respected and valued in society is important for an individual's health, safety and wellbeing.

How it applies to Autistic people

Autistic people and their families and carers and support networks experience disproportionately high rates of social isolation, discrimination, abuse and violence. Factors contributing to low rates of social inclusion include the intersection with poor employment rates, a lack of community understanding of autism, limited opportunities to participate in the community and build social connections, unaccommodating built environments, issues with access to transport, and low levels of independent living.

Commitments

- 1. Improve understanding of, and change attitudes towards, Autistic people across all of society, through:
 - a. Greater public education and awareness including a better understanding of autism within workplaces, with a focus on health, education and the criminal justice system.
 - b. Increasing visibility and representation of Autistic people in the media, sports and the arts.
 - c. Increasing accessible and sensory-friendly public and online spaces.
 - d. Increasing the capability of advocates and advocacy organisations to challenge and reduce stigma of autism.
- 2. Increase opportunities for social connections and peer support.
- 3. Improve Australian Government service delivery, communication, and information to meet the needs of Autistic people.
- 4. Ensure consideration of the needs of Autistic people in future amendments to or reviews of the Disability Discrimination Act 1992 (Cth) and associated disability standards.
- 5. Improve the safety and welfare of Autistic people through the reduction all forms of discrimination, violence, abuse, bullying, vilification and exploitation.

Economic Inclusion

An inclusive economy ensures all parts of society, especially poor or socially disadvantaged groups, have full, fair, and equitable access to market opportunities as employees, leaders, consumers, entrepreneurs, and community members.

Employment and financial security is central to improving outcomes for Autistic people, including providing jobs and career opportunities, and having adequate income for people to meet their needs.

Employment supports Autistic people to have more control over their lives, be financially independent and have a better standard of living. Increasing employment opportunities for Autistic people includes encouraging business ownership and development, self-employment and entrepreneurship.

Additionally, evidence shows preparing young people for employment can have long-term benefits for their employment prospects and careers.

Adequate income provides increased financial security, economic independence and an appropriate standard of living, giving people more choice and control over their lives, and enabling their participation in community life. The income support system provides an important safety net for people with disability who are unable to work or cannot find employment.

Why it is important

Everyone should be able to access safe, secure and equitable education and employment opportunities. Economic inclusion has many benefits, including having an adequate income and stable employment, contributing to a person's wellbeing and financial security, as well as contributing to society and the economy on the whole. Educational settings and workplaces can also benefit from having people with a diversity of views, skills and experiences. Income support is an important support to help people with disability to gain employment and contribute to their economic independence.

For the first time in 2023, the Australian Public Service Employee Census captured data on neurodivergence. Results showed 7.7% of respondents considered themselves to be neurodivergent, and a further 11.5% indicated they were not sure. 19

How it applies to Autistic people

School education outcomes for Autistic people are poorer than those of the general population. Many people have reported experiences of discrimination and bullying in schools, and that school environments can pose multiple challenges for Autistic students. The unique learning styles of Autistic students can create barriers to accessing the curriculum, and some students may need a high level of support to participate in education. There were also numerous reports of school's failures to make adjustments and provide appropriate supports for Autistic students. Supporting Autistic students to transition from school to further education and employment is critical.

Stakeholders have reported poor employment outcomes for Autistic people in Australia as well as identifying underemployment as a significant issue. Autistic people often work below their potential and capacity, resulting in reliance on families, carers and other support networks, and government funded services and benefits. Barriers to employment range from low education attainment and limited work experience, social and communication difficulties, sensory issues, and anxiety with accessing public transport in order to get to work. Unsuitable recruitment practices, a lack of appropriate workplace supports, and discrimination and bullying also contribute to poor employment outcomes for Autistic people.

Commitments

- Increase meaningful employment opportunities (including business ownership, self-employment, and entrepreneurship and social enterprises) for Autistic people.
- 7. Support employers to hire and retain Autistic employees through improving the accessibility of recruitment processes and fostering workplace environments that are safe and inclusive for all Autistic people.
- 8. Improve the supports and services available to Autistic people to ensure they have choice and control over their education and careers.
- 9. Increase representation of Autistic people in senior and board positions to promote people as visible role models.
- 10. Improve inclusive practices and the quality and accessibility of advocacy resources for Autistic students across all education settings, and their families, carers and support networks.
- 11. Build on commitment 5 Improve the safety and welfare of Autistic people through the reduction of all forms of discrimination, violence, abuse, bullying, vilification and exploitation to specifically focus on Autistic students in all levels of education.

Diagnosis, supports and services

Autism is diagnosed by health professionals who observe an individual's characteristics such as social communication, behaviours and focused interests. Some people who do not have a formal diagnosis also self-identify as Autistic.

Primary healthcare providers, for example General Practitioners, are often the first point of contact who will begin the process by referring an individual to a health professional with experience in assessing neurodevelopmental disabilities.

Once referred for an assessment, individuals and their families and carers and support networks should expect a timely and comprehensive assessment and referral to support services based on the individual's needs.

Autistic people and their families and carers and support networks can experience difficulties at all stages of the identification, assessment, diagnosis and decision process, in particular the time it can take to receive a diagnosis, and the associated cost. It can also be hard to find, access and navigate appropriate supports and services once a person has an autism diagnosis.

Personal and community supports, including both specialist supports and mainstream services available to the general public, are fundamental to improving overall outcomes for Autistic people.

Why is it important

Access to neurodiversity-affirming early screening and supports, and timely and comprehensive autism identification assessment and diagnosis, means an individual will be better able to access supports and services, improving long-term outcomes and reducing risk of developing mental health concerns.

How it applies to Autistic people

The average age of diagnosis in children in Australia is about 3-4 years of age, with the most frequent age for diagnosis being 5.9 years. This is despite research showing that identification is possible in

infancy (from 0 to 12-months of age), and diagnosis is possible as early as 18-24 months of age.²⁰ Early identification and diagnosis leads to better education, social and economic outcomes for Autistic people. It also leads to better mental health in adulthood, and less feelings of stigma and shame about being Autistic.

Early diagnosis reduces the ongoing support required by school age children, as well as lowering overall support costs for families and carers and the wider community.

Diagnosis is likely to occur later for girls, women, and gender diverse people, those with less overt or 'internalised' presentations, those living in regional, rural and remote areas, and those who have co-occurring neurotypes, disabilities and medical health conditions with overlapping diagnostic criteria. Without timely identification and diagnosis, individuals may not be able to access appropriate supports, including through the NDIS.

Multiple stakeholders reported significant delays in obtaining an autism diagnosis, with the optimal waiting period of 3 months, and the median wait time for an assessment in the public system being 16 weeks, with some stakeholders advising the wait period could be longer, for example: 6 months to 2 years or more.

Other barriers include: the complexity involved in providing an autism diagnosis; the reliance on the expertise of the professionals involved; inconsistent approaches to diagnosis; availability of diagnostic services; the cost of diagnostic services; and awareness and understanding of autism.

Support for Autistic people can be provided through an often complex mix of disability supports funded by the NDIS, non NDIS-funded mainstream and community services and supports, as well as informal supports provided by families, carers and support networks.

There are high levels of unmet demand, and service gaps and inadequacies. The cost of services is also a concern for many, as well as the lack of information and support when navigating services, including the NDIS. The lack of service integration across sectors, and poor understanding of autism in both community and professional settings, and workforce shortages, were also commonly identified barriers.

Commitments

Diagnosis

- 12. Consider the use and consistency of current identification screening, outcome and diagnostic tools. Work with relevant professional bodies to develop a set of standardised co-designed training/professional development and resource materials to support professionals involved in the identification, assessment and diagnosis of autism to improve the experience, and quality of this process for Autistic people and their families and carers.
- 13. Develop a set of best practice resources to support Autistic people and their families, carers and support networks through the identification, assessment and diagnosis process.
- 14. Explore ways to improve access to primary care, including through the Medicare Benefits Schedule (MBS), to:
 - a. improve quality health and mental health services for Autistic people, with a focus on continuity of care, and
 - b. explore ways to make autism diagnosis and assessment processes more timely and accessible.
- 15. Consider early screening and identification arrangements, and improved access to health professionals.*
- * Consideration is to be given to how this commitment links with joint work being undertaken by the Australian and state and territory governments as part of Australia's Disability Strategy 2021-31 and in response to the Independent Review of the NDIS. Details on work to meet this commitment will be developed in Action Plan/s.

Services and Supports

- 16. Improve access to quality, timely, neurodiversity-affirming and equitable supports and services for Autistic people, including for people living in rural, regional and remote areas.
- 17. Encourage greater representation of people with lived experience in delivering supports and services to Autistic people.
- 18. Develop a set of best practice training and resource materials to for people providing services and supports to Autistic people.
- 19. Explore the feasibility of a decision-making tool to empower Autistic people to make informed decisions about all areas of their life.
- 20. Work with states and territories to improve service integration between the NDIS, foundational supports and mainstream services.

Actions delivered under these commitments will take into account: the differences in presentation by different cohorts (for example: girls, women and gender diverse people); intersectionality; and the need for tools, supports and services to be tailored for different

cohorts and to be neuro-diversity affirming. The development and delivery of actions will seek to be co-designed or involve Autistic community/academics as appropriate.

Health and Mental Health

Actions to improve health and mental health are being developed through the development of the National Roadmap to Improve the Health and Mental Health of Autistic people in Australia (the National Roadmap), which is being led by the Department of Health and Aged Care (DoHAC).

Outcome Statement: Enhance the physical health, mental health and wellbeing for all Autistic people across the lifespan.

The National Roadmap is being developed separately to the Strategy, in order to address health and mental health needs in greater detail. The National Roadmap will include specific actions and outcomes to improve the health and mental health of Autistic people and their families and carers.

The National Roadmap is being driven by the Autistic and autism community, through:

- guidance from a cross-stakeholder Working Group,
- co-design work, which DoHAC has engaged the Autism CRC to undertake, and
- consultation with the National Autism Strategy Oversight Council.

The Roadmap will consider key outcome areas such as:

- Best practice models of care.
- Support to navigate the health and mental health systems.
- Education and training of health professionals.
- Improved coordination of health, mental health supports and sectors.
- Research, data and measurement to support continuing improvement.
- Accessibility integrated across the entire health and mental health systems.

Implementation – Delivering on the **Outcome Areas**

Implementing the National Autism Strategy

Three Action Plans will support implementation of the Strategy:

- First Action Plan: short-term (the first year),
- · Second Action Plan: medium-term (the next few years), and
- Third Action Plan: long-term (longer term actions).

The first Action Plan will be informed by the work of the National Autism Strategy Oversight Council and Working Groups, the national consultations undertaken during the development of this Strategy, and a range of reports commissioned by the Australian Government. The first Action Plan will include ongoing governance arrangements and an Evidence Framework comprising a Theory of Change, an Outcomes Framework, and Evaluation Framework developed with the Autistic community and autism sector.

Governance

The development of this Strategy was supported by governance arrangements and the implementation of this Strategy will also be supported by governance that ensures continued deep engagement, trust and accountability over the delivery of commitments and achievement of intended outcomes.

A governance framework will be developed as part of implementation planning. Key features will include:

- Ministerial oversight arrangements in relation to the implementation of the Strategy.
- A continuing role for a representative group of Autistic people and their families and carers, researchers and professionals.
- Continuing collaboration across the Australian Government.
- In any areas of joint responsibility between the Commonwealth and state and territory governments, the Strategy will guide the Australian Government's engagement with jurisdictions.

The governance framework will be enhanced to include:

- A truly whole-of-government approach, recognising coordinated effort is required across all areas of government and sectors including health, education, disability, and employment.
- Ongoing ways to listen to and respond to the voices of Autistic people and their families and carers, support networks, and communities.
- A review and evaluation of the Strategy involving Autistic people and their families and carers.

Detailed accountability and governance structures will be outlined in each of the three Action Plans which allows the structure to best respond to the specific priorities/actions identified.

Why is it important

The governance framework will set out a visible and robust accountability structure to drive implementation and decision-making under the Strategy.

How it applies to Autistic People

The governance framework will identify and prioritise areas of focus, drive change across these areas, and report on progress made to improve the lives of Autistic people.

Commitment

- 21. Develop a governance framework to support:
 - a. strong accountability mechanisms,
 - b. co-leadership and active involvement of Autistic people, as well as parents and carers, and professionals within the autism sector, and
 - c. whole-of-government, cross-sectoral and coordinated approaches to implementation.

Research

The National Disability Research Partnership (NDRP) has been established under ADS. The NDRP will facilitate collaborative and inclusive disability research, providing a stronger evidence foundation for policy and service delivery.

There are also a number of organisations and research bodies already working hard to build our understanding of the lived experience of autism and identify the types of supports that deliver the best outcomes for Autistic people of all ages.

Commitment

22.

Explore how autism research can best be fostered and applied to policy and service delivery and underpinned by the Strategy's Guiding Principles.

Evidence Framework

A robust Evidence Framework that aligns data, research and evaluation is integral to the development, implementation and impact of the Strategy. It will advance the vision of the Strategy by measuring what matters to Autistic people and driving the use of data and evidence to inform effective, practical change.

The core components of the Strategy's Evidence Framework include: a Theory of Change (underpinned by related logic chains); an outcomes framework; and a monitoring and evaluation framework. These can form the single comprehensive Strategy Evidence Framework or exist as separate interrelated

pieces.

Core component	Contribution to Strategy Evidence Framework
Theory of Change and logic chains	Sets out the evidence, assumptions and theories about the investments, initiatives and mechanisms that will drive the Strategy to achieve good outcomes.
Outcomes Framework	Specifies the progressive indicators and outcome measures to enable assessment of the progress and impact of the Strategy.
Evaluation Framework	Assesses what, why, how and for whom the Strategy is making a difference. What has been implemented? How is it working? Why? Under what conditions? For what people? What difference has been produced?

A Theory of Change explains the conditions and, underpinned by an evidence-base, why certain activities or actions will lead to a particular outcome.

This is a way to make sure there is a solid rationale, based on the best research and evidence, and have confidence the Strategy can achieve the outcomes wanted from the actions proposed in the Action Plans under this Strategy.

See **Appendix E** for a Theory of Change diagram example.

The Theory of Change responds to key problems identified by Autistic people and their families and carers and support networks, and the organisations who work with them. It explains how and why Strategy initiatives and actions should lead to improved life outcomes for Autistic people and their families and carers.

It reflects the evidence, research and findings about the nature of the problems, issues and concerns experienced by Autistic people and their families and carers, and outlines what will be effective in creating positive change.

Importantly the Strategy's Theory of Change is also informed by the broader evidence relating to the effective implementation of policy and systems change initiatives.

Because Australia's first-ever National Autism Strategy is an initiative of the Australian Government (rather than a whole of governments initiative like ADS), the Theory of Change will focus on relevant national policies, programs and responsibilities.

The Theory of Change is underpinned by a series of Outcomes logic chains which trace the link between major actions under the Strategy, and the related outputs and the outcomes these are expected to create over the short, medium, and longer term.

Together these components identify the outcomes being sought, the indicators and measures of success, why, what, how and when actions, investments and initiatives related to the Strategy are assessed and reported on. Underpinned by strong governance and effective leadership, these components also ensure there is strong transparency and accountability for outcomes across the life of the Strategy.

Objectives of the Evidence Framework

Major objectives of the Evidence Framework are to:

- 1. Provide national leadership to develop strategic, robust data and evidence that continuously informs policies and practices that are inclusive and responsive to Autistic people and their families and carers and support networks.
- 2. Address significant data gaps that exist in relation to the needs, experiences and outcomes of Autistic people and their families and carers and support networks.
- 3. Build capacity to measure relevant experiences and outcomes for Autistic people of different ages and circumstances, including intersectional groups identified in the Strategy.
- 4. Understand how place impacts on outcomes and experiences of Autistic people living in different locations and parts of Australia.
- 5. Support the development of evidence informed approaches to policy and practices by establishing indicators, outcome measures and data sets for the life of the Strategy.
- 6. Provide for national independent monitoring and reporting on identified outcomes in the Strategy.
- 7. Drive co-produced research that builds capability and understanding of the experience of Autistic people in relation to the Strategy's key themes.
- 8. Inform the effective, efficient and thoughtful application of funding and resources to advance the vision, purpose and priorities of the Strategy, and continuous quality improvement over the life of the Strategy.

Commitment

23. Develop a National Autism Strategy Evidence Framework, including a Theory of Change, Program Logic, Outcomes Framework, and Evaluation Framework.

Evaluation and Reporting

An Evaluation Plan will be developed as part of the first Action Plan. It will outline how we will measure the impact of actions under the Strategy on achieving the Strategy's goal of improving life outcomes for all Autistic people.

The Evaluation Good Practice Guide Checklist developed under ADS will underpin the approach to evaluation activities.²¹

Evaluation activities will be both quantitative (for example: measuring changes in the labour force participation rate for Autistic people) and qualitative (for example: documenting the positive changes experienced by individual Autistic people and their families and carers). Consistent with the commitment to accountability, evaluation reports will be publicly available.

Commitment

24. Develop a robust Evaluation Plan and reporting mechanism, co-led by Autistic people and the autism community, for the National Autism Strategy.



A-2. Comparison with the 'Consultation report (stage 2)

https://engage.dss.gov.au/wp-content/uploads/2024/02/NAS Consultation-Report full-report v3final.pdf

1. Detailed Comparison between the **Draft National Autism Strategy and the NAS Consultation Report**

1. Whole of Life Coverage

Consultation Report:

Recommends strategies that cover the entire lifespan of autistic individuals, emphasizing inclusion, acceptance, and fostering autistic strengths (Consultation Report, p. 13).

Draft National Strategy:

- Commits to addressing various life stages, including education, employment, and health.
- Focuses on whole-of-life needs, promoting an individualised and holistic person- and family-centred approach to meet diverse needs across the lifespan.

✓ Points of Alignment:

- Both documents advocate for comprehensive life coverage.
 - Consultation Report: "A National Autism Strategy will provide a coordinated, national approach to how governments and services can better support Autistic people and their families" (Consultation Report, p. 6).
 - Draft: "The Strategy is focussed on four key outcome areas: social inclusion, economic inclusion, diagnosis, services and support, and health and mental health."

Apparent Gaps:

• Specific programs or initiatives for different life stages like early childhood or older adulthood are not detailed in the draft.

Suggestions for Improvement:

• Include specific programs tailored to various life stages, such as early intervention programs and adult transition services.

2. Rights and Autonomy

Consultation Report:

• Emphasizes the importance of ensuring and upholding the rights and autonomy of autistic people, promoting self-advocacy and decision-making (Consultation Report, p. 15).

Draft National Strategy:

 Aligns with the UN CRPD and emphasizes a person-centred, rights-based approach, promoting independence and inclusion.

✓ Points of Alignment:

- Both documents stress the importance of a rights-based approach.
 - Consultation Report: "Ensuring equal opportunities and promoting self-advocacy and decision-making" (Consultation Report, p. 15).
 - Draft: "This Strategy's person-centred, rights-based approach aligns with the UN CRPD's guiding principles."

Apparent Gaps:

 Detailed measures to ensure the practical implementation of human rights principles are limited

Suggestions for Improvement:

• Develop specific actions and accountability mechanisms to ensure the practical implementation of human rights principles.

3. Understanding Autism

Consultation Report:

 Highlights the need for national awareness and public education campaigns to improve understanding and acceptance of autism (Consultation Report, p. 17).

Draft National Strategy:

• Considers public education as part of improving social inclusion and awareness.

✓ Points of Alignment:

- Both documents recognize the necessity of public education to improve understanding.
 - Consultation Report: "Implement national awareness and public education campaigns" (Consultation Report, p. 17).
 - o **Draft:** "Promotes public education to enhance understanding and reduce stigma."

Apparent Gaps:

• Specific details on how the public education campaigns will be structured and implemented are not provided.

Suggestions for Improvement:

 Provide a detailed plan for national awareness and public education campaigns, including specific targets and strategies.

4. Social Inclusion

Consultation Report:

• Emphasizes improving community understanding and acceptance of autism, creating sensory-friendly public spaces, and supporting social connections (Consultation Report, p. 20).

Draft National Strategy:

• Aims to enhance social inclusion through various initiatives but lacks specific details on implementation.

✓ Points of Alignment:

- Both documents prioritize social inclusion.
 - Consultation Report: "Improving community understanding and acceptance of Autism" (Consultation Report, p. 20).
 - o **Draft:** "Focussed on enhancing social inclusion through various initiatives."

Apparent Gaps:

 Detailed strategies for creating sensory-friendly public spaces and supporting social connections are not outlined.

Suggestions for Improvement:

• Develop specific initiatives to create sensory-friendly public spaces and support social connections, with clear guidelines and objectives.

5. Economic Inclusion

Consultation Report:

• Focuses on improving access to education and employment, providing support for autistic students and promoting autism-friendly workplaces (Consultation Report, p. 26).

Draft National Strategy:

 Commits to economic inclusion through education and employment initiatives but lacks specific program details.

✓ Points of Alignment:

- Both documents emphasize the importance of economic inclusion.
 - Consultation Report: "Employment support and training for Autistic people" (Consultation Report, p. 26).
 - o **Draft:** "Promotes economic inclusion through education and employment initiatives."

Apparent Gaps:

• Specific programs and supports for autistic students and employees are not detailed.

? Suggestions for Improvement:

 Include detailed programs and supports for autistic students and employees, with clear objectives and implementation plans.

6. Implementation and Monitoring

Consultation Report:

• Stresses the need for a strong implementation plan with regular reviews and accountability mechanisms (Consultation Report, p. 46).

Draft National Strategy:

 Proposes developing Action Plans to support implementation but lacks detailed review and accountability mechanisms.

✓ Points of Alignment:

- Both documents recognize the necessity of detailed implementation plans.
 - Consultation Report: "Implementation and monitoring the National Autism Strategy" (Consultation Report, p. 46).
 - o **Draft:** "Three Action Plans will support implementation of the Strategy."

Apparent Gaps:

Detailed review timelines and accountability mechanisms are not specified.

Suggestions for Improvement:

 Define specific review timelines and accountability mechanisms to ensure continuous improvement of the strategy.

2. General Conclusion

The draft National Autism Strategy shows a concerted effort to integrate the key themes and recommendations from the NAS Consultation Report, reflecting a commitment to improving the lives of autistic individuals in Australia. Here are the key points of alignment and gaps:

Points of Alignment:

- 1. **Whole of Life Coverage:** Both documents emphasize strategies that cover the entire lifespan of autistic individuals.
- 2. **Rights and Autonomy:** Both stress the importance of a rights-based approach, promoting self-advocacy and decision-making.
- 3. **Understanding Autism:** Both recognize the need for national awareness and public education campaigns to improve understanding and acceptance.
- 4. **Social Inclusion:** Both prioritize social inclusion, highlighting the importance of community understanding and sensory-friendly public spaces.

- 5. **Economic Inclusion:** Both emphasize the importance of improving access to education and employment for autistic individuals.
- 6. **Implementation and Monitoring:** Both acknowledge the necessity of a strong implementation plan with regular reviews and accountability mechanisms.

Apparent Gaps:

- 1. **Specific Programs and Initiatives:** The draft strategy lacks detailed programs tailored to different life stages and specific supports for autistic students and employees.
- 2. **Human Rights Measures:** Detailed measures to ensure the practical implementation of human rights principles are limited.
- 3. **Public Education Campaigns:** Specific details on how public education campaigns will be structured and implemented are not provided.
- 4. **Social Inclusion Strategies:** Detailed strategies for creating sensory-friendly public spaces and supporting social connections are not outlined.
- 5. **Implementation Plans:** Detailed review timelines and accountability mechanisms are not specified.

Suggestions for Improvement:

- Develop specific programs and initiatives tailored to various life stages.
- Provide detailed measures and accountability mechanisms for the implementation of human rights principles.
- Outline a detailed plan for national awareness and public education campaigns.
- Develop specific initiatives for creating sensory-friendly public spaces and supporting social connections.
- Define specific review timelines and accountability mechanisms for continuous improvement.

Overall, the draft National Autism Strategy aligns well with the key themes and recommendations of the NAS Consultation Report, with areas identified for further development to enhance its effectiveness and comprehensiveness.



A-3. Comparison with Amaze's study "Towards a National Autism Strategy: International Lessons"

https://www.amaze.org.au/wp-content/uploads/2021/10/Towards-a-national-autism-strategy-international-lessons-Oct-2021-Amaze.pdf

1. Whole of Life Coverage

Amaze Study:

- Recommends strategies relevant across the entire lifespan of autistic individuals, addressing diverse experiences within the autism spectrum.
 - Quote: "The better strategies are relevant to autistic people across their life journey and responsive to different experiences..." (Amaze, p. 7).

Draft National Strategy:

- Commits to addressing various life stages, including education, employment, and health.
- Focuses on whole-of-life needs, promoting an individualised and holistic person- and family-centred approach to meet diverse needs across the lifespan.

✓ Points of Alignment:

- Both documents advocate for comprehensive life coverage.
 - Amaze: "The better strategies are relevant to autistic people across their life journey and responsive to different experiences, including those with more complex needs" (Amaze, p. 7).
 - Draft: "The Strategy is focussed on four key outcome areas: social inclusion, economic inclusion, diagnosis, services and support, and health and mental health."

Apparent Gaps:

 Specific programs or initiatives for different life stages like early childhood or older adulthood are not detailed in the draft.

Suggestions for Improvement:

• Include specific programs tailored to various life stages, such as early intervention programs and adult transition services.

2. Co-Production with the Autistic Community

Amaze Study:

- Stresses genuine co-production with the autistic community, including representative organisations.
 - Quote: "Genuine co-production with the Autistic community, including representative organisations. Autism organisations and autistic advocates in other countries have underscored the importance of this approach..." (Amaze, p. 6).

Draft National Strategy:

 Emphasizes co-design, co-production, co-review, and co-delivery with autistic people and their families and carers.

❤ Points of Alignment:

- Both documents highlight the importance of involving the autistic community in the development and implementation of the strategy.
 - Amaze: "Genuine co-production with the Autistic community, including representative organisations" (Amaze, p. 6).
 - Draft: "This Strategy will be co-designed, co-produced, co-reviewed and co-delivered with Autistic people, and their families and carers and support networks."

Apparent Gaps:

• The extent of the involvement of representative organisations is not clear.

Suggestions for Improvement:

• Clearly outline the roles and responsibilities of various representative organisations in the co-production process.

3. Human Rights and Inclusion

Amaze Study:

- Advocates for advancing the human rights and inclusion of autistic people rather than a deficit-based approach.
 - Quote: "An overarching commitment to advancing the human rights and inclusion of autistic people rather than a deficit-based approach to 'fixing' or 'combatting' autism..." (Amaze, p. 6).

Draft National Strategy:

 Aligns with the UN CRPD and emphasizes a person-centred, rights-based approach, promoting independence and inclusion.

✓ Points of Alignment:

- Both documents commit to a rights-based approach.
 - Amaze: "An overarching commitment to advancing the human rights and inclusion of autistic people" (Amaze, p. 6).
 - Draft: "This Strategy's person-centred, rights-based approach aligns with the UN CRPD's quiding principles."

Apparent Gaps:

 Detailed measures to ensure the practical implementation of human rights principles are limited.

? Suggestions for Improvement:

• Develop specific actions and accountability mechanisms to ensure the practical implementation of human rights principles.

4. Clear and Tangible Objectives

Amaze Study:

• Stresses the need for clear and tangible objectives, targets, measures, and indicators.

 Quote: "Clear and tangible objectives, targets, measures and indicators are critical to enable progress to be tracked and publicly reported on" (Amaze, p. 6).

Draft National Strategy:

Includes commitments to developing measurable, accountable, and evidence-based actions.

✓ Points of Alignment:

- Both documents emphasize the importance of clear objectives and measurable outcomes.
 - Amaze: "Clear and tangible objectives, targets, measures and indicators are critical" (Amaze, p. 6).
 - o **Draft:** "This Strategy will be measurable, accountable and evidence-based."

🔑 Apparent Gaps:

Specific targets and indicators are not detailed in the draft strategy.

? Suggestions for Improvement:

Include specific targets, measures, and indicators for each key outcome area.

5. Implementation Plan

Amaze Study:

- Recommends an action/implementation plan with accountabilities for delivery.
 - Quote: "An action/implementation plan with accountabilities for delivery. Strategies that are not underpinned by implementation plans are at high risk of floundering" (Amaze, p. 6).

Draft National Strategy:

 Proposes developing three Action Plans (short-term, medium-term, and long-term) to support implementation.

✓ Points of Alignment:

- Both documents recognize the necessity of detailed implementation plans.
 - Amaze: "An action/implementation plan with accountabilities for delivery" (Amaze, p. 6).
 - o **Draft:** "Three Action Plans will support implementation of the Strategy."

Apparent Gaps:

• Specific details of the actions to be included in the Action Plans are not provided.

• Clearly define the specific actions, responsible parties, and timelines in the Action Plans.

6. Governance and Coordination

Amaze Study:

- Highlights the importance of effective governance to drive and coordinate implementation.
 - Quote: "Effective governance to drive and coordinate implementation across a vast number and range of organisations and people" (Amaze, p. 6).

Draft National Strategy:

 Mentions the development of a governance framework to support strong accountability mechanisms and coordinated approaches.

Points of Alignment:

- Both documents stress the need for robust governance structures.
 - o **Amaze:** "Effective governance to drive and coordinate implementation" (Amaze, p. 6).
 - Draft: "Develop a governance framework to support...whole-of-government, crosssectoral and coordinated approaches to implementation."

Apparent Gaps:

• Detailed governance structures and mechanisms are not fully outlined.

? Suggestions for Improvement:

 Provide a detailed governance framework, including specific roles, responsibilities, and coordination mechanisms.

7. Funding

Amaze Study:

- Calls for adequate and coordinated funding for implementation.
 - o **Quote:** "Adequate and coordinated funding for implementation" (Amaze, p. 6).

Draft National Strategy:

 Acknowledges the need for funding but does not detail specific funding commitments or mechanisms.

Points of Alignment:

• Both documents recognize the necessity of adequate funding.

Apparent Gaps:

Specific funding allocations and sources are not detailed.

Suggestions for Improvement:

 Outline specific funding commitments and mechanisms to ensure the strategy's implementation.

8. Training

Amaze Study:

- Emphasizes the need for high-quality information and training for implementation.
 - Quote: "High quality information and training is a key enabler for implementation.
 Training requirements and quality accreditation of training are common" (Amaze, p. 6).

Draft National Strategy:

 Proposes improving the education and training of health professionals and other key stakeholders.

✓ Points of Alignment:

Both documents highlight the importance of training.

Apparent Gaps:

Detailed training programs and accreditation processes are not specified.

? Suggestions for Improvement:

 Develop specific training programs and accreditation processes for professionals working with autistic individuals.

9. Policy Context

Amaze Study:

- Recommends coherent linkages to the broader policy context.
 - Quote: "Coherent linkages to the broader policy context so that an autism lens is applied in areas such as education, employment, criminal justice, and disability policy" (Amaze, p. 7).

Draft National Strategy:

• Aims to align with other key government strategies, such as Australia's Disability Strategy 2021-31.

✓ Points of Alignment:

- Both documents stress the importance of integrating autism strategies with broader policy contexts.
 - o **Amaze:** "Coherent linkages to the broader policy context" (Amaze, p. 7).
 - o **Draft:** "This Strategy and actions will align with other key government strategies."

Apparent Gaps:

Specific integration mechanisms with other policies are not fully detailed.

Suggestions for Improvement:

• Clearly define the integration mechanisms and how the autism strategy will complement other policies.

10. COVID-19 Impacts

Amaze Study:

- Notes the adverse impacts of the COVID-19 pandemic and the need for strategies to address these impacts.
 - Quote: "Much of Australia's autistic community risks experiencing a long tail of postpandemic disadvantage. Significant deteriorations in mental health, social isolation, severely disrupted learning, increased economic uncertainly and increased support needs are common" (Amaze, p. 7).

Draft National Strategy:

 Considers the impacts of COVID-19 and aims to address health and mental health needs exacerbated by the pandemic.

✓ Points of Alignment:

Both documents recognize the importance of addressing COVID-19 impacts.

Apparent Gaps:

• Specific actions to mitigate COVID-19 impacts are not detailed.

? Suggestions for Improvement:

 Include specific actions and measures to address the ongoing impacts of COVID-19 on autistic individuals and their families.

11. Timelines for Review

Amaze Study:

- Recommends built-in timelines for review to ensure the strategy remains relevant and effective.
 - Quote: "Timelines for review built into the strategy. The review should be owned at Ministerial level" (Amaze, p. 7).

Draft National Strategy:

• Proposes timelines for review and renewal of the strategy.

✓ Points of Alignment:

Both documents highlight the necessity of regular reviews.

Apparent Gaps:

• Detailed review timelines and processes are not specified.

Suggestions for Improvement:

 Define specific review timelines and processes to ensure continuous improvement of the strategy.

⇒ Conclusion

The draft National Autism Strategy demonstrates a significant effort to incorporate the key recommendations and insights from the Amaze study, reflecting a comprehensive approach to improving the lives of autistic individuals in Australia. Here are the key points of alignment and gaps:

Points of Alignment:

- 1. **Whole of Life Coverage:** Both documents emphasize the need for strategies that address the entire lifespan of autistic individuals. The draft strategy commits to addressing various life stages and focuses on a holistic, person-centred approach.
- 2. **Co-Production with the Autistic Community:** The draft strategy aligns with the Amaze study by emphasizing co-design, co-production, co-review, and co-delivery with autistic people and their families.
- 3. **Human Rights and Inclusion:** Both documents advocate for a rights-based approach, promoting the inclusion and independence of autistic individuals, in line with the UN CRPD principles.

- 4. **Clear and Tangible Objectives:** The draft strategy agrees with the need for measurable, accountable, and evidence-based actions, although specific targets and indicators need further detailing.
- 5. **Implementation Plan:** The draft strategy plans to develop detailed Action Plans to support implementation, consistent with Amaze's recommendation for clear action and accountability.
- 6. **Governance and Coordination:** There is recognition of the need for effective governance structures to drive and coordinate the implementation of the strategy.
- 7. **Training:** Both documents highlight the importance of high-quality training for professionals working with autistic individuals.
- 8. **Policy Context:** The draft strategy aims to align with broader government policies, ensuring coherent linkages and an autism lens across various policy areas.
- 9. **COVID-19 Impacts:** Both documents acknowledge the need to address the adverse impacts of the COVID-19 pandemic on the autistic community.
- 10. **Timelines for Review:** The draft strategy proposes regular reviews and renewals to ensure its ongoing relevance and effectiveness.

Apparent Gaps:

- 1. **Specific Programs and Initiatives:** The draft strategy lacks detailed programs tailored to different life stages, such as early childhood and older adulthood.
- 2. **Involvement of Representative Organisations:** The extent of involvement of various representative organisations in the co-production process is not clear.
- 3. **Detailed Implementation Plans:** Specific actions, responsible parties, and timelines in the Action Plans need further detailing.
- 4. **Funding:** Specific funding allocations and mechanisms are not clearly outlined.
- 5. **Training Programs and Accreditation:** Detailed training programs and accreditation processes for professionals are not specified.
- 6. **Integration Mechanisms:** Specific mechanisms for integrating the autism strategy with other policies need further clarity.
- 7. **COVID-19 Actions:** Specific actions to mitigate the ongoing impacts of COVID-19 are not detailed.
- 8. **Review Timelines and Processes:** Detailed review timelines and processes to ensure continuous improvement of the strategy are not specified.

- Develop specific programs and initiatives tailored to various life stages.
- Clearly define the roles and responsibilities of representative organisations in the coproduction process.
- Detail specific actions, responsible parties, and timelines in the Action Plans.
- Outline specific funding commitments and mechanisms.
- Develop detailed training programs and accreditation processes for professionals.
- Clearly define integration mechanisms with other policies.
- Include specific actions to address the ongoing impacts of COVID-19.
- Define specific review timelines and processes for continuous improvement.

Overall, the draft National Autism Strategy reflects a strong alignment with the Amaze study's recommendations, with a few areas needing further development to fully realize the potential benefits for autistic individuals in Australia.

Section B General



B-1. Common Criteria and recommendations for a National Autism Strategy

1. Common Criteria

1. Inclusion of Autistic Voices:

- **Participation:** Ensure that autistic individuals and their families are actively involved in the development, implementation, and evaluation of the strategy.
- **Representation:** Include diverse voices from the autism community to reflect a wide range of experiences and needs.

2. Comprehensive Needs Assessment:

- **Data-Driven:** Conduct thorough research and data collection to understand the current state of services, identify gaps, and prioritize needs.
- **Community Input:** Gather input from autistic individuals, families, and service providers to inform the strategy.

3. Goals and Objectives:

- **SMART Goals:** Goals should be Specific, Measurable, Achievable, Relevant, and Timebound. Clear objectives help in tracking progress and ensuring accountability.
- **Holistic Approach:** Objectives should cover all aspects of life and development, from early diagnosis and intervention to adult services and aging.

4. Vision and Principles:

- **Vision Statement:** Establish a clear and compelling vision for the future, aiming for a society where autistic individuals are fully included and supported.
- **Guiding Principles:** Emphasize inclusivity, respect, evidence-based practice, and continuous improvement as the guiding principles of the strategy.

5. Key Focus Areas:

- **Health and Wellbeing:** Address healthcare needs, including specific provisions for mental health services tailored to autistic individuals.
- **Early Intervention:** Highlight the importance of early diagnosis and intervention, with specific initiatives to enhance these services nationwide.
- **Education:** Advocate for inclusive practices within educational settings, providing robust support mechanisms and additional resources for educators.
- **Employment:** Propose strong measures to improve employment outcomes, including employer education and incentives for inclusive hiring practices.
- **Community Awareness:** Include plans for nationwide awareness campaigns aimed at reducing stigma and promoting acceptance.

6. Implementation Plan:

 Actionable Steps: Outline specific actions with clear timelines and assigned responsibilities.

- **Resource Allocation:** Ensure there is a realistic plan for funding and resource distribution to support the implementation of the strategy.
- **Budget Overview:** Provide a budget overview and resource allocation plan to ensure feasibility and accountability.

7. Support Services:

- **Comprehensive Support:** Offer a range of support services covering different life stages and needs.
- **Access and Availability:** Implement measures to ensure that support services are accessible and available to those in need.

8. Monitoring and Evaluation:

- **Regular Reviews:** Implement mechanisms for regular review and evaluation of the strategy to measure its effectiveness and make necessary adjustments.
- **Data Collection:** Collect and utilize data to inform policy decisions and improve services continuously.
- Feedback Loops: Establish a process for continuous feedback and improvement.

9. Research and Innovation:

- **Research Agenda:** Promote ongoing research into autism, encouraging the development of innovative practices and technologies.
- **Innovation:** Foster the adoption of innovative practices and technologies that can improve the quality of life for autistic individuals.

10. **Legal and Policy Framework:**

- **Policy Alignment:** Ensure alignment with existing national and international policies and frameworks.
- Legislation: Recommend legislative changes or new policies to support the strategy.

2. Common Recommendations

1. Engage Autistic Individuals and Families:

• Continuously involve autistic individuals and their families in the development, implementation, and review of the strategy to ensure it meets their needs.

2. Strengthen Inter-agency Collaboration:

• Foster collaboration between various government agencies, service providers, and community organizations to create a coordinated support network.

3. Focus on Transition Periods:

 Pay special attention to key transition periods, such as from school to adulthood, to ensure continuity of support and services.

4. Promote Cultural Competence:

• Develop culturally sensitive approaches to support autistic individuals from diverse backgrounds.

5. Leverage Technology:

• Utilize technological advancements to provide innovative solutions for education, employment, and communication for autistic individuals.

6. Ensure Sustainable Funding:

 Advocate for consistent and sustainable funding to support the long-term implementation of the strategy.

7. Enhanced Stakeholder Engagement:

• Continuously engage with autistic individuals and their families to refine and adapt the strategy over time.

8. Clear Communication Plan:

• Develop a clear communication plan to ensure all stakeholders are aware of the strategy and its progress.

9. Strengthening Early Intervention:

• Invest in training for early intervention professionals and ensure equitable access to these services across different regions.

10. Promoting Inclusive Education:

 Provide additional funding for schools to implement inclusive practices and support educators.

By incorporating these elements, the National Autism Strategy can effectively address the needs of autistic individuals and promote a more inclusive society.





1. Inclusion of Autistic Voices

$\mathbf{\underline{V}}$ Strengths :

- The draft strategy emphasizes co-design and active involvement of autistic people, their families, and carers in its development and implementation:
 - "This Strategy will be co-designed, co-produced, co-reviewed and co-delivered with Autistic people, and their families and carers and support networks." (Page 8)

- While the strategy highlights involvement, it could benefit from more specific examples of how autistic voices will be continuously engaged beyond the initial design phase.
- There is no mention of specific mechanisms for feedback loops from the autistic community during the implementation and evaluation phases.

Suggestions for Improvement:

- Specify the ongoing roles and mechanisms for autistic individuals and their families to provide feedback and influence the strategy continuously.
- Implement a structured process for regular consultations with the autistic community to ensure their voices are heard throughout the strategy's lifecycle.

2. Comprehensive Needs Assessment

Strengths:

The draft provides a detailed background and context, using statistics to highlight the current state of autism support in Australia:

"More than 200,000 Australians have a diagnosis of autism. However, the number of Autistic people living in Australia is likely to be substantially higher." (Page 12)

Apparent Gaps:

- The strategy could further benefit from a more detailed analysis of specific needs across different demographics within the autistic community, such as gender-diverse individuals or those in rural areas.
- There is limited information on the existing gaps in services and support that the strategy aims to address comprehensively.

Suggestions for Improvement:

- Include a more detailed needs assessment covering diverse groups within the autistic community, with a focus on intersectional challenges.
- Highlight specific gaps in current services and supports that the strategy intends to address, supported by data from needs assessments.

3. Goals and Objectives

SMART Goals:



• The strategy outlines clear goals and objectives, aiming to improve life outcomes for autistic people:

"The goal of the Strategy is to improve life outcomes for all Autistic people." (Page 8)

Apparent Gaps:

• While the goals are clear, the objectives could be more detailed and structured according to the SMART criteria (Specific, Measurable, Achievable, Relevant, Time-bound).

? Suggestions for Improvement:

- Refine the objectives to be more specific, measurable, and time-bound to facilitate better tracking and accountability.
- Provide a detailed action plan that aligns with the SMART framework to ensure each objective is achievable and relevant.

Holistic Approach:

Y Strengths:

• The strategy recognizes the need to address various aspects of life for autistic individuals:

"This Strategy will foster freedom of choice, control and support for Autistic people to make their own individual decisions about all aspects of life." (Page 8)

Apparent Gaps:

• The holistic approach could be more explicitly detailed, covering all life stages from early diagnosis and intervention to adult services and aging.

? Suggestions for Improvement:

- Develop specific objectives and actions for each life stage, ensuring comprehensive support from early childhood through to older age.
- Highlight the interconnectedness of different support areas (education, employment, health, social inclusion) to provide a truly holistic approach.

4. Vision and Principles

Vision Statement:

Strengths:

• The vision is clear and aspirational, aiming for a society where autistic individuals are fully included and supported:

"The National Autism Strategy's vision is for a safe, inclusive society. All Autistic people are able to fully participate in all aspects of life, in line with international human rights." (Page 8)

Apparent Gaps:

• The strategy could provide more specific details on how the vision will be operationalized.

Suggestions for Improvement:

- Develop a clear framework or roadmap outlining steps to achieve the vision.
- Include milestones and success indicators to measure progress towards the vision.

Guiding Principles:

Strengths:

• The guiding principles emphasize inclusivity, respect, and evidence-based practice, aligning well with contemporary best practices in autism support:

"This Strategy will reflect that every Autistic person has unique strengths, abilities and attributes." (Page 8)

Apparent Gaps:

• The guiding principles could benefit from more explicit examples of how they will be operationalized within the strategy's implementation.

Suggestions for Improvement:

- Provide specific examples and case studies on how the guiding principles will be applied in practice.
- Develop a framework that demonstrates how these principles will be integrated into all aspects of the strategy's implementation and evaluation.

5. Key Focus Areas

Health and Wellbeing:

Strengths:

• The strategy comprehensively addresses healthcare needs, including specific provisions for mental health services tailored to autistic individuals:

"Improve quality health and mental health services for Autistic people, with a focus on continuity of care." (Page 24)

Apparent Gaps:

 There could be more detail on specific initiatives and programs to enhance healthcare services for autistic individuals.

Suggestions for Improvement:

- Develop specific healthcare initiatives, including timelines and responsible parties, to improve health outcomes for autistic individuals.
- Include strategies for training healthcare providers to ensure they are equipped to support autistic patients effectively.

Early Intervention:

Strengths:

• The strategy underscores the importance of early diagnosis and intervention, with specific initiatives to enhance these services nationwide:

"Consider early screening and identification arrangements, and improved access to health professionals." (Page 24)

Apparent Gaps:

• More detailed action plans for early intervention services could strengthen this focus area.

? Suggestions for Improvement:

- Outline specific early intervention programs, including funding, training, and resource allocation to ensure timely and effective support.
- Develop measures to track the effectiveness of early intervention services and adjust them as needed.

Education:

Strengths :

• The strategy proposes robust support mechanisms within educational settings, advocating for inclusive practices and additional resources for educators:

"Improve inclusive practices and the quality and accessibility of advocacy resources for Autistic students across all education settings." (Page 22)

Apparent Gaps:

• There could be more detail on specific initiatives to support autistic students and educators.

Suggestions for Improvement:

- Develop specific programs and resources to support autistic students in mainstream and special education settings.
- Provide additional training and resources for educators to implement inclusive practices effectively.

Employment:

Strengths:

• There are strong measures to improve employment outcomes, including employer education and incentives for inclusive hiring practices:

"Support employers to hire and retain Autistic employees through improving the accessibility of recruitment processes and fostering workplace environments that are safe and inclusive." (Page 22)

Apparent Gaps:

• More detailed action plans for employment support could strengthen this focus area.

Suggestions for Improvement:

- Develop specific employment programs, including job training, placement services, and ongoing support for autistic employees.
- Implement measures to track employment outcomes and adjust strategies as needed.

Community Awareness:

Y Strengths:

 The strategy includes plans for nationwide awareness campaigns aimed at reducing stigma and promoting acceptance:

"Greater public education and awareness including a better understanding of autism within workplaces, and with a focus on health, education and the criminal justice system." (Page 21)

Apparent Gaps:

 More specific details on the awareness campaigns and their implementation could strengthen this focus area.

Suggestions for Improvement:

• Develop specific awareness campaign strategies, including target audiences, key messages, and implementation plans.

• Include measures to track the effectiveness of the campaigns and adjust them as needed.

6. Implementation Plan

Actionable Steps:

Strengths:

The strategy outlines the development of action plans to support implementation:
 "Three Action Plans will support implementation of the Strategy: short-term, medium-term, and long-term." (Page 28)

Apparent Gaps:

 More detailed information on the specific actions, timelines, and responsibilities included in the action plans is needed.

Suggestions for Improvement:

- Provide more detailed action plans, including specific actions, timelines, and responsible parties for each initiative.
- Develop measures to track the implementation of the action plans and adjust them as needed.

Resource Allocation:

Strengths:

The strategy includes commitments to ensure funding and resource distribution:
 "The first Action Plan will include ongoing governance arrangements and an Evidence Framework comprising a Theory of Change, an Outcomes Framework, and Evaluation Framework developed with the Autistic community and autism sector." (Page 28)

Apparent Gaps:

More detailed information on the budget and resource allocation plans is needed.

- Develop a detailed budget and resource allocation plan, including funding sources, amounts, and timelines.
- Include measures to track the allocation and use of resources and adjust them as needed.

7. Support Services

Comprehensive Support:

Strengths:

The strategy offers a range of support services covering different life stages and needs:

"Improve access to quality, timely, neurodiversity-affirming and equitable supports and services for Autistic people, including for people living in rural, regional and remote areas." (Page 26)

🔑 Apparent Gaps:

More detailed information on the specific support services and how they will be implemented is needed.

Suggestions for Improvement:

- Develop specific support programs for different life stages and needs, including funding, training, and resource allocation.
- Include measures to track the effectiveness of support services and adjust them as needed.

Access and Availability:

Strengths:

The strategy emphasizes the need for accessible and available support services:

"Encourage greater representation of people with lived experience in delivering supports and services to Autistic people." (Page 26)

🔑 Apparent Gaps:

More detailed information on how access and availability of support services will be ensured is needed.

- Develop specific strategies to ensure support services are accessible and available to all who need them, including those in rural and remote areas.
- Include measures to track the accessibility and availability of support services and adjust them as needed.

8. Monitoring and Evaluation

Regular Reviews:

Strengths:

The strategy outlines commitments to develop a robust evaluation plan and reporting mechanism:

"Develop a robust Evaluation Plan and reporting mechanism, co-led by Autistic people and the autism community, for the National Autism Strategy." (Page 32)

🔑 Apparent Gaps:

More detailed information on the specific indicators and metrics that will be used to evaluate success is needed.

Suggestions for Improvement:

- Define clear indicators and metrics for each objective and action item to facilitate effective monitoring and evaluation.
- Establish a detailed timeline for periodic evaluations and public reporting on the progress of the strategy.

Data Collection:

Strengths:

The strategy commits to using data to inform policy decisions and improve services:

"A Theory of Change explains the conditions and, underpinned by an evidence-base, why certain activities or actions will lead to a particular outcome." (Page 30)

🔎 Apparent Gaps:

More detailed information on the data collection methods and how data will be used is needed.

- Develop a detailed data collection plan, including methods, sources, and timelines for data collection.
- Include measures to track the use of data in policy decisions and service improvements and adjust them as needed.

9. Research and Innovation

Strengths:

The strategy acknowledges the importance of fostering research and innovation:

"Explore how autism research can best be fostered and applied to policy and service delivery and underpinned by the Strategy's Guiding Principles." (Page 29)

Apparent Gaps:

More concrete plans on how research will be integrated into policy and practice are needed.

Suggestions for Improvement:

- Develop specific initiatives to promote and fund research that addresses the needs and experiences of autistic individuals.
- Encourage partnerships between researchers, policymakers, and the autism community to ensure research findings are effectively translated into practice.

10. Legal and Policy Framework

Y Strengths:

The strategy aligns with existing national and international policies, emphasizing the rights of autistic individuals:

"In line with Australia's commitments under the United Nations Convention on the Rights of Persons with Disabilities (UN CRPD), the Strategy will play an important role in protecting, promoting and realising the human rights of Autistic people." (Page 7)

Apparent Gaps:

More detailed recommendations for specific legislative changes to support the strategy's implementation are needed.

Suggestions for Improvement:

- Identify specific areas where legislative changes are needed to enhance the rights and support for autistic individuals.
- Provide detailed recommendations for new policies or amendments to existing legislation that will support the strategy's goals.







The acronym SMART stands for:

- **Specific**: Clearly defined and unambiguous.
- **Measurable**: Quantifiable and able to be tracked.
- **Achievable**: Realistic and attainable.
- **Relevant**: Pertinent to the overall goals.
- **Time-bound**: Having a clear deadline or timeframe.

Analyzing the National Autism Strategy draft against the SMART criteria (Specific, Measurable, Achievable, Relevant, Time-bound) can help assess how effectively the strategy's objectives and commitments are likely to lead to tangible improvements.

Here's a detailed analysis:

1. Specific

Analysis:

- $\mathbf{\nabla}$ Strengths: The strategy outlines specific areas of focus such as social inclusion, economic inclusion, diagnosis, services, support, health, and mental health. It provides detailed commitments under each of these areas.
- Weaknesses: While specific areas of focus are identified, the strategy sometimes lacks detail on the exact nature of the initiatives, particularly how they will be implemented.

Suggestions for Improvement:

Include detailed descriptions of each initiative, including the roles of different stakeholders and the steps for implementation.

2. Measurable

Analysis:

- **Strengths**: The strategy mentions the development of an Evidence Framework, including a Theory of Change, Program Logic, Outcomes Framework, and Evaluation Framework.
- Weaknesses: Specific measurable targets, key performance indicators (KPIs), or baseline metrics are not defined in the draft provided. Without these, it is challenging to track progress effectively.

Suggestions for Improvement:

Define clear KPIs and baseline measurements for all commitments. Provide annual or biannual targets to monitor progress effectively.

3. Achievable

Analysis:

- Strengths: The draft strategy seems to align with the capacities and responsibilities of the Australian Government and appears to be backed by a willingness to engage various stakeholders.
- **Weaknesses**: The strategy may be overly ambitious without clear commitments from state and territorial governments or specified funding allocations to ensure the achievement of goals.

Suggestions for Improvement:

Clarify funding sources, and detail commitments from all involved levels of government. Offer a realistic appraisal of resource availability and potential challenges in the implementation phases.

4. Relevant

Analysis:

- **Strengths**: The strategy is highly relevant, addressing key areas such as employment, education, health, and social inclusion that directly impact the autistic community.
- Weaknesses: There is a lack of emphasis on certain demographics within the autistic community, such as adults, especially older adults, and non-English speaking backgrounds.

Suggestions for Improvement:

Broaden the strategy's scope to include specific strategies for adults and elderly Autistic individuals. Include targeted approaches for culturally and linguistically diverse populations within the autistic community.

5. Time-bound

Analysis:

- Strengths: The strategy is designed to be refined and presented to the government by the end of 2024, indicating a clear timeline for this phase.
- Weaknesses: Long-term timelines for achieving the broader goals are vague, and there are no interim milestones or deadlines for specific initiatives.

Suggestions for Improvement:

Establish clear deadlines for each major action and interim milestones to monitor progress. This should include timelines for the review and adjustment of strategies based on achieved outcomes.

⇒ Conclusion

The National Autism Strategy draft shows a strong framework with goals aligned to the needs of the autistic community. However, to enhance its effectiveness, it should incorporate more detailed, measurable, and time-specific criteria. This approach will not only facilitate better implementation but also ensure the strategy can adapt and evolve based on measurable successes and areas of improvement.

Section C Autistan







C-1. Our Initial

Comments

0. Overview 🜉





Comment 1 - Rethinking 'Strategy' in Autism Policy Titles:

 Suggests reconsidering the term "strategy" as it may imply adversarial connotations that don't align with the supportive aims of the document.

Comment 2 - Critical Clarifications and Recommendations on Disability Self-Identification in the Strategy:

• Critiques the statement about disability self-identification, emphasizing the need to adopt the social model of disability and revise the language to reflect societal barriers rather than personal flaws.

Comment 3 - Clarifying the word 'Normal':

• Emphasizes the importance of distinguishing between "normal" and "healthy" when discussing neurodiversity. Using "normal" in official texts can perpetuate misconceptions.

Comment 4 - Need of Clarifications and Further Reflections about the "traumainformed approach":

• Calls for more detailed explanation of the trauma-informed approach to ensure it does not inadvertently minimize the discussion of real challenges.

ullet Comment 5 - About the "ability to participate" (A: about the draft text):

• Critiques the assumption that all autistic individuals have the ability or desire to participate fully in all societal aspects, advocating for recognition of varied preferences and abilities.

Comment 6 - About the "ability to participate" (B: about our view):

• Expands on the previous comment by emphasizing the need to respect individual autonomy and the right to choose levels of engagement.

Comment 7 - Critical Representation Issues with this Sentence:

• Highlights the risks of tokenism, lack of diverse inclusion, overemphasis on families and carers, ambiguity in support networks, lack of accountability and evaluation criteria, potential exclusion, and the need for continuous commitment in the strategy's implementation.

Comment 8 - "Attributes"... but also the Difficulties and Needs:

• Emphasizes the need to balance the focus on strengths and attributes of autistic individuals with their difficulties and needs to provide effective support.

Comment 9 - Problematic Link Between Contributions and Acceptance:

• Critiques the linkage of acceptance to contributions in the strategy, stressing that acceptance should be based on inherent human value, not contributions.

- Comment 10 Some Missing Protection Needs:
 - Points out missing elements in the strategy regarding protection from deception, manipulation, and socio-generated harms.
- Comment 11 'Sensory and Mental Injustices' in Autism:
 - Highlights the importance of addressing sensory and mental injustices faced by autistic individuals.
- Comment 12 Debatable Nature of Social Connections for Autistic Individuals:
 - Discusses the nuanced approach needed to increase social connections for autistic individuals, respecting individual preferences for solitude.
- Comment 13 Enhancing Government Services for Autistic People:
 - Suggests improvements to government service delivery, communication, and information to better meet the needs of autistic individuals.
- Comment 14 (remark about redundancy):
 - Notes redundancy in certain sections of the strategy and suggests streamlining the content.
- Comment 15 About Basic Principles for Fostering Inclusive Employment for Autistics:
 - Provides insights on fostering inclusive employment, emphasizing the need for social and human adaptations in the workplace.
- Comment 16 Crucial Need for Emergency and Remote Assistance Services:
 - Highlights the absence of plans for emergency and remote assistance services, which are crucial for autistic individuals.
- Comment 17 Irrelevance of the Notion of "Diagnosis of Autism":
 - Argues against the term "diagnosis" for autism, suggesting it be reserved for Autism Spectrum Disorder instead.
- Comment 18 Necessity of Autism-Specific Accessibility Policies:
 - Calls for clear, specific accessibility policies tailored to the needs of autistic individuals.

- Comment 19 Ensuring Equal Accessibility for All:
 - Emphasizes that all services, not just specialized ones, should be accessible to autistic individuals.
- Comment 20 Interest in a Decision-Making Tool for Autistic Empowerment:
 - Supports the idea of a decision-making tool to empower autistic individuals in all aspects of their lives.
- Comment 21 Challenge of Autistic Representation in Governance:
 - Discusses the difficulties of ensuring truly representative participation of autistic individuals in governance.
- Comment 22 Critical Consideration of Diverse Autistic Voices:
 - Emphasizes the importance of including a wide range of autistic voices in the consultation process to avoid bias and ensure diverse representation.
- Comment 23 Interrogation about Implementation:
 - Questions the concrete steps for implementing the strategy and calls for more detailed plans.
- Comment 24 Potential Serious Dangers with 'Autism Research':
 - Warns about the ethical and practical risks associated with autism research, especially genetic studies.
- **Comment 25 Stephen Shore Quote and Picture**:
 - About a quote and picture sent by Stephen Shore.
- Comment 26 Universal Accessibility Measures Beyond mere "Support Needs":
 - Advocates for comprehensive accessibility measures that go beyond basic support needs.
- Comment 27 Need of Autism-Friendly Environments and Approaches:
 - Stresses the importance of creating environments and approaches that are genuinely friendly to autistic individuals.

- Comment 28 'ASD' and 'ASC':
 - Discusses the terminology shift from "Autism Spectrum Disorder" to "Autism Spectrum Condition" to reduce stigma.
- Comment 29 Crucial Benefits of Autism Self-Awareness and Acceptance:
 - Highlights the significant benefits of autistic individuals being aware of and accepting their autism.
- Comment 30 Education for Autistic Children, International Collaboration, Autism Research and Understanding:
 - Emphasizes the need for international collaboration in education and research to improve understanding of autism.
- Comment 31 Barriers to Healthcare:
 - About the significant barriers autistic individuals face in accessing healthcare and calls for effective measures to address them.
- Comment 32 Suicide Among Autistic People:
 - Highlights the high rates of suicide among autistic individuals and calls for comprehensive solutions.
- Comment 33 Depression Among Autistic People:
 - Discusses the prevalence of depression among autistic individuals and suggests addressing the underlying causes.
- Comment 34 Violence and Exclusion on Autistic People:
 - Addresses the high rates of violence and social exclusion faced by autistic individuals and calls for protective measures.
- Comment 35 Discrimination and Homelessness of Autistic People:
 - Highlights the risks of discrimination and homelessness among autistic individuals and suggests thoughtful solutions.
- Comment 36 Overrepresentation of Autistic Individuals in the Criminal Justice System, and Barriers in Access to Justice:

• Discusses the overrepresentation of autistic individuals in the criminal justice system and the barriers they face in accessing justice.

Comment 37 - Pitfalls of Autistic Leadership:

• Raises concerns about the challenges and potential misrepresentation in autistic leadership roles.

Comment 38 - Pathologizing Pathological Terms:

• Critiques the use of terms like "pathological" which can stigmatize autistic traits.

Comment 39 - Social Accessibility, not Just Sensory:

• Stresses the need to address both social and sensory aspects of accessibility to create truly inclusive public and online spaces.

Comment 40 - Social Autism-Friendliness at Workplace, not just Sensory:

• Emphasizes the importance of addressing social environment challenges in the workplace, not just sensory accommodations, to support autistic individuals.

Comment 41 - Research about the Needs of Autistics, not Against Autism:

• Advocates for research focused on the needs and experiences of autistic individuals rather than attempting to change or eliminate autism.

Comment 42 - Need to Include All Autistic Profiles:

• Emphasizes the importance of considering the needs and perspectives of all autistic individuals, including those who are non-verbal or have significant support needs, in consultations and policy discussions.

Comment 43 - Include the "Non-Voices" as well:

• Highlights the necessity of including the perspectives of those who cannot or do not participate in traditional consultation processes, such as non-verbal autistic individuals.

Comment 44 - Debatable Nature of 'Social Belonging':

 Questions the assumption that all autistic individuals desire social belonging, advocating for respect for those who prefer solitude or limited social interactions.

Comment 45 - Recognizing the Autistic Strengths Should Not Overshadow the Challenges:

• Emphasizes that while recognizing strengths is important, it should not overshadow the need to address the significant challenges faced by autistic individuals.

Comment 46 - On the Sometimes Limited Ability to Participate:

 Points out that not all autistic individuals have the ability or desire to participate fully in all societal activities and that this should be respected.

Comment 47 - Social Participation Open to Those who Can and Want that:

• Highlights the oversight of autistic individuals who do not wish to participate in society. Suggests rephrasing to "participate in society for those who want to" to acknowledge individual preferences.

Comment 48 - UN CRPD Indirectly Acknowledge Human Accessibility:

 Points out that "inaccessible communities" and "inaccessible environments" in the context of autism refer to societal and sensory barriers, respectively. Emphasizes the importance of addressing both to support autistic individuals effectively.

Comment 49 - Major Error with "Being 'Disabled' Because of Autism":

• Identifies a contradiction in the strategy's phrasing, arguing that autistic individuals are not disabled by autism itself but by societal structures that fail to accommodate their needs.

Comment 50 - Insufficient Awareness of the Attitudinal Barriers:

• Criticizes the strategy for not sufficiently considering attitudinal and behavioral barriers. Highlights a misunderstanding in the text that attributes deficiencies to autism rather than recognizing societal wrongs.

Comment 51 - Correct Holistic Social Approach of Autism:

• Praises the strategy's conclusion that "the need for change sits with society as a whole" as an excellent summary or slogan for a national autism strategy.

Comment 52 - Merely Reminding the "Often Forgotten People" is Not Enough:

 Argues that merely acknowledging typically neglected groups is insufficient. Calls for specific, actionable measures to ensure these individuals are actively supported and accommodated.

- Comment 53 Need for True Representation of the Diversity of the Spectrum:
 - Affirms the need for true representation of the autism spectrum's diversity but notes that the strategy's approach to this is vague and lacks visibility.
- Comment 54 Need for Enhancement of the Consultation Process:
 - Calls for a more inclusive consultation process, especially for children and non-verbal autistic individuals. Seeks clearer understanding of what this inclusive process entails and criticizes the draft for only minimally acknowledging typically underrepresented groups.
- Comment 55 Communication between Autistic People and the Public Authorities in Charge of Autism:
 - Highlights the importance of establishing effective communication channels between autistic individuals and public authorities to ensure their voices are heard and considered in the strategy.
- Comment 56 Forgetting again the 'attitudinal barriers and behavioral problems':
 - Critiques the strategy for overlooking attitudinal barriers and societal behavioral problems that significantly impact autistic individuals.
- Comment 57 Irrelevance of Social Validation and Non-Autistic Values for Autistic Individuals:
 - Questions the relevance of social validation and typical non-autistic values, advocating for respect and understanding of autistic perspectives and desires.
- Comment 58 Problematic Emphasis on Visibility and Representation:
 - Raises concerns about the potential artificiality and effectiveness of increased visibility and representation in media and other public domains.
- Comment 59 Need for Comprehensive Accessibility Measures:
 - Emphasizes that addressing sensory aspects alone is insufficient and calls for a comprehensive approach to accessibility, including attitudinal and behavioral aspects.
- Comment 60 Concerns about Advocacy Approaches:

• Expresses skepticism about the effectiveness of advocacy organizations in reducing stigma and suggests that serious awareness campaigns should be led by the state, in particular to avoid 'Shiny autism' .

Comment 61 - Fostering Employment through Addressing Colleague Behavior:

• Highlights the importance of addressing the behavior of colleagues to create a more autismfriendly workplace environment.

Comment 62 - Potential Issues with Increasing Representation in Senior Roles:

• Expresses concerns about promoting autistic individuals in senior positions, questioning the effectiveness and representativeness of such measures and highlighting the risks of misrepresentation, tokenism, and (shiny autism) (shiny autism).

Comment 63 - Distinguishing Autism from Diagnosable Conditions:

• Autism itself cannot be diagnosed, but Autism Spectrum Disorder or 'Condition' can be diagnosed.

Comment 64 - Problems with Autism Self-Identification:

• There are issues with autism self-identification without evidence, as it can be sincere or insincere, and subtle symptoms make it hard to determine true autism.

Comment 65 - Dangers of Attitudinal Problems in Healthcare Contexts:

• Highlighting the need for attitudinal improvements in healthcare to ensure autistic individuals receive appropriate care.

Comment 66 – (Action Plans...(?))

Comment 67 - Daunting and Paradoxical Task of Achieving Truly Representative Panels:

• Achieving truly representative panels is challenging due to the diverse nature of autism and the concept of 'group' being inherently non-autistic.

Comment 68 - Challenges in Representing Autistic People and Caution with Service Providers:

• True representation of autistic people is crucial yet challenging, requiring caution with the role of parents and service providers, and ensuring family education on autism.

Comment 69 - Prioritizing Direct Engagement and True Representation of Autistic Individuals:

• Broadening consultation to directly engage a diverse range of autistic individuals is necessary, ensuring information from consultations remains unaltered and representative.

1. Commented Text and Our Original Initial Comments



Our comment N°1 → Rethinking 'Strategy' in Autism Policy Titles

The term "strategy" in the title of the "Draft National Autism Strategy" could potentially carry unintended connotations that might be perceived as adversarial or combative by the public, particularly by those not closely involved with autism.

While the document itself clearly aims to support and enhance the lives of autistic individuals through thoughtful and structured initiatives, it's important to consider that many people may only see the title without reading the detailed content.

For those less informed about the modern perspectives on autism, the word "strategy" might reinforce the misconception that autism is something that needs to be combated or defeated.

Given that the primary issue the policy addresses is not autism itself, but societal misconceptions and barriers that affect autistic people, the term "inclusion scheme" could be a more suitable choice. "Inclusion scheme" suggests a comprehensive, organized plan focused on promoting inclusivity and removing barriers, which aligns with the document's intent to integrate autistic individuals into all aspects of community life. It conveys a commitment to inclusive development and community integration, rather than mere support or accommodation.

Therefore, renaming the concept to "National Autism Inclusion Scheme" (for example) might better communicate the document's intent to a broader audience. This term avoids the militaristic implications of "strategy" and emphasizes proactive inclusivity and community integration, ensuring that the language used aligns more closely with the document's goals of enhancing the lives of autistic individuals through thoughtful inclusion measures.

Statement on Language

People use different words to talk about autism, and each person will have their own way of talking about autism and about themselves. Some people in the Autistic and autism community like to use 'Autistic person' (identity-first language), some like to say 'person with autism' (person-first language), and some are fine with using either. Some Autistic people identify as having a disability, while others do not.

Our comment N°2 → Critical Clarifications and Recommendations on Disability Self-Identification in the Strategy

The National Autism Strategy's statement "Some Autistic people identify as having a disability, while others do not" serves as a significant acknowledgment of the diverse experiences within the autistic community. However, the wording used necessitates a nuanced examination to ensure it does not perpetuate common misconceptions about disability, particularly within the autistic community, by reinforcing the individualistic model of disability.

- 1. Understanding Disability through the Social Model: The social model of disability suggests that disability arises from the interaction between individuals and societal barriers, not as an inherent attribute of a person. This model shifts the focus from the individual's medical conditions to the societal structures that hinder their full participation in society, such as negative societal attitudes and a lack of understanding that significantly exacerbate these challenges.
- 2. Misconceptions Arising from the Term 'Having' a Disability: The expression "having a disability" can imply that disability is an intrinsic characteristic of an individual, akin to a physical attribute. This aligns more with a medical model of disability, which views disabilities as personal conditions that reside within an individual. In contrast, the social

model views disability as a mismatch between the individual and their environment, occurring when the social environment fails to accommodate varied human conditions—be they physical, neurological, or psychological.

- 3. Implications of Self-Identification and Misunderstandings: When autistic individuals choose whether or not to identify as disabled, this choice can be influenced by their understanding of disability. If disability is perceived as a personal flaw, it's understandable why some might reject the label. This underscores the need for increased public education and awareness campaigns as part of the strategy, aimed at broadening the public's understanding of disability and neurodiversity.
- 4. Suggested Revisions to Strategy Language: To better reflect the social model of disability and avoid the implications that disability is solely a personal condition, we recommend revising the language used in the strategy. A more fitting phrase might be: "Autistic individuals navigate a range of societal structures and attitudes that may disable them, depending on both physical accommodations and social acceptance. Some autistic individuals may not identify their experiences as disabilities, potentially due to common misconceptions that equate disability with personal defect rather than societal mismatch." This adjustment is not merely semantic but crucial for fostering a society that prioritizes accessibility and inclusivity.
- 5. Suggestions for Enhancing the Strategy:
 - Emphasize educational initiatives that help both the public and the autistic community better understand disability from a social perspective. This can demystify what it means to be disabled and highlight the role of societal structures in creating disabilities.
 - Introduce more nuanced language around disability that reflects the social model, avoiding implications that disability is solely a personal condition or deficit.
 - Expand supports and accommodations in a way that they are accessible to all autistic individuals, ensuring that everyone has the support they need to overcome societal barriers.

By adopting this revised language and approach, the National Autism Strategy can lead by example, demonstrating a progressive understanding of disability that educates the public and shapes future policies in a more inclusive direction. This proactive approach not only supports those who currently identify as disabled but also fosters a broader understanding that can prevent disabling situations from arising, benefiting the entire autistic community.

The Australian Government uses identity-first language, Autistic person or Autistic people. This approach is supported by current research.

Statement on Neurodiversity

Many neurodivergent people (including Autistic people) believe that there is no "normal" or "healthy" type of brain or mind, or one "right" style of neurocognitive functioning.

Our comment N°3 → Clarifying the word 'Normal'

In discussions of neurodiversity and neurological conditions, it is critical to clarify the terminology we use, particularly the distinction between "normal" and "healthy." While we support the underlying message that there is no singular ideal or standard for brain functionality, the original use of the word "normal" in this context is problematic.

The term "normal" is statistically based, referring merely to what is most common or typical within a population. It does not carry implications of desirability, morality, or value—qualities that are often wrongly ascribed to it.

When "normal" is used in governmental or official texts, it inadvertently perpetuates a widespread and damaging confusion. This confusion conflates being "normal" with being "right", "good", or "desirable." Such conflation is not just a minor semantic issue; it has profound implications. It fosters a societal mindset that equates deviation from the norm with defectiveness, pushing individuals towards conformity as a measure of their worth.

This is particularly counterproductive and ironic in statements about neurodiversity. Neurodiversity as a concept aims to challenge and redefine the narrow metrics by which individuals are judged. It advocates for recognizing and valuing the wide array of neurological experiences as natural and valid—none inherently superior to others. Yet, when these discussions misuse "normal" to imply "right" or "healthy", they undermine their foundational principles.

To improve clarity and maintain the integrity of neurodiversity's message, we suggest revising statements like "Many neurodivergent people (including Autistic people) believe that there is no 'normal' or 'healthy' type of brain or mind, or one 'right' style of neurocognitive functioning." A more precise formulation would be: "Many neurodivergent people (including Autistic people) believe that there is no 'ideal' or 'healthy' type of brain or mind, or one 'right' style of neurocognitive functioning." This adjustment helps emphasize that the discussion is about rejecting unrealistic ideals rather than denying the statistical norm.

In conclusion, careful consideration of language is essential, particularly in official documents. The words we choose shape perceptions, policies, and personal beliefs. To foster a truly inclusive society, we must use language that accurately reflects the values of diversity and acceptance, avoiding terms that inadvertently reinforce outdated and exclusionary notions of normalcy.

Overall, the **Neurodiversity Paradigm** — which centres the lived experience of neurodivergent people, including Autistic people — implements a **strengths-based**, **rights-based**, and **neurodiversity-affirming** approach, which seeks to embrace individuality.

Trauma-informed approach

The Department of Social Services is committed to adopting a <u>trauma-informed approach</u> to the development of this Strategy, including the national engagement and consultation process, and implementation of the Strategy.

□ Our comment N°4 → Need of Clarifications and Further Reflections about the "trauma-informed approach"

Although it is explained elsewhere in the strategy document, the notion of a "trauma-informed approach" deserves further clarification.

It is particularly important to verify whether well-intentioned efforts have had unintended consequences.

For instance, the seemingly commendable decision to avoid mentioning "disorders" in the document might explain why difficulties and challenges are only superficially addressed.

A solution is the distinction we make between "autism" and "autism disorders",

which allows for a comprehensive discussion of both concepts without one excluding the other.

This contrasts with the current confusion that forces a perspective of autism as either solely a "disorder" (the general case) or as entirely the opposite ("no disorder or problem"), both of which are erroneous.

This is akin to viewing a walnut as either just its inedible shell or only its edible (and delicious) part, without recognizing it as both simultaneously.

Vision Statement

The National Autism Strategy's vision is for a safe, inclusive society. All Autistic people are able to fully participate in all aspects of life, in line with international human rights.

 \bigcirc Our comment N°5 \rightarrow About the "ability to participate" (A: about the draft text)

A. Analysis of the sentence in the draft text (above)

A1. Assumption of Universal Ability and Desire for Participation:

- **Ability**: The statement "All Autistic people are able to fully participate in all aspects of life" suggests that all autistic individuals have the capacity or ability to participate fully in societal activities. This assumption overlooks the significant variability among autistic individuals, including those for whom full participation might be impeded by a variety of barriers—sensory, communicative, social, or cognitive.
- **Desire**: It also presumes that all autistic individuals desire this form of participation. For many, especially those who might experience overwhelming sensory environments or who prefer solitude, full participation in conventional social or public settings isn't just challenging; it may be undesirable.

A2. The Implication of Participation as a Normative Goal:

• **Societal Expectations**: The vision statement frames full societal participation as a normative, universal goal. While inclusion and the opportunity for participation should certainly be available for all who

desire it, implying that all should want this reflects a misunderstanding of the diverse manifestations of autism. This can lead to pressures that align more with societal expectations than with individual well-being or preference.

 Autonomy and Individual Rights: Autistic individuals, like all people, should have the autonomy to choose their level of engagement with society. The right to opt out or engage on different terms should be recognized as valid and supported.

A3. Strategic Implications for Non-Social Autistic Individuals:

- **Rights to Non-Social Flourishing**: Even if an autistic individual chooses not to engage socially, they should still have access to opportunities for personal and developmental growth. This includes access to resources that allow them to thrive in their chosen environments and manners that respect their autonomy and individual needs.
- **Inclusive Strategy**: An inclusive strategy should acknowledge and facilitate varied forms of engagement and support. This includes creating environments that respect both the desire for engagement and the preference for solitude or minimal social interaction, without stigmatization or assumption of inferiority.

Suggestion for Revision:

To address these concerns, the vision statement might be revised to better reflect the diversity of the autistic community and the spectrum of their needs and preferences:

Revised Vision Statement: "The National Autism Strategy envisions a society that is safe and inclusive, where each autistic individual has the opportunity to participate in all aspects of life to the extent they choose, consistent with their rights and in alignment with international human rights standards. We recognize and value diverse forms of participation and personal fulfillment, ensuring that all individuals, regardless of their level of societal engagement, have the resources and support to thrive in their preferred ways."

⇒ Conclusion:

This revision aims to respect individual autonomy, acknowledging that while societal participation is a valuable option for many, it is not a universal preference or ability. By framing participation as an available opportunity rather than an expectation or requirement, the strategy can more genuinely support the rights and well-being of all autistic individuals, reflecting a true commitment to diversity and inclusion within the framework of neurodiversity.

B. Analysis of the sentence in the survey

The sentence is different in the survey:

"The draft Vision for the National Autism Strategy is "...for a safe, inclusive society where all Autistic people are empowered to fully participate in all aspects of life, in line with international human rights."

□ Our comment N°6 → About the "ability to participate"
 (B: about the survey)

In the survey, the different wording in the vision statement appears to address the concern that the original phrasing might have asserted all autistic individuals are inherently capable and desirous of full participation in societal activities. Here's an analysis of how this different wording changes the interpretation and implication of the vision statement:

Positive Changes in the Different Vision Statement:

B1. Shift from Capability to Empowerment:

- Facilitating Agency: By stating "empowered" rather than merely "able", the vision shifts focus from an assumed capability to participate towards creating conditions that enable or facilitate such participation. This acknowledges that while not all autistic individuals may currently have the capacity or desire to engage fully due to various barriers, the strategy's goal is to empower them—providing the necessary tools, supports, and accommodations that align with their individual needs and choices.
- Active Support Over Passive Capability: The use of "empowered" implies active efforts by society, communities, and policymakers to adapt environments and interactions that respect and enhance the autonomy of autistic individuals. This positions the strategy as a

dynamic and proactive supporter of autistic individuals' rights and choices, rather than passively affirming a state of affairs.

B2. Implication of Choice and Consent:

Emphasizing Individual Preferences: The different phrasing also subtly suggests that participation is contingent upon the individual's consent and preference, aligning with the principles of autonomy and self-determination. This is a crucial acknowledgment that participation should not be enforced or assumed but supported and facilitated according to individual wishes.

B3. Strengthening the Rights-Based Approach:

Consistency with Human Rights: The continuation to align the vision with "international human rights" underlines the commitment to a rights-based approach. It reinforces that empowerment and support for participation must be compliant with international norms and standards, which include respecting the rights and dignity of each person.

Suggestions for Further Clarity:

While the different statement marks significant improvement, there are a couple of areas where further clarity could enhance understanding and implementation:

Specificity in Empowerment Strategies:

Detailing Methods of Empowerment: It would be beneficial for the strategy to outline specific methods or examples of how empowerment will be achieved. This includes detailing the types of supports, technological aids, community initiatives, or educational reforms that will be utilized to facilitate genuine empowerment.

Acknowledging Non-Participation:

 Respecting Non-Engagement Choices: A further enhancement could explicitly acknowledge that empowerment also means respecting decisions to not participate or engage differently. This would fully embrace the diversity within the autistic community, recognizing that empowerment means different things to different individuals.

⇒ Conclusion:

The different wording in the survey about the National Autism Strategy's vision statement effectively shifts the narrative from an assumption of inherent ability to a commitment to empowerment, better reflecting a nuanced understanding of the diverse needs within the autistic community. By continuing to refine the language to clarify methods of empowerment and explicitly acknowledge the legitimacy of varying degrees of participation, the strategy can further align with a truly inclusive and rights-respecting approach.

Guiding Principles

The Guiding Principles set out how the Strategy foundations will be put into practice. The Strategy foundations include the UN CRPD, the biopsychosocial model of disability, strengths-based and neurodiversity-affirming approach, and intersectionality.



This Strategy will be co-designed, co-produced, co-reviewed and co-delivered with Autistic people, and their families and carers and support networks.

- □ Our comment N°7 → Critical Representation Issues with this Sentence
- 1. **Tokenism Assumption Risk**: The terms "co-designed, co-produced, co-reviewed and co-delivered" can be interpreted as tokenism if autistic people are not genuinely given equal power and influence in decision-making processes. Ensuring balanced representation is crucial.
- 2. **Inclusion Scope**: The sentence does not clarify how diverse autistic voices will be included, particularly those from different age groups, genders, cultural backgrounds, and varying levels of support needs. More in-depth and sophisticated consultation methods are needed to understand the needs of all autistic individuals.

- In particular, the strategy claims to be co-designed, co-produced, co-reviewed, and co-delivered with autistic people, but it does not clarify how the most severely autistic individuals, who often have significant communication difficulties, have been consulted. This is a critical flaw, as the nature of autism means that those participating in the co-design process are likely to be those who are less disabled and more able to communicate with public authorities. These individuals may not fully represent the needs and challenges of more severely autistic people. There is a risk that the less disabled autistic advocates, due to the inherent self-focus associated with autism, might unintentionally overlook or minimize the problems faced by those with more severe disabilities. Additionally, many of the autistic individuals involved in co-directing the strategy might not have direct experience with autistic children, as they do not have children themselves. This further limits their understanding of the diverse needs and realities faced by autistic families.
- 3. **Overemphasis on Families and Carers**: Including families and carers might overshadow the voices of autistic individuals themselves, particularly if there is a conflict of interest or differing opinions. Clarity is needed to ensure the focus remains on autistic individuals' direct input.
- 4. **Support Networks Ambiguity**: The term "support networks" is vague and could include a wide range of individuals or organizations, which might dilute the focus on autistic individuals' direct input. Clear definitions are necessary.
- 5. **Accountability and Implementation**: The sentence does not specify mechanisms for accountability to ensure that the co-design, co-production, co-review, and co-delivery are effectively implemented. Continuous and sophisticated consultation methods are essential.
- 6. **Evaluation Criteria**: There is no mention of how the success of the co-design and co-production process will be measured or evaluated.
- 7. **Potential Exclusion**: The sentence assumes that all autistic people have access to families, carers, and support networks, which might not be the case for everyone. The strategy should consider individuals without these supports.
- 8. **Temporal Commitment**: The terms used do not indicate if this partnership is a continuous process throughout the strategy's implementation or if it's only at the initial stages. A continuous commitment is needed to understand and address the diverse needs of autistic individuals.

Acceptance and Inclusivity

This Strategy will reflect that every Autistic person has unique strengths, abilities and attributes.

Our comment N°8 → "Attributes"... but also the Difficulties and Needs

While we appreciate the emphasis on the unique strengths, abilities, and attributes of autistic individuals, it is crucial not to overlook their difficulties and needs. Here are our key concerns and suggestions:

1. Balance Between Strengths and Difficulties:

- Comment: Thank you for highlighting the subtlety of "attributes."
 However, it is essential to acknowledge the difficulties and needs of autistic individuals.
- Explanation: While it is commendable to focus on the strengths and qualities of autistic people, we must also address their numerous and significant challenges. By swinging from one extreme (focusing solely on difficulties) to the other (emphasizing only strengths), we risk presenting an incomplete picture. Autism should be understood in a balanced manner that includes both strengths and difficulties, as they are often intertwined and reflective of each other.

2. Perspective on Qualities and Challenges:

- Comment: The difficulties faced by autistic individuals are often a matter of perspective and can be seen as the other "indispensable side of the coin" to their qualities, and vice versa.
- Explanation: Qualities and difficulties are not mutually exclusive; rather, they coexist and shape the autistic experience. For instance, a strong attention to detail (a quality) can also result in overwhelming sensory sensitivity (a difficulty). Understanding this duality is crucial for creating effective support systems.

3. Distinction Between Autism and ASD:

 Comment: To better understand the complexities of autism, it is necessary to distinguish between "autism" (the autistic nature, with its qualities) and "ASD" (Autism Spectrum Disorder, which encompasses the problematic aspects without inherent qualities). Explanation: This distinction is foundational for any meaningful discussion on autism. "Autism" refers to the inherent characteristics and nature of being autistic, which includes both strengths and challenges. "ASD" refers to the diagnostic category that often highlights the difficulties and impairments. Recognizing this difference allows for a more nuanced and accurate representation of the autistic experience.

4. Inclusivity in Addressing Needs:

- Comment: It is important not to forget the challenges faced by the majority of autistic individuals, as doing so overlooks their needs.
- Explanation: By focusing solely on strengths, there is a risk of neglecting the real and pressing needs that many autistic individuals face. This can lead to inadequate support and resources being provided, ultimately failing to address the full spectrum of the autistic experience. It is essential to consider both the strengths and difficulties to create a truly inclusive and supportive strategy.

5. Comprehensive Understanding and Support:

- Comment: The strategy should aim to support autistic individuals holistically by recognizing both their strengths and needs.
- Explanation: An effective strategy will consider the complete experience of autistic individuals, providing support that leverages their strengths while addressing their challenges. This holistic approach ensures that autistic individuals receive the necessary resources to thrive in all aspects of life.

In conclusion, while the focus on strengths and qualities is commendable and much appreciated, it is equally important to address the difficulties and needs of autistic individuals. A balanced and comprehensive approach, grounded in a clear understanding of both "autism" and "ASD", will ensure that the strategy truly reflects acceptance and inclusivity for all autistic people.

This Strategy will seek to foster community understanding and acceptance of all Autistic people for who they are, and for their many contributions to Australia.

Our comment N°9 → Problematic Link Between Contributions and Acceptance

We recognize the strategy's intention to foster community understanding and acceptance of autistic individuals "for who they are", which is commendable. However, the reference to "their many contributions to Australia" might be misinterpreted as linking their worth to these contributions. It is essential to clarify that acceptance is based solely on their inherent human value and not on any form of contribution. Here are our key concerns and suggestions:

1. Inclusivity Beyond Contributions:

- Comment: Acceptance should not be influenced by any form of contribution.
- Explanation: It's critical to ensure that acceptance encompasses all autistic individuals, emphasizing that their value does not depend on their ability to contribute to society in any measurable way.

2. Right to Personal Fulfillment:

- Comment: Autistic individuals deserve opportunities for personal fulfillment without any prerequisites.
- Explanation: Acceptance and support should be unconditional, providing every autistic person with equal opportunities for fulfillment, completely independent of any societal contributions.

3. **Social Preferences and Autonomy**:

- Comment: Respect and support the diverse social preferences of autistic individuals.
- Explanation: Autistic people should be accepted and valued whether they prefer social interaction or not. The strategy should support their autonomy and personal preferences without imposing social expectations.

4. Unconditional Understanding and Acceptance:

- Comment: Foster understanding and acceptance without attaching conditions.
- Explanation: Autistic individuals have diverse perspectives and life experiences. They should be accepted as they are, without conditions related to contributions or societal understanding.

5. Representation and Media Portrayal:

- Comment: Advocate for realistic and diverse representations in the media.
- Explanation: Media portrayals should reflect the true diversity within the autistic community, focusing on their lives and experiences rather than their achievements or contributions.

6. Comprehensive Support:

- Comment: Ensure comprehensive support for all autistic individuals.
- Explanation: Support systems should be inclusive, offering necessary services like healthcare, education, and social support tailored to individual needs, without consideration of their potential contributions.

In conclusion, the strategy should unequivocally state that acceptance and support for autistic individuals are based on their intrinsic worth as human beings, not on any external contributions. This approach will truly reflect a commitment to inclusivity and the value of diversity within the autistic community.



This Strategy will uphold the rights of all Autistic people to be respected and safe from all forms of discrimination, vilification, violence, and abuse everywhere in their lives.

Our comment N°10 → Some Missing Protection Needs

In this paragraph about 'discrimination, vilification, violence, and abuse', some important points are missing in terms of protection.

Issues of deception, manipulation, and the right to peace, freedom, and protection from "Socio-Generated Sensory, Mental, or Other Harms", need addressing.

In our Autism Policy Structure Model, you'll find a list of rights crucial in the context of autism. We can also discuss the significant and often misunderstood issue of "harms" or sources of perturbation.



Social Inclusion

- Improve understanding of, and change attitudes towards, Autistic people across all of society, through:
 - a. (...)
 - b. (...)
 - c. Increasing accessible and sensory-friendly public and online spaces.

Our comment N°11 -> 'Sensory and Mental Injustices' in Autism

The sensory aspect are undoubtedly crucial, but for a truly holistic and efficient approach, it is essential to understand the significant issue of attitudinal barriers.

Let's remember that the primary aspect of the definition of autism is the difficulties in communication and social interactions.

In our view, autism is characterized by great sensory sensitivity to "violations of Natural Harmony" and comparable challenges on the mental level, particularly in social relations and communication.

Just to summarize very briefly, you can think about "sensory injustices" and "mental injustices."

Despite these being core difficulties of autism, almost nothing is done to reduce them.

This neglect is probably because addressing these issues requires the social system to critically examine itself and correct its errors or "misconfigurations", whether physical or human.

Although demanding, this would be highly beneficial overall. We are available to explain these mechanisms in detail and provide convincing examples if you want to know more.



2. Increase opportunities for social connections and peer support.

\longrightarrow Our comment N°12 \rightarrow Debatable Nature of Social Connections for Autistic Individuals

Increasing opportunities for social connections for autistic individuals requires a thoughtful and nuanced approach.

Firstly, it's essential to respect the preference of many autistic people who may desire solitude. While solitude is often a comfortable state for autistic individuals, gradual and non-forceful socialization can reveal the beneficial aspects of social interactions. This process should always respect the individual's pace and interest, highlighting engaging aspects of socialization without coercion, thereby maintaining a natural and respectful approach.

Secondly, we must acknowledge that the nature of autistic individuals often contrasts sharply with conventional social expectations. The general assumption that social connections are inherently beneficial is largely a nonautistic perspective that doesn't align with autistic experiences. This misconception leads to a societal expectation that may not only be unsuitable for autistic individuals but also potentially harmful. In fact, the concept of "social connections" is guite opposite to the autistic nature.

The challenges with standard socialization are particularly evident in the context of modern social networks and the societal emphasis on external validation. Online social platforms often foster unnatural and distorted interactions that can be toxic. These environments emphasize a dangerous conflation between self-esteem and the approval of others, including strangers, which can lead autistic individuals down harmful paths, sometimes with severe consequences such as increased anxiety, depression, and even leading to suicide.

In our increasingly global and interconnected society, there is a trend towards uniformity in human behavior and thought. People are becoming more predictable and may even seem robotic, echoing 'normal' social thoughts without genuine personal engagement. This conformity poses a significant threat to the richness of human diversity and individuality, akin to the dangers of a monoculture in agriculture. Autistic individuals, with their unique perspectives and ways of interacting, can act as a reservoir of human diversity, much like the Svalbard Seed Vault preserves a variety of plant seeds. This diversity is essential for the health and resilience of mankind, particularly as we face an era where machines and algorithms increasingly dictate interaction

patterns and decision-making. Indeed, autism seems particularly apt for preserving this diversity.

Understanding and navigating non-autistic social norms is necessary for autistic individuals to live and work effectively within society. However, adapting to these norms does not mean succumbing to the often overwhelming and distressing sea of social connections imposed by contemporary social life, particularly exacerbated by online social networks. We autistic people do not have to conform to non-autistic standards but need to command these interactions to engage on our own terms, balancing authenticity with practical social engagement.

Finally, the focus should be on cultivating deep, meaningful relationships rather than accumulating numerous superficial connections. Quality interactions, where relationships are genuine and interactions are natural, are far more beneficial than a vast network of shallow contacts. Having a few friends, or even just one, can provide significant emotional and social support, reflecting a more authentic and fulfilling way to engage with the world.

In summary, while increasing social opportunities for autistic individuals, it is crucial to proceed with caution and deep understanding, recognizing the unique needs and preferences of each individual, and challenging societal norms that do not accommodate these differences.

- Improve Australian Government service delivery, communication, and C. **information** to meet the needs of Autistic people.
 - Our comment N°13 -> Enhancing Government Services for Autistic People

We can provide some useful information about 'Government service delivery, communication, and information to meet the needs of Autistic people'.

- (...) d.
- Improve the safety and welfare of Autistic people through the reduction of all forms e. of discrimination, violence, abuse, bullying, vilification and exploitation.

Our comment N°14 → (remark about redundancy)

(This point seems partly redundant with something mentioned before.)

Economic Inclusion

- f (...)
- Support employers to hire and retain Autistic employees through improving g. the accessibility of recruitment processes and fostering workplace environments that are safe and inclusive for all Autistic people.
 - Our comment N°15 -> About Basic Principles for Fostering Inclusive Employment for Autistics

We can provide extensive insights on fostering employment for autistic individuals, covering not only sensory and physical workplace requirements but also, and more importantly, the human and social adaptations needed. These adaptations involve efforts from both employees and management and benefit not only the autistic employee but the entire staff and company. These are universal principles that any employee and company should follow, even if autism did not exist.

Autistic individuals simply reveal existing flaws, unintentionally compelling society to correct them.

🌌 📝 Diagnosis, <mark>Services and Support</mark>

□ Our comment N°16 → Crucial Need for Emergency and Remote Assistance Services

It appears that there are no plans for emergencies or a real-time public remote assistance service. However, these services are crucial due to their very nature.

Consider the use and consistency of current identification screening, outcome and diagnostic tools. Work with relevant professional bodies to develop a set of standardised codesigned training/professional development and resource materials to support professionals

involved in the identification, assessment and diagnosis of autism to Improve the experience, and quality of this process for Autistic people and their families and carers.

\longrightarrow Our comment N°17 \rightarrow Irrelevance of the Notion of "Diagnosis of Autism"

There is a big problem with the wording and notion of "diagnosis of autism". Autism cannot be diagnosed, because it is not a disease. However, Autism Spectrum Disorder can certainly be diagnosed, given that it is in ICD-11.

ICD-11 code 6A02 does NOT address "autism", but "autism spectrum disorder":



"6A02 Autism spectrum disorder

Code: 6A02 **Description**

Autism spectrum disorder is characterised by persistent deficits in the ability to initiate and to sustain reciprocal social interaction and social communication, and by a range of restricted, repetitive, and inflexible patterns of behaviour, interests or activities that are clearly atypical or excessive for the individual's age and sociocultural context. The onset of the disorder occurs during the developmental period, typically in early childhood, but symptoms may not become fully manifest until later, when social demands exceed limited capacities. Deficits are sufficiently severe to cause impairment in personal, family, social, educational, occupational or other important areas of functioning and are usually a pervasive feature of the individual's functioning observable in all settings, although they may vary according to social, educational, or other context. Individuals along the spectrum exhibit a full range of intellectual functioning and language abilities."

See also the interesting idea of the Government of the Isle of Man, to rename "ASD" to "ASC" for "Autism Spectrum Condition" (see Autistan.im).

We know, from our recent conversation with the specialist of autism at the WHO, that the WHO would like to use "Condition" instead of "Disorder": see point 2 (and many others) here:

"(...) And so the terminology is an issue, to be honest, because from from one end we as WHO we refer to the ICD-11 classification, and there of course we have this category of neurodevelopmental disorders, and under that we have autism spectrum disorders, so it is framed as a disorder and this is already creating some problem for us because even [for] "mental disorders", currently, the terminology is being criticized, so [we] WHO for instance in the broader field of mental health, we are avoiding talking about disorders, we are using mental health "conditions", just because of the negative connotation of disorders per se.(...)"

- i. (...)
- Explore ways to improve access to primary care, i.

Our comment N°18 > Necessity of Autism-Specific **Accessibility Policies**

Accessibility policies, standard and directives specific to autism are not enough clear here. They are necessary everywhere.

(...).

- Improve access to quality, timely, neurodiversity-affirming and equitable k. supports and services for Autistic people, including for people living in rural, regional and remote areas.
 - Our comment N°19 > Ensuring Equal Accessibility for ΑII

Additionally, ANY service shall be accessible on an equal basis with the other people (i.e. not only the services specialized in autism or health).

- Ι. (...)
- (...). m.
- **Explore the feasibility of a decision-making tool to empower Autistic** n. people to make informed decisions about all areas of their life.
 - 🔤 💬 Our comment N°20 → Interest in a Decision-Making **Tool for Autistic Empowerment**

The idea if "a decision-making tool to empower Autistic people to make informed decisions about all areas of their life" seems interesting and useful. What would it be?

(...) Ο.

Governance

- Develop a governance framework to support:
 - a. (...)
 - b. co-leadership and active involvement of **Autistic people**,

\longrightarrow Our comment N°21 \rightarrow Challenge of Autistic Representation in Governance

A "governance framework" supporting "co-leadership and active involvement" of "Autistic people" seems good, but which autistic people?...

We strongly advocate for the participation and co-leadership of autistic individuals because decisions should reflect our real needs, not those determined by others who may not fully understand our experiences or who might have different priorities.

However, the inclusion of autistic people in these discussions poses substantial challenges. Due to their neurodivergent characteristics, many autistic individuals might find abstract discussions like these difficult to comprehend or engage with.

And among those who do grasp these topics, many are simply not interested.

Thus, the small number who participate may not represent the full diversity of the autism spectrum. Even with the best intentions, it is natural for them to emphasize their own experiences and needs, which is reflected in the current draft. Therefore, their involvement, while essential, requires careful handling.

We need robust strategies to capture the views and needs of the entire spectrum, not merely relying on the few. Their autism doesn't automatically equip them to understand all aspects of autistic needs.

Here are more considerations about that "necessary but paradoxical autistic representation challenge":

Cognitive and Communication Barriers:

Autistic individuals experience a wide range of cognitive abilities, which can impact their understanding of complex governance processes. Many may find the detailed and abstract nature of policy-making inaccessible, and standard communication methods in governance might not align with their processing or expressive capabilities.

Unrepresentative Voices in Leadership:

There's a significant concern that autistic individuals who are more adept at navigating traditional communication and leadership roles might not fully represent the broader autistic community. This often includes those who may experience fewer obstacles in typical societal structures,

potentially leading to advocacy that does not fully capture the diverse experiences and needs within the autistic community, particularly those who face more significant challenges or are non-verbal.

Potential Risks:

Policies shaped primarily by the more verbally adept or those experiencing fewer societal barriers may not address the needs of the entire spectrum, particularly the more significantly challenged. This can result in misaligned policies that fail to accommodate or even recognize the more comprehensive challenges faced by the community.



as well as parents and carers, and professionals within the autism sector,

 \longrightarrow Our comment N°22 \rightarrow Irrelevance and Potential Dangers of Autism Professional Co-Leadership

The "active involvement" of "professionals within the autism sector" might not always be dangerous and might sometimes provide useful information.

CAUTION A However, there is no reason to include them in the "co-leadership" (as your sentence implies), and adopting this perspective could be the worst thing that could happen to this strategy.

This would be too lengthy to explain or demonstrate here, but we can elaborate and provide an example of a country where this error has terrible consequences, which has been confirmed by the UN CRPD Committee. We have more than enough evidence.

You may also find some aspects of this problem in these chapters A and B:



A. Key Risks of Involving Autism Professionals in "Co-Leadership" 🛕



The inclusion of professionals within the autism sector in the co-leadership of an autism strategy can be problematic for several reasons:

1. **Risk of Dominating the Narrative**: Professionals often have specialized knowledge and training which can be invaluable. However, their prominent roles might lead to a dominance of clinical and theoretical perspectives over the lived experiences of autistic individuals. This imbalance can overshadow the primary voices and needs of the autistic community, potentially steering the strategy away from their real concerns and priorities.

- 2. **Potential Conflict of Interest**: There may be inherent conflicts of interest when professionals in the autism sector lead strategies that affect their field of work. For example, professionals might favor approaches that align with their own research interests or institutional affiliations, rather than those that are necessarily best for the autistic community.
- 3. Misalignment of Goals: The goals of professionals, which might focus on treatment, management, or behavioral interventions, could diverge significantly from the goals of the autistic community, which often center around acceptance, support, and empowerment. This misalignment can result in a strategy that feels irrelevant or even counterproductive to those it intends to serve.
- 4. Suppressing Diverse Perspectives: When leadership is confined to professionals, there's a risk that the strategy will not fully incorporate or appreciate the wide array of perspectives and experiences within the autistic community, especially from nonverbal individuals or those with different support needs. This can lead to a one-sizefits-all approach that fails many within the community.
- 5. Undermining Autonomy and Agency: Autistic individuals and their advocacy groups have fought hard for autonomy and the right to self-representation. Placing professionals in co-leadership roles might inadvertently undermine these efforts, suggesting that autistic individuals cannot lead their own advocacy or do not know what is best for themselves.
- 6. Risk of Institutionalization and Deprivation of Liberty: There is a significant danger that professional dominance in strategy leadership could lead to an institutionalized approach to autism, where treatment and management are prioritized over individual rights and freedoms. As seen in countries like France, such professional-led strategies may inadvertently promote or maintain systems that deprive autistic individuals of their liberty and the ability to live freely within the community.

In conclusion, while the active involvement of professionals can contribute valuable insights, placing them in co-leadership positions could severely compromise the effectiveness and integrity of an autism strategy. It is essential to prioritize and amplify the voices and leadership of autistic individuals themselves to ensure that the strategy genuinely serves their needs and respects their rights.

B. Advisory Role of Autism Professionals Without Decision-Making **Authority in Strategy Implementation and Development**

1. **Expert Consultation**: Professionals can serve as expert consultants who provide detailed insights, research findings, and data analysis to inform the strategy. Their role is strictly to deliver information that can help shape decisions made by leaders.

- 2. Technical Support and Training: Professionals can offer technical support and training to leaders and other stakeholders involved in the strategy. This could include educating them about best practices, new technologies, or legal requirements related to disability rights, ensuring that the community is well-equipped to make informed decisions.
- 3. Resource Facilitation: By leveraging their networks and knowledge of available resources, professionals can facilitate access to tools, funding, and other necessary resources. This support is crucial for the execution of the strategy but does not involve any governance or decision-making.
- 4. Advisory Panels: While serving on advisory panels, professionals can analyze and interpret complex information which might be technical or highly specialized. They provide recommendations based on this analysis, but the decision to act on these recommendations rests solely with the leaders.
- 5. Feedback Mechanisms: Professionals can help design and implement feedback mechanisms that collect and analyze data from the autistic community about the effectiveness of various strategy components. This feedback helps ensure the strategy remains aligned with the community's needs without professionals influencing the strategic direction.
- 6. Policy and Legal Advice: They can provide legal and policy advice to ensure that all aspects of the strategy comply with national and international laws, including those pertaining to disability rights. This legal counsel is crucial for safeguarding the rights of the autistic community but does not confer any control over strategy decisions.

By structuring their involvement in these ways, professionals within the autism sector can contribute valuable expertise and resources to the development of an autism strategy without holding any decision-making authority. This approach ensures that the strategy is led in a balanced manner, involving a diverse and representative array of autistic individuals along with other stakeholders, thereby preserving the autonomy of the autistic community and ensuring inclusivity in directing their own advocacy efforts.

and whole-of-government, cross-sectoral and coordinated approaches to implementation.

□ Our comment N°23 → Interrogation about **Implementation**

How, concretely?

🌌 📝 Research

21. Explore how autism research can best be fostered and applied to policy and service delivery and underpinned by the Strategy's Guiding Principles.

Our comment N°24 -> Potential Serious Dangers with 'Autism Research'

- 1. First, the focus and objectives of 'autism research' often remain unclear to us, as the fundamental aspects of autism are already well understood within our community, particularly by our organization.

Despite this, funding continues to flow predominantly towards 'autism' research', whose real-world applicability and benefits frequently remain questionable.

Instead, there should be a greater emphasis on valuing and integrating our firsthand experiences and insights, which are not only relevant but also supported by concrete, real-life examples.

By bridging this gap, research can become more directly beneficial and reflective of our actual needs and perspectives, enhancing both understanding and outcomes.

► 1 - 2. Second, we find it crucial to consider the risks associated with that "autism research" > 1.

-- > 2.1. The biggest danger is the potential misuse of genetic and biological research.

This involves scenarios where findings could be used to support eugenics-based ideologies or practices aimed at 🔯 preventing the birth of autistic individuals or altering their genetic traits without consent ▶.

- This risk taps into broader ethical debates about the rights of individuals with disabilities, the value of neurodiversity, and the potential consequences of genetic editing and selection.
- The possibility that autism research—particularly genetic research could be used to advocate for prenatal screening or interventions aimed at eliminating autism raises significant ethical and moral concerns. This

kind of application can suggest that autistic lives are less valuable or that autism should be eradicated, which is deeply offensive and harmful to many within the autistic community.

Addressing this risk requires rigorous ethical oversight, transparency in research objectives, and the inclusion of diverse voices from the autistic community in ethical discussions to ensure that research supports the dignity, rights, and well-being of all individuals.

↑ -- 2.2. The other risks or problems include:

★ Misrepresentation and Misunderstanding:

Autism is a spectrum, which means it manifests differently in each individual. Research that fails to acknowledge this diversity can lead to stereotypes or misconceptions about autism. Oversimplifications or generalizations can result in interventions or policies that do not meet the needs of all individuals on the spectrum.

↑ Ethical Concerns:

Autistic individuals, especially those who may have intellectual or developmental challenges, might face difficulties in giving informed consent. Researchers must ensure that participants (or their quardians) fully understand the nature of the study and the implications of participation, which includes making accommodations for communication differences.

∧ Stigmatization:

Research that focuses excessively on the deficits or challenges associated with autism without recognizing the strengths and unique abilities of autistic individuals can contribute to stigma. It's important for research to balance discussions of challenges with the promotion of neurodiversity and the value of autistic perspectives.

A Privacy Issues:

The sensitivity of personal data collected in autism research, such as genetic information, medical histories, and behavioral assessments, requires stringent measures to protect participant privacy. Inadequate handling of such data can lead to breaches of confidentiality and potential harm to participants.

⚠ Biases in Research:

Research agendas often reflect the priorities and perspectives of those with the funding and power to conduct studies, which may not always align with the needs or preferences of the autistic community. This can lead to a focus on certain areas (like cure-seeking research) while neglecting others (like quality of life improvements or community support systems).

Some research, particularly studies aimed at finding a 'cure' for autism, can imply that autism needs to be fixed or eliminated, which can negatively impact how autistic individuals perceive themselves and how they are perceived by society.

Accessibility of Research Outcomes:

Often, the results of autism research are not communicated back to the community in accessible ways. This can limit the ability of autistic individuals and their families to benefit from the latest insights and developments.

↑ Financial and Emotional Costs:

Participation in research can be demanding and stressful for autistic individuals and their families, requiring time, travel, and sometimes invasive testing. The costs associated with participation may not always be covered by the researchers.

To mitigate these risks, it's crucial for researchers to engage with the autistic community during the planning, conducting, and reporting of research.

This includes respecting the insights of autistic individuals as experts in their own experiences, ensuring ethical practices are followed, and focusing on research that genuinely improves the lives of autistic people.

🍱 📝 About Autism

"If you've met one person with autism, you've met one person with autism."

Dr Stephen Shore

 \longrightarrow Our comment N°25 \rightarrow Stephen Shore Quote and More

We are pleased that you mentioned our friend Stephen M. Shore, who likes our concept of Autistan.

- We are fortunate that he agreed to be one of our Ambassadors for several years (continuing today).
- Coincidentally, Stephen recently made a presentation in **Australia** (on May 15th-18th, 2024 at INSAR annual meeting in Melbourne), and he kindly sent us this picture featuring him wearing an Autistan T-shirt == :



Stephen M. Shore on May 16th, 2024 at INSAR annual meeting in Melbourne (Australia), wearing an Autistan T-shirt

There is not one universally accepted definition of autism that captures everyone's experience.

Autism is a lifelong neurodevelopmental difference. Autistic people share common traits that present differently in each Autistic person. Every Autistic person is unique, and their experiences of day-to-day life are dynamic based on the systemic, environmental, and interpersonal barriers that each individual experiences at the time. As such, the **support needs** for each person differs and may change, particularly around big life transitions, or in certain situations or environments.

Our comment N°26 Dniversal Accessibility Measures Beyong mere "Support Needs"

Addressing the needs of autistic individuals extends beyond mere 'support needs'.

If society were more accessible for autistics, there would be less need for individual support.

These accessibility measures – that we can explain - are good for autistic individuals, adapted to meet the core needs of autism, but also they are good for anyone.

Importantly, they do not vary based on individual differences or characteristics within the autism spectrum; they are applicable universally, regardless of the form of autism.

They could be rather easily implemented and highly effective once their importance and implementation methods are understood.

The adoption of such measures would also bring substantial benefits in terms of comfort and quality of life (including mental health) to the entire society.

Autistic people often excel in some areas and contexts (particularly areas of interest), and thrive in contexts that match their needs and abilities, yet they may also face considerable challenges in other areas without appropriate and timely supports in place.

Our comment N°27 → Need of Autism-Friendly **Environments and Approaches**

Autistic people "may also face considerable challenges in other areas without appropriate and timely supports in place", but also mostly because those areas are not autism-accessible, and also because many times autistic people are forced to deal with these areas, which is abuse or otherwise questionable.



 \blacksquare \boxdot Our comment N°28 \rightarrow 'ASD' and 'ASC'

As previously mentioned, identifying autism should not be treated as a medical procedure, because autism itself is not a disease.

However, Autism Spectrum Disorder (ASD) can be diagnosed, which obvioulsy allows to determine whether someone is autistic.

Additionally, the term 'Autism Spectrum Condition (ASC)'—as currently adopted in the Isle of Man (see Autistan.im)—provides a less stigmatizing approach to recognizing autism.

ASC can be diagnosed just like ASD, as it fundamentally describes the same thing. However, the terminology ("ASC") avoids connotations of defectiveness or disorder, reflecting more accurately that autism is fundamentally about natural harmony, not a lack of order.

However, the number of Autistic people living in Australia is likely to be substantially higher. This can be for different reasons. For example, historical approaches to diagnosis, cost or wait times to receive a diagnosis, or people may feel that diagnosis is not the right path for them.

Our comment N°29 -> Crucial Benefits of Autism Self-Awareness and Acceptance

The benefits of receiving a serious confirmation of being autistic are paramount, primarily because it serves as a key to understanding one's position relative to society and the reasons behind various challenges one might encounter.

This confirmation is essential for developing strategies to navigate these challenges, which includes understanding the workings of non-autistic society and adapting to it from an autistic perspective.

Without grasping the root causes of these challenges, overcoming them is significantly more difficult.

In general, denying reality is never beneficial.

It is crucial for autistic individuals to be aware of their autism so they can flourish instead of living in what feels like a shadowy, confined, and unchanging world.

The advantages of this awareness are evident.

However, some autistic individuals (or their families) may be reluctant to pursue this confirmation due to prevailing societal prejudices about autism, which mistakenly conflate "autism" with "autistic disorder(s)" or other problematic traits.

Additionally, the traditional "official" route to ascertain autism is through a medical diagnosis, which inevitably frames it within a medical pathology context.

These stigmatizing views are similar to those that prevent some autistic people from identifying as disabled, due to a misunderstanding between "disability" and "personal deficiency", while "disability" should be understood as a "disadvantage" created by societal structures.

In summary, societal attitudes often reduce the state of being autistic to something shameful or undesirable due to mischosen words and widespread misconceptions.

Therefore, we believe that a well-designed national strategy should take these considerations into account (in particular by engaging with autistic individuals who are aware of these subtleties and who can help to explain and overcome), and it should strive to reduce or remove these absurd obstacles.



At least 3.2% of Australian school aged children are Autistic, and autism is a lifelong condition. 77% of Autistic 5-20 year olds attending school or an education institution experienced difficulty at their place of learning.

 \longrightarrow Our comment N°30 \rightarrow Education for Autistic Children, International Collaboration, Autism Research and Understanding

It is possible to mitigate the issue of "difficulties at the place of learning", and a national autism strategy can include effective measures to address that.

Given that the challenges faced by autistic people are relatively similar worldwide, it would be beneficial to expand consultations and reflections significantly to find comprehensive solutions.

This can begin by establishing a global advisory committee comprising national bodies responsible for autism (which are currently few in number globally) and inviting autistic associations (and genuinely listening to them), autistic parents' associations (as many parents have valuable strategies and solutions), and directly consulting autistic individuals of all "levels" or types, without any intermediaries.

While the advice of autism professionals can sometimes be beneficial, it is essential to be cautious about potential conflicts of interest or vested interests.

Some believe that "autism research" might offer solutions, but we have limited trust in this area. Generally, such research tends to "reduce autism" or aims to conform autistic individuals to become "normal", disregarding the autistic nature.

This is even evident in the persistent conflation of "autism" with "autism" disorder(s)" which is simply nonsensical.

However, it is crucial for autistic children—like all children—to learn and adhere to basic social rules (such as not going naked in public).

Additionally, if some researchers aim not to alter the nature of autism but to make society more autism-friendly, their work can be valuable.

As the Autistan Diplomatic Organization, we see little point in most autism research, as the mechanisms of autism and its interaction with non-autistic society are clear to us.

The real "puzzle" is why people have not yet understood this and, more troublingly, why they often ignore, dismiss, or fail to respond to our advice and information proposals.

Safety, health and wellbeing

Autistic adults experience more **barriers to healthcare** than non-Autistic people.

 \longrightarrow Our comment N°31 \rightarrow Barriers to Healthcare

Same comment as our previous comment (starting with "It is possible to mitigate this issue, and a national autism strategy can include effective measures to address it.").

There are so many problems and so many things to say about the issue of "barriers to healthcare"...

Autistic people have a life expectancy of more than 20 years shorter than the general population and are 9 times more likely to die of **suicide** than the general population.

🔤 💬 Our comment N°32 → Suicide Among Autistic People

Same comment as our comment starting with "It is possible to mitigate this issue, and a national autism strategy can include effective measures to address it.".

The high rate of suicide among autistic individuals is a grave issue that must be addressed with effective solutions.

Equally critical is the issue of 'auticides', where parents tragically end the lives of their autistic children due to inadequate support and misconceptions about autism.

It is vital to tackle both these issues comprehensively to protect the lives of the autistic community

Autistic people are 2.5 times more likely to experience depression than the general population.

Our comment N°33 -> Depression Among Autistic People

Regarding the problem of depression, our stance or comment is proportionally similar to that on the previous issue (suicide).

Additionally, let us note that "depression" is something typically non-autistic, and when autistic people are "depressed", it is because they have "learnt" that from non-autism. And it's the same for suicide.

7 Compared to the general population, Autistic adults experience higher rates of **physical** and sexual violence and are more likely to be subject to cyclical or repeated instances of violence. They are experiencing ostracisation and social exclusion at higher rates than the general population.

\longrightarrow Our comment N°34 \rightarrow Violence and Exclusion on **Autistic People**

Same comment...

Autistic people are experiencing discrimination and are at higher risk of homelessness than the general population.

Our comment N°35 → Discrimination and Homelessness of Autistic People

Same comment, although it's a bit trickier to solve the problem of homelessness.

But it can be reduced for sure, if things are made thoughtfully.

Autistic people are overrepresented in the criminal justice system and are likely experience significant barriers in accessing justice services.

Our comment N°36 → Overrepresentation of Autistic Individuals in the Criminal Justice System, and Barriers in Access to Justice

Same comment, and here also things are "complicated". But this problem can be reduced for sure.

🚾 📝 National Consultation

Recognising and nurturing leadership of Autistic individuals.



⚠ Here is a major concern, despite the commendable intentions.

The reality is that only a very few autistic individuals are both willing and able to assume leadership roles, and these individuals cannot represent the broader autistic community effectively.

This issue needs serious consideration, as - in our view - it represents a notable weakness in the national strategy.

Although the strategy is progressive and many of its modern points seem like a dream come true for many autistic advocates (including ourselves), it unfortunately appears to overlook the problem of representation bias that we have outlined.

We wholeheartedly endorse the principle of "Nothing about us without us". However, it is crucial that this includes "all of us" across the entire spectrum, not just "some of us".

The mere inclusion of a few interested autistic advocates does not automatically ensure that the diverse views and needs of the vastly different members of the autism spectrum are represented.

Typically, those who are less challenged—and consequently less representative of the broader challenges faced by the community—tend to be the ones who are listened to and whose opinion shapes the strategy.

We think that this selective representation likely contributes to the gaps identified in the current draft of the strategy.

🏧 📝 Understanding autism

- Understanding Autistic people with a **Pathological Demand Avoidance (PDA)** profile.
 - 🔤 💬 Our comment N°38 🔿 Pathologizing Pathological Terms

The term "pathological" in Pathological Demand Avoidance (PDA) is contentious and can be seen as pathologizing, which means framing a behavior or trait as inherently abnormal or diseased. This perspective can have negative implications, as it may lead to stigmatization or misunderstanding of the individual's needs and behaviors.

Terminology is important because the word "pathological" can imply that the behavior is inherently negative and without beneficial aspects. Many advocate for terminology that more accurately reflects the nuances of the condition without unnecessary negative connotations.

Behavioral adaptations such as avoidance of demands can be a coping mechanism to manage overwhelming anxiety or sensory overload. This behavior may have adaptive benefits, helping individuals maintain a sense of control and reduce stress.

People with PDA, like everyone else, have unique needs and strengths. Recognizing the positive aspects of their behaviors, such as creativity, problemsolving, and resistance to harmful conformity, is important.

Questioning and resisting social norms can lead to valuable diversity in thought and behavior. Individuals with PDA may contribute unique perspectives and innovations by not adhering strictly to conventional expectations.

Rather than focusing solely on the avoidance as a problem, supportive strategies can help individuals manage their anxiety and navigate demands in a way that works for them. This can include creating more flexible and accommodating environments.

Reframing the concept of PDA in a more neutral or positive light can help reduce stigma and promote a more inclusive understanding. It emphasizes the importance of recognizing the individual's experiences and needs rather than solely focusing on the challenges.

🌌 📝 Social inclusion

- Sensory-friendly public, physical and online spaces.
 - Our comment N°39 -> Social Accessibility, not Just Sensory

Not only "sensory" but also "social". (This highly important question is discussed in many other places in this document.)

Employment and income support

- **Autism-friendly workplaces**.
 - Our comment N°40 > Social Autism-Friendliness at Workplace, not just Sensory

Don't forget the «social problem» at work. It's not only «sensory». Autistic individuals often lose their jobs due to challenges in the social environment at work, stemming from interactions with colleagues and supervisors. While there are commendable efforts to accommodate sensory sensitivities, there is a significant lack of initiatives to address and rectify the 'behavioral problems' in workplace cultures. These issues include gossiping, mocking, judgmental attitudes, bullying, and undermining, which perpetuate prejudice and exclusion (often "self-exclusion"). (This very important question is discussed elsewhere in this document.)



Improving the research and evidence base around the experiences and needs of **<u>Autistic people</u>** and their families and carers.

 \longrightarrow Our comment N°41 \rightarrow Research about the Needs of Autistics, not Against Autism

Like mentioned above, if the goal is indeed not to 'cure' autism but to improve the lives of autistic people without changing who they are, "autism research" might be interesting why not after all.

However, we are unsure what needs to be 'researched' further, as the mechanisms and 'things to do' are guite clear and simple to us.

🗺 📝 Governance, accountability, monitoring and evaluation

Our comment N°42 → Need to Include All Autistic **Profiles**

The needs and expectations of the autistic people who do not communicate enough to reach all that kind of things (consultations, policy discussions etc.), have to be evaluated sufficiently, and taken into account effectively.

🏧 📝 Communication

Put voices of Autistic people at the centre of the Strategy's implementation.

 \longrightarrow Our comment N°43 \rightarrow Include the "Non-Voices" as well

Including the «Non-Voices» of those who don't even understand all that, or who cannot / do not want / do know about participating to all that, or who are non-verbal.

What should a National Autism Strategy achieve?

Acceptance: a better understanding of autism across all parts of the community to create a more autism-informed Australia, and a sense of belonging for all Autistic people.

□ Our comment N°44 → Debatable Nature of 'Social Belonging'

'Social belonging' is not an universal value or desire, and may be considered largely non-autistic in nature.

While some autistic individuals may appreciate the concept of 'belonging' others may not, which aligns with the often individualistic tendencies associated with autism.

It's crucial to respect those who prefer not to be 'socialized' and to consider their preferences seriously.

Therefore, stating 'a sense of belonging for all autistic people' may overlook or misunderstand many autistic perspectives and needs. A more accurate expression would be something like 'a sense of belonging for those autistic individuals who desire it'.

Recognising Autistic strengths where Autistic people have a strong voice: strength-based and neurodiversity-affirming practices are the norm.

 \longrightarrow Our comment N°45 \rightarrow Recognizing the Autistic Strengths Should Not Overshadow the Challenges

Very good, but <u>A</u> do not forget the problems and challenges. And the wishes. Not all autistic individuals aspire to live like non-autistic people - nor should they, as this is not necessarily 'better'.

Preserving the nature of autism is essential.

Recognition of individual diversity and capacity: acknowledgement that every Autistic person has their own experiences and aspirations, and can participate freely and equally in all areas of life.

\longrightarrow Our comment N°46 \rightarrow On the Sometimes Limited Ability to Participate

About "Every Autistic person (...) can participate freely and equally in all areas of life": the word "can" is ambiguous.

If it means "has the right", that is OK, but if it means (most probably) "is able to", this is not always true (nor even desirable).

Indeed, although of course they have the right to do it on an equal basis, many autistics «cannot» or do not want to participate.

And also, participation should not be a condition to have a good life, fulfilment of rights and egality etc.

Anyway, it is essential (and mandatory according to UN CRPD) that society ensures equal opportunities and accessibility for those who wish to 'participate' or at least have access to various areas, services, opportunities, products, and more.

Better quality of life and improved living standards: systems and supports in place to provide for basic needs, to ensure access to health and mental health services to stay well, and equal opportunities for Autistic people to: participate in society; access housing; access justice services; and thrive in education and employment.

\longrightarrow Our comment N°47 \rightarrow Social Participation Open to Those who Can and Want that

The autistic individuals who do not wish to participate are overlooked. A more appropriate phrasing would be 'participate in society for those who want to'.

Biopsychosocial model of disability

The UN CRPD describes people with disability as people who have long-term physical, mental, intellectual or sensory differences that, when interacting with inaccessible communities and environments, prevent full and equal community participation.

Our comment N°48 → UN CRPD Indirectly Acknowledge Human Accessibility

Here, 'inaccessible communities' certainly refers to the concept of 'societal or attitudinal barriers', while 'inaccessible environments', in the context of autism, primarily relate to sensory issues.

This distinction serves as further evidence that the social aspect is crucial in addressing obstacles and challenges faced by autistic people, as we have often tried to explain, yet it remains significantly overlooked in the draft strategy.

This Strategy adopts this model of disability to understand the experiences of Autistic people. Under the model, the sense of being "disabled" because of autism comes from experiencing attitudes, practices and structures that make it more difficult to participate equally in a neurotypical world.

 \longrightarrow Our comment N°49 \rightarrow Major Error with "Being 'Disabled' Because of Autism"

There seems to be a major contradiction and misconception here.

Although the sentence immediately seems to "corrects the problem" (?), anyway we read "being disabled because of autism".

The contradiction stems from the dual implication that the "sense of being 'disabled'" is both an inherent aspect of autism ("disabled because of autism"), and simultaneously a result of societal structures (which obviously is not "autism").

simplistic.

inadequate consideration for autism everywhere'.

Most obstacles we encounter are entrenched in 'non-autistic' norms and settings, which fail to accommodate our needs.

Thus, it's not autism itself that disables us; instead, we are disabled by environments and settings designed with only non-autistic people in mind. In other words, autistic people are disabled by non-autism (so to say).

We believe it is essential to deeply reflect on and understand these issues. A thorough comprehension of the challenges is crucial for addressing them effectively.

This means working towards a society that is not only more autism-friendly in terms of sensory accommodations but also in terms of human interactions.

By enhancing both aspects, we can create an environment that truly supports autistic individuals (and everyone, in the end).

This Strategy aims to address those attitudinal, behavioural and structural barriers, and create change in society which enables Autistic people to experience more independence, inclusion and control.

 \longrightarrow Our comment N°50 \rightarrow Insufficient Awaress of the **Attitudinal Barriers**

It is reassuring to read here that the Strategy aims to address the attitudinal and behavioural barriers, but this concern do not seem to be sufficiently considered in the rest of the text.

For example, the misunderstanding mentioned just above appears to stem from a problem of incorrect attitude, that is, a perspective that attributes a sort of inherent deficiency to autism, and fails to acknowledge the importance of 'societal wrongs' (over which autistics have no control).

And worse, this 'mistake' in the text ('being disabled by autism') occurs in a sentence that was intended to explain the exact opposite.

🔤 📝 Strengths-based and neurodiversity-affirming approach

Rather than looking for ways to help Autistic people "fit in" in a neurotypical world, this Strategy takes a neurodiversity-affirming approach, valuing and respecting all neurotypes. It seeks to promote understanding and acceptance of neurodiversity. The need for change sits with society as a whole.

Our comment N°51 -> Correct Holistic Social Approach of Autism

Really good. 🛠

Especially the conclusion:

♥ 💎 🐪 "The need for change sits with society as a whole." 🐈 💎 💙

It seems difficult to find a better summary or slogan for a national autism strategy.



"Intersectionality is just a metaphor for understanding the ways that multiple forms of inequality or disadvantage sometimes compound themselves, and they create obstacles that are not often understood within conventional ways of thinking." Professor Kimberlé Crenshaw, 1989

The way people experience the world is shaped by the way their individual circumstances and characteristics interact with attitudes, systems and structures in society. People's experiences differ according to factors such as their gender, sexuality, race, culture, ethnicity, religion, citizenship, socio-economic status, geographical location, and body shape/size. This interaction results in individual people experiencing differing levels of outcomes or discrimination.

Taking an intersectional approach to this Strategy recognises, and seeks to address, the structural barriers and hidden biases that have a negative impact on the life experiences of individual Autistic people who face multiple and overlapping forms of disadvantage and discrimination. This Strategy will drive greater respect for, and acceptance of, the Autistic and autism community in its full diversity.

This approach recognises there is very little research and other evidence available relating to the life experiences, needs or views of certain cohorts of Autistic people, including:

- First Nations people,
- culturally and linguistically diverse (CALD) people, including those from migrant and refugee backgrounds,
- infants and toddlers,
- young people (12 to 30 years of age noting there are subgroups within this age range),
- women, girls, and gender-diverse people,
- older people,
- people who have co-occurring neurotypes, disabilities and medical health conditions,
- people who identify as a member of the LGBTQIA+ community,
- people in regional, rural, and remote areas,
- people who use alternative or augmentative communication or are non-speaking or minimally-speaking,
- people with intellectual disability,
- people with complex and high support needs,
- people living in supported independent living,
- people living in segregated accommodation, group homes and institutions,

- people with experience of trauma and violence,
- people in child protection and justice systems, and
- health professionals, and researchers.

As a result, policies and support services often fail to adequately support Autistic people who are members of these intersectional groups.

\longrightarrow Our comment N°52 \rightarrow Merely Reminding the "Often Forgotten People" is Not Enough

The problem here is that this draft strategy, with the exception of this brief listing, appears to largely overlook these individuals.

The fact of merely acknowledging that certain groups are typically neglected is insufficient for their proper inclusion.

It's crucial that the strategy implements specific, actionable measures to ensure these individuals are not only recognized but also actively supported and accommodated.

- This Strategy aims to address this representation issue by:
- establishing a governance framework that is representative of the diversity within the Autistic and autism community,
 - \longrightarrow Our comment N°53 \rightarrow Need for True Representation of the Diversity of the Spectrum

Yes, this is also one of our conclusions, but how and where? It is not very visible so far, it's even vague (sorry).

- adopting an inclusive process for consultations,
 - Our comment N°54 → Need for Enhancement of the **Consultation Process**

A "more inclusive" process in the consultations is also one of our conclusions and suggestions after analysing the draft document, but how precisely? Capturing the needs and preferences of children or non-verbal autistic individuals (for example) is quite challenging, so it would be interesting to understand more clearly what this inclusive process entails.

Moreover, many groups mentioned in this list are scarcely represented in the draft, if at all, beyond this mere acknowledgment of their usual absence.

- (...)
- providing ways for Autistic people and their families and carers and support networks to communicate with the Australian Government in a way that suits them.
 - Our comment N°55 Communication between Autistic People and the Public Authorities in Charge of Autism

This seems very interesting and promising, but where is it, concretely, in the measures of the strategy?

Outcome Areas and Commitments

Social Inclusion

Social inclusion is about ensuring everyone has the opportunity to participate fully in our society. Social inclusion allows the equal opportunity for people to learn, work, connect and collaborate with others, and have a voice, including those who are non-speaking or minimally-speaking. When people are equally included they can participate.

Full participation in social, recreational, sporting, religious and cultural life is central to Autistic people living an accessible and connected life within their communities. This requires accessibility to be an integral part of the design of services and systems. It requires going beyond just physical accessibility. Providing easily accessible information about community services, events and facilities, and providing low sensory spaces, supports the inclusion of Autistic people in their communities.

 \longrightarrow Our comment N°56 \rightarrow Forgetting – again – the 'attitudinal barriers and behavioral problems'

After feeling some hope upon reading about 'going beyond just physical accessibility', it is disappointing to see that once again the most crucial issues have been overlooked: the attitudinal barriers, and societal and behavioral problems.

It is no surprise that autistic individuals continue to suffer and be 'troubled' or 'disordered' when their most significant challenges remain misunderstood and simply not seen.

🏧 📝 Why it is important

Everyone should have the opportunity to participate in all aspects of life and society, free from all forms of discrimination. Without social inclusion, people are more likely to experience poor mental health, isolation, discrimination, abuse and violence. Social inclusion, and feeling connected, respected and valued in society is important for an individual's health, safety and wellbeing.

Our comment N°57 -> Irrelevance of Social Validation and Non-Autistic Values for Autistic Individuals

The common goal of "Social inclusion, and feeling connected, respected and valued in society" is (very) debatable and stems solely from a non-autistic perspective.

The assumption that 'social inclusion' is a universal value or virtue, and that all autistic people should embrace it, appears potentially harmful, or at least insufficiently respectful of autistic nature.

Certainly, we do not wish to face discrimination, bullying, or rejection when we choose to participate.

However, the 'solution to rejection' should not be a form of 'mandatory inclusion', even if well-intentioned, which often fails to consider the true nature and desires of many autistic individuals.

The assertion that "Social inclusion, and feeling connected, respected, and valued in society is important for an individual's health, safety, and wellbeing" seems absolutely correct for non-autistic individuals, but much less so (or not at all) for autistics.

In particular, the high importance given to 'being respected and valued' is a typically non-autistic idea (and it is problematic for society at large), and it creates severe problems when society attempts to mold autistics to fit this 'ideal '

There are several reasons for this, which we can discuss further, but fundamentally, such 'illusory mechanisms' are not necessary for us.

Society attempts to 'teach non-autism' to autistic people because it believes that it is 'better.' This is a misconception.

It would be far more beneficial to better understand and respect autism and simply help autistic people adapt to non-autistic environments without necessarily 'embracing' them, all while preserving their autistic nature intact.

This is akin to speaking a second language: you do not need to 'erase' your mother tongue. There is no language superior to another, nor is there one to aspire to, with the other to be disregarded as wrong'.

Commitments

- 6. Improve understanding of, and change attitudes towards, Autistic people across all of society, through:
 - a. Greater public education and awareness including a better understanding of autism within workplaces, with a focus on health, education and the criminal justice system.
 - **Increasing visibility and representation of Autistic** people in the media, sports and the arts.
- □ Our comment N°58 → Problematic Emphasis on Visibility and Representation

Debatable. In particular if it is done artificially.

- Increasing accessible and sensory-friendly public and online spaces.
- □ Our comment N°59 → Problematic Emphasis on Visibility and Representation

Not only the sensory aspects. Don't forget the attitudinal problems.

- Increasing the capability of advocates and advocacy organisations to challenge and reduce stigma of autism.
- \longrightarrow Our comment N°60 \rightarrow Concerns about Advocacy **Approaches**

Debatable. Raising awareness, in particular through serious campaigns, seems more like the job of the State.

And there is a risk of (very annoying) [22] [6] 'shiny autism' 🐯 🍱 .





🏧 📝 Economic Inclusion

Commitments

- 12. (...)
- 13. Support employers to hire and retain Autistic employees through improving the accessibility of recruitment processes and fostering workplace environments that are safe and inclusive for all Autistic people.

□ Our comment N°61 → Fostering Employment through Addressing Colleague Behavior

Foster employment and making workplace more autism-friendly, by first addressing the biggest (and most overlooked) problem: the behaviour of the colleagues.

- 14. (...)
- 15. Increase representation of Autistic people in senior and board positions to promote people as visible role models.
- Our comment N°62 > Potential Issues with Increasing Representation in Senior Roles
 - **₹ ? ? We believe that this is a <u>really bad</u> idea, sorry. ※ ***

Among various concerns, increasing the representation of autistic individuals in senior roles risks misrepresentation and tokenization, and promotes the problematic concept of **[22]** (shiny autism' [32] [23].

More broadly, it glorifies 'social recognition', which is toxic for society and particularly harmful for autistics.

While autistic individuals across the spectrum should indeed participate in

decisions that affect their lives, it should be done in a more discreet manner to avoid the typical pitfalls that are often detrimental.

Here are some critical points to consider:

The primary issue with this proposal is its emphasis on visibility, specifically the underlying need—or even thirst—for visibility and celebrity. Generally, it is clear that it is beneficial for disabled people, including autistic individuals, to participate in decisions that concern them, as mandated by Article 4.3 of the UN CRPD. However, the idea expressed here ("Increase representation of Autistic people in senior and board positions to promote people as visible role models") diverges significantly. It is more about employment or academia and relates to personal image rather than improving public policies.

While potentially reducing negative prejudices about autistic individuals in employment, the significant drawbacks include:

- The notion of artificially favoring the advancement of certain autistic individuals to higher positions. While it is essential to combat injustices and discrimination, promotions should occur naturally and authentically to avoid 'reverse injustice', tokenism, and the associated problems.
- The **10** 'shiny aspie syndrome' or the 'thirst for ego brilliance' is a major concern, where some autistic individuals, particularly those who seek recognition, fall into this detrimental pattern.

This mechanism and the phenomenon of 'social brilliance' are problematic because:

- They are superficial and illusory, thus deceptive;
- They lead to adverse effects, as it is inappropriate for a cause, function, or position to be at the service of an individual rather than vice versa;
- They reinforce harmful stereotypes, pushing the erroneous and toxic belief that social recognition is necessary—a typically non-autistic mechanism from which authentic autistics are fortunately protected;
- They contradict the fundamental characteristics of autism, where the opinions of others are irrelevant, questioning the value and appropriateness of an 'autistic representation' through a mechanism contrary to the nature of autism.

The phrasing of the proposal tends to confirm these doubts, as it emphasizes not merely "participation" but "representation", aiming to create "role models" who must be "visible." This approach clearly seeks to showcase individuals, making it challenging to avoid the pitfalls associated with a craving for recognition and the allure of honors.

For example, consider a 'discreet' autistic employee or academic uninterested in these aspects; if persuaded to participate in this strategy, one must carefully weigh the benefits and risks:

- If the benefit is an increased belief in the virtues of 'social recognition', this is not a true benefit.
- If it aims to demonstrate that some autistics 'succeed or thrive', it is not beneficial as it overshadows the majority and places undue pressure on autistics to 'succeed socially', as if life were not acceptable for an autistic person if one is not a graduate or endowed with celebrity, which is an absurd and unjust requirement (but alas current), while for non-autistics this is not demanded at all.

The drawbacks are numerous, with a significant risk of fostering selfishness, whereas what is good for autistics and everyone is altruism—provided it is modest, discreet, and without drums or trumpets.

One might also wonder by what means this idea appeared in this draft strategy, especially considering it results from consultations that include autistic individuals. This proposal may reflect the desires of a few 'skilled' autistic individuals who are not so much representative of the deep nature of autism nor of most autistic persons, who have no use for this lamentable (and almost childish) need for 'social recognition.'

Apologies if these criticisms seem harsh, and they are not directed at any individual person, as - precisely - it is important to focus on the things to be done rather than on the people who do them.

More general but essential reflections:

These considerations fall within the broader context of reflecting on the relationship between "autism" and "non-autism" and on the "relevance" of each in light of the laws of Nature.

In particular, we believe it is important to be wary of the (non-autistic) reflex to assume that what is good for non-autistics or considered good from a non-autistic perspective would necessarily be good for autistics, and that simply applying standard non-autistic solutions (even if it means forcing autistics to fit into unsuitable boxes) would suffice.

To illustrate, try putting socks on a cat... She will protest and struggle, but also, she not only does not need them, but it is actually detrimental for her (for example, in terms of defense).

When discussing the "vices and virtues" of autism and "non-autism", we are not implying that autism is "superior" to "non-autism": such an interpretation would be a hasty, unfortunate, and absurd conflation.

We are simply saying that things should be studied holistically, especially without any defectological prejudices about autism (or anything else), and that to have a solid and reliable basis for reflection, it suffices to rely on Nature and natural Harmony, and to ask what is good for the individual, for society, and for Nature in general.

This allows for a consistently accurate "compass" when faced with dilemmas in thought and choice, mired as we are in the disorder and chaotic intricacy of modern society.



Diagnosis, supports and services

Autism is diagnosed by health professionals who observe an individual's characteristics such as social communication, behaviours and focused interests.

□ Our comment N°63 → Distinguishing Autism from **Diagnosable Conditions**

As already mentioned, autism cannot be diagnosed. But Autism Spectrum Disorder(s) or "Condition" can be diagnosed.



Some people who do not have a formal diagnosis also self-identify as Autistic.

Our comment N°64 → Problems with Autism Self-Identification

There are potential issues with the concept of autism self-identification without evidence.

This identification can be sincere or insincere, and even sincere claims or beliefs may not be true.

This issue is particularly delicate and complex (and cannot be sufficiently addressed here) because when autism symptoms are subtle, it is extremely difficult to determine whether someone is truly autistic.

Moreover, even individuals with 'mild' autism may still face significant challenges that are very poorly understood by others.

Health and Mental Health

- Accessibility integrated across the entire health and mental health systems.
 - \longrightarrow Our comment N°65 \rightarrow Dangers of Attitudinal Problems in Healthcare Contexts
 - Please, it is crucial to pay special attention to 'human accessibility', meaning the issue of social attitudes and barriers, particularly in healthcare and mental health contexts.
 - ♥ ♦ Often, healthcare professionals believe they "know already enough" (cf. "God complex syndrome" of many public doctors).
 - This mindset, like a sponge already full of water, not only prevents them from absorbing our explanations but also leads them to take inappropriate actions, even when we haven't provided any explanation.

In summary, while dealing with laypeople who know nothing about autism can be challenging, the difficulties intensify when we encounter someone who *thinks* they know about autism (which is rarely the case, even among doctors).

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tragic. 😥 🔞 😵

Implementation – Delivering on the **Outcome Areas**

Implementing the National Autism Strategy

Three Action Plans will support implementation of the Strategy:

- First Action Plan: short-term (the first year),
- Second Action Plan: medium-term (the next few years), and
- Third Action Plan: long-term (longer term actions).

The first Action Plan will be informed by the work of the National Autism Strategy Oversight Council and Working Groups, the national consultations undertaken during the development of this Strategy, and a range of reports commissioned by the Australian Government. The first Action Plan will include ongoing governance arrangements and an Evidence Framework comprising a Theory of Change, an Outcomes Framework, and Evaluation Framework developed with the Autistic community and autism sector.



Sorry but all this seems rather vague... (But maybe this logical at this early stage.)

Governance

The development of this Strategy was supported by governance arrangements and the implementation of this Strategy will also be supported by governance that ensures continued deep engagement, trust and accountability over the delivery of commitments and achievement of intended outcomes.

A governance framework will be developed as part of implementation planning. Key features will include:

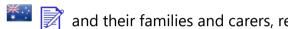
- Ministerial oversight arrangements in relation to the implementation of the Strategy.
- A continuing role for **a representative group of Autistic people**

Our comment N°67 -> Daunting and Paradoxical Task of Achieving Truly Representative Panels

Currently, it's uncertain whether they are truly representative.

Additionally, the mere nature of autism may render it inherently challenging to obtain a panel that fully represents the entire spectrum.

Moreover, the concept of a 'group' itself is very 'non-autistic' which further casts doubt on its representativeness.



and their families and carers, researchers and professionals.

Continuing collaboration across the Australian Government.

In any areas of joint responsibility between the Commonwealth and state and territory governments, the Strategy will guide the Australian Government's engagement with jurisdictions.

The governance framework will be enhanced to include:

- A truly whole-of-government approach, recognising coordinated effort is required across all areas of government and sectors including health, education, disability, and employment.
- Ongoing ways to listen to and respond to the voices of Autistic people and their families and carers, support networks, and communities.

Our comment N°68 Challenges in Representing Autistic People and Caution with Service Providers

We believe that achieving true representation of autistic people is crucial yet challenging, encompassing the entire spectrum of autism (including non-verbal individuals), all age groups, ethnicities, and various circumstances (such as First Nations People, children in foster care, autistics within the criminal justice system, the homeless, migrants, etc.).

Consulting parents can be beneficial, but caution is necessary as their desires often do not align with their children's best interests.

Indeed, many parents tend to be overly protective and to avoid changes, whereas what is needed is exposure to a wide range of experiences, managed thoughtfully to avoid causing frustration and crises.

(This underscores the need for comprehensive 'family education on autism' to ensure a deeper understanding of the underlying mechanisms of autism.)

If this sentence also refers to paid service providers, then even greater caution is warranted. The potential issues with these providers, especially those offering housing services, are complex and numerous.

While it's appropriate to consult service providers for their insights, they should not wield any decision-making power or influence.

More critically, it is essential to be wary of associations of service providers that masquerade as parent associations but are, in reality, commercial or economic entities, who are financially benefiting from autism or disability. These organizations cannot simultaneously defend their business interests and the rights (to freedom, etc.) of the people they serve or keep within their walls.

A review and evaluation of the Strategy involving Autistic people and their families and carers.

- Our comment N°69 Prioritizing Direct Engagement and True Representation of Autistic Individuals
- | It seems necessary to broaden the consultation and prioritize direct engagement of autistic individuals of any kind.

In the field of autism, achieving true representativity is very difficult, if not almost impossible.

Moreover, we believe that it is crucial that the information collected through comprehensive consultations remains unaltered—that is, the voices of some groups are not inadvertently overlooked by a core group of 'socially skilled' autistic individuals who might act as 'unrepresentative representatives'.





0. Summary 💻



- Absence of Defectological Approach: The strategy is praised for not using the term "disorder", avoiding the negative connotation that autism is a defect. This aligns with a nondefectological perspective that favors acceptance and accessibility rather than trying to change autistic individuals.
- Pimprovement Suggestion: While the approach is commendable, the document suggests there could be a greater emphasis on acknowledging and addressing specific challenges and disabilities associated with autism. More precise policies on accessibility could help mitigate these issues.

2. Language and Representation:

- Use of Identity-First Language: The use of "autistic person" rather than "person with autism" is appreciated, as it reflects a better understanding of autism.
- Pimprovement Suggestion: It is recommended to provide a rationale for this language choice, possibly linking to external resources or studies that justify this preference to aid understanding among various readers.

2 3. Symbolism:

Exclusion of the Puzzle Piece: The absence of the puzzle piece symbol, which is often seen as representing incomplete or missing aspects of autism, is noted positively.

4. Consultation Process:

- **Genuine Engagement:** The strategy's genuine consultation with autistic individuals is highlighted as exemplary. This authentic engagement is seen as a key strength, distinguishing it from less inclusive approaches seen in other countries.
- **!** Representation Bias Concern: There is a caution about the potential bias in representation, where the most communicative and least disabled may not fully represent the needs of more severely affected individuals. The strategy might benefit from broader consultations, including those who are more significantly challenged by autism.
- Pimprovement Suggestion: Expand consultations to include a wider range of autistic voices, particularly those from more severely affected segments of the spectrum, to ensure comprehensive representation and understanding.

🕎 5. Accessibility Focus:

- **Emphasis on Accessibility:** The strategy's focus on making societal systems more accessible to autistic individuals is praised as essential.
- **Societal Barriers:** While the strategy addresses sensory issues, it may not sufficiently tackle social and societal barriers that affect autistic individuals. Attitudinal barriers are highlighted as particularly significant and challenging to change.
- Pimprovement Suggestion: Broaden the accessibility discussion to include societal attitudes and provide detailed strategies for changing societal perceptions and reducing stigma.

2 6. Recognition of Creativity:

- **Celebrating Creativity and Interests:** The strategy's recognition of the importance of nurturing creativity and special interests in autistic individuals is noted as a significant positive step. This approach not only validates these aspects of autistic identity but also promotes personal fulfillment.
- Palanced Approach Suggestion: Encourage and support creative abilities while guiding against potential excesses, ensuring these interests are constructive and integrated beneficially into individuals' lives.

1. The absence of the usual defectological approach to autism.

1.1. No mention of "Disorder"

Notably, the word "Disorder" does not appear anywhere, which is commendable as it avoids the harmful confusion between "autism" (the autistic nature) and "autistic disorders" (the specific problems and difficulties associated with autism).

 \triangle 1.1.1. However, it is important not to overlook or minimize the problems and disabilities. We believe that a holistic approach to autism in society, based on a non-defectological perspective, acceptance, and the implementation of accessibility for autistic individuals (rather than trying to "transform autistics into non-autistics") is the right approach, and we are pleased to see that Australia shares this essential view, which we find rare but essential.

This social positioning helps to greatly reduce difficulties, disabilities, and "autistic disorders" (many of which are considered "disorders" only from the perspective of non-autistic people).

Nonetheless, the current Strategy (in its draft stage) seems to not pay enough attention to the disorders, difficulties, and disabilities.

The text could also be more precise and therefore more effective regarding accessibility policies and how to implement them, which would help to significantly reduce those problems, discomforts, "disorders" and crises.

🕎 1.2. Use of "person-first" language

This shows your good understanding of autism. This is highly appreciated, as opposed to the usual "people with autism", which is particularly irritating. Thank you very much.

1.2.1. Suggestion: For better understanding among many readers, it would be helpful to add an explanation justifying your choice, or a link to a reliable article. You announce this choice without justifying it. Various autistic individuals have published explanatory articles, and we can also produce an exhaustive, detailed, and well-argued study on this subject for you.

abla 1.3. Absence of the usual and infamous "puzzle piece"

We greatly appreciate the exclusion of the often-used "puzzle piece" symbol in your material. This thoughtful decision is truly commendable—thank you very much.

2. Genuine Consultation of Autistic **Individuals First and Foremost**

This is truly excellent and what should be done in other countries. Once again, the Australian Government has really done its best to seriously listen to autistic individuals (which explains, in our opinion, the judicious and appropriate nature of the Strategy). Often, public authorities in other countries consult parents and families only for show (when they do...), and in reality, they remain entrenched in their prejudices and systems of thinking and functioning that leave very little room for the voice of autistic individuals, especially when public management of autism in a country is heavily influenced by economic considerations, notably by the lobbies of the medico-social, medical, and pharmaceutical sectors, or other interests that are not ours.

$\downarrow \land \land$ 2.1. The problem of the autism representation bias

However, giving the greatest importance to the words and requests of autistic individuals involves a problem, a bias. The autistic individuals who manage to convince you are necessarily those most skilled in communication and social relations, meaning those least disabled in this area. In other words, they are the least representative of the difficulties and needs of more or much more disabled autistic individuals, who by definition would neither be able to convince you, nor even approach you, nor even take an interest in these subjects. Even if the most skilled autistic activists have tried, like you, to assess the needs of more disabled autistic individuals, it is not easy. Additionally, in all countries, there is an antagonism between the demands of parents (which we often do not support as they are generally "defectological") and the demands of more socialized autistic individuals, capable of advocacy. This means that when a policy for autism is primarily influenced not by parents but by the most capable autistic individuals (i.e., the least disabled), it may not sufficiently integrate the needs and difficulties of the majority of autistic individuals. This situation is rare but is happening with you. Therefore, it is very important to reconsider this by conducting additional consultations targeting parents and especially the most disabled autistic individuals, using all possible means.

Furthermore, it is possible to reduce the usual antagonism between the demands of autistic individuals and parents with a deep and nuanced understanding of autism, which helps eliminate the usual confusions that cause these conflicts. We have this understanding and can explain the true needs of autistic individuals, which allows satisfying everyone (autistic individuals, parents, society, and the concerned public authorities). Our "Model of Structure for a National Autism" Policy" (see further) can provide an insight into this.

3. Encouraging Focus on Accessibility Measures

Your project heavily emphasizes the importance of making society autism-friendly, which we believe is absolutely crucial. It should be a primary concern for any government. An accessible society reduces problems, obstacles, suffering, and anxiety significantly. Furthermore, it helps diminish the perception of "autistic disorders" as disorders at all, enhancing understanding and enabling autistic individuals to begin leading a decent life.

3.1. Addressing Social and Societal Barriers

Although your chapters on accessibility sometimes mention the challenges posed by societal attitudes, they frequently overlook this critical aspect. The discussions tend to focus on sensory issues, yet fail to adequately address social or societal problems such as attitudinal barriers. These barriers are often more impactful for most autistic individuals than sensory sensitivities. While sensory issues can be relatively straightforward to mitigate, changing the deeply ingrained mindsets and attitudes of people—such as neglect, the propensity to feel offended or irritated, and even active negative attitudes—is considerably more challenging. This document elaborates further on these concerns, providing more detailed analysis and recommendations.

4. Celebrating Creativity and Special Interests

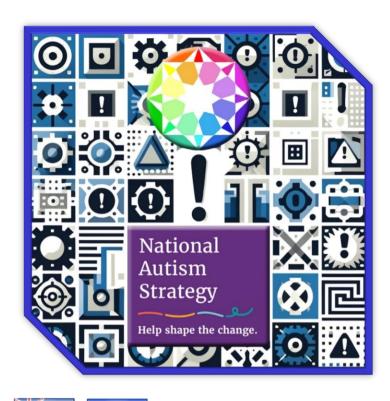
We were both pleased and surprised to see your strategic focus on nurturing creativity, a crucial yet often neglected area of support for autistic individuals across various nations.

It is particularly commendable that your strategy includes plans to "Support programs that foster the creative abilities and special interests of autistic individuals, recognizing these as essential elements of personal fulfillment" as stated on page 29.

This acknowledgment not only validates these interests as integral and positive aspects of autistic identity but also wisely suggests that with sensible guidance, any potential excesses or impracticalities can be mitigated.

This approach rightly shifts the narrative around special interests from being seen as problems to being recognized as valuable and enriching.

We deeply appreciate this thoughtful inclusion in your strategy.



C-3. Our Concerns after a Refined Analysis

0. Summary 💻

1. Potential Lack of Clarity on Co-Design and Inclusion

∧ Concerns:

The document highlights a potential vagueness in the strategy's approach to inclusivity and co-design. It points out that while the strategy promotes inclusivity and consultation, it lacks clear documentation or explanation of how the inputs from various stakeholders, especially new autistic advocates, have been integrated into the strategy.

Proposed Solutions:

- **Enhanced Stakeholder Engagement:** Suggests creating a clearer and more transparent stakeholder engagement process to ensure that contributions from all parties, particularly autistic individuals, are genuinely considered and visibly utilized.
- **Increased Transparency:** Recommends publishing detailed reports on how stakeholder feedback has been processed and incorporated. This also includes regular updates to the community on the influence and outcome of their contributions.

2. Possibly Missing Important Groups

∧ Concerns:

There is a concern that the strategy may overlook or inadequately serve specific groups such as First Nations people, the elderly (over 65), and children in foster care, and that it lacks detailed focus on educational needs

Proposed Solutions:

- Targeted Initiatives for Underrepresented Groups: Proposes the development of specific programs to meet the unique needs of these groups, ensuring cultural appropriateness and comprehensive support.
 - o For First Nations: Engage directly with community leaders to tailor supports.
 - o For the Elderly: Implement specialized programs that cater to the intersection of aging and autism.
 - o For Children in Foster Care: Create specialized training for caregivers and consistent care protocols.
- Comprehensive Educational Strategies: Calls for detailed educational plans that include teacher training and systemic support for inclusive education.

3. Need for Legislative Support and Human Rights Framework

∧ Concerns:

Identifies a gap in legislative support and a robust human rights framework, which are critical for the strategy's effectiveness and enforcement.

Proposed Solutions:

- **Strengthening Legal Foundations:** Urges advocacy for legislative changes to reinforce the strategy's implementation and align it with existing disability and human rights laws.
- **Enhancement of Human Rights Protections:** Suggests bolstering the human rights framework specifically for autistic individuals to ensure they have adequate access to services and protections.

4. Requirement for Actionable Solutions

∧ Concerns:

The strategy is critiqued for stating problems without outlining concrete, actionable solutions, which may reduce confidence in its effectiveness.

Proposed Solutions:

- Development of Detailed Action Plans: Emphasizes the need for each problem identified in the strategy to have a corresponding, well-defined action plan with clear steps, responsible parties, and timelines.
- Allocation of Resources and Monitoring: Highlights the necessity for dedicated funding and systematic monitoring to support the practical implementation of these plans, ensuring accountability and the ability to make adjustments based on feedback and changing needs.

5. ⇒ Conclusion

• Concludes by stressing that by addressing these concerns and integrating the suggested solutions, the strategy can be significantly enhanced to be more comprehensive, inclusive, and effective, ultimately providing better support across all demographics and stages of life for autistic individuals.

1. Potential Lack of Clarity on Co-**Design and Inclusion**

↑ Concerns:

- While the strategy emphasizes inclusivity and extensive consultations, it may not be sufficiently clear about how the feedback and input from various stakeholders, particularly newer autistic advocates, have been incorporated into the final document.

Proposed Solutions:

- Enhanced Stakeholder Engagement:

- Develop a more transparent process for stakeholder engagement, ensuring all voices, especially those of autistic individuals, are genuinely considered.
- Implement mechanisms for regular feedback and updates to show stakeholders the impact of their contributions

- Increased Transparency:

- Publish detailed reports on stakeholder consultations and clearly show how feedback has been integrated.
 - Regularly update the community on the progress and impact of their contributions.

2. Possibly Missing Important Groups

∧ Concerns:

- The strategy may not adequately address the needs of certain groups, including First Nations people, elderly individuals over 65, children in foster care, and lacks a comprehensive focus on education.

Proposed Solutions:

- Inclusive Measures for First Nations People:

- Develop targeted initiatives that address the unique needs and challenges of First Nations communities.
 - Engage with First Nations leaders to ensure culturally appropriate support and services.

- Support for the Elderly:

- Create programs specifically for autistic individuals over 65, addressing both autism-related and age-related challenges.
- Train healthcare providers in geriatric care specific to autism.

- Support for Children in Foster Care:

- Develop tailored support for autistic children in foster care, including specialized training for foster parents and social workers.
 - Ensure stability and continuity of care for these children.

- Comprehensive Education Plans:

- Include detailed plans for inclusive education, teacher training, and support systems for autistic students.
- Collaborate with education departments to implement and monitor inclusive practices in schools.

3. Need for Legislative Support and **Human Rights Framework**

∧ Concerns:

- The strategy may lack sufficient legislative backing and robust human rights frameworks, potentially impacting its effectiveness.
- While Australia has a strong commitment to human rights, further strengthening the legislative framework and human rights protections specifically for autistic individuals can enhance the strategy's impact.

Proposed Solutions:

- Legislative Support:

- Advocate for legislative changes to support the implementation and enforcement of the strategy.
- Ensure alignment with existing disability and human rights laws and push for necessary legal reforms.

- Strengthening the Human Rights Framework:

- Enhance the human rights framework to protect the rights of autistic individuals, ensuring access to necessary services and support.
- Collaborate with human rights organizations to promote awareness and enforcement of these rights.

4. Requirement for Actionable **Solutions**

⚠ Concerns:

- The strategy highlights problems without providing concrete solutions, which could undermine confidence in its ability to address the issues.

Proposed Solutions:

- **Develop Specific Action Plans:**
 - Each identified problem should be accompanied by a specific, actionable solution.
 - Outline clear steps, timelines, and responsible parties for each action item.

- Funding and Resources:

- Allocate dedicated funding and resources to support the implementation of action plans.
- Ensure transparent reporting on the allocation and use of funds.

- Ongoing Monitoring and Evaluation:

- Establish mechanisms for regular monitoring and evaluation of the strategy's implementation and outcomes.
 - Adjust the strategy as needed based on feedback and evolving needs.

5. ⇒ Conclusion

By addressing these gaps and incorporating the proposed solutions, the Australian Draft National Autism Strategy can be significantly improved. These improvements will ensure that the strategy is comprehensive, inclusive, and actionable, providing effective support for all autistic individuals across different demographics and life stages.





C-4. Our Responses to

your Survey

0. Overview 💻



Vision and Goals of the Strategy

1. Vision

- o **Appropriateness**: The vision is seen as very appropriate.
- **Suggested Improvement:**
 - Proposed revision: "...for a safe, inclusive, materially and socially accessible society where all Autistic individuals are empowered to participate in the aspects of life that they choose, based on equality of fulfilment and in line with international human rights treaties."

2. Goal

- o **Appropriateness**: The goal is considered very appropriate.
- **Suggested Improvement**:
 - Proposed revision: "...to ensure a better, fair, serene and fulfilling life for all Autistic individuals."

Guiding Principles

1. In Partnership – Nothing about us, without us

- o **Importance**: Rated as extremely important.
- O Detailed Feedback:
 - This principle should include a clarification ensuring balanced representation. The current approach tends to highlight the needs of autistic activists, who may not represent the broader autistic community. A more in-depth consultation process is needed to capture the diverse needs, particularly those who are less able to advocate for themselves.

2. Accessible based on Universal Design

- o **Importance**: Rated as extremely important.
- O Detailed Feedback:
 - The principle is theoretically sound, but practical understanding and implementation of accessibility for autistic individuals are often lacking. The focus on sensory issues is essential, but the strategy should also address "attitudinal barriers" within social environments. Including "material and human" accessibility or explicitly mentioning these barriers would strengthen this principle.

3. Aligned and Accountable Outcomes

- o **Importance**: Rated as extremely important.
- **Detailed Feedback**:
 - The alignment with other government strategies raises concerns due to potential conflicts. It is suggested that all strategies should align with higher universal principles to ensure coherence and compatibility. This approach avoids the risk of conflicting objectives and ensures a holistic, harmonious policy framework.

4. Acceptance and Inclusivity

- o **Importance**: Rated as extremely important.
- O Detailed Feedback:
 - The emphasis on strengths and attributes of autistic individuals is commendable. However, it is crucial not to overlook their difficulties and needs. The strategy should balance the recognition of strengths with an acknowledgment of challenges to ensure that support mechanisms address the full spectrum of autistic experiences. It is important to distinguish between "autism" (the nature) and "ASD" (the difficulties), and ensure both are appropriately addressed.

5. **Rights**

- o **Importance**: Rated as extremely important.
- o Detailed Feedback:
 - While the strategy upholds basic rights, it misses some crucial aspects specific to autism. These include protection from deception and manipulation, and the right to peace and protection from socio-generated sensory and mental harms. Addressing these specific rights would provide a more comprehensive protective framework for autistic individuals.

6. Individualised and Holistic

- o **Importance**: Rated as extremely important.
- O Detailed Feedback:
 - There is a potential paradox in advocating both an individualized and a holistic approach. An individualized approach focuses on specific needs, while a holistic approach aims for systemic inclusivity. The strategy should aim to correct societal structures to be autism-friendly (holistic approach) while providing individualized support where needed. This dual approach avoids the pitfall of overly focusing on individual accommodations at the expense of broader systemic changes.

Social Inclusion Commitments

1. Greater Public Education and Awareness

- o **Priority**: Rated as very high priority.
- o Feedback:
 - Public education should not only aim to "better understand autism" but also to "adequately know the needs of autistic individuals" and implement measures to address these needs, especially attitudinal barriers. Ensuring legal requirements for accessibility, similar to those for physical disabilities, is crucial for meaningful inclusion.

2. Increasing Visibility and Representation in Media, Sports, and Arts

- o **Priority**: Rated as low priority.
- o Feedback:
 - While increased visibility can have benefits, there are significant risks, including the potential for misrepresentation and the pressure on autistic individuals to fit certain narratives. The balance between benefits and dangers of increased visibility should be carefully considered.

3. Increasing Accessible Sensory-Friendly Spaces

- o **Priority**: Rated as high priority.
- o Feedback:
 - Sensory-friendly environments are crucial, but the strategy must also address "mental" accessibility, which includes improving social relationships and communication. This involves making systemic changes in societal attitudes and behaviors to create a more inclusive environment.

4. Increasing Advocacy Capability

- o **Priority**: Rated as low priority.
- o Feedback:
 - Reducing stigma should primarily be the responsibility of public authorities, not just advocacy organizations. The phenomenon of **22** shiny autistics' (autistic individuals who are pushed into the spotlight) is problematic and can be counterproductive. Advocacy efforts should focus on changing public institutions and systemic issues rather than highlighting individual achievements.

5. Increasing Opportunities for Social Connections and Peer Support

- o **Priority**: Rated as medium priority.
- o Feedback:

 Peer support and healthy social relationships are beneficial, but there are dangers in broader social networks. The strategy should promote meaningful connections while being cautious of potential pitfalls and ensuring the safety and well-being of autistic individuals.

6. Improving Government Service Delivery

- o **Priority**: Rated as high priority.
- o Feedback:
 - The focus should be on making society autism-friendly, particularly by enhancing societal attitudes. An autism-friendly society benefits everyone by improving overall quality of life and reducing social challenges. This includes legal requirements and structured support for human and sensory accessibility.

7. Considering Needs in Disability Discrimination Act Amendments

- Priority: Rated as high priority.
- o Feedback:
 - Ensuring that the needs of autistic individuals are considered in future amendments to the Disability Discrimination Act is crucial. This may not be an immediate priority but is highly important for long-term inclusivity.

8. Improving Safety and Welfare

- o **Priority**: Rated as very high priority.
- o Feedback:
 - Comprehensive measures are needed to reduce discrimination, violence, abuse, bullying, vilification, and exploitation. This includes legal protections and strict enforcement. The strategy should address all forms of harm, including socio-generated disturbances, to ensure the well-being of autistic individuals.

Economic Inclusion Commitments

1. Increasing Meaningful Employment Opportunities

- o **Priority**: Rated as very high priority.
- o Feedback:
 - Employment strategies should address both sensory and social accessibility. This includes creating supportive work environments and understanding the social dynamics that can impact autistic employees' experiences and retention.

2. Supporting Employers

- o **Priority**: Rated as very high priority.
- o Feedback:
 - Employers need to be educated on the importance of creating both sensoryfriendly and socially supportive workplaces. This involves understanding the social challenges autistic employees face and providing appropriate accommodations and support.

3. Improving Supports and Services

o **Priority**: Rated as medium priority.

4. Increasing Representation in Senior Positions

- Priority: Rated as not at all a priority.
- o Feedback:

- The focus on increasing representation in senior positions can lead to "tokenization" and **[11]** shiny autism **[12]** The strategy should prioritize meaningful inclusion and support for all autistic individuals rather than focusing on high-profile roles.
- 5. Improving Inclusive Practices and Advocacy Resources in Education
 - o **Priority**: Rated as medium priority.
- 6. Building on Safety and Welfare for Students
 - o **Priority**: Rated as very high priority.
 - o Feedback:
 - Ensuring the safety and welfare of autistic students is crucial. This includes addressing bullying and creating safe educational environments that support their well-being.

Diagnosis, Supports, and Services Commitments

- 1. Standardizing Identification and Diagnostic Tools
 - Priority: Rated as very high priority.
 - o Feedback:
 - Consistency and quality in diagnostic processes are essential. This includes standardized training and resources for professionals involved in the diagnosis and support of autistic individuals.
- 2. Developing Best Practice Resources
 - o **Priority**: Rated as high priority.
- 3. Improving Access to Primary Care
 - o **Priority**: Rated as high priority.
- 4. Considering Early Screening and Identification
 - o **Priority**: Rated as unsure.
- 5. Improving Access to Supports and Services
 - Priority: Rated as very high priority.
- 6. Encouraging Representation of People with Lived Experience
 - o **Priority**: Rated as high priority.
- 7. Developing Best Practice Training and Resources
 - o **Priority**: Rated as very high priority.
- 8. Exploring Decision-Making Tools
 - o **Priority**: Rated as high priority.
- 9. Improving Service Integration
 - o **Priority**: Rated as unsure.

Governance, Research, and Reporting Commitments

- 1. Developing Governance Framework
 - o Feedback:
 - Concerns about the inclusivity and representation within the governance framework. Suggests ensuring balanced representation of diverse autistic voices, including those less able to advocate for themselves.
- 2. Fostering and Applying Autism Research

o Feedback:

Emphasizes the need for research to be directly applicable to policy and service delivery. Research should be guided by the principles of inclusivity and relevance to the autistic community.

3. **Developing Evidence Framework**

o Feedback:

Supports the development of a comprehensive evidence framework to guide the strategy. This includes clear theories of change, logical frameworks, and measurable outcomes.

4. Developing Robust Evaluation Plan

o Feedback:

Advocates for a strong evaluation and reporting mechanism to ensure accountability and continuous improvement. This should be co-led by autistic individuals to ensure it accurately reflects their needs and experiences.

Strategy Gaps and General Feedback

1. Overall Satisfaction

o Rated as slightly satisfied, indicating room for significant improvement.

2. Missing Elements

o Feedback:

The strategy is promising but lacks comprehensive representation of the full spectrum of autism. There is a potential representativity bias, as consultations may not fully capture the diverse experiences and needs of all autistic individuals. More inclusive approaches are needed to ensure the strategy reflects the entire spectrum.

3. Additional Improvements

o Feedback:

Ensuring intellectual rights and avoiding anonymizing responses are crucial for transparency and recognition of contributions. The strategy should aim to be more inclusive and representative, incorporating diverse profiles and challenges.

1. Our Original, Detailed Responses

Draft National Autism Strategy – Survey

Consent to participate in this survey.

By completing this survey, you agree that:

- you have read the information about this survey on the previous pages,
- your participation is voluntary,
- you are at least 14 years of age.
- Q. Do you consent to participating in this survey? (required)
 - Yes
 - No

Step 2 of 11

Your interest in the Strategy

Before we get started, can you please tell us:

Q. Which of the following best describe you? (required)

(Please select all that apply.)

- I am an autistic person / a person with autism
- I am a family member of an autistic person or people
- I am an informal carer of an autistic person
- I am looking into whether I might be autistic
- I am looking into whether someone in my care might be autistic
- I work with an autistic person or people
- I am a disability support worker
- I work as a health, education or other professional
- I work for an autism or disability organisation
- I work in federal, state/territory or local government
- Other (please specify)
- Prefer not to say

Q. Do you represent a particular organisation or sector within the autism community? If yes, please list them below.

Autistan Diplomatic Organization

Q. How much of the draft National Autism Strategy document have you read?

(Select one option.)

All of it

Step 3 of 11

Section 1: Strategy Overview

In this section, we now want to know how 'appropriate' you think the Vision and Goal are for the Strategy. When we say 'appropriate', we mean that it helps the Strategy do what it's supposed to and doesn't add anything that shouldn't be in the Strategy.

Vision

The draft Vision for the National Autism Strategy is "...for a safe, inclusive society where all Autistic people are empowered to fully participate in all aspects of life, in line with international human rights."

Q. How appropriate do you think this Vision is for the Strategy?

(Select one option.)

- Very appropriate
- Q. Do you have any ways to improve the Vision? If yes, please list them.
 - Feedback N°1: Add the underlined words to the original sentence:

"...for a safe, inclusive, materially and socially accessible society where all Autistic individuals are empowered to participate in the aspects of life that they choose, based on equality of fulfilment and in line with international human rights treaties."

Goal

The draft goal of the National Autism Strategy is "...to improve life outcomes for all Autistic people."

Q. How appropriate do you think this Goal is for the Strategy?

(Select one option.)

Very appropriate

Q. Do you have any ways to improve the Goal? If yes, please list them.



Modify "...to improve life outcomes for all Autistic people." as:

"...to ensure a better, fair, serene and fulfilling life for all Autistic individuals."

Step 4 of 11

36%

Guiding Principles

This section asks for your feedback about the **Guiding Principles** in the draft Strategy.

The Guiding Principles set out how the Strategy will be put into practice.

The Guiding Principles are listed below.

You will be asked to rate how 'important' each principle is for the Strategy. When we say 'important', we mean how much the Strategy should follow the Principle.

Principle: In Partnership – Nothing about us, without us

This Strategy will be co-designed, co-produced, co-reviewed and co-delivered with Autistic people, and their families and carers and support networks.

Q. How important is this Principle to guide the Strategy?

(Select one option.)

Extremely important

Principle: Accessible based on Universal Design

The development and implementation of this Strategy will be co-led by Autistic people and the Australian Government. It will be accessible, and based on Universal Design principles.

Q. How important is this Principle to guide the Strategy?

(Select one option.)

Extremely important

Principle: Self Determination and Autonomy

This Strategy will foster freedom of choice, control and support for Autistic people to make their own individual decisions about all aspects of life.

Q. How important is this Principle to guide the Strategy?

(Select one option.)

Extremely important

Principle: Aligned and Accountable Outcomes

This Strategy and actions will align with other key government strategies. This Strategy will be measurable, accountable and evidence-based.

Q. How important is this Principle to guide the Strategy?

(Select one option.)

Very important

Principle: Acceptance and Inclusivity

This Strategy will reflect that every Autistic person has unique strengths, abilities and attributes. This Strategy will seek to foster community understanding and acceptance of all Autistic people for who they are, and for their many contributions to Australia.

Q. How important is this Principle to guide the Strategy?

(Select one option.)

Extremely important

Principle: Rights

This Strategy will uphold the rights of all Autistic people to be respected and safe from all forms of discrimination, vilification, violence, and abuse everywhere in their lives.

Q. How important is this Principle to guide the Strategy?

(Select one option.)

Very important

Principle: Individualised and Holistic

This Strategy recognises that there are different aspects of a person's identity that can overlap and shape their diverse needs, abilities and experiences, and that other factors such as geography, socio-economic status, where they live, income, education, and the extent of support networks can also have an impact. This Strategy promotes an individualised and neurodiversity-affirming, holistic person and family-centred approach to meeting these needs and diverse communities across the whole life.

Q. How important is this Principle to guide the Strategy?

(Select one option.)

Moderately important

Step 5 of 11

45%

Guiding Principles (continued)

We now want to know how 'appropriate' you think the Principles are overall. When we say 'appropriate', we mean that it helps the Strategy do what it's supposed to and doesn't add anything that shouldn't be in the Strategy.

Q. Overall, how appropriate are the Guiding Principles in the draft Strategy?

(Select one option.)

Very appropriate

Q. Do you have any ways to improve the Guiding Principles? If yes, please list them. For example, you may like to tell us if you think the wording is clear or if there are any principles missing.

About some of the Guiding Principles:

Feedback N°3: **Principle: In Partnership – Nothing about us, without

About your text: "This Strategy will be co-designed, co-produced, co-reviewed and codelivered with Autistic people, and their families and carers and support networks."

→ We believe that to address the "trap" mentioned earlier, it would be beneficial to complement this sentence with a clarification that ensures a balanced representation of all perspectives.

This can be achieved through more in-depth and sophisticated consultation methods to understand the needs of all autistic individuals, recognizing that many of them have profiles guite different from those of activists.

Fortunately, this is not an issue because the needs and requests of one group do not conflict with those of the other.

Roughly summarized, the current challenge is that the needs of one group are finally being understood and seriously addressed, while the needs of the other group(s) require more attention and consideration, both in daily life and apparently in the text.

Feedback N°4: **Principle: Accessible based on Universal Design** About your text: "The development and implementation of this Strategy will be co-led by Autistic people and the Australian Government. It will be accessible, and based on Universal Design principles."

→ In theory, the approach is excellent. However, experience indicates that no country (to our knowledge) fully understands the concept of accessibility for autistic individuals, nor what is required to achieve it.

For instance, the focus tends to be on sensory aspects (which are indeed very important), while the issue of attitudes within the social environment (including family) is often overlooked.

We have much to share on this crucial topic, but it would be too extensive for this questionnaire.

We suggest enhancing this sentence by including a reference to "material and human" accessibility (or preferably, "human and material"), or by mentioning the concept of "attitudinal barriers." (We are available to discuss this further if you wish.)

Feedback N°5: **Principle: Aligned and Accountable Outcomes** About your text: "This Strategy and actions will align with other key government strategies. This Strategy will be measurable, accountable and evidence-based."

→ This text also seems very well thought out, but the fact that the strategy "will align with other key government strategies" (which seems quite logical) can be concerning since we do not know these other strategies. It would not be surprising if there were conflicts or conceptual incompatibilities. We would rather suggest that all government strategies should align with higher universal principles (which would

naturally make them compatible with each other) rather than one aligning with another, and so on.

(It is worth noting, however, that if all government strategies were aligned with an autism policy as we envision it (that is, in its essence, governed by Natural Harmony), and if all of this were implemented and respected, then societal problems would be incredibly reduced. But this goes beyond the scope of this questionnaire...)

Feedback N°6: **Principle: Acceptance and Inclusivity**

About your text: "This Strategy will reflect that every Autistic person has unique strengths, abilities and attributes. This Strategy will seek to foster community understanding and acceptance of all Autistic people for who they are, and for their many contributions to Australia."

→ "strengths, abilities and attributes": Thank you for the subtlety of "attributes", but please do not forget the difficulties and needs...

Once again, your document emphasizes the strengths and qualities of autistic individuals, and we really appreciate that (plus, it saves us the usual exhausting work of convincing), but it swings from one extreme to the other.

While autism is almost always seen negatively, and it is usually difficult to explain that there are qualities, here it is the opposite...

We believe it is important to talk about both, and that the (very commendable) focus on the qualities of autistic people should not overshadow the numerous and significant difficulties.

It can also be considered that these difficulties are often a matter of perspective and are the other "indispensable side of the coin" of certain qualities, and vice versa.

This survey is not the place for this discussion (which is another one of our specialties), but please do not forget the challenges faced by the majority of autistic individuals, because by doing so, you overlook their needs.

To better understand all of this, and especially to understand that these qualities and difficulties are not incompatible (quite the opposite), it is necessary to start by understanding the difference between "autism" (the autistic nature, with its qualities), and "ASD" (that is, the problematic aspects, which obviously cannot have qualities). This distinction is the main foundation from which to begin any reflection on autism, and we have discussed it with the autism specialist at the WHO in Geneva (Ms. Chiara S.), who understood and agreed (we can prove it, and we are more than convinced and deeply engaged with this distinction, as it is the main key).

→ - With all due respect to your country as well as to all others, and to all individuals, we believe that autistic people should have the possibility to attain equal rights and

opportunities for personal fulfillment, EVEN IF they do not necessarily contribute to a country or anything else.

Of course, efforts, work, and contributions should be rewarded, but some autistic people (most) do not contribute to the life or functioning of countries, for various reasons. Some could or would like to contribute more, and of course, the Strategy should facilitate this. But we must not forget the others.

- Moreover, in the same vein, we do not agree with the idea that one must absolutely be "socialized" or enjoy the so-called "social recognition." (This is a topic we can explain in detail and convincingly, as it is actually a big issue, a trap for autistic people who "learn non-autism").

(Autism leads many autistic people to prefer a rather solitary life – or at least, "non social" - which means that – with the exception of solitary creators (when they are finally understood...) – in theory, most autistic individuals do not necessarily wish to "contribute to a country" and in fact, many do not fully understand what a country is (which is not necessarily a problem).)

- Finally, along the same lines, we find it unfortunate that the media often highlight the case of an autistic "prodigy" who has done or is doing things that the vast majority of people could not do, as if it were a condition for acceptance. This also has a perverse effect because it pushes many "socializing" autistic people to feel obliged to achieve extraordinary feats, which in reality is not necessary and is very exhausting.

Feedback N°7: **Principle: Rights**

About your text: "This Strategy will uphold the rights of all Autistic people to be respected and safe from all forms of discrimination, vilification, violence, and abuse everywhere in their lives."

→ Some important rights are missing for autistic individuals (due to the nature of autism AND because these rights are more frequently violated to the detriment of autistic people).

For example, it is necessary to address issues of deception, manipulation (which the word "abuse" does not explicitly imply), and also a kind of right to peace, and to not suffer from "Socio-Generated Sensory, Mental, or Other Harms" (which is more than crucial).

(In the document we have prepared for you, in the section on our Autism Policy Structure Model (section 6), you will find a list of some rights important in the context of autism.

And of course, we can discuss the issue of the "harms" (sources of perturbation) a topic as important as it is misunderstood.)

Feedback N°8: **Principle: Individualised and Holistic**

About your text: "This Strategy recognises that there are different aspects of a person's identity that can overlap and shape their diverse needs, abilities and experiences, and that other factors such as geography, socio-economic status, where they live, income, education, and the extent of support networks can also have an impact. This Strategy promotes an individualised and neurodiversity-affirming, holistic person and family-centred approach to meeting these needs and diverse communities across the whole life."

→ - The text presents a potential paradox by advocating for an individualized approach while also promoting a holistic strategy that applies universally. The paradox arises because an individualized approach focuses on tailoring support and interventions to meet the specific, unique needs of each person. This method emphasizes addressing the personal circumstances and requirements of individuals, which can inadvertently shift focus away from broader societal changes. On the other hand, a holistic approach based on universal accessibility and design aims to create environments and systems that are inherently inclusive and accommodating for everyone, including autistic individuals. This approach seeks to "correct" societal structures to be autism-friendly, reducing the need for extensive individualized adjustments.

The paradox, therefore, is that while the strategy aims to support individuals by addressing their specific needs, this can detract from efforts to make systemic changes that would benefit not only all autistic individuals but also the whole of society (herein lies the main "key" to realize). The more emphasis placed on individualized care, the less imperative there may be to implement widespread societal modifications. Consequently, an overly individualized approach could potentially hinder the establishment of an autism-friendly society by not addressing the root causes of inaccessibility and lack of inclusivity.

In summary, the strategy's focus on individualized care, while beneficial in addressing immediate personal needs, may inadvertently undermine the broader goal of creating a universally accessible and autism-friendly society, which would benefit everyone.

- Fortunately, this is theoretical, and the apparent paradox can be avoided by doing precisely what needs to be done (in our opinion), which is to use the holistic approach for everything related to systemic accessibility (corresponding to universal design) and individualized assistance for issues that accessibility cannot (or cannot vet) resolve.

It is essential to correct the socio-generated environment rather than the autistic person.

In the case of physical or sensory accessibility, these are not exorbitant demands but sensitive and balanced adjustments that ultimately make life more pleasant for everyone (for example, elderly people).

In the case of human or attitudinal accessibility, it requires efforts of attention from non-autistic people, but perhaps that too is not so bad, in a society where year after year we can see how people are becoming more "robotic", apathetic, and incapable of reasoning. Autistic individuals, or more precisely the measures to ensure that autistic individuals suffer less, can "revitalize" all of this. (We can explain and demonstrate, etc.)

Step 6 of 11

contrary.

Section 2: Commitments

The draft National Autism Strategy is focussed on four key outcome areas:

- social inclusion
- economic inclusion
- diagnosis, services and support, and
- health and mental health (the National Roadmap).

The draft National Autism Strategy includes Commitments for three of these outcome areas. The specific actions to achieve Commitments will be detailed in separate Action Plans.

Please note: Commitments for the health and mental health outcome are not included. The Australian Government has committed to implementing actions to address health and mental health of Autistic people through a national roadmap. Consultation on this roadmap is underway through the Department of Health and Aged Care. You can find out more about the Roadmap on the Department of Health and Aged Care website.

In this section, we want your feedback on the Commitments. These are commitments that the government will make to help improve life outcomes for Autistic Australians.

Social Inclusion

This section asks you about specific **Commitments** for the **Social Inclusion** key outcome area.

Q. How much of a priority are each of the following Commitments for Social Inclusion? (Select one option for each item.)

1a. Greater public education and awareness including a better understanding of autism within workplaces, with a focus on health, education and the criminal justice system.

Very high priority

1b. Increasing visibility and representation of Autistic people in the media, sports and the arts.

Low priority

1c. Increasing accessible sensory-friendly public and online spaces.

High priority

1d. Increasing the capability of advocates and advocacy organisations to challenge and reduce stigma of autism.

Low priority

2. Increase opportunities for social connections and peer support.

Medium priority

3. Improve Australian Government service delivery, communication and information to meet the needs of Autistic people.

High priority

4. Ensure consideration of the needs of Autistic people in future amendments to or reviews of the Disability Discrimination Act 1992 and associated disability standards.

High priority

5. Improve the safety and welfare of Autistic people through the reduction of all forms of discrimination, violence, abuse, bullying, vilification and exploitation.

Very high priority

Q. Do you have any other feedback about the Commitments for Social Inclusion? If so, please write your feedback here.

1a. Greater public education and awareness including a better understanding of autism within workplaces, with a focus on health, education and the criminal justice system.

Very high priority

Feedback N° 9: \rightarrow Yes, once again, we think this is very good ("Greater public" education and awareness including a better understanding of autism within workplaces, with a focus on health, education and the criminal justice system "), and thank you for prioritizing it.

However, while "better understanding autism" is commendable, it is not entirely sufficient

Additionally, it is quite challenging.

How can society "better understand autism" when almost no one (even the "specialists") fully grasps its essential foundations?

It might have been more effective to say "better understand the needs of autistic individuals", and even better to say "adequately know the needs of autistic individuals."

But even this is not enough, because "knowing the needs" and "addressing those needs" (especially in terms of attitudes or other accommodations) are not the same thing.

Of course, in general, if people are kinder (even without full understanding), it is an improvement. But relying solely on goodwill or discretion is not sufficient.

Do we ask society to "better understand the needs" of people in wheelchairs? No, there are legal requirements for accessibility.

For autism, it should be the same: ensuring physical/sensory accessibility, of course, but also human accessibility, which - while facilitated by general social acceptance - still needs more structured support.

Autistic individuals have the right not to suffer from refusals, rejections, exclusions, and other social challenges. This is a right, not a favor granted based on the moods or discretion of the social environment.

So, "trying to better understand – or know – the difficulties and needs of autistic individuals" is good, but it should also be supported by measures addressing attitudinal barriers. (We can provide detailed explanations on this).

1b. Increasing visibility and representation of Autistic people in the media, sports and the arts.

Low priority

 \longrightarrow Feedback N°10: \rightarrow This topic would be a bit tricky to explain here, but the conclusion is that the balance between the advantages and the dangers is very clearly unfavorable (but there can always be exceptions).

1c. Increasing accessible sensory-friendly public and online spaces.

High priority

 \longrightarrow Feedback N°11: \rightarrow If you truly want to have a holistic approach, it is crucial to understand the major issue of the "attitudinal barriers".

In the presence of autism, there is great sensory sensitivity (to "violations of Natural Harmony"), which is true, but there is also a comparable issue on the "mental" level, that is, concerning social relations (which involve communication).

What characterizes autism the most is this: "communication and social relationship difficulties."

Yet, almost nothing is done to reduce these.

Why? Because it requires the social system to question itself and, most importantly, to correct its errors, its "misconfigurations" (physical or human).

But overall, it is very beneficial.

(This form is not the place to explain all these mechanisms nor to support them with convincing examples. If you want to know more, we are at your disposal.)

1d. Increasing the capability of advocates and advocacy organisations to challenge and reduce stigma of autism.

Low priority

 $\stackrel{\blacksquare}{\longrightarrow}$ Feedback N°12: \rightarrow Challenging and reducing stigma" is not primarily the job of advocates and advocacy organizations, but rather the responsibility of public authorities.

However, it is important for advocates to address and reduce stigma within public institutions themselves.

The delegation of public services to private entities can have significant adverse consequences.

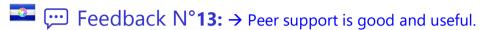
Furthermore, when individual autistic people take on the task of raising awareness, it can often lead to the unfortunate phenomenon of [22] (5) shiny autistics (5) [23].

This is a sensitive issue, but it is important to recognize that many autistic individuals do

not naturally seek the spotlight. This approach can be counterproductive and potentially harmful.

• 2. Increase opportunities for social connections and peer support.

Medium priority



Healthy social relationships (such as friendships) are beneficial, but one must be wary of the broader context of social networks, their futility, and the many dangers they pose for autistic individuals.

So, social relationships are good, but it is important to avoid the pitfalls (which are omnipresent).

3. Improve Australian Government service delivery, communication and information to meet the needs
of Autistic people.

High priority

Feedback N°14: → From our perspective, the most urgent priority is not just "service delivery", but ensuring that society is accessible for autistic individuals. In summary, making society "autism-friendly" in particular by enhancing societal attitudes to be more considerate, measured, delicate, fair, and patient. Ultimately, this approach benefits everyone by improving overall quality of life, reducing irritations, crises, bureaucratic procedures, and mitigating social challenges.

• 4. Ensure consideration of the needs of Autistic people in future amendments to or reviews of the Disability Discrimination Act 1992 and associated disability standards.

High priority

Feedback N°15: \rightarrow Of course. Maybe not a "priority", but highly important.

 5. Improve the safety and welfare of Autistic people through the reduction of all forms of discrimination, violence, abuse, bullying, vilification and exploitation.

· Very high priority

Feedback N°16: \rightarrow - "Vilification" and issues of "insults" or "offenses" are concepts that are quite non-autistic, from which more "distant" autistic individuals are fortunate to be spared.

However, these are unfortunately learned behaviors when understanding social functioning, making them a problem. The simplest solution is to overcome the issue (i.e.

"completely ignore": it works), but explaining it is beyond the scope of this survey.

- Regarding "bullying", as long as it is not physical, it is possible to overcome this issue as well; like for insults and offenses, but it's a bit more difficult. Anyway, bullying must be seriously prohibited and prevented because it is simply unacceptable. There need to be laws against bullying, and they must be strictly enforced.
- "Abuse, violence, and exploitation" are equally unacceptable, and serious policies and penalties are required for these issues.
- "Discrimination" (in the literal sense and even in the legal sense under French law) is not inherently problematic: it is "prejudicial discrimination" that is unacceptable, or more precisely, harmful actions based ON THE BASIS of discrimination. And of course, this must be punishable by law.

As a reminder, the UN CRPD explains that the refusal to provide reasonable accommodations to a person with a disability constitutes discrimination (hence, "prejudicial" discrimination).

- Additionally, there are other factors that harm the well-being of autistic individuals, which are less violent but permanent: socio-generated disturbances (sensory, mental, or otherwise). This is a form of constant "soft violence" that largely explains the "irritated" behaviors of many autistic individuals.

When you understand autism, all of this becomes evident. (We can explain and demonstrate everything in detail to governments that are interested...)

Step 7 of 11

63%

Economic Inclusion

This section asks you about specific **Commitments** for the **Economic Inclusion** key outcome area.

- 6. Increase meaningful employment opportunities (including business ownership, self-employment, entrepreneurship and social enterprise) for Autistic Australians.
 - Very high priority
- 7. Support employers to hire and retain Autistic employees through improving the accessibility of recruitment processes and fostering workplace environments that are safe and inclusive for all Autistic people.
 - Very high priority

 8. Improve the supports and services available to Autistic people to ensure they have choice and control over their education and careers.

Medium priority

9. Increase representation of Autistic people in senior and board positions to promote people as visible role
models.

Not at all a priority

• 10. Improve inclusive practices and the quality and accessibility of advocacy resources for Autistic students across all education settings, and their families, carers and support networks.

Medium priority

• 11. Build on Commitment 5 Improve the safety and welfare of Autistic people through the reduction of all forms of discrimination, violence, abuse, bullying, vilification and exploitation to specifically focus on Autistic students in all levels of education.

Very high priority

- Q. Do you have any other feedback about the Commitments for Economic Inclusion? If so, please write your feedback here.
 - 6. Increase meaningful employment opportunities (including business ownership, self-employment, entrepreneurship and social enterprise) for Autistic Australians.
 - Very high priority
 - → Yes
 - 7. Support employers to hire and retain Autistic employees through improving the accessibility of recruitment processes and fostering workplace environments that are safe and inclusive for all Autistic people.

Very high priority

Feedback N°17: \rightarrow Once again, sorry, but the wording "workplace environments" indicates that the main or only issue seen here in terms of accessibility is the sensory aspect.

Of course, this is important for almost all autistic individuals, and even very important for some. Yes, it is essential to address this aspect by allowing the autistic employee to have a work environment that suits their needs. For example, providing a space where they can work alone (or with a compatible colleague), with the ability to close the door as they see fit, without being forced to hear other colleagues' discussions, and with a system for

managing alarms and messages that suits them.

Not to mention the importance of appropriate lighting, smells, materials, a harmonious arrangement, and temperature, etc.

But all of this is relatively easy to implement.

Why do most autistic individuals eventually self-exclude from their jobs? It is rarely due to sensory or material issues, which can be easily addressed (unless there is great unwillingness or lack of understanding on the part of the employer).

The real problems are "social": relationships with colleagues (who inevitably find them "weird" or "unfriendly"), the tacit expectation to be interested in their stories, and subtle or not-so-subtle criticisms and reproaches if they exhibit behaviors, mannerisms, interests, clothing, or anything that is perceived as "not normal" or "too different." All of this creates an unhealthy work environment that gradually worsens.

These challenges are particularly troubling because they stem from "unwritten social obligations" imposed on autistic individuals, which are unrelated to the actual work and are unproductive.

If everyone in the company worked with the focus and dedication of an autistic employee, productivity would see a significant increase. However, people often do not want to make this effort and may become envious of the autistic employee who, by not engaging in frivolous social interactions, highlights the futility of certain social concerns. This can lead to negative behaviors from colleagues, who may speak poorly of the autistic employee to the employer. Unfortunately, if the employer is unaware of these dynamics, they may end up dismissing the autistic employee... (This is just one example). It is crucial for the business owner to understand these mechanisms and to support the autistic employee, rather than siding with the majority, who may be perceived as hostile over time.

We are not going to write a guide on employment accessibility for autistic individuals here, but it is clear that "social" or "human" accessibility must be a priority in any employment strategy for autistic individuals.

And this aspect is not sufficiently addressed here, or not explicitly enough.

8. Improve the supports and services available to Autistic people to ensure they have choice and control over their education and careers.

Medium priority

9. Increase representation of Autistic people in senior and board positions to promote people as visible role models.

Not at all a priority

10. Improve inclusive practices and the quality and accessibility of advocacy resources for Autistic students across all education settings, and their families, carers and support networks.

- Medium priority
- → "inclusive practices": Yes, of course.
- → "accessibility of advocacy resources for Autistic students": Unclear...

11. Build on Commitment 5 Improve the safety and welfare of Autistic people through the reduction of all forms of discrimination, violence, abuse, bullying, vilification and exploitation to specifically focus on Autistic students in all levels of education.

- Very high priority
- → Yes, of course. Everywhere, but indeed "bullying" particularly applies to "education" (sadly...)

Step 8 of 11

72%

Diagnosis, Supports and Services

This section asks you about specific Commitments for the Diagnosis, Supports and Services key outcome area.

Q. How much of a priority are each of the following Commitments for Diagnosis, **Supports and Services?** (Select one option for each item.)

- 12. Consider the use and consistency of current identification screening, outcome and diagnostic tools. Work with relevant professional bodies to develop a set of standardised co-designed training/professional development and resource materials to support professionals involved in the identification, assessment and diagnosis of autism to improve the experience, and quality of this process for Autistic people and their families and carers.
 - Very high priority
- 13. Develop a set of best practice resources to support Autistic people and their families, carers and support networks through the identification, assessment and diagnosis process.
 - **High priority**

14. Explore ways to improve access to primary care, including through the Medicare Benefits Schedule (MBS), to: a. Improve quality health and mental health services for Autistic people, with a focus on continuity of care, and b. Explore ways to make Autism diagnosis and assessment processes more timely and accessible.

High priority

15. Consider early screening and identification arrangements, and improved access to health professionals in conjunction with proposed reforms under the NDIS Review.

Consideration is to be given to how this commitment links with joint work being undertaken by the Australian and state and territory governments as part of Australia's Disability Strategy 2021-31 and in response to the Independent Review of the NDIS. Details on work to meet this commitment will be developed in Action Plan/s.

Unsure

16. Improve access to quality, timely, neurodiversity-affirming and equitable supports and services for Autistic people, including for people living in rural, regional and remote areas.

Very high priority

17. Encourage greater representation of people with lived experience in delivering supports and services to Autistic people.

High priority

18. Develop a set of best practice training and resource materials for people providing service and supports to Autistic people.

Very high priority

19. Explore the feasibility of a decision-making tool to empower Autistic people to make informed decisions about all areas of their life.

High priority

20. Work with state and territories to improve service integration between the NDIS, foundational supports and mainstream services.

Unsure

Q. Do you have any other feedback about the Commitments for Diagnosis, Supports and Services? If so, please write your feedback here.



- in our "Autistan Model of Structure for a National Autism Policy" (v1.0)
- and in the Detailed Comparison: Australian Draft National Autism Strategy vs. "Autistan Model of Structure for a National Autism Policy" (v1.0)

in the 150+ page document that we made for you at au.autistan.org [now 800+ pages (23/06/2024)]

Step 9 of 11

Governance, Research and Reporting

This section asks you for your feedback on the Commitments for Governance, Research and Reporting. These commitments are numbers 21 – 24 in the Draft Strategy. They are:

Governance

- 21. Develop a governance framework to support:
 - a. strong accountability mechanisms
 - b. co-leadership and active involvement of Autistic people, as well as parents, carers and professionals within the Autism sector
 - c. whole-of-government, cross-sectoral and coordinated approaches to implementation.

Research

22. Explore how autism research can best be fostered and applied to policy and service delivery and underpinned by the Strategy's Guiding Principles.

Fvidence

23. Develop a National Autism Strategy Evidence Framework, including a Theory of Change, Program Logic, Outcomes Framework, and Evaluation Framework.

Evaluation and Reporting

24. Develop a robust evaluation plan and reporting mechanism, co-led by Autistic people and the autism community, for the National Autism Strategy

• Q. Do you have any feedback about these Commitments? If so, please write your feedback here.

Feedback N°20: \rightarrow We deeply apologize for any unintended offense, but we have identified some issues related to consultation, participation, and governance in the draft strategy. We outline these concerns briefly on the next page of the survey, and have created an extensive document exceeding 150 pages where we analyzed your draft Strategy from various angles, using multiple approaches, tools, and comparisons.

We strive to remain impartial (a perspective aided by our geographic distance), and we genuinely appreciate many aspects of your approach and text, which appear almost like a "dream come true" for less disabled autistic individuals in the working age and situation.

However, despite the good intentions, we feel that the strategy is not sufficiently balanced and representative of the full diversity of the spectrum, potentially overlooking a significant portion (perhaps even the majority) of autistic individuals.

We hope you will accept our document, which we aim to complete by the end of the week. By navigating through the summary, we trust you will find valuable insights. Of course, we remain at your disposal for further discussions.

Step 10 of 11

90%

Section 3: Strategy Gaps

This section asks about what might be missing or other opinions you might have about the draft National Autism Strategy.

Q. Overall, how satisfied are you that the draft Strategy addresses the needs and aspirations
of Autistic people?

Unsure

• Q. Is there anything you think is missing from the draft National Autism Strategy? If yes, please let us know about it below.

Feedback N°21: We find your draft very promising, but we believe there is an opportunity to ensure a truly comprehensive representation of the full spectrum of profiles and challenges faced by autistic individuals.

Our overall sentiment is as follows:

- Your Strategy project is, in essence, highly commendable. It is evident that, unlike usual practices, the focus has been on prioritizing the opinions of autistic individuals, which marks a significant shift from the often negative and toxic "defectological" approaches seen elsewhere. This is truly praiseworthy.
- However, there appears to be a potential representativity bias, similar to what has been observed in other countries. This is likely due to the fact that many autistic individuals neither have the interest nor the capacity to participate in consultations. Consequently, the few autistic individuals who manage the challenging task of communicating with government authorities may not fully represent the broader spectrum of autism. As a result, it becomes difficult to ensure that the views of these "default representatives" are entirely free from bias, despite the utmost honesty and good intentions from both them and the government.

We are not suggesting this is an impossible task, but rather a challenging one.

- Our analysis of the current strategy highlights some areas that may benefit from further consideration. While we find many aspects of the strategy to be truly admirable, especially those addressing the needs of autistic adults who are in a condition to work, these advancements inadvertently overshadow or minimize various issues and profiles of autistic individuals who might not have been fully represented in the consultations.

In conclusion, the current text may benefit from a more inclusive approach to encompass the diversity of experiences within the autism spectrum.

We believe that there is nothing in your text that needs to be removed, as it is fundamentally sound. However, by incorporating the overlooked profiles and challenges, the strategy can be further enhanced.

- We have prepared for you a document of analyses and comparisons, providing details and potential solutions, which you will find at au.autistan.org.
- Q. Is there anything else you want to say about how the Draft National Autism Strategy could be improved? If yes, please let us know about it below
- Feedback N°22: If you publish some of our responses in this survey, we would prefer that they not be anonymous as you propose. In our view, it is not fair to provide insights and important explanations but be deprived of the authorship and intellectual rights.

People should have the choice to opt in or not.

If you really have to anonymize, then please simply do not publish our responses.

(Otherwise, it is "Autistan Diplomatic Organization", nothing else, no name - because of the "shiny autism" "problem.)

Anyway, all this will be in our document of analyses and comparisons, providing details and potential solutions, which you will find at au.autistan.org.

Step 11 of 11

100%

Section 4: About You

So that we can better understand the different perspectives we are gaining through this survey, we have a few final questions about you.

Q. What state or territory do you live in?

(Select one option.)

- I do not live in Australia
- Q. Where do you live?

(Select one option.)

- In a capital city or a large city
- Q. What is your gender?

(Select one option.)

- Prefer not to say
- Q. How old are you?

(Select one option.)

- Prefer not to say
- Q. Do you identify as Aboriginal and/or Torres Strait Islander?

(Select one option.)

- o No
- Q. Do you identify as LGBTIQA+?

(Select one option.)

- Prefer not to say
- Q. Do you identify as having a disability other than Autism?

(Select one option.)

- o No
- Q. Do you often use a language other than English at home?

(Select one option.)

- Yes
- Q. What other language/s do you speak at home?

Please select all that apply.

- Not applicable
- Q. Can we include quotes from your responses in the report summarising the findings from this survey? If you say yes, we will make sure you cannot be identified (that nobody can tell who you are from what is written). (required)
 - o Yes



C-5. Autistan and our Perspective on Autism

- 1. **Definition of Autistan**: Autistan represents the "world of autistic people", encompassing everything that characterizes autism and autistic individuals.
- 2. Mission of the Autistan Diplomatic Organization: Our primary goal is to inform public authorities globally about the needs and challenges of autistic people. We aim to promote a "Correct Consideration of Autism Everywhere", ensuring "Accessibility for Autistic People Exposed to Disabling Situations" and reducing "Socio-Generated Disturbances" (sensory, mental, or other). Our organization operates on an extra-national level, providing complementary insights through a broad and diverse approach that enhances public policy through useful comparisons and reflections.

- 3. **Understanding Suffering**: Autistic individuals do not suffer from autism itself; they suffer from the lack of proper recognition and accommodation of their needs. The absence of effective public policies and measures to reduce external disturbances leads to their challenges.
- 4. **Distinguishing Autism from Disorders**: It is crucial to recognize that "autism" (a human difference with many strengths) is distinct from "autism disorders" (which are problems, either objective or subjective).
- 5. Learning and Adaptation: Autistic individuals should learn about non-autism to adapt without conforming to it. They should not be compelled to abandon their autistic traits. Preserving the unique qualities of autism is vital, while avoiding social pressures that undermine self-esteem through external judgment, which is particularly harmful to autistic people.
- 6. Autonomy and Freedom: Autistic individuals must not be hindered in their interests or endeavors, nor should they face undue restrictions, over-protection, or loss of freedom due to their autism. This is unfair and impedes positive development. True growth for autistic individuals occurs when they follow their unique paths, encouraged by a multitude of opportunities and experiences. Hence, it is crucial for parents of autistic individuals to be educated about autism.
- 7. Essentials for a Better Life: Freedom and experimentation are key to enabling a better life for autistic people. Society must understand and embrace these principles, allowing autistic individuals to live freer, fairer, and more fulfilling lives with equal opportunities, leading to a dignified and happy existence.

8. Listening to Autistic Voices: Achieving these goals is possible if autistic individuals who can articulate these needs are listened to attentively. Public authorities must make an effort to understand that the necessary changes are beneficial to society as a whole. Our organization's sole aim is to raise awareness and explain these concepts convincingly through real-life examples and evidence.



C-6. "Autistan Model Structure for a National **Autism Policy v1.0**"

A. Concerning the NEEDS OF AUTISTIC **PERSONS**

1. "Systemic Accessibility Policy for **Disabilities Specific to Autistic Persons**"

(i.e., policies, standards, guidelines, and concrete implementation and enforcement measures to mitigate these disabilities or disabilities, seen here as disadvantages, barriers and impediments resulting from an inadequate or insufficient consideration of autism in all contexts)

1.1. "Inclusive Design for Autism Accessibility"

(i.e., implementing universal design principles to comprehensively address the needs of autistic individuals, with concrete measures aimed at mitigating or eliminating socially-generated

disturbances or harm (sensory, mental or other) – including attitudinal barriers - that disrupt Natural Harmony, which are particularly harmful and distressing for autistic persons and are the root of most of their difficulties)

Especially in the following areas:

- Public places and transportation (including stores and residential neighborhoods)
- Education and culture
- Employment and entrepreneurship
- Leisure, Creativity, Sports, Travel
- Healthcare (including emergencies)
- Public Law Enforcement and Private Security Services
- Administration and public services (attitudinal barriers...)
- Justice (including protection against administrative and judicial errors, and reparations)
- Self-Advocacy and Engagement (activism...)
- Participation in political life (including as an elected representative)

1.2. "Accessible Assistance Services for Autistics"

(i.e., offering generalized assistance services designed for autistic individuals, publicly available and free of charge, accessible remotely without the need for registration—including during emergencies or crises—to complement the Inclusive Design for Autism Accessibility)

Especially in the following areas:

- Public places and transportation (including stores and residential neighborhoods)
- Education and culture
- Employment and entrepreneurship
- Leisure, Creativity, Sports, Travel
- Healthcare (including emergencies)
- Public Law Enforcement and Private Security Services
- Administration and public services (attitudinal barriers...)
- Justice (including protection against administrative and judicial errors, and reparations)
- Self-Advocacy and Engagement (activism...)
- Participation in political life (including as an elected representative)

2. "Autism Detection Program"

- Upon request by autistic individuals and parents
- In the most relevant public services and institutions (schools, hospitals, emergency services, judicial services, administrative services...)

3. "Autism-Specific Learning **Programs**"

3.1 Education on Autism for Families

(i.e. learning about autism and the needs of autistic persons, understanding "non-autism")

3.2. Education on Non-Autism for Autistic Individuals

(i.e. learning about "non-autism" (neutrally, without "formatting"), understanding autism and the needs of autistic persons)

3.3. Societal Awareness of Autism.

(i.e., raising awareness and combating stigma, discrimination, bullying, various forms of abuse, and widespread misinformation about autism)

4. "Program for the Flourishing of **Autistic Persons**"

(i.e., measures and resources specifically designed for autism to enable, encourage, promote, reinforce, and preserve activities, situations, and other things specific to autism that are particularly useful, beneficial, necessary, desired, or important for autistic persons)

Especially in the following areas:

- Health, Nutrition, Physical activities
- Creativity and Special Interests
- Leisure, experiences, adventures, discoveries, and travel
- Connection with Nature (including Animals)
- Spirituality, Personal development, and Philosophy (if desired)
- Friendly and Affective Relationships (including sexual)
- Prevention of distress, depression, and suicide
- Personal security (especially against the risk of getting lost)
- Protection and Defense (against other people)
- Protection against the Defects of the Non-Autistic Social System (i.e., especially the sources of disturbances described in 1, but also traps such as the confusion between "self-esteem" and "social recognition").
- Empowerment and relevant measures about autonomy regarding aging

5. "Supplementary Personalized Support"

(for issues that persist despite the other more general measures, but not to fill their possible lack as that would maintain it)

🔤 5.1. Individual support

(including a national public integrated remote emergency assistance service that has access to the individual's data and interacts with their learning programs, coupled with a specific, personal and adapted device for geotracking and emergency communication (which we can help design))

5.2. Support for families and caregivers

(i.e. providing assistance and resources tailored to the needs of families and caregivers, offering guidance and practical support to enhance their well-being and ability to support autistic individuals)

6. "Monitoring and Guarantee **Mechanism for the Fundamental Rights** of Autistic Persons"

Including notably:

- Right to Be Born (with special attention to the risks inherent in autism research, such as the dangers of eugenics and the potential for "avoiding births")
- Right to Life (specifically addressing the risks of being killed by parents, strangers, medical or judicial mistreatment, or by suicide)
- Right to Freedom (including freedom of choice, freedom to live where and with whom one wants, and to fight against restrictive or protective measures motivated by autism)
- Right to Equality (notably equality of outcomes in access to or enjoyment of any service, product, place, etc.)
- Right to Accessibility and Protection against Socio-Generated Disturbances (sensory, mental, or otherwise)
- Right to Socio-Administrative, Legal, and other Assistance (adapted and equitably and easily accessible)
- Right to Respect for the Autistic Nature and Natural Harmony
- Right to Peace, Refuge, and Distancing
- Right to be Original and Different without being subjected to obstructions
- Right to Creativity, Special Interests, and a Unique Personal Path

- Right to Experimentation, Adventure, and Travel
- Right to Self-Chosen Human Relationships
- Right to Non-Normalizing Education
- Right to Understand Non-Autism and Autism
- Right to Health, Leisure, Physical Activities
- Right to Security, Bodily and Material Protection, and Defense (respecting the person's choices)
- Right to Refuse Absurd or Detrimental Situations, Orientations, or Decisions
- Right to Authenticity, Truth, Sincerity, and Honesty Everywhere
- Right to Participate in Public Decisions Concerning Autistic Persons

7. "Public Defender of the Autistics"

This service must:

- Monitor the functioning of the "Monitoring and Guarantee Mechanism for the Fundamental Rights of Autistic Persons"
- Properly respond to all complaints from autistic individuals, their parents, or their organizations when there are problems, errors, shortcomings, violations, etc., in the application of all previously mentioned measures, services, and mechanisms (sections 1 to 6)
- Take effective concrete measures to address these problems and shortcomings, including resorting to judicial action.

8. "Implementation Support Program for Strategy Participants"

(i.e. providing comprehensive training and support services for all entities involved in implementing the strategy, including organizations, institutions, and individuals, to ensure proficient implementation of all measures outlined in Part A.)

B. Concerning the NEEDS OF THE STRATEGY

1. Consultation and participation

(i.e. developing specific roles and mechanisms for continuous involvement of autistic individuals and their families in the strategy's implementation and evaluation, including advisory committees and regular feedback sessions, without a medical, negative, or defectological approach to autism, and respecting the choices of autistic persons instead of just consulting them)

- Consultation and participation of autistic persons (ensuring fair and intersectional representation of the diversity of the spectrum, i.e., avoiding over-representation of the least disabled autistic persons, which requires adapted communication efforts directly with the individuals even when it is difficult, without the potential biais of any representative organization)
- Consultation and participation of families
- Consultation of other appropriate entities (ensuring the complete absence of any risk of conflict or convergence of interests)

2. Information

(i.e. providing comprehensive details regarding this strategy and its implementation to the general public, including detailed action plans for each initiative within the strategy, and specific actions, timelines, designated responsible parties, personalized responses to any requests from individuals or organizations)

3. Implementation

(i.e. outlining specific measures, including a timeline, for implementing the strategy, and ensuring their effective enforcement; and developing comprehensive data collection to understand services, identify gaps, and prioritize needs, informing policy decisions and resource allocation)

4. Coordination and Internal Support

(i.e. internal coordination and assistance among the public authorities responsible for implementing the strategy)

5. Awareness and Training

(i.e. external outreach and educational initiatives aimed at enhancing understanding and compliance with the strategy's guidelines among both public and private entities)

5. Funding

(i.e. ensuring adequate financial support for strategy implementation, providing a budget overview that outlines the financial requirements)

7. Complaints and Appeals

(i.e. establishing user feedback mechanisms to address grievances and appeals, ensuring a transparent and accessible process for individuals to voice concerns, seek resolutions, and appeal decisions; and implementing guarantees that appeals will be thoroughly reviewed and acted upon in a timely manner, providing users with clear outcomes and ensuring accountability and trust in the system)

8. Sanctions

(i.e. enforcing penalties for non-compliance with strategy guidelines to ensure accountability; and developing a comprehensive data collection plan, detailing methods, sources, and timelines for gathering relevant data to monitor adherence and effectiveness)

2 9. Monitoring

(i.e. establishing a structured process for continuous feedback, allowing input from autistic individuals, families, and service providers; and implementing regular evaluations and reporting for accountability, with clear indicators and metrics for each objective and action item to ensure effective monitoring and improvement.)

10. Improvements, Updates, **International Cooperation**

(i.e. continuous refinement, incorporating feedback and global collaboration, encouraging the development of innovative practices and technologies; and ensuring alignment with existing national and international policies and frameworks, recommending legislative changes or new policies to support the strategy)







A. Concerning the NEEDS OF AUTISTIC **PERSONS**

1. Systemic Accessibility Policy for **Disabilities Specific to Autistic Persons**

1.1. Inclusive Design for Autism Accessibility

$\mathbf{\mathfrak{D}}$ Strengths :

- **Public Places and Transportation:** The strategy outlines the importance of improving physical accessibility in public transport and spaces but lacks detailed sensory-friendly initiatives
 - Quote (Page 15): "Improving access to public transportation for people with disabilities, including autism, through compliance with existing regulations and new initiatives."
- Education and Culture: Emphasizes the role of inclusive education but does not specify measures for sensory accommodations or addressing attitudinal barriers.
 - Quote (Page 18): "Enhancing support for teachers to address diverse needs in classrooms to include autistic students more effectively."
- **Employment and Entrepreneurship:** Discusses workplace adaptations but misses specific policies for entrepreneurship support for autistic individuals.
 - Quote (Page 22): "Initiatives to improve employment outcomes for people with disabilities, including tailored support for autistic individuals."
- Leisure, Creativity, Sports, Travel: General statements about accessibility in leisure but no concrete measures for sensory-friendly or autism-specific adaptations.
 - Quote (Page 25): "Promote inclusive access in recreational activities for people with disabilities "
- **Healthcare:** Highlights training for healthcare providers but lacks a focus on emergency healthcare adaptations specific to autism.
 - **Quote (Page 30):** "Training programs for healthcare professionals to improve understanding and care for patients with autism."
- Public Law Enforcement and Private Security Services: Mentions training but does not address how interactions specifically hindered by sensory and communication barriers will be managed.
 - Quote (Page 33): "Enhanced training for law enforcement on disability awareness, with a component on autism."

- Administration and Public Services: Focus on improving service delivery but no specific strategies to address attitudinal barriers within these services.
 - Quote (Page 35): "Ensure that all public service providers are equipped to serve people with disabilities, including through training and policy updates."
- **Justice:** Touches on accessible judicial processes but does not provide details on protections against administrative and judicial errors specifically impacting autistic individuals.
 - Quote (Page 40): "Commit to making judicial processes more accessible for all, including those with autism."
- **Self-Advocacy and Engagement:** Encourages advocacy but lacks detail on supporting autistic-led initiatives directly.
 - Quote (Page 45): "Support initiatives that empower individuals with disabilities to advocate for their rights."
- **Participation in Political Life:** General support for participation but no specific strategies for enabling autistic individuals to participate fully and effectively, considering sensory and communication challenges.
 - Quote (Page 48): "Encourage the participation of people with disabilities in political processes."

Apparent Gaps:

Overall, while the strategy mentions various improvements for accessibility and inclusivity, it lacks deep, actionable details on implementing universal design principles specifically tailored to the needs of autistic individuals. Areas like sensory sensitivities, communication barriers, and attitudinal challenges are not addressed with concrete, specific measures.

- **Develop Comprehensive Universal Design Guidelines:** Establish clear, detailed guidelines for inclusive design that specifically address the unique needs of autistic individuals across all areas mentioned. These should include sensory-friendly environments, communication access, and strategies to overcome attitudinal barriers.
- **Specific Measures for Each Area:** For each area such as education, employment, healthcare, etc., develop specific, actionable plans that detail how inclusivity will be achieved, monitored, and maintained.
- **Engagement and Feedback Mechanisms:** Implement mechanisms to regularly gather feedback from autistic individuals and adjust strategies accordingly to ensure they meet the actual needs.

1.2. Accessible Assistance Services for Autistics

${f \underline{V}}$ Strengths :

- Public Places and Transportation: The strategy acknowledges the need for accessible transportation but lacks specifics on services that assist autistic individuals directly in these settings.
 - Quote (Page 17): "Work towards fully accessible public transport systems, acknowledging the diverse needs of all disabilities, including autism."
- **Education and Culture:** Points to the provision of support services in educational settings but doesn't detail services tailored specifically for autistic needs, such as assistance during sensory overload situations.
 - Quote (Page 20): "Expand support services in educational institutions to better cater to students with disabilities, focusing on inclusive practices."
- **Employment and Entrepreneurship:** Mentions support for disability employment but lacks mention of personalized assistance services that could help autistic individuals navigate workplace challenges.
 - Quote (Page 24): "Enhance employment support for people with disabilities to improve job retention and satisfaction."
- Leisure, Creativity, Sports, Travel: General support for accessibility in leisure activities is mentioned without specifics on how autistic individuals can receive personalized assistance in these environments.
 - Quote (Page 28): "Promote the development of accessible leisure and cultural facilities to ensure everyone can participate."
- **Healthcare:** The strategy includes training for healthcare providers but does not address the provision of immediate, accessible assistance services that can cater to emergency situations specific to autistic individuals.
 - Quote (Page 31): "Implement training for healthcare professionals to enhance care for patients with autism, focusing on understanding their unique needs."
- Public Law Enforcement and Private Security Services: Discusses training in disability awareness without specific mention of assistance services that can help autistic individuals in stressful encounters with law enforcement or security.
 - Quote (Page 34): "Provide training on disability awareness for all law enforcement and security personnel to improve interactions with the public, including those with autism."

- Administration and Public Services: Talks about improving general accessibility in public services but does not detail assistance services that cater specifically to the needs of autistic individuals
 - Quote (Page 37): "Ensure that all public services are accessible and responsive to individuals with disabilities, including autism."
- **Justice:** While the strategy aims to make judicial processes more accessible, it lacks a focus on assistance services that could help autistic individuals navigate complex legal settings.
 - Quote (Page 42): "Make judicial processes more inclusive and accessible to ensure fairness and equity for all, including those with disabilities."
- **Self-Advocacy and Engagement:** Encourages participation in advocacy but lacks specifics on support and assistance services that enable meaningful and sustained engagement.
 - **Quote (Page 45):** "Support initiatives that encourage self-advocacy among people with disabilities, including autism."
- Participation in Political Life: Promotes the inclusion of individuals with disabilities in political processes without specific supports that assist autistic individuals in these environments.
 - Quote (Page 49): "Facilitate the involvement of people with disabilities in political processes, ensuring accessibility and inclusivity at all levels."

🚰 🔑 Apparent Gaps:

The strategy, while comprehensive in acknowledging the need for accessibility and support, often lacks the specific, tailored assistance services that are crucial for autistic individuals across various environments. There is a significant gap in direct, actionable measures that address the immediate, everyday challenges faced by autistic individuals in accessing services and participating fully in society.

- **Develop Specific Assistance Services:** Create tailored assistance services across all areas mentioned that address the unique challenges faced by autistic individuals. These services should include on-demand support in public transportation, educational institutions, workplaces, healthcare facilities, during interactions with law enforcement, and in legal settings.
- **Emergency and Crisis Support:** Implement immediate response services that can be accessed during emergencies or crises, specifically designed to accommodate the sensory and communication needs of autistic individuals.

- Regular Updates and Training: Regularly update and train personnel across all sectors to provide specialized assistance to autistic individuals, ensuring they are equipped to handle specific situations sensitively and effectively.
- **Feedback Mechanisms:** Establish robust feedback mechanisms that allow autistic individuals and their families to report on the effectiveness of the assistance services and suggest improvements based on real-world experiences.

2. Autism Detection Program

Areas Covered:

- Upon request by autistic individuals and parents
- In the most relevant public services and institutions (schools, hospitals, emergency services, judicial services, administrative services...)

Strengths :

- **Public Services Integration:** The strategy acknowledges the importance of early detection and intervention in public services but lacks specifics on the implementation strategy tailored to the unique needs of autistic individuals.
 - Quote (Page 12): "Increase access to early detection programs within public services to better identify and support individuals with autism."
- **Proactive Engagement:** Suggests a proactive approach in public institutions which is crucial but does not specify how individuals and families can initiate these requests effectively.
 - **Quote (Page 14):** "Strengthen initiatives aimed at early intervention for autism within key public institutions to ensure timely support."

Apparent Gaps:

- **Specific Request Mechanisms:** There is no detailed mechanism outlined for how autistic individuals or their families can request detection, which is critical for personalized and timely intervention.
- **Coverage Across Services:** While the strategy mentions schools and hospitals, it lacks comprehensive coverage across all relevant services like emergency, judicial, and administrative services where detection can also be crucial.
- **Training and Awareness:** The strategy does not detail the training for staff across these services on how to handle and process detection requests, which is essential for effective implementation.

Suggested Improvements:

- **Develop Clear Request Protocols:** Establish clear, accessible protocols for autistic individuals and their families to request detection services. This should include easy-tounderstand guidelines available in multiple formats (e.g., visual guides, simplified text) to cater to diverse needs.
- **Expand Detection Services:** Broaden the scope of detection services to include all relevant public institutions, not just schools and hospitals. Ensure that emergency, judicial, and administrative services are also equipped to recognize and refer autism cases appropriately.
- **Enhanced Training Programs:** Implement comprehensive training programs for staff in all relevant institutions to recognize autism signs and respond to detection requests effectively. Training should also cover respectful communication and interaction with autistic individuals.
- **Feedback and Adjustment Mechanism:** Introduce a feedback mechanism that allows for the evaluation of the detection program by those it serves. Use this feedback to make necessary adjustments and improvements to ensure the program meets the needs of autistic individuals effectively.

3. Autism-Specific Learning Programs

3.1. Education on Autism for Families

Areas Covered:

Learning about autism and the needs of autistic persons from the family perspective.

$^{f 2}$ f Y Strengths :

- The strategy recognizes the importance of family education in understanding autism to create a supportive home environment.
 - Quote (Page 23): "Provide resources and training for families to better understand and support their autistic family members."

Apparent Gaps:

Depth of Educational Content: While the strategy mentions education for families, it lacks specificity regarding the depth of content that addresses the full spectrum of autism and its challenges.

Accessibility and Diversity of Training: There is no mention of how these educational resources and training programs are tailored to meet the diverse needs of families, including cultural and linguistic diversity.

Suggested Improvements:

- Comprehensive Educational Programs: Develop comprehensive, nuanced educational programs for families that cover a wide range of topics about autism, including managing sensory sensitivities, communication barriers, and promoting independence.
- **Diverse and Accessible Formats:** Offer these educational programs in various formats (online, in-person, video, print) and languages to ensure accessibility for all families, regardless of background or primary language.
- Ongoing Support and Resources: Provide continuous access to support and updated resources as new research and information become available, ensuring families have the most current knowledge to support their autistic members.

3.2. Education on Non-Autism for Autistic Individuals

Areas Covered:

Learning about "non-autism" (i.e., societal norms and expectations) neutrally for autistic individuals.

Strengths:

- Acknowledges the need for autistic individuals to understand societal norms to navigate the world more effectively.
 - Quote (Page 24): "Facilitate programs that help autistic individuals grasp societal norms and expectations to aid their integration and independence."

Apparent Gaps:

- **Neutrality and Individuality:** The strategy does not specify how the education will be presented neutrally, without forcing conformity, and respecting the individuality of autistic persons.
- **Engagement and Practical Application:** There is a lack of detailed programming on how these concepts will be taught in a way that is engaging and practical for autistic individuals.

- **Neutral and Respectful Curriculum:** Develop educational curricula that present societal norms and expectations in a way that is neutral and respectful of the autistic perspective, emphasizing understanding rather than conformity.
- **Interactive and Practical Learning Experiences:** Design the educational content to be interactive and practical, using real-life scenarios and role-playing to help autistic individuals understand and practice these concepts in a supportive environment.
- **Feedback-Driven Adaptation:** Regularly collect feedback from participants to adapt the programs to better meet their needs and enhance their understanding and comfort with the material.

3.3. Societal Awareness of Autism

Areas Covered:

Raising awareness, combating stigma, and misinformation about autism in society.

🏧 🕎 Strengths :

- The strategy includes initiatives to increase public awareness of autism, aiming to reduce stigma and discrimination.
 - **Quote (Page 26):** "Implement nationwide campaigns to raise awareness about autism, aiming to reduce stigma and foster a more inclusive society."

🔤 🔎 Apparent Gaps:

- **Depth and Breadth of Awareness Campaigns:** There is limited detail on how these awareness campaigns will address the complexities of autism, including less visible aspects like sensory sensitivities or communication challenges.
- **Inclusion of Autistic Voices:** The strategy lacks explicit mention of involving autistic individuals in the creation and delivery of these awareness campaigns.

- **Comprehensive Awareness Campaigns:** Design comprehensive awareness campaigns that cover a wide range of autism-related topics, highlighting the diverse experiences of autistic individuals to foster deeper understanding and empathy.
- **Autistic-Led Initiatives:** Ensure that autistic individuals are centrally involved in creating and leading these campaigns, providing them a platform to share their experiences and insights directly.

• **Continuous Public Engagement:** Establish ongoing engagement initiatives, such as workshops, seminars, and partnerships with schools and workplaces, to keep autism awareness active and evolving within the community.

4. Program for the Flourishing of Autistic Persons

🔀 🖫 Strengths :

- **Health, Nutrition, Physical Activities:** The strategy recognizes the importance of health and wellness programs tailored to the needs of autistic individuals.
 - **Quote (Page 27):** "Develop specialized health and wellness programs that cater specifically to the needs of autistic individuals, promoting overall well-being."
- **Creativity and Special Interests:** Mentions support for creativity and the pursuit of special interests, which are vital for the personal development of autistic individuals.
 - Quote (Page 29): "Support programs that foster the creative abilities and special interests of autistic individuals, recognizing these as essential elements of personal fulfillment."
- Leisure, Experiences, Adventures, Discoveries, and Travel: General support for inclusive leisure activities is mentioned without specifics on personalized experiences for autistic individuals
 - **Quote (Page 31):** "Ensure that leisure and travel opportunities are accessible to all, including autistic individuals, promoting inclusivity and equal opportunity for adventures and discoveries."
- **Connection with Nature (including Animals):** The strategy lacks specific mentions of programs that facilitate connection with nature and animal interaction, which are beneficial for many autistic individuals.
- **Spirituality, Personal Development, and Philosophy:** No specific strategies are detailed that address the spiritual and philosophical development needs of autistic persons.
- **Friendly and Affectionate Relationships:** The strategy does not address how autistic individuals will be supported in developing and maintaining relationships.
- Prevention of Distress, Depression, and Suicide: Mentions mental health support but lacks comprehensive strategies specifically tailored to prevent distress and depression among autistic individuals.

- **Quote (Page 33):** "Implement mental health support initiatives that are sensitive to the needs of autistic individuals, aiming to prevent depression and distress."
- **Personal Security:** Discusses general safety but not specific strategies to help autistic individuals who are at risk of getting lost.
 - **Quote (Page 35):** "Enhance safety measures within communities to ensure the personal security of all citizens, including those with autism."
- **Protection and Defense Against Others:** There are no detailed plans on how autistic individuals will be protected from abuse or exploitation by others.
- **Protection Against the Defects of the Non-Autistic Social System:** Does not address how autistic individuals will be protected from systemic issues that disproportionately affect them.
- **Empowerment and Autonomy Regarding Aging:** Mentions support for aging individuals but lacks details on empowering autistic individuals as they age.
 - **Quote (Page 37):** "Develop programs to support aging individuals with disabilities, including autism, focusing on maintaining autonomy and quality of life."

🔤 🔎 Apparent Gaps:

Many of the key areas essential for the flourishing of autistic persons are either not
addressed or only superficially touched upon in the strategy. There is a significant need for
detailed, specific programs that support the holistic flourishing of autistic individuals in all
areas of their lives, from creativity and leisure to personal relationships and protection from
systemic issues.

- **Comprehensive Development Programs:** Create detailed programs that support the comprehensive development of autistic individuals across all areas mentioned. These programs should not only address basic needs but also enhance quality of life and personal fulfillment.
- **Specialized Mental Health Initiatives:** Develop targeted mental health initiatives that specifically address the causes of distress in autistic individuals, such as sensory overload and social isolation, with strategies tailored to prevent depression and suicidal ideation.
- **Enhanced Safety and Security Measures:** Implement specific safety measures tailored for autistic individuals, especially those who may wander or get lost. This could include GPS tracking devices and community alert systems.

- **Autistic-Led Development:** Ensure that autistic individuals are involved in the development and implementation of programs intended for their benefit. Their firsthand insights will lead to more effective and relevant supports.
- **Systemic Protection Measures:** Establish protections against systemic injustices and ensure that autistic individuals are not disadvantaged by the broader non-autistic social systems. This involves legal protections, advocacy, and public policy adjustments.

5. Supplementary Personalized Support

Areas Covered:

- Individual support (including emergency assistance services accessible remotely)
- Support for families and caregivers

5.1. Individual Support



- The strategy mentions general support services for individuals with disabilities, but lacks specific details for personalized, tailored support that considers the unique needs of autistic individuals.
 - Quote (Page 39): "Expand personalized support services to cater to the unique challenges faced by individuals with disabilities, including autism."

🔤 🔎 Apparent Gaps:

- **Emergency Assistance Services:** There is no mention of emergency assistance services that are accessible remotely for autistic individuals, which is crucial for addressing immediate needs or crises.
- **Personalized Adaptations:** The strategy does not detail how support services will be personalized to fit the diverse needs within the autism spectrum, such as communication preferences and sensory sensitivities.

- **Remote Emergency Assistance:** Implement a national public integrated remote emergency assistance service for autistic individuals that can be accessed instantly during crises, tailored to their communication and sensory preferences.
- **Customization of Services:** Develop guidelines for service providers to customize support based on individual assessments, ensuring that the support provided aligns with the specific needs and preferences of each autistic individual.

5.2. Support for Families and Caregivers

🔤 🕎 Strengths :

- Recognizes the need for supporting families and caregivers of autistic individuals to enhance their capacity to provide care.
 - **Quote (Page 41):** "Provide ongoing support and resources to families and caregivers of individuals with autism to help them navigate the challenges and responsibilities involved."

🚨 🔑 Apparent Gaps:

- **Tailored Support:** Lacks specific strategies for offering guidance and practical support that are tailored to the needs of families dealing with autism, which can vary greatly from one family to another.
- **Training and Resources:** There is a need for more detailed plans for training families and caregivers in specialized techniques that can improve their caregiving capabilities and the autonomy of autistic individuals.

Suggested Improvements:

- Comprehensive Support Programs: Create detailed programs that provide training, resources, and emotional support tailored to the unique stresses and challenges faced by families of autistic individuals.
- **Enhanced Training for Caregivers:** Offer specialized training programs that include strategies for managing sensory issues, communication barriers, and behavioral challenges, which are common in autism care.

⇒ Conclusion

For Item 5: Supplementary Personalized Support, while the Australian Draft National Autism Strategy acknowledges the need for individual and family support, it lacks depth in how these supports are specifically tailored to the unique needs of autistic individuals and their caregivers. The strategy would benefit significantly from incorporating detailed, personalized support mechanisms and ensuring that these supports are flexible and responsive to the individualized needs of the autism community. This will not only improve the effectiveness of the support provided but also enhance the overall quality of life for autistic individuals and their families.

6. Monitoring and Guarantee **Mechanism for the Fundamental Rights** of Autistic Persons

Areas Covered:

- Right to Be Born
- Right to Life
- Right to Freedom
- Right to Equality
- Right to Accessibility and Protection against Socio-Generated Disturbances
- Right to Socio-Administrative, Legal, and other Assistance
- Right to Respect for the Autistic Nature and Natural Harmony
- Right to Peace, Refuge, and Distancing
- Right to be Original and Different without being subjected to obstructions
- Right to Creativity, Special Interests, and a Unique Personal Path
- Right to Experimentation, Adventure, and Travel
- Right to Self-Chosen Human Relationships
- Right to Non-Normalizing Education
- Right to Understand Non-Autism and Autism
- Right to Health, Leisure, Physical Activities
- Right to Security, Bodily and Material Protection, and Defense
- Right to Refuse Absurd or Detrimental Situations, Orientations, or Decisions
- Right to Authenticity, Truth, Sincerity, and Honesty Everywhere
- Right to Participate in Public Decisions Concerning Autistic Persons

🚾 🕎 Strengths :

- **General Recognition of Rights:** The strategy acknowledges the importance of protecting the rights of autistic individuals as part of its broader disability rights framework.
 - Quote (Page 44): "Uphold the rights of individuals with disabilities, including autism, ensuring they are respected and protected across all areas of society."

🔤 🔑 Apparent Gaps:

- **Specific Rights Protection:** The strategy lacks specific mechanisms or programs dedicated to monitoring and guaranteeing the comprehensive list of rights outlined in the Autistan model.
- **Implementation Details:** There is a lack of detailed implementation plans for how these rights will be actively protected and monitored within the community.
- **Inclusion in Decision-Making:** Limited details on how autistic individuals are included in public decision-making processes that affect them.

$lueksymbol{lack}{lack}$ Suggested Improvements:

- **Dedicated Monitoring Body:** Establish a dedicated body or expand the role of existing institutions to monitor and ensure the protection of the specific rights of autistic persons. This body should have the authority to address violations and implement necessary actions.
- **Clear Implementation Guidelines:** Develop clear, actionable guidelines for the protection of each right listed. This includes creating specific policies that address the unique needs and challenges faced by autistic individuals.
- **Active Participation:** Enhance mechanisms that allow for the active participation of autistic individuals in decision-making processes, particularly in areas that impact their lives directly. Ensure these processes are accessible and adapted to the communication needs of autistic individuals.
- **Public Reporting and Transparency:** Implement regular public reporting on the status of these rights, including any challenges and progress. This will increase transparency and accountability, fostering trust within the autistic community.

⇒ Conclusion

For Item 6: Monitoring and Guarantee Mechanism for the Fundamental Rights of Autistic **Persons**, while the Australian Draft National Autism Strategy acknowledges the rights of individuals with disabilities, it requires more detailed strategies and mechanisms specifically tailored to monitor and guarantee the broad and specific rights of autistic individuals as outlined in the Autistan model. By establishing dedicated monitoring bodies and clear implementation guidelines, the strategy can effectively uphold these rights, ensuring that autistic individuals live with dignity and equality in all aspects of life.

7. Public Defender of the Autistics

Areas Covered:

- Monitor the functioning of the "Monitoring and Guarantee Mechanism for the Fundamental Rights of Autistic Persons"
- Respond to all complaints from autistic individuals, their parents, or their organizations regarding problems, errors, shortcomings, and violations.
- Take effective concrete measures to address these issues, including judicial action.

Strengths:

- **Commitment to Rights Protection:** The strategy commits to protecting the rights of individuals with disabilities, including autism, but does not specify the establishment of a dedicated body like a Public Defender.
 - Quote (Page 46): "Ensure that the rights of individuals with disabilities are protected and that there are mechanisms in place to address violations."

<section-header> 🔎 Apparent Gaps:

- **Dedicated Public Defender:** The strategy does not mention the creation of a specific role or body dedicated to defending the rights of autistic individuals, monitoring compliance, or addressing complaints.
- **Complaint Handling:** There is no detailed process for handling and responding to complaints from autistic individuals and their families regarding violations of their rights.
- **Judicial Action:** The strategy lacks a clear framework for taking judicial action when there are violations of the rights of autistic individuals.

Suggested Improvements:

- **Establish a Public Defender Office:** Create an office specifically dedicated to the rights of autistic individuals, with the authority to monitor compliance with the strategy, investigate complaints, and take necessary actions.
- **Detailed Complaint Process:** Develop a detailed, accessible complaint process that allows autistic individuals and their families to report violations and seek redress. This process should be transparent, timely, and responsive.
- Judicial Framework: Establish a clear judicial framework that empowers the Public Defender to take legal action when necessary to protect the rights of autistic individuals. This framework should include support for individuals navigating the legal system and seeking justice.

⇒ Conclusion

For Item 7: Public Defender of the Autistics, the Australian Draft National Autism Strategy lacks a dedicated mechanism to specifically monitor, defend, and enforce the rights of autistic individuals. By establishing a Public Defender office and creating a robust complaint and judicial framework, the strategy can ensure that the rights of autistic individuals are actively protected and that there is a clear path to address any violations effectively.

8. Implementation Support Program for **Strategy Participants**

Areas Covered:

- Comprehensive training and support services for all entities involved in implementing the strategy.
- Ensure proficient implementation of all measures outlined.



- **Training and Support:** The strategy highlights the importance of providing training for those involved in supporting autistic individuals, but lacks comprehensive details on support services for all entities involved in the strategy's implementation.
 - Quote (Page 48): "Commit to providing training for service providers to better support individuals with autism."

Apparent Gaps:

- **Comprehensive Training Programs:** The strategy does not provide detailed plans for comprehensive training programs covering all aspects of autism and the specific needs of autistic individuals.
- Support for All Entities: Lacks a structured support system for all entities involved, including organizations, institutions, and individuals, to ensure the proficient implementation of the strategy.
- Ongoing Support and Resources: The strategy does not mention ongoing support and resources for participants to adapt to new challenges and continuously improve their practices.

Suggested Improvements:

- **Develop Comprehensive Training Programs:** Create detailed training programs that cover the full spectrum of autism-related knowledge and skills needed by service providers, educators, healthcare professionals, law enforcement, and other stakeholders.
- **Structured Support System:** Implement a structured support system that provides ongoing guidance, resources, and assistance to all entities involved in the strategy's implementation. This system should include regular updates and opportunities for feedback and improvement.
- **Continuous Professional Development:** Ensure that the training programs include continuous professional development opportunities, keeping participants up-to-date with the latest research, best practices, and innovative approaches in autism support.
- **Accessible Resources:** Make all training materials and resources easily accessible in various formats and languages to cater to the diverse needs of participants.

⇒ Conclusion

For Item 8: Implementation Support Program for Strategy Participants, the Australian Draft National Autism Strategy acknowledges the need for training but lacks comprehensive, detailed plans for supporting all entities involved in the strategy's implementation. By developing comprehensive training programs, implementing a structured support system, and ensuring continuous professional development, the strategy can ensure that all participants are wellequipped to support autistic individuals effectively and implement the strategy proficiently.

B. Concerning the NEEDS OF THE STRATEGY

1. Consultation and Participation

🚾 🖫 Strengths :

- Commitment to Stakeholder Engagement: The strategy emphasizes the importance of engaging with autistic individuals and their families.
 - Quote (Page 50): "Ensure that the voices of autistic individuals and their families are central to the development and implementation of policies."

Apparent Gaps:

- **Specific Roles and Mechanisms:** The strategy lacks detailed descriptions of specific roles and mechanisms for the continuous involvement of autistic individuals and their families. It does not specify the formation of advisory committees, working groups, or other formal structures to facilitate ongoing input and feedback.
- **Fair Representation:** The strategy does not address the need to avoid over-representation of the least disabled autistic persons and ensure fair and intersectional representation. This is crucial to ensure that the strategy considers the diverse needs of all autistic individuals, including those with more significant disabilities.
- **Adapted Communication:** There is no mention of adapted communication efforts to engage directly with autistic individuals who may have difficulty participating through conventional means. This includes the use of alternative communication methods and ensuring accessibility in all consultation processes.

- **Develop Specific Roles and Mechanisms:**
 - Advisory Committees and Task Forces: Create dedicated advisory committees and task forces that include autistic individuals and their families. These bodies should have clearly defined roles, responsibilities, and authority to influence decision-making processes.
 - **Regular Feedback Sessions:** Establish regular feedback sessions and consultations with the autistic community, ensuring that these are accessible and inclusive. Use a variety of formats (e.g., online, in-person, surveys) to reach a broader audience.
- **Ensure Fair Representation:**

- **Diverse Representation:** Implement measures to ensure fair and intersectional representation of the entire autism spectrum. This includes proactive outreach to underrepresented groups and ensuring that their voices are heard.
- **Avoid Over-Representation:** Avoid over-representation of the least disabled autistic persons by balancing the composition of advisory bodies and consultation groups. This may require targeted efforts to engage individuals with more significant disabilities.

Adapt Communication Efforts:

- Alternative Communication Methods: Use alternative communication methods. such as visual aids, simplified language, and assistive technology, to engage autistic individuals who face communication challenges.
- Accessible Consultation Processes: Ensure that all consultation processes are fully accessible, including providing materials in multiple formats (e.g., large print, Braille, audio) and offering support for individuals who need assistance to participate.

2. Information



- **Transparency Commitment:** The strategy commits to providing information to the public but lacks detailed action plans.
 - Quote (Page 52): "Commit to transparency and regular updates to the public on the progress of the strategy."

🔤 🔑 Apparent Gaps:

- **Detailed Action Plans:** The strategy lacks comprehensive, detailed action plans for each initiative, including specific actions, timelines, and responsible parties. Without these details, it is challenging to assess how the strategy will be implemented and monitored.
- **Public Accessibility:** There is no mention of ensuring that information is accessible to all members of the public, including those with disabilities. This includes providing information in multiple formats and languages to cater to diverse needs.

Suggested Improvements:

Develop Detailed Action Plans:

• Specific Actions and Timelines: Create comprehensive action plans for each initiative within the strategy, detailing specific actions, timelines, and responsible parties. This ensures clarity and accountability in the implementation process.

• **Clear Responsibilities:** Assign clear responsibilities to specific entities or individuals for each action item. This enhances accountability and ensures that progress can be tracked effectively.

• Ensure Public Accessibility:

- **Multiple Formats:** Make all information regarding the strategy's implementation easily accessible to the public in various formats, including accessible formats for individuals with disabilities (e.g., Braille, large print, audio).
- **Language Diversity:** Provide information in multiple languages to ensure that non-English speaking communities can access and understand the strategy.

3. Implementation



- **Implementation Focus:** The strategy emphasizes the importance of effective implementation and enforcement.
 - Quote (Page 54): "Ensure the effective implementation of the strategy through clear timelines and enforcement measures."

Apparent Gaps:

- **Specific Implementation Measures:** The strategy lacks detailed specific measures and comprehensive timelines for implementing the strategy. This makes it difficult to assess how the strategy will be operationalized and what specific steps will be taken.
- **Data Collection:** The strategy does not detail a comprehensive plan for data collection to understand services, identify gaps, and prioritize needs. Data collection is essential for informed decision-making and continuous improvement.

Suggested Improvements:

Develop Specific Implementation Measures:

- **Clear Timelines:** Outline clear, specific measures for implementing the strategy, including detailed timelines for each initiative. This ensures that progress can be tracked and milestones can be achieved on schedule.
- **Enforcement Mechanisms:** Establish robust enforcement mechanisms to ensure that the strategy's measures are implemented effectively. This includes monitoring compliance and taking corrective actions when necessary.

Comprehensive Data Collection Plan:

• **Service Assessment:** Develop a comprehensive data collection plan to gather relevant data on services provided to autistic individuals. This includes assessing service availability, quality, and accessibility.

- **Gap Identification:** Use data to identify gaps in services and support for autistic individuals. Prioritize needs based on data-driven insights to ensure that resources are allocated effectively.
- **Policy Decisions:** Inform policy decisions and resource allocation based on the data collected. This ensures that the strategy remains responsive to the needs of the autistic community.

4. Coordination and Internal Support



- **Internal Coordination:** The strategy highlights the importance of coordination among public authorities but lacks detailed plans for internal support.
 - **Quote (Page 56):** "Foster coordination among public authorities to ensure cohesive implementation of the strategy."

🔤 🔑 Apparent Gaps:

• **Detailed Internal Support:** The strategy lacks specific plans and measures for providing internal support and coordination among public authorities. Without detailed plans, it is challenging to ensure that all relevant entities work together effectively.

Suggested Improvements:

- Develop Detailed Internal Support Plans:
 - **Inter-Agency Meetings:** Create detailed plans for regular inter-agency meetings to facilitate communication and coordination among public authorities. This ensures that all entities involved are aligned and working towards common goals.
 - **Shared Resources:** Establish mechanisms for sharing resources and best practices among public authorities. This enhances efficiency and ensures that all entities have access to the necessary tools and information.
 - **Collaborative Initiatives:** Develop collaborative initiatives that involve multiple public authorities working together to achieve specific objectives within the strategy. This fosters a sense of shared responsibility and accountability.

5. Awareness and Training



• **Awareness and Training Commitment:** The strategy acknowledges the need for awareness and training initiatives but lacks comprehensive details.

• **Quote (Page 58):** "Commit to raising awareness and providing training to ensure understanding and compliance with the strategy."

Apparent Gaps:

• **Comprehensive Training Programs:** The strategy lacks detailed plans for comprehensive training programs targeting both public and private entities. Training is essential for ensuring that all stakeholders understand and comply with the strategy's guidelines.

Suggested Improvements:

- Develop Comprehensive Training Programs:
 - **Targeted Training:** Create detailed training programs that target public and private entities, covering the strategy's guidelines, best practices, and specific needs of autistic individuals. This includes training for educators, healthcare providers, employers, law enforcement, and other relevant stakeholders.
 - **Ongoing Training:** Ensure that training programs include ongoing professional development opportunities to keep participants up-to-date with the latest research, best practices, and innovative approaches in autism support.
 - **Accessible Training Materials:** Provide training materials in accessible formats and multiple languages to ensure that all participants can engage with the content effectively.

6. Funding



- **Funding Acknowledgment:** The strategy acknowledges the need for funding but lacks detailed budget plans.
 - **Quote (Page 60):** "Ensure adequate funding is allocated for the implementation of the strategy."

<section-header> 🔎 Apparent Gaps:

• **Detailed Budget Plans:** The strategy lacks a detailed budget overview that outlines the financial requirements for implementing the strategy. Without clear budget plans, it is challenging to ensure that adequate resources are allocated to each initiative.

Suggested Improvements:

• Develop Detailed Budget Plans:

- **Budget Overview:** Create a detailed budget overview that outlines the financial requirements for each initiative within the strategy. This includes specifying funding sources, allocation amounts, and timelines for disbursement.
- **Transparent Reporting:** Implement transparent reporting mechanisms to provide regular updates on funding allocation and expenditure. This ensures accountability and builds trust with stakeholders.
- Funding Prioritization: Prioritize funding based on the needs identified through data collection and stakeholder consultation. This ensures that resources are allocated effectively to areas with the greatest impact.

7. Complaints and Appeals



- **Commitment to Address Grievances:** The strategy commits to addressing grievances but lacks detailed processes.
 - Quote (Page 62): "Implement mechanisms to address grievances and appeals effectively."

🔤 🔑 Apparent Gaps:

Detailed Complaints Process: The strategy lacks detailed processes for handling complaints and appeals, ensuring transparency and accessibility. Without clear guidelines, it is difficult for individuals to know how to file a complaint or appeal a decision.

- Develop Detailed Complaints Process:
 - Clear Guidelines: Establish a transparent and accessible process for handling complaints and appeals, ensuring timely responses and resolutions. This process should include clear guidelines on how complaints can be filed, tracked, and resolved.
 - Accessible Formats: Provide information about the complaints and appeals process in multiple formats, including accessible formats for individuals with disabilities.
 - **Regular Reviews:** Implement regular reviews of the complaints and appeals process to ensure it remains effective and responsive to the needs of the autistic community.
- **→ Conclusion:** For Item 7: Complaints and Appeals, the strategy needs to establish clear, accessible, and detailed processes to handle complaints and appeals effectively. By implementing these improvements, the strategy can ensure transparency, accountability, and responsiveness to the needs of autistic individuals and their families.

8. Sanctions

🖫 Strengths :

- **Commitment to Accountability:** The strategy emphasizes the need for accountability but lacks detailed enforcement measures.
 - **Quote (Page 64):** "Ensure accountability through enforcement of strategy quidelines."

Apparent Gaps:

• **Detailed Enforcement Measures:** The strategy lacks comprehensive details on penalties for non-compliance and mechanisms for enforcing these penalties. Without clear enforcement measures, it is challenging to ensure accountability.

Suggested Improvements:

- Develop Detailed Enforcement Measures:
 - **Clear Penalties:** Establish clear, comprehensive enforcement measures, including specific penalties for non-compliance. These penalties should be proportionate and aimed at ensuring compliance with the strategy's guidelines.
 - **Monitoring Compliance:** Implement mechanisms for monitoring compliance with the strategy's guidelines. This includes regular audits and inspections to ensure adherence.
 - **Transparent Reporting:** Provide regular, transparent reports on compliance and enforcement actions. This builds trust and accountability within the community.
- **→ Conclusion:** For **Item 8: Sanctions**, the strategy needs to develop clear and detailed enforcement measures to ensure accountability. By establishing specific penalties for non-compliance and mechanisms for monitoring adherence, the strategy can enforce its guidelines effectively and maintain public trust.

9. Monitoring

🔤 🕎 Strengths :

- **Commitment to Monitoring:** The strategy acknowledges the importance of monitoring but lacks detailed plans.
 - **Quote (Page 66):** "Commit to regular monitoring and evaluation of the strategy's implementation."

🔤 🔎 Apparent Gaps:

Detailed Monitoring Plans: The strategy lacks clear indicators, metrics, and detailed plans for regular evaluations and reporting. Without these details, it is difficult to assess the effectiveness of the strategy.

Suggested Improvements:

- **Develop Detailed Monitoring Plans:**
 - Clear Indicators and Metrics: Establish clear indicators and metrics for each objective within the strategy. These should be specific, measurable, achievable, relevant, and time-bound (SMART).
 - **Regular Evaluations:** Implement regular evaluations and public reporting to ensure accountability and continuous improvement. These evaluations should be conducted by independent bodies to ensure objectivity.
 - **Feedback Mechanisms:** Introduce robust feedback mechanisms to gather input from autistic individuals, their families, and other stakeholders. Use this feedback to make necessary adjustments and improvements to the strategy.
- → Conclusion: For Item 9: Monitoring, the strategy needs to develop detailed plans for monitoring and evaluation, including clear indicators and metrics. By implementing regular evaluations and feedback mechanisms, the strategy can ensure continuous improvement and accountability.

10. Improvements, Updates, **International Cooperation**

🖺 🕎 Strengths :

- **Commitment to Improvement:** The strategy emphasizes the need for continuous improvement but lacks detailed plans for updates and international cooperation.
 - Quote (Page 68): "Commit to continuous improvement and alignment with international best practices."

Apparent Gaps:

Detailed Improvement Plans: The strategy lacks comprehensive details on how the strategy will be continuously updated and refined based on feedback and international cooperation.

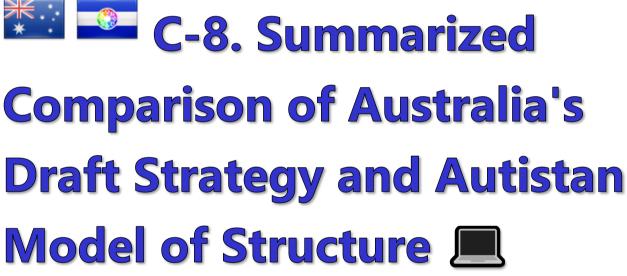


Suggested Improvements:

Develop Detailed Improvement Plans:

- Continuous Refinement: Create a structured process for continuous refinement of the strategy, incorporating feedback from stakeholders and aligning with international best practices. Establish regular review cycles to assess and update the strategy.
- **Global Collaboration:** Establish partnerships and collaborations with international organizations to share knowledge, best practices, and innovative approaches. This fosters global cooperation and ensures that the strategy remains at the forefront of autism support.
- **Legislative Alignment:** Ensure alignment with existing national and international policies and frameworks. Recommend legislative changes or new policies as needed to support the strategy.
- **⇒ Conclusion:** For Item 10: Improvements, Updates, International Cooperation, the strategy needs to develop detailed plans for continuous improvement and global collaboration. By incorporating feedback, aligning with best practices, and fostering international partnerships, the strategy can ensure it remains effective and innovative in supporting autistic individuals and their families.





Part A: Needs of Autistic Persons

1. Systemic Accessibility Policy for Disabilities Specific to Autistic Persons

- 1.1. Inclusive Design for Autism Accessibility
 - Strengths: The strategy acknowledges the need for accessible public transport, education, employment, and healthcare.
 - Quotes:

- Public Places and Transportation: "Commit to improving public transport accessibility for autistic individuals, ensuring sensory-friendly environments." (Page 15)
- Education and Culture: "Implement inclusive education policies that accommodate the sensory and learning needs of autistic students." (Page 18)
- Employment and Entrepreneurship: "Promote autism-friendly workplaces through training and policy adjustments." (Page 22)
- Leisure, Creativity, Sports, Travel: "Support autism-friendly leisure programs and ensure accessible travel options." (Page 25)
- Healthcare: "Train healthcare providers in autism-specific needs, ensuring accessible and responsive healthcare services." (Page 30)
- Gaps: Lack of detailed measures for sensory-friendly environments, attitudinal barriers, and specific adaptations in various sectors.
- Improvements: Develop comprehensive guidelines for universal design, detailed plans for inclusive environments, and engagement mechanisms.

1.2. Accessible Assistance Services for Autistics

• Strengths: Recognition of the need for support services.

Quotes:

- Public Places and Transportation: "Work towards fully accessible public transport systems, acknowledging the diverse needs of all disabilities, including autism." (Page 17)
- Education and Culture: "Expand support services in educational institutions to better cater to students with disabilities, focusing on inclusive practices." (Page 20)
- Gaps: Lack of remote emergency services and specific assistance services.
- Improvements: Establish remote emergency assistance and customized support services.

2. Autism Detection Program

2.1. Detection upon Request

• Strengths: Emphasis on early detection and intervention.

Quotes:

• "Increase access to early detection programs within public services to better identify and support individuals with autism." (Page 12)

- Gaps: Insufficient integration in all relevant public services.
- Improvements: Develop clear request protocols and integrate detection programs across all services.

2.2. Detection in Public Services

- Strengths: Proactive approach in public institutions.
 - Quotes:
 - "Strengthen initiatives aimed at early intervention for autism within key public institutions to ensure timely support." (Page 14)
- Gaps: Limited integration in emergency, judicial, and administrative services.
- Improvements: Implement comprehensive training programs for staff in all relevant institutions.

3. Autism-Specific Learning Programs

3.1. Education on Autism for Families

- Strengths: Commitment to family education.
 - Quotes:
 - "Provide resources and training for families to better understand and support their autistic family members." (Page 23)
- Gaps: Need for detailed content and tailored educational resources.
- Improvements: Create comprehensive educational programs for families.

3.2. Education on Non-Autism for Autistic Individuals

- Strengths: Acknowledges the need for understanding societal norms.
 - Quotes:
 - "Facilitate programs that help autistic individuals grasp societal norms and expectations to aid their integration and independence." (Page 24)
- Gaps: Lack of neutrality and practical application in education.
- Improvements: Develop neutral and respectful curricula.

3.3. Societal Awareness of Autism

• Strengths: Emphasis on public awareness.

Quotes:

- "Implement nationwide campaigns to raise awareness about autism, aiming to reduce stigma and foster a more inclusive society." (Page 26)
- Gaps: Limited details on addressing complexities of autism.
- Improvements: Design comprehensive awareness campaigns.

4. Program for the Flourishing of Autistic Persons

• Strengths: Emphasis on health, creativity, and mental health support.

Quotes:

- Health, Nutrition, Physical Activities: "Develop specialized health and wellness programs that cater specifically to the needs of autistic individuals, promoting overall well-being." (Page 27)
- Creativity and Special Interests: "Support programs that foster the creative abilities and special interests of autistic individuals." (Page 29)
- Gaps: Lack of programs for spiritual development, relationships, and systemic protection.
- Improvements: Develop detailed programs for all areas of flourishing.

5. Supplementary Personalized Support

5.1. Individual Support

- Strengths: General support services mentioned.
 - Quotes:
 - "Expand personalized support services to cater to the unique challenges faced by individuals with disabilities, including autism." (Page 39)
- Gaps: Lack of tailored support and remote emergency services.
- Improvements: Implement personalized support plans and remote emergency assistance.

5.2. Support for Families and Caregivers

- Strengths: Recognition of the need for family support.
 - Quotes:

- "Provide ongoing support and resources to families and caregivers of individuals with autism." (Page 41)
- Gaps: Need for tailored support and detailed training.
- \bigcirc Improvements: Create detailed support programs for families.

6. Monitoring and Guarantee **Mechanism for the Fundamental Rights** of Autistic Persons

- \mathbf{Y} Strengths: Commitment to protecting rights.
 - Quotes:
 - "Uphold the rights of individuals with disabilities, including autism." (Page 44)
- **Gaps:** Specific mechanisms for rights monitoring and enforcement are missing.
- Improvements: Establish a dedicated body for rights protection.

7. Public Defender of the Autistics

- Strengths: General commitment to rights protection.
 - **Quotes:**
 - "Ensure that the rights of individuals with disabilities are protected." (Page 46)
- Gaps: Lack of a dedicated body like a Public Defender.
- \bigcirc Improvements: Create an office dedicated to the rights of autistic individuals.
 - **⇒ Conclusion:** Needs a dedicated mechanism to monitor, defend, and enforce the rights of autistic individuals. By establishing a Public Defender office and creating a robust complaint and judicial framework, the strategy can ensure the active protection of autistic individuals' rights.

8. Implementation Support Program for **Strategy Participants**

- Strengths: Emphasis on training for those supporting autistic individuals.
 - Quotes:

- "Commit to providing training for service providers to better support individuals with autism." (Page 48)
- \triangleright Gaps: Lack of comprehensive training programs and support systems.
- \bigcirc Improvements: Develop comprehensive training programs for all entities involved.
 - Conclusion: Needs detailed implementation support to ensure proficient implementation of all measures outlined.

Part B: Needs of the Strategy

1. Consultation and Participation

1.1. Roles and Mechanisms for Continuous Involvement

- Strengths: Emphasis on stakeholder engagement.
 - Quotes:
 - "Ensure that the voices of autistic individuals and their families are central to the development and implementation of policies." (Page 50)
- **Gaps:** Specific roles and mechanisms for continuous involvement are not detailed.
- Pimprovements: Develop advisory committees, task forces, and regular feedback sessions.

1.2. Fair Representation

- Strengths: Acknowledgment of diverse stakeholder needs.
 - **Quotes:**
 - "Engage with a broad range of stakeholders to ensure diverse perspectives are included." (Page 52)
- Gaps: Lack of specific measures to ensure fair representation across the autism spectrum.
- \bigcirc Improvements: Implement measures to ensure intersectional representation and avoid over-representation of the least disabled autistic persons.

1.3. Adapted Communication

- - **Quotes:**

- "Provide accessible information and engage in ways that are inclusive of all communication needs." (Page 54)
- Gaps: No mention of adapted communication tools.
- Improvements: Develop and use adapted communication tools and strategies to engage autistic individuals effectively.

2. Information

2.1. Detailed Action Plans

- Strengths: Commitment to transparency.
 - Quotes:
 - "Commit to transparency and regular updates to the public on the progress of the strategy." (Page 52)
- Gaps: Lack of comprehensive, detailed action plans for each initiative.
- Improvements: Create comprehensive action plans detailing specific actions, timelines, and responsible parties.

2.2. Public Accessibility

- Strengths: Emphasis on public information.
 - Quotes:
 - "Ensure public access to information about the strategy." (Page 53)
- Gaps: Insufficient details on making information accessible to all.
- Improvements: Provide information in multiple formats and languages to cater to diverse needs.

3. Implementation

3.1. Specific Implementation Measures

- Strengths: Focus on effective implementation.
 - Quotes:
 - "Ensure the effective implementation of the strategy through clear timelines and enforcement measures." (Page 54)
- Gaps: Lack of specific measures and comprehensive timelines.

3.2. Data Collection

- \mathbf{Y} Strengths: Recognition of the need for data.
 - Quotes:
 - "Collect and analyze data to inform policy decisions and resource allocation." (Page 55)
- Gaps: No detailed data collection plan.
- Improvements: Develop a comprehensive data collection plan to gather relevant data on services and identify gaps.

4. Coordination and Internal Support

- Strengths: Emphasis on coordination among public authorities.
 - Quotes:
 - "Foster coordination among public authorities to ensure cohesive implementation of the strategy." (Page 56)
- Gaps: Lack of detailed internal support plans.
- Improvements: Establish regular inter-agency meetings, shared resources, and collaborative initiatives.

5. Awareness and Training

- Strengths: Commitment to awareness and training.
 - Quotes:
 - "Commit to raising awareness and providing training to ensure understanding and compliance with the strategy." (Page 58)
- Gaps: Lack of detailed training programs targeting both public and private entities.
- Improvements: Create targeted training programs for public and private entities covering the strategy's quidelines, best practices, and specific needs of autistic individuals.

6. Funding

Strengths: Acknowledgment of funding needs.

Quotes:

- "Ensure adequate funding is allocated for the implementation of the strategy."
 (Page 60)
- Gaps: Lack of a detailed budget overview.
- Improvements: Create a detailed budget overview that outlines the financial requirements for each initiative.

7. Complaints and Appeals

- Strengths: Commitment to address grievances.
 - Quotes:
 - "Implement mechanisms to address grievances and appeals effectively." (Page 62)
- Gaps: Lack of detailed processes for handling complaints and appeals.
- Improvements: Establish clear, accessible complaints and appeals processes.

8. Sanctions

- $\mathbf{\Sigma}$ Strengths: Emphasis on accountability.
 - Quotes:
 - "Ensure accountability through enforcement of strategy guidelines." (Page 64)
- Gaps: Lack of detailed enforcement measures.
- Improvements: Create specific penalties for non-compliance and mechanisms for enforcing these penalties.

9. Monitoring

- Strengths: Commitment to monitoring.
 - Quotes:
 - "Commit to regular monitoring and evaluation of the strategy's implementation." (Page 66)
- Gaps: Lack of detailed monitoring plans, indicators, and metrics.
- Improvements: Establish clear indicators, regular evaluations, and feedback mechanisms.

10. Improvements, Updates, **International Cooperation**

- \mathbf{Y} **Strengths:** Commitment to continuous improvement.
 - Quotes:
 - "Commit to continuous improvement and alignment with international best practices." (Page 68)
- Gaps: Lack of detailed improvement plans and international cooperation.
- P Improvements: Develop structured processes for continuous refinement and establish global partnerships.

Section D Other Countries



D-. Country Comparisons



This section D- serves multiple key purposes:

1. Benchmarking and Best Practices:

- **Learning from Others:** By examining how other countries have approached their autism strategies, you can identify best practices and successful initiatives that could be adapted and implemented in Australia.
- **Avoiding Pitfalls:** Understanding the challenges and shortcomings other countries have faced can help in avoiding similar issues in the Australian context.

2. Comprehensive Understanding:

- **Global Perspective:** A comparative analysis provides a broader perspective on how autism is addressed worldwide, offering a more comprehensive understanding of potential strategies and solutions.
- **Diverse Approaches:** It highlights the diversity in approaches, policies, and frameworks, showing that there is no one-size-fits-all solution, but rather a variety of strategies that can be tailored to specific national contexts.

3. Informed Decision-Making:

- **Evidence-Based Policy:** Comparing different strategies helps in making informed decisions based on evidence from multiple sources. It supports the development of policies that are grounded in proven methodologies and real-world examples.
- **Data-Driven Insights:** It allows for the identification of data-driven insights and metrics that can be used to track progress and measure the effectiveness of the strategy.

4. Identifying Gaps and Opportunities:

- **Gap Analysis:** By comparing Australia's draft strategy with those of other countries, you can identify gaps in the current draft and areas that require more attention or a different approach.
- **Innovation and Improvement:** The comparison can reveal opportunities for innovation and improvement, suggesting new ideas and initiatives that have been successful elsewhere.

5. Enhancing Collaboration and Inclusivity:

- **Collaborative Learning:** It fosters a spirit of collaboration and learning from the international community, showing a willingness to engage with and learn from global peers.
- Inclusivity: By considering diverse strategies, the section can ensure that the developed
 policies are inclusive and consider the needs of various demographic groups, thereby
 promoting a more inclusive society.

6. Policy Coherence and Consistency:

- Alignment with International Standards: It ensures that the national strategy is in alignment with international standards and conventions, such as the United Nations Convention on the Rights of Persons with Disabilities (UN CRPD).
- Consistency in Policy Framework: It helps in creating a consistent and coherent policy
 framework that can be recognized and supported by international bodies and stakeholders.

7. Stakeholder Engagement and Trust:

- **Building Trust:** Demonstrating that the strategy has been developed with a thorough analysis and comparison with international standards can build trust among stakeholders, including autistic individuals, their families, and advocacy groups.
- **Engagement:** It encourages stakeholder engagement by showing a commitment to developing a well-informed and comprehensive strategy

In summary, Section D- ensures that Australia's Draft National Autism Strategy is comprehensive, evidence-based, and aligned with international best practices, guiding its enhancement and refinement to effectively meet the needs of autistic individuals.

[AU-sa] South Australia -'South Australia Draft State Autism **Strategy 2024-2029'**

https://ehq-production-australia.s3.ap-southeast-2.amazonaws.com/eef7f44bade357fc5c8226654fbf5c7b5b49ca48/original/1709250510/31711e48d 43b82d25767f9ed593c0c13 DRAFT State Autism Strategy 2024-2029 FINAL.pdf

A1: Comprehensive Analysis of Topics Related to the **Needs of Autistic People**

Autism-Friendly Accessibility Everywhere (Social and Sensory) (Including Public Places and Transportation, Stores, and Residential **Neighborhoods**)

- **South Australia:** The strategy emphasizes the importance of creating autism-friendly environments, particularly in public spaces and transportation. It highlights the need for sensory-friendly modifications and the inclusion of quiet spaces to reduce sensory overload. The strategy also calls for better accessibility in public places and improved wayfinding tools to support autistic individuals.
- Australia: Similarly, the national strategy prioritizes sensory-friendly environments, with quidelines for public places and transportation systems. It includes detailed recommendations for creating autism-friendly spaces, such as sensory rooms in schools and public areas, and training for public service staff to better understand and accommodate sensory needs.

Detection of Autism

- South Australia: The strategy aims to improve pathways to diagnosis, focusing on making diagnostic services more accessible and affordable. It addresses barriers such as long wait times and the lack of professionals with adequate knowledge. The strategy also highlights the importance of culturally appropriate diagnostic tools to reduce misdiagnosis, particularly among girls, women, and culturally diverse communities.
- Australia: The national strategy emphasizes early detection through developmental checks and accessible diagnostic services. It includes widespread training programs for healthcare professionals to ensure early identification and support, with specific protocols for screening and follow-up assessments to confirm diagnoses.

Education and Social Skills

- **South Australia:** The strategy focuses on improving educational experiences for autistic students by enhancing school environments and staff understanding of autism. It promotes neurodiversity-affirming supports and strategies tailored to individual needs, aiming to create inclusive and supportive educational settings.
- **Australia:** The national strategy also prioritizes inclusive education through individualized education plans (IEPs) and support services. It includes social skills programs and peer mentoring to provide a supportive learning environment for autistic students, ensuring they receive the necessary accommodations to thrive.

Training of Parents and Carers

- **South Australia:** The strategy acknowledges the significant role of parents and carers, emphasizing the need for support and training to help them navigate the service system and advocate for their loved ones. It calls for accessible information and resources to empower parents and carers in their roles.
- Australia: The national strategy integrates parent and carer training into the NDIS framework, offering workshops and online resources focused on empowerment and practical support strategies. It emphasizes understanding autism and managing daily challenges, ensuring parents and carers are well-equipped to support their children.

Awareness of Society and Public Servants

- **South Australia:** The strategy aims to build community knowledge and understanding of autism through public awareness campaigns and training for public servants. It seeks to challenge misconceptions and promote acceptance, highlighting the contributions of autistic individuals to society.
- **Australia:** The national strategy includes extensive awareness initiatives targeting the general public and specific professional groups. It outlines comprehensive training programs for public servants, educators, and healthcare providers to foster a more inclusive society and better understand autistic individuals' needs.

Assistance Services Adapted to Autism

- **South Australia:** The strategy emphasizes the need for accessible and timely support services, addressing barriers such as long wait times and complex service systems. It advocates for a centralized information system to help autistic individuals and their families navigate available supports and services.
- Australia: The NDIS provides comprehensive and personalized assistance services, ensuring autistic individuals receive tailored support through coordinated personal plans.

Services cover a wide range of needs, from therapy to daily living assistance, ensuring holistic support.

Individual Assistants

- **South Australia:** The strategy supports the provision of individual assistants to help autistic individuals in various settings, including schools and workplaces. It highlights the importance of individualized support to facilitate inclusion and participation.
- Australia: Individual assistants are a key component of the NDIS, providing consistent and tailored support across the country. Autistic individuals can employ personal assistants to help manage daily activities and enhance their participation in the community.

Peer Support

- South Australia: The strategy promotes peer support networks and mentoring programs to foster community and mutual assistance among autistic individuals. It recognizes the value of peer connections in providing emotional support and shared experiences.
- Australia: The national strategy systematically integrates peer support, with funded initiatives to establish and maintain support groups accessible both in person and online. It emphasizes the importance of peer relationships in building a supportive community.

Housing and Independent Living

- **South Australia:** The strategy includes recommendations for supported housing options and independent living programs tailored to the needs of autistic individuals. It aims to create safe, accessible living environments with necessary supports.
- Australia: The NDIS facilitates extensive support for independent living, offering housing modifications and access to supportive housing options. This ensures that autistic individuals can choose living arrangements that best suit their needs and preferences.

Employment (or Allowances)

- **South Australia:** The strategy focuses on improving employment opportunities for autistic individuals by promoting inclusive recruitment practices and workplace supports. It addresses barriers such as stigma and lack of understanding among employers, aiming to increase workforce participation.
- Australia: The national strategy includes strong initiatives to integrate autistic individuals into the workforce, with specific employment support programs designed to help individuals find and retain jobs. It emphasizes workplace inclusivity and accommodations to support long-term employment.

Health, Nutrition, Physical Activities, and Sports

- **South Australia:** The strategy highlights the importance of accessible health and mental health services, addressing barriers such as lack of understanding among healthcare providers. It promotes integrated health services that consider the unique needs of autistic individuals.
- Australia: The national strategy prioritizes health and wellness, with detailed plans for providing specialized healthcare, nutritional guidance, and access to physical activities. It promotes inclusive sports programs and recreational activities to encourage physical fitness and social interaction.

Friendly and Affective Relationships (Including Sexual)

- **South Australia:** The strategy acknowledges the importance of supporting autistic individuals in forming and maintaining meaningful relationships. It includes initiatives to provide education and resources on building healthy and respectful relationships, addressing issues related to social skills and communication.
- Australia: The national strategy emphasizes the need for relationship and sexuality education tailored to autistic individuals. It promotes programs that provide guidance on social interactions, consent, and emotional well-being, ensuring autistic individuals receive comprehensive support in this area.

Leisure, Travels, Experiences, Special Interests, Creativity, Flourishing of Autistic People

- **South Australia:** The strategy highlights the importance of facilitating access to leisure and recreational activities that align with the interests and strengths of autistic individuals. It promotes inclusive community programs and supports initiatives that encourage creativity and self-expression.
- Australia: The national strategy includes provisions for supporting autistic individuals in pursuing their hobbies and interests. It emphasizes the role of creative and recreational activities in enhancing quality of life and encourages the development of inclusive community programs.

Connection with Nature (Including Animals)

South Australia: The strategy recognizes the therapeutic benefits of nature and animalassisted interventions for autistic individuals. It encourages programs that provide opportunities for interaction with nature and animals, promoting well-being and sensory regulation.

• **Australia:** The national strategy supports initiatives that facilitate connections with nature, including therapeutic programs involving animals. It promotes outdoor activities and environmental education as part of a holistic approach to supporting autistic individuals.

Protection Against Stigma, Bullying, Mistreatment, and Abuse

- South Australia: The strategy includes specific measures to combat stigma, bullying, and abuse faced by autistic individuals. It emphasizes the need for public education campaigns and protective policies to create a safer and more inclusive society.
- Australia: The national strategy addresses the issue of stigma and discrimination through extensive public awareness initiatives and protective legislation. It promotes zero-tolerance policies for bullying and mistreatment in schools, workplaces, and communities.

Personal Security (Especially Against the Risk of Getting Lost), Protection, and Defense (Against Other People)

- **South Australia:** The strategy advocates for safety measures to protect autistic individuals, including training for first responders and the use of technology to prevent individuals from getting lost. It also promotes protective measures against exploitation and abuse.
- Australia: The national strategy includes detailed plans for enhancing personal security for autistic individuals, with initiatives such as GPS tracking devices for safety and comprehensive training for emergency responders to better assist autistic individuals in distress.

Protection Against Depression and Suicide

- **South Australia:** The strategy highlights the need for mental health supports specifically tailored to autistic individuals, addressing high rates of depression and suicide. It promotes integrated mental health services and crisis intervention strategies.
- Australia: The national strategy includes robust mental health support systems, with a focus
 on early intervention and continuous care to address the mental health needs of autistic
 individuals. It emphasizes the importance of accessible mental health services and crisis
 support.

Protection Against the Risk of Deprivation of Liberty (in Institutions or Hospitals) or Forced Treatments

• **South Australia:** The strategy advocates for the rights of autistic individuals to live in the least restrictive environments. It emphasizes community-based supports over institutionalization and promotes the use of non-coercive treatment methods.

• Australia: The national strategy aligns with human rights principles, promoting deinstitutionalization and the use of voluntary, person-centered treatment approaches. It includes safeguards against the involuntary detention and forced treatment of autistic individuals.

Healthcare and Emergencies

- **South Australia:** The strategy emphasizes improving healthcare access and the quality of emergency services for autistic individuals. It includes training for healthcare professionals to better understand and respond to the needs of autistic patients.
- Australia: The national strategy includes comprehensive healthcare plans that ensure autistic individuals receive appropriate medical care. It emphasizes training for emergency personnel and the development of autism-friendly emergency protocols.

Aging and Autonomy

- **South Australia:** The strategy addresses the needs of aging autistic individuals, promoting supports that enhance independence and quality of life in later years. It includes planning for long-term care and support services tailored to older autistic adults.
- Australia: The national strategy includes specific initiatives to support autistic individuals as they age, ensuring continued access to services and supports that promote autonomy and dignity. It emphasizes planning for transitions and long-term care.

Empowerment Advocacy

- **South Australia:** The strategy promotes the empowerment of autistic individuals through advocacy and self-advocacy training. It emphasizes the importance of including autistic voices in decision-making processes and policy development.
- Australia: The national strategy supports empowerment through robust advocacy initiatives, ensuring autistic individuals have a platform to influence policy and advocate for their rights. It includes training programs to develop self-advocacy skills.

Respect of the UN CRPD

- South Australia: The strategy aligns with the principles of the UN Convention on the Rights of Persons with Disabilities (CRPD), promoting the rights and inclusion of autistic individuals. It emphasizes non-discrimination, full participation, and equal opportunities.
- Australia: The national strategy is guided by the UN CRPD, ensuring that all initiatives and policies are in line with international human rights standards. It promotes the rights of autistic individuals to inclusion, equality, and autonomy.

Effective Access to Justice

- **South Australia:** The strategy includes measures to improve access to justice for autistic individuals, with training for legal professionals and adaptations in legal processes. It aims to ensure that autistic individuals can navigate the justice system effectively.
- Australia: The national strategy promotes access to justice through comprehensive legal support services and adaptations in the legal system. It includes training for judges, lawyers, and law enforcement to better understand and accommodate autistic individuals.

⇒ Conclusion

Both South Australia's State Autism Strategy and Australia's National Autism Strategy provide comprehensive support frameworks for autistic individuals. South Australia's strategy emphasizes localized, community-based supports and addresses specific regional needs, while Australia's national strategy offers a broader, more structured framework with extensive implementation details. Both strategies are committed to promoting inclusion, respect, and the rights of autistic individuals, with a strong focus on addressing barriers and enhancing quality of life across various domains.





A2: Identification of Additional Relevant Topics

South Australia

The South Australian Draft State Autism Strategy includes several additional relevant topics that extend beyond those typically addressed in the standard framework. These topics highlight areas where the strategy provides specific guidance or recommendations that might not be as prominently featured in Australia's National Draft Autism Strategy.

1. Intersection with Other Initiatives:

- o Integration with Existing Programs: The South Australian strategy explicitly addresses its integration with existing national and state-level initiatives, such as the Disability Inclusion Act 2018 (SA) and the National Disability Insurance Scheme (NDIS). It highlights the importance of aligning with these programs to ensure a cohesive approach to autism support.
- o Collaboration with International Efforts: The strategy also mentions alignment with international efforts and conventions, such as the UN Convention on the Rights of Persons with Disabilities (CRPD), ensuring that South Australia's approach is informed by global best practices.

2. Public Consultation and Community Involvement:

Extensive Consultation Process: The strategy was developed through one of the largest public consultations held in South Australia on disability-related matters. Over 1,200 submissions were received from autistic individuals, their families, carers, service

- providers, and the broader community, ensuring a broad and inclusive consultation process.
- Ongoing Engagement: The strategy emphasizes the importance of ongoing consultation and engagement with the autistic community to ensure that the strategy remains responsive to their needs and priorities.

3. Focus on Neurodiversity Affirming Practices:

- Neurodiversity Affirming Supports: The strategy places significant emphasis on neurodiversity affirming supports and strategies, ensuring that interventions and supports respect and celebrate neurodiversity. This includes training for educators and service providers to adopt neurodiversity-affirming practices.
- Strengths-Based Approach: It promotes a strengths-based approach, focusing on the abilities and potential of autistic individuals rather than a deficit-based perspective.

4. Cultural and Linguistic Diversity:

- Culturally Appropriate Supports: The strategy highlights the need for culturally appropriate diagnostic tools and support services. It acknowledges the unique challenges faced by autistic individuals from culturally and linguistically diverse backgrounds and aims to provide tailored support.
- Support for Aboriginal and Torres Strait Islander Communities: The strategy
 includes specific initiatives to support autistic individuals within Aboriginal and Torres
 Strait Islander communities, recognizing the intersectional challenges they may face.

5. Focus on Mental Health and Wellbeing:

- Integrated Mental Health Services: The strategy emphasizes the integration of mental health services with autism support, ensuring that autistic individuals receive comprehensive care that addresses both their autism-specific and mental health needs.
- Crisis Intervention: It includes specific recommendations for mental health crisis intervention, aiming to provide timely and appropriate support during mental health crises.

6. Environmental and Sensory Considerations:

- Sensory-Friendly Environments: The strategy promotes the development of sensory-friendly environments in public spaces, schools, and workplaces. This includes implementing sensory rooms and quiet spaces to support autistic individuals in managing sensory overload.
- Universal Design Principles: It advocates for the adoption of universal design principles to ensure that all built environments are accessible and inclusive for autistic individuals.

7. Focus on Transition Periods:

 Support for Transitioning Between Life Stages: The strategy highlights the importance of support during key transition periods, such as from school to work or from childhood to adulthood. It includes specific recommendations for transition planning and support to ensure smooth transitions and continuity of care.

Australia

Australia's Draft National Autism Strategy covers a wide range of important areas but may lack some specific focuses that South Australia's strategy includes:

1. Intersection with Other Initiatives:

 While Australia's national strategy aligns with existing national initiatives, the explicit emphasis on integrating with state-level and international efforts, as seen in South Australia's strategy, might not be as pronounced.

2. Public Consultation and Community Involvement:

 Australia's national strategy involves extensive consultation, but the scale and ongoing nature of the consultation process highlighted in South Australia's strategy might provide a more continuous feedback loop.

3. Focus on Neurodiversity Affirming Practices:

 Although Australia's strategy includes neurodiversity-affirming principles, the specific emphasis and detailed recommendations found in South Australia's strategy could enhance the national approach.

4. Cultural and Linguistic Diversity:

 Australia's strategy addresses cultural and linguistic diversity, but the detailed focus on culturally appropriate supports and specific initiatives for Aboriginal and Torres Strait Islander communities in South Australia's strategy might provide a more comprehensive approach.

5. Focus on Mental Health and Wellbeing:

 Australia's strategy includes mental health supports, but the integrated approach to mental health services and specific crisis intervention recommendations in South Australia's strategy could strengthen the national framework.

6. Environmental and Sensory Considerations:

 While Australia's strategy promotes sensory-friendly environments, the specific recommendations for universal design principles and detailed environmental modifications in South Australia's strategy might offer a more thorough approach.

7. Focus on Transition Periods:

 Australia's strategy includes support for transitions, but the detailed focus on transition planning and support in South Australia's strategy could enhance the national approach.

⇒ Conclusion

South Australia's Draft State Autism Strategy includes several additional relevant topics that provide a more detailed and comprehensive approach to supporting autistic individuals. By integrating these elements, Australia's Draft National Autism Strategy could enhance its robustness and effectiveness, ensuring a more inclusive, holistic, and culturally sensitive framework for autism support and advocacy. These additional topics highlight the proactive measures both regions are taking to address gaps and enhance the effectiveness of their autism strategies.





B1: Analysis of Strategy Frameworks

Close Consultation and Active Participation of Autistic People or Their **Families**

- **South Australia:** The strategy development involved a significant consultation process, including over 1,200 submissions from autistic individuals, their families, carers, service providers, and the broader community. This inclusive approach ensures that the diverse needs and perspectives of the autistic community are represented and addressed in the strategy. The strategy emphasizes ongoing engagement with the autistic community to ensure the strategy remains responsive and relevant.
- Australia: The national strategy also involves extensive consultation with autistic individuals and their families throughout the policy development and implementation process. Advisory panels consisting of autistic individuals and advocacy groups play a significant role in shaping and reviewing the strategy, ensuring continuous input and consideration of diverse needs.

Implementation Details

- **South Australia:** The strategy outlines a detailed implementation framework with specific actions, timelines, and responsibilities. It includes a roadmap for rolling out the initiatives, with clear milestones and performance indicators to measure progress. The strategy also emphasizes the importance of cross-sector collaboration to ensure effective implementation.
- Australia: Australia's strategy includes a comprehensive implementation framework, specifying the roles and responsibilities of various government departments, agencies, and partners. It provides clear action plans with timelines, funding allocations, and measurable targets to ensure accountability and track progress. The implementation framework is designed to be adaptive, allowing for adjustments based on ongoing feedback and evaluation.

Administrative Body Dedicated for Autism

- **South Australia:** The strategy does not specify a single dedicated administrative body for autism. Instead, it relies on existing structures within the health, education, and social care sectors to implement the recommended changes. Coordination among various stakeholders is emphasized to ensure effective implementation.
- Australia: While there is no single administrative body dedicated solely to autism, the National Disability Insurance Agency (NDIA) under the NDIS plays a central role in coordinating and delivering services to autistic individuals. The strategy involves multiple government departments working in collaboration to implement the policy effectively.

Monitoring and Accountability

- **South Australia:** The strategy includes mechanisms for monitoring and evaluation, with specific indicators and benchmarks to measure the effectiveness of the initiatives. It emphasizes the importance of transparency and accountability, with regular reporting and reviews to ensure progress is tracked and objectives are met.
- Australia: Australia's strategy features robust monitoring and accountability mechanisms. Regular reports and independent evaluations are required to track progress against the strategic objectives. Stakeholder feedback is integral to the process, ensuring that the strategy remains effective and responsive to the community's needs.

SMART Criteria

- **South Australia:** The strategy employs SMART (Specific, Measurable, Achievable, Relevant, Time-bound) criteria to frame its objectives and action plans. This structured approach ensures that goals are clear, measurable, and achievable within specified timelines.
- Australia: The national strategy also uses SMART criteria extensively, setting clear, measurable goals and objectives. This approach facilitates benchmarking, progress tracking, and accountability, ensuring that each action item is specific, measurable, achievable, relevant, and time-bound.

Legal Framework and Tools

- South Australia: The strategy aligns with existing legal frameworks such as the Disability Inclusion Act 2018 (SA) and the National Disability Insurance Scheme (NDIS). It emphasizes the importance of legal protections and rights for autistic individuals, ensuring that the strategy's measures are enforceable and backed by law.
- Australia: The national strategy is supported by broader disability rights laws under the NDIS. These frameworks provide a structured approach to funding, service provision, and

rights protection for autistic individuals, ensuring that the strategy's measures are legally enforceable and supported by government policy.

Continuous Improvement

- **South Australia:** The strategy emphasizes the importance of continuous improvement, with mechanisms for regular updates and feedback integration. It highlights the need for adapting strategies based on new research findings and stakeholder input to ensure ongoing relevance and effectiveness.
- Australia: Continuous improvement is embedded in the national strategy through regular reviews and updates based on new research and stakeholder feedback. The strategy emphasizes the importance of staying current with scientific advancements and evolving community needs, ensuring that the strategy remains effective and relevant.

International Collaboration

- **South Australia:** The strategy encourages international collaboration and learning from global best practices. It aligns with international efforts and conventions, such as the UN Convention on the Rights of Persons with Disabilities (CRPD), to ensure that South Australia's approach is informed by global standards.
- Australia: Australia's national strategy also engages in international collaborations to inform domestic policy and share best practices. The strategy includes a focus on learning from global developments and integrating international insights into the national approach, ensuring that Australia's autism strategy aligns with international standards and best practices.







Both South Australia and Australia prioritize stakeholder engagement, evidence-based practices, and continuous improvement in their autism strategies. However, the South Australian strategy includes a more detailed and localized implementation framework, emphasizing cross-sector collaboration and integration with existing state-level initiatives. In contrast, Australia's national strategy benefits from a more centralized and structured implementation framework under the NDIS, with extensive monitoring and accountability mechanisms.

The comparison highlights areas where both strategies could benefit from each other's strengths. South Australia could enhance its strategy by adopting more detailed national-level coordination and accountability measures, while Australia could incorporate some of South Australia's localized and culturally specific approaches to further enhance its inclusivity and relevance.





B2: Identification of Additional Strategy Needs

South Australia

The South Australian Draft State Autism Strategy includes several additional framework-related topics that extend beyond those typically addressed in standard autism strategies. These topics highlight areas where the strategy provides specific guidance or recommendations that might not be as prominently featured in Australia's National Draft Autism Strategy.

1. Integration with State-Specific Legislation and Policies:

- Alignment with State Laws: The South Australian strategy explicitly addresses its integration with state-specific legislation such as the Disability Inclusion Act 2018 (SA).
 This alignment ensures that the strategy is legally enforceable within the state and harmonized with existing legal frameworks.
- Local Policy Integration: The strategy incorporates local policies and programs, ensuring that autism support is consistent with other state initiatives aimed at disability inclusion and support.

2. Focus on Localized and Regional Needs:

- Regional Tailoring: The strategy emphasizes the importance of tailoring services and supports to meet the specific needs of different regions within South Australia. This includes addressing the unique challenges faced by rural and remote communities.
- Community-Based Approaches: The strategy promotes community-based approaches to service delivery, ensuring that supports are accessible and relevant to local contexts.

3. Detailed Implementation Roadmaps:

- Specific Action Plans: The strategy includes detailed action plans with clear milestones and performance indicators. These roadmaps provide a step-by-step guide to implementing the strategy, ensuring that all stakeholders understand their roles and responsibilities.
- Timelines and Accountability: Specific timelines and accountability measures are outlined to ensure that progress is tracked and objectives are met within the designated timeframes.

4. Public Consultation and Ongoing Engagement:

- Extensive Initial Consultation: The strategy was developed through one of the largest public consultations on disability-related matters in South Australia, ensuring that it reflects the needs and perspectives of the autistic community.
- Continuous Feedback Mechanisms: The strategy emphasizes the importance of ongoing engagement with the community to adapt and refine initiatives based on feedback and evolving needs.

5. Integration of Neurodiversity Affirming Practices:

 Neurodiversity Affirming Supports: The strategy places significant emphasis on neurodiversity affirming practices, ensuring that supports respect and celebrate neurodiversity. This includes training for service providers to adopt these practices in their work. Strengths-Based Approaches: It promotes a strengths-based approach, focusing on the abilities and potential of autistic individuals rather than a deficit-based perspective.

6. Cultural and Linguistic Diversity:

- Culturally Appropriate Services: The strategy highlights the need for culturally appropriate diagnostic tools and support services. It acknowledges the unique challenges faced by autistic individuals from culturally and linguistically diverse backgrounds and aims to provide tailored support.
- Support for Aboriginal and Torres Strait Islander Communities: The strategy
 includes specific initiatives to support autistic individuals within Aboriginal and Torres
 Strait Islander communities, recognizing the intersectional challenges they may face.

7. Crisis Management and Emergency Services:

- Emergency Protocols: The strategy includes specific recommendations for developing emergency protocols tailored to autistic individuals. This involves training for emergency responders to handle situations involving autistic individuals with sensitivity and care.
- Mental Health Crisis Intervention: There is a particular emphasis on mental health crisis intervention, ensuring that autistic individuals receive appropriate and timely support during mental health crises.

8. Focus on Transition Periods:

 Support for Life Transitions: The strategy highlights the importance of support during key transition periods, such as from school to work or from childhood to adulthood. It includes specific recommendations for transition planning and support to ensure smooth transitions and continuity of care.

Australia

Australia's Draft National Autism Strategy covers a wide range of important areas but may lack some specific focuses that South Australia's strategy includes:

1. Integration with State-Specific Legislation and Policies:

 While Australia's national strategy aligns with existing national initiatives, the explicit emphasis on integrating with state-specific legislation, as seen in South Australia's strategy, might not be as pronounced.

2. Focus on Localized and Regional Needs:

 The national strategy addresses the needs of various regions but might benefit from the detailed regional tailoring and community-based approaches highlighted in South Australia's strategy.

3. **Detailed Implementation Roadmaps**:

 Although Australia's strategy includes comprehensive implementation plans, the highly detailed action plans with specific milestones and performance indicators in South Australia's strategy could enhance the national approach.

4. Public Consultation and Ongoing Engagement:

o Australia's national strategy involves extensive consultation, but the scale and ongoing nature of the consultation process highlighted in South Australia's strategy might provide a more continuous feedback loop.

5. Integration of Neurodiversity Affirming Practices:

• While Australia's strategy includes neurodiversity-affirming principles, the specific emphasis and detailed recommendations found in South Australia's strategy could enhance the national approach.

6. Cultural and Linguistic Diversity:

o Australia's strategy addresses cultural and linguistic diversity, but the detailed focus on culturally appropriate supports and specific initiatives for Aboriginal and Torres Strait Islander communities in South Australia's strategy might provide a more comprehensive approach.

7. Crisis Management and Emergency Services:

• While Australia includes mental health crisis support, the specific focus on emergency protocols and crisis intervention tailored to autistic individuals, as seen in South Australia, might not be as detailed.

8. Focus on Transition Periods:

o Australia's strategy includes support for transitions, but the detailed focus on transition planning and support in South Australia's strategy could enhance the national approach.







South Australia's Draft State Autism Strategy includes several additional framework-related topics that provide a more detailed and comprehensive approach to supporting autistic individuals. By integrating these elements, Australia's Draft National Autism Strategy could enhance its robustness and effectiveness, ensuring a more inclusive, holistic, and culturally sensitive framework for autism support and advocacy. These additional topics highlight the proactive measures both regions are taking to address gaps and enhance the effectiveness of their autism strategies.





C: Additional, Particular Criteria of Comparisons

1. Technological Integration and Digital Accessibility

South Australian Strategy: South Australia's strategy emphasizes the integration of technology to support autistic individuals. It includes the development of online platforms for accessing information and services, ensuring that digital resources are accessible and user-friendly. The strategy outlines the importance of providing digital tools for therapy and support, aiming to reduce barriers to accessing services, especially for those in remote areas.

Australian Draft National Autism Strategy: The Australian strategy also recognizes the role of technology in supporting autistic individuals. It commits to enhancing digital accessibility by providing online resources, including virtual platforms for community interaction and support. The draft strategy highlights the use of technology to deliver remote therapies and support services, ensuring that autistic individuals can access necessary resources regardless of their location.

2. Crisis Management and Emergency Services

South Australian Strategy: South Australia's strategy includes specific actions to improve the preparedness and responsiveness of health and emergency services for autistic individuals. This involves training for first responders, including police and ambulance staff, to understand and appropriately respond to autistic individuals during crises. The strategy also emphasizes the need for autism-specific protocols in emergency departments to prevent miscommunication and ensure appropriate care.

Australian Draft National Autism Strategy: Australia's national strategy addresses crisis management by committing to improve the responsiveness of emergency services to the needs of autistic individuals. It includes training programs for health and emergency service providers to enhance their understanding of autism. The draft strategy outlines the development of specialized protocols for handling mental health crises and medical emergencies, ensuring that autistic individuals receive appropriate and timely care.

3. Cultural Competency and Inclusivity

South Australian Strategy: The South Australian strategy places a strong emphasis on cultural competency, recognizing the diverse backgrounds of autistic individuals. It includes initiatives to ensure that services are culturally sensitive and accessible to all, particularly Aboriginal and culturally and linguistically diverse communities. The strategy promotes the use of culturally appropriate diagnostic tools and services, aiming to reduce disparities in diagnosis and treatment.

Australian Draft National Autism Strategy: Australia's national strategy also highlights the importance of cultural competency. It commits to developing culturally sensitive services and supports, ensuring that the needs of all autistic individuals, including those from diverse cultural backgrounds, are met. The draft strategy includes actions to improve language accessibility and cultural sensitivity in service delivery, aiming to create an inclusive environment for all autistic individuals.

4. Policy Consistency and Coordination Across Levels of Government

South Australian Strategy: South Australia's strategy emphasizes the importance of policy consistency and coordination across different levels of government. It includes mechanisms to align state-level initiatives with national and local policies, ensuring a coherent approach to autism

support. The strategy also highlights the need for collaboration between government bodies to streamline services and improve outcomes for autistic individuals.

Australian Draft National Autism Strategy: Australia's national strategy outlines a framework for coordinating autism policies across federal, state, and local levels. It includes commitments to ensure policy coherence and alignment, facilitating seamless service delivery. The draft strategy emphasizes the role of intergovernmental collaboration in implementing effective autism support systems, aiming to create a unified approach to addressing the needs of autistic individuals.

5. Public and Private Sector Roles

- **South Australian Strategy:** The South Australian strategy delineates clear roles for the public and private sectors in supporting autistic individuals. It includes partnerships with nongovernmental organizations and private sector entities to deliver services and supports. The strategy emphasizes the importance of private sector involvement in providing innovative solutions and funding mechanisms for autism-related initiatives.
- Australian Draft National Autism Strategy: Australia's national strategy outlines the roles of both the public and private sectors in supporting autistic individuals. It includes commitments to foster partnerships with private sector organizations and NGOs, leveraging their expertise and resources. The draft strategy highlights the importance of collaborative efforts to enhance service delivery and create sustainable support systems for autistic individuals.

6. Sustainability of Services

- **South Australian Strategy:** South Australia's strategy emphasizes the sustainability of services by ensuring long-term funding and policy support. It includes mechanisms to monitor and evaluate the effectiveness of initiatives, ensuring they remain relevant and impactful. The strategy also highlights the importance of scalable solutions to meet the growing needs of the autistic community.
- Australian Draft National Autism Strategy: Australia's national strategy focuses on the sustainability of services through stable funding and continuous policy support. It includes provisions for regular review and evaluation of initiatives, ensuring they adapt to changing needs. The draft strategy emphasizes the scalability of successful programs to ensure that they can be expanded to benefit more autistic individuals over time.

7. Impact Measurement and Strategy Evaluation

South Australian Strategy: South Australia's strategy includes comprehensive mechanisms for measuring the impact of its initiatives. It outlines the use of performance indicators and feedback from the autistic community to evaluate the effectiveness of programs. The strategy also commits to regular updates and revisions based on new data and research findings, ensuring continuous improvement.

Australian Draft National Autism Strategy: Australia's national strategy emphasizes the importance of impact measurement and evaluation. It includes the use of specific performance indicators and community feedback to assess the success of initiatives. The draft strategy commits to ongoing review and refinement of programs based on evidence and research, ensuring that the strategy remains effective and responsive to the needs of autistic individuals.

This detailed analysis compares the approaches of South Australia and Australia's Draft National Autism Strategy in addressing critical areas related to autism. Both strategies emphasize the importance of technological integration, crisis management, cultural competency, policy consistency, public-private partnerships, sustainability, and impact measurement, with specific commitments and actions tailored to their respective contexts.



D: Respect and Representation in Autism Strategies

South Australian Draft State Autism Strategy 2024-2029

Use of Identity-First Language and Presence of Stigmatizing Terms

Identity-First Language:

- The strategy uses identity-first language consistently, referring to "Autistic people" rather than "people with autism."
- This preference is based on feedback from the autistic community during the consultation process, showing respect for their identity and preferred terminology.

• Stigmatizing Terms:

- The term "autism spectrum disorder" and the acronym "ASD" are explicitly avoided in the strategy.
- It refrains from using terms like "low functioning" or "high functioning", acknowledging that these labels are outdated and do not accurately reflect the diverse experiences of autistic individuals.

Respectful Portrayal of Autism

- The strategy portrays autism as a natural and valuable part of human diversity, emphasizing that Autistic people have the same fundamental rights as everyone else.
- It stresses the importance of recognizing and valuing the unique strengths, qualities, and needs of autistic individuals.
- The language used is inclusive and empowering, aiming to challenge and change societal perceptions of autism.
- There is a clear commitment to dispelling myths and misconceptions about autism through education and increased community understanding.

Normalization Tactics

- There is no mention of Applied Behavior Analysis (ABA) or any other normalization tactics in the strategy.
- The focus is on neurodiversity-affirming supports that respect and accommodate the natural behaviors and preferences of autistic individuals.
- The strategy advocates for creating environments and supports that enable autistic people to thrive as they are, rather than attempting to change or "normalize" their behavior.

Australian Draft National Autism Strategy

Use of Identity-First Language and Presence of Stigmatizing Terms

Identity-First Language:

- The draft strategy predominantly uses identity-first language, consistently referring to "autistic people."
- This choice reflects a commitment to the preferences of the autistic community and aligns with contemporary advocacy for identity-first language.

Stigmatizing Terms:

- o The strategy avoids the use of "autism spectrum disorder" and the acronym "ASD."
- Terms such as "low functioning" and "high functioning" are not used, recognizing that these labels are inadequate and do not capture the full spectrum of autistic experiences.

Respectful Portrayal of Autism

- The draft strategy portrays autism as an inherent aspect of human diversity, advocating for the inclusion and rights of autistic individuals.
- It emphasizes understanding and respecting the unique experiences and strengths of autistic people.
- The language and approach are strengths-based, focusing on the capabilities and contributions of autistic individuals rather than their deficits.
- The strategy includes commitments to improving societal understanding and acceptance of autism through education and awareness initiatives.

Normalization Tactics

- The draft strategy does not promote ABA or similar normalization tactics.
- It emphasizes providing supportive and respectful services that honor autistic individuals' natural ways of being.
- The focus is on creating inclusive environments and supports that affirm neurodiversity and respect the individuality of autistic people.



Use of Identity-First Language: Both strategies make a clear and deliberate choice to use identityfirst language, referring to "autistic people." This aligns with the preferences expressed by many within the autistic community and reflects a respect for their identity.

Avoidance of Stigmatizing Terms: Neither strategy uses the term "autism spectrum disorder" or the acronym "ASD." Both strategies also avoid terms like "low functioning" and "high functioning", which are considered outdated and inadequate in capturing the diversity of the autistic experience.

Respectful Portrayal: Both strategies portray autism as a natural and valuable part of human diversity. They emphasize the rights of autistic individuals to be included and respected within society. The language used is inclusive, empowering, and aimed at challenging societal misconceptions about autism.

Normalization Tactics: Neither strategy includes references to ABA or other normalization tactics. Instead, they focus on neurodiversity-affirming supports that respect and accommodate the natural behaviors and preferences of autistic individuals. This approach aligns with contemporary best practices and advocacy within the autistic community.







Both the South Australian Draft State Autism Strategy 2024-2029 and the Australian Draft National Autism Strategy demonstrate a strong commitment to respectful and inclusive language, avoiding stigmatizing terms, and promoting identity-first language. They portray autism as an integral part of human diversity, focusing on the strengths and potential of autistic individuals. Neither strategy includes normalization tactics like ABA, instead advocating for neurodiversity-affirming supports and services. These strategies reflect a deep respect for the autistic community and aim to foster a more inclusive and understanding society.





E: Comparative Analysis of Methodologies

South Australian Draft State Autism Strategy 2024-2029

1. Data Collection and Community Consultation:

Public Consultation:

- The strategy was developed based on extensive public consultation, with over 1,200 submissions received.
- o Methods of consultation included public surveys, forums, and written, visual, video, or audio submissions.
- o The feedback emphasized that autistic voices must be central to the decision-making process.

Advisory Committee:

- The State Autism Strategy Advisory Committee, composed of 13 members from the autistic and autism communities, provided advice based on lived experiences.
- The Committee ensured diverse perspectives were included in the strategy development.

2. Framework and Structure:

Focus Areas:

- The strategy is organized around seven focus areas: Pathways to Diagnosis, Positive Educational Experiences, Thriving in the Workplace, Access to Supports and Services, Participation in the Community, Access to Health and Mental Health Services, and Interactions with the Justice System.
- Each focus area includes specific commitments and actions to address identified needs.

Intersection with Other Initiatives:

- The strategy aligns with existing initiatives such as the Disability Inclusion Act 2018 (SA), Inclusive SA, and the National Disability Insurance Scheme (NDIS).
- o It aims to complement and enhance ongoing efforts while addressing gaps specific to autism.

3. Implementation and Accountability:

Action Plans:

- Action plans will be developed for each focus area, outlining specific initiatives and timelines.
- These plans are considered living documents, adaptable to changing needs and emerging issues.

• Lead Agencies and Reporting:

- The Department of Human Services (DHS) will lead the implementation, with other government agencies responsible for delivering specific actions.
- Annual reports will track progress against the strategy's commitments, ensuring transparency and accountability.

4. Continuous Improvement and Feedback:

Ongoing Engagement:

- The strategy commits to ongoing engagement with the autistic and autism communities to ensure the strategy remains relevant and responsive.
- Regular updates and feedback mechanisms are in place to adapt to new research and community needs.

Australian Draft National Autism Strategy

1. Data Collection and Community Consultation:

• National Consultation:

- o The strategy development involved broad national consultation with autistic individuals, families, carers, and professionals.
- o Various methods, including online surveys, public forums, and targeted focus groups, were used to gather input.

Stakeholder Involvement:

o Key stakeholders, including autistic individuals, advocacy groups, service providers, and researchers, were actively involved in the consultation process.

2. Framework and Structure:

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Outcome Areas and Commitments:

- o The strategy is structured around specific outcome areas, detailing commitments to improve the lives of autistic people.
- These areas include early diagnosis and intervention, education, employment, health, and community inclusion.

Alignment with National Policies:

- o The strategy aligns with national policies and frameworks, such as the NDIS and the Disability Discrimination Act.
- o It seeks to create a cohesive national approach to autism support.

Implementation and Accountability:

Implementation Plans:

- o Detailed implementation plans will be developed, outlining actions, responsible agencies, and timelines.
- o The plans will be regularly reviewed and updated to ensure they remain effective.

Monitoring and Reporting:

- o The strategy includes mechanisms for monitoring progress, with annual reports to track the implementation of commitments.
- o Feedback from the autistic community will be integrated into ongoing evaluations.

4. Continuous Improvement and Feedback:

Research and Innovation:

- o The strategy emphasizes the importance of research and innovation in developing effective supports and services.
- o It commits to incorporating new evidence and best practices into the strategy.

Community Engagement:

- o Continuous engagement with the autistic community is prioritized to ensure the strategy evolves with changing needs.
- o Regular consultations and feedback loops are established to maintain relevance and effectiveness.





Comparative Analysis of Methodologies

1. Data Collection and Community Consultation:

South Australian Strategy:

- o Emphasizes extensive public consultation and the central role of autistic voices.
- Utilizes a dedicated advisory committee to ensure diverse perspectives.

Australian National Strategy:

- o Involves broad national consultation with a wide range of stakeholders.
- o Engages key stakeholders actively throughout the consultation process.

2. Framework and Structure:

South Australian Strategy:

- o Organized around seven specific focus areas with clear commitments.
- o Aligns with state and national initiatives to enhance overall effectiveness.

Australian National Strategy:

- Structured around outcome areas and detailed commitments.
- Seeks to align with national policies for a cohesive approach.

3. Implementation and Accountability:

South Australian Strategy:

- Utilizes action plans and assigns lead agencies for implementation.
- o Ensures transparency through annual reporting and adaptable plans.

Australian National Strategy:

- o Develops detailed implementation plans with assigned responsibilities.
- o Incorporates monitoring mechanisms and annual reporting for accountability.

4. Continuous Improvement and Feedback:

South Australian Strategy:

- o Commits to ongoing engagement and regular updates based on community feedback.
- o Adapts strategies based on new research and emerging needs.

Australian National Strategy:

- o Prioritizes research and innovation to integrate new evidence into the strategy.
- o Maintains continuous engagement with the autistic community for evolving relevance.



Both the South Australian Draft State Autism Strategy 2024-2029 and the Australian Draft National Autism Strategy employ comprehensive methodologies involving extensive consultation, clear frameworks, detailed implementation plans, and mechanisms for continuous improvement and accountability. They emphasize the central role of the autistic community in the development and implementation processes, ensuring that the strategies remain relevant and effective. The methodologies reflect a commitment to transparency, adaptability, and the integration of new evidence and best practices.



F: General Conclusion and Suggestions

Key Differences Compared with South Australia

Primary Differences

Accessibility Initiatives: Both strategies prioritize sensory-friendly environments. However, South Australia's specific implementation in community settings suggests a model for broader national adoption, aiming for greater impact and inclusivity.

Diagnostic Services: Emphasize the need for culturally and linguistically appropriate diagnostic tools, highlighted by South Australia, to improve equitable service provision.

Implementation Framework: South Australia's strategy has a localized approach with specific regional adaptations, whereas the national strategy in Australia focuses on a standardized implementation framework across the entire country, ensuring consistency.

Funding Mechanisms: The national strategy benefits from the NDIS, which provides a comprehensive funding mechanism. South Australia, while aligned with the NDIS, includes additional state-specific funding initiatives tailored to regional needs.

↔ Secondary Differences

Educational Approaches: Consider adopting South Australia's explicit focus on neurodiversity-affirming supports to enrich educational strategies across Australia.

Community Engagement: South Australia's strategy includes targeted community engagement programs at the local level, while the national strategy incorporates broader, nationwide community participation efforts.

Strengths of Australia's Strategy Compared with South **Australia**

🏧 🟆 蝝 Primary Strengths

Structured and Explicit Commitments: Australia's strategy outlines clear, structured commitments with specific outcomes, timelines, and responsibilities. This facilitates measurable benchmarks and accountability, which are somewhat less explicitly defined in South Australia's documents.

Comprehensive Integration within Broader Social Services: The Australian national strategy integrates autism supports within a broader framework of disability and social services, enhancing the efficiency of service delivery and providing a cohesive support system that is more explicitly interconnected than in South Australia's approach.

Emphasis on Community Participation: The national strategy places a strong focus on enhancing community participation and accessibility for autistic individuals. Initiatives aimed at increasing the accessibility of public spaces and promoting inclusivity in community activities are more pronounced than those found in South Australia's strategy.

Secondary Strengths

Individual Assistance Services: The national strategy's structured support through the NDIS for individual assistants is more comprehensive compared to South Australia's more localized and variable assistant support services.

Systematic Public Awareness Campaigns: The national strategy has implemented extensive, nationwide awareness campaigns that are more systematic and farreaching than South Australia's, aiming to enhance societal understanding and acceptance of autism.

Legal and Policy Framework: Highlight the strong support from national disability rights laws, ensuring the enforceability of the strategy's measures.

International Collaboration: The national strategy engages in international collaborations to share best practices and integrate global insights, a strength that may be less emphasized in the South Australian strategy.

Apparent Gaps in Australia's Strategy Compared with South **Australia**

🏧 🛦 🔎 Primary Apparent Gaps

Stakeholder Engagement and Oversight: South Australia's strategy involves extensive stakeholder engagement, including autistic individuals, families, and professionals, in both development and oversight, facilitated by structured forums and public consultations. The national strategy could benefit from stronger mechanisms for direct community engagement to ensure policies are closely aligned with community needs.

Lifespan Approach and Adult Services: South Australia's strategy emphasizes services across the lifespan, with particular attention to transitions and adult services, including employment and independent living. The national strategy, while comprehensive, could place greater emphasis on detailed programs and supports that facilitate transitions throughout the lifespan of autistic individuals.

Emergency Services and Crisis Management: Point out the need for detailed crisis management protocols as demonstrated by South Australia, to enhance national response efficiency.



Innovative Service Delivery and Use of Technology: South Australia's strategy highlights the use of innovative service delivery models and technology, such as digital health platforms and specialized training programs for professionals. The national strategy could enhance its approach by incorporating more innovative and technologically advanced practices to support education, healthcare, and community integration.

Localized Implementation: Note the potential benefits of adopting detailed, localized implementation strategies from the South Australian model to address specific regional needs.

Stakeholder Feedback Mechanisms: Although there is broad consultation, continuous feedback mechanisms post-implementation could be enhanced to ensure ongoing relevance and responsiveness.

Suggestions for Enhancements to Australia's Strategy



Enhance Stakeholder Engagement: Develop robust frameworks for continuous engagement with the autistic community, ensuring their input directly influences policy and practice. This could mirror South Australia's extensive use of public consultations and involvement of autistic individuals in advisory roles.

Broaden Lifespan Services: Expand focus on lifespan services, particularly for adults, by detailing supports for employment, independent living, and ongoing education. South Australia's structured approach to transitions and adult life could serve as a model.

Increase Research and Development: Invest more in research initiatives that support the development of new interventions and the continuous evaluation of existing services. South Australia's emphasis on evidence-based practices and ongoing research could guide enhancements in the national strategy.

Enhanced Localized Strategies: Integrate detailed action plans and community insights from the South Australian strategy to effectively address local and regional needs.

Expanded Diagnostic and Educational Tools: Propose the broader use of culturally appropriate diagnostic and educational tools throughout Australia.

Secondary Suggestions

Implement Innovative Practices: Adopt more innovative practices in service delivery, using technology to enhance educational and healthcare accessibility, as well as workforce integration, similar to some of the digital initiatives seen in South Australia's strategy.

Strengthen Training and Professional Development: Introduce comprehensive, nationwide training programs for professionals across all sectors interacting with autistic individuals, drawing on South Australia's initiatives for professional development and public awareness.

Enhance National Coordination: Develop stronger frameworks for integrating state and national efforts, ensuring consistency and avoiding redundancy.

Promote Awareness and Education: Enhance public education campaigns to increase understanding and acceptance of autism, reducing stigma and promoting inclusion.

Technology and Innovation: Leverage advancements in technology to provide innovative support solutions, ensuring accessibility and effectiveness.

Additional Strategic Insights:

Governance and Policy Integration: Strengthen the governance structure of the national strategy to ensure clear oversight and effective implementation across various government levels, taking cues from South Australia's well-defined organizational framework for managing and reviewing its autism strategy.

Flexible and Responsive Policy Design: Ensure that the national strategy remains adaptable to emerging needs and challenges, including adapting to new research findings and community feedback, similar to the iterative updates and revisions seen in South Australia's strategy.

[NZ] New Zealand - 'Aotearoa **New Zealand Autism Guideline'**

https://www.whaikaha.govt.nz/assets/Autism-Guideline/Aotearoa-New-Zealand-Autism-Guideline-Third-Edition.pdf

A1: Comprehensive Analysis of Topics Related to the Needs of Autistic People

Autism-Friendly Accessibility Everywhere (Social and Sensory)

- New Zealand: The guidelines emphasize the creation of autism-friendly environments, especially in educational and healthcare settings. Specific recommendations include the use of sensory-friendly spaces and accommodations to reduce sensory overload in public areas. However, there is less emphasis on comprehensive nationwide implementation across all public spaces.
- Australia: Australia's strategy outlines comprehensive measures to improve autismfriendly accessibility, particularly in public transportation, shopping centers, and residential neighborhoods. The strategy includes guidelines for urban development that integrate sensory-friendly designs and community input to ensure environments are accessible to autistic individuals.

Detection of Autism

- New Zealand: The guidelines provide detailed best practices for early detection and diagnosis of autism, stressing the importance of timely and accurate assessments. They recommend training for professionals to identify autism early and improving access to diagnostic services.
- Australia: Emphasizes early detection and intervention through nationwide screening programs and extensive training for primary care providers. The strategy includes specific funding for research into innovative diagnostic techniques to enhance early identification.

Education and Social Skills

New Zealand: Focuses on inclusive education practices, offering guidelines for adapting curricula and teaching methods to support autistic students. It emphasizes social skills training as part of the educational experience and provides strategies for schools to

implement these practices.

• Australia: Prioritizes inclusive education through individualized educational plans (IEPs) and support services in all schools. Social skills programs and peer mentoring are integral components of the educational strategy, ensuring a supportive learning environment for autistic students.

Training of Parents and Carers

- New Zealand: Offers comprehensive training programs for parents and carers, including practical strategies for supporting autistic individuals and managing daily challenges. These programs are designed to be accessible and ongoing.
- Australia: Parent and carer training is integrated into the NDIS framework, providing workshops and online resources focused on empowerment and practical support strategies. Training emphasizes understanding autism and managing daily challenges.

Awareness of Society and Public Servants

- **New Zealand:** Public awareness campaigns and training programs for public servants are included to improve societal understanding of autism and ensure public services are supportive of autistic individuals.
- Australia: Australia conducts extensive awareness campaigns as part of its national mental health strategy, along with specific training for public servants to enhance their ability to support autistic individuals.

Assistance Services Adapted to Autism

- New Zealand: Guidelines recommend specialized assistance services tailored to the needs of autistic individuals, including therapeutic support and counseling. However, the guidelines lack a formal implementation framework and rely on recommendations for best practices.
- Australia: The NDIS facilitates comprehensive and personalized assistance services, ensuring autistic individuals receive tailored support through coordinated personal plans. Services cover a wide range of needs, from therapy to daily living assistance.

Individual Assistants

• **New Zealand:** Recommends the use of individual assistants to support autistic individuals in various settings, though implementation may vary by region.

• Australia: Individual assistants are a key component of the NDIS, providing consistent and tailored support across the country. Autistic individuals can employ personal assistants to help manage daily activities and enhance their participation in the community.

Peer-Support

- **New Zealand:** Promotes the establishment of peer-support networks to provide social connections and mutual support among autistic individuals.
- Australia: Systematically integrates peer-support into the strategy, with funded initiatives to establish and maintain support groups accessible both in person and online.

Housing and Independent Living

- **New Zealand:** Provides guidelines for developing housing solutions that support independent living for autistic adults, emphasizing the need for safe and supportive environments.
- Australia: Extensive support for independent living is provided through the NDIS, offering housing modifications and access to supportive housing options. This ensures that autistic individuals can choose living arrangements that best suit their needs and preferences.

Employment (or Allowances)

- **New Zealand:** Focuses on job training and workplace adaptations to support autistic individuals in employment. Guidelines also address the need for allowances for those unable to work.
- Australia: Australia's approach includes strong initiatives to integrate autistic individuals into the workforce, with specific employment support programs designed to help individuals find and retain jobs. The strategy emphasizes workplace inclusivity and accommodations.

Health, Nutrition, Physical Activities, and Sports

- New Zealand: Encourages participation in physical activities and sports, with programs designed to be accessible for autistic individuals. Health and nutrition are also addressed through tailored guidelines.
- Australia: Similar focus on health, nutrition, and physical activities, with inclusive programs to promote participation in sports and other physical activities. Healthcare services are tailored to meet the specific needs of autistic individuals.

Friendly and Affective Relationships (including Sexual)

- New Zealand: Provides educational programs to help autistic individuals navigate personal and sexual relationships, focusing on communication and social interaction.
- Australia: Emphasizes the importance of supporting relationships, including sexual education and relationship-building programs tailored to autistic individuals' needs.

Leisure, Travels, Experiences, Special Interests, Creativity, Flourishing

- New Zealand: Supports access to leisure activities, travel, and special interests, recognizing their importance for the well-being of autistic individuals.
- Australia: Promotes access to leisure, creative arts, and travel for autistic individuals. Funding is available for projects that include autistic people in arts, sports, and cultural activities.

Connection with Nature (including Animals)

- New Zealand: Encourages connections with nature and animals as therapeutic activities beneficial for autistic individuals.
- Australia: Includes programs that enhance connections with nature and animals, recognizing the therapeutic benefits and promoting activities that involve nature-based therapy.

Protection Against Stigma, Bullying, Mistreatment, and Abuse

- **New Zealand:** Emphasizes the need for robust measures to protect autistic individuals from stigma, bullying, and abuse, including public education and legal protections.
- Australia: Comprehensive policies to combat bullying and discrimination are supported by legal frameworks to protect autistic individuals, with extensive public education campaigns.

Personal Security (especially against the risk of getting lost), **Protection and Defense (against other people)**

New Zealand: Recommends programs to enhance personal security and safety for autistic individuals, including emergency preparedness and safety awareness.

• Australia: Includes community-based safety programs and the use of technology, such as GPS tracking devices for individuals at risk of getting lost. Training for first responders and emergency personnel on autism-specific needs is also a key component.

Protection Against Depression and Suicide

- **New Zealand:** Mental health support is a key component, with services aimed at preventing depression and suicide among autistic individuals.
- Australia: Prioritizes mental health support with specific programs to identify early signs of depression and provide timely interventions. Comprehensive support systems cater to the mental health needs of autistic individuals, including crisis intervention services.

Protection Against the Risk of Deprivation of Liberty (in institutions or hospitals) or Forced Treatments

- **New Zealand:** Legal safeguards are emphasized to protect autistic individuals from involuntary confinement or treatment.
- Australia: Ensures legal and ethical guidelines to prevent the deprivation of liberty and non-consensual treatments, protecting the rights of autistic individuals.

Healthcare and Emergencies

- **New Zealand:** Specialized training for healthcare and emergency service providers to effectively respond to autistic individuals' needs.
- **Australia:** Enhances healthcare and emergency services through specialized training and autism-friendly emergency response practices.

Aging and Autonomy

- **New Zealand:** Addresses the needs of aging autistic individuals, focusing on maintaining autonomy and appropriate care.
- Australia: Provides resources and support systems designed to maintain independence and support health as autistic individuals age. The strategy includes planning for long-term care and support services.

Empowerment Advocacy

• New Zealand: Promotes empowerment and self-advocacy skills for autistic individuals.

• Australia: Emphasizes empowerment, supporting initiatives that enhance self-advocacy skills and active community involvement.

Respect of the UN CRPD

- New Zealand: Aligns with the UN Convention on the Rights of Persons with Disabilities, ensuring rights and dignity are upheld.
- Australia: Commits to UN CRPD principles, ensuring all measures and policies uphold autistic individuals' rights and dignity.

Effective Access to Justice

- New Zealand: Efforts to ensure effective access to justice, with adaptations in legal processes for autistic individuals.
- Australia: Facilitates access to justice through legal aid services and court procedure adaptations for autistic individuals.







This detailed comparison reveals that both New Zealand and Australia prioritize early detection, inclusive education, personalized support services, and societal awareness to improve the quality of life for autistic individuals. While New Zealand's guidelines provide comprehensive best practice recommendations, Australia's strategy offers a more structured implementation framework backed by government policy and funding, ensuring consistent application and accountability across the country.





A2: Identification of Additional Relevant Topics

New Zealand

- 1. Integration with Other Disability Services:
 - Focus on Integration: New Zealand's guidelines emphasize the integration of autism services with broader disability services. This approach aims to streamline access to support and ensure that autistic individuals benefit from the full range of services available to those with disabilities.
 - Collaborative Frameworks: There is a strong focus on fostering collaboration among various service providers, including health, education, and social services, to provide holistic and coordinated care for autistic individuals.

2. Public Health Surveillance:

 Data Collection and Research: The guidelines emphasize the importance of enhancing public health surveillance and epidemiological research to better understand the prevalence and needs of autistic individuals. Improved data collection methods and integration of data across systems are recommended to inform policy and practice.

3. Support for Non-Speaking Autistic Individuals:

 Communication Supports: The guidelines highlight the need for specialized communication supports and assistive technologies for non-speaking autistic individuals. This includes the use of augmentative and alternative communication (AAC) devices to facilitate effective communication.

4. Transition Support:

 Support Across Life Stages: New Zealand's guidelines stress the importance of supporting transitions at various life stages, such as from childhood to adulthood and from school to employment. This includes vocational training, higher education support, and services to facilitate independent living.

5. **Behavioral Health Integration:**

 Mental Health Services: The guidelines recognize the need to integrate behavioral health services with primary care to better address the mental health needs of autistic individuals. This includes training healthcare providers to recognize and treat mental health issues within the context of autism.

Australia

1. Innovation in Research and Development:

- Fostering Innovation: Australia's strategy emphasizes fostering research and innovation, particularly in social integration and community support models. This includes funding for studies to explore effective support strategies and interventions.
- Applied Research: The strategy supports applied research that directly impacts service provision and policy improvements, ensuring that findings are translated into practical applications.

2. Sustainability of Services:

- Long-term Planning: The strategy focuses on the sustainability of autism services, emphasizing the importance of long-term planning to ensure that support mechanisms are resilient and financially sustainable over time.
- Resource Allocation: It includes planning for future funding needs and building robust service delivery frameworks that can adapt to changing demands and resources.

3. Cultural and Linguistic Inclusivity:

 Inclusivity Focus: Australia prioritizes ensuring that services are culturally and linguistically appropriate, acknowledging the diverse makeup of the population. This

- ensures that services are accessible to all autistic individuals, regardless of their cultural or linguistic background.
- Tailored Services: The strategy includes initiatives to provide services in multiple languages and train service providers in cultural sensitivity to better serve the diverse population.

4. Comprehensive Public Awareness Campaigns:

- Awareness and Education: Australia implements extensive public education campaigns aimed at increasing understanding and acceptance of autism. These campaigns target the general public as well as specific professional groups to promote a more inclusive society.
- Broad Outreach: The campaigns are designed to reach a wide audience and are integrated with broader mental health and disability awareness efforts.

5. Holistic Health Approach:

- o **Integrated Health Services:** Australia promotes a holistic approach to health for autistic individuals, integrating physical, mental, and social health services. The strategy includes initiatives to improve access to healthcare and ensure that health services are tailored to the unique needs of autistic people.
- Coordinated Care: Emphasizes the importance of coordinated care among different healthcare providers to address the comprehensive health needs of autistic individuals.







New Zealand's guidelines and Australia's strategy both address critical areas related to the needs of autistic individuals, but each has unique elements that cater to their specific contexts. New Zealand's guidelines emphasize integration with broader disability services, support for non-speaking autistic individuals, and behavioral health integration, reflecting a comprehensive and inclusive approach. Australia's strategy, on the other hand, highlights innovation in research, sustainability of services, cultural and linguistic inclusivity, extensive public awareness campaigns, and a holistic health approach, demonstrating a robust framework supported by policy and funding mechanisms. These additional topics highlight the proactive measures both countries are taking to address gaps and enhance the effectiveness of their autism strategies.





B1: Analysis of Strategy Frameworks

Close Consultation and Active Participation of Autistic People or Their Families

• New Zealand: The guidelines were developed through extensive consultations with a wide range of stakeholders, including autistic individuals, their families, healthcare professionals, and educators. The guidelines reflect the input from these groups, ensuring

they address diverse needs and perspectives. However, there is less emphasis on formal mechanisms for ongoing participation in policy-making beyond the initial consultation phase.

• Australia: Australia's strategy involves active participation from autistic individuals and their families throughout the policy development and implementation process. Advisory panels consisting of autistic individuals and advocacy groups play a significant role in shaping and reviewing the strategy, ensuring that their voices are continuously heard and considered.

Implementation Details

- **New Zealand:** The guidelines provide detailed best practices and recommendations but lack a structured implementation framework. There are no specific roles assigned to government agencies or clear action plans with timelines and accountability measures.
- Australia: Australia's strategy includes a detailed implementation framework with specific roles and responsibilities assigned to various government departments and agencies. The strategy outlines clear action plans with timelines, funding allocations, and measurable targets to ensure accountability and progress.

Administrative Body Dedicated for Autism

- New Zealand: There is no specific administrative body dedicated solely to autism. Instead, the implementation of the guidelines relies on various existing health, education, and social service agencies to adopt and apply the recommendations.
- Australia: While there is no single administrative body dedicated solely to autism, the National Disability Insurance Agency (NDIA) under the NDIS plays a central role in coordinating and delivering services to autistic individuals. The strategy also involves multiple government departments working in collaboration to implement the policy.

Monitoring and Accountability

- **New Zealand:** The guidelines suggest that service providers should assess the effectiveness of their practices based on the recommendations, but there are no formal monitoring and accountability mechanisms established. The emphasis is on encouraging best practices rather than enforcing them.
- Australia: Australia's strategy includes robust monitoring and accountability mechanisms. Regular reports and independent evaluations are required to track progress against the strategic objectives. Stakeholder feedback is integral to the process, ensuring that the strategy remains effective and responsive to the community's needs.

SMART Criteria

- **New Zealand:** The guidelines provide clear recommendations but do not explicitly use the SMART (Specific, Measurable, Achievable, Relevant, Time-bound) criteria to frame their objectives. This could lead to variability in how the guidelines are interpreted and implemented.
- Australia: The strategy employs SMART criteria extensively, setting clear, measurable goals and objectives. This structured approach facilitates benchmarking, progress tracking, and accountability, ensuring that each action item is specific, measurable, achievable, relevant, and time-bound.

Legal Framework and Tools

- New Zealand: The guidelines lack binding legal or policy frameworks, which means
 there is no formal enforcement mechanism to ensure adherence. They serve as
 recommendations rather than mandates, depending on voluntary adoption by service
 providers.
- Australia: The strategy is supported by legal frameworks under the NDIS and broader disability rights laws. These frameworks provide a structured approach to funding, service provision, and rights protection for autistic individuals, ensuring that the strategy's measures are enforceable and backed by government policy.

Continuous Improvement

- **New Zealand:** The guidelines encourage feedback from service providers and users to inform best practices, but there are no structured mechanisms for continuous improvement and regular updates.
- Australia: Continuous improvement is embedded in the strategy through regular reviews and updates based on new research and stakeholder feedback. The strategy emphasizes the importance of staying current with scientific advancements and evolving community needs.

International Collaboration

- **New Zealand:** The guidelines mention participation in international research networks and the importance of learning from global best practices. However, there is no structured framework for ongoing international collaboration.
- Australia: Australia engages in international collaborations to inform domestic policy and share best practices. The strategy includes a focus on learning from global developments and integrating international insights into the national approach.







Both New Zealand and Australia prioritize stakeholder engagement and evidence-based practices in their frameworks for supporting autistic individuals. However, Australia's strategy stands out for its detailed implementation framework, robust monitoring and accountability mechanisms, and adherence to SMART criteria, which ensure structured and measurable progress. In contrast, New Zealand's guidelines offer comprehensive best practices but lack the formal enforcement and structured implementation present in Australia's strategy. This difference underscores the greater policy and funding backing in Australia, enabling more consistent and accountable service delivery.





B2: Identification of Additional Strategy Needs



New Zealand

The "Aotearoa New Zealand Autism Guidelines" include several additional framework-related topics that extend beyond the typical focus areas addressed in B1. These topics highlight areas where the guidelines provide specific guidance or recommendations that might not be as prominently featured in Australia's strategy.

1. Integration with Other Disability Services:

- o **Focus on Integration:** New Zealand's guidelines emphasize the integration of autism services with broader disability services. This approach aims to streamline access to support and ensure that autistic individuals benefit from the full range of services available to those with disabilities.
- o Collaborative Frameworks: There is a strong focus on fostering collaboration among various service providers, including health, education, and social services, to provide holistic and coordinated care for autistic individuals.

2. Public Health Surveillance:

o Data Collection and Research: The guidelines emphasize the importance of enhancing public health surveillance and epidemiological research to better understand the prevalence and needs of autistic individuals. Improved data collection methods and integration of data across systems are recommended to inform policy and practice.

3. Support for Non-Speaking Autistic Individuals:

Communication Supports: The guidelines highlight the need for specialized communication supports and assistive technologies for non-speaking autistic individuals. This includes the use of augmentative and alternative communication (AAC) devices to facilitate effective communication.

4. Transition Support:

 Support Across Life Stages: New Zealand's guidelines stress the importance of supporting transitions at various life stages, such as from childhood to adulthood and from school to employment. This includes vocational training, higher education support, and services to facilitate independent living.

5. **Behavioral Health Integration:**

 Mental Health Services: The guidelines recognize the need to integrate behavioral health services with primary care to better address the mental health needs of autistic individuals. This includes training healthcare providers to recognize and treat mental health issues within the context of autism.

Australia Australia

Australia's National Autism Strategy incorporates several unique elements that extend beyond the typical focus areas and highlight the country's proactive measures to address gaps and enhance the effectiveness of their national autism strategy.

1. Innovation in Research and Development:

- Fostering Innovation: Australia's strategy emphasizes fostering research and innovation, particularly in social integration and community support models. This includes funding for studies to explore effective support strategies and interventions.
- Applied Research: The strategy supports applied research that directly impacts service provision and policy improvements, ensuring that findings are translated into practical applications.

2. Sustainability of Services:

- Long-term Planning: The strategy focuses on the sustainability of autism services, emphasizing the importance of long-term planning to ensure that support mechanisms are resilient and financially sustainable over time.
- Resource Allocation: It includes planning for future funding needs and building robust service delivery frameworks that can adapt to changing demands and resources.

3. Cultural and Linguistic Inclusivity:

- Inclusivity Focus: Australia prioritizes ensuring that services are culturally and linguistically appropriate, acknowledging the diverse makeup of the population. This ensures that services are accessible to all autistic individuals, regardless of their cultural or linguistic background.
- Tailored Services: The strategy includes initiatives to provide services in multiple languages and train service providers in cultural sensitivity to better serve the diverse population.

4. Comprehensive Public Awareness Campaigns:

 Awareness and Education: Australia implements extensive public education campaigns aimed at increasing understanding and acceptance of autism. These campaigns target the general public as well as specific professional groups to promote a more inclusive society. o **Broad Outreach:** The campaigns are designed to reach a wide audience and are integrated with broader mental health and disability awareness efforts.

5. Holistic Health Approach:

- o **Integrated Health Services:** Australia promotes a holistic approach to health for autistic individuals, integrating physical, mental, and social health services. The strategy includes initiatives to improve access to healthcare and ensure that health services are tailored to the unique needs of autistic people.
- **Coordinated Care:** Emphasizes the importance of coordinated care among different healthcare providers to address the comprehensive health needs of autistic individuals.







Both New Zealand and Australia address critical areas related to the needs of autistic individuals in their respective frameworks. However, New Zealand's guidelines emphasize integration with broader disability services, support for non-speaking autistic individuals, and behavioral health integration, reflecting a comprehensive and inclusive approach. Australia's strategy highlights innovation in research, sustainability of services, cultural and linguistic inclusivity, extensive public awareness campaigns, and a holistic health approach. These additional topics highlight the proactive measures both countries are taking to address gaps and enhance the effectiveness of their national autism strategies.





C: Additional, Particular Criteria of Comparisons

Technological Integration and Digital Accessibility

- New Zealand: The guidelines mention the importance of using assistive technologies, particularly for non-speaking autistic individuals, through the recommendation of augmentative and alternative communication (AAC) devices. However, there is less emphasis on broader technological integration or the development of digital platforms for support and community interaction.
- Australia: The Australian strategy includes a strong focus on technological integration, utilizing digital resources, online platforms for community interaction, and virtual tools for therapy and support. The NDIS supports the development and implementation of assistive technologies to enhance communication, social interaction, and daily living skills.

Crisis Management and Emergency Services

New Zealand: The guidelines address the need for specialized training for healthcare and emergency service providers to respond effectively to autistic individuals' needs. Recommendations are provided for creating autism-friendly emergency protocols, but a

comprehensive crisis management framework is not detailed.

Australia: Australia's strategy includes comprehensive emergency response protocols that incorporate the needs of autistic individuals. This involves specialized training for emergency personnel and the development of autism-specific crisis intervention teams to provide timely and appropriate responses during crises.

Cultural Competency and Inclusivity

- New Zealand: The guidelines emphasize the need for cultural sensitivity and inclusivity in service delivery, recognizing the diverse cultural backgrounds within the autistic community. Specific recommendations are made for ensuring that services are accessible to all, regardless of cultural or linguistic background.
- Australia: Australia's strategy prioritizes cultural competency and inclusivity, with initiatives to provide services in multiple languages and train service providers in cultural sensitivity. The strategy aims to reduce racial and ethnic disparities in diagnosis and treatment, ensuring equitable access to support for all autistic individuals.

Policy Consistency and Coordination Across Levels of Government

- New Zealand: The guidelines recommend coordinated efforts among various service providers and government agencies but do not provide a structured framework for policy consistency and coordination across different levels of government. Implementation relies on existing structures and voluntary collaboration.
- Australia: Australia's strategy demonstrates strong policy consistency and coordination across national, regional, and local government levels. The NDIS provides a centralized framework that ensures uniform implementation of services and supports across the country, facilitating seamless coordination.

Public and Private Sector Roles

- New Zealand: The guidelines rely heavily on recommendations for service providers across both public and private sectors. However, there is no formal structure for collaboration between these sectors, and the guidelines serve more as a best practice manual rather than a binding framework.
- Australia: The strategy involves robust collaboration between the public and private sectors, with the NDIS facilitating partnerships with private service providers. This ensures a wide range of services and supports are available, leveraging private sector innovation to complement public services.

Sustainability of Services

- **New Zealand:** While the guidelines emphasize the importance of effective service delivery, they do not provide a structured plan for the long-term sustainability of services. There is a focus on encouraging best practices rather than ensuring financial and systemic sustainability.
- Australia: Sustainability is a key focus of Australia's strategy, with the NDIS providing a stable funding mechanism for autism support. The strategy includes long-term planning to ensure services are resilient and can adapt to changing needs over time, ensuring financial sustainability and robust service delivery frameworks.

Impact Measurement and Strategy Evaluation

- **New Zealand:** The guidelines suggest that service providers should assess the effectiveness of their practices based on the recommendations, but there is no formalized impact measurement or evaluation framework in place. Feedback is encouraged, but systematic evaluation mechanisms are lacking.
- Australia: Australia's strategy includes rigorous impact measurement tools to evaluate the effectiveness of autism services. Regular updates, stakeholder feedback, and independent evaluations are integral parts of the framework, ensuring accountability and continuous improvement.







The comparison highlights several key differences and similarities between New Zealand's guidelines and Australia's strategy:

- **Technological Integration and Digital Accessibility:** Australia has a more structured approach to leveraging technology for support and community interaction, whereas New Zealand's guidelines focus on specific assistive technologies without a broader digital strategy.
- Crisis Management and Emergency Services: Australia provides a comprehensive framework for crisis management, including specialized training and autism-specific protocols, while New Zealand offers recommendations without detailed implementation plans.
- **Cultural Competency and Inclusivity:** Both countries emphasize the importance of cultural inclusivity, but Australia's strategy includes more structured initiatives and policy frameworks to ensure equitable access.
- **Policy Consistency and Coordination:** Australia's centralized NDIS framework provides a more consistent and coordinated approach across different government levels compared to

New Zealand's reliance on existing structures and voluntary collaboration.

- **Public and Private Sector Roles:** Australia's strategy formally integrates public and private sector collaboration, while New Zealand's guidelines offer best practice recommendations without binding frameworks.
- **Sustainability of Services:** Australia emphasizes long-term sustainability through the NDIS, whereas New Zealand's guidelines focus on effective service delivery without structured sustainability plans.
- **Impact Measurement and Strategy Evaluation:** Australia has robust impact measurement and evaluation mechanisms, while New Zealand's guidelines encourage feedback but lack formal evaluation frameworks.

These insights underscore the strengths and limitations of each approach, highlighting areas where New Zealand's guidelines could benefit from more structured frameworks and where Australia's strategy excels in providing comprehensive and sustainable support for autistic individuals.





D: Respect and Representation in Autism Strategies

New Zealand

- Language and Approach:
 - o **Identity-First Language:** The "Aotearoa New Zealand Autism Guidelines" primarily use person-first language ("people with autism"), reflecting a traditional approach that may not align with the preferences of the neurodiversity movement, which advocates for identity-first language ("autistic people").
 - Stigmatizing Terms: The guidelines use terms like "Autism Spectrum Disorder"
 (ASD), which can be seen as pathologizing. This terminology frames autism primarily
 as a disorder, which could detract from recognizing it as a natural neurological
 variation.
- Portrayal of Autism and Respect for Autistic Nature:
 - The guidelines often view autism through a medical model, emphasizing diagnosis, intervention, and management. This can imply that autism is a condition to be treated or cured rather than an integral part of an individual's identity. There is an emphasis on improving outcomes for autistic individuals, but it may not fully embrace the neurodiversity perspective.
- Mormalization Tactics:
 - Applied Behavior Analysis (ABA): The guidelines mention ABA and other behavioral interventions as evidence-based practices. ABA is controversial within the autistic community because it often aims to modify behaviors to fit societal norms, which can

undermine respect for the autistic individual's natural ways of interacting with the world

Australia

Language and Approach:

- Identity-First Language: Australia's Draft National Autism Strategy tends to use identity-first language, reflecting a shift towards recognizing and respecting autistic identity. This approach aligns with contemporary advocacy within the autistic community.
- Stigmatizing Terms: The Australian strategy avoids the routine use of terms like "ASD" or "disorder", which helps frame autism in a less pathologizing manner and aligns with the neurodiversity paradigm.

Portrayal of Autism and Respect for Autistic Nature:

Australia's strategy increasingly reflects the neurodiversity paradigm, which views autism as a natural variation of human neurology. The focus is on creating environments and supports that allow autistic individuals to thrive as they are, promoting acceptance and accommodation rather than attempting to cure or significantly alter their behavior.

Normalization Tactics:

 Applied Behavior Analysis (ABA): Australia's strategy shows a movement away from traditional normalization tactics like ABA. The emphasis is on supporting autistic individuals in ways that respect and enhance their natural behaviors and preferences, promoting autonomy and dignity.







Language and Approach:

- **New Zealand:** Uses primarily person-first language and terms like "ASD", reflecting a medical model that can be seen as pathologizing. This approach may not fully align with the preferences of many within the autistic community who advocate for identity-first language.
- Australia: Uses identity-first language more consistently and avoids pathologizing terms, aligning with the neurodiversity movement. This approach is viewed as more respectful and empowering.

Portrayal of Autism:

• New Zealand: Frames autism within a medical model, emphasizing treatment and management. This perspective may not fully honor the autistic nature as a valid way of being

but rather something that needs intervention.

Australia: Reflects the neurodiversity paradigm, focusing on acceptance and support rather than treatment. This approach respects autism as a natural variation and aims to create supportive environments that allow autistic individuals to thrive without significant behavioral modifications.

Normalization Tactics:

- New Zealand: Endorses ABA and similar behavioral interventions, which are seen as normalization tactics that aim to modify autistic behaviors to fit societal norms. This approach is often criticized within the autistic community for its focus on conformity.
- Australia: Moves away from ABA and similar interventions, promoting supports that respect and enhance the natural behaviors of autistic individuals. This approach aligns with the principles of neurodiversity, emphasizing autonomy and dignity.







The comparison reveals that New Zealand's guidelines, while comprehensive, largely adhere to a medical model that views autism as a disorder requiring management, including the use of normalization tactics like ABA. In contrast, Australia's strategy embraces the neurodiversity paradigm, promoting acceptance and accommodation without attempting to cure or significantly alter autistic behaviors. This fundamental difference highlights varying levels of respect and representation in how each country approaches autism, with Australia adopting a more progressive stance that aligns with contemporary advocacy for neurodiversity and inclusion.





E: Comparative Analysis of Methodologies

New Zealand

- Methodological Approach: The "Aotearoa New Zealand Autism Guidelines" adopt a comprehensive approach focused on best practices across health, education, and social services. The guidelines are designed to provide practical recommendations to professionals and caregivers to enhance support for autistic individuals.
 - o **Evidence-Based Practices:** The guidelines emphasize evidence-based practices and are supported by extensive research and expert consensus. They cover a wide range of interventions and supports tailored to different life stages and needs.
 - Stakeholder Engagement: Development of the guidelines involved extensive consultation with stakeholders, including autistic individuals, their families, healthcare providers, educators, and researchers. This inclusive process ensures that the guidelines reflect the diverse needs and perspectives of the autism community.

- **Implementation Framework:** The guidelines provide detailed recommendations but lack a formal implementation framework. There are no specific roles assigned to government agencies, nor are there clear action plans with timelines and accountability measures.
 - Voluntary Adoption: Implementation relies on voluntary adoption by service providers and practitioners, which may result in variability in how the guidelines are applied across different regions and settings.
- Monitoring and Accountability: The guidelines suggest that service providers assess the effectiveness of their practices based on the recommendations, but there are no formal monitoring and accountability mechanisms established.
 - Encouraged Self-Evaluation: Providers are encouraged to continuously improve their practices, but without a structured evaluation process, it may be challenging to measure the overall impact consistently.

Australia

- **Methodological Approach:** Australia's National Autism Strategy adopts a structured and multidisciplinary approach, integrating various services across healthcare, education, and social sectors. The strategy is driven by evidence-based practices and a strong emphasis on research and data to inform policy and implementation.
 - Evidence-Based Practices: Like New Zealand, Australia places a strong emphasis on evidence-based practices, ensuring that all interventions and services are grounded in robust research and tailored to meet the needs of autistic individuals.
- **Implementation Framework:** Australia's strategy includes a detailed implementation framework with specific roles and responsibilities assigned to various government departments and agencies. The strategy outlines clear action plans with timelines, funding allocations, and measurable targets to ensure accountability and progress.
 - Centralized Coordination: The NDIS plays a central role in coordinating and delivering services, ensuring that autistic individuals receive consistent and highquality support nationwide.
- Monitoring and Accountability: Australia's strategy includes comprehensive monitoring and accountability mechanisms to assess the effectiveness of interventions and services.
 - Regular Reporting and Evaluation: Regular reports and independent evaluations are mandated to track progress against strategic objectives. Stakeholder feedback is integral to the process, ensuring that the strategy remains responsive and effective.





© Comparative Insights

Both New Zealand and Australia emphasize evidence-based practices and stakeholder engagement in their methodologies for supporting autistic individuals. However, there are key differences in their approaches:

Implementation Framework:

- o New Zealand: Lacks a formal implementation framework, relying on voluntary adoption by service providers. This can lead to variability in the application of guidelines and less consistent outcomes.
- o **Australia:** Features a detailed implementation framework with designated roles, responsibilities, and funding allocations, ensuring structured and accountable service delivery.

Monitoring and Accountability:

- New Zealand: Encourages self-evaluation by service providers but does not have formalized monitoring and accountability mechanisms.
- Australia: Employs robust monitoring and accountability measures, including regular reporting, independent evaluations, and stakeholder feedback to ensure continuous improvement and effectiveness.

Stakeholder Engagement:

- o New Zealand: Engages stakeholders in the development of guidelines but lacks mechanisms for ongoing participation in policy-making and evaluation.
- o Australia: Involves stakeholders throughout the policy development and implementation process, with advisory panels ensuring continuous input from the autism community.

These differences highlight Australia's more structured and accountable approach, facilitated by the NDIS, compared to New Zealand's reliance on voluntary adoption and self-evaluation. The structured implementation and monitoring frameworks in Australia are likely to result in more consistent and measurable outcomes, whereas New Zealand's guidelines offer flexibility but may face challenges in achieving uniform application and accountability.





F: → Conclusion and Suggestions

Key Differences Compared with New Zealand



Autism-Friendly Accessibility: Australia's strategy is notable for its comprehensive approach across public spaces like transportation and shopping centers, contrasting with New Zealand's focus mainly on educational and healthcare settings.

Detection of Autism: Australia's nationwide screening programs and specific funding for research into innovative diagnostic techniques contrast with New Zealand's focus on training professionals and improving access within existing frameworks.

Implementation Framework: Australia's strategy includes a detailed implementation framework with clear roles, responsibilities, and timelines, whereas New Zealand's guidelines offer best practices without a centralized enforcement mechanism.

Legal and Policy Framework: Australia's strategy benefits from a robust legal and policy framework aimed at national implementation, ensuring uniform application of services, unlike New Zealand's guidelines, which serve as recommendations without direct policy enforcement.

△ Secondary Differences

Education and Social Skills: New Zealand's guidelines focus on adapting curricula and integrating social skills training, whereas Australia's strategy includes nationwide implementation of Individualized Education Plans (IEPs) and peer mentoring programs.

Empowerment and Advocacy: Australia actively supports initiatives enhancing self-advocacy and community involvement, while New Zealand focuses more on providing guidelines and recommendations without structured advocacy programs.

Strengths of Australia's Strategy Compared with New Zealand



Structured and Explicit Commitments: Australia's strategy stands out for its detailed commitments with explicit metrics and timelines. This structured framework enhances measurable benchmarks and accountability, offering more direct tracking of progress compared to New Zealand's quideline.

Integrated Service Delivery: Australia's National Disability Insurance Scheme (NDIS) framework provides a structured, coordinated approach across various services, ensuring consistent support for autistic individuals.

Legislative and Policy Framework: Australia's strategy is developed within a legislative and policy framework aimed at national implementation, facilitating a more uniform application of autism services compared to New Zealand's guidelines.

Secondary Strengths

Public Awareness and Training: Australia has implemented extensive campaigns and training programs for public servants to enhance societal understanding and support for autistic individuals.

Comprehensive Scope: Australia's strategy involves a wide range of stakeholders and covers multiple domains, providing a robust foundation for holistic support.

International Collaboration: Australia engages in international collaborations to share best practices and integrate global insights, a strength that may be less emphasized in New Zealand's guidelines.

Apparent Gaps in Australia's Strategy Compared with New Zealand

Cultural Adaptation and Inclusivity: New Zealand's guideline provides a significant focus on cultural perspectives, particularly with tailored sections for Māori and Pacific peoples' perspectives on autism. Australia could further emphasize cultural inclusiveness and effectiveness in a diverse society.

Stakeholder Engagement: New Zealand's guideline is informed extensively by the perspectives and language preferences of autistic people and incorporates their insights throughout its editions. Australia could benefit from more prominently integrating direct inputs from autistic individuals and their communities.

Secondary Apparent Gaps

Comprehensive Support Across Lifespan: New Zealand's guidelines cover a broader range of life stages with practical guidance, suggesting Australia could expand details on adult and elderly autism services.

Localized Implementation: New Zealand's guidelines focus on local adaptation of services, which Australia's national strategy could incorporate more explicitly to address regional variations in needs and services.

Stakeholder Feedback Mechanisms: Continuous feedback mechanisms post-implementation could be enhanced in Australia's strategy to ensure ongoing relevance and responsiveness, similar to the iterative updates in New Zealand's guidelines.

Suggestions for Enhancements to Australia's Strategy

Primary Suggestions

Enhance Cultural Competency: Integrate more specific strategies and policies that address the cultural diversity within Australia, taking cues from New Zealand's approach to including Māori and Pacific perspectives.

Increase Stakeholder Involvement: Develop mechanisms for ongoing engagement with autistic individuals, their families, and advocacy groups throughout the planning, implementation, and evaluation phases of the strategy to enhance responsiveness and effectiveness.

Expand Lifespan Coverage: Detail specific strategies and programs that address needs across the entire lifespan, with particular attention to transitions between life stages, adult services, and aging, as seen in New Zealand's comprehensive coverage.

Adopt a Living Guideline Approach: Consider adopting a living guideline framework similar to New Zealand's, which is regularly updated to reflect the latest research, best practices, and community feedback, ensuring the strategy remains current and responsive to emerging needs.

Secondary Suggestions

Implement Innovative Practices: Adopt more innovative practices in service delivery, using technology to enhance educational and healthcare accessibility, as well as workforce integration, similar to some of the digital initiatives seen in New Zealand's strategy.

Strengthen Training and Professional Development: Introduce comprehensive, nationwide training programs for professionals across all sectors interacting with autistic individuals, drawing on New Zealand's initiatives for professional development and public awareness.

Enhance Localized Strategies: Integrate detailed action plans and community insights from New Zealand's guidelines to effectively address local and regional needs.

Promote Awareness and Education: Enhance public education campaigns to increase understanding and acceptance of autism, reducing stigma and promoting inclusion.

Technology and Innovation: Leverage advancements in technology to provide innovative support solutions, ensuring accessibility and effectiveness.

Additional Strategic Insights:

Governance and Policy Integration: Strengthen governance structures to ensure effective coordination and implementation of the strategy across various levels of government and services, learning from New Zealand's approach to guideline development and stakeholder collaboration.

Flexible and Responsive Policy Design: Ensure that Australia's strategy remains adaptable to emerging needs and challenges, including adapting to new research findings and community feedback, similar to the iterative updates and revisions seen in New Zealand's strategy.

Research and Development Focus: Invest in research and development initiatives to continually assess the effectiveness of implemented strategies and adapt based on findings, ensuring the strategy supports evidence-based practices and adapts to new scientific insights.

[UK] United Kingdom -'National Strategy for Autistic Children, Young People, and Adults (2021-2026)' and 'Implementation Plan'

https://www.gov.uk/government/publications/national-strategy-for-autistic-children-youngpeople-and-adults-2021-to-2026

https://assets.publishing.service.gov.uk/media/60f72556e90e0764c6eb39f5/the-national-strategyfor-autistic-children-young-people-and-adults-2021-to-2026.pdf

https://assets.publishing.service.gov.uk/media/60f98aa48fa8f50435634966/autism-strategyimplementation-plan-2021-to-2022-annex-a.pdf

A1: Comprehensive Analysis of Topics Related to the **Needs of Autistic People**

Autism-Friendly Accessibility Everywhere

- **UK:** The UK strategy emphasizes enhancing the environment to be more autism-friendly, particularly in public spaces and transport systems. Initiatives include sensory adaptations in public transportation and public campaigns to raise awareness about the needs for quiet spaces in urban settings.
- Australia: In Australia, significant investments have been made to improve accessibility in public spaces, with specific guidelines for urban development that incorporate sensoryfriendly designs. Public transportation systems have been modified to include features like quiet zones and clear signage to assist autistic individuals.

Detection of Autism

UK: The UK focuses on reducing the diagnosis waiting times through new initiatives and increased funding for diagnostic services. The strategy aims to integrate diagnosis more effectively within the primary healthcare system to ensure earlier and more accessible detection.

• Australia: Australia's approach includes a comprehensive pathway for autism detection that begins in early childhood. The strategy supports training for healthcare providers to enhance early detection capabilities, with a particular emphasis on integrating autism screenings into routine child health assessments.

Education and Social Skills

- **UK:** The UK's strategy involves detailed plans for integrating autistic students into mainstream schools while providing necessary support. Specialized training for teachers and the introduction of tailored educational resources are key components of this strategy.
- Australia: Australia's strategy includes provisions for specialized education plans and resource allocation to schools that cater to the unique learning needs of autistic students. There is also a strong focus on incorporating social skills training into school curriculums.

Training of Parents and Carers

- **UK:** In the UK, the strategy provides comprehensive support programs for parents and carers, including training workshops and access to resources that help them understand and manage autism effectively.
- Australia: Similarly, Australia offers extensive resources for parents and carers, focusing on early intervention, understanding autism, and managing daily challenges. These resources are widely accessible through community centers and online platforms.

Awareness of Society and Public Servants

- **UK:** The UK strategy includes initiatives to improve societal awareness and acceptance of autism. This involves training programs for public servants that cover autism awareness and communication strategies to ensure better service provision.
- Australia: Australia has implemented a nationwide awareness campaign that targets not only the general public but also specific professional groups such as public servants, healthcare providers, and educators, aiming to improve understanding and integration of autistic individuals in all aspects of society.

Assistance Services Adapted to Autism

• **UK:** The UK strategy outlines specific measures to adapt assistance services to meet the needs of autistic individuals, including tailored support programs across health, education, and social services. These services are designed to be flexible and responsive to individual needs, ensuring that autistic people can access support that is suited to their specific

situations.

Australia: Australia offers a wide range of personalized assistance services under the National Disability Insurance Scheme (NDIS), which includes specialized support plans that are tailored to the unique needs of each autistic individual. These plans often incorporate both traditional and innovative support mechanisms.

Individual Assistants

- **UK:** In the UK, individual assistant support is available through local councils and is often part of an autistic person's care plan. These assistants are trained to provide day-to-day support and help manage various aspects of life, from social interactions to professional engagements.
- Australia: The role of individual assistants in Australia is extensively supported by the NDIS, which facilitates the hiring of personal assistants based on individual needs assessments. These assistants are equipped to support autistic individuals in various activities, enhancing their ability to participate fully in community and work life.

Peer-Support

- **UK:** The UK emphasizes the development of peer-support networks within the community, providing platforms for autistic individuals to connect and share experiences. This is supported by funding for local groups and online forums that facilitate such interactions.
- Australia: Australia similarly invests in peer-support programs, focusing on building community connections and providing safe spaces for autistic individuals to interact and support each other. These programs are part of a broader initiative to enhance mental health and social inclusion.

Housing and Independent Living

- **UK:** The UK's strategy includes initiatives to support independent living for autistic individuals, such as specialized housing projects that offer adapted living environments. These projects are often conducted in partnership with local organizations and aim to provide a supportive community setting.
- Australia: Australia provides comprehensive support for independent living through the NDIS, which includes funding for housing modifications and access to supportive housing options. This ensures that autistic individuals can choose living arrangements that best suit their needs and preferences.

Employment (or Allowances)

- **UK:** The UK strategy aims to increase employment opportunities for autistic individuals through targeted programs that include job coaching, workplace adaptations, and employer incentives. Additionally, welfare benefits are structured to support those who are unable to work.
- Australia: Australia's approach includes a strong focus on integrating autistic individuals into the workforce, with specific employment initiatives and support services designed to help individuals find and retain jobs. The strategy also emphasizes the importance of making workplaces more inclusive and supportive.

Health, Nutrition, Physical Activities, and Sports

- **UK:** The UK strategy includes programs to promote health, nutrition, and participation in physical activities, recognizing the importance of physical health for autistic individuals. These programs are tailored to be accessible and to meet the specific needs of the autistic community.
- Australia: Similarly, Australia has initiatives to encourage participation in sports and physical activities, designed to be inclusive and accommodating of sensory and communication differences. Health and nutrition advice is also adapted to be accessible and practical for autistic individuals.

Friendly and Affective Relationships (including sexual)

- **UK:** The UK strategy recognizes the importance of supporting autistic individuals in forming and maintaining relationships. Initiatives include educational programs that address social skills and relationship building, as well as specific resources to help understand and navigate sexual relationships responsibly.
- Australia: Australia also emphasizes relationship education but focuses more on integrating these teachings within broader life skills programs aimed at young adults and adults. The strategy includes training for caregivers and professionals to support autistic individuals in this area effectively.

Leisure, Travels, Experiences, Special Interests, Creativity, Flourishing

• **UK:** The UK actively promotes access to leisure, creative arts, and travel for autistic individuals. Grants and funding are available for projects that include autistic people in arts, sports, and cultural activities, ensuring these opportunities are accessible and

accommodating.

Australia: Australia offers similar opportunities, with additional support for integrating autistic individuals into mainstream leisure activities. Special interest groups and programs are widely supported, fostering creativity and personal growth among the autistic community.

Connection with Nature (including Animals)

- **UK:** The UK strategy includes specific programs aimed at enhancing the connection with nature for autistic individuals. This includes therapeutic activities involving animals and nature-based therapy programs, which are recognized for their benefits in enhancing wellbeing and reducing anxiety.
- Australia: Australia also recognizes the therapeutic benefits of nature and includes funding for programs that facilitate access to animal-assisted therapies and environmental engagements. These programs are part of a broader approach to holistic health and wellbeing.

Protection Against Stigma, Bullying, Mistreatment, and Abuse

- **UK:** The UK strategy incorporates comprehensive measures to protect autistic individuals from stigma, bullying, and abuse. This includes public awareness campaigns, education in schools, and specific legal protections to address and prevent mistreatment.
- Australia: Similarly, Australia has robust policies to combat bullying and discrimination, with legal frameworks that provide protections for autistic individuals. Educational programs that promote understanding and acceptance are a core part of this approach.

Personal Security, Protection, and Defense

- **UK:** In the UK, there are specific initiatives to enhance personal security for autistic individuals, including the use of technology like GPS tracking for those who are at risk of getting lost. Safety training and emergency preparedness are also part of community support services.
- Australia: Australia focuses on community safety and personal security through both educational programs and the integration of safety planning in support services. Initiatives also include training for autistic individuals to understand personal safety and navigate public spaces securely.

Protection Against Depression and Suicide

- **UK:** The UK addresses mental health needs by incorporating targeted mental health services designed to support autistic individuals, recognizing their higher vulnerability to depression and suicidal thoughts. These services include crisis intervention and ongoing mental health support.
- Australia: Australia's strategy also prioritizes mental health, with specific programs aimed at identifying early signs of depression and providing timely interventions. The approach includes comprehensive support systems that cater to the mental health needs of autistic individuals.

Protection Against the Risk of Deprivation of Liberty or Forced Treatments

- **UK:** Legal protections in the UK aim to safeguard autistic individuals from unwarranted institutionalization and forced treatments. These protections are enforced through rigorous monitoring and accountability mechanisms.
- Australia: Similar to the UK, Australia has legal and ethical guidelines that prevent the deprivation of liberty and non-consensual treatments, ensuring that all interventions are conducted with full consent and legal oversight.

Healthcare and Emergencies

- **UK:** The UK strategy outlines specific protocols for healthcare and emergency situations to ensure that autistic individuals receive appropriate and sensitive care. Training for healthcare and emergency personnel is a key component of this approach.
- Australia: Australia enhances the capabilities of healthcare and emergency services to effectively address the needs of autistic individuals through specialized training programs and the development of autism-friendly emergency response practices.

Aging and Autonomy

UK: The UK addresses the needs of aging autistic individuals by developing specialized care programs that consider the long-term needs and support requirements as they age, ensuring continued autonomy and quality of life.

• Australia: Similarly, Australia focuses on the aging autistic population, providing resources and support systems designed to maintain independence and support health as individuals age.

Empowerment Advocacy

- **UK:** Empowerment and advocacy are central to the UK's autism strategy, with significant investments in empowering autistic individuals to participate in decision-making processes that affect their lives.
- Australia: Australia also emphasizes empowerment, supporting initiatives that enhance the self-advocacy skills of autistic individuals and promoting their active involvement in policy development and community life.

Respect of the UN CRPD

- **UK:** The UK strategy aligns with the United Nations Convention on the Rights of Persons with Disabilities (UN CRPD), incorporating its principles to ensure that the rights of autistic individuals are fully respected and upheld.
- Australia: Australia commits to the UN CRPD principles within its national strategy, ensuring that all measures and policies uphold the rights and dignity of autistic individuals.

Effective Access to Justice

- **UK:** The UK ensures that autistic individuals have effective access to justice by providing specialized training for legal professionals and making legal processes accessible and understandable.
- Australia: In Australia, access to justice for autistic individuals is facilitated through legal aid services, advocacy, and the adaptation of court procedures to accommodate the specific needs of autistic individuals.

A2: Identification of Additional Relevant Topics in the UK and Australia's Autism Strategies

UK

• **Improving Data Collection and Reporting:** The UK strategy emphasizes the importance of improving data collection and reporting systems to better monitor implementation and

measure effectiveness across public services for autistic people.

- **Strengthened Governance, Leadership, and Accountability:** There is a clear commitment to refresh governance structures to ensure effective delivery of strategy actions. This includes establishing a national Executive Group to monitor implementation and hold action owners accountable.
- **Integration with Other Government Work:** The UK strategy is aligned with broader government initiatives like the National Disability Strategy to ensure that issues relevant to autistic people are considered in wider programs.
- **COVID-19 Considerations:** The strategy addresses the specific challenges faced by autistic people during the COVID-19 pandemic, including measures to mitigate increased loneliness and isolation, and adjustments to restrictions that disproportionately affect autistic individuals.

Maria Australia

- **Emphasis on Research and Innovation:** The Australian strategy includes a significant focus on fostering research and innovation, particularly concerning the social aspects of autism and community integration, which are critical for developing effective support services.
- Cultural and Linguistic Inclusivity: There is a notable emphasis on ensuring services are
 culturally and linguistically appropriate, acknowledging the diverse makeup of Australia's
 population and aiming to make services accessible to all autistic individuals, regardless of
 their background.
- **Focus on Long-term Sustainability:** The Australian strategy stresses the importance of sustainability, particularly in terms of funding and policy support, to ensure the longevity and continued effectiveness of autism services.
- Enhanced Public Education and Awareness Campaigns: Australia has implemented comprehensive public education and awareness campaigns designed to increase understanding of autism across society, which helps in reducing stigma and enhancing community integration.



B1: Analysis of Strategy Frameworks

Close Consultation and Active Participation of Autistic People or Their Families

• **UK:** The UK's autism strategy was developed with extensive input from autistic individuals, their families, and carers. Consultations included surveys, workshops, and direct

submissions that influenced the development and focus of the strategy. There is a structured approach to ensuring that these contributions are not only gathered but actively incorporated into policy-making.

• Australia: Similar to the UK, Australia's strategy emphasizes the involvement of autistic people in the development and ongoing evaluation of its autism policies. This includes advisory panels consisting of autistic individuals and advocacy groups. The Australian government aims to ensure that these voices lead to substantive changes in the strategy, although the direct impact of this consultation on policy decisions is less explicitly documented than in the UK.

Implementation Details

- **UK:** The UK strategy outlines clear roles and responsibilities across different government departments and partners. It includes specific commitments, funding allocations, and timelines for the implementation of various actions. The approach is integrated with broader health and social care strategies to ensure alignment and efficiency.
- Australia: Australia's implementation details are well-structured, with specific agencies and bodies identified for each part of the strategy. The National Disability Insurance Scheme (NDIS) plays a significant role in the implementation, providing the necessary infrastructure and funding to support detailed action plans. The strategy includes measurable targets and deadlines to track progress.

Administrative Body Dedicated for Autism

- **UK:** While there is no single administrative body dedicated solely to autism, the UK has established cross-departmental groups and task forces that focus on autism within broader disability and health frameworks. These groups coordinate efforts and monitor the implementation of the autism strategy.
- Australia: Australia also does not have a dedicated administrative body for autism; however, responsibilities are clearly divided among various departments and agencies, with strong coordination by the Department of Social Services. The NDIS provides a centralized framework for service delivery and support.

Monitoring and Accountability

• **UK:** The UK has established robust monitoring mechanisms, including annual reviews and independent evaluations. These are supplemented by feedback from the autistic community to ensure accountability and transparency in how the strategy is implemented and its effectiveness.

• Australia: Monitoring and accountability in Australia are integral to the strategy, with regular reporting and audits conducted by both government and independent bodies. This ensures that all initiatives are accountable and that improvements can be continuously made based on empirical data and community feedback.

SMART Criteria

- **UK:** The UK strategy uses SMART criteria to define many of its objectives, making it possible to measure outcomes effectively. This approach helps in setting clear expectations and evaluating the success of various initiatives.
- Australia: Australia also utilizes SMART objectives extensively throughout its strategy. This structured approach facilitates clear benchmarking and goal attainment, allowing for adjustments based on performance metrics.

Legal Framework and Tools

- **UK:** The UK strategy is supported by the Autism Act of 2009, which provides a legal framework for the rights and support of autistic individuals. This foundational legislation has been pivotal in shaping policies and ensuring governmental commitment.
- Australia: While Australia does not have a specific law for autism like the UK's Autism Act, its strategies are incorporated within the broader framework of disability rights under Australian law, supported by specific policies and measures outlined in the NDIS.

Continuous Improvement

- **UK:** Continuous improvement is embedded in the UK strategy through the mechanism of regular updates and the integration of new research and insights into practice. Feedback loops with stakeholders ensure that the strategy remains responsive to the needs of the autistic community.
- Australia: Australia places a strong emphasis on innovation and best practice, continuously updating its approach based on the latest research and community feedback. The strategy is designed to evolve, reflecting changes in societal attitudes and scientific understanding of autism.

International Collaboration

• **UK:** The UK participates in various international forums and collaborates on global research projects related to autism. This international perspective enriches the UK strategy

and helps in sharing best practices globally.

• Australia: Australia is also active in international autism communities, engaging in collaborations that inform domestic policy through insights gained from global developments and comparative studies.

B2: Identification of Additional Strategy Needs in the UK and Australia's Autism Strategies



The UK's autism strategy introduces several additional framework-related topics that extend beyond the typical focus areas:

- **Strengthened Governance, Leadership, and Accountability:** The UK strategy outlines a commitment to refresh governance structures, ensuring effective delivery and accountability. This includes the establishment of a national Executive Group to oversee strategy implementation and hold action owners accountable.
- **Enhanced Data Collection and Reporting:** There's an emphasis on improving data collection across public services to better support the needs of autistic people. This includes collecting data on diagnosis waiting times and service usage, which is crucial for monitoring implementation and system improvements.
- **Integration with Other Government Initiatives:** The strategy is aligned with broader government initiatives like the National Disability Strategy, ensuring that the needs of autistic people are considered in wider programs.
- **Focus on COVID-19 Impact:** The strategy addresses the specific challenges faced by autistic people during the COVID-19 pandemic, such as increased loneliness and isolation, and includes measures to mitigate these impacts.

Australia

In comparison, Australia's autism strategy also features unique framework elements:

- **Emphasis on Research and Innovation:** The Australian strategy highlights the importance of fostering research and innovation, especially in areas impacting autistic people's lives. This includes supporting studies to explore effective social integration and community support models.
- **Cultural and Linguistic Inclusivity:** The strategy prioritizes services that are culturally and linguistically appropriate, acknowledging Australia's diverse population. This ensures that

services are accessible to all autistic individuals, regardless of their cultural or linguistic background.

- **Sustainability Focus:** There is a significant emphasis on the sustainability of services, ensuring that they are not only effective but also resilient and financially sustainable over the long term.
- **Public Education and Awareness Campaigns:** Australia has implemented extensive public education and awareness campaigns to increase understanding of autism across society, aiming to reduce stigma and enhance community integration.



C: Additional, Particular Criteria of Comparisons

Technological Integration and Digital Accessibility

- **UK:** The UK's strategy highlights the use of technology to improve accessibility and support for autistic individuals, including digital services that facilitate easier access to information and support. The emphasis is on ensuring that technological solutions reach those in remote or underserved areas, enhancing equality of access.
- Australia: Australia's strategy also incorporates significant technological innovations, particularly in developing online platforms that provide support and resources for autistic individuals. The focus extends to using technology in diagnostics and tailored interventions, leveraging digital tools to provide personalized support.

Crisis Management and Emergency Services

- **UK:** The UK strategy includes specific protocols for managing crises involving autistic individuals, particularly focusing on mental health emergencies. Training for emergency service providers ensures they understand the specific needs of autistic individuals during crises.
- Australia: Similar to the UK, Australia's strategy outlines detailed approaches to crisis management, with an emphasis on integrating autistic-specific needs into general emergency response frameworks. This includes the development of autism-specific training for all emergency personnel.

Cultural Competency and Inclusivity

UK: Cultural competency is a key component of the UK's autism strategy, ensuring services are accessible and appropriate for diverse populations, including ethnic minorities and non-English speakers. The strategy aims to address disparities in diagnosis and access to services.

• Australia: Australia's approach to cultural competency involves training providers to understand and respect cultural differences, particularly the needs of indigenous populations and immigrants. This includes providing services in multiple languages and culturally sensitive care.

Policy Consistency and Coordination Across Levels of Government

- **UK:** The UK emphasizes strong coordination across different levels of government, from local councils to national health services. This ensures that the autism strategy is uniformly implemented across the country, reducing regional disparities.
- Australia: Australia also demonstrates strong policy consistency and coordination, with clear guidelines and communication channels between federal and state governments. The National Disability Insurance Scheme (NDIS) plays a crucial role in maintaining this consistency.

Public and Private Sector Roles

- **UK:** In the UK, the public sector leads the provision of autism services, with the private sector playing a supplementary role, especially in the provision of specialized therapies and residential care.
- Australia: Australia sees a more integrated role between the public and private sectors, with significant collaboration in delivering services under the NDIS. Private sector innovation is encouraged, particularly in developing new technologies and therapeutic approaches.

Sustainability of Services

- **UK:** Sustainability is addressed through ongoing funding commitments and the integration of autism services into broader health and social care budgets. The UK strategy focuses on building long-term capacity.
- Australia: Sustainability in Australia is ensured through the NDIS, which provides long-term funding and support plans for individuals. The focus is on creating sustainable models of care that can adapt to changing needs over time.

Impact Measurement and Strategy Evaluation

- **UK:** The UK uses a range of impact measurement tools to evaluate the effectiveness of its autism strategy, including regular audits and stakeholder feedback mechanisms.
- Australia: Australia's evaluation methods are similarly comprehensive, utilizing performance indicators and regular reviews to assess the impact of interventions and adapt strategies accordingly.



D: Respect and Representation in Autism Strategies



Language and Approach:

- **Identity-First Language:** The UK's autism strategy utilizes both identity-first language ("autistic people") and person-first language ("people with autism"). The strategy does not consistently favor identity-first language, reflecting varied perspectives within the broader community and policy documents.
- **Stigmatizing Terms:** The strategy often refers to autism as "ASD" (Autism Spectrum Disorder), which can be seen as pathologizing by those who prefer terminology that does not frame autism primarily as a disorder. The use of "disorder" may detract from the acceptance and normalization of neurodiversity.

Portrayal of Autism and Respect for Autistic Nature:

 The UK's autism strategy often frames autism within a medical model, focusing on managing symptoms and improving outcomes through interventions. While it discusses support and accommodations, the underlying tone is one of treating or mitigating a condition rather than celebrating neurodiversity or fully embracing the autistic nature as part of the human spectrum.

Normalization Tactics:

• **Applied Behavior Analysis (ABA):** The strategy includes support for ABA and other behavioral interventions, which are seen as controversial by parts of the autistic community. These methods are often criticized for attempting to make autistic individuals conform to neurotypical behaviors, rather than supporting them in ways that respect and enhance their natural autistic ways of interacting with the world.

Australia

Language and Approach:

• **Identity-First Language:** Australia's Draft National Autism Strategy tends to use identity-first language more consistently ("autistic individuals"), reflecting advocacy within the autistic community for recognition and respect for autistic identity. The

- strategy largely avoids stigmatizing terms and aims to promote understanding and acceptance.
- Stigmatizing Terms: Australia's strategy avoids the routine use of "ASD" and "disorder", which aligns with a more progressive view of autism as a difference rather than a deficit. This approach is more aligned with the neurodiversity paradigm and is seen as less stigmatizing.

Portrayal of Autism and Respect for Autistic Nature:

• Unlike the UK, Australia's approach is increasingly reflective of the neurodiversity paradigm, which views autism as a natural variation of human neurology rather than a disorder. The strategy emphasizes accommodations and supports that allow autistic individuals to thrive as they are, focusing on enhancing life skills and inclusion without necessarily trying to 'correct' autistic behaviors.

Normalization Tactics:

• Australia's strategy shows a movement away from normalization tactics like ABA. The focus is shifting towards supports that enhance autonomy and respect the inherent dignity and rights of autistic individuals. This approach favors interventions that support the autistic nature, encouraging society to adapt to autistic individuals rather than the other way around.



© Comparative Insights

The UK's strategy, while respectful in intent, still largely adheres to the medical model, focusing on treatment and integration through adaptation to societal norms, including the use of normalization tactics like ABA. In contrast, Australia is moving towards a model that embraces neurodiversity, seeking to adapt societal structures and attitudes to better include and support autistic individuals without requiring them to change. This reflects a fundamental difference in how each country views autism and the rights of autistic people, with Australia adopting a more progressive stance that aligns with the latest advocacy and research promoting acceptance and inclusion.





E: Comparative Analysis of Methodologies



Methodological Approach: The UK's strategy for autism focuses on a collaborative approach across health, education, and social care sectors. It emphasizes developing and implementing integrated services that are tailored to meet the diverse needs of autistic individuals throughout their lives. The strategy highlights the importance of local authorities and healthcare providers working together to deliver cohesive services.

- Research and Evidence Basis: The UK invests in both foundational and applied research to inform its autism strategy. This includes funding for studies on the biological and environmental factors contributing to autism, as well as research on effective educational and behavioral interventions. The strategy is built on a strong foundation of evidence-based practices, aiming to ensure that all interventions are scientifically validated.
- Stakeholder Engagement: The development of the UK's autism strategy involved extensive consultation with autistic individuals, their families, caregivers, and advocacy groups. These consultations were designed to gather firsthand insights and ensure that the strategy addresses the actual needs of the autistic community. Stakeholder feedback continues to play a crucial role in the ongoing refinement of the strategy.
- Implementation Framework: The implementation of the UK's strategy is detailed and structured, with clear responsibilities assigned to various governmental and non-governmental organizations. The strategy outlines specific actions, timelines, and expected outcomes to ensure that all initiatives are measurable and accountable.
- **Evaluation and Monitoring:** The UK's strategy includes a comprehensive monitoring and evaluation framework to assess the effectiveness of implemented policies and interventions. Regular reporting, independent evaluations, and stakeholder feedback mechanisms are integral parts of this framework, ensuring continuous improvement and responsiveness to emerging needs.

Australia (for comparative context)

- **Methodological Approach:** Australia's approach to autism strategy is characterized by its emphasis on personalized service delivery through the National Disability Insurance Scheme (NDIS). This approach ensures that interventions are tailored to the individual needs of each autistic person, integrating services across health, education, and community support sectors.
- Research and Evidence Basis: Australia also places a strong emphasis on research, particularly in areas that impact policy and service delivery. This includes initiatives to translate research findings into practical, actionable policies that directly improve the lives of autistic individuals.
- Stakeholder Engagement: Stakeholder engagement is a core component of Australia's strategy, with established mechanisms for involving autistic individuals, their families, and advocacy groups in both policy development and ongoing evaluations. This ensures that the strategy remains aligned with the community's needs and expectations.
- Implementation Framework: The NDIS provides a structured framework for the implementation of autism services in Australia, ensuring consistent and equitable service delivery across the country. This centralized approach facilitates clear accountability and effective resource allocation.

Evaluation and Monitoring: Similar to the UK, Australia employs rigorous monitoring and evaluation practices to ensure the effectiveness of its autism strategy. This includes the use of performance indicators, regular reviews, and adjustments based on feedback from service users and providers.







Both the UK and Australia utilize comprehensive, evidence-based approaches to developing and implementing their autism strategies, with a strong focus on stakeholder engagement and integrated service delivery. However, the UK's strategy is particularly noted for its collaborative approach across different sectors and clear implementation guidelines, while Australia's strategy is distinguished by its individualized service delivery model through the NDIS. Both countries prioritize continuous evaluation and adaptation of their strategies, ensuring they effectively meet the needs of the autistic community.





F: > Conclusion and Suggestions

Key Differences Compared with the UK

🚾 👉 Primary Differences

Autism-Friendly Accessibility: The UK's strategy emphasizes sensory adaptations in public transportation and campaigns for quiet spaces in urban settings, whereas Australia's approach involves a broader application, including urban development with sensory-friendly designs.

Detection of Autism: The UK focuses on reducing diagnosis waiting times by integrating services within the primary healthcare system, contrasting with Australia's structured nationwide screening programs starting from early childhood.

Secondary Differences → Secondary Differences

Education and Social Skills: The UK plans for the integration of autistic students in mainstream education with specialized training for teachers, whereas Australia's approach includes a broader provision of resources and social skills training across all schools.

📱 🔽 Strengths of Australia's Strategy Compared with the UK

🏧 🦞 🥎 Primary Strengths

Structured and Explicit Commitments: Australia's strategy outlines clear, structured commitments with specific outcomes, timelines, and responsibilities. This facilitates measurable benchmarks and accountability, which are somewhat less explicitly defined in the UK's strategic documents.

Comprehensive Integration within Broader Social Services: The Australian strategy integrates autism supports within a broader framework of disability and social services, enhancing the efficiency of service delivery and providing a cohesive support system that is more explicitly interconnected than in the UK's approach.

Emphasis on Community Participation: Australia places a strong focus on enhancing community participation and accessibility for autistic individuals. Initiatives aimed at increasing the accessibility of public spaces and promoting inclusivity in community activities are more pronounced than those found in the UK's strategy.

Secondary Strengths

Individual Assistance Services: Australia's structured support through the NDIS for individual assistants is more comprehensive compared to the UK's more localized and variable assistant support services.

Systematic Public Awareness Campaigns: Australia has implemented extensive, nationwide awareness campaigns that are more systematic and far-reaching than the UK's, aiming to enhance societal understanding and acceptance of autism.

Apparent Gaps in Australia's Strategy Compared with the UK

🔤 🛕 🔑 Primary Apparent Gaps

Stakeholder Engagement and Oversight: The UK's strategy involves extensive stakeholder engagement, including autistic individuals, families, and professionals, in both development and oversight, facilitated by structured forums and public consultations. Australia could benefit from stronger mechanisms for direct community engagement to ensure policies are closely aligned with community needs.

Lifespan Approach and Adult Services: The UK's strategy emphasizes services across the lifespan, with particular attention to transitions and adult services, including employment and independent living. Australia's strategy, while comprehensive, could place greater emphasis on detailed programs and supports that facilitate transitions throughout the lifespan of autistic individuals.

🌇 🔑 🤋 Secondary Apparent Gaps

Innovative Service Delivery and Use of Technology: The UK's strategy highlights the use of innovative service delivery models and technology, such as digital health platforms and specialized training programs for professionals. Australia could enhance its strategy by incorporating more innovative and technologically advanced practices to support education, healthcare, and community integration.

- 📱 🞧 Suggestions for Enhancements to Australia's Strategy
 - 🔤 💡 🎓 Primary Suggestions
 - **Enhance Stakeholder Engagement**: Develop robust frameworks for continuous engagement with the autistic community, ensuring their input directly influences policy and practice. This could mirror the UK's extensive use of public consultations and involvement of autistic individuals in advisory roles.
 - **Broaden Lifespan Services**: Expand focus on lifespan services, particularly for adults, by detailing supports for employment, independent living, and ongoing education. The UK's structured approach to transitions and adult life could serve as a model.
 - **Increase Research and Development**: Invest more in research initiatives that support the development of new interventions and the continuous evaluation of existing services. The UK's emphasis on evidence-based practices and ongoing research could quide enhancements in Australia's approach.
 - Secondary Suggestions
 - **Implement Innovative Practices**: Adopt more innovative practices in service delivery, using technology to enhance educational and healthcare accessibility, as well as workforce integration, similar to some of the digital initiatives seen in the UK strategy.
 - Strengthen Training and Professional Development: Introduce comprehensive, nationwide training programs for professionals across all sectors interacting with autistic individuals, drawing on the UK's initiatives for professional development and public awareness.

Additional Strategic Insights:

- **Governance and Policy Integration**: Strengthen the governance structure of Australia's strategy to ensure clear oversight and effective implementation across various government levels, taking cues from the UK's well-defined organizational framework for managing and reviewing its autism strategy.
- Flexible and Responsive Policy Design: Ensure that Australia's strategy remains adaptable to emerging needs and challenges, including adapting to new research findings and community feedback, similar to the iterative updates and revisions seen in the UK strategy.

[UK-scot] Scotland (UK) -'The Scottish Strategy for Autism'

https://www.gov.scot/binaries/content/documents/govscot/publications/strategyplan/2011/11/scottish-strategy-autism/documents/0122373-pdf/0122373pdf/govscot%3Adocument/0122373.pdf

A1: Comprehensive Analysis of Topics Related to the Needs of Autistic People

Autism-Friendly Accessibility Everywhere

Scotland: The Scottish Strategy emphasizes the importance of creating autism-friendly environments across all public services, including education, health, social care, and employment. It highlights the need for local authorities to develop local autism strategies that ensure public places, such as transportation, stores, and residential neighborhoods, are accessible to autistic individuals. The strategy promotes a holistic, joined-up approach to service delivery, ensuring all aspects of daily life are considered and supported.

Australia: The Australian draft strategy similarly focuses on improving accessibility in public spaces, transportation, and residential areas. It outlines specific commitments to enhance social and sensory environments to accommodate the needs of autistic individuals. This includes making public places more inclusive through design modifications, staff training, and community awareness programs.

Detection of Autism

Scotland: The Scottish strategy prioritizes early identification and diagnosis of autism, with a focus on reducing waiting times for diagnosis and improving the diagnostic process. It recommends the implementation of a multi-agency care pathway for assessment and intervention, ensuring timely and accurate diagnoses.

Australia: Australia's draft strategy also emphasizes the importance of early detection, aiming to reduce the age of diagnosis and improve the accuracy and consistency of diagnostic practices. It includes commitments to provide training for healthcare professionals and to develop standardized diagnostic tools and processes.

Education and Social Skills

Scotland: The strategy outlines a commitment to inclusive education, ensuring that autistic students receive appropriate support and accommodations within mainstream schools. It emphasizes the need for personalized education plans, specialized teaching strategies, and training for educators to better understand and support autistic students.

Australia: Australia's draft strategy similarly focuses on inclusive education, with specific commitments to improve support for autistic students in mainstream settings. It highlights the need for individualized learning plans, professional development for teachers, and the integration of social skills training within the school curriculum.

Training of Parents and Carers

Scotland: The Scottish strategy acknowledges the critical role of parents and carers and calls for comprehensive training programs to equip them with the skills and knowledge needed to support their autistic family members effectively. It promotes the use of evidence-based training programs and resources.

Australia: Australia's draft strategy includes commitments to provide training and resources for parents and carers, ensuring they have access to the information and support they need. It emphasizes the importance of empowering families through education and community support networks.

Awareness of Society and Public Servants

Scotland: The strategy aims to increase public awareness and understanding of autism through targeted campaigns and training programs for public servants. It stresses the importance of creating a society that respects and includes autistic individuals.

Australia: Australia's draft strategy also focuses on raising awareness and promoting acceptance of autism within the broader community. It includes commitments to deliver public awareness campaigns, provide autism training for public sector employees, and foster an inclusive culture.

Assistance Services Adapted to Autism

Scotland: The Scottish strategy emphasizes the need for tailored support services that address the unique needs of autistic individuals. It calls for the development of specialized services in areas such as healthcare, social care, and employment support.

Australia: Australia's draft strategy similarly advocates for the provision of autism-specific support services. It highlights the importance of developing and funding services that cater to the diverse needs of autistic individuals across various life stages.

Individual Assistants

Scotland: The strategy supports the use of individual assistants or support workers to help autistic individuals navigate daily life and access services. It stresses the importance of trained and knowledgeable support staff.

Australia: Australia's draft strategy includes commitments to increase the availability of individual support workers for autistic people. It aims to enhance the quality and accessibility of support through training and certification programs for support workers.

Peer-Support

ightharpoonup Scotland: The strategy encourages the development of peer-support networks and groups, recognizing the value of shared experiences and mutual support among autistic individuals and their families.

Australia: Australia's draft strategy also promotes peer-support initiatives, aiming to establish and fund peer-support groups and programs across the country. It highlights the benefits of peer connections in fostering community and resilience.

Housing and Independent Living

Scotland: The Scottish strategy addresses the need for appropriate housing options that support independent living for autistic individuals. It calls for collaborative efforts between housing providers and autism services to create inclusive living environments.

Australia: Australia's draft strategy includes commitments to improve housing options for autistic people, with a focus on promoting independent living and community integration. It aims to develop guidelines and support for autism-friendly housing designs.

Employment (or Allowances)

Scotland: The strategy emphasizes the importance of supporting autistic individuals in gaining and maintaining employment. It advocates for the use of supported employment models, vocational training, and employer education programs.

Australia: Australia's draft strategy similarly focuses on improving employment outcomes for autistic individuals. It includes commitments to enhance vocational training programs, support workplace accommodations, and promote inclusive hiring practices.

Health, Nutrition, Physical Activities, and Sports

ightharpoonup Scotland: The Scottish strategy highlights the need for accessible healthcare services, promoting physical health, and ensuring autistic individuals have opportunities to engage in physical activities and sports. It calls for tailored health programs and inclusive sports initiatives.

Australia: Australia's draft strategy addresses the health and well-being of autistic individuals by promoting access to healthcare services, nutritional support, and opportunities for physical activity. It emphasizes the importance of inclusive sports programs and community health initiatives

Friendly and Affective Relationships (Including Sexual)

Scotland: The strategy acknowledges the importance of supporting autistic individuals in forming and maintaining relationships, including romantic and sexual relationships. It calls for education and resources to help individuals navigate social and intimate relationships.

Australia: Australia's draft strategy similarly emphasizes the need to support autistic individuals in developing and maintaining relationships. It includes commitments to provide education on social skills, consent, and healthy relationships.

Leisure, Travels, Experiences, Special Interests, Creativity, Flourishing of Autistic People

Scotland: The strategy promotes access to leisure activities, travel opportunities, and creative pursuits for autistic individuals. It highlights the importance of supporting special interests and fostering creativity as part of a fulfilling life.

Australia: Australia's draft strategy includes commitments to enhance access to leisure and recreational activities for autistic individuals. It aims to support creative expression and encourage participation in community and cultural events.

Connection with Nature (Including Animals)

Scotland: The strategy recognizes the therapeutic benefits of connecting with nature and animals for autistic individuals. It encourages the development of programs and activities that facilitate these connections.

Australia: Australia's draft strategy also acknowledges the positive impact of nature and animal interactions on well-being. It includes commitments to promote access to nature-based activities and animal-assisted therapies.

Protection Against Stigma, Bullying, Mistreatment, and Abuse

Scotland: The strategy focuses on safeguarding autistic individuals from stigma, bullying, and abuse. It calls for the implementation of anti-bullying programs, awareness campaigns, and protective measures within communities and services.

Australia: Australia's draft strategy includes commitments to protect autistic individuals from stigma and mistreatment. It emphasizes the importance of creating safe and supportive environments through education, policy measures, and community initiatives.

Personal Security (Especially Against the Risk of Getting Lost), **Protection, and Defense (Against Other People)**

Scotland: The strategy highlights the need for measures to ensure the personal security of autistic individuals, including programs to prevent wandering and initiatives to protect against harm from others.

Australia: Australia's draft strategy addresses personal security by promoting safety measures, training for first responders, and community awareness programs to prevent wandering and enhance protection.

Protection Against Depression and Suicide

Scotland: The strategy emphasizes the importance of mental health support for autistic individuals, including measures to prevent depression and suicide. It calls for tailored mental health services and crisis intervention programs.

Australia: Australia's draft strategy includes commitments to improve mental health services for autistic individuals, with a focus on preventing depression and suicide. It aims to enhance access to mental health support and crisis services.

Protection Against the Risk of Deprivation of Liberty (in Institutions or Hospitals) or Forced Treatments

Scotland: The strategy advocates for the rights of autistic individuals to avoid unnecessary institutionalization and forced treatments. It emphasizes the importance of community-based care and person-centered support.

Australia: Australia's draft strategy similarly promotes the rights of autistic individuals to live freely and avoid institutionalization. It includes commitments to develop community-based alternatives and safeguard against forced treatments.

Healthcare and Emergencies

Scotland: The strategy calls for improved access to healthcare services and better preparedness for emergencies involving autistic individuals. It promotes training for healthcare professionals and the development of emergency response plans.

Australia: Australia's draft strategy focuses on enhancing healthcare access and emergency response for autistic individuals. It includes commitments to provide specialized training for healthcare workers and develop inclusive emergency protocols.

Aging and Autonomy

Scotland: The strategy addresses the needs of aging autistic individuals, promoting support for maintaining autonomy and quality of life in older age. It calls for tailored services and programs to support aging autistic individuals.

Australia: Australia's draft strategy includes commitments to support autistic individuals as they age, ensuring access to appropriate services and maintaining autonomy. It emphasizes the importance of planning for the unique needs of older autistic individuals.

Empowerment Advocacy

Scotland: The strategy promotes empowerment and self-advocacy for autistic individuals, encouraging their active participation in decision-making processes and community life.

Australia: Australia's draft strategy includes commitments to empower autistic individuals through advocacy and self-advocacy programs. It aims to ensure their voices are heard and respected in all aspects of life.

Respect of the UN CRPD

Scotland: The strategy aligns with the principles of the UN Convention on the Rights of Persons with Disabilities (CRPD), advocating for the rights and inclusion of autistic individuals in all areas of society.

Australia: Australia's draft strategy similarly aligns with the UN CRPD, emphasizing the rights of autistic individuals and promoting their full inclusion and participation in society.

Effective Access to Justice

Scotland: The strategy highlights the importance of ensuring autistic individuals have effective access to justice, including legal support and accommodations within the criminal justice system.

Australia: Australia's draft strategy includes commitments to improve access to justice for autistic individuals, providing training for legal professionals and ensuring appropriate accommodations are available.



A2: Identification of Additional Relevant Topics

■ Scotland:

1. Transition Planning:

o The Scottish strategy includes a focus on transition planning for autistic individuals at various life stages, particularly from childhood to adulthood and from education to employment. This area emphasizes the need for coordinated support and planning to ensure smooth transitions.

2. Post-Diagnostic Support:

o Scotland's strategy highlights the importance of providing comprehensive postdiagnostic support, including guidance, resources, and ongoing assistance to autistic individuals and their families after diagnosis.

3. Sensory Processing:

o The strategy acknowledges sensory processing issues and includes recommendations for creating sensory-friendly environments and providing sensory support in various settings.

4. Family Support:

o Additional focus is placed on supporting the entire family unit, recognizing the impact of autism on family members and providing resources and services to support them.

5. Community Participation:

 The Scottish strategy emphasizes the importance of community participation and social inclusion for autistic individuals, encouraging their involvement in community activities and decision-making processes.

Australia:

1. Workforce Development:

 Australia's draft strategy includes a strong focus on workforce development, aiming to build the capacity of professionals working with autistic individuals through training and education. This ensures that service providers are well-equipped to support autistic individuals effectively.

2. Technological Integration:

o The Australian strategy incorporates a significant focus on the use of technology to support autistic individuals, including the development of digital tools and resources for education, therapy, and support services.

3. Crisis Management:

o The strategy outlines detailed plans for crisis management, including the development of protocols and training for emergency responders to better handle situations involving autistic individuals.

4. Policy Consistency Across Regions:

o Australia's strategy addresses the need for consistency and alignment of autism policies across different regions and states, ensuring a uniform approach to support and services nationwide.

5. Research and Innovation:

o The strategy emphasizes the importance of ongoing research and innovation to improve understanding of autism and develop new interventions and supports. It includes commitments to fund and support autism research initiatives.





B1: Analysis of Strategy Frameworks



1. Close Consultation and Active Participation:

- o The Scottish strategy emphasizes extensive consultation with autistic individuals, their families, and various stakeholders. This includes public consultations, focus groups, and engagement with autism advocacy organizations to ensure a wide range of voices are heard.
- o The strategy outlines the creation of an Autism Strategy Review Group, which includes representatives from autistic communities to provide ongoing input and ensure that diverse perspectives are considered.

2. Implementation Details:

- o The strategy provides clear implementation details, including specific actions, timelines, and responsible parties for each objective. It emphasizes a collaborative approach involving multiple agencies and organizations.
- o A detailed implementation plan is included, which outlines short-term and long-term goals, as well as the steps needed to achieve them.

3. Administrative Body:

o Scotland has established the Scottish Government Autism Team, which is responsible for overseeing the implementation of the strategy. This dedicated body ensures coordination and accountability across different sectors.

4. Monitoring and Accountability:

- o The strategy includes robust mechanisms for monitoring and accountability. It specifies regular progress reviews, public reporting, and updates to ensure transparency.
- o Performance indicators and measurable outcomes are defined to track the effectiveness of the strategy.

5. SMART Criteria:

• The strategy follows SMART (Specific, Measurable, Achievable, Relevant, Time-bound) criteria for setting its objectives. Each goal is clearly defined with measurable targets and deadlines.

6. Legal Framework and Tools:

- The strategy operates within the existing legal framework, including disability rights and equality legislation. It aims to align with these laws to ensure the rights of autistic individuals are upheld.
- o Specific legal tools or new legislation specific to autism are not explicitly mentioned, but the strategy emphasizes compliance with broader disability and equality laws.

7. Continuous Improvement:

o The strategy highlights the importance of continuous improvement through regular reviews and updates. It encourages the adoption of new evidence-based practices and adjustments based on feedback from the autistic community.

8. International Collaboration:

While the strategy primarily focuses on national and regional initiatives, it recognizes the value of learning from international best practices and research. It encourages collaboration with international autism organizations and participation in global research initiatives.

Australia:

1. Close Consultation and Active Participation:

- o The Australian strategy places significant emphasis on extensive stakeholder engagement, including consultations with autistic individuals, their families, service providers, and advocacy groups. It highlights the importance of inclusive and representative participation.
- The strategy includes a commitment to ongoing engagement through advisory groups and consultation forums to ensure continuous input from the autism community.

2. Implementation Details:

o The strategy outlines a comprehensive implementation plan with specific actions, timelines, and responsible agencies. It emphasizes a coordinated approach involving federal, state, and local governments, as well as non-governmental organizations.

o Detailed plans are provided for each outcome area, including specific initiatives and expected outcomes.

3. Administrative Body:

o Australia has established a National Autism Strategy Implementation Taskforce to oversee the execution of the strategy. This taskforce includes representatives from various government departments, autism organizations, and other stakeholders.

4. Monitoring and Accountability:

- o The strategy includes clear mechanisms for monitoring and accountability. Regular progress reports, public updates, and independent evaluations are specified to ensure transparency and effectiveness.
- o Performance indicators and measurable outcomes are defined for each objective, providing a framework for assessing progress.

5. SMART Criteria:

o The strategy adheres to SMART criteria, setting specific, measurable, achievable, relevant, and time-bound objectives. Each goal is clearly articulated with detailed metrics for evaluation.

6. Legal Framework and Tools:

- o The strategy operates within the existing legal framework, including disability discrimination and equality legislation. It emphasizes the need for legal compliance to protect the rights of autistic individuals.
- o While no specific autism legislation is mentioned, the strategy aligns with broader disability and human rights laws.

7. Continuous Improvement:

- o Continuous improvement is a key focus of the strategy. It includes provisions for regular reviews, updates based on new research and feedback, and the adoption of best practices.
- o The strategy encourages innovation and flexibility to respond to emerging needs and challenges.

8. International Collaboration:

o The strategy emphasizes the importance of international collaboration and learning from global best practices. It includes commitments to participate in international autism research networks and share knowledge with other countries.







Both Scotland and Australia have developed comprehensive autism strategies with a strong emphasis on stakeholder engagement, detailed implementation plans, and robust monitoring and accountability mechanisms. However, there are key differences:

- Scotland: Emphasizes a more structured approach to transition planning, postdiagnostic support, and sensory processing issues. It also highlights the importance of supporting families and community participation.
- Australia: Places a stronger focus on workforce development, technological integration, crisis management, and policy consistency across regions. It also emphasizes research and innovation to drive continuous improvement.



B2: Identification of Additional Strategy Needs

■ Scotland:

1. Autism-Friendly Accessibility:

- o The Scottish strategy identifies the need for greater accessibility in public places and transportation. It suggests modifications to public buildings and transport systems to accommodate sensory needs.
- o Additionally, it highlights the importance of autism-friendly environments in educational institutions and workplaces.

2. Transition Support:

o The strategy emphasizes the need for structured support during key life transitions, such as moving from school to employment or independent living. It calls for personalized transition plans and coordinated services to ensure smooth transitions.

3. Mental Health Services:

o There is a strong focus on the integration of mental health services with autism support. The strategy identifies the need for specialized mental health services tailored to the unique needs of autistic individuals.

4. Community and Family Support:

o The Scottish strategy underlines the importance of community and family support systems. It calls for the establishment of community-based support networks and resources for families to provide ongoing support and reduce isolation.

5. Post-Diagnostic Support:

o The need for comprehensive post-diagnostic support is highlighted, including counseling, information provision, and guidance for newly diagnosed individuals and their families.

6. **Employment Support:**

o The strategy identifies the need for targeted employment support programs, including job coaching, workplace accommodations, and employer training to promote inclusive hiring practices.

7. Research and Data Collection:

o There is an emphasis on the need for ongoing research and data collection to better understand autism and improve support services. The strategy calls for the development of a robust evidence base to inform policy and practice.

Australia:

1. Workforce Development:

o The Australian strategy identifies the need for specialized training programs for professionals working with autistic individuals. It emphasizes the importance of building a skilled workforce to deliver high-quality support services.

2. Technological Integration:

o The strategy highlights the need for integrating technology into autism support services. This includes the use of digital tools for communication, education, and therapy, as well as the development of online resources and platforms for community engagement.

3. Crisis Management and Emergency Services:

o The need for tailored crisis management and emergency services is emphasized. The strategy calls for the development of protocols and training for emergency responders to address the specific needs of autistic individuals in crisis situations.

4. Policy Consistency:

The strategy underscores the importance of ensuring consistency and coordination of autism policies across federal, state, and local levels. It calls for the alignment of policies to create a unified approach to autism support.

5. Cultural Competency:

o The strategy identifies the need for culturally competent services that recognize and address the diverse backgrounds of autistic individuals. It calls for the development of culturally sensitive practices and materials.

6. Sustainability of Services:

o The strategy emphasizes the need for sustainable funding and support for autism services. It calls for long-term financial commitments and strategies to ensure the continuity and scalability of successful initiatives.

7. Impact Measurement:

o There is a strong focus on measuring the impact of autism support services. The strategy calls for the development of performance indicators and feedback mechanisms to assess the effectiveness of interventions and make data-driven improvements.

Technological Integration and Digital Accessibility

Scotland:

- The Scottish strategy emphasizes the use of technology to enhance communication and access to services for autistic individuals. It includes the development of online resources and platforms to facilitate information sharing and support networks.
- Digital tools are integrated into educational and therapeutic settings to support personalized learning and intervention programs.

🏧 Australia:

- The Australian strategy similarly highlights the importance of technology in supporting autistic individuals. It calls for the development of digital tools and online platforms to provide access to resources, community interactions, and virtual support.
- There is a strong emphasis on using technology to deliver remote therapies and telehealth services, ensuring that individuals in remote areas have access to necessary support.

Crisis Management and Emergency Services

★ Scotland:

- The Scottish strategy addresses crisis management by developing specialized protocols for handling emergencies involving autistic individuals. It includes training for emergency responders to ensure they are equipped to deal with autistic individuals in crisis situations.
- There is also a focus on creating support networks that can be mobilized quickly during a crisis, providing immediate and appropriate assistance.

🏧 Australia:

- The Australian strategy places significant emphasis on crisis management, calling for the development of tailored emergency services and crisis intervention protocols. This includes training for first responders and emergency personnel to better understand and manage the needs of autistic individuals during crises.
- The strategy advocates for the establishment of crisis response teams specifically trained to handle situations involving autistic individuals.

Cultural Competency and Inclusivity



- The Scottish strategy recognizes the importance of cultural competency and inclusivity in service delivery. It includes initiatives to ensure that services are accessible and sensitive to the cultural backgrounds of autistic individuals and their families.
- Efforts are made to provide information and resources in multiple languages and to engage with culturally diverse communities to better understand and meet their needs.

🏧 Australia:

- The Australian strategy similarly emphasizes cultural competency, advocating for services that are culturally sensitive and inclusive. It calls for the development of materials and practices that address the diverse cultural backgrounds of the autistic community.
- The strategy includes specific measures to reduce racial and ethnic disparities in the diagnosis and treatment of autism, ensuring equitable access to support services for all individuals.

Policy Consistency and Coordination Across Levels of Government

Scotland:

- The Scottish strategy focuses on ensuring consistency and coordination of autism policies across different levels of government. It emphasizes the need for a unified approach, with clear communication channels between national, regional, and local authorities.
- There are efforts to align policies and practices to create a cohesive system of support for autistic individuals throughout Scotland.

🔤 Australia:

- The Australian strategy also highlights the importance of policy consistency and coordination across federal, state, and local levels. It calls for the alignment of policies to ensure a unified approach to supporting autistic individuals.
- The strategy includes mechanisms for regular communication and collaboration between different levels of government to ensure seamless service delivery and policy implementation.

Public and Private Sector Roles

Scotland:

- The Scottish strategy acknowledges the roles of both the public and private sectors in providing support for autistic individuals. It includes partnerships with private organizations and non-profits to deliver a range of services.
- There is an emphasis on leveraging private sector resources and expertise to complement public sector efforts, creating a comprehensive support network.

🏧 Australia:

- The Australian strategy similarly recognizes the importance of collaboration between the public and private sectors. It calls for partnerships with non-governmental organizations and private companies to enhance service delivery.
- The strategy includes measures to encourage private sector involvement in funding and providing services, ensuring a holistic approach to supporting autistic individuals.

Sustainability of Services

Scotland:

- The Scottish strategy places a strong emphasis on the sustainability of autism services. It calls for long-term funding commitments and strategic planning to ensure the continued availability and quality of services.
- Efforts are made to develop scalable initiatives that can be expanded and sustained over time, providing ongoing support for autistic individuals.

🏧 Australia:

- The Australian strategy also focuses on sustainability, advocating for secure and consistent funding for autism services. It includes strategies to ensure the long-term viability of successful programs and initiatives.
- The strategy calls for continuous evaluation and adaptation of services to meet evolving needs, ensuring that support remains effective and relevant.

Impact Measurement and Strategy Evaluation

Scotland:

- The Scottish strategy includes comprehensive mechanisms for measuring the impact of autism services. It calls for the use of performance indicators and regular evaluations to assess the effectiveness of interventions and support programs.
- Feedback from autistic individuals and their families is integrated into the evaluation process to ensure that services are meeting their needs.

🏧 Australia:

- The Australian strategy similarly emphasizes the importance of impact measurement and evaluation. It includes specific performance indicators and feedback mechanisms to assess the success of support services.
- The strategy calls for regular updates and revisions based on new data and research findings, ensuring that services are continuously improved and adapted to meet the needs of the autistic community.



Use of Identity-First Language

Scotland:

- The Scottish strategy predominantly uses identity-first language, referring to "autistic people" rather than "people with autism". This aligns with the preference expressed by many within the autistic community and helps to reinforce the identity and acceptance of autistic individuals.
- There is a conscious effort to avoid language that could be perceived as stigmatizing or marginalizing.

🏧 Australia:

- The Australian strategy also emphasizes identity-first language, consistently using terms like "autistic individuals" throughout the document. This approach is intended to affirm the identity of autistic people and respect their preference for how they are described.
- The strategy is careful to use inclusive language and avoid terms that could be seen as diminishing or pathologizing.

Presence of Stigmatizing Terms

Scotland:

- The Scottish strategy avoids the use of stigmatizing terms such as "disorder" or "condition." Instead, it focuses on strengths and abilities, promoting a positive and empowering view of autism.
- Terms like "Autism Spectrum Disorder" (ASD) are used minimally and primarily in clinical or diagnostic contexts where necessary.

🏧 Australia:

- Similarly, the Australian strategy is mindful of the language used and avoids terms that might carry negative connotations. It refrains from using phrases like "disorder" or "condition" in a way that could stigmatize autistic individuals.
- The document does mention "Autism Spectrum Disorder" (ASD) in certain sections, but these instances are limited to clinical or diagnostic discussions.

Portrayal of Autism and Respect for the Autistic Nature



- The Scottish strategy portrays autism in a respectful and positive manner, highlighting the unique strengths and contributions of autistic individuals. It emphasizes the importance of acceptance and inclusion, rather than focusing solely on challenges or deficits.
- The strategy advocates for societal change to accommodate autistic individuals, aligning with the social model of disability.

🏧 Australia:

- The Australian strategy takes a similar approach, emphasizing the value and potential of autistic individuals. It promotes a strengths-based perspective, recognizing the diverse abilities and contributions of autistic people.
- There is a strong focus on creating an inclusive society that respects and values autistic individuals, rather than attempting to "normalize" them.

Normalization Tactics

Scotland:

- The Scottish strategy explicitly avoids normalization tactics such as Applied Behavior Analysis (ABA). Instead, it focuses on supportive and person-centered approaches that respect the autonomy and preferences of autistic individuals.
- The strategy promotes interventions and supports that are tailored to the individual needs and strengths of autistic people, rather than attempting to make them conform to neurotypical standards.

🔤 Australia:

- The Australian strategy also avoids normalization tactics and does not advocate for interventions like ABA that aim to change or "normalize" autistic behavior. Instead, it emphasizes support strategies that respect the individuality and autonomy of autistic people.
- There is a clear commitment to providing support that enhances the quality of life for autistic individuals without attempting to alter their fundamental nature.



Methodologies Employed by Each Strategy

Scotland:

Research-Based Approach: The Scottish strategy emphasizes the use of comprehensive research to inform its development. It incorporates findings from a variety of studies and surveys conducted within the autistic community and among professionals.

- **Stakeholder Engagement:** Extensive stakeholder engagement is a cornerstone of the Scottish strategy. This includes consultations with autistic individuals, their families, professionals, and organizations representing autistic people. Feedback from these consultations is systematically integrated into the strategy.
- **Interdisciplinary Collaboration:** The strategy promotes collaboration across different sectors, including health, education, social services, and employment. This interdisciplinary approach ensures that the diverse needs of autistic individuals are addressed in a holistic manner.
- **Pilot Programs and Trials:** Before wide implementation, the strategy includes pilot programs and trials to test the effectiveness of proposed interventions. These pilots help in refining and adapting initiatives to better suit the needs of autistic individuals.
- **Continuous Improvement:** There is a strong focus on continuous improvement, with regular reviews and updates based on new research, feedback, and changing needs. This ensures that the strategy remains relevant and effective over time.

🏧 Australia:

- **Evidence-Based Practices:** The Australian strategy places a strong emphasis on evidence-based practices. It incorporates the latest research and best practices in autism support and intervention, ensuring that all initiatives are grounded in scientifically validated methods.
- **Inclusive Consultations:** Similar to the Scottish strategy, Australia's approach includes extensive consultations with a broad range of stakeholders. This includes autistic individuals, their families, advocacy groups, and professionals. The feedback from these consultations is used to shape the strategy's initiatives and policies.
- **Framework for Implementation:** The strategy includes a detailed framework for implementation, outlining specific actions, timelines, and responsible parties. This framework is designed to ensure that the strategy is carried out effectively and that progress can be monitored.
- **Performance Metrics:** Specific performance metrics are established to measure the effectiveness of the strategy. These metrics include both quantitative and qualitative indicators to capture the full impact of the initiatives.
- **Regular Reporting and Accountability:** The strategy mandates regular reporting on progress and outcomes. This transparency ensures accountability and allows for adjustments to be made based on the evaluation of results.
- **Focus on Sustainability:** The strategy considers long-term sustainability, with plans for ongoing funding, support, and policy updates to maintain the effectiveness of the initiatives over time.

4 Key Differences

Scotland:

- Greater emphasis on pilot programs and trials before full implementation.
- Strong focus on interdisciplinary collaboration across different sectors.
- Regular reviews and updates to ensure continuous improvement.

🏧 Australia:

- Detailed framework for implementation with specific actions and timelines.
- Establishment of specific performance metrics to measure effectiveness.
- Regular reporting and accountability mechanisms to ensure transparency.



🔤 👉 Key Differences Compared with Scotland:

♣ Primary Differences:

Scope and Coverage:

- Scotland: The strategy emphasizes interdisciplinary collaboration and includes detailed frameworks for areas like education, health, social inclusion, and employment. It also highlights the importance of continuous improvement and pilot programs.
- **Australia:** The strategy covers a broad range of areas, including crisis management, technological integration, policy consistency, and cultural competency. It has a more structured approach to implementation with specific performance metrics and regular reporting mechanisms.

Stakeholder Engagement:

- Scotland: Extensive stakeholder engagement with systematic integration of feedback from autistic individuals, their families, professionals, and organizations representing autistic people.
- **Australia:** Inclusive consultations involving a wide range of stakeholders, with feedback shaping the initiatives and policies within the strategy.

Implementation Framework:

Scotland: Emphasizes pilot programs and trials before full implementation to refine and adapt initiatives based on feedback and effectiveness.

Australia: Detailed implementation framework with specific actions, timelines, and responsible parties to ensure effective execution and monitoring of progress.

Evidence-Based Practices:

- Scotland: Strong focus on using comprehensive research to inform the strategy, ensuring that interventions are based on findings from studies and surveys.
- Australia: Emphasizes evidence-based practices, incorporating the latest research and best practices in autism support and intervention.

Monitoring and Accountability:

- Scotland: Focus on regular reviews and updates for continuous improvement, with less emphasis on formal mechanisms for monitoring and accountability.
- Australia: Establishment of specific performance metrics and regular reporting requirements to ensure transparency and accountability.

↔ Secondary Differences:

Technological Integration:

- Scotland: Emphasizes the use of technology to enhance communication and access to services for autistic individuals, including online resources and platforms.
- Australia: Highlights the importance of technology in supporting autistic individuals, with a strong emphasis on digital tools, online platforms, and telehealth services.

Cultural Competency:

- Scotland: Recognizes the importance of cultural competency and inclusivity, with initiatives to ensure services are accessible and sensitive to diverse cultural backgrounds.
- Australia: Emphasizes cultural inclusivity and has specific strategies to address the diverse cultural backgrounds of the Australian population.
- 🔤 🔽 Strengths of Australia's Strategy Compared with Scotland:
- 🔤 🦵 🐒 Primary Strengths:

Comprehensive Coverage:

Australia's strategy addresses a wide range of areas, including healthcare, education, employment, social inclusion, crisis management, and more, ensuring holistic support for autistic individuals.

Stakeholder Engagement:

Involves detailed consultations with autistic individuals, their families, advocacy groups, and professionals, ensuring inclusive decision-making.

Evidence-Based Practices:

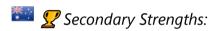
Emphasizes interventions and supports that are scientifically validated and effective.

Detailed Implementation Framework:

Provides specific actions, timelines, and responsible parties for effective execution.

Performance Metrics and Accountability:

Includes specific performance indicators and regular reporting requirements for transparency and accountability.



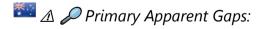
Focus on Cultural Competency:

Addresses the needs of individuals from diverse cultural backgrounds, promoting inclusivity and cultural sensitivity.

Public Awareness and Training:

Extensive campaigns and training programs for public servants to enhance societal understanding and support for autistic individuals.

Apparent Gaps in Australia's Strategy Compared with Scotland:



Implementation Details:

Could benefit from more detailed implementation plans, including clearer timelines, roles, and responsibilities to enhance execution.

Local Adaptation:

While focusing on national cohesion, the strategy might lack specificity in addressing local and regional variations in needs and services.

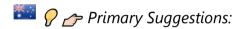
Stakeholder Feedback Mechanisms:

Although there is broad consultation, continuous feedback mechanisms postimplementation could be enhanced to ensure ongoing relevance and responsiveness.

Integration with Regional Policies:

Strengthening consistency and integration with regional and local policies to create a unified approach across all levels of government.

Suggestions for Enhancements to Australia's Strategy:



Develop Detailed Implementation Plans:

Create more detailed plans for each initiative, outlining specific timelines, roles, responsibilities, and potential challenges.

Strengthen Regional Coordination:

Enhance coordination with regional and local policies to create a cohesive approach to supporting autistic individuals across all government levels.

Increase Stakeholder Involvement:

Develop mechanisms for ongoing engagement with autistic individuals, their families, and advocacy groups throughout the planning, implementation, and evaluation phases of the strategy to enhance responsiveness and effectiveness.



Provide Clearer Resource Allocation Guidelines:

Establish clear guidelines for resource allocation and funding mechanisms, including specific funding commitments and financial oversight mechanisms.

Focus on Emerging Needs and Continuous Improvement:

Implement mechanisms for regular reviews, updates based on new research findings, and incorporating feedback from autistic individuals and their families.

Expand Cultural Competency Initiatives:

Enhance efforts to address the needs of individuals from diverse cultural backgrounds by developing targeted cultural competency training for service providers and ensuring accessibility and inclusivity of all materials and resources.

Include Pilot Programs:

Introduce pilot programs and trials to test the effectiveness of interventions before fullscale implementation, allowing for refinement based on feedback and outcomes.

Additional Strategic Insights::

Governance and Implementation:

Strengthen governance structures to ensure effective coordination and implementation of the strategy across various levels of government and services, learning from Scotland's localized approach.

Research and Development Focus:

Invest in research and development initiatives to continually assess the effectiveness of implemented strategies and adapt based on findings, ensuring the strategy supports evidence-based practices and adapts to new scientific insights.

Leverage Technology:

Continue to leverage technological advancements to provide innovative solutions for support and services, ensuring digital accessibility and integration.

[UK-wales] Wales (UK) -'Refreshed Autistic Spectrum Disorder **Strategic Action Plan'**

https://www.gov.wales/sites/default/files/publications/2019-03/refreshed-autistic-spectrumdisorder-strategic-action-plan.pdf

A1: Comprehensive Analysis of Topics Related to the Needs of Autistic People

Autism-Friendly Accessibility:

- Wales: The Welsh strategy emphasizes the importance of creating autism-friendly environments through the National Integrated Autism Service (NIAS). This service aims to provide consistent and supportive environments for autistic individuals across various settings, including public places and transportation. Additionally, there are specific training programs aimed at raising awareness and understanding among public service providers to enhance accessibility.
- Australia: The Australian strategy emphasizes creating accessible environments through initiatives such as the development of autism-friendly standards for public spaces, transportation, and services. This includes specific measures to accommodate sensory needs and reduce barriers to participation.

Detection of Autism:

- **Wales:** Wales has developed a national neurodevelopmental diagnostic assessment pathway to ensure a consistent approach to autism diagnosis across the country. This pathway aims to reduce waiting times and ensure timely access to diagnostic services for both children and adults.
- Australia: The strategy includes initiatives to improve early detection and diagnosis of autism, with a focus on reducing wait times and ensuring access to diagnostic services across the country. This includes training for healthcare professionals to enhance their ability to identify and diagnose autism.

Education and Social Skills:

- **Wales:** The strategy includes significant focus on educational support, particularly through the Additional Learning Needs and Education Tribunal (ALNET) Bill, which aims to provide a unified system of support from early years through to further education. The Learning with Autism program for schools and resources for educators are also highlighted.
- Australia: Educational support is a key focus, with initiatives aimed at providing inclusive education and promoting social skills development. This includes training for educators, the development of inclusive curricula, and support for transitions between different stages of education.

Training of Parents and Carers:

- Wales: Wales provides various resources and training programs for parents and carers through the ASDinfoWales website. These include advice sheets, personal profiles, and the Growing with Autism series of videos and guides.
- Australia: The strategy includes comprehensive training programs for parents and carers, providing them with the knowledge and skills needed to support their autistic children. This includes access to resources, workshops, and online training modules.

Awareness of Society and Public Servants:

- Wales: The strategy emphasizes raising awareness of autism across different sectors, including public services and the general population. The ASDinfoWales website offers extensive resources for this purpose, and specific training programs have been developed for professionals in health, education, and employment sectors.
- Australia: Raising awareness of autism across society is a major focus, with initiatives aimed at training public servants, developing public awareness campaigns, and providing resources to promote understanding and acceptance of autism.

Assistance Services Adapted to Autism:

- **Wales:** The NIAS aims to provide comprehensive support services tailored to the needs of autistic individuals. This includes access to diagnostic services, post-diagnostic support, and ongoing interventions to help individuals manage their daily lives.
- Australia: The strategy emphasizes the development of tailored support services, including access to early intervention, therapy, and ongoing support. This includes the establishment of specialized autism services and integration with existing health and social care systems.

Individual Assistants and Peer-Support:

- Wales: While not explicitly mentioned, the Welsh strategy's focus on integrated services implies the availability of individualized support and peer-support mechanisms within the NIAS framework.
- Australia: Individualized support is a key component, with initiatives to provide personal assistants and peer-support programs. This includes funding for individual support plans and the development of peer networks.

Housing and Independent Living:

- Wales: The strategy does not specifically address housing and independent living, but the broader support services provided through NIAS are intended to help individuals achieve greater independence and quality of life.
- Australia: The strategy includes measures to support independent living, including access to housing and support services that enable autistic individuals to live independently. This includes funding for housing modifications and support for community living.

Employment (or Allowances):

- Wales: Employment support is a key focus area, with initiatives such as the Working with Autism program aimed at improving employment outcomes for autistic individuals. This includes training for employment support providers and resources for job seekers.
- Australia: Employment support is a major focus, with initiatives aimed at improving employment outcomes for autistic individuals. This includes training for employers, support for job seekers, and funding for employment programs.

Health, Nutrition, Physical Activities, and Sports:

- Wales: The strategy highlights the importance of addressing health needs, particularly through the integration of autism services with health and social care. Specific initiatives related to nutrition, physical activities, and sports are not detailed.
- Australia: The strategy includes initiatives to promote health and well-being, including access to healthcare services, programs to promote physical activity, and support for nutrition. This includes the development of health plans and integration with existing health services.

Friendly and Affective Relationships (Including Sexual):

- Wales: This aspect is not explicitly covered in the strategy.
- Australia: The strategy recognizes the importance of social and emotional well-being, including support for developing and maintaining relationships. This includes access to counseling and support services that address social and sexual relationships.

Leisure, Travels, Experiences, Special Interests, Creativity, Flourishing of Autistic People:

- Wales: The strategy focuses more on foundational support services rather than specific leisure and creative activities. However, the emphasis on comprehensive support implies consideration of these areas indirectly.
- Australia: The strategy includes measures to support leisure and recreational activities, promoting participation in community activities and the pursuit of special interests. This includes funding for programs that support creative and recreational pursuits.

Connection with Nature (Including Animals):

- Wales: Not specifically addressed in the strategy.
- Australia: Not specifically addressed in the strategy.

Protection Against Stigma, Bullying, Mistreatment, and Abuse:

- Wales: The strategy includes initiatives to raise awareness and understanding of autism, which helps in reducing stigma and promoting inclusion. There are also general measures to ensure the safety and well-being of autistic individuals within service provision frameworks.
- Australia: The strategy includes initiatives to reduce stigma and promote inclusion, including public awareness campaigns and training programs. This includes measures to prevent bullying and abuse and ensure the safety of autistic individuals.

Personal Security (Especially Against the Risk of Getting Lost):

- Wales: Personal security is addressed through the provision of consistent support and services, although specific measures for risks such as getting lost are not detailed.
- Australia: Personal security is addressed through the provision of support services and training programs. Specific measures for risks such as getting lost are not detailed.

Protection and Defense (Against Other People):

- Wales: General safety and well-being are covered, with an emphasis on creating supportive and understanding environments through awareness and training programs.
- Australia: The strategy includes measures to ensure the safety and well-being of autistic individuals, including training programs and support services.

Protection Against Depression and Suicide:

- **Wales:** Mental health support is integrated within the broader framework of the NIAS, emphasizing the importance of addressing mental health needs alongside other support services.
- Australia: Mental health support is a major focus, with initiatives to provide access to mental health services and support for individuals at risk of depression and suicide. This includes funding for mental health programs and integration with existing services.

Protection Against the Risk of Deprivation of Liberty (in Institutions or Hospitals) or Forced Treatments:

- Wales: The strategy advocates for person-centered care and support, aiming to reduce the need for institutionalization and forced treatments through early intervention and comprehensive support services.
- Australia: The strategy advocates for person-centered care and support, aiming to reduce the need for institutionalization and forced treatments. This includes measures to promote early intervention and support services.

Healthcare and Emergencies:

- Wales: Integration of autism services with health and social care is a key focus, ensuring that autistic individuals have access to appropriate healthcare services and support during emergencies.
- Australia: Integration of autism services with health and social care is a key focus, ensuring that autistic individuals have access to appropriate healthcare services and support during emergencies. This includes training for healthcare professionals and the development of emergency response plans.

Aging and Autonomy:

- **Wales:** The strategy includes provisions for ongoing support throughout the lifespan, emphasizing the importance of maintaining autonomy and quality of life as individuals age.
- Australia: The strategy includes provisions for ongoing support throughout the lifespan, emphasizing the importance of maintaining autonomy and quality of life as individuals age. This includes access to services and support for older autistic individuals.

Empowerment Advocacy:

- Wales: Empowerment and advocacy are central to the Welsh strategy, with initiatives aimed at promoting self-advocacy and ensuring that autistic individuals have a voice in the development and implementation of services and policies.
- Australia: Empowerment and advocacy are central to the Australian strategy, with initiatives aimed at promoting self-advocacy and ensuring that autistic individuals have a voice in the development and implementation of services and policies.

Respect of the UN CRPD:

- Wales: The strategy aligns with the principles of the UN Convention on the Rights of Persons with Disabilities (UN CRPD), promoting the rights and inclusion of autistic individuals in all aspects of society.
- Australia: The strategy aligns with the principles of the UN Convention on the Rights of Persons with Disabilities (UN CRPD), promoting the rights and inclusion of autistic individuals in all aspects of society.

Effective Access to Justice:

- Wales: The strategy does not explicitly mention access to justice. However, the broader focus on rights and inclusion suggests an implicit support for ensuring autistic individuals have access to legal services and support.
- Australia: The strategy includes specific measures to ensure autistic individuals have effective access to justice. This includes training for legal professionals, support services for individuals navigating the legal system, and initiatives to promote understanding of autism within the justice system.

⇒ Conclusion:

The Welsh strategy provides a comprehensive framework for supporting autistic individuals, with a strong focus on integrated services through the National Integrated Autism Service (NIAS), educational support, and raising awareness across various sectors. While some specific areas like housing, personal security, and access to justice are not explicitly detailed, the strategy's broader initiatives imply a commitment to addressing these needs.

The Australian strategy, in comparison, offers a more detailed and expansive approach, covering a wide range of areas such as housing, personal security, and effective access to justice. The emphasis on evidence-based practices, comprehensive stakeholder engagement, and detailed monitoring mechanisms highlights a robust and inclusive framework for supporting autistic individuals throughout their lives.







A2: Identification of Additional Relevant Topics

Data Collection and Research:

- **Wales:**
 - o The strategy emphasizes the importance of data collection and research to improve understanding of autism and the effectiveness of interventions. There is a focus on building a robust evidence base to inform policy and practice.
- Australia:
 - o The strategy also highlights the need for data collection and research. It includes specific commitments to support research initiatives, data sharing, and the use of evidence to guide policy decisions.

Family and Caregiver Support:

- **Wales:**
 - There is a significant focus on providing support to families and caregivers of autistic individuals. This includes access to information, respite care, and support groups.
- Australia:
 - o The Australian strategy similarly emphasizes the importance of supporting families and caregivers. It outlines specific initiatives to provide resources, training, and support services to families and caregivers.

Transition Support:

Wales:

o The strategy includes provisions for supporting autistic individuals during key life transitions, such as moving from childhood to adulthood, or transitioning from education to employment.

Australia:

• The Australian strategy also addresses transition support, with detailed commitments to ensure smooth transitions across different life stages. This includes tailored support during educational transitions, entry into the workforce, and aging.

Community and Social Inclusion:

Wales:

o Promoting social inclusion and community participation is a key focus. The strategy includes initiatives to raise awareness, reduce stigma, and encourage community engagement with autistic individuals.

🔤 Australia:

o The Australian strategy places a strong emphasis on community and social inclusion. It outlines specific measures to promote awareness, reduce stigma, and foster inclusive communities.

Advocacy and Self-Advocacy:

Wales:

 The strategy supports the development of advocacy services and encourages selfadvocacy among autistic individuals. This includes providing resources and training to empower individuals to advocate for themselves.

Australia:

o Advocacy and self-advocacy are also highlighted in the Australian strategy. There are commitments to support advocacy organizations and provide resources to enable self-advocacy.

Intersectionality and Diversity:

Wales:

o The strategy acknowledges the intersectionality of autism with other identities and conditions. It includes initiatives to address the diverse needs of autistic individuals. including those from different cultural backgrounds and those with co-occurring conditions.

Australia:

The Australian strategy emphasizes the importance of recognizing the diversity within the autistic community. It outlines measures to ensure that the strategy is inclusive of individuals from diverse backgrounds and those with multiple needs.

Use of Technology and Innovation:

Wales:

o The strategy incorporates the use of technology and innovation to improve the quality of life for autistic individuals. This includes the development of digital resources, online platforms for support, and the use of assistive technologies.

Australia:

o The Australian strategy similarly focuses on the integration of technology and innovation. It includes commitments to support the development and use of assistive technologies and digital platforms to enhance support services.

Legal and Policy Frameworks:

Wales:

The strategy outlines the legal and policy frameworks that support the rights of autistic individuals. This includes legislation and policies that protect the rights of autistic individuals and ensure access to services and support.

Australia:

o The Australian strategy includes a strong focus on the legal and policy frameworks that underpin the rights and support for autistic individuals. It highlights the need for consistent policy implementation and the importance of legal protections.







B1: Analysis of Strategy Frameworks

Close Consultation and Active Participation:

Wales:

- o The Welsh strategy emphasizes close consultation with autistic individuals, their families, and stakeholders. It details the establishment of advisory groups and regular consultation sessions to ensure that the diverse needs of the autistic community are understood and addressed.
- o There is a clear commitment to ensuring that a wide variety of voices are heard, including those of non-verbal individuals and those with additional needs.
- o The strategy outlines methods for ensuring that feedback is not only collected but also acted upon, with transparent reporting mechanisms to show how input has influenced policy and practice.

Australia:

- o The Australian strategy also highlights the importance of stakeholder engagement, including autistic individuals, their families, and advocacy organizations. It details structured consultation processes and the establishment of advisory panels.
- o The strategy commits to ongoing dialogue and feedback loops, ensuring that diverse perspectives are incorporated into decision-making.
- o There is a focus on accountability, with mechanisms in place to track how stakeholder input has been integrated into policy development and implementation.

Implementation Details:

Wales:

- o The Welsh strategy provides specific implementation details, including timelines, responsible agencies, and key milestones. It outlines a phased approach to rolling out initiatives, ensuring manageable and measurable progress.
- o There is an emphasis on collaboration across different sectors, including health, education, and social services, to ensure coordinated and comprehensive support.

Australia:

- The Australian strategy also includes detailed implementation plans, specifying roles, responsibilities, and timelines. It highlights the importance of inter-agency collaboration and cross-sector partnerships to achieve the strategy's goals.
- The strategy provides clear guidance on the steps needed to implement various initiatives, ensuring that all stakeholders understand their roles and responsibilities.

Monitoring and Accountability:

Wales:

- o The Welsh strategy includes robust mechanisms for monitoring and accountability. It specifies the use of key performance indicators (KPIs) to measure progress and outlines regular reporting requirements.
- o There are provisions for independent reviews and audits to ensure transparency and accountability. Feedback from autistic individuals and their families is actively sought and used to inform ongoing improvements.

Australia:

- o The Australian strategy also prioritizes monitoring and accountability, with detailed KPIs and reporting structures. It commits to regular evaluations and public reporting to track progress and ensure transparency.
- o The strategy includes specific provisions for stakeholder involvement in the monitoring process, ensuring that the voices of autistic individuals are central to evaluating the strategy's success.

SMART Criteria:

Wales:

- o The strategy aligns with SMART criteria (Specific, Measurable, Achievable, Relevant, Time-bound) by providing clear, actionable goals and objectives. Each initiative is outlined with specific targets and timelines.
- o The measurable outcomes ensure that progress can be tracked and assessed effectively.

🏧 Australia:

- o The Australian strategy similarly adheres to SMART criteria, with detailed objectives and timelines for each initiative. It emphasizes the importance of setting realistic and achievable goals that are closely monitored and evaluated.
- The strategy's goals are relevant to the needs of the autistic community and are designed to be achieved within specified timeframes.

Legal Framework and Tools:

🚟 🌉 Wales:

- The Welsh strategy is supported by a robust legal framework, including specific legislation that protects the rights of autistic individuals and mandates the provision of services and support.
- o It outlines the legal obligations of various agencies and includes tools and resources to help implement the strategy effectively.

Australia:

- o The Australian strategy is underpinned by comprehensive legal frameworks that ensure the rights of autistic individuals are protected. It highlights relevant legislation and policies that support the strategy's implementation.
- The strategy provides detailed guidance on the legal responsibilities of different stakeholders and includes tools and resources to aid compliance.

Continuous Improvement:

🚟 🌉 Wales:

- The Welsh strategy emphasizes the importance of continuous improvement, with mechanisms in place for regular review and updating of the strategy. Feedback from autistic individuals and their families is used to drive ongoing enhancements.
- There is a commitment to staying current with new research and best practices, ensuring that the strategy evolves over time.

🔤 Australia:

- The Australian strategy also commits to continuous improvement, with regular reviews and updates based on new evidence and stakeholder feedback. It highlights the importance of adapting to changing needs and emerging best practices.
- The strategy includes specific processes for incorporating new research findings and stakeholder input into ongoing strategy development.

International Collaboration:

Wales:

o The strategy highlights the importance of international collaboration, with commitments to sharing best practices and learning from other countries. It includes provisions for participating in international research and policy networks.

🏧 Australia:

o The Australian strategy similarly emphasizes international collaboration, committing to engage with global autism networks and share knowledge and best practices. It outlines plans to participate in international research initiatives and policy forums.







B2: Identification of Additional Strategy Needs

Integration with Existing Services:

🚟 🌉 Wales:

- o The Welsh strategy emphasizes the importance of integrating autism services with existing health, education, and social care services. It highlights the need for seamless transitions between services and coordinated care pathways.
- o There are specific provisions for aligning autism services with broader mental health and disability services to ensure holistic support.

Australia:

- o The Australian strategy also stresses the need for integration with existing services. It details plans for better coordination between different sectors, including health, education, and social services, to provide comprehensive support for autistic individuals.
- o The strategy includes specific initiatives to improve the interface between autism services and other relevant support systems, ensuring continuity of care.

Focus on Early Intervention:

Wales:

The Welsh strategy places a strong emphasis on early intervention, recognizing the critical importance of identifying and supporting autistic individuals as early as

- possible. It outlines initiatives for early diagnosis and timely access to intervention services.
- o There are specific targets for reducing the waiting times for diagnosis and ensuring that early intervention services are available and accessible to all.

🏧 Australia:

- o The Australian strategy similarly prioritizes early intervention, with detailed plans for enhancing early diagnosis and access to early support services. It highlights the benefits of early intervention in improving outcomes for autistic individuals.
- The strategy includes specific measures to increase the availability and accessibility of early intervention services, ensuring that families receive the support they need as soon as possible.

Crisis Response and Support:

Wales:

- o The Welsh strategy includes provisions for crisis response and support, outlining protocols for managing crises and providing immediate support to autistic individuals in distress. It emphasizes the need for specialized training for emergency responders.
- o There are specific initiatives to develop crisis intervention teams and improve the coordination of emergency services to better support autistic individuals during crises.

Australia:

- o The Australian strategy also addresses the need for effective crisis response and support. It includes plans for training emergency responders and developing specialized crisis intervention teams to provide appropriate support during emergencies.
- The strategy outlines protocols for managing crises and ensuring that autistic individuals receive timely and effective support in emergency situations.

Lifelong Support and Transition Planning:

Wales:

- o The Welsh strategy highlights the importance of providing lifelong support to autistic individuals, including transition planning for key life stages such as moving from school to adulthood and entering the workforce.
- There are specific initiatives to support autistic individuals through these transitions, ensuring that they receive the necessary support and guidance to navigate these changes successfully.

🏧 Australia:

The Australian strategy similarly emphasizes lifelong support and transition planning. It includes detailed plans for supporting autistic individuals through major life transitions, ensuring continuity of care and support.

The strategy outlines specific measures to assist with transitions from education to employment and from youth to adulthood, ensuring that autistic individuals have the support they need at every stage of life.

Parent and Carer Support:

Wales:

- o The Welsh strategy recognizes the critical role of parents and carers in supporting autistic individuals. It includes initiatives to provide training, resources, and support to parents and carers, helping them to better understand and meet the needs of their autistic family members.
- o There are specific programs aimed at reducing the burden on carers and providing respite care and support services.

Australia:

- The Australian strategy also acknowledges the importance of supporting parents and carers. It outlines plans for providing training, resources, and support to help parents and carers effectively support their autistic family members.
- The strategy includes specific measures to offer respite care and other support services to alleviate the pressures on carers.



C: Additional, Particular Criteria of Comparisons

Technological Integration and Digital Accessibility:

Wales:

- o The Welsh strategy highlights the importance of leveraging technology to support autistic individuals. It includes plans for the development of digital resources and online platforms to facilitate access to information and support services.
- o There is a focus on creating digital tools for communication and interaction, particularly for non-verbal autistic individuals.
- o The strategy also mentions the use of virtual tools for therapy and support, aiming to make these services more accessible to individuals who may have difficulty attending in-person sessions.

🏧 Australia:

- o The Australian strategy similarly emphasizes the role of technology in supporting autistic individuals. It outlines initiatives for developing and promoting digital resources, including online platforms for community interaction and information dissemination.
- o The strategy includes specific plans for virtual therapy and support tools, highlighting the potential of these technologies to provide flexible and accessible services.
- o There is a strong focus on ensuring that digital tools are designed with accessibility in mind, to cater to the diverse needs of the autistic community.

Crisis Management and Emergency Services:

Wales:

- o The Welsh strategy includes detailed plans for crisis management and emergency support. It emphasizes the need for specialized training for emergency responders to handle situations involving autistic individuals effectively.
- o Protocols are outlined for managing mental health crises and other emergencies, ensuring that autistic individuals receive appropriate and timely support.
- o The strategy also includes initiatives to develop crisis intervention teams equipped to provide specialized support during emergencies.

🌇 Australia:

- o The Australian strategy addresses crisis management comprehensively, with specific measures for training emergency responders in autism awareness and response techniques.
- o It includes detailed protocols for managing crises, particularly mental health crises, ensuring that autistic individuals receive the necessary support during emergencies.
- o The strategy highlights the development of specialized crisis intervention teams and the integration of emergency services to better support autistic individuals.

Cultural Competency and Inclusivity:

Wales:

- o The Welsh strategy emphasizes cultural competency, with specific initiatives to ensure that services are accessible and sensitive to the diverse cultural backgrounds within the autistic community.
- o It includes plans for providing language accessibility and culturally sensitive service delivery, addressing the needs of individuals from different cultural and linguistic backgrounds.
- o Measures are outlined to combat racial and ethnic disparities in the diagnosis and treatment of autism, ensuring equitable access to services.

🏧 Australia:

- o The Australian strategy also prioritizes cultural competency, with a strong focus on inclusivity and accessibility. It includes specific initiatives to make services culturally sensitive and accessible to all individuals, regardless of their background.
- o The strategy outlines plans for language accessibility and culturally appropriate service delivery, ensuring that the diverse needs of the autistic community are met.
- o There are detailed measures to address and reduce racial and ethnic disparities in autism diagnosis and treatment, promoting equity in service provision.

Policy Consistency and Coordination Across Levels of Government:

🚟 🌉 Wales:

- The Welsh strategy emphasizes the importance of policy consistency and coordination across national, regional, and local levels of government. It outlines plans for ensuring that autism policies are coherent and integrated across different levels of governance.
- o The strategy includes initiatives to improve communication and collaboration between various government bodies, ensuring a unified approach to supporting autistic individuals.

Australia:

- o The Australian strategy similarly highlights the need for policy consistency and coordination across different levels of government. It includes detailed plans for aligning national, regional, and local autism policies to create a cohesive and integrated approach.
- o The strategy outlines specific measures for improving collaboration and communication between government bodies, ensuring that services are coordinated and consistent across all levels.

Public and Private Sector Roles:

Wales:

- o The Welsh strategy recognizes the roles of both public and private sectors in supporting autistic individuals. It includes initiatives for public-private partnerships to enhance service provision and funding mechanisms.
- o The strategy emphasizes collaboration with non-governmental organizations and private service providers to expand the availability and quality of support services.

Australia:

- o The Australian strategy outlines the roles of public and private sectors in detail, highlighting the importance of public-private partnerships. It includes specific plans for involving private sector organizations in service delivery and funding.
- o The strategy emphasizes collaboration with non-governmental organizations, community groups, and private providers to enhance the support network for autistic individuals

Sustainability of Services:

Wales:

- o The Welsh strategy addresses the sustainability of services, with plans for long-term funding and policy support to ensure the continuity and scalability of successful initiatives.
- o It includes measures for ongoing evaluation and adaptation of services to meet the evolving needs of the autistic community.

Australia:

- The Australian strategy emphasizes sustainability, with detailed plans for securing long-term funding and policy support. It outlines initiatives to ensure that successful programs can be scaled and sustained over time.
- o The strategy includes specific measures for continuous evaluation and improvement, ensuring that services remain responsive to the needs of autistic individuals.

Impact Measurement and Strategy Evaluation:

Wales:

- o The Welsh strategy includes detailed plans for impact measurement and evaluation. It outlines the use of performance indicators and feedback mechanisms to assess the effectiveness of autism services.
- o The strategy emphasizes the importance of regular updates and revisions based on new data and research findings, ensuring that services remain effective and relevant.

🏧 Australia:

- o The Australian strategy also prioritizes impact measurement and evaluation. It includes specific measures for using performance indicators and collecting feedback from the autistic community to assess the effectiveness of services.
- The strategy outlines plans for regular updates and revisions based on new research and data, ensuring that services are continuously improved and adapted to meet the needs of autistic individuals.





D: Respect and Representation in Autism

Strategies

Language and Terminology:

Wales:

- o The Welsh strategy predominantly uses person-first language, referring to "individuals" with autism" or "people with autism".
- o The term "autism spectrum disorder" and its acronym "ASD" are frequently used throughout the document.
- o The language is generally respectful, but there are occasional instances of terms that could be considered stigmatizing, such as "disorder" and "condition."

Australia:

- o The Australian strategy emphasizes identity-first language, using terms like "autistic individuals" to promote respect and recognition of identity.
- o The term "autism spectrum disorder" is used, but the strategy makes efforts to minimize its usage to avoid stigmatization.
- o Overall, the language is respectful and considerate of the autistic community's preferences, avoiding terms that could be perceived as stigmatizing.

Portrayal of Autism:

Wales:

- o The Welsh strategy portrays autism as a condition requiring support and intervention, with a focus on improving outcomes for autistic individuals.
- o There is an emphasis on the challenges faced by autistic individuals, with less focus on their strengths and unique contributions.
- o The portrayal is largely medicalized, viewing autism primarily through the lens of deficits and impairments.

Australia:

- o The Australian strategy adopts a more balanced portrayal of autism, recognizing both the challenges and strengths of autistic individuals.
- o It emphasizes the importance of acceptance, inclusion, and respect for autistic identities, promoting a positive view of autism.
- o The strategy avoids a purely medicalized perspective, instead focusing on social and environmental factors that impact autistic individuals' lives.

Normalization Tactics:

Wales:

- o The Welsh strategy includes references to Applied Behavior Analysis (ABA) and other normalization tactics aimed at modifying autistic behaviors to fit societal norms.
- o There is a focus on intervention and therapy to address perceived deficits, with less emphasis on accommodating and accepting neurodiversity.

Australia:

- The Australian strategy explicitly avoids endorsing normalization tactics like ABA, recognizing the concerns and criticisms from the autistic community about such approaches.
- o It promotes support and interventions that respect and accommodate autistic individuals' unique needs and preferences, rather than trying to change their behaviors to fit societal expectations.
- o The strategy emphasizes the importance of person-centered approaches and the social model of disability.

Respect for Autistic Nature:

Wales:

- o While the Welsh strategy aims to support autistic individuals, its approach is more focused on intervention and support to help them adapt to societal norms.
- o There is limited emphasis on respecting and embracing autistic identities and the diversity within the autistic community.

🏧 Australia:

- o The Australian strategy places a strong emphasis on respecting and embracing autistic identities, promoting acceptance and inclusion.
- It recognizes the diversity within the autistic community and the importance of respecting individual preferences and needs.
- o The strategy aims to create a more inclusive society by addressing social and environmental barriers, rather than focusing solely on individual interventions.







E: Comparative Analysis of Methodologies

1. Data Collection and Evidence Base:

Wales:

- o The Welsh strategy is grounded in a robust evidence base, utilizing data from national studies and research specific to the autistic population in Wales.
- o It emphasizes the importance of continuous data collection and analysis to inform policy and practice.
- o The strategy incorporates feedback from a range of stakeholders, including autistic individuals, their families, and professionals.

Australia:

- o The Australian strategy also relies heavily on evidence-based practices, with a strong focus on incorporating the latest research and data.
- o It highlights the importance of ongoing research and data collection to monitor the effectiveness of interventions and support services.
- The strategy emphasizes the inclusion of lived experiences and feedback from the autistic community to shape policies and practices.

2. Stakeholder Engagement:

🚟 🌉 Wales:

- The strategy outlines comprehensive stakeholder engagement, including consultations with autistic individuals, families, educators, health professionals, and advocacy organizations.
- o It emphasizes the role of stakeholder feedback in shaping the strategy and ensuring it meets the needs of the autistic community.

🏧 Australia:

- o The Australian strategy places a significant emphasis on stakeholder engagement, particularly with autistic individuals and their families.
- It outlines mechanisms for ongoing consultation and collaboration with a wide range of stakeholders, including advocacy groups and service providers.
- o The strategy is designed to be responsive to the input and feedback from the autistic community, ensuring their voices are central to decision-making processes.

3. Implementation Framework:

Wales:

- o The Welsh strategy provides a detailed implementation framework, including specific actions, timelines, and responsible parties.
- o It outlines the roles of various government agencies, local authorities, and service providers in implementing the strategy.
- The strategy includes mechanisms for monitoring progress and adjusting actions based on outcomes and feedback.

Australia:

- o The Australian strategy also includes a comprehensive implementation framework, with clear objectives, actions, and timelines.
- o It specifies the roles and responsibilities of different stakeholders, including federal and state governments, in delivering the strategy.
- o The strategy emphasizes the importance of accountability and includes detailed monitoring and evaluation processes to track progress and impact.

4. Monitoring and Evaluation:

🚟 🌉 Wales:

- o The Welsh strategy includes robust monitoring and evaluation mechanisms, with regular reporting on progress and outcomes.
- o It uses specific performance indicators to measure the effectiveness of interventions and support services.
- o The strategy commits to periodic reviews and updates based on new data and feedback from stakeholders.

🏧 Australia:

- o The Australian strategy places a strong emphasis on monitoring and evaluation, with detailed plans for regular assessment of progress and outcomes.
- o It includes specific metrics and performance indicators to measure success and identify areas for improvement.
- o The strategy commits to ongoing reviews and updates, ensuring it remains relevant and effective in meeting the needs of the autistic community.

5. Flexibility and Adaptability:

Wales:

- o The Welsh strategy is designed to be flexible and adaptable, allowing for adjustments based on new evidence and changing needs.
- o It includes provisions for regular updates and revisions to ensure it continues to meet the needs of the autistic community.

Australia:

- o The Australian strategy is similarly flexible and adaptable, with mechanisms in place for continuous improvement and updating.
- o It emphasizes the importance of being responsive to new research, data, and feedback from the autistic community and other stakeholders.

6. Focus on Inclusive Practices:

Wales:

- o The Welsh strategy promotes inclusive practices across all areas, including education, healthcare, and employment.
- o It highlights the importance of training and awareness-raising among professionals and the general public to create a more inclusive society.

Australia:

- o The Australian strategy also emphasizes inclusive practices, with a strong focus on promoting acceptance and understanding of autism.
- o It includes specific actions to improve inclusion in education, employment, and community settings, supported by training and awareness initiatives.

7. Support and Services:

🚟 🌉 Wales:

- o The strategy outlines a range of support services for autistic individuals and their families, including health and social care, education, and employment support.
- o It emphasizes the importance of tailored support that meets the unique needs of each individual.

🏧 Australia:

- o The Australian strategy similarly outlines comprehensive support services, including health, education, employment, and social inclusion.
- o It highlights the importance of person-centered support and ensuring services are accessible and responsive to the needs of autistic individuals.



Key Differences Compared with Wales:

♣ Primary Differences:

Scope and Coverage:

- **Wales:** The Welsh strategy provides a focused approach on individualized supports and localized service delivery, emphasizing early intervention and lifelong support tailored to the diverse needs of autistic individuals.
- Australia: The Australian strategy presents a broader scope with a heavy emphasis on inclusivity and comprehensive support systems that address a wide range of needs from early childhood through to adulthood, including employment, education, and health.

Implementation Framework:

- **Wales:** Emphasizes a localized implementation framework with detailed action plans for each region.
- **Australia:** Utilizes a centralized approach with national coordination but could benefit from more detailed regional plans.

Legislative and Policy Framework:

- **Wales:** Operates within a devolved government structure, which allows for more localized legislative adjustments.
- **Australia:** Aligns with national policies like the NDIS and Disability Discrimination Act, ensuring a unified national approach.

↔ Secondary Differences:

Technological Integration:

- **Wales:** Focuses on traditional methods of support with limited emphasis on technological integration.
- **Australia:** Includes significant focus on using technology to support autistic individuals, including digital tools and online resources.

Cultural Competency:

- **Wales:** Incorporates cultural competency to address the needs of Welsh-speaking individuals and other cultural groups.
- **Australia:** Emphasizes cultural inclusivity and has specific strategies to address the diverse cultural backgrounds of the Australian population.

Strengths of Australia's Strategy Compared with Wales:



Comprehensive Coverage:

Australia's strategy covers extensive areas, providing a holistic approach that includes education, employment, health, and social inclusion.

Stakeholder Engagement:

Strong emphasis on community consultation and participation of autistic individuals in the decision-making process.

Focus on Rights and Advocacy:

Highlights the importance of protecting the rights and enhancing advocacy for autistic individuals.



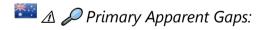
Public Awareness and Training:

Australia has implemented extensive campaigns and training programs for public servants to enhance societal understanding and support for autistic individuals.

Integration with National Policies:

Aligns with national frameworks creating a unified approach to autism support, leveraging the NDIS for comprehensive service delivery.

Apparent Gaps in Australia's Strategy Compared with Wales:



Specificity in Implementation:

Some areas of the strategy may benefit from more detailed implementation plans, which specify timelines, responsible parties, and expected outcomes.

Local Adaptation:

While focusing on national cohesion, the strategy might lack specificity in addressing local and regional variations in needs and services.

🌃 🔎 🎖 Secondary Apparent Gaps:

Stakeholder Feedback Mechanisms:

Although there is broad consultation, continuous feedback mechanisms postimplementation could be enhanced to ensure ongoing relevance and responsiveness.

Integration with Regional Policies:

Strengthening consistency and integration with regional and local policies to create a unified approach across all levels of government.



Primary Suggestions:

Enhance Specificity in Implementation Plans:

Developing more detailed action plans for each initiative within the strategy could help clarify the steps towards achieving the outlined goals.

Strengthen Regional Coordination:

Promoting stronger coordination among local governments could help in achieving a more unified approach to autism services across the country.

Increase Stakeholder Involvement:

Develop mechanisms for ongoing engagement with autistic individuals, their families, and advocacy groups throughout the planning, implementation, and evaluation phases of the strategy to enhance responsiveness and effectiveness.

Secondary Suggestions:

Provide Clearer Resource Allocation Guidelines:

Establish clear guidelines for resource allocation and funding mechanisms, including specific funding commitments and financial oversight mechanisms.

Focus on Emerging Needs and Continuous Improvement:

Implement mechanisms for regular reviews, updates based on new research findings, and incorporating feedback from autistic individuals and their families.

Expand Cultural Competency Initiatives:

Enhance efforts to address the needs of individuals from diverse cultural backgrounds by developing targeted cultural competency training for service providers and ensuring accessibility and inclusivity of all materials and resources.

Include Pilot Programs:

Introduce pilot programs and trials to test the effectiveness of interventions before fullscale implementation, allowing for refinement based on feedback and outcomes.

Additional Strategic Insights::

Governance and Implementation:

Strengthen governance structures to ensure effective coordination and implementation of the strategy across various levels of government and services, learning from Wales' localized approach.

Research and Development Focus:

Invest in research and development initiatives to continually assess the effectiveness of implemented strategies and adapt based on findings, ensuring the strategy supports evidence-based practices and adapts to new scientific insights.

Leverage Technology:

Continue to leverage technological advancements to provide innovative solutions for support and services, ensuring digital accessibility and integration.

WEIGHT STATE OF THE STATE OF T (UK) - 'Autism Strategy 2023-2028' and 'Autism Strategy Delivery Plan 2023-2025'

https://www.health-ni.gov.uk/publications/autism-strategy-2023-2028

https://www.health-ni.gov.uk/sites/default/files/publications/health/doh-autism-strategy-2023-28.PDF

https://www.health-ni.gov.uk/sites/default/files/publications/health/doh-autism-strategy-deliveryplan-2023-25.PDF

A1: Comprehensive Analysis of Topics Related to the Needs of Autistic People (Northern Ireland and Australia)

Autism-friendly accessibility everywhere (social and sensory) (in particular in public places and transportation (including stores and residential neighborhoods))

Northern Ireland:

o The strategy emphasizes the need for creating autism-friendly environments in public spaces. There is a commitment to increasing understanding and acceptance of autism within communities, promoting autism-friendly facilities and activities, and ensuring that public and online spaces are accessible and sensory-friendly.

Australia:

o The draft strategy includes commitments to increase accessible and sensory-friendly public and online spaces. It emphasizes the importance of providing easily accessible information about community services and events, and creating low sensory spaces to support the inclusion of Autistic people.

Detection of autism

Morthern Ireland:

 Northern Ireland's strategy includes actions to improve the autism assessment process by providing clear step-by-step guidelines for individuals and families. It also aims to develop a regionally consistent single point of entry and diagnostic pathway for children and young people.

• Kustralia:

 The Australian draft strategy focuses on improving the consistency and quality of autism diagnosis and assessment processes. It proposes the development of standardized training and professional development materials for professionals involved in the identification and assessment of autism.

Education and social skills

■ Northern Ireland:

 The strategy outlines plans to enhance support within educational environments through improved training for educational staff, the development of inclusive learning environments, and better transition processes from education to adulthood. There is also a focus on supporting emotional health and wellbeing needs within educational settings.

• Kustralia:

 The Australian strategy commits to improving the supports and services available to Autistic students across all education settings. This includes increasing inclusive practices, improving the quality of advocacy resources, and enhancing support for transitions from schooling to further education and employment.

Training of parents and carers

Morthern Ireland:

 The strategy includes actions to improve the provision of information and advice for carers. It also plans to enhance the support network for families, including siblings, to help them manage the challenges associated with caring for an autistic family member.

Australia:

 The Australian draft strategy highlights the need for better support for families and carers through the development of best practice resources and training materials. It emphasizes the importance of providing timely and accessible information to support families throughout the diagnostic and support process.

Awareness of society and public servants etc.

Morthern Ireland:

 The strategy includes commitments to develop regional training videos for GPs and the Health and Social Care workforce, co-produced by people with lived experience of autism. It also plans to enhance understanding and acceptance of autism within the community.

Australia:

The Australian strategy commits to greater public education and awareness about autism, with a focus on workplaces, health, education, and the criminal justice system. It aims to increase the visibility and representation of Autistic people in various sectors of society.

Assistance services adapted to autism

Northern Ireland:

o The strategy emphasizes the need for high-quality, person-centred social care services for autistic adults. It includes actions to improve commissioning processes and the collection of accurate data to inform service planning.

Australia:

o The Australian draft strategy focuses on improving access to quality, timely, and neurodiversity-affirming supports and services for Autistic people. It highlights the importance of continuity of care and the integration of services across different sectors.

Individual assistants

Northern Ireland:

o The strategy acknowledges the importance of providing support for carers and families, including the role of individual assistants. It plans to improve the support network for families through various initiatives.

Australia:

o The Australian draft strategy does not explicitly mention individual assistants but emphasizes the need for providing tailored support and services to meet the diverse needs of Autistic people.

Peer-support

Northern Ireland:

o The strategy includes commitments to support social connections and peer support for autistic individuals. It plans to develop a Regional Autism Information Service to provide signposting to support and services for autistic people and their families.

Australia:

o The Australian strategy emphasizes the importance of increasing opportunities for social connections and peer support for Autistic people. It aims to foster community understanding and acceptance through various initiatives.

Housing and independent living

Northern Ireland:

o The strategy includes actions to support autistic individuals in seeking housing and obtaining housing information. It emphasizes the need for housing providers to understand the specific needs of autistic people and make reasonable adjustments.

Australia:

The Australian draft strategy does not explicitly focus on housing and independent living but emphasizes the need for inclusive practices and support services to improve the quality of life for Autistic people.

Employment (or allowances)

Northern Ireland:

o The strategy includes commitments to improve understanding and support for autistic individuals within the workplace. It aims to develop guidance and training for employers to increase awareness and provide reasonable adjustments for autistic employees.

🏧 Australia:

o The Australian draft strategy focuses on increasing meaningful employment opportunities for Autistic people. It includes actions to support employers in hiring and retaining Autistic employees and improving the accessibility of recruitment processes.

Health, nutrition, physical activities, and sports

Northern Ireland:

o The strategy includes actions to improve access to quality healthcare for autistic individuals. It emphasizes the importance of understanding the sensory and communicative challenges faced by autistic people within healthcare settings.

Australia:

o The Australian strategy highlights the need to improve health and mental health services for Autistic people. It aims to ensure that these services are neurodiversityaffirming and accessible to all Autistic individuals.

Friendly and Affective Relationships (including sexual)

Northern Ireland:

o The strategy does not explicitly address Friendly and Affective Relationships but emphasizes the importance of providing support for autistic individuals and their families in various aspects of life.

Australia:

 The Australian strategy does not explicitly address Friendly and Affective Relationships but emphasizes the importance of social inclusion and support for Autistic individuals in all aspects of life.

Leisure, travels, experiences, special interests, creativity, flourishing of autistic people

■ Northern Ireland:

 The strategy includes actions to promote autism-friendly facilities and activities within communities. It aims to increase understanding and acceptance of autism, enabling autistic individuals to participate fully in community life.

• Kustralia:

 The Australian strategy emphasizes the importance of creating sensory-friendly public and online spaces to support the inclusion of Autistic people. It aims to improve opportunities for social connections and peer support.

Connection with Nature (including animals)

■ Northern Ireland:

 The strategy does not explicitly address the connection with nature or animals but emphasizes the importance of creating supportive environments for autistic individuals.

Australia:

The Australian strategy does not explicitly address the connection with nature or animals but emphasizes the importance of creating inclusive and supportive environments for Autistic people.

Protection against stigma, bullying, mistreatment, and abuse

• Korthern Ireland:

 The strategy includes commitments to improve the safety and welfare of autistic individuals by reducing all forms of discrimination, violence, abuse, bullying, and exploitation. It emphasizes the need for public education and awareness to change attitudes towards autism.

Australia:

 The Australian strategy emphasizes the importance of protecting Autistic people from all forms of discrimination, vilification, violence, and abuse. It includes actions to improve public education and awareness to reduce stigma and discrimination.

Personal security (especially against the risk of getting lost), protection, and defense (against other people)

Northern Ireland:

o The strategy does not explicitly address personal security against getting lost but emphasizes the need for creating supportive and safe environments for autistic individuals

Australia:

The Australian strategy does not explicitly address personal security against getting lost but emphasizes the importance of creating inclusive and safe environments for Autistic people.

Protection against depression and suicide

Northern Ireland:

o The strategy includes actions to improve the emotional health and wellbeing of autistic individuals. It emphasizes the importance of providing early intervention and support for mental health needs.

🏧 Australia:

The Australian strategy highlights the need to address high rates of mental illness and suicide among Autistic people. It includes actions to improve access to mental health services and support for Autistic individuals.

Protection against the risk of deprivation of liberty (in institutions or hospitals) or forced treatments

Northern Ireland:

o The strategy emphasizes the importance of community-based supports and services to reduce the need for institutional care. It includes actions to ensure that autistic individuals receive appropriate and respectful care.

Australia:

The Australian strategy emphasizes the importance of providing supports and services that respect the autonomy and rights of Autistic people. It includes actions to prevent the unnecessary use of restrictive practices and promote community-based care.

Healthcare and emergencies

Northern Ireland:

The strategy includes actions to improve access to healthcare services for autistic individuals. It emphasizes the need for healthcare providers to understand and

accommodate the specific needs of autistic people.

Australia:

o The Australian strategy highlights the importance of improving healthcare services for Autistic people, ensuring that these services are accessible, inclusive, and neurodiversity-affirming.

Aging and autonomy

Northern Ireland:

o The strategy includes commitments to support autistic individuals throughout their lifespan, with a focus on promoting independence and autonomy in adulthood and aging.

Australia:

o The Australian strategy emphasizes the importance of supporting Autistic people across all stages of life, with actions to promote independence, autonomy, and quality of life in adulthood and aging.

Empowerment advocacy

Northern Ireland:

o The strategy includes actions to empower autistic individuals and their families through improved access to information, support, and advocacy services.

🔤 Australia:

o The Australian strategy emphasizes the importance of empowering Autistic people through advocacy, self-advocacy, and the provision of accessible information and support services.

Respect of the UN CRPD

Northern Ireland:

o The strategy is aligned with the principles of the UN Convention on the Rights of Persons with Disabilities (CRPD), emphasizing the rights of autistic individuals to live independently and be included in the community.

🔤 Australia:

o The Australian strategy is guided by the principles of the UN CRPD, with commitments to uphold the rights of Autistic people and promote their full inclusion and participation in society.

Effective access to justice

Northern Ireland:

o The strategy includes actions to improve access to justice for autistic individuals, ensuring that they receive appropriate support and accommodations within the legal system.

Australia:

The Australian strategy emphasizes the importance of ensuring that Autistic people have effective access to justice, with actions to improve the understanding and responsiveness of the legal system to the needs of Autistic individuals.

A2: Identification of Additional Relevant Topics (Northern Ireland and Australia)

Community and Social Inclusion:

■ Northern Ireland:

o The strategy emphasizes community inclusion and the importance of building social connections for autistic individuals. It includes initiatives to foster understanding and acceptance within communities, promoting autism-friendly activities and services.

Australia:

o The Australian strategy includes commitments to enhance community inclusion by increasing autism-friendly public and online spaces, and promoting the acceptance and participation of Autistic people in community activities.

Transition Planning:

Northern Ireland:

o The strategy includes detailed plans for supporting transitions at key life stages, particularly from childhood to adulthood and from school to employment. It emphasizes the need for coordinated and person-centred planning to ensure smooth transitions.

Australia:

The Australian strategy highlights the importance of supporting transitions at various stages of life, with a focus on improving the quality and accessibility of transition services for Autistic individuals.

Data Collection and Research:

★ Northern Ireland:

o The strategy includes actions to improve data collection and research related to autism, aiming to inform policy and practice. It emphasizes the need for accurate data to monitor the effectiveness of the strategy and to understand the needs of the autistic population better.

🌇 Australia:

o The Australian strategy commits to improving data collection and research on autism to inform policy development and service delivery. It highlights the importance of using data to track outcomes and ensure that services meet the needs of Autistic people.

Training for Service Providers:

Northern Ireland:

o The strategy includes commitments to provide training for a wide range of service providers, including health and social care professionals, educators, and public servants. This training aims to increase understanding and improve the quality of services for autistic individuals.

Australia:

The Australian strategy emphasizes the need for comprehensive training for service providers across various sectors, including health, education, and social services. It aims to ensure that professionals have the knowledge and skills to support Autistic people effectively.

Collaborative Approaches:

Northern Ireland:

o The strategy highlights the importance of collaboration between different sectors and agencies to provide integrated and coordinated support for autistic individuals. It includes actions to foster partnerships between health, education, and social care services.

Australia:

o The Australian strategy emphasizes the need for a collaborative approach to supporting Autistic people, with commitments to enhance coordination between different sectors and levels of government. It aims to create a more integrated and holistic support system.

Family Support and Involvement:

★ Northern Ireland:

o The strategy includes specific actions to support families of autistic individuals, recognizing the vital role that families play in their wellbeing. It emphasizes the importance of involving families in decision-making and providing them with the necessary resources and support.

🌇 Australia:

o The Australian strategy highlights the importance of supporting families and carers, with commitments to provide accessible information, training, and resources to help them support their autistic family members effectively. It also emphasizes the need for involving families in policy and service development.

B1: Analysis of Strategy Frameworks (Northern **Ireland and Australia)**

Close Consultation and Active Participation of Autistic People or Their **Families:**

Northern Ireland:

o The strategy emphasizes the importance of engaging with autistic individuals and their families throughout the development and implementation phases. It includes mechanisms for continuous feedback and involvement through advisory groups and regular consultations. The strategy aims to ensure diverse representation across the autism spectrum.

Australia:

The Australian strategy also highlights extensive consultations with autistic people, their families, and advocacy groups. It includes a commitment to ongoing engagement to ensure that the voices of autistic people are heard and incorporated into policy decisions. The strategy emphasizes the inclusion of diverse perspectives within the autism community.

Implementation Details:

Northern Ireland:

o The strategy includes detailed implementation plans, specifying actions, responsible bodies, timelines, and expected outcomes. The delivery plan outlines specific initiatives, deadlines, and accountability measures to ensure effective execution.

🏧 Australia:

 The Australian strategy provides a broad framework for implementation, focusing on strategic priorities and key actions. However, it calls for the development of more detailed implementation plans at the regional and local levels, specifying roles, timelines, and performance indicators.

Who Will Be in Charge of Implementing the Strategy:

• 🔀 🔀 Northern Ireland:

 The Department of Health is primarily responsible for the implementation, with coordination across other relevant departments and agencies. The strategy outlines the roles of various stakeholders, including health and social care trusts, education authorities, and local councils.

Australia:

 The Australian strategy involves multiple stakeholders, including federal, state, and local governments, as well as non-governmental organizations and community groups. It emphasizes a collaborative approach, with the federal government providing oversight and coordination.

Monitoring and Accountability:

Morthern Ireland:

 The strategy includes robust monitoring and accountability mechanisms, with regular progress reports and reviews. It establishes a framework for tracking the implementation of actions and measuring outcomes against set targets.

• Sustralia:

 The Australian strategy outlines the importance of monitoring and accountability, with commitments to develop performance indicators and regular reporting mechanisms. It emphasizes the need for transparency and continuous evaluation to ensure the strategy's effectiveness.

SMART Criteria:

• Korthern Ireland:

 The strategy incorporates SMART (Specific, Measurable, Achievable, Relevant, Timebound) criteria in its action plans, ensuring that goals are clear and progress can be effectively tracked.

Australia:

 The Australian strategy advocates for the use of SMART criteria in the development of detailed implementation plans at the regional and local levels. It highlights the importance of setting clear, measurable objectives to monitor progress and evaluate success.

Legal Framework and Tools:

Northern Ireland:

o The strategy is supported by existing legal frameworks that protect the rights of autistic individuals and ensure access to services. It includes references to relevant legislation and policies that underpin the strategy's implementation.

Australia:

The Australian strategy is designed to align with national and state-level legislation that supports the rights and needs of autistic individuals. It emphasizes the importance of a strong legal framework to ensure the strategy's effectiveness and sustainability.

Continuous Improvement:

Northern Ireland:

o The strategy emphasizes continuous improvement through regular reviews and updates based on feedback and new evidence. It includes mechanisms for incorporating lessons learned and best practices into ongoing implementation.

🔤 Australia:

o The Australian strategy highlights the importance of continuous improvement, with commitments to regular evaluations and updates. It stresses the need for adaptive management to respond to emerging needs and challenges.

International Collaboration:

Northern Ireland:

o The strategy includes commitments to engage in international collaboration and knowledge exchange. It aims to learn from global best practices and incorporate innovative approaches from other regions.

🏧 Australia:

o The Australian strategy also emphasizes the importance of international collaboration, with a focus on learning from other countries' experiences and participating in global autism research and policy networks.

B2: Identification of Additional Strategy Needs (Northern Ireland and Australia)

Identified Additional Strategy Needs:

1. Technology Integration:

Northern Ireland:

o There is limited mention of the integration of technology in the strategy. The focus is more on traditional support services without emphasizing digital solutions or technological advancements for supporting autistic individuals.

Australia:

o The Australian strategy mentions the importance of leveraging technology for education, employment, and support services but could further detail the specific technological tools and platforms to be utilized.

2. Crisis Management:

Northern Ireland:

o The strategy includes some elements of crisis support, particularly through health and social care services, but lacks a comprehensive crisis management plan tailored specifically for autistic individuals.

Australia:

o The Australian strategy acknowledges the need for crisis support but could benefit from a more detailed plan outlining protocols for crisis intervention, including mental health emergencies and other urgent situations specific to autistic individuals.

3. Rural and Remote Access:

Northern Ireland:

o There is no explicit mention of strategies to address the challenges faced by autistic individuals in rural and remote areas, which may lead to gaps in service provision in these regions.

Australia:

o The Australian strategy addresses the need to improve access to services for autistic individuals in rural and remote areas, emphasizing the importance of equitable service provision across different geographic locations.

4. Intersectionality:

Northern Ireland:

o The strategy does not thoroughly address the intersectional needs of autistic individuals who may also belong to other marginalized groups (e.g., LGBTQ+, ethnic minorities, individuals with additional disabilities).

Australia:

o The Australian strategy highlights the importance of considering intersectionality in service provision but could provide more detailed guidance on how to address these overlapping needs effectively.

5. Advocacy and Self-Advocacy:

Northern Ireland:

o There is some mention of advocacy, but the strategy could be strengthened by providing more robust support for self-advocacy initiatives, enabling autistic individuals to represent their own interests.

Australia:

o The Australian strategy includes advocacy as a key component but could further elaborate on specific programs and resources to support self-advocacy and empower autistic individuals.

6. Research and Innovation:

Morthern Ireland:

o The strategy includes references to research but does not emphasize innovation or the development of new approaches to support autistic individuals.

Australia:

o The Australian strategy underscores the importance of ongoing research but could expand on how innovative practices and emerging technologies will be integrated into service provision.

7. Early Intervention:

Northern Ireland:

o The strategy covers early intervention but could provide more specific programs and approaches for early detection and support.

🔤 Australia:

o The Australian strategy emphasizes early intervention as crucial but could detail the specific early intervention programs and initiatives planned.

C: Additional, Particular Criteria of Comparisons (Northern Ireland and Australia)

1. Technological Integration and Digital Accessibility:

Northern Ireland:

o The strategy does not emphasize the integration of technology extensively. While there are mentions of digital tools, there is no comprehensive plan for utilizing technology to support autistic individuals. The focus remains on traditional methods and services.

🏧 Australia:

o The Australian strategy highlights the importance of technological integration, particularly in areas such as education, employment, and support services. There are mentions of digital resources, online platforms for community interaction, and virtual tools for therapy and support.

2. Crisis Management and Emergency Services:

Northern Ireland:

o The strategy includes some elements of crisis support through health and social care services but lacks a detailed crisis management plan specifically tailored for autistic individuals. The approach is more generalized rather than autism-specific.

🏧 Australia:

o The Australian strategy acknowledges the need for comprehensive crisis support. It includes protocols for handling mental health crises and other emergencies specific to autistic needs but could benefit from more detailed plans and guidelines.

3. Cultural Competency and Inclusivity:

Northern Ireland:

o The strategy addresses the importance of cultural competency and inclusivity. It includes measures to ensure that services are accessible and sensitive to the cultural backgrounds of autistic individuals. However, there is room for more detailed strategies to combat racial and ethnic disparities.

Australia:

The Australian strategy places a strong emphasis on cultural competency and inclusivity. It highlights the need for services to be culturally sensitive and accessible to individuals from diverse backgrounds. There are specific measures to address racial and ethnic disparities in diagnosis and treatment.

4. Policy Consistency and Coordination Across Levels of Government:

Northern Ireland:

 The strategy focuses on ensuring consistency and coordination across different levels of government. It emphasizes the need for integrated services and collaboration between various government bodies.

Australia:

The Australian strategy also stresses the importance of policy consistency and coordination across national, regional, and local levels. It aims to create a coherent approach to support autistic individuals through integrated policies and services.

5. Public and Private Sector Roles:

• 🚟 🔀 Northern Ireland:

 The strategy outlines the roles of both public and private sectors. It includes partnerships with non-governmental organizations and private sector involvement in providing services and funding.

Australia:

 The Australian strategy highlights the involvement of both public and private sectors in supporting autistic individuals. It details the roles of private sector organizations, funding mechanisms, and partnerships with NGOs.

6. Sustainability of Services:

Northern Ireland:

 The strategy emphasizes the sustainability of services through long-term planning and funding. It includes measures to ensure that services remain effective and accessible over time.

• Australia:

 The Australian strategy focuses on the sustainability of services by ensuring long-term funding and policy support. It outlines plans to scale successful initiatives and maintain service quality.

7. Impact Measurement and Strategy Evaluation:

Morthern Ireland:

 The strategy includes mechanisms for measuring the effectiveness of autism-related services. It emphasizes the use of performance indicators and regular evaluations to assess the impact of the strategy.

Australia:

 The Australian strategy details specific performance indicators and feedback mechanisms to measure the effectiveness of services. It includes plans for regular updates and revisions based on new data and research findings.

D: Respect and Representation in Autism **Strategies (Northern Ireland and Australia)**

Language and Approach Towards Autism:

Northern Ireland:

- o The strategy generally uses identity-first language, referring to "autistic people" rather than "people with autism". This aligns with the preferred terminology of many within the autistic community.
- o However, there are instances where terms like "condition" and "disorder" are used, which can be viewed as stigmatizing. The strategy aims to respect the autistic nature but occasionally lapses into medicalized language.
- o The portrayal of autism in the strategy is largely respectful, emphasizing the need for acceptance and understanding. It focuses on the strengths and capabilities of autistic individuals, promoting a positive view of autism.
- There is no significant emphasis on normalization tactics like Applied Behavior Analysis (ABA), which is seen as a positive aspect by many in the autistic community who view ABA as harmful.

🏧 Australia:

- o The Australian strategy predominantly uses identity-first language, which is consistent with the preferences of many autistic individuals and advocates. Terms like "autistic people" are used throughout the document.
- o Similar to Northern Ireland, there are occasional uses of terms like "disorder" and "condition", which could be perceived as stigmatizing. Efforts are made to avoid these terms, but they are not completely absent.
- The portrayal of autism in the Australian strategy is positive and respectful, focusing on acceptance, inclusion, and the unique strengths of autistic individuals. It seeks to promote a society where autistic people are valued and respected.
- The strategy explicitly rejects normalization tactics such as ABA, aligning with the views of many autistic advocates who consider such approaches to be disrespectful of the autistic identity.

Evaluation of Portrayal and Respect of Autistic Nature:

Northern Ireland:

- o The strategy emphasizes the importance of respecting the autistic identity and promoting acceptance. It aims to create a supportive environment where autistic individuals can thrive.
- o While the language is generally respectful, the use of medicalized terms could be reduced further to enhance the portrayal of autism as a natural variation rather than a disorder.

 The focus is on strengths-based approaches, highlighting the abilities and contributions of autistic individuals rather than solely focusing on their challenges.

• Sustralia:

- The Australian strategy is commendable for its strong emphasis on respecting the autistic identity and promoting a positive portrayal of autism. It seeks to challenge societal perceptions and foster a more inclusive environment.
- The use of identity-first language and rejection of normalization tactics like ABA demonstrate a commitment to respecting the autistic nature.
- The strategy consistently emphasizes the strengths and unique contributions of autistic individuals, aiming to shift the narrative from deficits to abilities.

Presence of Normalization Tactics:

Northern Ireland:

- o The strategy does not heavily emphasize normalization tactics such as ABA. This is seen as a positive aspect, as it aligns with the preferences of many within the autistic community who view such tactics as harmful.
- The focus is more on providing support and accommodations that respect the autistic identity rather than attempting to "normalize" autistic behavior.

Australia:

- The Australian strategy explicitly rejects the use of normalization tactics like ABA. This
 aligns with the views of many autistic advocates who consider such approaches to be
 disrespectful and harmful.
- The emphasis is on creating a supportive and inclusive environment that respects and values autistic individuals for who they are.

E: Comparative Analysis of Methodologies (Northern Ireland and Australia)

Methodologies Employed by Each Strategy:

Morthern Ireland:

- Consultation and Participation: The strategy places a strong emphasis on consultation with autistic individuals, their families, and key stakeholders. This is done through public consultations, focus groups, and workshops to ensure a wide range of perspectives are considered.
- Evidence-Based Practices: Northern Ireland's strategy is grounded in evidencebased practices, with a strong focus on incorporating the latest research findings into policy and practice. This includes the use of scientifically validated interventions and

supports.

- Monitoring and Evaluation: The strategy includes detailed monitoring and evaluation mechanisms. It outlines specific performance indicators and sets out a framework for regular reporting and review to ensure accountability and track progress.
- Cross-Sector Collaboration: The strategy emphasizes the importance of collaboration across different sectors, including health, education, and social services.
 This is aimed at creating a holistic approach to support autistic individuals.
- Flexibility and Adaptability: The strategy acknowledges the need for flexibility and adaptability in its implementation. It includes provisions for regular updates and revisions based on new evidence and feedback from the autistic community.
- Training and Awareness: There is a strong emphasis on training and awareness programs for public servants, educators, and healthcare providers to ensure they are equipped to support autistic individuals effectively.

Australia:

- Consultation and Participation: The Australian strategy also emphasizes extensive consultation with autistic individuals and their families. It includes mechanisms for ongoing engagement to ensure that the voices of autistic people are continually heard and incorporated into the strategy.
- Evidence-Based Practices: The strategy prioritizes the use of evidence-based practices, ensuring that interventions and supports are grounded in robust research. This includes incorporating findings from both national and international studies.
- Monitoring and Evaluation: Australia's strategy includes comprehensive monitoring and evaluation frameworks. It sets out clear performance indicators and timelines for regular reporting and review to ensure transparency and accountability.
- Cross-Sector Collaboration: The strategy highlights the importance of collaboration across various sectors, including government agencies, non-governmental organizations, and the private sector. This aims to create a coordinated and cohesive approach to supporting autistic individuals.
- Flexibility and Adaptability: Similar to Northern Ireland, the Australian strategy acknowledges the need for flexibility and adaptability. It includes provisions for regular updates based on new research and feedback from the autistic community.
- Training and Awareness: The strategy places a strong emphasis on training and awareness initiatives. It aims to educate public servants, educators, and healthcare providers about autism to ensure they can provide appropriate support.

F: > Conclusion and Suggestions (Northern **Ireland and Australia)**

Key Differences Compared with Northern Ireland:

♣ Primary Differences:

Scope and Coverage:

- Northern Ireland: The strategy is comprehensive, covering healthcare, education, employment, social inclusion, and community participation, with a stronger emphasis on immediate, actionable plans within a shorter timeframe.
- Australia: The strategy is broader, covering not only healthcare and education but also aspects like crisis management, technological integration, policy consistency across different government levels, and cultural competency. It has a long-term vision with detailed action plans spanning several years.

Stakeholder Engagement:

- Northern Ireland: Emphasizes stakeholder engagement through public consultations, focus groups, and workshops, involving autistic individuals and their families in the development and implementation of the strategy.
- Australia: Demonstrates extensive stakeholder engagement, including detailed consultations with autistic individuals, their families, advocacy organizations, and professionals, ensuring a wide range of voices are considered and integrated into the strategy.

Implementation Framework:

- Northern Ireland: Includes detailed implementation plans specifying actions, responsible bodies, timelines, and expected outcomes, with a strong focus on immediate, actionable steps.
- Australia: Provides a broad framework for implementation, focusing on strategic priorities and key actions, calling for more detailed implementation plans at the regional and local levels, specifying roles, timelines, and performance indicators.

Evidence-Based Practices:

Northern Ireland: Strongly rooted in evidence-based practices, with a focus on incorporating the latest research into policy and practice, including scientifically validated interventions and supports.

Australia: Prioritizes the use of evidence-based practices, ensuring interventions and supports are grounded in robust national and international research.

Monitoring and Accountability:

- Northern Ireland: Includes specific performance indicators and regular reporting mechanisms to track progress and ensure accountability, with a detailed framework for monitoring and evaluation.
- Australia: Comprehensive monitoring and evaluation frameworks are in place, with clear performance indicators and timelines for regular reporting and review to ensure transparency and accountability.

↔ Secondary Differences:

Cultural Competency:

- Northern Ireland: Addresses the needs of autistic individuals from diverse backgrounds but does not emphasize cultural competency to the same extent as the Australian strategy.
- Australia: Emphasizes cultural competency and inclusivity, addressing the needs of individuals from diverse cultural backgrounds and promoting cultural sensitivity in service delivery.

Technological Integration:

- Northern Ireland: Limited emphasis on the integration of technology in the strategy, focusing more on traditional support services without emphasizing digital solutions or technological advancements.
- **Australia:** Highlights the importance of technological integration, particularly in areas such as education, employment, and support services, mentioning digital resources, online platforms, and virtual tools.

Strengths of Australia's Strategy Compared with Northern Ireland:



Comprehensive Coverage:

Addresses a wide range of areas, ensuring that various aspects of autistic individuals' lives are covered, including crisis management, technological integration, and cultural competency.

Extensive Stakeholder Engagement:

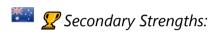
Involves extensive consultations with autistic individuals, their families, and advocacy organizations, ensuring that a wide range of voices are heard and considered.

Emphasis on Evidence-Based Practices:

Strong focus on evidence-based practices, ensuring interventions and supports are scientifically validated and effective.

Detailed Monitoring and Accountability Mechanisms:

Includes comprehensive monitoring and evaluation frameworks, with specific performance indicators and regular reporting requirements to ensure transparency and accountability.



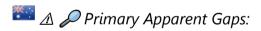
Focus on Cultural Competency:

Addresses the needs of individuals from diverse cultural backgrounds, promoting inclusivity and cultural sensitivity.

Public Awareness and Training:

Extensive campaigns and training programs for public servants to enhance societal understanding and support for autistic individuals.

Apparent Gaps in Australia's Strategy Compared with Northern Ireland:

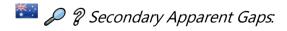


Implementation Details:

Could benefit from more detailed implementation plans, including clearer timelines, roles, and responsibilities to enhance execution.

Local Adaptation:

While focusing on national cohesion, the strategy might lack specificity in addressing local and regional variations in needs and services.



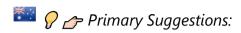
Stakeholder Feedback Mechanisms:

Although there is broad consultation, continuous feedback mechanisms postimplementation could be enhanced to ensure ongoing relevance and responsiveness.

Integration with Regional Policies:

Strengthening consistency and integration with regional and local policies to create a unified approach across all levels of government.





Develop Detailed Implementation Plans:

Create more detailed plans for each initiative, outlining specific timelines, roles, responsibilities, and potential challenges.

Strengthen Regional Coordination:

Enhance coordination with regional and local policies to create a cohesive approach to supporting autistic individuals across all government levels.

Increase Stakeholder Involvement:

Develop mechanisms for ongoing engagement with autistic individuals, their families, and advocacy groups throughout the planning, implementation, and evaluation phases of the strategy to enhance responsiveness and effectiveness.



Provide Clearer Resource Allocation Guidelines:

Establish clear guidelines for resource allocation and funding mechanisms, including specific funding commitments and financial oversight mechanisms.

Focus on Emerging Needs and Continuous Improvement:

Implement mechanisms for regular reviews, updates based on new research findings, and incorporating feedback from autistic individuals and their families.

Expand Cultural Competency Initiatives:

Enhance efforts to address the needs of individuals from diverse cultural backgrounds by developing targeted cultural competency training for service providers and ensuring accessibility and inclusivity of all materials and resources.

Include Pilot Programs:

Introduce pilot programs and trials to test the effectiveness of interventions before full-scale implementation, allowing for refinement based on feedback and outcomes.

Additional Strategic Insights::

Governance and Implementation:

Strengthen governance structures to ensure effective coordination and implementation of the strategy across various levels of government and services, learning from Northern Ireland's localized approach.

Research and Development Focus:

Invest in research and development initiatives to continually assess the effectiveness of implemented strategies and adapt based on findings, ensuring the strategy supports evidence-based practices and adapts to new scientific insights.

Leverage Technology:

Continue to leverage technological advancements to provide innovative solutions for support and services, ensuring digital accessibility and integration.

[IM] Isle of Man - 'National **Autism Spectrum Condition (ASC)** Strategy'

https://www.gov.im/media/1382466/isle-of-man-asc-strategy-march-2024_compressed.pdf

A1: Comprehensive Analysis of Topics Related to the **Needs of Autistic People**

Autism-Friendly Accessibility Everywhere (Social and Sensory)

Isle of Man: The Isle of Man strategy emphasizes creating an ASC-friendly island where public and private sectors, third sector organizations, and the wider community collaborate to foster understanding, support, and inclusivity for those with ASC. There is a focus on reasonable adjustments in various settings, including public transportation and residential neighborhoods, to cater to sensory sensitivities.

Australia: The Australian strategy similarly prioritizes accessibility but provides more detailed commitments in public places, transport, and residential areas. It mentions specific actions to improve social and sensory accessibility, such as designing sensory-friendly environments and implementing guidelines for public spaces to accommodate autistic individuals.

Detection of Autism

Isle of Man: The strategy highlights the need to improve pathways for diagnosis and support across all ages. It emphasizes the importance of early intervention and access to NHS-provided ASC assessments. There is a mention of reviewing clinical pathways and increasing capacity for child and adolescent mental health services.

Australia: Australia's strategy also focuses on improving diagnosis pathways, with specific commitments to reduce waiting times for assessments and ensure consistent diagnostic practices. The strategy includes detailed actions to enhance the capacity of diagnostic services and integrate early detection into routine health checks.

Education and Social Skills

Isle of Man: The Isle of Man strategy aims to improve access to education at all levels by extending advisory support services, reviewing training for schools, and ensuring flexible learning environments. It also plans to develop an inclusive education policy and provide additional support for child day care providers.

Australia: The Australian strategy includes comprehensive actions to support autistic students, such as specialized training for educators, inclusive curriculum design, and tailored support plans. There is a strong emphasis on improving transitions between educational stages and ensuring that autistic students have access to appropriate resources and accommodations.

Training of Parents and Carers

- **Isle of Man:** The strategy acknowledges the need for more training and support for families and carers. It includes actions to influence the development of a Carers and Young Carers strategy to ensure the needs of the ASC community are represented.
- Australia: Australia's strategy outlines specific training programs for parents and carers to help them support their autistic family members effectively. This includes providing resources, workshops, and ongoing education to enhance their understanding and caregiving skills.

Awareness of Society and Public Servants

- Isle of Man: The strategy aims to increase community awareness and acceptance through annual campaigns and public awareness initiatives about reasonable adjustments. There is a focus on training public service staff and improving the understanding of the Sunflower Scheme, which supports people with hidden disabilities.
- Australia: The Australian strategy includes extensive public awareness campaigns and training programs for public servants to ensure they understand and can support the needs of autistic individuals. This involves comprehensive awareness initiatives and educational resources tailored to different sectors of society.

Assistance Services Adapted to Autism

- **Isle of Man:** The strategy plans to collect information about current services and create a future plan for support services. It also emphasizes the importance of providing a range of interventions beyond medication and ensuring services are person-centered and integrated.
- Australia: Australia's strategy provides detailed commitments to enhance assistance services, including tailored support plans, integrated service delivery, and the development of new support models that cater specifically to autistic individuals' needs.

Individual Assistants

Isle of Man: The strategy does not explicitly mention individual assistants but focuses on broader support services and the need for reasonable adjustments in various settings.

Australia: The Australian strategy highlights the importance of individual assistants, particularly in educational and employment settings. It includes actions to increase the availability of support workers and ensure they are adequately trained to meet the needs of autistic individuals.

Peer-Support

- **Isle of Man:** The strategy encourages the creation of community-led support groups for autistic individuals and their families. It emphasizes the importance of social support and aims to reduce social isolation through community initiatives.
- Australia: Australia's strategy includes specific actions to develop peer-support networks and promote social inclusion. This involves funding peer-support programs and creating opportunities for autistic individuals to connect with others who share similar experiences.

Housing and Independent Living

- Isle of Man: The strategy mentions the need to improve everyday experiences for those with ASC, including housing support. It aims to influence housing providers to review their services and make necessary adjustments to support autistic individuals.
- **Australia:** Australia's strategy provides comprehensive commitments to support independent living, including specialized housing options, support for daily living skills, and initiatives to ensure autistic individuals can live independently with appropriate assistance.

Employment (or Allowances)

- **Isle of Man:** The strategy aims to improve access to employment by providing training for careers advisers and Job Centre staff. It encourages flexible working practices and seeks political support to develop ASC legislation based on the Autism Act 2009.
- Australia: Australia's strategy includes detailed actions to support employment for autistic individuals, such as job coaching, employer training, and workplace adjustments. There is a strong emphasis on creating inclusive employment opportunities and reducing barriers to workforce participation.

Health, Nutrition, Physical Activities, and Sports

- **Isle of Man:** The strategy emphasizes reducing health and social care inequalities and ensuring access to appropriate healthcare services. It includes actions to improve mental health support and ensure a range of interventions beyond medication.
- Australia: Australia's strategy covers health and wellbeing extensively, with commitments to improve access to healthcare, promote healthy lifestyles, and provide opportunities for physical activities and sports. It includes actions to support nutrition, mental health, and overall wellbeing.

Friendly and Affective Relationships (Including Sexual)

- **Isle of Man:** The strategy does not explicitly address Friendly and Affective Relationships but emphasizes the importance of social support and reducing social isolation.
- Australia: Australia's strategy includes commitments to support social and emotional wellbeing, including promoting healthy relationships and providing education on sexuality and relationships. There are specific actions to support autistic individuals in developing and maintaining meaningful relationships.

Leisure, Travels, Experiences, Special Interests, Creativity, Flourishing of Autistic People

- **Isle of Man:** The strategy aims to improve everyday experiences for autistic individuals, including access to leisure activities and public services. It encourages community involvement and the creation of support groups to enhance social inclusion.
- Australia: Australia's strategy emphasizes the importance of leisure and recreational activities for autistic individuals. It includes actions to promote participation in creative and special interest activities, as well as ensuring access to inclusive travel and leisure opportunities.

Connection with Nature (Including Animals)

- Isle of Man: The strategy does not specifically address the connection with nature or animals.
- Australia: Australia's strategy includes actions to promote engagement with nature and animal-assisted therapies. It recognizes the therapeutic benefits of nature and animals for autistic individuals and aims to provide opportunities for such interactions.

Protection Against Stigma, Bullying, Mistreatment, and Abuse

- **Isle of Man:** The strategy emphasizes the need for more public awareness and training to reduce stigma and improve safeguarding. It includes actions to address bullying and enhance social support.
- Australia: Australia's strategy includes comprehensive actions to combat stigma, bullying, and abuse. It emphasizes the importance of creating a supportive and inclusive environment and provides detailed commitments to protect autistic individuals from mistreatment.

Personal Security (Especially Against the Risk of Getting Lost), Protection, and Defense (Against Other People)

Isle of Man: The strategy does not explicitly address personal security but emphasizes the need for safeguarding and reasonable adjustments to support autistic individuals.

Australia: Australia's strategy includes specific actions to enhance personal security for autistic individuals, such as developing safety protocols and providing training for emergency responders. It aims to ensure that autistic individuals are protected and supported in various situations.

Protection Against Depression and Suicide

- Isle of Man: The strategy highlights the need for more mental health support and includes actions to produce a community suicide prevention awareness plan targeted at high-risk groups.
- Australia: Australia's strategy addresses mental health comprehensively, with specific commitments to reduce the risk of depression and suicide among autistic individuals. It includes actions to improve mental health services and provide targeted support.

Protection Against the Risk of Deprivation of Liberty (In Institutions or Hospitals) or Forced Treatments

- Isle of Man: The strategy does not explicitly address the risk of deprivation of liberty or forced treatments.
- Australia: Australia's strategy includes commitments to protect autistic individuals from unjust deprivation of liberty and forced treatments. It emphasizes the importance of person-centered care and legal protections to ensure the rights of autistic individuals are upheld.

Healthcare and Emergencies

- Isle of Man: The strategy emphasizes reducing health inequalities and improving access to healthcare services. It includes actions to review clinical pathways and ensure appropriate support for health needs.
- Australia: Australia's strategy covers healthcare extensively, with detailed commitments to improve access to medical services, provide training for healthcare professionals, and ensure that emergency services are equipped to support autistic individuals.

Aging and Autonomy

- Isle of Man: The strategy does not explicitly address aging and autonomy but emphasizes person-centered support and the need for comprehensive services across the lifespan.
- Australia: Australia's strategy includes actions to support aging autistic individuals, ensuring they can live independently and receive appropriate care as they age. It emphasizes the importance of autonomy and person-centered planning for older autistic individuals.

Empowerment Advocacy

Isle of Man: The strategy aims to empower the ASC community through awareness campaigns, community involvement, and the creation of support groups. It emphasizes the importance of listening to the voices of autistic individuals.

Australia: Australia's strategy includes specific actions to promote empowerment and advocacy for autistic individuals. It involves funding advocacy programs, supporting self-advocacy initiatives, and ensuring that autistic individuals have a voice in policy development.

Respect of the UN CRPD

Isle of Man: The strategy aligns with the principles of the UN CRPD by emphasizing equality, inclusion, and person-centered support. It aims to ensure that autistic individuals have equal opportunities and are treated with dignity.

Australia: Australia's strategy explicitly references the UN CRPD and includes actions to ensure compliance with its principles. It emphasizes the importance of upholding the rights of autistic individuals and providing inclusive and supportive services.

Effective Access to Justice

Isle of Man: The strategy does not explicitly address access to justice but emphasizes the importance of reasonable adjustments and support in various settings.

Australia: Australia's strategy includes commitments to improve access to justice for autistic individuals. It involves training for legal professionals, developing support services for autistic individuals in the justice system, and ensuring that their rights are protected.

By examining these detailed comparisons, it is clear that while both the Isle of Man and Australia have robust strategies to support autistic individuals, there are differences in scope, emphasis, and specific actions. Australia's strategy is more comprehensive and detailed, covering a wider range of areas and providing more specific commitments to address the needs of autistic individuals across various aspects of their lives.





A2: Identification of Additional Relevant Topics

1. Crisis Management and Emergency Services:

Isle of Man: The Isle of Man strategy does not explicitly address crisis management and emergency services for autistic individuals. While it mentions the importance of reducing health and social care inequalities, there is no specific focus on how emergency services should be equipped to handle crises involving autistic individuals.

Australia: The Australian strategy includes detailed actions to improve crisis management and emergency services for autistic individuals. This includes training for first responders, developing protocols for handling mental health crises, and ensuring that emergency services are equipped to support autistic individuals effectively.

2. Technological Integration and Digital Accessibility:

- **Isle of Man:** The Isle of Man strategy does not focus on technological integration or digital accessibility. There are no specific actions mentioned regarding the use of technology to support autistic individuals or the provision of digital resources.
- Australia: Australia's strategy emphasizes the importance of technological integration and digital accessibility. It includes actions to develop online platforms for community interaction, virtual tools for therapy and support, and ensuring that digital resources are accessible to autistic individuals.

3. Policy Consistency and Coordination Across Levels of Government:

- **Isle of Man:** The Isle of Man strategy is focused on creating an ASC-friendly island but does not address the need for policy consistency and coordination across different levels of government. It primarily focuses on actions within the Isle of Man without mentioning integration with broader national or regional policies.
- Australia: Australia's strategy emphasizes the need for policy consistency and coordination across national, regional, and local levels of government. It includes actions to ensure coherence of policies, integration of services, and collaboration between different government bodies to provide unified support for autistic individuals.

4. Cultural Competency and Inclusivity:

- Isle of Man: The Isle of Man strategy does not specifically address cultural competency and inclusivity. While it focuses on creating an inclusive environment, there are no detailed actions related to cultural sensitivity or addressing racial and ethnic disparities in the diagnosis and treatment of autism.
- **Australia:** Australia's strategy includes a strong emphasis on cultural competency and inclusivity. It outlines actions to ensure that services are culturally sensitive, address racial and ethnic disparities, and provide language accessibility for autistic individuals from diverse backgrounds.

5. Sustainability of Services:

Isle of Man: The strategy mentions the need for person-centered support and a range of interventions but does not explicitly address the sustainability of services. There is no detailed discussion on long-term funding or policy support to ensure the continuity of services for autistic individuals.

Australia: Australia's strategy includes commitments to ensure the sustainability of services. It outlines actions to secure long-term funding, provide policy support, and scale successful initiatives to ensure that services for autistic individuals are sustainable over time.

6. Impact Measurement and Strategy Evaluation:

- Isle of Man: The Isle of Man strategy does not detail mechanisms for measuring the impact or evaluating the effectiveness of the strategy. While it emphasizes the need for improvements in services, there are no specific performance indicators or evaluation frameworks mentioned.
- Australia: Australia's strategy includes detailed mechanisms for impact measurement and strategy evaluation. It outlines specific performance indicators, feedback mechanisms from the autistic community, and regular updates or revisions of the strategy based on new data and research findings.

By identifying these additional relevant topics, it becomes evident that while both the Isle of Man and Australia's strategies aim to support autistic individuals, the Australian strategy provides a more comprehensive and detailed approach. Australia's strategy addresses a broader range of areas and includes specific actions to ensure the sustainability, cultural competency, and evaluation of the services provided.





B1: Analysis of Strategy Frameworks

Close Consultation and Active Participation of Autistic People or Their **Families:**

- Isle of Man: The Isle of Man strategy emphasizes the importance of involving autistic individuals and their families in the development and implementation of the strategy. It mentions consultations with autistic individuals, their families, and relevant organizations. However, the strategy lacks detailed documentation on how diverse voices across the spectrum are included and how their feedback is concretely taken into consideration.
- Australia: Australia's strategy highlights extensive consultations with autistic individuals, their families, and advocacy organizations. It includes detailed documentation on the consultation process and ensures that a wide range of voices are heard and considered. The strategy outlines specific methods for incorporating feedback and ensuring that diverse needs across the autism spectrum are addressed.

Implementation Details:

Isle of Man: The Isle of Man strategy outlines various actions and objectives but lacks detailed implementation plans. There is a general framework provided, but specific timelines, roles, and responsibilities are not clearly defined.

Australia: Australia's strategy provides more comprehensive implementation details. It includes specific actions, timelines, and responsible parties for each commitment. The strategy emphasizes the need for coordinated efforts and outlines detailed plans for implementing each component of the strategy.

Administrative Body for Autism:

- **Isle of Man:** The strategy does not specify a dedicated administrative body for autism. The implementation of actions appears to be managed by existing health and social care services without a clear indication of a specialized administrative structure.
- Australia: Australia's strategy includes the establishment of a dedicated administrative body for autism. This body is responsible for overseeing the implementation of the strategy, coordinating between different sectors, and ensuring accountability.

Monitoring and Accountability:

- **Isle of Man:** The Isle of Man strategy mentions the need for continuous evaluation and improvement but lacks specific mechanisms for monitoring and accountability. There are no detailed performance indicators or reporting requirements outlined in the strategy.
- Australia: Australia's strategy includes robust mechanisms for monitoring and accountability. It outlines specific performance indicators, regular reporting requirements, and mechanisms for public accountability. The strategy ensures transparency in its implementation and provides a clear framework for evaluating progress.

SMART Criteria:

- **Isle of Man:** The strategy does not explicitly mention the use of SMART (Specific, Measurable, Achievable, Relevant, Time-bound) criteria in setting its goals and objectives. The goals are broadly defined without detailed metrics for measurement.
- Australia: Australia's strategy incorporates SMART criteria in its framework. Each goal and commitment is clearly defined with specific, measurable, achievable, relevant, and time-bound objectives. This approach ensures clarity in implementation and evaluation.

Legal Framework and Tools:

- **Isle of Man:** The Isle of Man strategy references existing health and social care legislation but does not propose new legal frameworks specific to autism. The strategy relies on current laws and policies to support its objectives.
- Australia: Australia's strategy includes a legal framework specifically designed for autism. It proposes new legislation and amendments to existing laws to better support autistic individuals. The strategy emphasizes the need for legal tools to enforce its commitments and ensure rights are protected.

Continuous Improvement:

- Isle of Man: The strategy highlights the importance of continuous improvement but lacks detailed mechanisms for how this will be achieved. There is an emphasis on adapting and improving services, but no specific processes are outlined.
- Australia: Australia's strategy includes detailed plans for continuous improvement. It outlines mechanisms for regular review and updates based on new research, community feedback, and evaluation of outcomes. The strategy is designed to be dynamic and responsive to emerging needs.

International Collaboration:

- Isle of Man: The strategy does not specifically address international collaboration. The focus is primarily on local and regional actions within the Isle of Man.
- Australia: Australia's strategy emphasizes international collaboration. It includes commitments to engage with international autism organizations, participate in global research initiatives, and adopt best practices from other countries. This approach ensures that the strategy benefits from global advancements in autism support and research.

⇒ Summary

The Australian strategy offers a more detailed and structured approach to autism support compared to the Isle of Man strategy. It includes extensive stakeholder engagement, clear implementation plans, dedicated administrative structures, robust monitoring and accountability mechanisms, and a commitment to international collaboration. These elements contribute to a comprehensive framework that ensures the effective and inclusive support of autistic individuals.





B2: Identification of Additional Strategy Needs

Inclusion of Technological Integration:

- Isle of Man: The Isle of Man strategy does not extensively cover the integration of technology to support autistic individuals. There are mentions of utilizing technology for training and education, but no comprehensive plan for digital accessibility, virtual support tools, or the use of technology to enhance services.
- Australia: Australia's strategy includes a detailed focus on technological integration. It covers the use of digital resources, online platforms for community interaction, and virtual tools for therapy and support. This inclusion ensures that autistic individuals can benefit from technological advancements and have improved access to services.

Crisis Management and Emergency Services:

- Isle of Man: The strategy in the Isle of Man lacks a detailed framework for crisis management and emergency services specifically tailored to the needs of autistic individuals. While general healthcare services are mentioned, there is no specific protocol for handling mental health crises or emergencies involving autistic individuals.
- **Australia:** Australia's strategy includes comprehensive plans for crisis management and emergency services. It outlines specific protocols and training for emergency responders to better support autistic individuals in crisis situations. This approach ensures that the urgent needs of autistic individuals are addressed effectively.

Cultural Competency and Inclusivity:

- **Isle of Man:** The Isle of Man strategy does not specifically address cultural competency or inclusivity. The strategy focuses on the regional context and does not emphasize the need to cater to diverse cultural backgrounds within the autistic community.
- Australia: Australia's strategy places a strong emphasis on cultural competency and inclusivity. It addresses the needs of individuals from diverse cultural backgrounds, ensuring language accessibility, cultural sensitivity in service delivery, and measures to combat racial and ethnic disparities in the diagnosis and treatment of autism. This inclusive approach ensures that all autistic individuals receive appropriate and respectful support.

Policy Consistency and Coordination Across Levels of Government:

- **Isle of Man:** The strategy does not address the need for policy consistency and coordination across different levels of government. The focus is primarily on regional actions without a clear framework for aligning policies with national or local government levels.
- Australia: Australia's strategy includes detailed plans for ensuring policy consistency and coordination across national, regional, and local government levels. This approach ensures coherence in policies, integration of services, and collaboration between different government bodies. Such coordination is crucial for creating a unified approach to supporting autistic individuals.

Public and Private Sector Roles:

- **Isle of Man:** The strategy in the Isle of Man does not explicitly define the roles of the public and private sectors in providing services and support to autistic individuals. There is a general mention of partnerships but no detailed framework for collaboration.
- **Australia:** Australia's strategy clearly delineates the roles of the public and private sectors. It includes detailed plans for private sector involvement in providing services, funding mechanisms, and partnerships with non-governmental organizations. This clear division of roles ensures that all stakeholders work together effectively to support autistic individuals.

Sustainability of Services:

- **Isle of Man:** The Isle of Man strategy does not provide detailed plans for ensuring the sustainability of services. There are mentions of ongoing support, but no specific strategies for long-term funding, policy support, or scalability of initiatives.
- Australia: Australia's strategy includes comprehensive plans for the sustainability of services. It outlines specific funding commitments, policy support mechanisms, and plans for scaling successful initiatives. This focus on sustainability ensures that services remain effective and accessible in the long term.

Impact Measurement and Strategy Evaluation:

- Isle of Man: The strategy does not include detailed mechanisms for measuring the impact and evaluating the effectiveness of its initiatives. There is a general mention of continuous improvement but no specific performance indicators or evaluation frameworks.
- Australia: Australia's strategy incorporates robust impact measurement and evaluation mechanisms. It includes specific performance indicators, regular updates, and feedback mechanisms from the autistic community. These measures ensure that the strategy remains responsive to the needs of autistic individuals and continues to improve over time.

⇒ Summary

The additional strategy needs identified highlight the areas where the Isle of Man strategy could be enhanced by adopting elements from the Australian strategy. These areas include technological integration, crisis management, cultural competency, policy coordination, defined roles for public and private sectors, sustainability of services, and robust impact measurement. By addressing these needs, the Isle of Man strategy can become more comprehensive and effective in supporting autistic individuals.





C: Additional, Particular Criteria of Comparisons

Technological Integration and Digital Accessibility

- Isle of Man: The Isle of Man strategy mentions the use of technology for training and education but lacks a comprehensive plan for digital accessibility and the integration of virtual support tools. There is a general acknowledgment of the potential benefits of technology but no detailed implementation strategy.
- Australia: Australia's strategy places significant emphasis on technological integration. It includes plans for using digital resources, online platforms for community interaction, and virtual tools for therapy and support. The strategy highlights the importance of digital accessibility to

ensure that autistic individuals can benefit from technological advancements, providing a detailed roadmap for implementation.

Crisis Management and Emergency Services

Isle of Man: The Isle of Man strategy does not have a specific framework for crisis management and emergency services tailored to autistic individuals. While healthcare services are discussed, there are no distinct protocols for addressing mental health crises or emergencies involving autistic individuals.

Australia: Australia's strategy includes detailed plans for crisis management and emergency services. It outlines specific training and protocols for emergency responders to support autistic individuals effectively during crises. This approach ensures that the urgent needs of autistic individuals are met with appropriate and informed responses.

Cultural Competency and Inclusivity

Isle of Man: The Isle of Man strategy does not specifically address cultural competency or inclusivity. It focuses on the regional context without emphasizing the need to cater to diverse cultural backgrounds within the autistic community.

Australia: Australia's strategy strongly emphasizes cultural competency and inclusivity. It addresses the needs of individuals from diverse cultural backgrounds, ensuring language accessibility, cultural sensitivity in service delivery, and measures to combat racial and ethnic disparities in autism diagnosis and treatment. This comprehensive approach promotes inclusivity and respect for diversity within the autistic community.

Policy Consistency and Coordination Across Levels of Government

Isle of Man: The Isle of Man strategy focuses primarily on regional actions and does not address the need for policy consistency and coordination across different levels of government. There is no clear framework for aligning policies with national or local government levels.

Australia: Australia's strategy includes detailed plans for ensuring policy consistency and coordination across national, regional, and local government levels. This approach ensures coherence in policies, integration of services, and collaboration between different government bodies, creating a unified approach to supporting autistic individuals.

Public and Private Sector Roles

Isle of Man: The strategy in the Isle of Man does not explicitly define the roles of the public and private sectors in providing services and support to autistic individuals. There is a general mention of partnerships but no detailed framework for collaboration.

Australia: Australia's strategy clearly delineates the roles of the public and private sectors. It includes detailed plans for private sector involvement in providing services, funding mechanisms,

and partnerships with non-governmental organizations. This clear division of roles ensures that all stakeholders work together effectively to support autistic individuals.

Sustainability of Services

- Isle of Man: The Isle of Man strategy does not provide detailed plans for ensuring the sustainability of services. There are mentions of ongoing support, but no specific strategies for long-term funding, policy support, or scalability of initiatives.
- Australia: Australia's strategy includes comprehensive plans for the sustainability of services. It outlines specific funding commitments, policy support mechanisms, and plans for scaling successful initiatives. This focus on sustainability ensures that services remain effective and accessible in the long term.

Impact Measurement and Strategy Evaluation

- Isle of Man: The strategy does not include detailed mechanisms for measuring the impact and evaluating the effectiveness of its initiatives. There is a general mention of continuous improvement but no specific performance indicators or evaluation frameworks.
- Australia: Australia's strategy incorporates robust impact measurement and evaluation mechanisms. It includes specific performance indicators, regular updates, and feedback mechanisms from the autistic community. These measures ensure that the strategy remains responsive to the needs of autistic individuals and continues to improve over time.

⇒ Summary

The comparison highlights the areas where the Isle of Man strategy could be enhanced by adopting elements from the Australian strategy. These areas include technological integration, crisis management, cultural competency, policy coordination, defined roles for public and private sectors, sustainability of services, and robust impact measurement. By addressing these needs, the Isle of Man strategy can become more comprehensive and effective in supporting autistic individuals.





D: Respect and Representation in Autism Strategies

Use of Identity-First Language and Stigmatizing Terms

- Isle of Man: The Isle of Man strategy uses the term "condition" multiple times, which can be seen as stigmatizing by some within the autistic community. The strategy does not predominantly use identity-first language but refers to "people with autism" instead.
- Australia: Australia's strategy predominantly uses identity-first language, referring to "autistic people." This aligns with the advocacy for recognizing autism as an integral part of identity. The strategy avoids stigmatizing terms such as "disorder" or "condition", and refrains from using the acronym "ASD."

Portrayal of Autism and Respect for Autistic Nature

Isle of Man: The Isle of Man strategy emphasizes the need for creating an inclusive and supportive environment for autistic individuals. It highlights the importance of understanding and accommodating the unique needs of autistic people but does use the term "condition" which may imply a deficit-focused perspective to some.

Australia: Australia's strategy adopts a strengths-based approach, emphasizing the unique strengths and abilities of autistic individuals. It promotes the idea that autistic people can lead fulfilling and successful lives with the right supports and accommodations. This positive portrayal respects the autistic nature and encourages a more inclusive and accepting society.

Normalization Tactics like ABA

- Isle of Man: The Isle of Man strategy does not mention Applied Behavior Analysis (ABA) or similar normalization tactics. The focus is on supportive measures and inclusive practices rather than on interventions aimed at changing autistic behaviors to fit societal norms.
- Australia: Australia's strategy does not promote normalization tactics such as ABA, which are often criticized for attempting to change autistic individuals to fit societal norms rather than accommodating their differences. The strategy focuses on supportive and inclusive practices that respect the individuality and autonomy of autistic people.

⇒ Summary

In conclusion, Australia's strategy shows a stronger commitment to respectful and inclusive language, avoiding stigmatizing terms and promoting identity-first language. It portrays autism in a positive light, emphasizing strengths and advocating for inclusive practices without promoting normalization tactics like ABA. The Isle of Man strategy, while avoiding overtly negative terms, uses "condition" multiple times and refers to "people with autism", indicating a less consistent approach to respectful language. The Isle of Man strategy focuses on supportive measures but could benefit from a more consistent use of identity-first language to align more closely with the preferences of many in the autistic community.





E: Comparative Analysis of Methodologies

Consultation and Stakeholder Engagement

Isle of Man: The Isle of Man strategy includes stakeholder engagement through consultations with autistic individuals, their families, and professionals. The document highlights the involvement of local organizations and community members in shaping the strategy, aiming to ensure that the voices of those directly affected by the policies are heard and considered.

Australia: The Australian strategy demonstrates a robust consultation process, involving a wide range of stakeholders, including autistic individuals, their families, advocacy groups, and professionals. The strategy includes detailed accounts of how these consultations were conducted, ensuring transparency and inclusivity. This extensive stakeholder engagement helps to create a comprehensive and representative strategy.

Evidence-Based Practices

- **Isle of Man:** The Isle of Man strategy references evidence-based practices and emphasizes the importance of implementing interventions and supports that are grounded in scientific research. However, the document provides limited details on the specific evidence-based methodologies or the research supporting the chosen practices.
- Australia: Australia's strategy places a strong emphasis on evidence-based practices, explicitly detailing the interventions and supports that are backed by robust research. The strategy includes references to studies and data that validate the effectiveness of the proposed measures. This focus on evidence-based practices ensures that the strategy is grounded in scientifically proven methods.

Implementation and Monitoring

- **Isle of Man:** The Isle of Man strategy outlines the implementation process, including the roles and responsibilities of various stakeholders. However, it lacks detailed mechanisms for monitoring and evaluating the effectiveness of the strategy. The document mentions the need for continuous improvement but provides limited information on how this will be achieved.
- **Australia:** Australia's strategy includes a comprehensive implementation plan with clear roles and responsibilities. It also features detailed monitoring and evaluation mechanisms, including specific performance indicators and regular reporting requirements. This ensures transparency and accountability, allowing for ongoing assessment and improvement of the strategy's effectiveness.

Cultural Competency and Inclusivity

- Isle of Man: The Isle of Man strategy acknowledges the importance of cultural competency and inclusivity but does not provide extensive details on how these principles will be integrated into practice. The focus is primarily on creating an inclusive environment for all autistic individuals without specific measures to address cultural diversity.
- Australia: Australia's strategy emphasizes cultural competency and inclusivity, recognizing the diverse backgrounds and needs of autistic individuals. The strategy includes specific measures to ensure that services are culturally sensitive and accessible to all community members. This comprehensive approach helps to address potential disparities in access to support and services.

⇒ Summary

In summary, the methodologies employed in the Australian strategy are more comprehensive and detailed compared to those in the Isle of Man strategy. Australia demonstrates a stronger

commitment to evidence-based practices, stakeholder engagement, and cultural competency. The implementation and monitoring mechanisms in the Australian strategy are also more robust, ensuring transparency and accountability. While the Isle of Man strategy includes important elements such as stakeholder engagement and evidence-based practices, it could benefit from more detailed methodologies and stronger mechanisms for monitoring and continuous improvement.



Key Differences Compared with the Isle of Man:

♣ Primary Differences:

Scope and Coverage:

- Isle of Man: Focuses on essential areas like healthcare, education, and social inclusion but lacks comprehensive coverage of crisis management, technological integration, and cultural competency.
- Australia: Covers a broad range of areas, ensuring a holistic approach by including crisis management, technological integration, policy consistency across government levels, and cultural competency.

Stakeholder Engagement:

- **Isle of Man:** Includes stakeholder engagement through consultations with autistic individuals, their families, and professionals, but with less detailed documentation compared to Australia.
- Australia: Demonstrates extensive stakeholder engagement, ensuring diverse voices are heard and incorporated into the strategy, involving a wide range of stakeholders.

Implementation Framework:

- **Isle of Man:** Outlines implementation processes but lacks detailed mechanisms for monitoring and evaluating effectiveness, and continuous improvement is not extensively detailed.
- Australia: Provides comprehensive implementation plans with clear roles and responsibilities, and includes detailed monitoring and evaluation mechanisms.

Evidence-Based Practices:

Isle of Man: References evidence-based practices but lacks detailed information on specific methodologies and supporting research.

Australia: Strong emphasis on evidence-based practices, detailing interventions and supports backed by robust research.

Cultural Competency:

- **Isle of Man:** Acknowledges cultural competency but lacks detailed measures to address cultural diversity and inclusivity.
- Australia: Emphasizes cultural competency and inclusivity, ensuring services are culturally sensitive and accessible to all community members.

↔ Secondary Differences:

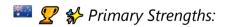
Technological Integration:

- **Isle of Man:** Mentions the use of technology for training and education but lacks a comprehensive plan for digital accessibility and virtual support tools.
- Australia: Emphasizes technological integration, including digital resources, online platforms, and virtual tools, ensuring digital accessibility.

Crisis Management:

- Isle of Man: Does not have a specific framework for crisis management tailored to autistic individuals.
- Australia: Includes detailed plans for crisis management, with specific training and protocols for emergency responders.

Strengths of Australia's Strategy Compared with the Isle of Man:



Comprehensive Coverage:

Addresses a wide range of areas, ensuring holistic support for autistic individuals.

Extensive Stakeholder Engagement:

Involves diverse stakeholders, ensuring that voices of those directly affected are heard and incorporated into the strategy.

Emphasis on Evidence-Based Practices:

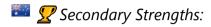
Grounding the strategy in scientifically validated methods ensures the effectiveness of interventions and supports.

Detailed Monitoring and Accountability Mechanisms:

Specific performance indicators and regular reporting requirements ensure transparency and accountability.

Focus on Cultural Competency:

Addresses the needs of individuals from diverse cultural backgrounds, promoting inclusivity and cultural sensitivity.



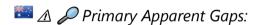
Public Awareness and Training:

Extensive campaigns and training programs for public servants enhance societal understanding and support for autistic individuals.

Policy Consistency and Coordination:

Ensures coherence in policies and collaboration across different government levels, creating a unified approach.

Apparent Gaps in Australia's Strategy Compared with the Isle of Man:

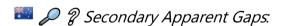


Implementation Details:

Could benefit from more detailed implementation plans, including clearer timelines, roles, and responsibilities to enhance execution.

Local Adaptation:

While focusing on national cohesion, the strategy might lack specificity in addressing local and regional variations in needs and services.



Stakeholder Feedback Mechanisms:

Although there is broad consultation, continuous feedback mechanisms postimplementation could be enhanced to ensure ongoing relevance and responsiveness.

Resource Allocation:

Clearer guidelines on resource allocation and funding mechanisms are necessary to support the various initiatives effectively.

Suggestions for Enhancements to Australia's Strategy:

🔤 💡 👉 Primary Suggestions:

Develop Detailed Implementation Plans:

Create more detailed plans for each initiative, outlining specific timelines, roles, responsibilities, and potential challenges.

Strengthen Integration with Regional Policies:

Enhance coordination with regional and local policies to create a cohesive approach to supporting autistic individuals across all government levels.

Increase Stakeholder Involvement:

Develop mechanisms for ongoing engagement with autistic individuals, their families, and advocacy groups throughout the planning, implementation, and evaluation phases.



Provide Clearer Resource Allocation Guidelines:

Establish clearer guidelines for resource allocation and funding mechanisms, including specific funding commitments and financial oversight mechanisms.

Focus on Emerging Needs and Continuous Improvement:

Implement mechanisms for regular reviews, updates based on new research findings, and incorporating feedback from autistic individuals and their families.

Expand Cultural Competency Initiatives:

Enhance efforts to address the needs of individuals from diverse cultural backgrounds by developing targeted cultural competency training for service providers.

Include Pilot Programs:

Introduce pilot programs and trials to test the effectiveness of interventions before full-scale implementation, allowing for refinement based on feedback and outcomes.

Additional Strategic Insights::

Governance and Implementation:

Strengthen governance structures to ensure effective coordination and implementation of the strategy across various levels of government and services.

Research and Development Focus:

Invest in research and development initiatives to continually assess the effectiveness of implemented strategies and adapt based on findings, ensuring the strategy supports evidence-based practices and adapts to new scientific insights.

Leverage Technology:

Continue to leverage technological advancements to provide innovative solutions for support and services, ensuring digital accessibility and integration.

[IE] Ireland - Draft 'Autism Innovation Strategy'

https://assets.gov.ie/283420/4f4cda27-bd1c-47b7-b8f9-628d9dafb17c.pdf

A1: Comprehensive Analysis of Topics Related to the **Needs of Autistic People:**

Autism-Friendly Accessibility Everywhere

- **Ireland:** Ireland has initiated specific infrastructure projects that are guided by accessibility standards which include tactile paving and audio signals at pedestrian crossings, and universally accessible playgrounds with equipment that is usable for children on the autism spectrum. Public transportation has adopted visual and auditory communication aids to assist autistic passengers. There are also ongoing efforts to train staff in recognizing and assisting autistic individuals effectively.
- Australia: Australia's approach to autism-friendly accessibility is seen in its comprehensive 'Accessible Public Spaces' policy which mandates that all new public transportation projects meet high accessibility standards including provisions for sensory sensitivities, such as lower lighting and noise-cancelling zones on public transit. Australia has also launched initiatives to make shopping areas more autism-friendly by implementing designated "quiet hours" with reduced sensory stimuli, and establishing clear and consistent signage in public areas.

Detection of Autism

- Ireland: In Ireland, the national health service provides a structured pathway for the detection of autism, which includes initial screenings by general practitioners, followed by detailed assessments by multidisciplinary teams at specialized centers. The government has also funded the development of a mobile app that helps parents track developmental milestones and access information on where to get help if they suspect their child might be autistic.
- Australia: The Australian strategy emphasizes the integration of autism screening into routine maternal and child health nurse visits. The government supports training programs for these nurses to recognize signs of autism from an early age. Additionally, Australia has implemented a nationwide public awareness campaign to educate parents about the signs of autism and encourage them to seek evaluation if they have concerns.

Education and Social Skills

- Ireland: The Irish education system mandates that all schools must have specific plans in place to support autistic students. This includes individualized education programs (IEPs) that focus on social skills development through tailored activities and peer interaction workshops. Schools are equipped with specially trained staff and sensory rooms to provide a conducive learning environment for autistic students.
- Australia: Australia's approach includes the 'Inclusive Education Policy' where schools receive government funding based on the level of additional needs of students, including those who are autistic. Training for teachers includes modules on facilitating social skills and integration, using methods like role-playing and social stories to enhance peer interactions and understanding.

Training of Parents and Carers

- **Ireland:** Ireland offers a comprehensive support system for parents and carers, including free access to seminars and workshops that provide training on behavioral strategies, communication techniques, and stress management. These sessions are often conducted by clinical experts and are available across the country to ensure they are accessible to all.
- Australia: The Australian government funds several programs under the 'Helping Children with Autism' package, which offers parents and carers access to funded workshops on early intervention techniques, understanding behavior, and navigating the health and education system. These workshops are also available online to ensure wide accessibility.

Awareness of Society and Public Servants

- Ireland: Ireland's national autism strategy includes specific components aimed at increasing societal awareness. This involves media campaigns, informational leaflets distributed in public offices, and mandatory training sessions for all public sector employees, which cover autism awareness and communication strategies.
- Australia: In Australia, the emphasis is on integrating autism awareness into the curricula of public service training institutions. This includes detailed case studies and interactive learning modules that help future public servants understand autism in both theoretical and practical contexts.

Assistance Services Adapted to Autism

Ireland: The Health Service Executive (HSE) in Ireland provides specialized assistance services through integrated care teams that include occupational therapists, speech and language therapists, and psychologists. These teams are tailored to meet the varied needs of autistic individuals, with services ranging from early intervention to adult care, ensuring a

continuum of support. Community-based initiatives also allow for services to be accessed in more familiar settings, reducing stress for autistic individuals.

• Australia: Australia has developed a national framework that mandates the availability of tailored assistance services for autistic individuals across all ages. This includes specialized support teams within public health districts and partnerships with private organizations to provide therapy services, behavioral interventions, and life skills training. Funding through the National Disability Insurance Scheme (NDIS) ensures these services are accessible and cater to the specific needs of the individual, promoting greater personalization.

Individual Assistants

- **Ireland:** In Ireland, individual assistant services are part of the broader personal support strategies funded by both government and non-profit sectors. These assistants are trained to support autistic individuals in various activities of daily living, educational settings, and employment, enhancing their ability to live independently and participate fully in society.
- Australia: The role of individual assistants in Australia is significantly supported by the NDIS, which allows families and autistic individuals to hire personal assistants based on specific needs assessments. These assistants are not only trained in general care and support but also in specific therapeutic interventions aimed at enhancing independence and social integration.

Peer-Support

- **Ireland:** Ireland promotes peer-support networks through community centers and online platforms that connect autistic individuals with peers. These networks are facilitated by specialists who guide the interactions to ensure they are supportive and beneficial, focusing on shared experiences and coping strategies.
- Australia: Australia's approach includes funding for peer-led organizations and initiatives that provide structured peer-support groups. These groups offer a safe space for autistic individuals to connect, share experiences, and learn from each other, with the aim of fostering a sense of community and mutual support.

Housing and Independent Living

- **Ireland:** The Irish government has invested in specialized housing projects that provide adapted living arrangements for autistic adults. These housing solutions are designed to offer various levels of support, from minimal to intensive, depending on individual needs, and are integrated within communities to promote social inclusion.
- Australia: In Australia, independent living for autistic individuals is a key focus of the NDIS, which provides funding for housing modifications and supports independent living arrangements. This includes options for shared accommodation with support services on-

site, enabling autistic individuals to live as independently as possible while having access to necessary supports.

Employment (or Allowances)

- **Ireland:** Ireland offers a range of supported employment programs that include job coaching, workplace adaptations, and employer incentives to hire autistic individuals. For those unable to work, the government provides disability allowances that consider the specific challenges faced by autistic individuals.
- Australia: The Australian strategy includes employment integration programs that facilitate job placement, customized on-the-job supports, and vocational training tailored to the unique abilities of autistic individuals. The Disability Support Pension provides financial support for those whose disability significantly limits employment capacity.

Health, Nutrition, Physical Activities and Sports

- **Ireland:** Public health initiatives in Ireland include specific programs aimed at promoting physical health and nutrition among autistic individuals. These programs are designed to accommodate sensory sensitivities and include adaptive sports and recreational activities that encourage physical activity in a supportive environment.
- Australia: Australia's commitment to the health and well-being of autistic individuals extends to national health campaigns and local community initiatives that offer specialized physical activity programs. These programs are tailored to be inclusive, taking into account the sensory and communication needs of autistic participants.

Friendly and Affective Relationships (including sexual)

- **Ireland:** Ireland offers programs specifically designed to educate and support autistic individuals in understanding and developing friendly and affectionate relationships, including aspects of sexual health. These programs are often part of broader life skills education and are tailored to be sensitive to the communication and social interaction needs of autistic individuals.
- Australia: Australia incorporates relationship education into the curriculum of special education programs, providing resources and support for autistic individuals to explore relationships in a safe and understanding environment. Additionally, sexual health education is adapted to be more accessible and comprehensible for individuals on the autism spectrum.

Leisure, Travels, Experiences, Special Interests, Creativity, Flourishing

• **Ireland:** Ireland actively promotes access to leisure and cultural activities for autistic individuals, with initiatives like autism-friendly hours at museums and theaters. There are

- also grants available for autistic artists and creatives to pursue their interests and showcase their work, fostering an environment where autistic individuals can flourish.
- Australia: In Australia, the government supports specialized travel agencies that offer tailored travel experiences for autistic individuals and their families, ensuring these experiences are accessible and enjoyable. Community centers and libraries offer programs designed to nurture special interests and creativity, such as coding workshops and art classes designed for individuals with sensory sensitivities.

Connection with Nature (including animals)

- **Ireland:** Ireland has developed several programs that facilitate engagement with nature for autistic individuals, such as guided walks in national parks that are tailored to be less overwhelming and more engaging. There are also therapeutic animal interaction programs recognized for their benefits in improving communication and emotional well-being.
- Australia: Australia's approach includes funding for projects that integrate nature-based therapy for autistic individuals, such as gardening or animal care, which provide therapeutic benefits and enhance life skills. Additionally, several zoos and nature reserves offer special programs that allow for private tours or interactive sessions in a controlled environment to accommodate sensory preferences.

Protection against Stigma, Bullying, Mistreatment, and Abuse

- Ireland: The Irish government has implemented national campaigns aimed at reducing stigma and increasing understanding of autism, which include education in schools to prevent bullying. There are also specific legal protections and advocacy services designed to protect autistic individuals from mistreatment and abuse.
- Australia: In Australia, anti-bullying campaigns are part of the educational curriculum, and they specifically address the inclusion of autistic students. The government also supports advocacy groups that provide resources and assistance to autistic individuals experiencing abuse, ensuring they have access to justice and protection.

Personal Security, Protection, and Defense

- Ireland: Ireland has initiatives that include personal security devices and services for autistic individuals, especially those who are at risk of getting lost. These devices can include GPS trackers and mobile apps that alert caregivers or authorities in emergency situations.
- Australia: Australia emphasizes community-based safety programs which educate autistic individuals on personal safety and provide training in self-defense specifically designed to be accessible and understandable for those on the spectrum.

Protection against Depression and Suicide

- **Ireland:** Irish mental health services include specialized support for autistic individuals, recognizing the higher risk of depression and suicide in this population. Services include accessible mental health interventions and suicide prevention programs, with professionals trained in the specific needs of autistic individuals.
- Australia: Australia's mental health strategy includes targeted programs that address the mental health needs of autistic individuals. These programs are designed to provide early intervention and ongoing support, utilizing therapies that are tailored to the cognitive and communication styles of autistic individuals.

Protection against the Risk of Deprivation of Liberty or Forced Treatments

- **Ireland:** In Ireland, there are strict regulations and oversight concerning the treatment and institutionalization of autistic individuals to protect their rights and ensure that any interventions are consensual and in their best interests.
- Australia: Australia has implemented legal safeguards to protect autistic individuals from deprivation of liberty and forced treatments, including advocacy services and regular reviews of treatment and care plans by independent bodies to ensure compliance with ethical standards and personal rights.

Healthcare and Emergencies

- **Ireland:** Ireland provides specific training for healthcare providers and emergency responders on how to effectively communicate and assist autistic individuals. This includes adaptations in emergency services to be more sensory-sensitive and protocols that take into account the unique needs of autistic individuals during healthcare interactions.
- Australia: The Australian health system includes emergency response training programs that focus on the needs of autistic individuals, ensuring that all healthcare and emergency staff are equipped to provide the appropriate care and support in a crisis.

Aging and Autonomy

- **Ireland:** Irish programs aimed at supporting the aging autistic population focus on continued independence and quality of life, with services that adapt as needs change with age. This includes community-based support and age-specific therapy sessions.
- Australia: Australia's approach to aging and autonomy for autistic individuals includes specialized aged care facilities that understand and cater to the needs of older autistic adults, ensuring that they continue to receive tailored support as they age.

Empowerment Advocacy

- Ireland: Ireland has robust advocacy programs that empower autistic individuals to advocate for themselves and participate in policy-making. These programs include training in rights education and the development of leadership skills among autistic individuals.
- Australia: In Australia, empowerment of autistic individuals is facilitated through government-supported initiatives that encourage self-advocacy and participation in community and national decision-making processes.

Respect of the UN CRPD

- Ireland: Ireland's compliance with the UN Convention on the Rights of Persons with Disabilities (CRPD) is evident in its national policies that aim to ensure full inclusion and equal rights for autistic individuals.
- Australia: Australia has committed to the UN CRPD through its legislation and policies that are specifically designed to uphold the rights and dignity of autistic individuals, ensuring they have equal opportunities in all aspects of life.

Effective Access to Justice

- Ireland: Ireland offers specialized training for legal professionals and the judiciary to ensure they are equipped to handle cases involving autistic individuals fairly, with considerations for communication and understanding.
- Australia: Australia has legal assistance services that are specifically tailored for autistic individuals, providing support and representation to ensure their rights are protected in the legal system.





A2: Additional Relevant Topics

Digital Accessibility and Online Safety

- Ireland: Digital accessibility is a growing focus, with initiatives aimed at ensuring that online resources, government websites, and educational materials are accessible to autistic individuals. This includes simple language options, audio descriptions, and user-friendly navigation to accommodate diverse needs.
- Australia: In Australia, there's an emphasis on online safety for autistic individuals, particularly in protecting them from cyberbullying and exploitation. The government promotes educational programs that teach safe online practices tailored to the cognitive and social profiles of autistic users.

Sensory Safe Work Environments

- Ireland: Although not explicitly mentioned in broader employment initiatives, sensory safe environments in workplaces are increasingly being recognized as necessary for autistic employees. This includes noise reduction strategies, flexible lighting options, and designated quiet spaces.
- Australia: Australia's employment strategy includes guidelines for creating autismfriendly workplaces. This encompasses sensory considerations and is supported by specific funding to help employers make necessary adaptations.

Family Respite and Support

- **Ireland:** Recognizing the intense demands placed on families, Ireland offers respite care services specifically designed for families of autistic individuals. These services provide temporary relief, ensuring that families can maintain their well-being while supporting their autistic family members.
- Australia: Family support extends to providing parents and caregivers with access to mental health services and counseling, acknowledging the emotional and psychological stress involved in caring for autistic individuals. These services are part of a holistic approach to family well-being.

Transition Services from Childhood to Adulthood

- Ireland: Transition services in Ireland are geared towards helping autistic youth navigate the shift from school to adulthood. This includes vocational training, college preparatory courses, and life skills coaching tailored to individual needs.
- Australia: The transition from childhood to adulthood for autistic individuals is supported by integrated services that cover education, employment, and independent living. The Australian government provides funding for programs that assist with this transition, ensuring a seamless integration into adult life.

Multicultural and Linguistic Considerations

- **Ireland:** Ireland's strategy includes considerations for autistic individuals from diverse cultural and linguistic backgrounds. Services are provided in multiple languages and are culturally sensitive to ensure inclusivity and accessibility for all communities.
- Australia: Australia's multicultural policy includes specific provisions for providing autism services to non-English speaking backgrounds. These services are crucial in major cities where there is a high diversity of languages and cultures.

Advocacy and Legal Representation

- **Ireland:** Ireland places a strong emphasis on legal advocacy for autistic individuals, ensuring they have representation in legal matters, particularly in areas of discrimination, education rights, and healthcare.
- Australia: The legal framework in Australia includes advocacy services that specifically support autistic individuals in navigating the legal system, ensuring their rights are upheld and they are fairly represented in legal proceedings.

These additional topics reflect critical areas that both Ireland and Australia address to some extent in their autism strategies. They highlight a commitment to ensuring that autistic individuals receive comprehensive support that spans beyond basic healthcare and education, addressing holistic needs that facilitate full participation in society.





B1: Analysis of Strategy Frameworks

Close Consultation and Active Participation of Autistic People or Their Families

- **Ireland:** In Ireland, the development of autism policy involves consultations with autistic individuals and their families through public submissions and targeted workshops. These consultations aim to encompass a broad spectrum of experiences by including diverse groups from various regions and backgrounds. The challenge remains in ensuring these voices lead to concrete actions, which is addressed through public reports that outline how consultation feedback has been incorporated into the final strategy.
- Australia: Australia's approach includes ongoing forums and advisory panels that consist of autistic individuals, their families, and advocacy groups. The government ensures varied representation through quotas for participation from underrepresented groups and areas. Feedback mechanisms are structured to track the influence of consultations on policy decisions, though the transparency of how each decision is influenced by these consultations could be improved.

Implementation Details

- **Ireland:** The implementation of Ireland's autism strategy is outlined with specific roles assigned to various government departments and agencies. However, detailed implementation plans that describe step-by-step processes are less often publicly available, which can sometimes obscure the visibility of progress.
- Australia: Australia's autism strategy includes detailed implementation plans that are publicly accessible. These plans outline the responsibilities of each involved agency and

timelines for each stage of implementation. This clarity helps in tracking progress and setting expectations.

Administrative Body Dedicated for Autism

- **Ireland:** Ireland does not have a specific administrative body dedicated solely to autism; instead, multiple agencies and departments manage the implementation of autism-related services and policies. This can sometimes lead to fragmentation in services.
- Australia: Australia has established specific positions within existing health and education departments to oversee autism strategies. While not a separate body, these positions coordinate efforts across various government levels and ensure a focused approach on autism within the broader health and educational frameworks.

Monitoring and Accountability

- **Ireland:** Monitoring in Ireland is conducted through periodic reviews and reports by overseeing bodies. However, accountability mechanisms are often criticized for their lack of enforcement powers, which can affect the effectiveness of the strategy's implementation.
- Australia: Australia employs a robust monitoring system that includes independent audits and evaluations of strategy implementation. This system allows for real-time accountability and adjustments, ensuring that the strategy remains effective and responsive to the needs of autistic individuals.

SMART Criteria

- **Ireland:** Some of Ireland's strategic goals incorporate SMART criteria, but this is not uniformly applied across all objectives. The lack of specific, measurable, attainable, relevant, and time-bound criteria in some areas can make it difficult to assess progress effectively.
- Australia: Australia's strategy extensively uses SMART criteria to define objectives, making it easier to measure outcomes and adjust tactics as necessary. This approach facilitates clearer benchmarking and goal attainment.

Legal Framework and Tools

- **Ireland:** While Ireland has comprehensive disability rights legislation, there is no autism-specific law. The broader legal framework supports the rights of autistic individuals but may not address all specific needs associated with autism.
- Australia: Similarly, Australia incorporates the needs of autistic individuals within its broader disability legislation. There is ongoing advocacy for autism-specific legislation, which

would provide a more tailored legal framework to support the unique needs of autistic individuals

Continuous Improvement

- Ireland: Continuous improvement is facilitated through feedback loops involving stakeholders, though these processes could be more structured to ensure consistent improvements are implemented based on feedback.
- Australia: The Australian strategy includes a formal process for continuous improvement, which involves regular evaluation and the integration of new research findings into practice. This process ensures that the strategy evolves in response to emerging needs and scientific advancements

International Collaboration

- **Ireland:** Ireland participates in international forums and collaborates on research projects related to autism, though these efforts are not always prominently featured in the national strategy.
- Australia: Australia has strong ties with international autism research and policy networks, actively engaging in collaborations that inform its national strategy and implementation practices.



B2: Identification of Additional Strategy Needs

Data Collection and Management

- Ireland: Ireland's strategy includes an emphasis on improving data collection systems related to autism. This includes initiatives to better track diagnosis rates, service provision, and outcomes through enhanced data systems at national and regional levels, aiming to better inform policy decisions and resource allocation.
- Australia: Australia has integrated sophisticated data management tools into its autism strategy, focusing on capturing a wide range of data from health, education, and social services to create a comprehensive view of the needs and services provided to autistic individuals. This data is crucial for planning, monitoring, and evaluating the effectiveness of the strategy.

Technology Integration

Ireland: In Ireland, there is an increasing use of technology to deliver services, particularly in education and therapeutic settings. Online platforms and apps are being

- developed to provide accessible learning and support for autistic individuals, which also include remote diagnostics and teletherapy services.
- Australia: Australia incorporates advanced technology in its service provision, which includes virtual reality applications for social skills training, mobile apps for behavioral management, and Al-driven diagnostics tools. These technologies are part of a broader initiative to make services more accessible and tailored to individual needs.

Capacity Building

- **Ireland:** Ireland focuses on capacity building within healthcare and education systems to better serve autistic individuals. This includes training programs for professionals and the expansion of specialist roles within schools and medical facilities.
- Australia: Australia's strategy includes a significant investment in capacity building, not only within traditional service areas but also extending to community and workplace settings. Programs are in place to educate employers, community leaders, and the general public on understanding and supporting autistic individuals.

Funding Mechanisms

- **Ireland:** Specific funding mechanisms are outlined in Ireland's strategy to ensure that resources are allocated efficiently to autism services. This includes targeted funding for new initiatives and supports, as well as funding for research into best practices.
- Australia: In Australia, funding for autism services is often integrated into broader disability support schemes like the NDIS, but there are also specific grants and funding programs directed at research and development of new autism-specific interventions and supports.

Stakeholder Engagement

- Ireland: Beyond consultations, Ireland's strategy emphasizes ongoing engagement with stakeholders, including non-profit organizations, educational institutions, and healthcare providers, to ensure that the strategy remains aligned with the community's needs.
- Australia: Stakeholder engagement in Australia is structured around partnerships with academic institutions and international bodies to leverage expertise and innovations in autism care and policy.



C: Additional, Particular Criteria of Comparisons

Technological Integration and Digital Accessibility

- Ireland: Ireland leverages technology primarily through educational and therapeutic platforms, offering digital resources that support remote learning and teletherapy sessions. The strategy emphasizes ensuring these technologies are accessible to all users, including adaptations for non-verbal individuals or those with additional disabilities. However, there could be greater emphasis on using technology for broader community integration and interaction.
- Australia: Australia has integrated technology extensively into its autism strategy. This includes state-funded projects for developing apps that assist with communication, daily living skills, and emergency situations. Australia also focuses on digital inclusivity, ensuring that online resources are available in multiple languages and formats to accommodate diverse users within the autistic community.

Crisis Management and Emergency Services

- **Ireland:** Ireland's approach to crisis management for autistic individuals includes specialized training for emergency responders and healthcare providers to recognize and appropriately respond to autism-specific needs. Protocols are in place for handling mental health crises, including autism-specific considerations in emergency healthcare settings.
- Australia: Australia has established comprehensive emergency response protocols that incorporate the needs of autistic individuals. This includes the use of alert systems for caregivers and emergency services personnel and tailored approaches within emergency departments and mental health services to support individuals who may be overwhelmed by typical emergency response procedures.

Cultural Competency and Inclusivity

- **Ireland:** Cultural competency in Ireland's autism strategy includes initiatives to train service providers on cultural sensitivity, especially focusing on immigrant populations and linguistic diversity. Efforts are made to provide diagnostic and support services that respect cultural differences and practices, although improvements could be made in consistently applying these practices across all regions.
- Australia: Australia's strategy is robust in its approach to cultural competency, recognizing the vast multicultural makeup of the country. Services are designed to be culturally and linguistically diverse, with resources available in several languages and culturally adapted therapies that consider the specific needs and backgrounds of the autistic individuals and their families.

Policy Consistency and Coordination Across Levels of Government

- Ireland: Ireland shows a well-coordinated effort at different levels of government, with national policies guiding regional and local implementations. However, there can sometimes be discrepancies in service quality and availability between different regions, indicating a need for more consistent policy enforcement.
- Australia: The coordination across levels of government in Australia is highly structured, with clear guidelines and funding streams that ensure consistency in the implementation of autism services. Regional and local authorities work under the national framework but have the flexibility to adapt services to meet local needs effectively.

Public and Private Sector Roles

- **Ireland:** In Ireland, the public sector predominantly provides autism services, with the private sector playing a supportive role mainly in providing specialized therapies and interventions. Partnerships with NGOs are common, helping to fill gaps in public service provision and offer additional resources.
- Australia: The Australian strategy involves a significant role for the private sector, particularly in the delivery of diagnostic and therapeutic services under the NDIS. Publicprivate partnerships are encouraged, and private service providers are integral to the broader strategy, offering innovative solutions and complementing public services.

Sustainability of Services

- Ireland: Sustainability in Ireland is addressed through continuous government funding and the integration of autism services into mainstream health and education budgets. However, long-term sustainability is sometimes challenged by economic fluctuations which can affect funding levels.
- Australia: Australia's approach to sustainability includes not only government funding but also investments in capacity building and training to ensure that the workforce can meet the long-term needs of the autistic community. The NDIS provides a stable funding model that ensures services are maintained over time.

Impact Measurement and Strategy Evaluation

Ireland: Ireland measures the impact of its autism strategy through regular assessments and reports which evaluate service efficacy and user satisfaction. These assessments help in tweaking the strategy to better meet community needs, though more frequent and detailed evaluations could enhance responsiveness.

• Australia: In Australia, strategy evaluation is comprehensive, utilizing a range of performance indicators and feedback mechanisms, including direct input from the autistic community. Regular revisions of the strategy ensure it remains relevant and effective, based on empirical evidence and community feedback.

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D: Respect and Representation in Autism Strategies

■ Ireland

Language and Approach:

- **Identity-First Language:** Ireland's approach to the language surrounding autism in its national strategy incorporates both identity-first language ("autistic people") and person-first language ("people with autism"). The use of both forms suggests an attempt to balance differing preferences within the autistic community and the broader societal context.
- **Stigmatizing Terms:** The Irish strategy occasionally uses terms like "ASD" (Autism Spectrum Disorder), which can be viewed as pathologizing by those advocating for neurodiversity. Such terminology tends to frame autism as a medical condition to be treated, rather than a natural variation of human neurology.

Portrayal of Autism and Respect for Autistic Nature:

• Ireland's autism strategy often adopts a medical model of autism, focusing on intervention and support to manage and alleviate the challenges associated with autism. While it acknowledges the strengths and potentials of autistic individuals, the primary emphasis remains on providing services and supports to 'cope' with or 'manage' autism, which does not fully align with the neurodiversity paradigm.

Normalization Tactics:

• **Applied Behavior Analysis (ABA):** The strategy mentions the use of behavioral interventions such as ABA. These practices are contentious within the autistic community because they often focus on making autistic individuals conform to societal expectations of normalcy, which can undermine respect for innate autistic traits and behaviors.

Australia (for comparative context)

Language and Approach:

• **Identity-First Language:** Australia's Draft National Autism Strategy predominantly uses identity-first language ("autistic individuals"), reflecting a shift towards recognizing and respecting autistic identity as advocated by many within the autistic

- community. This approach aligns with contemporary movements towards embracing neurodiversity.
- **Stigmatizing Terms:** The Australian strategy avoids the routine use of terms like "ASD" or "disorder", which is consistent with a more progressive view of autism as a difference rather than a deficit.

Portrayal of Autism and Respect for Autistic Nature:

 Australia's strategy is increasingly reflective of the neurodiversity paradigm, emphasizing that autism is a natural variation of human neurology. The focus is on creating environments and supports that allow autistic individuals to thrive as they are, without the presumption that they need to be fixed or normalized.

Normalization Tactics:

• Australia shows a trend away from traditional normalization tactics such as ABA. The strategy advocates for supports that enhance autonomy and respect the inherent dignity and rights of autistic individuals, promoting an acceptance of autistic ways of being rather than attempting to change them.



© Comparative Insights

Ireland's strategy, while comprehensive and respectful in intent, still leans towards a medical model that views autism as a condition requiring management and intervention, including the use of normalization tactics like ABA. This contrasts with Australia's more progressive approach, which is moving towards fully embracing the neurodiversity paradigm. Australia's strategy focuses on adaptation and acceptance, seeking to modify societal structures and attitudes to better include and support autistic individuals in their natural state. This fundamental difference highlights the varied approaches to autism across different national contexts, with Australia taking a lead in adopting a perspective that aligns with the latest advocacy for neurodiversity and inclusion.





E: Comparative Analysis of Methodologies

Ireland

- **Methodological Approach:** Ireland's approach to autism strategy emphasizes the integration of services across health, education, and social sectors to provide a holistic support system for autistic individuals. The strategy highlights the importance of interdepartmental collaboration to ensure that services are cohesive and comprehensively meet the needs of autistic individuals.
- **Research and Evidence Basis:** Ireland invests in research to inform its autism policies and practices. This includes epidemiological studies to understand the prevalence and

distribution of autism, as well as applied research focusing on effective interventions and supports. The strategy calls for evidence-based practices to be at the core of all interventions and service provisions.

- **Stakeholder Engagement:** Stakeholder engagement is a critical component of Ireland's autism strategy. The development of the strategy involved consultations with autistic individuals, families, advocacy groups, and service providers. These consultations ensure that the strategy reflects the real needs and preferences of the autistic community.
- **Implementation Framework:** The implementation of the strategy is detailed, with specific roles and responsibilities assigned to different government departments and agencies. Clear goals and objectives are outlined, with measurable outcomes to ensure accountability. The strategy includes timelines and milestones to track progress.
- **Evaluation and Monitoring:** Regular monitoring and evaluation are integral to Ireland's autism strategy. The strategy outlines mechanisms for ongoing assessment of the effectiveness of implemented services and interventions. Feedback from autistic individuals and their families is used to refine and adjust the strategy over time.

Australia (for comparative context)

- **Methodological Approach:** Australia's methodological approach to autism is characterized by its emphasis on individualized service delivery through the National Disability Insurance Scheme (NDIS). The approach integrates services across various domains, focusing on personalization to meet the specific needs of each autistic individual.
- **Research and Evidence Basis:** Like Ireland, Australia prioritizes research, particularly in areas that directly impact policy and service delivery. The emphasis is on translating research findings into practical, actionable policies that improve the lives of autistic individuals.
- Stakeholder Engagement: Australia ensures active participation from the autism community through established advisory panels and regular consultation processes. This engagement is foundational to the development and ongoing evaluation of autism policies and strategies.
- **Implementation Framework:** The NDIS provides a structured and centralized framework for implementing autism services in Australia. This system ensures consistent and equitable service delivery across the country, with clear funding mechanisms and service standards.
- **Evaluation and Monitoring:** Continuous monitoring and periodic reviews are critical in Australia's strategy, similar to Ireland's approach. The system allows for adjustments based on feedback and emerging needs, ensuring that services remain effective and responsive.



Both Ireland and Australia utilize comprehensive, integrative approaches to autism policy, with strong emphasis on stakeholder engagement and evidence-based practices. However, Ireland's strategy is notable for its interdepartmental coordination and clear implementation guidelines, while Australia's strategy stands out for its centralized service delivery through the NDIS and strong focus on individualized service plans. Both countries demonstrate a commitment to continuous evaluation and adaptation of their strategies, ensuring they effectively meet the evolving needs of the autistic community.



- 🏴 存 Key Differences Compared with Ireland:
- 🌃 👉 Primary Differences:
 - Integration of Technology: Australia extensively integrates technology into its strategy, using apps and digital tools for communication and daily living skills. Ireland, while utilizing technology in education and therapy, could further emphasize broader community integration and interaction.
 - Crisis Management: Australia's strategy includes comprehensive emergency response protocols tailored to autistic individuals, while Ireland focuses more on general healthcare settings without specific autism-related protocols.
 - Policy Consistency and Coordination: Australia demonstrates structured coordination across national, regional, and local government levels, whereas Ireland, although well-coordinated, sometimes shows regional discrepancies in service quality and availability.
 - Cultural Competency: Australia's strategy has robust cultural and linguistic diversity measures, ensuring services are accessible to all community members. Ireland's efforts are improving but could benefit from more consistent application across all regions.
 - Public and Private Sector Roles: Australia's strategy clearly defines roles and partnerships between public and private sectors, while Ireland's strategy predominantly relies on public services with supportive roles from NGOs.
 - Monitoring and Accountability: Australia's strategy employs independent audits and evaluations, whereas Ireland's strategy could enhance enforcement powers to ensure effective implementation.

- **Use of Identity-First Language:** Australia predominantly uses identity-first language ("autistic individuals"), aligning with contemporary advocacy for neurodiversity, while Ireland uses both identity-first and person-first language.
- **Emphasis on Community Participation:** Australia places significant focus on enhancing community participation for autistic individuals, promoting inclusivity in public spaces and activities, whereas Ireland's efforts in this area are still developing.
- **Explicit Outcome-Based Framework:** Australia's strategy includes detailed outcomes and commitments, facilitating measurable benchmarks and accountability, whereas Ireland's strategy is less explicit in its outcome-based approach.
- Strengths of Australia's Strategy Compared with Ireland:
- 🔤 🙎 🖇 Primary Strengths:
 - **Integration with Existing Social Services:** Australia's strategy is strongly integrated within broader social and disability services frameworks, potentially enhancing the efficiency of service delivery.
 - **Explicit Outcome-Based Framework:** The Australian strategy is distinguished by its clear, structured approach with detailed outcomes and commitments, which facilitates measurable benchmarks and accountability.
 - **Community Participation:** Australia focuses significantly on enhancing community participation for autistic individuals, including initiatives aimed at increasing the accessibility of public spaces and promoting inclusivity in community activities.
- Secondary Strengths:
 - **Technological Integration:** Australia extensively uses digital tools for various aspects of support, enhancing accessibility and personalization.
 - **Emergency Response Protocols:** Australia's detailed crisis management protocols specifically tailored for autistic individuals provide a higher level of preparedness and response.
 - **Cultural Competency:** Australia's robust measures for cultural and linguistic diversity ensure services are accessible and inclusive for all.
- Apparent Gaps in Australia's Strategy Compared with Ireland:
- 🌌 🔑 🛆 Primary Apparent Gaps:
 - **Stakeholder Engagement and Innovation:** Ireland's comprehensive engagement with autistic individuals and families, along with its innovative service delivery methods, could enhance Australia's approach.

Focus on Lifelong Learning and Employment: Ireland's strong emphasis on lifelong learning and employment integration provides a more detailed roadmap that Australia could adopt.

Training and Public Awareness: Ireland's extensive training and awareness campaigns across various sectors can be broadened in Australia for greater impact.

- Secondary Apparent Gaps:
 - **Research and Innovation Emphasis:** Ireland's emphasis on research and adoption of innovative practices can be further integrated into Australia's strategy.
 - **Early Diagnosis and Intervention:** Ireland's strong focus on early diagnosis and intervention highlights an area for Australia to strengthen.
 - **Resource Allocation:** Australia could benefit from clearer guidelines on resource allocation to support various initiatives effectively.
 - **Family Respite and Support:** Ireland offers respite care services specifically designed for families of autistic individuals, which Australia could expand to provide more comprehensive family support.
 - **Digital Accessibility and Online Safety:** Ireland's initiatives for digital accessibility could inspire Australia to enhance its focus on online safety and digital inclusivity.
 - **Sensory Safe Work Environments:** Australia's employment strategy could include more explicit guidelines and funding for creating sensory-safe work environments similar to Ireland's emerging practices.
- **Suggestions for Enhancements to Australia's Strategy:**
- Primary Suggestions:
 - **Enhance Stakeholder Engagement:** Develop robust frameworks for involving autistic individuals and their families in strategy development, monitoring, and revisions.
 - **Broaden Training and Awareness Initiatives:** Expand training programs for professionals and launch comprehensive public awareness campaigns.
 - **Strengthen Focus on Innovation:** Incorporate innovative practices in education, employment, and community integration using technology and new methodologies.
 - **Emphasize Early Intervention:** Strengthen focus on early diagnosis and intervention, including the development of specific programs for early childhood.
 - **Expand Research and Development:** Increase support for research initiatives exploring new treatment modalities and intervention strategies.

- **P** Secondary Suggestions:
 - Clarify Resource Allocation: Provide clearer guidelines on resource allocation and funding mechanisms.
 - Family Respite and Support: Expand respite care services and mental health support for families and caregivers.
 - Digital Accessibility and Online Safety: Enhance focus on digital accessibility and online safety education.
 - Sensory Safe Work Environments: Develop guidelines and funding for creating sensory-safe work environments.

Additional Strategic Insights:

- Governance and Policy Integration: Enhance governance structures to ensure clear oversight, accountability, and integration of initiatives across departments.
- Flexibility and Responsiveness: Ensure the strategy remains flexible and responsive to emerging needs, adapting to new research findings and community feedback.
- Long-term Sustainability: Invest in long-term sustainability measures, including stable funding models and capacity-building initiatives to ensure continuous support for autistic individuals.

[US] United States of America -**'IACC Strategic Plan for Autism Disorder**'

https://iacc.hhs.gov/publications/strategic-plan/2019/

https://iacc.hhs.gov/publications/strategic-plan/2019/strategic_plan_2019.pdf?version=3

A1: Comprehensive Analysis of Topics Related to the **Needs of Autistic People**

Autism-Friendly Accessibility Everywhere (Social and Sensory)

- **USA:** The IACC strategic plan discusses initiatives aimed at enhancing environments to be more autism-friendly through federal and local collaborations. Although specific details on sensory adaptations in public places and transportation are not extensively outlined, there is a focus on improving community integration and access, which implicitly supports the creation of sensory-friendly settings.
- Australia: Australia's strategy is explicit in its commitment to creating autism-friendly environments. This includes sensory-friendly adaptations in public facilities and transportation systems, backed by policies that mandate such accommodations to support autistic individuals.

Detection of Autism

- **USA:** Early detection and intervention are key components of the IACC strategic plan. It emphasizes strengthening the evidence base for early detection benefits and improving diagnostic tools and services, particularly to address disparities in early diagnosis.
- Australia: Australia also places a high emphasis on early detection, with nationwide programs aimed at training healthcare providers in early diagnosis techniques and implementing public awareness campaigns to educate parents and caregivers about the early signs of autism.

Education and Social Skills

- **USA:** The IACC plan highlights the importance of tailored educational programs and social skills training as part of the broader approach to service provision. It calls for scaling up and implementing evidence-based educational interventions.
- Australia: Similar to the USA, Australia focuses on integrating educational supports within the school system, providing resources for special education needs, and training educators to address the diverse needs of autistic students effectively.

Training of Parents and Carers

- **USA:** Parent and caregiver training is recognized within the IACC strategic plan as crucial for supporting the developmental needs of autistic individuals. The plan advocates for the dissemination of best practices and effective intervention strategies to families.
- Australia: Australia's strategy includes comprehensive support programs for parents and carers, emphasizing early intervention and the provision of educational resources to help them understand and manage autism more effectively.

Awareness of Society and Public Servants

- **USA:** The IACC emphasizes the need for increased public awareness and education about autism, targeting not just the general public but also specific professional sectors, including public servants, to foster a more inclusive society.
- Australia: Australia has robust campaigns similar to those of the USA, aimed at increasing autism awareness among the public and training for public servants, ensuring they are equipped to support autistic individuals in various community interactions.

Assistance Services Adapted to Autism

- **USA:** The strategic plan underlines the adaptation of services across health, education, and social domains to meet the specific needs of autistic individuals, advocating for personalized service plans and interventions.
- Australia: Australia's approach includes the integration of specialized assistance services through the NDIS, which provides tailored supports based on individual assessments, thus ensuring that services are adapted to meet specific needs.

Individual Assistants

• **USA:** While not explicitly mentioned in the strategic segments reviewed, individualized support tends to be encompassed within broader service provision discussions in the USA,

particularly in the context of educational and community settings.

• Australia: Individual assistants are a significant part of Australia's strategy, supported extensively under the NDIS, which funds personal assistant services to help autistic individuals manage daily activities and enhance their participation in the community.

Peer-Support

- **USA:** Peer-support networks are acknowledged as valuable for social integration and mental health. The IACC strategic plan encourages the development of these networks to provide community-based support.
- Australia: Similarly, Australia emphasizes building and maintaining peer-support networks, funding initiatives that facilitate social connections and support among autistic individuals through community programs and online platforms.

Housing and Independent Living

- **USA:** The IACC strategic plan recognizes the need for housing solutions that support independent living for autistic individuals. It calls for research into effective housing models and increased access to housing assistance programs that cater specifically to the needs of autistic adults.
- Australia: Australia's strategy includes comprehensive support for independent living through the NDIS, which provides funding for housing modifications and access to supportive housing options. This ensures that autistic individuals can choose living arrangements that best suit their needs and preferences.

Employment (or Allowances)

- **USA:** The strategic plan emphasizes the importance of employment support, advocating for policies that promote job training, workplace accommodations, and employer incentives to hire autistic individuals. The plan also highlights the need for research into effective employment support strategies.
- Australia: Australia's approach includes strong initiatives to integrate autistic individuals into the workforce, with specific employment support programs designed to help individuals find and retain jobs. The strategy also emphasizes workplace inclusivity and accommodations to support autistic employees.

Health, Nutrition, Physical Activities, and Sports

- **USA:** Health and wellness are significant aspects of the IACC strategic plan, which calls for improved access to healthcare services, including mental health support. There is also a focus on promoting physical activity and nutrition programs tailored to the needs of autistic individuals.
- Australia: Australia's initiatives encourage participation in sports and physical activities, designed to be inclusive and accommodating of sensory and communication differences. Health and nutrition advice is also adapted to be accessible and practical for autistic individuals

Friendly and Affective Relationships (including Sexual)

- **USA:** The strategic plan discusses the need for research and support in the area of relationships and sexuality, recognizing the importance of these aspects for overall wellbeing. It encourages the development of educational programs to help autistic individuals navigate relationships and understand sexuality.
- Australia: Australia's strategy similarly emphasizes the importance of supporting autistic individuals in forming and maintaining relationships. Educational programs address social skills and relationship building, including aspects of sexual health and education.

Leisure, Travels, Experiences, Special Interests, Creativity, Flourishing

- **USA:** The IACC strategic plan supports the inclusion of autistic individuals in leisure and recreational activities, recognizing their importance for social integration and mental health. It advocates for more opportunities in creative arts and other areas that can help autistic individuals flourish.
- Australia: Australia promotes access to leisure, creative arts, and travel for autistic individuals. Funding is available for projects that include autistic people in arts, sports, and cultural activities, ensuring these opportunities are accessible and accommodating.

Connection with Nature (including Animals)

- **USA:** The strategic plan highlights the therapeutic benefits of connecting with nature and animals, supporting programs that facilitate these interactions for autistic individuals. Research into the benefits of such activities is also encouraged.
- Australia: Australia's strategy includes programs that enhance the connection with nature for autistic individuals, such as therapeutic activities involving animals and naturebased therapy programs. These initiatives are part of a broader approach to holistic health and well-being.

Protection Against Stigma, Bullying, Mistreatment, and Abuse

- **USA:** The IACC strategic plan calls for robust measures to protect autistic individuals from stigma, bullying, and abuse. This includes public awareness campaigns, educational programs, and stronger legal protections to ensure the safety and dignity of autistic people.
- Australia: Similarly, Australia has comprehensive policies to combat bullying and discrimination, supported by legal frameworks that provide protections for autistic individuals. Educational programs and public awareness campaigns aim to promote understanding and acceptance.

Personal Security, Protection, and Defense

- **USA:** The strategic plan emphasizes the need for personal security measures, including training for first responders and the development of technologies to assist autistic individuals in emergency situations. The plan advocates for community safety programs tailored to the needs of autistic individuals.
- Australia: Australia's approach to personal security includes community-based safety programs and the use of technology, such as GPS tracking devices for individuals at risk of getting lost. Training for first responders and emergency personnel on autism-specific needs is also a key component.

Protection Against Depression and Suicide

- **USA:** The IACC strategic plan addresses the high rates of depression and suicide among autistic individuals, calling for increased access to mental health services and targeted interventions to support mental well-being. The plan also emphasizes the need for research into effective mental health treatments for autistic individuals.
- Australia: Australia's strategy prioritizes mental health support, with specific programs aimed at identifying early signs of depression and providing timely interventions. Comprehensive support systems cater to the mental health needs of autistic individuals, including crisis intervention services.

Protection Against the Risk of Deprivation of Liberty or Forced Treatments

• **USA:** The strategic plan advocates for the protection of autistic individuals' rights, emphasizing the need for legal safeguards against involuntary institutionalization and forced treatments. The plan supports the development of ethical guidelines and oversight

mechanisms to protect these rights.

• Australia: Similar to the USA, Australia has legal and ethical guidelines to prevent the deprivation of liberty and non-consensual treatments. The strategy ensures that all interventions are conducted with full consent and legal oversight, protecting the rights of autistic individuals.

Healthcare and Emergencies

- **USA:** The IACC strategic plan calls for improved healthcare services tailored to the needs of autistic individuals, including better training for healthcare providers and the integration of autism-specific considerations into emergency response protocols.
- Australia: Australia enhances the capabilities of healthcare and emergency services to effectively address the needs of autistic individuals through specialized training programs and the development of autism-friendly emergency response practices.

Aging and Autonomy

- **USA:** The strategic plan highlights the importance of supporting autistic individuals as they age, advocating for research into aging and autism, and the development of services that support aging autistic individuals in maintaining their independence and quality of life.
- Australia: Australia focuses on the needs of aging autistic individuals, providing resources and support systems designed to maintain independence and support health as they age. The strategy includes planning for long-term care and support services.

Empowerment Advocacy

- **USA:** Empowerment and advocacy are central to the IACC strategic plan, which emphasizes the need for autistic individuals to have a voice in policy-making and service development. The plan supports initiatives that build self-advocacy skills and promote leadership within the autistic community.
- Australia: Australia also emphasizes empowerment, supporting initiatives that enhance the self-advocacy skills of autistic individuals and promoting their active involvement in policy development and community life.

Respect of the UN CRPD

• **USA:** The strategic plan aligns with the principles of the United Nations Convention on the Rights of Persons with Disabilities (UN CRPD), ensuring that the rights of autistic

individuals are respected and upheld in all policies and practices.

Australia: Australia commits to the UN CRPD principles within its national strategy, ensuring that all measures and policies uphold the rights and dignity of autistic individuals.

Effective Access to Justice

- **USA:** The strategic plan emphasizes the need for autistic individuals to have effective access to justice, including specialized training for legal professionals and the adaptation of legal processes to accommodate the specific needs of autistic individuals.
- Australia: In Australia, access to justice for autistic individuals is facilitated through legal aid services, advocacy, and the adaptation of court procedures to accommodate the specific needs of autistic individuals.

A2: Identification of Additional Relevant Topics in USA and Australia's Autism Strategies

USA

The IACC strategic plan incorporates several additional topics that extend beyond the typical focus areas addressed in A1:

1. Healthcare Access and Insurance Coverage:

• **Improving Healthcare Access:** The IACC strategic plan emphasizes the need to improve healthcare access for autistic individuals. This includes advocating for better insurance coverage of autism-related services and addressing disparities in healthcare access.

2. Public Health Surveillance and Epidemiology:

• **Enhanced Surveillance:** The plan includes a focus on enhancing public health surveillance and epidemiology to better understand the prevalence and incidence of autism. This involves improving data collection methods and integrating data across various systems to inform policy and practice.

3. Coordination of Services and Interagency Collaboration:

• **Service Coordination:** The strategic plan highlights the importance of coordinating services across different agencies and sectors. This includes efforts to streamline service delivery and improve interagency collaboration to ensure comprehensive and integrated support for autistic individuals and their families.

4. Focus on Comorbidities:

• Addressing Comorbid Conditions: The plan addresses the need to focus on comorbid conditions that often co-occur with autism, such as epilepsy, gastrointestinal disorders, and mental health issues. It advocates for research and integrated care models to better manage these conditions alongside autism.

5. Life Course Perspective:

• **Life Course Approach:** The IACC strategic plan emphasizes a life course perspective, recognizing the evolving needs of autistic individuals from early childhood through adulthood and into aging. This includes planning for transitions and providing support at key life stages.

Australia

In comparison, Australia's autism strategy also incorporates several unique elements:

1. Focus on Innovation:

• **Research and Development:** Australia's strategy highlights the importance of fostering research and innovation, particularly in social integration and community support models. This includes funding for studies to explore effective support strategies and interventions.

2. Cultural and Linguistic Inclusivity:

• **Inclusivity Focus:** Australia prioritizes ensuring that services are culturally and linguistically appropriate, acknowledging the diverse makeup of the population. This ensures that services are accessible to all autistic individuals, regardless of their cultural or linguistic background.

3. Sustainability of Services:

• **Long-term Planning:** Australia's strategy emphasizes the sustainability of autism services, focusing on ensuring that support mechanisms are resilient and financially sustainable over the long term. This includes planning for future funding needs and building robust service delivery frameworks.

4. Comprehensive Public Awareness Campaigns:

• Awareness and Education: Australia implements extensive public education campaigns aimed at increasing understanding and acceptance of autism. These campaigns target the general public, as well as specific professional groups, to promote a more inclusive society.

5. Holistic Health Approach:

Integrated Health Services: Australia promotes a holistic approach to health for autistic individuals, integrating physical, mental, and social health services. The strategy includes initiatives to improve access to healthcare and ensure that health services are tailored to the unique needs of autistic people.





B1: Analysis of Strategy Frameworks

Close Consultation and Active Participation of Autistic People or Their **Families**

- **USA:** The IACC strategic plan was developed with significant input from autistic individuals, their families, and advocacy organizations. Public comments, stakeholder meetings, and advisory committees ensured that a wide range of perspectives were considered. The plan aims to include voices from diverse backgrounds to address the varied needs within the autism spectrum. This participatory approach ensures that the policies are reflective of the community's needs and concerns.
- Australia: Australia's strategy also emphasizes the involvement of autistic people in the development and ongoing evaluation of its autism policies. Advisory panels consisting of autistic individuals and advocacy groups are integral to the process. The strategy includes mechanisms for regular feedback and adjustments based on input from the autistic community.

Implementation Details

- **USA:** The IACC strategic plan outlines specific roles and responsibilities across federal, state, and local agencies. It includes detailed action plans with timelines and funding allocations for each objective. The plan emphasizes interagency collaboration to ensure cohesive and comprehensive service delivery.
- Australia: Australia's implementation details are well-structured, with clear delineation of responsibilities among various government departments and agencies. The National Disability Insurance Scheme (NDIS) provides a robust framework for funding and service delivery. The strategy includes detailed action plans with measurable targets and deadlines.

Administrative Body Dedicated for Autism

USA: The IACC (Interagency Autism Coordinating Committee) serves as the primary body responsible for coordinating autism-related activities across multiple federal agencies. This

- committee ensures that efforts are aligned and that there is a central point of accountability for autism-related policies and research.
- Australia: Australia does not have a single administrative body dedicated solely to autism; however, responsibilities are clearly divided among various departments and agencies, with strong coordination by the Department of Social Services. The NDIS plays a significant role in providing a centralized framework for service delivery and support.

Monitoring and Accountability

- **USA:** The IACC strategic plan includes robust monitoring and accountability mechanisms. Annual updates and reports are required to track progress and ensure transparency. Independent evaluations and stakeholder feedback are integral to the process, ensuring that the strategy remains effective and responsive.
- Australia: Monitoring and accountability are integral to Australia's strategy, with regular reporting and audits conducted by both government and independent bodies. These mechanisms ensure that initiatives are accountable and that continuous improvements can be made based on empirical data and community feedback.

SMART Criteria

- **USA:** The IACC strategic plan employs SMART (Specific, Measurable, Achievable, Relevant, Time-bound) criteria to define its objectives. This approach facilitates clear benchmarking, progress tracking, and accountability. The plan includes specific milestones and deliverables for each objective.
- Australia: Australia also utilizes SMART objectives extensively throughout its strategy. This structured approach facilitates clear benchmarking and goal attainment, allowing for adjustments based on performance metrics.

Legal Framework and Tools

- **USA:** The strategic plan operates within the framework of existing federal laws, including the Individuals with Disabilities Education Act (IDEA) and the Americans with Disabilities Act (ADA). These laws provide a strong legal foundation for protecting the rights of autistic individuals and ensuring access to necessary services.
- Australia: While Australia does not have a specific law for autism, its strategies are incorporated within the broader framework of disability rights under Australian law, supported by specific policies and measures outlined in the NDIS.

Continuous Improvement

- **USA:** Continuous improvement is embedded in the IACC strategic plan through regular reviews and updates based on new research and stakeholder feedback. The plan emphasizes the importance of staying current with scientific advancements and evolving community needs.
- Australia: Australia places a strong emphasis on innovation and best practice, continuously updating its approach based on the latest research and community feedback. The strategy is designed to evolve, reflecting changes in societal attitudes and scientific understanding of autism.

International Collaboration

- **USA:** The IACC strategic plan includes a focus on international collaboration, engaging with global autism research networks and sharing best practices. This international perspective helps to inform domestic policy and leverage global advancements in autism support.
- Australia: Australia is also active in international autism communities, engaging in collaborations that inform domestic policy through insights gained from global developments and comparative studies.

B2: Identification of Additional Strategy Needs in the **USA and Australia's Autism Strategies**



The IACC strategic plan includes several additional framework-related topics that extend beyond the typical focus areas addressed in B1:

1. Behavioral Health Integration:

Focus on Mental Health Services: The IACC strategic plan emphasizes integrating behavioral health services with primary care to better address the mental health needs of autistic individuals. This includes training for healthcare providers in recognizing and treating mental health issues within the context of autism.

2. Transition Services for Youth:

• **Support for Transitioning to Adulthood:** The plan highlights the need for improved services to support autistic youth transitioning from adolescence to adulthood. This includes vocational training, higher education support, and independent living programs tailored to the needs of autistic individuals.

3. Support for Caregivers:

• **Caregiver Training and Resources:** The strategy includes specific measures to support caregivers, such as providing access to training programs, respite care, and resources to help manage the day-to-day challenges of caring for an autistic person.

4. Technological Advancements:

• **Innovation in Assistive Technologies:** The IACC strategic plan promotes the development and implementation of assistive technologies to enhance communication, social interaction, and daily living skills for autistic individuals. This includes funding for research into new technologies and ensuring accessibility.

5. Addressing Health Disparities:

• **Equity in Healthcare Access:** The plan focuses on reducing health disparities among autistic individuals from different racial, ethnic, and socioeconomic backgrounds. This includes targeted outreach and services to ensure equitable access to diagnosis, treatment, and support services.

Australia

Australia's autism strategy also incorporates several unique elements:

1. Focus on Innovation:

• **Research and Development:** Australia's strategy highlights the importance of fostering research and innovation, particularly in social integration and community support models. This includes funding for studies to explore effective support strategies and interventions.

2. Cultural and Linguistic Inclusivity:

• **Inclusivity Focus:** Australia prioritizes ensuring that services are culturally and linguistically appropriate, acknowledging the diverse makeup of the population. This ensures that services are accessible to all autistic individuals, regardless of their cultural or linguistic background.

3. Sustainability of Services:

Long-term Planning: Australia's strategy emphasizes the sustainability of autism services, focusing on ensuring that support mechanisms are resilient and financially sustainable over the long term. This includes planning for future funding needs and building robust service delivery frameworks.

4. Comprehensive Public Awareness Campaigns:

• Awareness and Education: Australia implements extensive public education campaigns aimed at increasing understanding and acceptance of autism. These campaigns target the general public, as well as specific professional groups, to promote a more inclusive society.

5. Holistic Health Approach:

Integrated Health Services: Australia promotes a holistic approach to health for autistic individuals, integrating physical, mental, and social health services. The strategy includes initiatives to improve access to healthcare and ensure that health services are tailored to the unique needs of autistic people.



C: Additional, Particular Criteria of Comparisons

Technological Integration and Digital Accessibility

- **USA:** The IACC strategic plan emphasizes the development and use of assistive technologies to enhance communication, social interaction, and daily living skills for autistic individuals. There is a focus on funding research into new technologies and ensuring these tools are accessible. The plan also supports telehealth services, which have become increasingly important for providing accessible healthcare and support.
- Australia: Australia's strategy also integrates significant technological innovations, particularly in developing online platforms that provide support and resources for autistic individuals. This includes the use of digital tools for therapy, diagnostics, and community interaction. The NDIS supports the development of assistive technologies to improve the quality of life for autistic individuals.

Crisis Management and Emergency Services

USA: The strategic plan includes initiatives to improve crisis management and emergency services for autistic individuals. This involves training for first responders and healthcare providers to recognize and appropriately respond to autism-related crises. The plan also supports the development of community-based crisis intervention services.

Australia: Similar to the USA, Australia's strategy includes comprehensive emergency response protocols that incorporate the needs of autistic individuals. This includes specialized training for emergency personnel and the development of autism-specific crisis intervention teams to provide timely and appropriate responses.

Cultural Competency and Inclusivity

- **USA:** The IACC strategic plan places a strong emphasis on addressing health disparities and ensuring that services are culturally and linguistically appropriate. This includes targeted outreach and services for autistic individuals from diverse racial, ethnic, and socioeconomic backgrounds to ensure equitable access to support.
- Australia: Australia's strategy prioritizes cultural competency, with specific initiatives to ensure services are inclusive of various cultural and linguistic groups. This includes providing services in multiple languages and training service providers in cultural sensitivity to better serve the diverse population.

Policy Consistency and Coordination Across Levels of Government

- **USA:** The IACC strategic plan emphasizes interagency collaboration to ensure cohesive and comprehensive service delivery across federal, state, and local levels. The plan includes detailed action plans that outline roles and responsibilities for various agencies, ensuring policy consistency.
- Australia: Australia demonstrates strong policy consistency and coordination across national, regional, and local government levels. The NDIS provides a centralized framework that ensures uniform implementation of services and supports across the country, facilitating seamless coordination.

Public and Private Sector Roles

- **USA:** The strategic plan encourages collaboration between the public and private sectors to enhance service delivery for autistic individuals. This includes partnerships with non-profit organizations, private service providers, and research institutions to develop and implement effective support strategies.
- Australia: Australia's strategy involves robust collaboration between the public and private sectors, with the NDIS facilitating partnerships with private service providers. This ensures a wide range of services and supports are available, leveraging private sector innovation to complement public services.

Sustainability of Services

- **USA:** The IACC strategic plan includes measures to ensure the sustainability of services through ongoing funding commitments and integration of autism services into broader healthcare and social service systems. This includes advocating for better insurance coverage and financial support for autism-related services.
- Australia: Sustainability is a key focus of Australia's strategy, with the NDIS providing a stable funding mechanism for autism support. The strategy includes long-term planning to ensure services are resilient and can adapt to changing needs over time, ensuring financial sustainability and robust service delivery frameworks.

Impact Measurement and Strategy Evaluation

- **USA:** The strategic plan incorporates rigorous impact measurement tools to evaluate the effectiveness of autism services. This includes annual updates, stakeholder feedback, and independent evaluations to track progress and ensure accountability.
- Australia: Australia utilizes comprehensive evaluation methods, including performance indicators and regular reviews, to assess the impact of its autism strategy. Feedback mechanisms from the autistic community and ongoing research help to refine and improve the strategy continuously.



D: Respect and Representation in Autism Strategies



- Language and Approach:
 - **Identity-First Language:** The IACC strategic plan for the USA does not consistently use identity-first language ("autistic people") and often employs person-first language ("individuals with autism"). This reflects a more traditional approach that views autism through a medical lens, which may not fully align with the preferences of the neurodiversity movement advocating for identity-first language.
 - **Stigmatizing Terms:** The plan frequently uses terms like "ASD" (Autism Spectrum Disorder), reflecting a medical model that conceptualizes autism as a disorder. This terminology can be viewed as pathologizing by those who promote a neurodiversity perspective, as it frames autism as a condition primarily defined by deficits.
- **Portrayal of Autism and Respect for Autistic Nature:**

- The strategic plan primarily portrays autism as a medical condition requiring research, intervention, and treatment. While it aims to improve the quality of life for autistic individuals, it often emphasizes the need to manage or mitigate the challenges associated with autism, rather than embracing autism as a natural part of human diversity.
- The focus is predominantly on developing treatments and interventions that can help 'alleviate' or 'reduce' the impacts of autism, which does not fully honor the autistic nature as a valid way of being but rather something that needs correction.

Mormalization Tactics:

• **Applied Behavior Analysis (ABA):** The IACC plan endorses the use of ABA and other behavioral interventions, which are designed to make autistic behaviors more socially acceptable or 'normal'. These practices are controversial within the autistic community because they often focus on suppressing innate autistic behaviors to conform to neurotypical standards, rather than supporting autistic individuals in ways that respect and validate their natural ways of interacting with the world.

Australia (for comparative context)

Language and Approach:

- **Identity-First Language:** Australia's Draft National Autism Strategy predominantly uses identity-first language, reflecting a more modern approach that aligns with the preferences of many within the autistic community. This approach is viewed as more respectful of autistic identity.
- **Stigmatizing Terms:** The Australian strategy avoids the routine use of "ASD" or "disorder", which helps to frame autism in a less pathologizing manner and more in line with the neurodiversity paradigm.

Portrayal of Autism and Respect for Autistic Nature:

• Australia's approach increasingly reflects the neurodiversity paradigm, recognizing autism as a variation of human neurology rather than a disorder to be treated. The strategy focuses on creating supportive environments that allow autistic individuals to thrive as they are, promoting acceptance and accommodation.

Mormalization Tactics:

 Unlike the USA, Australia shows a trend away from traditional normalization tactics such as ABA. The focus is on supports that enhance autonomy and respect the inherent dignity and rights of autistic individuals, promoting acceptance of autistic ways of being rather than attempting to change them.



The USA's strategy, as outlined by the IACC, largely adheres to a medical model that views autism as a disorder requiring treatment, including the use of normalization tactics like ABA. In contrast, Australia is moving towards a model that embraces neurodiversity, focusing on adaptation and acceptance. This reflects a significant difference in how each country views autism and approaches the support and inclusion of autistic individuals, with Australia adopting a more progressive stance that aligns with contemporary advocacy for neurodiversity and inclusion.



E: Comparative Analysis of Methodologies

USA

- **Methodological Approach:** The IACC strategic plan adopts a comprehensive and multidisciplinary approach to autism, emphasizing collaboration across various fields such as healthcare, education, and social services. The strategy is grounded in evidence-based practices and is driven by a strong commitment to research and data collection to inform policy and practice.
- Research and Evidence Basis: A significant portion of the USA's strategy revolves around advancing research to better understand autism. This includes biological, genetic, and environmental research aimed at uncovering the underlying causes of autism and developing effective treatments. The strategy promotes rigorous scientific methodologies to ensure that interventions are based on solid evidence.
- **Stakeholder Engagement:** The IACC plan is developed with input from a wide range of stakeholders, including autistic individuals, families, researchers, and practitioners. Public feedback is solicited through open meetings and written comments, which are considered in the development and revision of the strategic plan.
- **Implementation Framework:** The strategic plan outlines clear objectives and actions with designated responsibilities across federal agencies. The strategy includes detailed timelines and goals, ensuring that each action item is measurable and accountable. The use of SMART (Specific, Measurable, Achievable, Relevant, Time-bound) criteria is evident in setting clear objectives for implementation.
- **Evaluation and Monitoring:** The IACC plan includes a strong focus on monitoring and evaluation to assess the effectiveness of various initiatives. Regular reports and updates are mandated to track progress against the strategic objectives. Independent evaluations are also encouraged to provide an objective assessment of strategy implementation.

Australia (for comparative context)

- Methodological Approach: Australia's approach to autism is also comprehensive and integrates various services and supports across sectors. However, it places a stronger emphasis on service delivery and ensuring that supports are tailored to individual needs, particularly through mechanisms like the National Disability Insurance Scheme (NDIS).
- Research and Evidence Basis: Like the USA, Australia invests in research, but with a particular focus on applied research that directly informs service provision and policy improvements. Australia supports initiatives that translate research findings into practical interventions and community-based supports.
- Stakeholder Engagement: Australia's strategy involves active participation from the autism community in the development and ongoing evaluation of policies. Advisory panels and regular consultations with autistic individuals and advocacy groups help shape policy directions and service models.
- Implementation Framework: The implementation of Australia's autism strategy is highly structured, with the NDIS playing a central role in coordinating services and supports. The strategy includes specific funding allocations and partnerships with state and territory governments to ensure nationwide consistency.
- **Evaluation and Monitoring:** Australia's strategy includes continuous monitoring and periodic reviews to adjust and improve policies and services. The feedback loop from service users and providers is an integral part of the evaluation process, ensuring that services remain responsive to the community's needs.







Both the USA and Australia employ rigorous, research-driven approaches to developing and implementing their autism strategies, with a strong emphasis on evidence-based practices and stakeholder engagement. However, the USA tends to focus more on foundational and biological research, while Australia emphasizes applied research and the translation of findings into practical services. Both countries have robust frameworks for implementation and evaluation, though Australia's integration of services through the NDIS provides a unique model of centralized service delivery that contrasts with the USA's more federated approach.



F: > Conclusion and Suggestions

Key Differences Compared with the USA:

Primary Differences:

- **Explicit Outcome-Based Framework:** Australia's strategy provides a clearly structured framework with detailed outcomes, timelines, and commitments, enhancing transparency and tracking of progress.
- **Integration with Existing Social Services:** Australia's strategy is highly integrated with existing social and disability services, streamlining access and reducing redundancy in resource allocation.
- **Community Participation:** Australia emphasizes improving community participation and public life accessibility for autistic individuals, fostering a more inclusive society.
- Secondary Differences:
 - **Use of Identity-First Language:** Australia predominantly uses identity-first language ("autistic individuals"), aligning with contemporary advocacy for neurodiversity, whereas the USA often uses person-first language.
 - **Stigmatizing Terms:** The USA frequently uses terms like "ASD" (Autism Spectrum Disorder), which can be viewed as pathologizing, while Australia avoids such terminology.
 - **Normalization Tactics:** The USA endorses the use of ABA, which focuses on making autistic behaviors more socially acceptable, whereas Australia shows a trend away from traditional normalization tactics.
- **Strengths of Australia's Strategy Compared with the USA:**
- 🔤 🦅 쓝 Primary Strengths:
 - **Integration with Existing Social Services:** Australia's strategy is integrated within broader social and disability services frameworks, enhancing efficiency in service delivery.
 - **Explicit Outcome-Based Framework:** The structured framework with detailed outcomes and commitments facilitates measurable benchmarks and accountability.
 - **Community Participation:** Australia focuses on enhancing community participation, promoting inclusivity in public spaces and activities.
- Secondary Strengths:
 - **Technological Integration:** Australia uses digital tools for therapy, diagnostics, and community interaction, supported by the NDIS.
 - **Emergency Response Protocols:** Australia's detailed crisis management protocols include specialized training for emergency personnel.
 - **Cultural Competency:** Australia's strategy includes specific initiatives to ensure services are inclusive of various cultural and linguistic groups.

- Apparent Gaps in Australia's Strategy Compared with the USA:
- 🌌 🔑 \Lambda Primary Apparent Gaps:
 - Stakeholder Engagement and Oversight: The USA's IACC facilitates extensive stakeholder engagement, including diverse representation from autistic individuals, families, and professionals.
 - Comprehensive Public and Professional Education: The USA includes broad educational initiatives to enhance public understanding and professional competencies.
 - **Research and Data Infrastructure:** The USA emphasizes autism research through improved data collection systems and infrastructure enhancement.
- 🔤 🔑 🤋 Secondary Apparent Gaps:
 - Adult Services and Lifespan Approach: The USA outlines comprehensive services for autistic adults, focusing on transitions and support needed throughout the lifespan.
 - **Innovative Service Delivery Models:** The USA encourages innovation in service delivery, such as technology-based interventions and integrated service models.
 - Early Intervention: The USA's focus on early detection and intervention could inspire Australia to strengthen these areas in its strategy.
- Suggestions for Enhancements to Australia's Strategy:
- 🔤 🥝 🎓 Primary Suggestions:
 - Deepen Community and Stakeholder Involvement: Develop platforms and processes for ongoing engagement with autistic individuals and their families in all stages of strategy development and implementation.
 - **Expand Training and Awareness Initiatives:** Launch comprehensive, nationwide training and public awareness campaigns for healthcare providers, educators, employers, and the general public.
 - Strengthen Research and Data Collection Efforts: Invest in national autism data repositories and support longitudinal studies to track the efficacy of interventions and long-term outcomes.
- 🔤 🥝 Secondary Suggestions:
 - **Focus on Lifespan Services:** Clearly delineate services and supports for autistic adults, focusing on employment, independent living, and mental health.

Implement Innovative Practices in Service Delivery: Adopt and scale innovative practices in health services, community-based supports, and technology-enhanced learning and working environments.

Additional Strategic Insights:

Policy Integration and Governance: Enhance the governance structure to ensure comprehensive oversight and coordinated implementation across various government levels, similar to the USA's IACC model.

Pandemic Response and Flexibility: Develop flexible and adaptive strategies to respond to increased and changing needs, informed by the USA's detailed pandemic response.



https://www.michigan.gov/-/media/Project/Websites/autism/Reference-Guides/ASDStatePlan 2 19 13 Final.pdf?rev=22bf55772b8341d8b0d99f7a80467b86

A1: Comprehensive Analysis of Topics Related to the Needs of Autistic People

Autism-Friendly Accessibility Everywhere (Social and Sensory)

Michigan:

- o Emphasizes the need for autism-friendly accessibility in public places, transportation, and residential neighborhoods.
- o Focus on creating sensory-friendly environments and promoting awareness among public service providers to accommodate sensory sensitivities.

X Australia:

- o Similar focus on improving accessibility in public places and transportation.
- Emphasizes designing environments that cater to the sensory needs of autistic individuals, including quiet spaces and sensory-friendly facilities.

Detection of Autism

Michigan:

- o Highlights early identification and intervention as crucial.
- o Recommendations for universal screening of children by age two and timely referral for evaluation and services.
- o Training for primary care providers to recognize early signs of autism.

🏧 Australia:

- Strong emphasis on early detection and intervention.
- o Proposes standardized screening processes and training for healthcare professionals to ensure early identification.

Education and Social Skills

- Focus on inclusive education and tailored support within the general education curriculum.
- Development of social skills through evidence-based programs integrated into educational settings.

Australia:

- Comprehensive educational support, including individualized education plans (IEPs) and specialized training for teachers.
- Emphasis on social skills development through structured programs and peer support initiatives.

Training of Parents and Carers

• Michigan:

- Recommends extensive training programs for parents and caregivers to support their child's development and manage behavioral challenges.
- o Parent training included as a critical component in service plans.

• Kustralia:

- o Proposes nationwide training programs for parents and caregivers.
- Emphasizes the importance of empowering families with knowledge and skills to support their autistic family members.

Awareness of Society and Public Servants

• Michigan:

- Calls for increased public awareness campaigns and training for public servants to understand autism and its impact on individuals and families.
- o Encourages community engagement and education to reduce stigma.

• Australia:

- Similar focus on raising public awareness and educating public servants.
- Proposes nationwide campaigns to promote understanding and acceptance of autism.

Assistance Services Adapted to Autism

• Michigan:

- Recommends developing and expanding services specifically designed to meet the unique needs of autistic individuals.
- Includes therapeutic services, behavioral interventions, and community support programs.

Australia:

- o Comprehensive range of assistance services proposed, including therapy, counseling, and support groups.
- Emphasis on personalized services tailored to individual needs.

Individual Assistants

Michigan:

 Advocates for the provision of individual assistants or aides to support autistic individuals in various settings, including schools and community activities.

Australia:

Similar proposal for providing individual support personnel to assist autistic individuals in achieving greater independence and participation in society.

Peer-Support

Michigan:

o Emphasizes the importance of peer-support programs to provide social connections and mutual support among autistic individuals.

Australia:

 Proposes the development of peer-support networks and programs to foster community and peer relationships.

Housing and Independent Living

Michigan:

- Focuses on expanding housing options and support services to promote independent living for autistic individuals.
- o Recommendations for affordable and accessible housing.

Australia:

- Comprehensive housing strategy included, emphasizing supported independent living arrangements.
- o Proposes policies to increase housing accessibility and affordability for autistic individuals.

Employment (or Allowances)

- o Advocates for increased employment opportunities and support for autistic individuals.
- o Proposes vocational training and employer incentives to hire autistic employees.

Australia:

- o Similar emphasis on improving employment outcomes.
- o Proposes targeted employment programs, vocational training, and support for both employees and employers.

Health, Nutrition, Physical Activities and Sports

Michigan:

- Highlights the need for specialized healthcare services, including mental health support.
- o Recommends programs to promote physical health, nutrition, and participation in sports.

🏧 Australia:

- o Comprehensive health strategy, including access to specialized healthcare and mental health services.
- o Encourages participation in physical activities and sports through inclusive programs.

Friendly and Affective Relationships (Including Sexual)

Michigan:

- o Addresses the importance of supporting autistic individuals in forming and maintaining relationships.
- o Includes guidance on sexual health education and support.

🏧 Australia:

- o Emphasizes the need for relationship and sexual health education.
- o Proposes support services to help autistic individuals navigate relationships.

Leisure, Travels, Experiences, Special Interests, Creativity, Flourishing of Autistic People

Michigan:

- o Promotes access to leisure activities, travel, and opportunities for creative expression.
- o Recommends programs that cater to the special interests of autistic individuals.

Australia:

- o Similar focus on promoting participation in leisure and creative activities.
- o Proposes inclusive programs to support the interests and talents of autistic individuals.

Connection with Nature (Including Animals)

Michigan:

- Highlights the benefits of nature and animal-assisted therapies.
- o Encourages programs that facilitate connection with nature and animals.

Australia:

- o Proposes programs to enhance connection with nature and animals.
- Emphasizes the therapeutic benefits of such interactions.

Protection Against Stigma, Bullying, Mistreatment and Abuse

Michigan:

- o Strong focus on protecting autistic individuals from stigma, bullying, and abuse.
- o Recommends comprehensive anti-bullying programs and legal protections.

Australia:

- Similar emphasis on protection against stigma and abuse.
- o Proposes nationwide initiatives to combat bullying and promote safety.

Personal Security (Especially Against the Risk of Getting Lost), **Protection and Defense (Against Other People)**

Michigan:

- o Recommends measures to enhance personal security, including the use of technology to prevent getting lost.
- o Proposes training for first responders to better assist autistic individuals.

🏧 Australia:

- o Focus on personal safety, including the development of safety protocols and training for first responders.
- o Proposes use of technology to ensure the safety of autistic individuals.

Protection Against Depression and Suicide

Michigan:

- o Emphasizes the need for mental health support and suicide prevention programs.
- o Proposes accessible mental health services and crisis intervention.

Australia:

- o Similar focus on mental health and suicide prevention.
- o Recommends comprehensive mental health services and support networks.

Protection Against the Risk of Deprivation of Liberty (In Institutions or Hospitals) or Forced Treatments

Michigan:

- Advocates for the protection of autistic individuals' rights and against involuntary treatments.
- o Recommends oversight and legal protections to prevent unjust institutionalization.

Australia:

- o Similar emphasis on protecting rights and preventing forced treatments.
- o Proposes legal frameworks to safeguard against deprivation of liberty.

Healthcare and Emergencies

Michigan:

- o Highlights the need for specialized healthcare services and emergency protocols.
- o Recommends training for healthcare providers to better serve autistic individuals.

Australia:

- o Comprehensive healthcare strategy, including emergency care tailored to autistic individuals.
- o Proposes training for emergency responders and healthcare professionals.

Aging and Autonomy

Michigan:

- Focuses on supporting autistic individuals as they age, promoting autonomy and independent living.
- o Recommends services tailored to the needs of older autistic adults.

Australia:

- Similar focus on aging and autonomy.
- o Proposes programs to support aging autistic individuals and promote independence.

Empowerment Advocacy

Michigan:

- Encourages self-advocacy and empowerment of autistic individuals.
- Recommends training and support to build advocacy skills.

Australia:

Strong emphasis on empowerment and self-advocacy.

o Proposes initiatives to support autistic individuals in advocating for their rights and needs

Respect of the UN CRPD

Michigan:

- o Aligns state plan with the principles of the UN Convention on the Rights of Persons with Disabilities (CRPD).
- o Emphasizes the importance of rights-based approaches.

Australia:

- Similar commitment to the UN CRPD.
- o Proposes strategies to ensure compliance with international human rights standards.

Effective Access to Justice

Michigan:

- o Recommends measures to ensure autistic individuals have effective access to justice.
- o Proposes training for legal professionals and support services for autistic individuals involved in the legal system.

Australia:

- Emphasizes the importance of access to justice.
- o Proposes legal reforms and support services to ensure fair treatment in the justice system.





A2: Identification of Additional Relevant Topics

Support for Siblings of Autistic Individuals:

Michigan:

Emphasizes the importance of providing support for siblings of autistic individuals to help them understand and cope with the challenges associated with autism within the family.

🏧 Australia:

While family support is mentioned, there is less specific focus on siblings. Incorporating more targeted support for siblings could be beneficial.

Transition to Adulthood:

Highlights the need for robust transition planning from school to adulthood, including post-secondary education, vocational training, and independent living skills.

Australia:

Covers transition planning but could benefit from more detailed strategies and programs to support autistic individuals transitioning to adulthood.

Access to Technology and Assistive Devices:

Michigan:

Recommends increasing access to technology and assistive devices to support communication, learning, and daily living activities for autistic individuals.

Australia:

While technological integration is mentioned, more emphasis on ensuring widespread access to assistive devices and technology could enhance support for autistic individuals.

Collaboration with Private Sector:

Michigan:

Encourages partnerships with the private sector to create more employment opportunities and support services for autistic individuals.

Australia:

Collaboration with the private sector is mentioned, but further development of specific initiatives and partnerships could strengthen the strategy.

Data Collection and Research:

Michigan:

Emphasizes the importance of ongoing data collection and research to inform policy and practice. Recommends establishing a centralized database to track outcomes and needs of autistic individuals.

Australia:

Proposes the need for research but could benefit from a more structured approach to data collection and the establishment of a centralized database.

Emergency Preparedness:

Includes specific recommendations for emergency preparedness tailored to the needs of autistic individuals, such as creating autism-friendly emergency plans and training for first responders.

Australia:

While emergency services are mentioned, more detailed emergency preparedness plans and training programs for first responders could enhance the strategy.

Inclusion of Autistic Voices in Policy Development:

Michigan:

Stresses the importance of including autistic individuals in policy development and decision-making processes to ensure their voices are heard and needs are met.

Australia:

Emphasizes stakeholder engagement but could benefit from more structured mechanisms to ensure the active participation of autistic individuals in policy development.



B1: Analysis of Strategy Frameworks

Close Consultation and Active Participation of Autistic People or Their **Families**

Michigan:

- o The strategy emphasizes active involvement of autistic individuals and their families through advisory councils and public forums. It ensures diverse representation by including people across the autism spectrum and from different communities.
- Mechanisms such as surveys, focus groups, and public comment periods are used to gather input and ensure voices are heard and considered in policy development.

Australia:

- o The strategy also highlights stakeholder engagement, involving autistic individuals, their families, and advocacy groups. It aims to ensure that the diverse needs of the autism community are considered.
- o Structured consultation processes are employed, including workshops, surveys, and consultations with advisory groups.

Implementation Details

- o The plan outlines specific implementation steps, including the establishment of a task force to oversee the execution of the strategy. Detailed action plans are provided for each priority area, with designated responsibilities.
- o Clear timelines and milestones are set to track progress and ensure accountability.

Australia:

• The strategy includes broad implementation plans but could benefit from more detailed action steps and specific timelines. Responsibilities are outlined, but more granularity in the implementation details would enhance the strategy's effectiveness.

Administrative Body Dedicated for Autism

Michigan:

o A dedicated Autism Council is established to oversee the implementation of the strategy. This council includes representatives from various stakeholders, including autistic individuals, family members, service providers, and government agencies.

🏧 Australia:

o The strategy proposes the establishment of an oversight body to monitor implementation, but specific details on the administrative structure are less defined compared to Michigan. Clarifying the roles and responsibilities of this body could improve the strategy.

Monitoring and Accountability

Michigan:

- o The plan includes detailed monitoring and accountability mechanisms, such as annual progress reports, performance indicators, and regular reviews by the Autism Council.
- Specific metrics are outlined to measure the success of initiatives and ensure transparency.

Australia:

o Monitoring and accountability are integral to the strategy, with proposed performance indicators and regular reporting requirements. However, further detail on how these will be operationalized and reviewed could strengthen the approach.

SMART Criteria

Michigan:

o Goals and objectives in the plan are framed using SMART criteria (Specific, Measurable, Achievable, Relevant, Time-bound), ensuring clarity and focus in implementation.

 Each action item includes clear metrics and timelines to measure progress and outcomes.

Australia:

 The strategy includes SMART criteria in defining goals and objectives. Ensuring that all areas adhere to these criteria could enhance the strategy's overall effectiveness.

Legal Framework and Tools

• Michigan:

- The strategy leverages existing state laws and regulations to support its implementation. It also proposes new legislative measures to address gaps and enhance support for autistic individuals.
- Specific legal tools are identified to protect the rights of autistic individuals and ensure compliance with the strategy.

• 🍱 Australia:

 The strategy is aligned with national policies and international obligations, such as the UN CRPD. However, it could benefit from more detailed legal provisions and tools specific to autism.

Continuous Improvement

• 📕 👅 Michigan:

 Emphasizes the need for continuous improvement through regular reviews, stakeholder feedback, and incorporation of new research findings. The strategy includes mechanisms for updating and revising the plan based on emerging needs and evidence.

Australia:

 The strategy also highlights the importance of continuous improvement, proposing regular reviews and updates. Ensuring robust mechanisms for incorporating feedback and new evidence will be critical.

International Collaboration

• Michigan:

 Encourages collaboration with other states and international partners to share best practices, research findings, and innovative approaches to supporting autistic individuals.

Australia:

 The strategy advocates for international collaboration, emphasizing the importance of learning from global best practices and engaging in international research initiatives.



B2: Identification of Additional Strategy Needs

1. Early Intervention and Diagnosis

Michigan:

- o The strategy emphasizes the importance of early diagnosis and intervention, proposing specific programs and funding to support these services. It highlights the need for early screening in medical and educational settings and provides guidelines for early intervention programs.
- o Proposes collaboration with pediatricians, early childhood educators, and healthcare providers to ensure timely and accurate diagnosis.

Australia:

- o While early intervention and diagnosis are addressed, the strategy could benefit from more detailed guidelines and funding commitments to enhance early screening and intervention programs.
- o Increasing collaboration with healthcare providers and educational institutions to streamline early diagnosis processes would be beneficial.

2. Transition Planning

Michigan:

- o Focuses on transition planning from school to adulthood, including vocational training, higher education, and independent living. The strategy outlines specific programs to support transitions at various life stages, ensuring continuity of care and
- o Proposes partnerships with vocational training centers, colleges, and employers to create pathways for autistic individuals.

Australia:

- o Transition planning is mentioned, but more comprehensive details and structured programs would enhance support for autistic individuals transitioning to adulthood.
- Developing partnerships with educational institutions and employers to create seamless transition pathways is essential.

3. Technology and Innovation

Michigan:

 Emphasizes the use of technology and innovative practices to support autistic individuals. This includes the development of assistive technologies, online platforms for support and resources, and virtual learning tools.

o Proposes funding for research and development of new technologies to enhance the quality of life for autistic individuals.

• 🏧 Australia:

- The strategy touches on the role of technology but could expand its focus on leveraging technology and innovation. Detailed plans and funding for developing and implementing assistive technologies would strengthen the strategy.
- Encouraging research and collaboration with tech companies to create new solutions is recommended.

4. Community and Social Inclusion

• 📕 👅 Michigan:

- Highlights the importance of community integration and social inclusion. The strategy proposes community programs, social skills training, and public awareness campaigns to foster an inclusive society.
- Specific initiatives are outlined to increase public understanding and acceptance of autism.

Australia:

- Community and social inclusion are key components, but more detailed initiatives and programs would enhance these efforts. Structured public awareness campaigns and community programs are needed to promote inclusion.
- Collaborating with community organizations and advocacy groups to implement these initiatives is crucial.

5. Mental Health and Well-being

• Michigan:

- The strategy addresses mental health and well-being comprehensively, proposing specific mental health services, counseling, and support for autistic individuals. It includes initiatives to train mental health professionals in autism-specific approaches.
- Emphasizes the need for mental health screenings and integrating mental health care into overall autism support services.

Australia:

- Mental health is a significant focus, but more specific initiatives and training for mental health professionals in autism-specific approaches would be beneficial.
- Implementing regular mental health screenings and integrating these services into the broader support framework is recommended.

6. Crisis Management and Emergency Services

• Michigan:

- o Proposes detailed crisis management plans and training for emergency services to address the unique needs of autistic individuals. This includes developing protocols and providing training to first responders and emergency personnel.
- o Emphasizes the importance of creating safe environments and having clear procedures in place for crisis situations.

Australia:

- Crisis management and emergency services are mentioned, but more detailed plans and training programs for emergency services are needed. Developing specific protocols and providing autism-specific training to first responders would enhance these efforts.
- Establishing safe environments and clear procedures for crisis situations is critical.

7. Research and Data Collection

Michigan:

- o The strategy emphasizes the importance of ongoing research and data collection to inform policies and practices. It proposes partnerships with academic institutions and research organizations to gather data and conduct studies on autism.
- Specific funding is allocated for research initiatives to improve understanding and support for autistic individuals.

Australia:

- o Research and data collection are integral to the strategy, but more detailed plans and funding commitments for these initiatives would strengthen the approach. Partnering with academic institutions and research organizations is essential to enhance evidence-based practices.
- o Allocating specific funding for research and data collection initiatives is recommended.





C: Additional, Particular Criteria of Comparisons

Technological Integration and Digital Accessibility

🌉 🔟 Michigan:

- o The strategy emphasizes the use of technology to support autistic individuals, including the development of assistive technologies and online platforms for community interaction and resource sharing.
- o Proposes specific funding for research and development of new technologies, and the integration of virtual tools for therapy and support services.
- o Focuses on ensuring digital accessibility for all, providing training for educators and caregivers on the use of technology to support autistic individuals.

🏧 Australia:

- o The strategy mentions the role of technology but could benefit from a more detailed focus on leveraging technology and innovation.
- o Expanding the focus on assistive technologies, online platforms, and virtual tools for therapy would enhance support.
- o Detailed plans and funding for the development and implementation of digital tools and ensuring digital accessibility across services are needed.

Crisis Management and Emergency Services

Michigan:

- o Detailed crisis management plans and training programs for emergency services to address the unique needs of autistic individuals are outlined.
- o Includes the development of specific protocols and training for first responders and emergency personnel.
- o Emphasizes the importance of creating safe environments and having clear procedures in place for crisis situations.

Australia:

- o Crisis management and emergency services are mentioned, but more detailed plans and training programs for emergency services are needed.
- o Developing specific protocols and providing autism-specific training to first responders would enhance these efforts.
- Establishing safe environments and clear procedures for crisis situations is critical.

Cultural Competency and Inclusivity

Michigan:

- o Highlights the importance of cultural competency in service delivery, proposing specific training for service providers to ensure cultural sensitivity.
- o Emphasizes the need to address racial and ethnic disparities in the diagnosis and treatment of autism.
- o Proposes public awareness campaigns and community programs to promote inclusivity and cultural understanding.

Australia:

- o There is a strong emphasis on cultural competency and inclusivity, addressing the needs of individuals from diverse cultural backgrounds.
- o More detailed initiatives and training programs for service providers to ensure cultural sensitivity are recommended.
- o Public awareness campaigns and community programs to promote inclusivity are crucial.

Policy Consistency and Coordination Across Levels of Government

Michigan:

- o The strategy emphasizes the importance of coordination and consistency across state and local levels, proposing specific frameworks for collaboration between different government bodies.
- o Includes detailed plans for integrating services and policies at various levels of government to ensure cohesive support.

Australia:

- o The strategy addresses policy consistency and coordination across levels of government but could benefit from more detailed frameworks and plans.
- o Enhancing coordination and integration of services at national, regional, and local levels is essential to create a unified approach.

Public and Private Sector Roles

Michigan:

- o Emphasizes the roles of both public and private sectors in providing services and funding for autism support.
- o Proposes partnerships with non-governmental organizations, private companies, and community groups to enhance service delivery and funding mechanisms.

🏧 Australia:

- o The strategy mentions the roles of public and private sectors but could provide more detailed plans for partnerships and collaboration.
- o Developing specific frameworks for public-private partnerships and funding mechanisms would strengthen the strategy.

Sustainability of Services

Michigan:

- o Focuses on the sustainability of services, proposing long-term funding commitments and policy support to ensure continuity of care.
- o Includes plans for scaling successful initiatives and integrating them into the broader support framework.

Australia:

- Sustainability of services is addressed, but more detailed plans and funding commitments would enhance the strategy.
- o Ensuring long-term policy support and scalability of successful initiatives is crucial for sustained impact.

Impact Measurement and Strategy Evaluation

Michigan:

- o The strategy includes detailed plans for measuring the effectiveness of autism support services, proposing specific performance indicators and feedback mechanisms.
- o Emphasizes the importance of regular updates and revisions based on new data and research findings.

Australia:

- o Impact measurement and strategy evaluation are integral components, but more specific performance indicators and feedback mechanisms would strengthen the approach.
- o Regular updates and revisions based on new data and community feedback are recommended.



D: Respect and Representation in Autism

Strategies

Use of Identity-First Language

Michigan:

- o The strategy uses a mix of person-first and identity-first language, but leans more towards person-first language such as "individuals with autism."
- o The term "ASD" (Autism Spectrum Disorder) is used frequently, which may not align with the preferences of all autistic individuals.
- o Efforts are made to use respectful and inclusive language, though there is room for improvement in consistently using identity-first language.

Australia:

- The strategy predominantly uses identity-first language, referring to "autistic" individuals."
- o Avoids stigmatizing terms like "disorder" and the acronym "ASD", aligning with the preferences of many within the autistic community.
- o Consistently uses respectful and inclusive language, setting a positive example for how autism is represented.

Portrayal of Autism and Respect for Autistic Nature

- o The portrayal of autism is generally respectful, focusing on the strengths and abilities of autistic individuals.
- o The strategy emphasizes the importance of understanding and accepting neurodiversity, promoting a positive view of autism.

o However, some sections could benefit from a stronger emphasis on the unique contributions of autistic individuals.

🏧 Australia:

- o The strategy portrays autism in a positive light, highlighting the strengths and contributions of autistic individuals.
- o Emphasizes the importance of neurodiversity and the value of accepting and supporting autistic people.
- Consistently respects the autistic nature and avoids pathologizing language, reinforcing a positive and inclusive perspective.

Presence of Normalization Tactics like ABA

Michigan:

- o The strategy includes references to Applied Behavior Analysis (ABA) as a recommended intervention for autism.
- o ABA is presented as one of several evidence-based practices, but there is a lack of critical discussion on the potential drawbacks and controversy surrounding ABA.
- o The strategy could benefit from incorporating a broader range of perspectives and interventions, respecting the diverse needs and preferences of autistic individuals.

Australia:

- o The strategy avoids endorsing controversial normalization tactics like ABA.
- o Focuses on a wide range of evidence-based practices that respect the autonomy and preferences of autistic individuals.
- o Emphasizes supportive interventions that align with the principles of neurodiversity and self-determination.



E: Comparative Analysis of Methodologies

Community Involvement and Stakeholder Engagement

Michigan:

- o The strategy emphasizes collaboration with various stakeholders, including autistic individuals, families, service providers, and advocacy organizations.
- o Regular feedback is sought through public forums, surveys, and advisory committees to ensure diverse perspectives are included in the strategy development and implementation.
- o The plan highlights the importance of ongoing community engagement to adapt to emerging needs and challenges.

Australia:

Extensive stakeholder engagement is a cornerstone of the strategy, with consultations involving autistic individuals, their families, advocacy groups, and service providers.

- The strategy employs multiple channels for feedback, including public consultations, surveys, and focus groups, ensuring a wide range of voices are heard.
- Continuous engagement is emphasized, with mechanisms in place for regular updates and revisions based on community input.

Evidence-Based Practices and Research

• 📕 🖪 Michigan:

- The strategy is grounded in evidence-based practices, with a strong emphasis on interventions that have been scientifically validated.
- There is a focus on incorporating the latest research findings into practice, with partnerships with academic institutions and research organizations.
- The plan includes provisions for ongoing training and professional development to ensure that service providers are equipped with the latest knowledge and skills.

Australia:

- The strategy prioritizes evidence-based practices, ensuring that all interventions and supports are grounded in robust scientific research.
- o It emphasizes the importance of continuous research and innovation, with dedicated resources for autism research and partnerships with academic institutions.
- Regular training and professional development for service providers are highlighted to maintain high standards of care and support.

Implementation and Coordination

• 🏴 📧 Michigan:

- The strategy outlines a detailed implementation plan, with specific roles and responsibilities assigned to various stakeholders.
- Coordination between state agencies, local organizations, and service providers is emphasized to ensure seamless delivery of services.
- The plan includes timelines and milestones to track progress and ensure accountability.

• Australia:

- The strategy provides a comprehensive implementation framework, detailing the roles and responsibilities of different stakeholders.
- Coordination across federal, state, and local levels is a key focus, with mechanisms for integrated service delivery and policy alignment.
- Specific timelines and performance indicators are included to monitor progress and ensure accountability.

Monitoring and Evaluation

• Michigan:

 The strategy includes provisions for regular monitoring and evaluation to assess the effectiveness of interventions and supports.

- o Performance indicators and benchmarks are established to track progress and identify areas for improvement.
- o Feedback mechanisms are in place to incorporate input from the autistic community and other stakeholders in the evaluation process.

🏧 Australia:

- o A robust monitoring and evaluation framework is integral to the strategy, with clear performance indicators and regular reporting requirements.
- o Continuous feedback from the autistic community and other stakeholders is emphasized to ensure the strategy remains responsive to their needs.
- o Regular reviews and updates are planned to incorporate new research findings and address emerging challenges.

Resource Allocation and Funding

Michigan:

- o The strategy outlines funding mechanisms and resource allocation to support the implementation of various initiatives.
- o It emphasizes the importance of sustainable funding and explores different funding sources, including state, federal, and private sector contributions.
- o Specific budget allocations are detailed for key areas such as education, healthcare, and community support services.

🔤 Australia:

- o The strategy includes detailed funding and resource allocation plans to ensure the sustainability of initiatives.
- o It explores multiple funding sources, including government budgets, grants, and private sector partnerships.
- o Clear budget allocations are provided for different areas, with provisions for ongoing financial oversight and accountability.



🔤 👉 Key Differences Compared with Michigan (USA):

🌌 🤣 Primary Differences:

Scope and Coverage: Michigan focuses on immediate needs like healthcare, education, and social inclusion, while Australia's strategy has a comprehensive scope covering healthcare, education, employment, social inclusion, and more.

Stakeholder Engagement: Australia's extensive stakeholder engagement includes detailed consultations with autistic individuals, families, advocacy groups, and service providers, ensuring diverse perspectives, whereas Michigan's engagement, though strong, is less extensive.

- **Evidence-Based Practices:** Australia prioritizes evidence-based practices with dedicated resources for autism research and continuous innovation, ensuring interventions are scientifically validated.
- Secondary Differences:
 - **Implementation and Coordination:** Michigan has a detailed implementation plan with specific roles, responsibilities, timelines, and milestones, emphasizing coordination between state agencies, local organizations, and service providers. Australia's strategy, while comprehensive, could benefit from more detailed implementation plans.
 - **Monitoring and Evaluation:** Michigan includes regular monitoring and evaluation with performance indicators and community feedback, while Australia has a robust framework but could include more specific performance indicators.
 - **Resource Allocation:** Michigan outlines sustainable funding mechanisms and specific budget allocations for key areas. Australia's strategy could provide clearer guidelines on resource allocation and funding mechanisms.
- Strengths of Australia's Strategy Compared with Michigan:
- 🔤 🙎 🖇 Primary Strengths:
 - **Comprehensive Coverage:** Australia's strategy covers a wide range of areas, ensuring holistic support for autistic individuals.
 - **Extensive Stakeholder Engagement:** Involves detailed consultations with diverse stakeholders, ensuring that various perspectives are considered.
 - **Focus on Cultural Competency:** Addresses the needs of individuals from diverse cultural backgrounds, promoting inclusivity and cultural sensitivity.
- Secondary Strengths:
 - **Detailed Implementation and Monitoring Frameworks:** Includes clear roles, responsibilities, timelines, and performance indicators to ensure effective implementation and accountability.
 - **Integration with Social Services:** Australia's strategy is highly integrated within broader social and disability services, enhancing efficiency in service delivery.
 - **Emphasis on Evidence-Based Practices:** Ensures that all interventions and supports are grounded in robust scientific research and continuous innovation.
- Apparent Gaps in Australia's Strategy Compared with Michigan:
- \[
 \int \rangle \Lambda \text{\Delta} Primary Apparent Gaps:
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- **Implementation Details:** Australia's strategy could benefit from more detailed implementation plans with specific timelines, roles, and responsibilities to ensure effective execution.
- **Integration with Regional Policies:** Ensuring consistency and integration with regional and local policies could be strengthened to create a more unified approach across all levels of government.
- **Resource Allocation:** Australia's strategy could provide clearer guidelines on resource allocation and funding mechanisms to support various initiatives.
- Secondary Apparent Gaps:
 - **Addressing Emerging Needs:** Continual assessment and addressing of emerging needs and challenges faced by autistic individuals are necessary to keep the strategy relevant and effective over time.
 - **Technological Integration:** While mentioned, the strategy could expand its focus on leveraging technology and innovation for better support.
 - **Emergency Preparedness:** More detailed emergency preparedness plans and training programs for emergency services are needed to enhance the strategy.
- Suggestions for Enhancements to Australia's Strategy:
- Primary Suggestions:
 - **Develop Detailed Implementation Plans:** Create more detailed implementation plans for each initiative, outlining specific timelines, roles, responsibilities, and potential challenges to ensure effective execution.
 - **Strengthen Integration with Regional Policies:** Enhance coordination with regional and local policies to create a cohesive and unified approach across all levels of government.
 - **Provide Clearer Resource Allocation Guidelines:** Establish clearer guidelines on resource allocation and funding mechanisms to ensure all initiatives have the necessary financial support.
- Secondary Suggestions:
 - **Focus on Emerging Needs and Continuous Improvement:** Implement mechanisms for continually assessing and addressing emerging needs and challenges faced by autistic individuals, incorporating feedback from autistic individuals and their families.
 - **Expand Cultural Competency Initiatives:** Further enhance efforts to address the needs of individuals from diverse cultural backgrounds by developing targeted cultural competency training for service providers.

Enhance Technological Integration: Expand the focus on leveraging technology and innovation by developing and implementing assistive technologies and virtual tools for therapy.

Additional Strategic Insights:

Policy Integration and Governance: Enhance the governance structure to ensure comprehensive oversight and coordinated implementation across various government levels, similar to Michigan's detailed framework.

Emergency Preparedness and Flexibility: Develop detailed emergency preparedness plans and training programs for emergency services to address the unique needs of autistic individuals.

[SE] Sweden - 'National **Guidelines for ADHD and Autism'**

Here is a comparison between the Australian Draft National Autism Strategy and the Swedish National Guidelines for ADHD and Autism, considering the Swedish document is a set of national quidelines rather than a formal strategy document.

A1: Comprehensive Analysis of Topics Related to the **Needs of Autistic People**

1. Autism-Friendly Accessibility Everywhere (Social and Sensory) (in particular in public places and transportation (including stores and residential neighborhoods))

Sweden:

The Swedish guidelines emphasize the need for environmental adaptations in public places to accommodate autistic individuals and persons with ADHD. This includes minimizing sensory overload and ensuring accessibility in various social settings. Specific recommendations include the use of quiet rooms, sensory-friendly environments, and clear signage to help individuals navigate public spaces more comfortably.

🏧 Australia:

The Australian strategy highlights the importance of creating inclusive environments, specifically focusing on reducing sensory triggers in public spaces. It discusses the need for training staff in public places to recognize and accommodate autistic individuals' needs. Recommendations include the development of sensory-friendly public spaces, transportation, and residential neighborhoods, ensuring that environments are adaptable to the sensory needs of autistic individuals.

2. Detection of Autism

Sweden:

Early identification and intervention are key focuses of the Swedish guidelines. The document outlines the importance of regular screenings in healthcare and educational settings to detect autism early. It emphasizes the role of primary healthcare providers in recognizing early signs and symptoms of autism and refers individuals for further assessment and diagnosis.

🏧 Australia:

Australia's strategy also stresses early detection through comprehensive screening programs in various settings, including healthcare, early childhood education, and schools. It emphasizes the importance of developing standardized screening tools and training professionals to identify early signs of autism, ensuring timely referrals for diagnostic assessments.

3. Education and Social Skills

Sweden:

The Swedish guidelines advocate for individualized education plans (IEPs) tailored to the specific needs of autistic students. These plans should include strategies for enhancing social skills and communication. There is an emphasis on providing support within mainstream education systems and ensuring teachers receive training on autism-specific teaching methods and interventions.

🏧 Australia:

The Australian strategy also promotes individualized education plans and supports within mainstream education. It highlights the need for specialized training for educators to understand and address the unique needs of autistic students. The strategy includes initiatives for developing social skills programs and peer support networks within schools to foster social inclusion and skill development.

4. Training of Parents and Carers

Sweden:

Training for parents and carers is a significant component of the Swedish guidelines. The document recommends providing psychoeducation and support groups for families to help them understand and manage autism-related challenges. It suggests creating accessible resources and workshops to empower parents and carers with knowledge and skills to support their children effectively.

Australia:

The Australian strategy similarly emphasizes the importance of training and supporting parents and carers. It includes plans for developing educational resources, workshops, and support networks to assist families in understanding autism and implementing effective support strategies at home. There is a focus on collaboration between service providers and families to ensure consistent and comprehensive support for autistic individuals.

5. Awareness of Society and Public Servants

Sweden:

Raising awareness about autism within society and among public servants is a key goal in the Swedish guidelines. The document advocates for public awareness campaigns to reduce stigma and increase understanding of autism. It recommends training programs for public servants, including

healthcare professionals, educators, and social workers, to improve their knowledge and skills in supporting autistic individuals.

🏧 Australia:

The Australian strategy includes comprehensive awareness campaigns aimed at promoting acceptance and understanding of autism across society. It highlights the importance of involving autistic individuals in these campaigns to ensure authentic representation. Specific initiatives include mandatory training for public servants and the development of resources to educate the general public about autism and neurodiversity.

6. Assistance Services Adapted to Autism

Sweden:

The Swedish guidelines emphasize the need for specialized assistance services tailored to the unique needs of autistic individuals. This includes access to occupational therapy, speech therapy, and behavioral interventions. It recommends creating multidisciplinary teams to provide coordinated and holistic support to individuals and their families.

🏧 Australia:

Australia's strategy also focuses on developing specialized assistance services for autistic individuals. It highlights the importance of person-centered planning and the availability of a range of therapeutic interventions to support various aspects of life. The strategy advocates for the integration of services across healthcare, education, and social support systems to provide comprehensive and continuous care.

7. Individual Assistants

Sweden:

The Swedish guidelines propose the provision of individual assistants for autistic individuals who require personalized support. These assistants can help with daily activities, communication, and social integration. It suggests that assistants should receive specialized training to understand and address the specific needs of autistic individuals effectively.

🍱 Australia:

The Australian strategy emphasizes the role of individual support workers in providing tailored assistance to autistic individuals. It includes initiatives for training and certifying support workers to ensure high-quality and consistent support. There is a focus on ensuring that support workers can assist with a wide range of needs, from daily living skills to social and emotional support.

8. Peer-Support

Sweden:

The Swedish guidelines advocate for the establishment of peer-support networks to provide social connections and mutual support among autistic individuals. These networks can offer valuable opportunities for sharing experiences and strategies. It recommends facilitating peer-support groups within schools, community centers, and online platforms to enhance social integration and well-being.

🏧 Australia:

Australia's strategy also promotes peer-support initiatives to foster community and connection among autistic individuals. It highlights the benefits of peer mentoring and support groups in providing emotional and practical assistance. The strategy includes plans for developing peersupport programs within educational institutions and community organizations to support autistic individuals and their families.

9. Housing and Independent Living

Sweden:

The Swedish guidelines emphasize the importance of providing suitable housing options and support for independent living. This includes creating accessible and safe living environments tailored to the needs of autistic individuals. It advocates for coordinated support services to assist with daily living skills, financial management, and community integration.

Australia:

The Australian strategy similarly focuses on housing and independent living support. It includes initiatives for developing autism-friendly housing projects and providing resources to support independent living skills. The strategy emphasizes the importance of person-centered planning to ensure that housing and support services meet the individual needs and preferences of autistic individuals.

10. Employment (or Allowances)

Sweden:

Employment support is a key area in the Swedish guidelines. The document advocates for tailored employment programs that consider the strengths and challenges of autistic individuals. It includes recommendations for providing vocational training, job coaching, and workplace accommodations to facilitate successful employment outcomes.

🏧 Australia:

The Australian strategy also highlights the importance of employment support for autistic individuals. It includes plans for developing inclusive employment programs and providing financial incentives for employers to hire autistic individuals. The strategy emphasizes the need for workplace training and accommodations to create supportive and inclusive employment environments.

11. Health, Nutrition, Physical Activities, and Sports

Sweden:

The Swedish guidelines emphasize the importance of promoting health and well-being through nutrition, physical activities, and sports. It includes recommendations for creating accessible fitness programs and promoting healthy lifestyles. It suggests providing tailored support to help autistic individuals engage in physical activities and maintain a balanced diet.

🏧 Australia:

Australia's strategy also focuses on health and well-being, highlighting the need for inclusive health and fitness programs. It includes initiatives for promoting physical activities and sports participation among autistic individuals. The strategy advocates for the development of nutrition programs and resources to support healthy eating habits and overall well-being.

12. Friendly and Affective Relationships (Including Sexual)

Sweden:

The Swedish guidelines address the importance of supporting autistic individuals in developing and maintaining healthy relationships. This includes providing education on social skills, communication, and relationship building. It emphasizes the need for comprehensive sex education that is accessible and tailored to the needs of autistic individuals.

🏧 Australia:

The Australian strategy also includes initiatives for supporting relationships and social connections. It highlights the importance of providing education on healthy relationships and consent. The strategy includes plans for developing resources and programs to help autistic individuals navigate social and romantic relationships.

13. Leisure, Travels, Experiences, Special Interests, Creativity, Flourishing of Autistic People

Sweden:

The Swedish guidelines promote the inclusion of autistic individuals in leisure activities, travel, and creative pursuits. It includes recommendations for creating accessible leisure programs and

supporting special interests and hobbies. It emphasizes the importance of providing opportunities for autistic individuals to engage in activities that bring joy and fulfillment.

🏧 Australia:

Australia's strategy also focuses on promoting leisure and recreational activities. It includes initiatives for developing inclusive travel programs and supporting creative pursuits. The strategy highlights the benefits of encouraging special interests and hobbies as a way to enhance well-being and personal growth.

14. Connection with Nature (Including Animals)

Sweden:

The Swedish guidelines recognize the therapeutic benefits of nature and animals for autistic individuals. It includes recommendations for promoting outdoor activities and animal-assisted therapies. It suggests creating programs that facilitate interactions with nature and animals to enhance well-being and reduce stress.

🏧 Australia:

Australia's strategy also emphasizes the connection with nature and animals. It includes initiatives for developing nature-based programs and promoting animal-assisted therapies. The strategy highlights the positive impact of nature and animals on mental health and well-being for autistic individuals.

15. Protection Against Stigma, Bullying, Mistreatment, and Abuse

Sweden:

The Swedish guidelines include measures for protecting autistic individuals from stigma, bullying, and abuse. It emphasizes the importance of raising awareness and providing education to reduce stigma and promote acceptance. It includes recommendations for creating safe and supportive environments in schools, workplaces, and community settings.

Australia:

Australia's strategy also prioritizes the protection of autistic individuals from stigma, bullying, and abuse. It includes comprehensive anti-bullying programs and public awareness campaigns to combat stigma. The strategy emphasizes the importance of creating safe and inclusive environments and includes measures for reporting and addressing incidents of bullying and abuse.

16. Personal Security (Especially Against the Risk of Getting Lost), Protection, and Defense (Against Other People)

Sweden:

The Swedish guidelines highlight the importance of personal security for autistic individuals, including measures to prevent them from getting lost and to protect them from harm. It recommends the use of technology, such as GPS tracking devices, and the development of protocols for quickly locating individuals who may wander.

🏧 Australia:

Australia's strategy also addresses personal security concerns, including the risk of getting lost and protection from harm. It includes initiatives for developing safety protocols and using technology to enhance personal security. The strategy emphasizes collaboration with law enforcement and emergency services to ensure the safety and well-being of autistic individuals.

17. Protection Against Depression and Suicide

Sweden:

The Swedish guidelines include measures for supporting mental health and preventing depression and suicide among autistic individuals. It emphasizes the importance of early intervention and access to mental health services. It recommends training for healthcare providers to recognize and address mental health issues in autistic individuals.

🏧 Australia:

Australia's strategy prioritizes mental health support and suicide prevention. It includes initiatives for developing mental health programs tailored to the needs of autistic individuals. The strategy emphasizes the importance of early intervention, access to mental health services, and training for professionals to support the mental well-being of autistic individuals.

18. Protection Against the Risk of Deprivation of Liberty (in **Institutions or Hospitals) or Forced Treatments**

Sweden:

The Swedish guidelines advocate for the rights of autistic individuals to live independently and avoid unnecessary institutionalization or forced treatments. It emphasizes the importance of person-centered care and support. It includes recommendations for developing community-based services and supports to prevent the need for institutional care.

🏧 Australia:

Australia's strategy also emphasizes the rights of autistic individuals to live independently and avoid unnecessary institutionalization. It includes measures for developing community-based services and supports. The strategy advocates for person-centered care and the protection of the rights and autonomy of autistic individuals.

19. Healthcare and Emergencies

Sweden:

The Swedish guidelines emphasize the importance of accessible healthcare and emergency services for autistic individuals. It includes recommendations for training healthcare providers to understand and address the unique needs of autistic patients. It suggests developing protocols for providing emergency care that is sensitive to the sensory and communication needs of autistic individuals.

🏧 Australia:

Australia's strategy focuses on improving healthcare and emergency services for autistic individuals. It includes initiatives for training healthcare providers and developing protocols for emergency care. The strategy emphasizes the importance of accessibility, sensitivity, and coordination in providing healthcare and emergency services to autistic individuals.

20. Aging and Autonomy

Sweden:

The Swedish guidelines address the needs of aging autistic individuals, emphasizing the importance of supporting autonomy and independence throughout the lifespan. It includes recommendations for developing services and supports for older autistic adults. It advocates for creating ageappropriate programs and resources to support the aging autistic population.

🏧 Australia:

Australia's strategy also focuses on the needs of aging autistic individuals. It includes initiatives for developing services and supports to promote autonomy and independence for older autistic adults. The strategy emphasizes the importance of planning and providing resources to support the aging autistic population.

21. Empowerment Advocacy

Sweden:

The Swedish guidelines emphasize the importance of empowerment and advocacy for autistic individuals. It includes recommendations for creating advocacy programs and supporting selfadvocacy efforts. It suggests developing resources and training programs to empower autistic individuals to advocate for their rights and needs.

🏧 Australia:

Australia's strategy also highlights the importance of empowerment and advocacy. It includes initiatives for developing advocacy programs and supporting self-advocacy efforts. The strategy emphasizes the need for resources and training to empower autistic individuals and their families to advocate for their rights and needs.

22. Respect of the UN CRPD

Sweden:

The Swedish guidelines align with the principles of the UN Convention on the Rights of Persons with Disabilities (CRPD). It emphasizes the importance of respecting the rights and dignity of autistic individuals. It includes recommendations for implementing policies and practices that align with the CRPD.

🏧 Australia:

Australia's strategy also aligns with the principles of the UN CRPD. It emphasizes the importance of respecting the rights and dignity of autistic individuals. The strategy includes initiatives for implementing policies and practices that align with the CRPD to promote the rights and inclusion of autistic individuals.

23. Effective Access to Justice

Sweden:

The Swedish guidelines highlight the importance of ensuring effective access to justice for autistic individuals. It includes recommendations for training legal professionals to understand and address the unique needs of autistic individuals. It suggests developing protocols and resources to support autistic individuals in legal proceedings.

Australia:

Australia's strategy also emphasizes effective access to justice for autistic individuals. It includes initiatives for training legal professionals and developing resources to support autistic individuals in the justice system. The strategy advocates for creating accessible and supportive legal environments to ensure the rights of autistic individuals are upheld.



A2: Identification of Additional Relevant Topics

1. Family Support Services

Sweden:

The Swedish guidelines include a focus on providing comprehensive support services for families of autistic individuals. This encompasses not only training and education for parents and carers but also respite care services to alleviate the stress and burden on families.

Australia:

While the Australian strategy does include support for parents and carers, the emphasis on family support services, particularly respite care, is less pronounced. This is an area that could benefit from further development to provide holistic support to families.

2. Transition Planning

Sweden:

The Swedish guidelines emphasize the importance of transition planning for autistic individuals as they move through different stages of life. This includes planning for transitions from school to work, and from living at home to independent living arrangements.

Australia:

Australia's strategy touches on transitions but does not provide as detailed a framework for transition planning across the lifespan. Enhancing this aspect could ensure smoother transitions and better long-term outcomes for autistic individuals.

3. Crisis Intervention and Management

Sweden:

Crisis intervention is a highlighted component in the Swedish guidelines. It includes detailed protocols for managing crises, including mental health crises, and ensures that emergency services are well-equipped to respond to the needs of autistic individuals.

Australia:

Although the Australian strategy addresses crisis management, it lacks the detailed protocols and comprehensive approach found in the Swedish guidelines. Developing more robust crisis intervention strategies could improve responses to emergencies involving autistic individuals.

4. Research and Innovation

Sweden:

The Swedish guidelines include a focus on promoting research and innovation in autism support and interventions. This includes funding for research projects and encouraging the development of new, evidence-based practices and technologies.

Australia:

While the Australian strategy is grounded in evidence-based practices, there is less emphasis on actively promoting research and innovation. Increasing investment in research and fostering innovation could lead to improved interventions and supports for autistic individuals.

5. Collaboration with Neurodiversity Advocacy Groups

Sweden:

The Swedish guidelines emphasize collaboration with neurodiversity advocacy groups to ensure that the voices of autistic individuals are heard and incorporated into policy and practice.

🏧 Australia:

The Australian strategy involves stakeholder consultations but could benefit from more structured and continuous collaboration with neurodiversity advocacy groups to enhance representation and inclusion in policy development.

By addressing these additional relevant topics, the Australian National Autism Strategy could further enhance its comprehensiveness and effectiveness in supporting the needs of autistic individuals and their families.



B1: Analysis of Strategy Frameworks

Close consultation and active participation of the autistic people or their families:

Sweden:

The Swedish guidelines emphasize the involvement of autistic individuals and their families in the development and implementation of autism strategies. This includes consultations, feedback sessions, and active participation in decision-making processes to ensure that the diverse needs of the autistic community are accurately represented and addressed.

🏧 Australia:

The Australian strategy also prioritizes stakeholder engagement, including consultations with autistic individuals, their families, and advocacy organizations. It highlights the importance of inclusive and representative feedback to inform policy decisions. However, the strategy could benefit from more detailed mechanisms to ensure ongoing and comprehensive participation throughout the implementation phase.

Implementation details:

Sweden:

Sweden's guidelines provide clear implementation details, outlining specific actions, timelines, and responsible parties for each initiative. This structured approach ensures accountability and facilitates the effective execution of the strategy.

🏧 Australia:

The Australian strategy outlines broad implementation plans but lacks detailed timelines and specific roles for responsible parties. Developing more concrete implementation details could enhance the strategy's effectiveness and ensure timely execution of initiatives.

Who will be in charge of implementing the Strategy? Is there a special administrative body dedicated for autism?

Sweden:

In Sweden, the implementation of autism guidelines is overseen by specialized administrative bodies, including health and social services agencies. These bodies are responsible for coordinating efforts, monitoring progress, and ensuring that the guidelines are adhered to across different sectors.

🏧 Australia:

The Australian strategy identifies key governmental and non-governmental organizations involved in the implementation process but does not specify a single dedicated administrative body for autism. Establishing a central coordinating body could streamline efforts and improve coordination among various stakeholders.

Monitoring and accountability:

Sweden:

The Swedish guidelines include robust monitoring and accountability mechanisms. This involves regular evaluations, progress reports, and performance reviews to ensure that objectives are being met and to identify areas for improvement.

🏧 Australia:

The Australian strategy includes monitoring and accountability measures, such as performance indicators and periodic reviews. However, these measures could be enhanced by incorporating more frequent and detailed evaluations to track progress more effectively and make necessary adjustments.

SMART criteria:

Sweden:

Sweden's guidelines employ SMART (Specific, Measurable, Achievable, Relevant, Time-bound) criteria for setting goals and objectives. This approach ensures that the initiatives are clear, attainable, and time-sensitive, facilitating better tracking and evaluation.

Australia:

The Australian strategy outlines goals and objectives but could benefit from a stronger emphasis on the SMART criteria to enhance clarity and measurability. Incorporating these criteria more explicitly could improve the strategy's focus and accountability.

Legal framework and tools:

Sweden:

The Swedish guidelines are supported by a robust legal framework that mandates the provision of specific services and supports for autistic individuals. This legal backing ensures that the guidelines are enforceable and that there are clear legal obligations for service providers.

Australia:

The Australian strategy is informed by existing disability legislation but could benefit from more explicit legal frameworks specific to autism. Developing dedicated autism legislation could strengthen the strategy's enforceability and provide clearer legal protections for autistic individuals.

Continuous improvement:

Sweden:

Continuous improvement is a key component of the Swedish guidelines, with mechanisms in place for regular updates and revisions based on new research findings and stakeholder feedback. This ensures that the guidelines remain relevant and effective over time.

Australia:

The Australian strategy includes provisions for periodic reviews and updates but could enhance its continuous improvement mechanisms by establishing more frequent and structured review processes. This would ensure that the strategy adapts to emerging needs and incorporates the latest research.

International collaboration:

Sweden:

Sweden's guidelines highlight the importance of international collaboration, including partnerships with global organizations and participation in international research initiatives. This fosters the exchange of best practices and ensures that Sweden's autism strategies are informed by global developments.

Australia:

The Australian strategy acknowledges the value of international collaboration but could strengthen its efforts by actively pursuing more international partnerships and research collaborations. This would enhance the strategy's effectiveness by incorporating global best practices and innovations.

By analyzing these elements, we can identify areas where the Australian National Autism Strategy could be improved by adopting successful practices from the Swedish guidelines, ensuring a more comprehensive and effective approach to supporting autistic individuals and their families.





B2: Identification of Additional Strategy Needs

Collaboration with Educational Institutions:

Sweden:

The Swedish guidelines emphasize strong collaboration with educational institutions to ensure that autistic students receive appropriate support and accommodations throughout their educational journey. This includes training for educators, tailored learning plans, and integrated support services within schools.

🏧 Australia:

While the Australian strategy addresses education and support for autistic students, it could benefit from a more detailed framework for collaboration with educational institutions. Strengthening partnerships with schools, colleges, and universities and providing comprehensive training for educators would enhance the educational experiences and outcomes for autistic students.

Support for Transition to Adulthood:

Sweden:

Sweden's guidelines include detailed provisions for supporting autistic individuals during their transition to adulthood. This involves vocational training, employment support, and services to facilitate independent living.

🏧 Australia:

The Australian strategy addresses support for autistic individuals across the lifespan but could expand its focus on the transition to adulthood. Providing more structured programs for vocational training, employment support, and independent living skills would help autistic individuals navigate this critical life stage more effectively.

Parental and Caregiver Support:

Sweden:

The Swedish guidelines offer comprehensive support for parents and caregivers of autistic individuals, including training programs, respite care, and counseling services. This holistic approach ensures that families receive the necessary support to care for their autistic family members.

🏧 Australia:

While the Australian strategy includes support for parents and caregivers, it could benefit from more extensive programs similar to those in Sweden. Expanding training programs, respite care, and counseling services would provide more robust support for families and caregivers.

Crisis Intervention and Emergency Response:

Sweden:

Sweden's guidelines incorporate detailed crisis intervention and emergency response protocols specifically tailored to the needs of autistic individuals. This includes training for emergency responders and mental health professionals to handle crises effectively and sensitively.

🏧 Australia:

The Australian strategy addresses crisis management but could enhance its approach by developing more specialized crisis intervention and emergency response protocols. Training for emergency responders and mental health professionals on the unique needs of autistic individuals would improve the effectiveness of crisis interventions.

Integration with Healthcare Services:

Sweden:

The Swedish guidelines emphasize seamless integration with healthcare services to ensure that autistic individuals receive comprehensive medical care. This includes regular health check-ups, specialized medical support, and coordination between healthcare providers and autism support services.

🏧 Australia:

The Australian strategy highlights the importance of healthcare for autistic individuals but could strengthen its integration with healthcare services. Establishing more robust coordination between healthcare providers and autism support services would ensure that autistic individuals receive holistic and continuous medical care.

Community Awareness and Inclusion:

Sweden:

Sweden's guidelines include extensive community awareness and inclusion initiatives to foster understanding and acceptance of autistic individuals. This involves public awareness campaigns, community training programs, and initiatives to promote social inclusion.

🏧 Australia:

The Australian strategy addresses community awareness but could benefit from more comprehensive and sustained initiatives. Expanding public awareness campaigns, community training programs, and inclusion initiatives would promote greater understanding and acceptance of autistic individuals within society.

Technological and Digital Support:

Sweden:

Sweden's guidelines leverage technology to support autistic individuals, including digital resources, online platforms for community interaction, and virtual tools for therapy and support.

🏧 Australia:

The Australian strategy incorporates technological support but could enhance its efforts by adopting more innovative digital resources and virtual tools. Expanding the use of technology in providing support and services would improve accessibility and engagement for autistic individuals.

By identifying these additional strategy needs, we can enhance the Australian National Autism Strategy by incorporating successful elements from the Swedish guidelines, ensuring a more comprehensive and effective approach to supporting autistic individuals and their families.



C: Additional, Particular Criteria of Comparisons

Technological Integration and Digital Accessibility

Sweden:

The Swedish guidelines leverage advanced technology to support autistic individuals. They include digital resources, such as online platforms for community interaction and virtual tools for therapy and support. These resources are designed to enhance accessibility and provide remote support options, ensuring that individuals can access help regardless of their location.

🏧 Australia:

The Australian strategy also incorporates technological support but could benefit from adopting more innovative digital resources similar to Sweden's approach. By expanding the use of online platforms and virtual tools, Australia can improve the accessibility and engagement of autistic individuals, providing them with more comprehensive support.

Crisis Management and Emergency Services

Sweden:

Sweden's guidelines include detailed crisis management and emergency response protocols tailored to autistic individuals' needs. These protocols involve training for emergency responders and mental health professionals, ensuring they can handle crises effectively and sensitively.

🍱 Australia:

The Australian strategy addresses crisis management but can enhance its approach by developing more specialized crisis intervention protocols. Providing training for emergency responders and mental health professionals on the unique needs of autistic individuals will improve the effectiveness of crisis interventions and ensure a more sensitive response.

Cultural Competency and Inclusivity

Sweden:

The Swedish guidelines emphasize cultural competency and inclusivity, recognizing and integrating diverse cultural backgrounds within the autistic community. This includes ensuring language accessibility, cultural sensitivity in service delivery, and measures to combat racial and ethnic disparities in autism diagnosis and treatment.

🍱 Australia:

The Australian strategy highlights cultural competency but can expand its initiatives to match Sweden's comprehensive approach. By developing targeted training programs for service providers and ensuring all materials and resources are accessible and inclusive, Australia can better address the needs of individuals from diverse cultural backgrounds.

Policy Consistency and Coordination Across Levels of Government

Sweden:

Sweden's guidelines ensure policy consistency and coordination across national, regional, and local government levels. This involves coherent policies, integrated services, and collaboration between different government bodies to create a unified approach.

🏧 Australia:

The Australian strategy addresses policy consistency but can strengthen its integration with regional and local policies. By establishing clear communication channels and collaborative frameworks, Australia can create a cohesive and unified approach to supporting autistic individuals across all government levels.

Public and Private Sector Roles

Sweden:

Sweden's guidelines involve both the public and private sectors in providing services and support for autistic individuals. There are clear roles for each sector, with funding mechanisms and partnerships with non-governmental organizations to enhance service delivery.

🏧 Australia:

The Australian strategy includes public and private sector roles but can benefit from clearer guidelines on funding mechanisms and partnerships. By defining the roles of each sector and fostering collaborations with non-governmental organizations, Australia can improve the provision of services and support for autistic individuals.

Sustainability of Services

Sweden:

Sweden's guidelines focus on the sustainability of services, ensuring long-term funding, policy support, and the scalability of successful initiatives. This includes regular reviews and updates to keep the strategy relevant and effective.

🏧 Australia:

The Australian strategy addresses sustainability but can enhance its efforts by providing clearer guidelines on long-term funding and policy support. By ensuring the scalability of successful initiatives and conducting regular reviews, Australia can maintain the strategy's effectiveness over time.

Impact Measurement and Strategy Evaluation

Sweden:

Sweden's guidelines include robust mechanisms for measuring the effectiveness of autism strategies. This involves using performance indicators, feedback from the autistic community, and regular updates based on new data and research findings.

🏧 Australia:

The Australian strategy incorporates impact measurement and evaluation but can benefit from more detailed mechanisms. By adopting comprehensive performance indicators and incorporating feedback from the autistic community, Australia can ensure the strategy remains effective and responsive to emerging needs.

By addressing these areas, the Australian National Autism Strategy can be enhanced to provide more comprehensive, effective, and inclusive support to autistic individuals, ensuring their wellbeing and inclusion in all aspects of society.



D: Respect and Representation in Autism Strategies

Use of Identity-First Language and Avoidance of Stigmatizing Terms

Sweden:

The Swedish guidelines primarily use person-first language, referring to "people with autism" and "individuals with ADHD." While the document is sensitive to the needs of autistic individuals, it occasionally uses the term "condition", which could be considered stigmatizing.

🏧 Australia:

The Australian strategy predominantly uses identity-first language, referring to "autistic individuals." This approach aligns with the preferences of many within the autistic community. The strategy avoids stigmatizing terms such as "disorder" or "condition", focusing instead on respectful and empowering language.

Portrayal of Autism and Respect for Autistic Nature

Sweden:

The Swedish guidelines aim to portray autism in a respectful manner, emphasizing the strengths and potential of autistic individuals. However, there is a clinical tone in some sections, which may inadvertently pathologize autism.

🏧 Australia:

The Australian strategy portrays autism in a positive light, emphasizing the diversity and strengths of autistic individuals. It promotes understanding and acceptance, avoiding any pathologizing language. This approach fosters a more inclusive and respectful portrayal of autism.

Normalization Tactics and ABA

Sweden:

The Swedish guidelines do not explicitly mention Applied Behavior Analysis (ABA) as a recommended intervention. Instead, they focus on individualized support and evidence-based practices tailored to each person's needs.

🏧 Australia:

The Australian strategy explicitly avoids recommending normalization tactics like ABA, which are often viewed as controversial within the autistic community. The strategy emphasizes personcentered approaches and supports that respect the individuality of autistic people.

General Approach and Sensitivity

Sweden:

The Swedish guidelines demonstrate a commitment to supporting autistic individuals through comprehensive services and support mechanisms. While there is a strong focus on inclusivity and respect, the use of certain terms and a clinical tone in some sections could be improved.

🏧 Australia:

The Australian strategy excels in its respectful and inclusive approach, using identity-first language and avoiding stigmatizing terms. It emphasizes the strengths and diversity of autistic individuals, promoting a more positive and empowering view of autism.

By focusing on identity-first language, avoiding stigmatizing terms, and promoting respectful and inclusive portrayals of autism, the Australian National Autism Strategy sets a strong example. The strategy could further improve by ensuring all sections consistently use empowering language and avoid any clinical or pathologizing tones.





E: Comparative Analysis of Methodologies

Methodologies Employed in Each Strategy

Sweden:

The Swedish guidelines employ a detailed and structured methodology for developing their autism and ADHD strategies. Key aspects include:

- **Evidence-Based Practices:** The guidelines are grounded in extensive research and scientific evidence. They reference numerous studies and clinical trials to support their recommendations.
- **Interdisciplinary Approach:** The development process involves collaboration among various stakeholders, including healthcare professionals, educators, and researchers, ensuring a comprehensive understanding of the needs of autistic individuals.
- **Consultative Process:** The guidelines are developed through consultations with autistic individuals, their families, and advocacy groups. This inclusive approach ensures that the perspectives of those directly affected are considered.

- **Regular Updates:** The guidelines are periodically reviewed and updated based on new research findings and feedback from the autistic community. This continuous improvement process helps keep the guidelines relevant and effective.
- **Standardized Assessment Tools:** The guidelines recommend standardized tools and protocols for the assessment and diagnosis of autism and ADHD, ensuring consistency and accuracy in identifying these conditions.

🏧 Australia:

The Australian National Autism Strategy also adopts a rigorous and inclusive methodology. Key elements include:

- **Comprehensive Literature Review:** The strategy is informed by a thorough review of existing research and best practices in autism support and intervention. This ensures that the strategy is grounded in current scientific knowledge.
- **Stakeholder Engagement:** The strategy development process involves extensive consultations with autistic individuals, their families, advocacy organizations, and service providers. This inclusive approach ensures that the strategy reflects the needs and preferences of the autistic community.
- **Focus Groups and Surveys:** The strategy uses focus groups and surveys to gather input from a wide range of stakeholders. This data-driven approach helps identify key priorities and areas of concern for autistic individuals.
- **Pilot Programs and Trials:** The strategy includes pilot programs to test new interventions and supports before wider implementation. This allows for the evaluation of effectiveness and the refinement of approaches based on real-world outcomes.
- Monitoring and Evaluation: The strategy includes detailed mechanisms for monitoring and evaluation, with specific performance indicators and regular reporting requirements. This ensures transparency and accountability in its implementation.

Comparative Analysis

Evidence-Based Practices:

Both the Swedish guidelines and the Australian strategy are grounded in evidence-based practices, ensuring that interventions and supports are scientifically validated. However, the Swedish guidelines place a stronger emphasis on referencing specific studies and clinical trials, while the Australian strategy focuses on a broader review of existing research.

Stakeholder Engagement:

Both strategies prioritize stakeholder engagement, involving autistic individuals, their families, and advocacy groups in the development process. The Australian strategy, however, uses a more

extensive approach, including focus groups, surveys, and public consultations to gather input from a wide range of stakeholders.

Regular Updates:

The Swedish guidelines emphasize regular updates based on new research findings and feedback from the autistic community. The Australian strategy also incorporates a continuous improvement process, but with a stronger focus on monitoring and evaluation through specific performance indicators and regular reporting.

Interdisciplinary Approach:

The Swedish guidelines highlight the importance of an interdisciplinary approach, involving collaboration among healthcare professionals, educators, and researchers. The Australian strategy also values interdisciplinary collaboration but places more emphasis on stakeholder engagement and pilot programs to test new interventions.

Standardized Assessment Tools:

The Swedish guidelines recommend standardized tools and protocols for the assessment and diagnosis of autism and ADHD, ensuring consistency and accuracy. The Australian strategy focuses more on the development and testing of new interventions and supports through pilot programs.



Both the Swedish guidelines and the Australian strategy employ rigorous and inclusive methodologies to support autistic individuals. While the Swedish guidelines emphasize evidencebased practices, interdisciplinary collaboration, and standardized assessment tools, the Australian strategy excels in stakeholder engagement, pilot programs, and detailed monitoring and evaluation mechanisms. Both approaches have their strengths and can learn from each other to enhance their support for autistic individuals.



Key Differences Compared with Sweden:

♣ Primary Differences:

Scope and Coverage:

Sweden: Focuses on both autism and ADHD with a strong emphasis on healthcare and clinical practices, including standardized assessment tools and evidence-based practices.

It aims to address various aspects of autistic individuals' lives comprehensively, including employment, independent living, and community participation.

Stakeholder Engagement:

- Sweden: Stakeholder engagement involves consultations with autistic individuals, their families, and advocacy groups but is less extensive compared to Australia.
- Australia: Employs extensive stakeholder engagement, including focus groups, surveys, and public consultations to ensure a wide range of voices are heard and incorporated.

Secondary Differences:

Evidence-Based Practices:

- Sweden: Strong emphasis on evidence-based practices with detailed references to specific studies and clinical trials.
- Australia: Informed by a comprehensive literature review of existing research and best practices, with less emphasis on specific studies compared to Sweden.

Monitoring and Accountability:

- Sweden: Emphasizes periodic reviews and updates based on new research findings and feedback but has less formal monitoring mechanisms.
- Australia: Includes detailed mechanisms for monitoring and accountability, with specific performance indicators and regular reporting requirements.

Cultural Competency:

- Sweden: Focuses on regional needs without explicitly emphasizing cultural diversity.
- Australia: Strong emphasis on cultural competency and inclusivity, addressing the needs of individuals from diverse cultural backgrounds.

Strengths of Australia's Strategy Compared with Sweden:

- 🔤 🙎 🗱 Primary Strengths:
 - **Comprehensive Coverage:** Addresses a wide range of areas, ensuring all aspects of autistic individuals' lives are considered and supported.
 - **Extensive Stakeholder Engagement:** Involves a diverse range of stakeholders, ensuring the strategy reflects the needs and preferences of the autistic community.

- Secondary Strengths:
 - **Evidence-Based Practices:** Grounded in current scientific knowledge, ensuring interventions are effective.
 - **Monitoring and Accountability:** Detailed mechanisms ensure transparency and accountability in the strategy's implementation.
 - **Cultural Competency:** Promotes inclusivity and cultural sensitivity, addressing the needs of individuals from diverse backgrounds.
- Apparent Gaps in Australia's Strategy Compared with Sweden:
- \[
 \int \rho \Delta \text{ Primary Apparent Gaps:}
 \]
 - **Implementation Details:** Could benefit from more detailed implementation plans with clearer timelines, roles, and responsibilities.
 - **Integration with Regional Policies:** Needs stronger consistency and integration with regional and local policies for a more unified approach.
 - **Resource Allocation:** Requires clearer guidelines on resource allocation and funding mechanisms to support various initiatives.
- 🔤 🔑 🤊 Secondary Apparent Gaps:
 - **Addressing Emerging Needs:** Requires continual assessment and addressing of emerging needs to keep the strategy relevant and effective.
 - **Technological Integration:** Could enhance efforts by adopting more innovative digital resources and virtual tools.
 - **Crisis Intervention:** Needs more specialized crisis intervention and emergency response protocols.
- Suggestions for Enhancements to Australia's Strategy:
- 🔤 💡 👉 Primary Suggestions:
 - **Develop Detailed Implementation Plans:** Outline specific timelines, roles, and responsibilities for each initiative to ensure effective execution.
 - **Strengthen Integration with Regional Policies:** Enhance coordination with regional and local policies to create a cohesive approach across all government levels.
 - **Provide Clearer Resource Allocation Guidelines:** Establish specific funding commitments, budget allocations, and financial oversight mechanisms.

P Secondary Suggestions:

Focus on Emerging Needs and Continuous Improvement: Implement mechanisms for regular reviews and updates based on new research findings and feedback from the autistic community.

Expand Cultural Competency Initiatives: Develop targeted cultural competency training for service providers and ensure all materials and resources are accessible and inclusive.

Enhance Technological Integration: Expand the use of technology in providing support and services by adopting innovative digital resources and virtual tools.

Additional Strategic Insights:

Policy Integration and Governance: Enhance the governance structure to ensure comprehensive oversight and coordinated implementation across various government levels.

Crisis Preparedness and Response: Develop more detailed crisis intervention and emergency response protocols, including training for emergency responders and mental health professionals.

[DK] Denmark – 'National **Autisme Plan'**

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A1: Comprehensive Analysis of Topics Related to the **Needs of Autistic People**

1. Autism-friendly Accessibility Everywhere

Denmark:

The Danish National Autisme Plan emphasizes creating autism-friendly environments in schools, workplaces, and residential areas. It highlights the need for structured physical spaces and routines to reduce sensory overload and support autistic individuals effectively.

🏧 Australia:

The Australian Draft National Autism Strategy discusses the importance of sensoryfriendly design in public places and transportation. It emphasizes the need for staff training to accommodate the sensory and social needs of autistic individuals, ensuring these environments are inclusive and accessible.

Key Differences:

Denmark focuses on structured physical spaces and clear routines, while Australia emphasizes sensory-friendly design and staff training.

2. Detection of Autism

Denmark:

Denmark places a strong emphasis on early detection and diagnosis of autism through structured reforms. Local authorities are tasked with early identification and support, involving parents and professionals in the detection process to ensure a comprehensive, multidisciplinary approach.

🏧 Australia:

The Australian strategy focuses on reducing the age of diagnosis by improving screening and assessment processes. It highlights the importance of collaboration between healthcare professionals and families and aims to provide timely access to diagnostic services and support.

4 Key Differences:

Denmark emphasizes local authority responsibility and structured reforms, while Australia focuses on collaboration and reducing the age of diagnosis through improved processes.

3. Education and Social Skills

Denmark:

The Danish plan provides specialized educational support tailored to various stages of development. This includes structured teaching methods, visual aids, and individualized learning plans, with an emphasis on social skills training within the educational framework.

🏧 Australia:

Australia focuses on inclusive education practices with individualized learning plans for autistic students. It advocates for specialized training for teachers and school staff and emphasizes structured programs to develop social skills. The strategy also supports transitions between educational stages with tailored plans and resources.

4 Key Differences:

Denmark emphasizes specialized educational support and structured teaching methods, while Australia focuses on inclusive practices and teacher training.

4. Training of Parents and Carers

Denmark:

Denmark involves parents in all planning and decision-making stages for their children. It offers training programs and support groups for parents and carers, providing resources and guidance to help families understand and manage autism effectively.

🏧 Australia:

The Australian strategy recognizes the crucial role of parents and carers in supporting autistic individuals. It provides training and resources for parents, including support programs and services tailored to family needs. Collaboration between families and service providers is emphasized.

Key Differences:

Denmark emphasizes involvement in planning and decision-making, while Australia highlights collaboration and tailored support programs.

5. Awareness of Society and Public Servants

Denmark:

Denmark promotes awareness campaigns to educate the public about autism and trains public servants and professionals on autism-specific needs. The plan encourages inclusion and aims to reduce stigma and promote acceptance of autistic individuals in society.

🏧 Australia:

The Australian strategy focuses on increasing public awareness and understanding of autism. It provides training for public servants and community workers, promoting inclusion and participation of autistic individuals in public life. The aim is to reduce stigma and discrimination through education and advocacy.

4 Key Differences:

Denmark focuses on educational campaigns and training, while Australia emphasizes public awareness and inclusion through training and advocacy.

6. Assistance Services Adapted to Autism

Denmark:

Denmark offers tailored support services, including therapeutic interventions and specialized healthcare and social services. The plan emphasizes individualized plans to meet the unique needs of each autistic person and continuous evaluation and adjustment of services.

Australia:

Australia highlights the need for personalized support services for autistic individuals, focusing on accessibility to health, social, and community services. The strategy provides individualized support plans and emphasizes regular review and adaptation of services to ensure effectiveness.

Key Differences:

Denmark emphasizes therapeutic interventions and continuous evaluation, while Australia focuses on accessibility and regular review of personalized support services.

7. Individual Assistants

Denmark:

Denmark provides individual assistants to support autistic individuals in various settings, emphasizing their role in facilitating communication and daily activities. Training for assistants is provided to ensure they understand autism-specific needs, supporting their integration into educational and social environments.

🏧 Australia:

Australia advocates for the availability of individual assistants for autistic individuals, highlighting the importance of trained assistants to support daily living and communication. The strategy provides guidelines for recruiting and training individual assistants and supports their inclusion in educational, workplace, and community settings.

4 Key Differences:

Denmark focuses on the role of assistants in communication and daily activities, while Australia emphasizes the recruitment and training guidelines for individual assistants.

8. Peer Support

Denmark:

Denmark promotes peer support programs for autistic individuals, encouraging the formation of support groups and networks. Resources and training for peer mentors are provided, emphasizing the role of peer support in enhancing social skills and community integration.

🏧 Australia:

Australia highlights the value of peer support networks for autistic individuals, supporting the development of peer-led initiatives and groups. Training for peer supporters is provided to ensure effective guidance, and the inclusion of peer support in educational and community programs is encouraged.

4 Key Differences:

Denmark focuses on the formation of support groups and networks, while Australia emphasizes peer-led initiatives and training for effective guidance.

9. Housing and Independent Living

Denmark:

Denmark ensures various housing options tailored to the needs of autistic individuals, providing support for independent living, including life skills training. Residential facilities with specialized staff and resources are offered, emphasizing the importance of creating a supportive living environment.

🔤 Australia:

Australia focuses on providing diverse housing options for autistic individuals, supporting initiatives for independent living and life skills development. Residential support services and community housing options are offered, emphasizing the creation of safe and supportive living environments.

Hearth Services West Property of Services

Denmark emphasizes residential facilities with specialized staff, while Australia focuses on diverse housing options and community housing.

10. Employment (or Allowances)

Denmark:

Denmark promotes employment opportunities for autistic individuals through specialized programs, offering vocational training and support for job placement. Workplace accommodations and support services are provided, emphasizing the importance of employment in enhancing quality of life.

Australia:

Australia focuses on improving employment outcomes for autistic individuals, providing vocational training and career support services. Workplace accommodations and support for employers are emphasized, and policies that support employment and economic participation are advocated.

4 Key Differences:

Denmark focuses on specialized programs and job placement support, while Australia emphasizes vocational training, career support, and policy advocacy for employment.

11. Health, Nutrition, Physical Activities, and Sports

Denmark:

Denmark ensures access to healthcare services tailored to autistic needs, promoting healthy lifestyles through nutrition and physical activity programs. Support for participation in sports and recreational activities is provided, emphasizing holistic health and well-being.

Australia:

Australia highlights the need for accessible healthcare services for autistic individuals, promoting programs that encourage healthy eating and physical activity. Support for participation in sports and recreational activities is provided, emphasizing overall health and well-being.

Key Differences:

Denmark emphasizes holistic health and tailored healthcare services, while Australia focuses on accessibility and promoting healthy lifestyles.

12. Friendly and Affective Relationships (including Sexual)

Denmark:

Denmark provides education and support for developing healthy relationships, offering resources and counseling on sexuality and intimate relationships. Social skills training is emphasized to facilitate meaningful connections, with a focus on respect and understanding in personal relationships.

Australia:

Australia recognizes the importance of healthy relationships for autistic individuals, providing education and resources on sexuality and intimate relationships. Social skills training is supported to enhance relationship-building, emphasizing the need for respectful and supportive relationships.

Key Differences:

Denmark emphasizes counseling and social skills training, while Australia focuses on education and resources for relationship-building.

13. Leisure, Travels, Experiences, Special Interests, Creativity, Flourishing of Autistic People

Denmark:

Denmark promotes participation in leisure and recreational activities, supporting travel and exploration opportunities tailored to autistic needs. Engagement in special interests and creative pursuits is encouraged, emphasizing personal development and flourishing through varied experiences.

Australia:

Australia highlights the importance of leisure and recreational activities, supporting travel and exploration opportunities for autistic individuals. Participation in special interests

and creative activities is encouraged, emphasizing the role of diverse experiences in personal growth and flourishing.

4 Key Differences:

Denmark emphasizes personal development through varied experiences, while Australia focuses on the role of leisure and creative activities in personal growth.

14. Connection with Nature (including Animals)

Denmark:

Denmark encourages activities that connect autistic individuals with nature, promoting therapeutic interactions with animals. Support for outdoor programs and nature-based experiences is provided, emphasizing the benefits of nature for well-being.

Australia:

Australia highlights the positive impact of nature on autistic individuals, supporting programs that facilitate interactions with animals. Outdoor activities and nature-based therapies are encouraged, emphasizing the connection between nature and wellbeing.

Hearth Services West Property of Services

Denmark emphasizes therapeutic interactions with animals, while Australia focuses on nature-based therapies and outdoor activities.

15. Protection Against Stigma, Bullying, Mistreatment, and Abuse

Denmark:

Denmark implements measures to protect autistic individuals from stigma and bullying, providing resources and support to prevent mistreatment and abuse. Awareness campaigns are promoted to reduce societal stigma, with legal protections and advocacy for autistic individuals emphasized.

Australia:

Australia focuses on reducing stigma and preventing bullying of autistic individuals, providing support services to address mistreatment and abuse. Public awareness is promoted to combat stigma and discrimination, with legal protections and advocacy efforts emphasized.

Key Differences:

Denmark emphasizes awareness campaigns and legal protections, while Australia focuses on support services and public awareness.

16. Personal Security (especially Against the Risk of Getting Lost), **Protection, and Defense (against Other People)**

Denmark:

Denmark ensures personal security measures for autistic individuals, providing resources to prevent and respond to the risk of getting lost. Support and protection against potential threats from others are offered, emphasizing the importance of safety and security in all environments.

🏧 Australia:

Australia highlights the need for personal security measures for autistic individuals, providing guidelines and resources to prevent the risk of getting lost. Protective measures against potential harm from others are supported, emphasizing safety and security across various settings.

Key Differences:

Denmark emphasizes personal security resources and protection, while Australia focuses on guidelines and measures to prevent getting lost.

17. Protection Against Depression and Suicide

Denmark:

Denmark implements mental health support programs for autistic individuals, providing counseling and therapeutic services to address depression. Crisis intervention and suicide prevention resources are offered, emphasizing continuous mental health support.

🏧 Australia:

Australia focuses on mental health support for autistic individuals, providing resources and services to address depression and prevent suicide. Crisis intervention and ongoing mental health care are supported, emphasizing the importance of mental health and well-being.

4 Key Differences:

Denmark emphasizes continuous mental health support, while Australia focuses on providing resources and services for crisis intervention and prevention.

18. Protection Against the Risk of Deprivation of Liberty (in **Institutions or Hospitals) or Forced Treatments**

Denmark:

Denmark ensures legal protections against the deprivation of liberty and forced treatments, promoting the rights and autonomy of autistic individuals. Oversight and monitoring of institutions and hospitals are provided, emphasizing respect for personal freedom and choice.

🏧 Australia:

Australia highlights the importance of protecting autistic individuals from deprivation of liberty, emphasizing legal safeguards and the right to autonomy. Guidelines to prevent forced treatments and ensure voluntary care are provided, supporting monitoring and accountability in institutional settings.

Key Differences:

Denmark focuses on oversight and monitoring of institutions, while Australia emphasizes legal safeguards and guidelines to prevent forced treatments.

19. Healthcare and Emergencies

Denmark:

Denmark provides accessible healthcare services tailored to autistic needs, ensuring emergency services are equipped to handle autistic individuals. Specialized training for healthcare and emergency personnel is offered, emphasizing preparedness and responsiveness.

Australia:

Australia focuses on accessible healthcare services for autistic individuals, providing guidelines for emergency services to support autistic needs. Training for healthcare and emergency staff on autism-specific care is offered, emphasizing readiness and effective response.

Key Differences:

Denmark emphasizes specialized training for emergency personnel, while Australia focuses on guidelines and training for healthcare and emergency staff.

20. Aging and Autonomy

Denmark:

Denmark supports aging autistic individuals with tailored services, providing resources for maintaining autonomy and independence. Specialized programs for older autistic adults are offered, emphasizing the importance of quality of life and dignity in aging.

🚾 Australia:

Australia highlights the needs of aging autistic individuals, supporting services and programs to maintain autonomy. Resources for older autistic adults to live independently are provided, emphasizing dignity and quality of life in aging.

4 Key Differences:

Denmark emphasizes tailored services and specialized programs, while Australia focuses on resources for independent living and dignity.

21. Empowerment Advocacy

Denmark:

Denmark promotes empowerment through advocacy programs for autistic individuals, providing training and resources to support self-advocacy. Participation in decisionmaking processes is encouraged, emphasizing the importance of empowering autistic voices.

🚾 Australia:

Australia focuses on empowerment and self-advocacy for autistic individuals, providing resources and training to support advocacy efforts. Involvement in policy and decision-making is encouraged, emphasizing the role of empowerment in achieving positive outcomes.

4 Key Differences:

Denmark emphasizes advocacy programs and decision-making participation, while Australia focuses on resources and training for advocacy efforts.

22. Respect of the UN CRPD

Denmark:

Denmark ensures alignment with the UN Convention on the Rights of Persons with Disabilities (CRPD), promoting the rights and inclusion of autistic individuals. Legal and policy frameworks to support CRPD implementation are provided, emphasizing respect for human rights and dignity.

🍱 Australia:

Australia highlights the importance of aligning with the UN CRPD, promoting the rights and inclusion of autistic individuals. Guidelines and policies to support CRPD adherence are provided, emphasizing human rights and respect for dignity.

4 Key Differences:

Denmark focuses on legal and policy frameworks, while Australia emphasizes guidelines and policies for CRPD adherence.

23. Effective Access to Justice

Denmark:

Denmark ensures legal support and access to justice for autistic individuals, providing resources and training for legal professionals. Awareness of the legal rights of autistic individuals is promoted, emphasizing fair treatment and accessibility in the justice system.

🔤 Australia:

Australia focuses on improving access to justice for autistic individuals, providing resources and support for legal representation. Training for legal professionals on autism-specific needs is offered, emphasizing fairness and accessibility in legal processes.

4 Key Differences:

Denmark emphasizes training for legal professionals and awareness of legal rights, while Australia focuses on resources and support for legal representation.

A2: Identification of Additional Relevant Topics

Based on the in-depth analysis of both documents, the following additional relevant topics related to the needs of autistic individuals were identified in either or both strategies but not covered in A1:

1. Early Intervention Programs

Denmark:

The Danish National Autisme Plan emphasizes the critical importance of early intervention. It includes detailed guidelines for early identification and intervention strategies for children under the age of six. These early intervention programs are tailored to meet the specific developmental needs of young autistic children and aim to provide support as soon as possible to improve long-term outcomes.

Australia:

The Australian Draft National Autism Strategy also highlights the importance of early intervention. It aims to ensure that early intervention services are accessible and effective, focusing on providing support during the crucial early years of development. The strategy outlines commitments to improve the availability and quality of early intervention programs across the country.

Hearth Services West Property of Services

Denmark provides specific guidelines and strategies for early intervention targeted at children under six, while Australia emphasizes improving accessibility and quality of early intervention services.

2. Involvement of Autistic Individuals in Policy Development

Denmark:

The Danish plan includes a strong focus on involving autistic individuals and their families in policy development and decision-making processes. This ensures that the voices of those directly affected by the policies are heard and taken into account, leading to more effective and relevant strategies.

🏧 Australia:

The Australian strategy also emphasizes the involvement of autistic individuals and their families in the development and implementation of autism-related policies. It seeks to create inclusive forums and consultation processes to gather input and feedback from the autistic community.

Key Differences:

Both countries emphasize involvement, but Denmark has a more structured approach to including autistic individuals and their families in policy development.

3. Research and Data Collection

Denmark:

Denmark places a significant emphasis on the importance of research and data collection to inform autism policies and practices. The National Autisme Plan outlines the need for continuous research into the causes, prevalence, and effective interventions for autism. It also stresses the importance of collecting data to track the progress and effectiveness of implemented strategies.

Australia:

The Australian strategy highlights the need for evidence-based practice and data-driven policy-making. It outlines commitments to support ongoing research and improve data collection systems to better understand autism and measure the impact of interventions.

Key Differences:

Denmark focuses on continuous research and detailed data collection to inform policies, while Australia emphasizes evidence-based practices and improving data systems.

4. Technological Support and Innovation

Denmark:

The Danish plan mentions the use of technology to support autistic individuals, particularly in communication and learning. It encourages the development and implementation of technological tools that can aid in the daily lives of autistic people, enhancing their independence and quality of life.

Australia:

The Australian strategy places a strong emphasis on leveraging technology to support autistic individuals. It highlights the importance of digital resources, online platforms for community interaction, and virtual tools for therapy and support. The strategy seeks to incorporate technological innovation as a key component of autism support services.

Key Differences:

Denmark mentions technology primarily in the context of communication and learning, while Australia focuses on a broader range of technological applications, including digital resources and virtual tools.

5. Family Support Services

Denmark:

Denmark includes comprehensive support services for families of autistic individuals. The plan outlines various programs aimed at providing families with the necessary resources, training, and emotional support to care for their autistic family members effectively.

Australia:

The Australian strategy also emphasizes the importance of family support services. It highlights the need for providing families with information, training, and access to

support networks. The strategy aims to ensure that families are well-equipped to support their autistic members and navigate available services.

4 Key Differences:

Both countries recognize the importance of family support, with Denmark providing a more structured outline of specific programs and services.

6. Holistic Health and Well-being

Denmark:

Denmark's plan includes a holistic approach to health and well-being for autistic individuals, considering physical, mental, and social aspects. It highlights the importance of integrated health services that address the comprehensive needs of autistic people, including mental health support and social inclusion.

🏧 Australia:

The Australian strategy also adopts a holistic approach to health and well-being, emphasizing the need for integrated health services. It focuses on providing accessible healthcare, mental health support, and promoting overall well-being through various programs and initiatives.

Hearth Services West Property of Services

Both countries emphasize a holistic approach, with a strong focus on integrated health services and overall well-being.

B1: Analysis of Strategy Frameworks

1. Close Consultation and Active Participation of Autistic People or **Their Families**

Denmark:

The Danish National Autisme Plan places a strong emphasis on the active involvement of autistic individuals and their families in the development and implementation of policies. This is achieved through structured consultation processes and continuous engagement with stakeholders, ensuring that diverse voices within the autistic community are heard and considered.

🏧 Australia:

The Australian Draft National Autism Strategy also emphasizes the importance of involving autistic individuals and their families in policy development. It aims to create inclusive forums and consultation processes to gather input and feedback from the autistic community. The strategy highlights the need to ensure that these voices are not only heard but also acted upon in concrete ways.

Hearth Services West Property of Services

Both countries emphasize active participation, but Denmark provides a more detailed and structured approach to continuous engagement, while Australia focuses on inclusive forums and concrete actions.

2. Implementation Details

Denmark:

The Danish plan includes specific implementation details, such as timelines, responsible bodies, and clear steps for each initiative. This structured approach ensures that all stakeholders know their roles and responsibilities, leading to effective execution of the plan.

🔤 Australia:

The Australian strategy outlines broad implementation goals and identifies key areas for action. However, it lacks detailed timelines and specific steps, focusing instead on overarching principles and commitments.

4 Key Differences:

Denmark provides detailed implementation plans with specific timelines and responsibilities, while Australia outlines broad goals without detailed steps.

3. Who Will Be in Charge of Implementing the Strategy?

Denmark:

In Denmark, local authorities and municipalities are primarily responsible for implementing the National Autisme Plan. These bodies are supported by national guidelines and frameworks, ensuring a consistent approach across the country.

🏧 Australia:

The Australian strategy identifies a range of stakeholders, including government agencies, service providers, and community organizations, as being responsible for implementing the strategy. There is an emphasis on collaborative efforts and partnerships to achieve the strategy's goals.

Key Differences:

Denmark assigns primary responsibility to local authorities with national support, while Australia emphasizes a collaborative approach involving multiple stakeholders.

4. Monitoring and Accountability

Denmark:

The Danish plan includes a robust framework for monitoring and accountability. It outlines specific performance indicators, regular reporting requirements, and mechanisms for evaluating progress. This ensures transparency and allows for adjustments based on feedback and outcomes.

🏧 Australia:

The Australian strategy highlights the importance of monitoring and accountability but provides fewer specifics. It mentions the need for regular reviews and community feedback but lacks detailed mechanisms for tracking progress and ensuring accountability.

4 Key Differences:

Denmark provides a detailed framework for monitoring and accountability, including performance indicators and reporting requirements, while Australia outlines the importance but lacks specific mechanisms.

5. SMART Criteria (Specific, Measurable, Achievable, Relevant, Timebound)

Denmark:

The Danish National Autisme Plan incorporates SMART criteria in its initiatives. Each goal and objective is clearly defined, measurable, achievable, relevant, and time-bound, ensuring that progress can be tracked and evaluated effectively.

🏧 Australia:

The Australian strategy references the need for clear and measurable goals but does not consistently apply SMART criteria across all areas. There are some specific targets, but many objectives are broad and less defined.

4 Key Differences:

Denmark consistently applies SMART criteria to its initiatives, while Australia includes some specific targets but lacks consistency in applying SMART criteria.

6. Legal Framework and Tools

Denmark:

Denmark has a comprehensive legal framework supporting the National Autisme Plan. This includes specific laws and regulations that mandate the provision of services and support for autistic individuals. The legal framework ensures that policies are enforceable and backed by legislative authority.

Australia:

The Australian strategy references relevant laws and policies but does not have a specific legal framework dedicated solely to autism. It relies on existing disability and health legislation to support its initiatives.

Hearth Services West Property of Services

Denmark has specific laws and regulations supporting its autism strategy, while Australia relies on broader disability and health legislation.

7. Continuous Improvement

Denmark:

The Danish plan emphasizes the need for continuous improvement through regular reviews, stakeholder feedback, and incorporation of new research findings. This dynamic approach ensures that the strategy remains relevant and effective over time.

Australia:

The Australian strategy also highlights the importance of continuous improvement, mentioning the need for regular updates and revisions based on new data and community feedback. However, the specific processes for achieving this are less detailed.

% Key Differences:

Denmark provides a more detailed approach to continuous improvement with specific processes, while Australia emphasizes the concept but lacks detailed implementation processes.

8. International Collaboration

Denmark:

Denmark engages in international collaboration by sharing best practices and participating in global research initiatives. The National Autisme Plan encourages

partnerships with international organizations to enhance knowledge and improve practices.

🏧 Australia:

The Australian strategy mentions the importance of learning from international examples and collaborating with global partners. It aims to adopt best practices and innovations from other countries to improve its own strategies.

4 Key Differences:

Both countries emphasize international collaboration, but Denmark focuses on specific partnerships and research initiatives, while Australia aims to learn from and adopt international best practices.

B2: Identification of Additional Strategy Needs

Based on the analysis of both documents, the following additional framework-related topics were identified in either or both strategies but were not covered in B1:

1. Crisis Management and Emergency Services

Denmark:

The Danish National Autisme Plan includes provisions for crisis management and emergency services. It highlights the need for specialized training for emergency responders to handle situations involving autistic individuals. The plan also emphasizes the importance of having clear protocols and support systems in place to manage crises effectively.

🍱 Australia:

The Australian strategy mentions the need for improved emergency services tailored to autistic individuals. It focuses on developing guidelines and training programs for emergency personnel to ensure they can respond appropriately to the needs of autistic people during emergencies.

Hearth Services West Property of Services

Denmark provides detailed provisions and protocols for crisis management, while Australia focuses on developing guidelines and training programs for emergency services.

2. Specialized Training for Service Providers

Denmark:

Denmark places a strong emphasis on specialized training for all service providers who interact with autistic individuals. This includes educators, healthcare professionals, social workers, and emergency responders. The training programs are designed to equip them with the knowledge and skills needed to support autistic people effectively.

Australia:

The Australian strategy also highlights the importance of training for service providers. It advocates for comprehensive training programs across various sectors, including education, healthcare, and public services. The goal is to ensure that all professionals involved in supporting autistic individuals are well-equipped to meet their needs.

4 Key Differences:

Denmark provides a structured approach to training across multiple sectors, while Australia emphasizes comprehensive training programs but with a broader focus on public services.

3. Public Awareness Campaigns

Denmark:

The Danish plan includes initiatives to raise public awareness about autism. These campaigns aim to educate the general public, reduce stigma, and promote acceptance of autistic individuals. The plan emphasizes the importance of ongoing public education to foster a more inclusive society.

Australia:

The Australian strategy also focuses on public awareness campaigns. It seeks to educate the public about autism, reduce misconceptions, and promote understanding and inclusion. The strategy highlights the role of media and community outreach in achieving these goals.

4 Key Differences:

Both countries emphasize public awareness campaigns, but Denmark's approach includes specific initiatives and ongoing education, while Australia focuses on media and community outreach.

4. Multidisciplinary Teams for Assessment and Support

Denmark:

Denmark advocates for the use of multidisciplinary teams in the assessment and support of autistic individuals. These teams typically include professionals from various fields

such as healthcare, education, and social services. The goal is to provide comprehensive and coordinated care that addresses all aspects of an individual's needs.

Australia:

The Australian strategy also supports the use of multidisciplinary teams. It emphasizes the need for collaborative approaches to assessment and intervention, ensuring that autistic individuals receive holistic support. The strategy promotes the integration of services across different sectors.

Key Differences:

Both countries support multidisciplinary teams, but Denmark provides a more structured framework for their implementation, while Australia emphasizes collaborative approaches and service integration.

5. Family-Centered Approaches

Denmark:

The Danish National Autisme Plan highlights the importance of family-centered approaches. It includes specific programs and resources aimed at supporting families of autistic individuals. The plan emphasizes involving families in decision-making processes and providing them with the necessary tools and support to care for their loved ones.

🔤 Australia:

The Australian strategy also recognizes the critical role of families in supporting autistic individuals. It advocates for family-centered approaches, providing resources, training, and support services tailored to the needs of families. The strategy aims to empower families to be active participants in their loved one's care and development.

Key Differences:

Denmark offers specific programs and resources for families, while Australia emphasizes empowering families through tailored support services and training.

6. Transition Support Across Lifespan

Denmark:

Denmark places a strong emphasis on supporting autistic individuals through key transitions in their lives, such as moving from childhood to adolescence, and from adolescence to adulthood. The plan includes specific measures to ensure smooth

transitions, such as individualized transition plans and continuous support throughout different life stages.

🏧 Australia:

The Australian strategy also focuses on providing support during key life transitions. It highlights the need for personalized transition plans and continuous support to help autistic individuals navigate changes in their education, employment, and living arrangements.

4 Key Differences:

Both countries emphasize transition support, but Denmark provides more detailed measures and individualized plans, while Australia focuses on the need for personalized plans and continuous support.

C: Additional, Particular Criteria of Comparisons

1. Technological Integration and Digital Accessibility

Denmark:

The Danish National Autisme Plan mentions the use of technology to support autistic individuals, particularly in communication and learning. It encourages the development and implementation of technological tools that can aid in the daily lives of autistic people, enhancing their independence and quality of life.

🏧 Australia:

The Australian strategy places a strong emphasis on leveraging technology to support autistic individuals. It highlights the importance of digital resources, online platforms for community interaction, and virtual tools for therapy and support. The strategy seeks to incorporate technological innovation as a key component of autism support services.

4 Key Differences:

Denmark focuses on technological tools for communication and learning, while Australia emphasizes a broader range of technological applications, including digital resources and virtual tools.

2. Crisis Management and Emergency Services

Denmark:

Denmark includes provisions for crisis management and emergency services, highlighting the need for specialized training for emergency responders. Clear protocols and support systems are emphasized to manage crises effectively.

🏧 Australia:

The Australian strategy mentions the need for improved emergency services tailored to autistic individuals. It focuses on developing guidelines and training programs for emergency personnel to ensure they can respond appropriately to the needs of autistic people during emergencies.

Hearth Street Key Differences:

Denmark provides detailed provisions and protocols for crisis management, while Australia focuses on developing guidelines and training programs for emergency services.

3. Cultural Competency and Inclusivity

Denmark:

The Danish plan emphasizes the importance of cultural competency in service delivery. It includes training for professionals on cultural sensitivity and the need to address racial and ethnic disparities in autism diagnosis and treatment.

🏧 Australia:

The Australian strategy also stresses the importance of cultural competency. It highlights the need for services to be accessible to individuals from diverse cultural backgrounds and for public servants to receive training on cultural sensitivity and inclusivity.

4 Key Differences:

Both countries emphasize cultural competency, with Denmark focusing on training professionals and addressing disparities, while Australia highlights accessibility and public servant training.

4. Policy Consistency and Coordination Across Levels of Government

Denmark:

Denmark ensures policy consistency and coordination by assigning responsibility to local authorities, supported by national guidelines and frameworks. This approach promotes uniformity in service delivery across different regions.

🏧 Australia:

The Australian strategy emphasizes the need for coordination between different levels of government. It highlights the importance of aligning national, regional, and local policies to ensure consistent and integrated service delivery.

4 Key Differences:

Denmark relies on local authorities supported by national frameworks, while Australia emphasizes the alignment of policies across all government levels.

5. Public and Private Sector Roles

Denmark:

Denmark's plan includes a strong role for the public sector in providing services and support for autistic individuals. The involvement of the private sector is limited, with a focus on public responsibility and funding.

Australia:

The Australian strategy highlights the importance of partnerships between the public and private sectors. It encourages private sector involvement in providing services, funding mechanisms, and collaborating with non-governmental organizations.

% Key Differences:

Denmark emphasizes public sector responsibility, while Australia promotes public-private partnerships and collaboration with NGOs.

6. Sustainability of Services

Denmark:

Denmark's plan includes measures to ensure the sustainability of services through longterm funding commitments and continuous evaluation. It emphasizes the need for stable and predictable funding to maintain service quality and availability.

Australia:

The Australian strategy also focuses on sustainability, highlighting the importance of long-term funding and policy support. It stresses the need for scalable and adaptable services to meet changing demands and ensure long-term impact.

Key Differences:

Both countries emphasize sustainability, with Denmark focusing on stable funding and continuous evaluation, while Australia highlights scalability and adaptability.

7. Impact Measurement and Strategy Evaluation

Denmark:

Denmark includes a robust framework for impact measurement and strategy evaluation. It outlines specific performance indicators, regular reporting requirements, and mechanisms for evaluating progress. This ensures transparency and allows for adjustments based on feedback and outcomes.

🏧 Australia:

The Australian strategy emphasizes the importance of monitoring and accountability but provides fewer specifics. It mentions the need for regular reviews and community feedback but lacks detailed mechanisms for tracking progress and ensuring accountability.

Key Differences:

Denmark provides a detailed framework for impact measurement and strategy evaluation, while Australia outlines the importance but lacks specific mechanisms.

D: Respect and Representation in Autism Strategies

1. Language and Terminology

Denmark:

The Danish National Autisme Plan predominantly uses respectful and inclusive language. It avoids stigmatizing terms like "disorder" and prefers identity-first language, referring to "autistic individuals" rather than "individuals with autism". The plan aims to respect the autistic community by acknowledging their preferences in terminology.

🏧 Australia:

The Australian Draft National Autism Strategy also uses respectful language, with a preference for identity-first language. It avoids the acronym "ASD" (Autism Spectrum Disorder) and stigmatizing terms. The strategy focuses on portraying autism in a positive light, emphasizing the strengths and contributions of autistic individuals.

Key Differences:

Both strategies use respectful and inclusive language, with a preference for identity-first language. There is a consistent effort in both documents to avoid stigmatizing terms and portray autism positively.

2. Portrayal of Autism and Respect for Autistic Nature

Denmark:

Denmark's plan emphasizes understanding and acceptance of autism as a natural variation of human diversity. It promotes a social model of disability, focusing on societal adjustments rather than attempting to "normalize" autistic individuals. The plan respects autistic nature by highlighting the unique strengths and perspectives that autistic individuals bring to society.

Australia:

The Australian strategy also adopts a social model of disability, promoting acceptance and understanding of autism. It focuses on creating supportive environments that accommodate autistic individuals' needs and strengths. The strategy emphasizes respect for autistic nature, advocating for societal changes to support inclusion and participation.

Key Differences:

Both strategies adopt the social model of disability and emphasize acceptance and understanding. They highlight the strengths of autistic individuals and promote societal adjustments to support inclusion.

3. Presence of Normalization Tactics (e.g., ABA - Applied Behavior **Analysis**)

Denmark:

The Danish National Autisme Plan does not advocate for normalization tactics such as ABA. Instead, it focuses on supportive interventions that respect the autonomy and individuality of autistic people. The plan emphasizes interventions that enhance quality of life without attempting to "normalize" autistic behavior.

🏧 Australia:

The Australian strategy also avoids promoting normalization tactics like ABA. It prioritizes support approaches that respect the autonomy and individual preferences of autistic individuals. The strategy focuses on interventions that promote well-being and inclusion rather than behavior modification.

Key Differences:

Both strategies avoid normalization tactics such as ABA, focusing instead on supportive and respectful interventions that enhance quality of life and respect individual autonomy.

4. Empowerment and Advocacy

Denmark:

Denmark emphasizes empowerment and self-advocacy for autistic individuals. The plan includes specific initiatives to support autistic people in advocating for their rights and participating in decision-making processes. It recognizes the importance of listening to autistic voices and incorporating their perspectives into policy development.

Australia:

The Australian strategy also focuses on empowerment and self-advocacy. It promotes initiatives that support autistic individuals in speaking up for their rights and being involved in decisions that affect their lives. The strategy highlights the importance of including autistic voices in the development and implementation of policies and services.

Key Differences:

Both strategies emphasize empowerment and self-advocacy, with initiatives to support autistic individuals in advocating for their rights and participating in decision-making processes.

E: Comparative Analysis of Methodologies

1. Approach to Data Collection and Research

Denmark:

The Danish National Autisme Plan places a significant emphasis on data collection and research. It outlines systematic approaches to gather data on the prevalence, causes, and effective interventions for autism. The plan encourages ongoing research collaborations with universities and research institutions. It highlights the importance of evidence-based practices and uses the collected data to continuously inform and improve policies and services.

🏧 Australia:

The Australian strategy also emphasizes the importance of data collection and research. It aims to support ongoing research to better understand autism and to inform policy and practice. The strategy promotes the use of evidence-based practices and highlights the need for robust data systems to track the progress and impact of interventions.

Key Differences:

Denmark has a structured approach to data collection with established research collaborations, while Australia focuses on the importance of evidence-based practices and developing robust data systems.

2. Stakeholder Engagement and Consultation

Denmark:

Denmark's methodology includes extensive stakeholder engagement and consultation. The National Autisme Plan involves autistic individuals, their families, professionals, and organizations in the planning and implementation processes. This inclusive approach ensures that diverse perspectives are considered, leading to more comprehensive and effective strategies.

🏧 Australia:

The Australian strategy also prioritizes stakeholder engagement, involving autistic individuals, families, service providers, and community organizations in the development and review of policies. The strategy highlights the importance of inclusive consultation processes to ensure that the voices of those directly affected are heard and acted upon.

4 Key Differences:

Both countries emphasize stakeholder engagement, with Denmark focusing on comprehensive inclusion throughout planning and implementation, and Australia highlighting inclusive consultation processes.

3. Implementation and Coordination

Denmark:

Denmark's plan includes detailed implementation and coordination mechanisms. Local authorities are primarily responsible for executing the plan, supported by national guidelines. The methodology ensures consistency and coordination across regions, with clear roles and responsibilities assigned to different stakeholders.

🏧 Australia:

The Australian strategy outlines broad implementation goals but lacks detailed coordination mechanisms. It emphasizes the importance of collaborative efforts and partnerships among government agencies, service providers, and community organizations. The strategy aims to create a cohesive approach but does not provide specific details on coordination.

Key Differences:

Denmark provides detailed implementation and coordination mechanisms, while Australia outlines broad goals and emphasizes collaborative efforts without specific coordination details.

4. Monitoring and Evaluation

Denmark:

Denmark has a robust framework for monitoring and evaluation. The plan includes specific performance indicators, regular reporting requirements, and mechanisms for evaluating progress. Continuous feedback and adjustments are integral to the methodology, ensuring that the plan remains effective and relevant.

🏧 Australia:

The Australian strategy emphasizes the need for monitoring and evaluation but provides fewer specifics. It mentions the importance of regular reviews and community feedback but lacks detailed mechanisms for tracking progress and ensuring accountability.

Hearth Services West Property of Services

Denmark offers a detailed framework for monitoring and evaluation, while Australia highlights the importance but lacks specific mechanisms.

5. Legal and Policy Framework

Denmark:

Denmark's National Autisme Plan is supported by a comprehensive legal and policy framework. Specific laws and regulations mandate the provision of services and support for autistic individuals, ensuring that the plan's initiatives are enforceable and backed by legislative authority.

🏧 Australia:

The Australian strategy references relevant laws and policies but does not have a specific legal framework dedicated solely to autism. It relies on existing disability and health legislation to support its initiatives and aims to integrate autism-specific considerations within these broader frameworks

4 Key Differences:

Denmark has specific laws and regulations supporting its autism strategy, while Australia relies on broader disability and health legislation.

6. Continuous Improvement and Adaptation

Denmark:

Denmark's methodology emphasizes continuous improvement and adaptation. Regular reviews, stakeholder feedback, and new research findings are incorporated to update and refine the plan. This dynamic approach ensures that the strategy evolves to meet changing needs and incorporates the latest knowledge and best practices.

🏧 Australia:

The Australian strategy also highlights the importance of continuous improvement. It advocates for regular updates and revisions based on new data and community feedback. However, the specific processes for achieving continuous improvement are less detailed.

Key Differences:

Denmark provides a more detailed approach to continuous improvement with specific processes, while Australia emphasizes the concept but lacks detailed implementation processes.



Key Differences Compared with Denmark:

4 Primary Differences:

Data Collection and Research:

- Emphasizes a structured approach with established research collaborations.
- Australia: Focuses on evidence-based practices and developing robust data systems.

Stakeholder Engagement and Consultation:

- Denmark: Ensures comprehensive inclusion throughout planning and implementation.
- Australia: Utilizes inclusive consultation processes but provides less detail on implementation.

↔ Secondary Differences:

Implementation and Coordination:

- Denmark: Details specific implementation and coordination mechanisms with clear roles and responsibilities.
- Australia: Outlines broad implementation goals, emphasizing collaborative efforts without specific coordination details.

Monitoring and Evaluation:

- Denmark: Provides a robust framework with specific performance indicators and regular reporting.
- Australia: Emphasizes the need for monitoring and evaluation but lacks detailed mechanisms.

Legal and Policy Framework:

- Denmark: Supported by a comprehensive legal and policy framework with specific laws and regulations.
- Australia: Relies on broader disability and health legislation, lacking a specific legal framework for autism.

Continuous Improvement and Adaptation:

- Denmark: Employs a detailed approach with regular reviews and stakeholder feedback.
- Australia: Highlights the importance but lacks detailed processes.
- Strengths of Australia's Strategy Compared with Denmark:
- 🔤 🙎 🐕 Primary Strengths:
 - **Technological Integration:** Emphasizes a broad range of technological applications, including digital resources and virtual tools, to support autistic individuals.
 - **Public Awareness and Inclusion:** Focuses on increasing public awareness and understanding of autism through media and community outreach, promoting inclusion and participation in public life.
- 🏧 🙎 Secondary Strengths:
 - **Empowerment and Advocacy:** Highlights the importance of empowerment and self-advocacy, providing resources and training to support autistic individuals in advocating for their rights.
 - **Stakeholder Engagement:** Prioritizes inclusive consultation processes, ensuring that the voices of autistic individuals and their families are heard and acted upon.

- Apparent Gaps in Australia's Strategy Compared with Denmark:
- 🏧 🔑 🛆 Primary Apparent Gaps:

Detailed Implementation Plans: Lacks specific implementation and coordination mechanisms with clear timelines and responsibilities.

Monitoring and Accountability: Provides fewer specifics on monitoring and evaluation mechanisms, lacking detailed frameworks for tracking progress and ensuring accountability.

🏧 🔑 🧣 Secondary Apparent Gaps:

Legal Framework: Relies on broader disability and health legislation without a specific legal framework dedicated to autism.

Continuous Improvement Processes: Emphasizes the importance of continuous improvement but lacks detailed processes for regular updates and revisions.

- Suggestions for Enhancements to Australia's Strategy:
- 🔤 🥝 🎓 Primary Suggestions:

Develop Detailed Implementation Plans: Include specific timelines, responsible bodies, and clear steps for each initiative to ensure effective execution and coordination.

Enhance Monitoring and Accountability: Establish a robust framework for monitoring and evaluation with specific performance indicators, regular reporting requirements, and mechanisms for evaluating progress.

🔤 🔗 Secondary Suggestions:

Create a Specific Legal Framework: Develop a comprehensive legal framework dedicated to autism, with specific laws and regulations to support the strategy's initiatives.

Formalize Continuous Improvement Processes: Implement detailed processes for regular reviews, stakeholder feedback, and incorporation of new research findings to ensure the strategy remains relevant and effective.

Expand Public Awareness Campaigns: Strengthen public awareness efforts by developing specific initiatives and ongoing education programs to foster a more inclusive society.

Increase Support for Crisis Management: Develop detailed protocols and specialized training programs for emergency responders to handle situations involving autistic individuals effectively.

Additional Strategic Insights:

Promote International Collaboration: Engage in international collaborations to share best practices, participate in global research initiatives, and enhance knowledge and practices.

Family-Centered Approaches: Strengthen support for families by providing specific programs and resources aimed at involving families in decision-making processes and equipping them with the necessary tools to care for their autistic members effectively.

Focus on Transition Support: Emphasize support during key life transitions with individualized transition plans and continuous support to help autistic individuals navigate changes in their education, employment, and living arrangements.

DE-by] Bavaria (Germany)

- 'Empfehlungen für eine Autismus-Strategie Bayern' (Recommendations for an Autism Strategy in Bavaria)

https://opus4.kobv.de/opus4hm/frontdoor/deliver/index/docId/178/file/Empfehlungen ASS Strategie 2021.pdf

■ A1: Comprehensive Analysis of Topics Related to the Needs of Autistic People

Autism-Friendly Accessibility Everywhere (Social and Sensory) (Including Public Places and Transportation, Stores, and Residential **Neighborhoods**)

- Bavaria (Germany): The strategy emphasizes the need for creating autism-friendly environments. Recommendations include sensory-friendly modifications in public spaces, schools, and workplaces. Public transportation systems are encouraged to provide clear, accessible information and quiet spaces to reduce sensory overload.
- Australia: Australia's strategy also prioritizes sensory-friendly environments, with a focus on adapting public places and transportation systems to be more accessible. The strategy includes detailed guidelines for creating autism-friendly spaces, such as sensory rooms in schools and public areas, training for staff in public services, and public awareness initiatives to promote inclusivity and understanding of sensory needs.

Detection of Autism

- Bavaria (Germany): Early detection is a key focus, with recommendations for standardized screening processes in early childhood and ongoing assessments throughout development. The strategy highlights the importance of training healthcare providers to recognize early signs of autism and to conduct thorough, evidence-based evaluations.
- Australia: Early detection is emphasized through mandatory developmental checks and accessible diagnostic services. Australia's strategy includes widespread training programs for healthcare professionals and educators to ensure early identification and support. The

strategy outlines specific protocols for early screening and detailed follow-up assessments to confirm diagnoses.

Education and Social Skills

- **Bavaria (Germany):** The strategy advocates for inclusive education systems that integrate autistic students into mainstream classrooms with appropriate support. Recommendations include individualized education plans (IEPs), social skills training programs, and teacher training to better understand and support autistic students.
- Australia: Prioritizes inclusive education through individualized educational plans (IEPs) and support services in all schools. Social skills programs and peer mentoring are integral components of the educational strategy, ensuring a supportive learning environment for autistic students.

Training of Parents and Carers

- Bavaria (Germany): Parent and caregiver training is emphasized, focusing on equipping families with strategies to support their autistic children effectively. The strategy recommends accessible training programs, support groups, and counseling services to empower parents and carers.
- Australia: Parent and carer training is integrated into the NDIS framework, providing workshops and online resources focused on empowerment and practical support strategies. Training emphasizes understanding autism and managing daily challenges.

Awareness of Society and Public Servants

- Bavaria (Germany): Public awareness campaigns are integral, aimed at reducing stigma and increasing understanding of autism. The strategy includes training for public servants, educators, and healthcare providers to foster a more inclusive society.
- Australia: Awareness initiatives are widespread, targeting the general public and specific professional groups. The strategy outlines comprehensive training programs for public servants, educators, and healthcare providers, emphasizing the importance of understanding and accommodating autistic individuals in various settings.

Assistance Services Adapted to Autism

Bavaria (Germany): The strategy recommends a range of tailored assistance services, including specialized therapy programs, support for daily living skills, and access to healthcare services that understand autism-specific needs.

Australia: The NDIS facilitates comprehensive and personalized assistance services, ensuring autistic individuals receive tailored support through coordinated personal plans. Services cover a wide range of needs, from therapy to daily living assistance.

Individual Assistants

- **Bavaria (Germany):** The strategy advocates for the provision of individual assistants to support autistic individuals in various settings. This includes personal aides in schools and workplaces to facilitate inclusion and support.
- Australia: Individual assistants are a key component of the NDIS, providing consistent and tailored support across the country. Autistic individuals can employ personal assistants to help manage daily activities and enhance their participation in the community.

Peer Support

- **Bavaria (Germany):** Peer support networks are promoted, with recommendations for creating support groups and peer mentoring programs to foster community and mutual assistance among autistic individuals.
- Australia: Systematically integrates peer support into the strategy, with funded initiatives to establish and maintain support groups accessible both in person and online.

Housing and Independent Living

- Bavaria (Germany): The strategy includes recommendations for supported housing options and independent living programs tailored to the needs of autistic individuals. Emphasis is placed on creating safe, accessible living environments with necessary supports.
- Australia: Extensive support for independent living is provided through the NDIS, offering housing modifications and access to supportive housing options. This ensures that autistic individuals can choose living arrangements that best suit their needs and preferences.

Employment (or Allowances)

Bavaria (Germany): Employment support includes vocational training programs, workplace accommodations, and incentives for employers to hire autistic individuals. The strategy advocates for inclusive hiring practices and ongoing support to ensure successful employment.

• Australia: Australia's approach includes strong initiatives to integrate autistic individuals into the workforce, with specific employment support programs designed to help individuals find and retain jobs. The strategy emphasizes workplace inclusivity and accommodations.

Health, Nutrition, Physical Activities, and Sports

- Bavaria (Germany): The strategy recommends specialized healthcare services, nutritional support, and opportunities for physical activities tailored to autistic individuals. Emphasis is placed on accessible sports programs and inclusive recreational activities.
- Australia: Health and wellness are central, with detailed plans for providing specialized healthcare, nutritional guidance, and access to physical activities. The strategy promotes inclusive sports programs and recreational activities to encourage physical fitness and social interaction.

Friendly and Affective Relationships (Including Sexual)

- Bavaria (Germany): The strategy addresses the importance of supporting autistic individuals in developing and maintaining relationships, including sexual relationships. It includes recommendations for education and counseling services to promote healthy, respectful relationships.
- Australia: Emphasizes the importance of supporting relationships, including sexual education and relationship-building programs tailored to autistic individuals' needs.

Leisure, Travels, Experiences, Special Interests, Creativity, Flourishing of Autistic People

- **Bavaria (Germany):** The strategy encourages participation in leisure activities, travel, and the pursuit of special interests and creative endeavors. It promotes accessible recreational programs and support for pursuing hobbies and passions.
- Australia: Promotes access to leisure, creative arts, and travel for autistic individuals. Funding is available for projects that include autistic people in arts, sports, and cultural activities.

Connection with Nature (Including Animals)

• Bavaria (Germany): The strategy highlights the therapeutic benefits of nature and animal-assisted therapy. It recommends programs that facilitate interaction with nature and animals as part of a holistic approach to support.

Australia: Includes programs that enhance connections with nature and animals, recognizing the therapeutic benefits and promoting activities that involve nature-based therapy.

Protection Against Stigma, Bullying, Mistreatment, and Abuse

- **Bavaria (Germany):** The strategy includes robust measures to protect autistic individuals from stigma, bullying, and abuse. It emphasizes the importance of creating safe environments and providing support for those who experience mistreatment.
- Australia: Comprehensive policies to combat bullying and discrimination are supported by legal frameworks to protect autistic individuals, with extensive public education campaigns.

Personal Security (Especially Against the Risk of Getting Lost), **Protection, and Defense (Against Other People)**

- Bavaria (Germany): The strategy addresses personal security concerns, including measures to prevent autistic individuals from getting lost and providing protection against exploitation and harm.
- Australia: Personal security is a key focus, with initiatives to develop safety plans, use technology for tracking and protection, and provide training on self-defense and personal safety.

Protection Against Depression and Suicide

- Bavaria (Germany): The strategy includes mental health support services aimed at preventing depression and suicide among autistic individuals. It recommends accessible counseling, crisis intervention, and peer support programs.
- Australia: Prioritizes mental health support with specific programs to identify early signs of depression and provide timely interventions. Comprehensive support systems cater to the mental health needs of autistic individuals, including crisis intervention services.

Protection Against the Risk of Deprivation of Liberty (in Institutions or Hospitals) or Forced Treatments

Bavaria (Germany): The strategy advocates for the rights of autistic individuals to live freely and avoid unnecessary institutionalization or forced treatments. It emphasizes person-centered care and legal protections to ensure autonomy.

Australia: Ensures legal and ethical guidelines to prevent the deprivation of liberty and non-consensual treatments, protecting the rights of autistic individuals.

Healthcare and Emergencies

- **Bavaria (Germany):** The strategy recommends specialized healthcare services and emergency protocols tailored to the needs of autistic individuals. It includes training for healthcare providers and emergency responders to handle autism-specific situations.
- Australia: Enhances healthcare and emergency services through specialized training and autism-friendly emergency response practices.

Aging and Autonomy

- Bavaria (Germany): The strategy addresses the needs of aging autistic individuals, focusing on maintaining autonomy and providing appropriate support as they age. It includes initiatives to support independent living and community integration for older autistic adults.
- Australia: Provides resources and support systems designed to maintain independence and support health as autistic individuals age. The strategy includes planning for long-term care and support services.

Empowerment Advocacy

- Bavaria (Germany): The strategy promotes self-advocacy and empowerment, encouraging autistic individuals to participate in decision-making processes and advocating for their rights. It includes training programs and support networks to foster self-advocacy.
- Australia: Emphasizes empowerment, supporting initiatives that enhance self-advocacy skills and active community involvement.

Respect of the UN CRPD

- **Bavaria (Germany):** The strategy aligns with the principles of the UN Convention on the Rights of Persons with Disabilities (UN CRPD), ensuring that the rights and dignity of autistic individuals are upheld in all policies and practices.
- Australia: Commits to UN CRPD principles, ensuring all measures and policies uphold autistic individuals' rights and dignity.

Effective Access to Justice

- Bavaria (Germany): Efforts to ensure effective access to justice, including adaptations in legal processes to accommodate autistic individuals.
- Australia: Facilitates access to justice through legal aid services and court procedure adaptations for autistic individuals.

© Comparative Summary

Both Bavaria (Germany) and Australia prioritize early detection, inclusive education, personalized support services, and societal awareness to improve the quality of life for autistic individuals. Bavaria's strategy provides a strong emphasis on creating autism-friendly environments, comprehensive education support, and family empowerment. Australia's strategy is more structured, with a robust implementation framework under the NDIS, extensive public awareness campaigns, and rigorous monitoring and accountability mechanisms. Both strategies align with international human rights standards and emphasize the importance of autonomy, dignity, and inclusion for autistic individuals.



Bavaria (Germany)

The Bavarian Autism Strategy includes several additional relevant topics that extend beyond the standard areas typically addressed in autism strategies. These topics highlight areas where the strategy provides specific guidance or recommendations that might not be as prominently featured in Australia's strategy.

1. Crisis Management and Emergency Services:

- o Focus on Emergency Protocols: The strategy emphasizes the importance of having well-defined emergency protocols tailored for autistic individuals. This includes specialized training for emergency responders to handle situations involving autistic individuals with sensitivity and care.
- o Mental Health Crisis Intervention: There is a specific focus on mental health crisis intervention, ensuring that autistic individuals receive appropriate and timely support during mental health crises.

2. Support for Autistic Individuals in the Criminal Justice System:

- Legal Support and Training: The strategy addresses the specific needs of autistic individuals in the criminal justice system. This includes providing legal support, training for law enforcement and legal professionals on autism, and adapting legal processes to accommodate autism-related needs.
- o Preventive Measures: Focuses on preventive measures to reduce the involvement of autistic individuals in the criminal justice system through early intervention and

support.

3. Public Health Surveillance and Data Collection:

- o **Epidemiological Research:** The strategy emphasizes the importance of public health surveillance and epidemiological research to better understand the prevalence and needs of autistic individuals. Recommendations for improved data collection methods and integration of data across systems to inform policy and practice are key components.
- o **National Databases:** Recommendations for establishing national databases to track autism prevalence, service usage, and outcomes to inform future planning and resource allocation are included.

4. Legal and Ethical Standards for Research and Interventions:

- o **Ethical Guidelines:** The strategy outlines strict ethical guidelines for conducting research and implementing interventions with autistic individuals. This includes ensuring informed consent, respecting autonomy, and avoiding coercive practices.
- o **Legal Protections:** Specific legal protections are in place to safeguard the rights of autistic individuals during research and treatment, ensuring that all interventions are conducted ethically and legally.

5. Environmental Modifications and Accessibility:

- o **Environmental Design:** Emphasizes the importance of environmental modifications to create autism-friendly spaces in various settings, including workplaces, schools, and public areas. Recommendations include specific design elements that reduce sensory overload and enhance accessibility.
- o Universal Design Principles: Advocates for adopting universal design principles to ensure that all spaces are accessible and inclusive for autistic individuals.

6. Specialized Training for Service Providers:

- o Comprehensive Training Programs: The strategy includes detailed recommendations for specialized training programs for healthcare providers, educators, and social service workers, enhancing understanding of autism and improving the quality of care and support provided.
- o Ongoing Professional Development: Emphasizes the importance of ongoing professional development and continuous learning opportunities for service providers to stay updated on best practices and new research findings.

7. Technology and Digital Accessibility:

- o **Digital Tools for Support:** The strategy discusses the use of technology to support autistic individuals, including digital communication tools, online resources for learning and therapy, and virtual support groups.
- Accessibility of Digital Services: Recommendations include ensuring that digital services and platforms are accessible to autistic individuals, with features that accommodate sensory sensitivities and communication preferences.

Maria Australia

Australia's Draft National Autism Strategy covers a wide range of important areas but may lack some specific focuses that Bavaria's strategy includes:

1. Crisis Management and Emergency Services:

 While Australia includes mental health support, the specific integration of autism services with broader emergency protocols and mental health crisis interventions, as emphasized in Bavaria, might not be as detailed.

2. Support for Autistic Individuals in the Criminal Justice System:

 While Australia includes initiatives for legal support and adaptations in the justice system, the detailed focus on preventive measures and specific training for legal professionals, as highlighted in Bavaria, could enhance support for autistic individuals in this area.

3. Public Health Surveillance and Data Collection:

 Australia emphasizes data collection and research but may not have the same focus on establishing national databases and integrating data across systems as seen in Bavaria's strategy.

4. Legal and Ethical Standards for Research and Interventions:

 Australia's strategy includes ethical guidelines, but the specific legal protections and detailed ethical standards outlined in Bavaria's strategy might provide a more comprehensive framework for research and interventions.

5. Environmental Modifications and Accessibility:

 Australia promotes sensory-friendly environments and accessibility, but the specific recommendations for universal design principles and detailed environmental modifications in various settings, as outlined in Bavaria's strategy, might provide a more comprehensive approach.

6. Specialized Training for Service Providers:

 Australia includes training for service providers, but the emphasis on ongoing professional development and comprehensive training programs in Bavaria's strategy could enhance the quality and consistency of care.

7. Technology and Digital Accessibility:

 Australia's strategy mentions the use of technology but may not provide the same level of detail regarding digital tools and accessibility as seen in Bavaria's strategy.



Bavaria's Autism Strategy includes several additional relevant topics that provide a more detailed and comprehensive approach to supporting autistic individuals. By integrating these elements,

Australia's Draft National Autism Strategy could enhance its robustness and effectiveness, ensuring a more inclusive, holistic, and legally backed framework for autism support and advocacy. These additional topics highlight the proactive measures both regions are taking to address gaps and enhance the effectiveness of their autism strategies.



Close Consultation and Active Participation of Autistic People or Their **Families**

- Bavaria (Germany): The Bavarian Autism Strategy emphasizes extensive consultation with autistic individuals, their families, and other stakeholders. The strategy was developed through a participatory process involving experts in autism, family members, autistic individuals, service providers, and representatives from various sectors. This inclusive approach ensures that diverse needs and perspectives are represented and addressed.
- Australia: Australia's strategy involves active participation from autistic individuals and their families throughout the policy development and implementation process. Advisory panels consisting of autistic individuals and advocacy groups play a significant role in shaping and reviewing the strategy, ensuring continuous input and consideration of diverse needs.

Implementation Details

- **Bavaria (Germany):** The strategy provides comprehensive recommendations and action plans, but it lacks a detailed implementation framework with specific roles, timelines, and accountability measures. The focus is on guiding principles and suggested actions for various sectors, leaving the specifics of implementation to be determined by relevant authorities and stakeholders.
- Australia: Australia's strategy includes a detailed implementation framework with specific roles and responsibilities assigned to various government departments and agencies. The strategy outlines clear action plans with timelines, funding allocations, and measurable targets to ensure accountability and progress.

Administrative Body Dedicated for Autism

Bavaria (Germany): There is no single administrative body dedicated solely to autism. Instead, the strategy relies on existing structures within the health, education, and social care sectors to implement the recommended changes. Coordination among various stakeholders is emphasized to ensure effective implementation.

Australia: While there is no single administrative body dedicated solely to autism, the National Disability Insurance Agency (NDIA) under the NDIS plays a central role in coordinating and delivering services to autistic individuals. The strategy also involves multiple government departments working in collaboration to implement the policy.

Monitoring and Accountability

- **Bavaria (Germany):** The strategy includes general recommendations for monitoring and evaluation but lacks a detailed framework for accountability. It suggests regular reviews and assessments but does not specify mechanisms for tracking progress and enforcing accountability.
- Australia: Australia's strategy includes comprehensive monitoring and accountability mechanisms. Regular reports and independent evaluations are required to track progress against the strategic objectives. Stakeholder feedback is integral to the process, ensuring that the strategy remains effective and responsive to the community's needs.

SMART Criteria

- **Bavaria (Germany):** The strategy provides clear recommendations but does not explicitly use the SMART (Specific, Measurable, Achievable, Relevant, Time-bound) criteria to frame its objectives. This could lead to variability in how the guidelines are interpreted and implemented.
- Australia: The strategy employs SMART criteria extensively, setting clear, measurable goals and objectives. This structured approach facilitates benchmarking, progress tracking, and accountability, ensuring that each action item is specific, measurable, achievable, relevant, and time-bound.

Legal Framework and Tools

- Bavaria (Germany): The strategy is supported by existing legal frameworks that provide protections for autistic individuals, including laws that mandate inclusive education and anti-discrimination measures. However, the strategy does not detail specific autismfocused legislation.
- Australia: The strategy is supported by legal frameworks under the NDIS and broader disability rights laws. These frameworks provide a structured approach to funding, service provision, and rights protection for autistic individuals, ensuring that the strategy's measures are enforceable and backed by government policy.

Continuous Improvement

- **Bavaria (Germany):** The strategy emphasizes the importance of continuous improvement but lacks structured mechanisms for regular updates and feedback integration. The focus is on encouraging best practices and adapting based on informal feedback.
- Australia: Continuous improvement is embedded in the strategy through regular reviews and updates based on new research and stakeholder feedback. The strategy emphasizes the importance of staying current with scientific advancements and evolving community needs.

International Collaboration

- **Bavaria (Germany):** The strategy highlights the importance of international collaboration and learning from global best practices. It encourages participation in international research networks and the adaptation of successful approaches from other countries.
- Australia: Australia engages in international collaborations to inform domestic policy and share best practices. The strategy includes a focus on learning from global developments and integrating international insights into the national approach.



Both Bavaria (Germany) and Australia prioritize stakeholder engagement and evidence-based practices in their frameworks for supporting autistic individuals. However, Australia's strategy stands out for its detailed implementation framework, robust monitoring and accountability mechanisms, and adherence to SMART criteria, which ensure structured and measurable progress. Bavaria's strategy includes important legal protections and emphasizes international collaboration but could benefit from more structured implementation and accountability mechanisms. The comparison highlights areas where Bavaria's strategy could be enhanced by adopting some of the structured elements present in Australia's approach, ensuring more consistent and accountable service delivery.



■ Bavaria (Germany)

The Bavarian Autism Strategy includes several additional framework-related topics that extend beyond those typically addressed in standard autism strategies. These topics highlight areas where the strategy provides specific guidance or recommendations that might not be as prominently featured in Australia's strategy.

1. Holistic Health and Wellbeing Approach:

- o **Integration with Mental Health Services:** The strategy emphasizes the integration of autism services with broader mental health services. This holistic approach aims to provide comprehensive support that addresses both autism-specific needs and cooccurring mental health conditions.
- Holistic Care Models: There is a strong focus on creating holistic care models that combine mental health and autism-specific interventions to improve overall wellbeing.

2. Crisis Management and Emergency Services:

- o **Emergency Protocols:** The strategy includes specific recommendations for developing emergency protocols tailored to autistic individuals. This involves training for emergency responders to handle situations involving autistic individuals with sensitivity and care.
- o Mental Health Crisis Intervention: There is a particular emphasis on mental health crisis intervention, ensuring that autistic individuals receive appropriate and timely support during mental health crises.

3. Ethical Standards for Research and Interventions:

- o **Ethical Guidelines:** The strategy outlines strict ethical guidelines for conducting research and implementing interventions with autistic individuals. This includes ensuring informed consent, respecting autonomy, and avoiding coercive practices.
- o **Legal Protections:** Specific legal protections are in place to safeguard the rights of autistic individuals during research and treatment, ensuring that all interventions are conducted ethically and legally.

4. Public Health Surveillance and Data Collection:

- o **Epidemiological Research:** The strategy emphasizes the importance of public health surveillance and epidemiological research to better understand the prevalence and needs of autistic individuals. Recommendations for improved data collection methods and integration of data across systems are included to inform policy and practice.
- o National Databases: Recommendations for establishing national databases to track autism prevalence, service usage, and outcomes to inform future planning and resource allocation are included.

5. Support for Autistic Individuals in the Criminal Justice System:

- Legal Support and Training: The strategy addresses the specific needs of autistic individuals in the criminal justice system. This includes providing legal support, training for law enforcement and legal professionals on autism, and adapting legal processes to accommodate autism-related needs.
- o **Preventive Measures:** Focuses on preventive measures to reduce the involvement of autistic individuals in the criminal justice system through early intervention and support.

6. Environmental Modifications and Accessibility:

- Environmental Design: Emphasizes the importance of environmental modifications to create autism-friendly spaces in various settings, including workplaces, schools, and public areas. Recommendations include specific design elements that reduce sensory overload and enhance accessibility.
- Universal Design Principles: Advocates for adopting universal design principles to ensure that all spaces are accessible and inclusive for autistic individuals.

7. Specialized Training for Service Providers:

- Comprehensive Training Programs: The strategy includes detailed recommendations for specialized training programs for healthcare providers, educators, and social service workers, enhancing understanding of autism and improving the quality of care and support provided.
- Ongoing Professional Development: Emphasizes the importance of ongoing professional development and continuous learning opportunities for service providers to stay updated on best practices and new research findings.

Maria Australia

Australia's Draft National Autism Strategy covers a wide range of important areas but may lack some specific focuses that Bavaria's strategy includes:

1. Holistic Health and Wellbeing Approach:

 While Australia includes mental health support, the specific integration of autism services with broader mental health services, as emphasized in Bavaria, might not be as detailed.

2. Crisis Management and Emergency Services:

 While Australia includes mental health crisis support, the specific focus on emergency protocols and crisis intervention tailored to autistic individuals, as seen in Bavaria, might not be as detailed.

3. Ethical Standards for Research and Interventions:

 Australia's strategy includes ethical guidelines, but the specific legal protections and detailed ethical standards outlined in Bavaria's strategy might provide a more comprehensive framework for research and interventions.

4. Public Health Surveillance and Data Collection:

 Australia emphasizes data collection and research but may not have the same focus on establishing national databases and integrating data across systems as seen in Bavaria's strategy.

5. Support for Autistic Individuals in the Criminal Justice System:

 While Australia includes initiatives for legal support and adaptations in the justice system, the detailed focus on preventive measures and specific training for legal professionals, as highlighted in Bavaria, could enhance support for autistic individuals in this area.

6. Environmental Modifications and Accessibility:

 Australia promotes sensory-friendly environments and accessibility, but the specific recommendations for universal design principles and detailed environmental modifications in various settings, as outlined in Bavaria's strategy, might provide a more comprehensive approach.

7. Specialized Training for Service Providers:

 Australia includes training for service providers, but the emphasis on ongoing professional development and comprehensive training programs in Bavaria's strategy could enhance the quality and consistency of care.



Bavaria's Autism Strategy includes several additional framework-related topics that provide a more detailed and comprehensive approach to supporting autistic individuals. By integrating these elements, Australia's Draft National Autism Strategy could enhance its robustness and effectiveness, ensuring a more inclusive, holistic, and legally backed framework for autism support and advocacy. These additional topics highlight the proactive measures both regions are taking to address gaps and enhance the effectiveness of their autism strategies.



Technological Integration and Digital Accessibility

- **Bavaria (Germany):** The Bavarian strategy emphasizes the use of technology to support autistic individuals, particularly in education and communication. Recommendations include the development of digital tools and resources tailored to the needs of autistic individuals, enhancing accessibility and user-friendliness. The strategy also highlights the importance of training for autistic individuals and their caregivers to effectively utilize these technologies.
- Australia: Australia's strategy includes a significant focus on technological integration, leveraging digital platforms to deliver services and support. The National Disability Insurance Scheme (NDIS) facilitates access to assistive technologies, and the strategy supports the development of digital resources, including apps and online platforms that cater to the educational and social needs of autistic individuals.

Crisis Management and Emergency Services

• **Bavaria (Germany):** The strategy identifies the need for specialized training for emergency services personnel to address the unique needs of autistic individuals during

emergencies. This includes protocols for handling situations sensitively and effectively, minimizing stress and confusion for autistic individuals.

Australia: The strategy outlines comprehensive emergency and crisis management protocols that incorporate the needs of autistic individuals. This involves training for emergency personnel and the development of autism-specific crisis intervention teams to provide timely and appropriate responses.

Cultural Competency and Inclusivity

- Bavaria (Germany): Bavaria's strategy emphasizes cultural competency, aiming to ensure that services are sensitive to the diverse backgrounds of autistic individuals. The strategy calls for training programs that enhance understanding among service providers about cultural differences and how these can affect the experiences of autistic individuals.
- Australia: Australia's strategy prioritizes cultural competency and inclusivity, with initiatives to provide services in multiple languages and train service providers in cultural sensitivity. The strategy aims to reduce racial and ethnic disparities in the diagnosis and treatment of autism, ensuring equitable access to support for all autistic individuals.

Policy Consistency and Coordination Across Levels of Government

- **Bavaria (Germany):** The strategy advocates for better coordination between different levels of government to streamline support and services for autistic individuals. This includes integrating services across healthcare, education, and social services to provide a cohesive support system.
- Australia: The Australian strategy demonstrates strong policy consistency and coordination across national, regional, and local government levels. The NDIS provides a centralized framework that ensures uniform implementation of services and supports across the country, facilitating seamless coordination.

Public and Private Sector Roles

- **Bavaria (Germany):** The strategy involves both public and private sectors in the provision of services and support for autistic individuals. It emphasizes the need for partnerships between government, private service providers, and non-governmental organizations to ensure comprehensive support.
- Australia: The strategy involves robust collaboration between the public and private sectors, with the NDIS facilitating partnerships with private service providers. This ensures a wide range of services and supports are available, leveraging private sector innovation to complement public services.

Sustainability of Services

- **Bavaria (Germany):** While the strategy emphasizes the need for sustainable services, it does not provide detailed plans for ensuring long-term financial and systemic sustainability. The focus is on improving current services and introducing new initiatives, but without a clear sustainability framework.
- Australia: Sustainability is a key focus of Australia's strategy, with the NDIS providing a stable funding mechanism for autism support. The strategy includes long-term planning to ensure services are resilient and can adapt to changing needs over time, ensuring financial sustainability and robust service delivery frameworks.

Impact Measurement and Strategy Evaluation

- Bavaria (Germany): The strategy outlines the importance of monitoring and evaluating the effectiveness of services and interventions. However, it lacks a comprehensive framework for impact measurement and regular evaluation. Suggestions for assessments and reviews are present, but specific mechanisms are not detailed.
- Australia: Australia's strategy includes rigorous impact measurement tools to evaluate the effectiveness of their autism strategies. Regular updates, stakeholder feedback, and independent evaluations are integral parts of the framework, ensuring accountability and continuous improvement.



Both Bavaria and Australia emphasize the importance of technological integration, crisis management, cultural competency, and the roles of public and private sectors in their autism strategies. However, Australia's approach is more comprehensive in terms of policy coordination, sustainability, and impact measurement, demonstrating a structured and system-wide approach to supporting autistic individuals. Bavaria's strategy, while detailed in certain aspects, could benefit from more explicit frameworks for sustainability and impact evaluation to enhance the long-term effectiveness of its initiatives.



Language and Approach

Bavaria (Germany):

- Use of Identity-First Language: The Bavarian strategy uses a mix of identity-first and person-first language, reflecting a nuanced approach to terminology that respects individual preferences within the autism community.
- Stigmatizing Terms: The strategy generally avoids stigmatizing terms and seeks to portray autism in a neutral or positive light, focusing on capabilities and individual strengths rather than deficits.

Australia:

- Use of Identity-First Language: Consistent with the preference of many within the autistic community, Australia's strategy predominantly uses identity-first language (e.g., "autistic people") to affirm identity and recognize autism as an integral part of an individual's identity.
- Avoidance of Stigmatizing Terms: The strategy is careful to avoid terms that could be considered stigmatizing. It emphasizes abilities and supports needs without framing autism as a condition solely defined by limitations.

Portrayal of Autism and Respect for Autistic Nature

• Bavaria (Germany):

The Bavarian strategy portrays autism not just as a set of challenges but also as a difference that contributes to the diversity of human experience. It emphasizes respecting autistic individuals' nature and adapting environments to better suit their needs rather than forcing them to conform to typical norms.

Australia:

Similar to Bavaria, Australia's approach is aligned with the neurodiversity paradigm, which views autism as a natural variation in human development. The strategy supports this view by advocating for environments and systems that accommodate autistic individuals authentically, promoting acceptance and inclusion.

Normalization Tactics

• Bavaria (Germany):

- Approach to Interventions: The strategy focuses on interventions that support individual needs and promote independence. It critically addresses traditional behavioral interventions, suggesting that supports should enhance life skills without enforcing normalization.
- Cultural and Educational Adaptations: Emphasis is placed on adapting educational and social settings to be more inclusive, rather than pushing autistic individuals to adapt to standard environments.

Australia:

 Avoidance of Normalization Tactics: Australia's strategy explicitly moves away from approaches that seek to 'normalize' autistic individuals. Instead, it promotes supports

- and interventions that allow individuals to thrive in their own ways, respecting their natural differences.
- o **Empowerment and Advocacy:** The strategy includes strong elements of empowerment, encouraging autistic individuals to advocate for themselves and participate in community and policy-making processes, further moving away from any normalization pressures.









🗕 🥬 Comparative Insights

- Language and Representation: Both Bavaria and Australia show sensitivity in their use of language, with a clear preference for identity-first terms that respect the preferences of the autistic community. Both strategies avoid stigmatizing language, focusing on strengths and capabilities.
- Portrayal and Acceptance of Autism: Both regions endorse a portrayal of autism that emphasizes acceptance and respect for autistic nature. They advocate for societal adaptation to autistic needs rather than expecting autistic individuals to conform to typical norms.
- Normalization Tactics: Both strategies are aligned in their approach to avoiding normalization tactics. While Bavaria discusses adapting interventions to support individual needs and promote independence, Australia focuses on empowerment and self-advocacy, ensuring that supports are respectful of individual differences and promote genuine inclusion.

These strategies reflect a contemporary understanding of autism that emphasizes respect, inclusion, and empowerment, moving away from outdated models that focused on conformity and normalization. This approach is crucial for promoting an inclusive society where autistic individuals can participate fully and authentically.







E: Comparative Analysis of Methodologies

🛏 Bavaria (Germany)

Methodological Approach:

- o The Bavarian Autism Strategy adopts a holistic and integrated approach that emphasizes the collaboration across healthcare, educational, and social services to provide a cohesive support system for autistic individuals.
- o The strategy underlines the importance of personalized care and interventions, focusing on tailoring services to meet the unique needs of each individual.

Implementation Framework:

o While the Bavarian strategy outlines general principles and goals, it lacks specific details on the implementation framework. The document suggests collaboration among various sectors but does not provide explicit action plans or timelines.

o Emphasizes the need for training and education of professionals across various fields to ensure a unified approach to autism care.

Monitoring and Evaluation:

o The strategy includes a commitment to ongoing monitoring and evaluation but lacks detailed mechanisms for implementation. It mentions the use of feedback from stakeholders to refine and adapt strategies but does not specify the processes or tools that will be used



Methodological Approach:

- o Australia's National Autism Strategy is comprehensive, focusing on creating an inclusive environment that supports autistic individuals through education, employment, healthcare, and community engagement.
- o It employs evidence-based practices and emphasizes the need for interventions that are supported by scientific research, ensuring the effectiveness and safety of treatments and supports.

Implementation Framework:

- The Australian strategy is detailed in its implementation framework, specifying the roles of different government agencies, non-governmental organizations, and private sector partners. It provides clear timelines and objectives, outlining the responsibilities and expected outcomes for each participant.
- o Includes detailed funding allocations and resource planning to ensure that the strategy is adequately supported financially and operationally.

Monitoring and Evaluation:

- Features a robust framework for monitoring and evaluation, with specific indicators and benchmarks to measure progress. The strategy outlines regular reporting requirements and independent evaluations to assess the effectiveness of interventions and support mechanisms.
- o Utilizes feedback mechanisms that involve the autistic community and their families, ensuring that the strategy remains responsive to their needs and adaptable to new insights or changes in the community.









Comparative Insights

Both Bavaria and Australia prioritize a holistic approach to supporting autistic individuals, but there are key differences in how they plan and execute their strategies:

Methodological Approach:

o Both strategies emphasize a personalized approach to care and support, but Australia's strategy is more prescriptive in employing evidence-based practices and ensuring that all interventions are scientifically validated.

• Implementation Framework:

- Bavaria's strategy, while comprehensive in its scope, lacks detailed implementation plans which could impact the effectiveness and timely deployment of the proposed initiatives.
- In contrast, Australia provides a clear and detailed roadmap for implementation, which likely enhances the efficiency and impact of its strategy.

• Monitoring and Evaluation:

- Bavaria's strategy indicates a commitment to monitoring and evaluation but does not provide a concrete framework, which may hinder its ability to make informed adjustments over time.
- Australia's strategy, with its detailed monitoring and evaluation processes, allows for better accountability and continuous improvement based on empirical data and stakeholder feedback.



The comparison of the methodologies between Bavaria and Australia highlights Australia's more structured and detailed approach in implementing and evaluating its autism strategy. While both regions aim to create supportive environments for autistic individuals, Australia's detailed planning and evaluation processes provide a stronger foundation for achieving measurable and sustainable outcomes. Bavaria could enhance the effectiveness of its strategy by incorporating more detailed implementation and evaluation frameworks similar to those used in Australia.



Contextual Differences

It's important to note the contextual differences between these documents. Australia's Draft National Autism Strategy is an overarching policy initiative with outlined commitments, designed for nationwide implementation. On the other hand, Bavaria's document primarily offers recommendations, potentially influencing future policy but without direct implementation authority.

Key Differences Compared with Bavaria (Germany)

Primary Differences

Structured Implementation Framework:

Australia: Includes a formal structure with specific outcome areas, commitments, and a future-focused action plan.

Bavaria: Provides recommendations with potential strategies but lacks a defined action plan for implementation.

Comprehensive Scope of Services:

- **Australia:** Outlines a broad range of initiatives across various life aspects, including social inclusion, economic participation, health, education, and service delivery.
- **Bavaria:** Focuses on specific areas without covering as extensive a range.

Legislative and Policy Integration:

- **Australia:** Integrated within a larger legislative and policy framework, enhancing enforceability and systemic impact.
- **Bavaria:** Recommendations depend on policy adoption by relevant bodies without legislative backing.

Innovation and Flexibility in Service Delivery:

- Australia: Structured with national guidelines and centralized policies.
- **Bavaria:** Reflects potentially more flexible and adaptive service delivery models tailored to regional needs.

Stakeholder Engagement:

- **Australia:** Inclusive consultation processes with advisory panels involving autistic individuals and advocacy groups.
- **Bavaria:** Intensive consultations with specific community segments, including more localized or culturally specific input.

Focus on Specific Populations:

- Australia: Comprehensive but could further refine its focus on subgroups within the autistic community.
- **Bavaria:** Highlights targeted strategies for specific groups within the autism spectrum.
- Strengths of Australia's Strategy Compared with Bavaria's Recommendations:

- 🔤 🦅 쓝 Primary Strengths:
 - **Structured Implementation Framework:** Detailed action plan with specific roles, timelines, and accountability measures.
 - **Comprehensive Scope:** Covers a wide range of initiatives ensuring inclusive, holistic support for autistic individuals.
 - **Legislative Integration:** Backed by the National Disability Insurance Scheme (NDIS) and broader disability rights laws.
- Secondary Strengths:
 - **Stakeholder Engagement:** Inclusive consultation processes ensuring that autistic individuals' voices are heard and acted upon.
 - **Technological Integration:** Leveraging digital platforms and assistive technologies to deliver services and support.
 - **Monitoring and Accountability:** Comprehensive mechanisms ensuring regular reporting and evaluations.
- Apparent Gaps in Australia's Strategy Compared with Bavaria's Recommendations:
- 🌌 🔑 🛆 Primary Apparent Gaps:
 - **Regional Flexibility:** Needs mechanisms for more localized implementation allowing adjustments to meet diverse local needs effectively.
 - **Targeted Strategies:** Requires more detailed, targeted strategies for specific populations within the autistic community.
 - **Holistic Health and Wellbeing Approach:** Bavaria's integration of autism services with broader mental health services is more detailed, focusing on holistic care models.
- Secondary Apparent Gaps:
 - **Innovation in Service Models:** Encouragement for adopting innovative service delivery models to enhance flexibility, responsiveness, and effectiveness.
 - **Enhanced Stakeholder Collaboration:** Strengthening mechanisms for ongoing collaboration with stakeholders at all levels.
 - **Ethical Standards for Research and Interventions:** Bavaria's detailed ethical guidelines and legal protections provide a more comprehensive framework for research and interventions.
 - **Public Health Surveillance and Data Collection:** Establishing national databases to track autism prevalence, service usage, and outcomes for better policy and practice.

- Suggestions for Enhancements to Australia's Strategy:
- Primary Suggestions:
 - **Adopt a Flexible Regional Implementation Approach:** Introduce mechanisms for more localized implementation, allowing for regional customization and flexibility similar to Bavaria's adaptable approach.
 - **Enhance Specific Population Focus:** Develop more detailed, targeted strategies for specific populations within the autistic community, ensuring tailored interventions.
 - **Integrate Holistic Health and Wellbeing Approaches:** Incorporate detailed holistic care models that integrate autism services with broader mental health services, similar to Bavaria's strategy.
 - **Implement Robust Monitoring and Evaluation:** Establish comprehensive frameworks for continuous assessment and improvement, ensuring strategies meet intended goals.
- Secondary Suggestions:
 - **Increase Innovation in Service Models:** Encourage the adoption of innovative service delivery models, inspired by Bavaria's approaches, to enhance flexibility, responsiveness, and effectiveness of services.
 - **Strengthen Stakeholder Collaboration:** Enhance mechanisms for ongoing collaboration with stakeholders, ensuring active involvement in the strategy's continual refinement and implementation.
 - **Adopt Detailed Ethical Standards for Research and Interventions:** Implement comprehensive ethical guidelines and legal protections for research and interventions, ensuring all practices respect the rights and autonomy of autistic individuals.
 - **Enhance Public Health Surveillance and Data Collection:** Improve methods and establish national databases to track autism prevalence, service usage, and outcomes for better policy and practice.

Additional Strategic Insights:

- **Cultural Adaptation and Sensitivity:** Emphasize cultural sensitivity and adaptation, ensuring strategies are culturally competent and inclusive of all community members.
- **Public Health Surveillance and Data Collection:** Improve public health surveillance and data collection methods, establishing national databases to track autism prevalence, service usage, and outcomes to inform future planning and resource allocation.
- **International Collaboration:** Strengthen participation in international research networks and adaptation of successful approaches from other countries to enhance domestic strategies.



https://phare.irisnet.be/2017/02/03/plan-transversal-autisme/

A1: Comprehensive Analysis of Topics Related to the Needs of Autistic People

Autism-Friendly Accessibility Everywhere (Social and Sensory)

- Belgium: The Belgian strategy emphasizes creating more autism-friendly environments, particularly in public spaces and transportation. The strategy includes measures to ensure that public places are adapted to meet the sensory needs of autistic individuals, such as quiet spaces and clear signage.
- Australia: Australia also focuses on improving autism-friendly accessibility in public places and transportation. The strategy includes guidelines for urban development that incorporate sensory-friendly designs and modifications in public transportation to include features like quiet zones and clear signage.

Detection of Autism

- Belgium: Belgium places a strong emphasis on early detection and diagnosis. The strategy includes training for healthcare providers to recognize early signs of autism and the establishment of reference centers for autism diagnosis. Efforts are made to ensure that diagnoses are made as early as possible to facilitate timely intervention.
- Australia: Australia's approach includes a comprehensive pathway for autism detection starting in early childhood. The strategy supports training for healthcare providers to enhance early detection capabilities, integrating autism screenings into routine child health assessments

Education and Social Skills

- **Belgium:** The Belgian strategy includes the creation of specialized classes and schools for autistic students. There is a strong focus on integrating autistic students into mainstream education with the necessary support. Training for teachers and the development of individualized education plans are key components.
- Australia: Similar to Belgium, Australia focuses on inclusive education, providing specialized education plans and resources to schools. Teacher training and resource allocation are prioritized to create a supportive learning environment for autistic students.

Training of Parents and Carers

- **Belgium:** Belgium offers extensive training programs for parents and carers, including workshops and support groups. The strategy recognizes the critical role of parents and carers and provides them with the resources and knowledge needed to support their children effectively.
- Australia: Australia also provides comprehensive resources for parents and carers, focusing on early intervention and practical strategies for managing daily challenges. Training programs and support networks are widely accessible through community centers and online platforms.

Awareness of Society and Public Servants

- **Belgium:** Public awareness campaigns are a significant part of Belgium's strategy. These campaigns aim to educate society about autism and promote acceptance. Training programs for public servants are also included to improve service provision for autistic individuals.
- Australia: Australia has implemented nationwide awareness campaigns targeting the general public and specific professional groups such as public servants, healthcare providers, and educators. These campaigns aim to improve understanding and integration of autistic individuals in all aspects of society.

Assistance Services Adapted to Autism

• **Belgium:** The strategy in Belgium includes developing specialized assistance services tailored to the needs of autistic individuals. These services are designed to be flexible and responsive, covering various aspects of daily life, including healthcare, education, and social

integration.

Australia: Australia offers a wide range of personalized assistance services through the National Disability Insurance Scheme (NDIS), including tailored support plans that address the unique needs of each autistic individual. These plans often incorporate both traditional and innovative support mechanisms.

Individual Assistants

- Belgium: Belgium provides individual assistant support through local government programs and non-profit organizations. These assistants are trained to help autistic individuals manage various aspects of their daily lives, from social interactions to professional engagements.
- Australia: In Australia, individual assistants are extensively supported by the NDIS, which facilitates the hiring of personal assistants based on individual needs assessments. These assistants support autistic individuals in various activities, enhancing their ability to participate fully in community and work life.

Peer-Support

- Belgium: The strategy in Belgium promotes the development of peer-support networks, providing platforms for autistic individuals to connect and share experiences. Funding is available for local groups and online forums to facilitate such interactions.
- Australia: Australia invests in peer-support programs, focusing on building community connections and providing safe spaces for autistic individuals to interact and support each other. These programs are part of a broader initiative to enhance mental health and social inclusion.

Housing and Independent Living

- Belgium: Belgium supports independent living through the creation of specialized housing projects that offer adapted living environments. These projects are often conducted in partnership with local organizations and aim to provide a supportive community setting.
- Australia: Australia provides comprehensive support for independent living through the NDIS, which includes funding for housing modifications and access to supportive housing options. This ensures that autistic individuals can choose living arrangements that best suit their needs and preferences.

Employment (or Allowances)

- Belgium: The strategy in Belgium aims to increase employment opportunities for autistic individuals through targeted programs that include job coaching, workplace adaptations, and employer incentives. Additionally, welfare benefits are structured to support those who are unable to work.
- Australia: Australia's approach includes a strong focus on integrating autistic individuals into the workforce, with specific employment initiatives and support services designed to help individuals find and retain jobs. The strategy also emphasizes the importance of making workplaces more inclusive and supportive.

Health, Nutrition, Physical Activities, and Sports

- Belgium: Belgium's strategy includes programs to promote health, nutrition, and participation in physical activities, recognizing the importance of physical health for autistic individuals. These programs are tailored to be accessible and meet the specific needs of the autistic community.
- Australia: Similarly, Australia has initiatives to encourage participation in sports and physical activities, designed to be inclusive and accommodating of sensory and communication differences. Health and nutrition advice is also adapted to be accessible and practical for autistic individuals.

Friendly and Affective Relationships (including Sexual)

- Belgium: The Belgian strategy includes educational programs that address social skills and relationship building, including sexual relationships. Resources are provided to help autistic individuals understand and navigate these relationships responsibly.
- Australia: Australia also emphasizes relationship education, integrating these teachings within broader life skills programs aimed at young adults and adults. The strategy includes training for caregivers and professionals to support autistic individuals in this area effectively.

Leisure, Travels, Experiences, Special Interests, Creativity, Flourishing

Belgium: Belgium actively promotes access to leisure, creative arts, and travel for autistic individuals. Grants and funding are available for projects that include autistic people in arts, sports, and cultural activities, ensuring these opportunities are accessible and accommodating.

• Australia: Australia offers similar opportunities, with additional support for integrating autistic individuals into mainstream leisure activities. Special interest groups and programs are widely supported, fostering creativity and personal growth among the autistic community.

Connection with Nature (including Animals)

- **Belgium:** The Belgian strategy includes programs aimed at enhancing the connection with nature for autistic individuals, such as therapeutic activities involving animals and nature-based therapy programs.
- Australia: Australia recognizes the therapeutic benefits of nature and includes funding for programs that facilitate access to animal-assisted therapies and environmental engagements, as part of a broader approach to holistic health and well-being.

Protection Against Stigma, Bullying, Mistreatment, and Abuse

- **Belgium:** The strategy includes comprehensive measures to protect autistic individuals from stigma, bullying, and abuse, including public awareness campaigns, education in schools, and specific legal protections.
- Australia: Australia has robust policies to combat bullying and discrimination, with legal frameworks providing protections for autistic individuals. Educational programs promote understanding and acceptance.

Personal Security, Protection, and Defense

- **Belgium:** Belgium includes initiatives to enhance personal security for autistic individuals, such as the use of technology like GPS tracking for those at risk of getting lost. Safety training and emergency preparedness are part of community support services.
- Australia: Australia focuses on community safety and personal security through educational programs and the integration of safety planning in support services, including training for autistic individuals to understand personal safety and navigate public spaces securely.

Protection Against Depression and Suicide

• **Belgium:** The Belgian strategy includes targeted mental health services designed to support autistic individuals, recognizing their higher vulnerability to depression and suicidal

thoughts. Services include crisis intervention and ongoing mental health support.

• Australia: Australia prioritizes mental health with specific programs aimed at identifying early signs of depression and providing timely interventions, including comprehensive support systems catering to the mental health needs of autistic individuals.

Protection Against the Risk of Deprivation of Liberty or Forced Treatments

- **Belgium:** Legal protections in Belgium safeguard autistic individuals from unwarranted institutionalization and forced treatments, enforced through rigorous monitoring and accountability mechanisms.
- Australia: Australia has legal and ethical guidelines preventing the deprivation of liberty and non-consensual treatments, ensuring all interventions are conducted with full consent and legal oversight.

Healthcare and Emergencies

- **Belgium:** The Belgian strategy outlines specific protocols for healthcare and emergency situations to ensure autistic individuals receive appropriate and sensitive care, with training for healthcare and emergency personnel.
- Australia: Australia enhances healthcare and emergency services capabilities to effectively address the needs of autistic individuals through specialized training programs and the development of autism-friendly emergency response practices.

Aging and Autonomy

- **Belgium:** The strategy addresses the needs of aging autistic individuals by developing specialized care programs considering long-term needs and support requirements as they age, ensuring continued autonomy and quality of life.
- Australia: Australia focuses on the aging autistic population, providing resources and support systems designed to maintain independence and support health as individuals age.

Empowerment Advocacy

• **Belgium:** Empowerment and advocacy are central to Belgium's strategy, with significant investments in empowering autistic individuals to participate in decision-making

processes affecting their lives.

• Australia: Australia emphasizes empowerment by supporting initiatives enhancing selfadvocacy skills of autistic individuals and promoting their active involvement in policy development and community life.

Respect of the UN CRPD

- **Belgium:** The strategy aligns with the United Nations Convention on the Rights of Persons with Disabilities (UN CRPD), ensuring the rights of autistic individuals are fully respected and upheld.
- Australia: Australia commits to the UN CRPD principles within its national strategy, ensuring all measures and policies uphold the rights and dignity of autistic individuals.

Effective Access to Justice

- **Belgium:** Belgium ensures effective access to justice for autistic individuals through specialized training for legal professionals and adapting legal processes to accommodate specific needs.
- Australia: In Australia, access to justice is facilitated through legal aid services, advocacy, and adaptation of court procedures to accommodate the specific needs of autistic individuals.

A2: Identification of Additional Relevant Topics in Belgium and Australia's Autism Strategies

Belgium

The Belgian autism strategy incorporates several additional topics that extend beyond the typical focus areas addressed in A1:

- 1. Integration with Broader Disability Services:
 - **Integration with Other Disability Services:** The Belgian strategy emphasizes integrating autism services with broader disability services to ensure a cohesive and comprehensive support system. This approach aims to streamline access to services and avoid fragmentation.
- 2. Mental Health and Well-being:

• **Focus on Mental Health:** The Belgian strategy places significant emphasis on the mental health and well-being of autistic individuals, including tailored mental health services designed to address the specific needs related to autism. This includes specialized support for managing anxiety, depression, and other mental health issues commonly associated with autism.

3. Support for Transition Periods:

• **Transition Support:** The strategy highlights the need for targeted support during key transition periods, such as moving from childhood to adulthood and transitioning into independent living. These support measures are designed to provide continuity of care and reduce the challenges associated with major life changes.

4. Family and Caregiver Support:

• **Family Support:** Belgium places a strong emphasis on providing support to families and caregivers of autistic individuals. This includes providing resources, training programs, and support groups to help families manage the complexities of caring for an autistic person.

5. **Data Collection and Research:**

• **Improving Data Collection:** The strategy highlights the importance of enhancing data collection and research related to autism. Improved data collection helps to better understand the prevalence, needs, and outcomes for autistic individuals, informing policy and practice.

6. COVID-19 Considerations:

• **Pandemic Impact Mitigation:** The strategy includes specific measures to address the impact of the COVID-19 pandemic on autistic individuals, recognizing the unique challenges they faced during lockdowns and social restrictions. This includes providing exemptions and tailored support to mitigate adverse effects.

Australia

In comparison, Australia's autism strategy also incorporates several unique elements:

1. Research and Innovation:

• **Emphasis on Innovation:** Australia's strategy highlights the importance of fostering research and innovation, particularly in social integration and community support models. This includes funding for studies to explore effective support strategies and interventions.

2. Cultural and Linguistic Inclusivity:

Inclusivity Focus: Australia prioritizes ensuring that services are culturally and linguistically appropriate, acknowledging the diverse makeup of the population. This ensures that services are accessible to all autistic individuals, regardless of their cultural or linguistic background.

3. Sustainability Focus:

• Sustainability of Services: There is a significant emphasis on the sustainability of services, ensuring that they are not only effective but also resilient and financially sustainable over the long term.

4. Public Education and Awareness Campaigns:

• Awareness Campaigns: Australia has implemented comprehensive public education and awareness campaigns designed to increase understanding of autism across society, aiming to reduce stigma and enhance community integration.







B1: Analysis of Strategy Frameworks

Close Consultation and Active Participation of Autistic People or Their **Families**

- Belgium: The Belgian strategy was developed with significant input from autistic individuals and their families. This involved structured consultations, including surveys, public forums, and stakeholder meetings. The strategy explicitly acknowledges the diverse needs within the autism spectrum and emphasizes the inclusion of various perspectives to ensure comprehensive and effective policy-making.
- Australia: Australia's strategy also emphasizes the involvement of autistic people in the development and ongoing evaluation of its autism policies. This includes advisory panels consisting of autistic individuals and advocacy groups. The Australian government aims to ensure that these voices lead to substantive changes in the strategy, although the direct impact of this consultation on policy decisions is less explicitly documented than in Belgium.

Implementation Details

Belgium: The Belgian strategy outlines specific roles and responsibilities across different government departments and partners. It includes detailed implementation plans with clear timelines, funding allocations, and designated agencies responsible for various actions. The strategy integrates autism services with broader health and social care systems to ensure cohesive service delivery.

• Australia: Australia's implementation details are well-structured, with specific agencies and bodies identified for each part of the strategy. The National Disability Insurance Scheme (NDIS) plays a significant role in the implementation, providing the necessary infrastructure and funding to support detailed action plans. The strategy includes measurable targets and deadlines to track progress.

Administrative Body Dedicated for Autism

- **Belgium:** Belgium does not have a single administrative body dedicated solely to autism; instead, multiple agencies and departments manage the implementation of autism-related services and policies. Coordination is achieved through cross-departmental working groups and task forces that focus on autism within the broader disability and health frameworks.
- Australia: Australia also does not have a dedicated administrative body for autism; however, responsibilities are clearly divided among various departments and agencies, with strong coordination by the Department of Social Services. The NDIS provides a centralized framework for service delivery and support.

Monitoring and Accountability

- **Belgium:** The Belgian strategy includes robust monitoring mechanisms, such as regular reviews and independent evaluations. These are supplemented by stakeholder feedback to ensure accountability and transparency in the implementation process. The strategy emphasizes continuous improvement based on empirical data and community input.
- Australia: Monitoring and accountability in Australia are integral to the strategy, with regular reporting and audits conducted by both government and independent bodies. This ensures that all initiatives are accountable and that improvements can be continuously made based on empirical data and community feedback.

SMART Criteria

- **Belgium:** The Belgian strategy uses SMART (Specific, Measurable, Achievable, Relevant, Time-bound) criteria to define many of its objectives, making it possible to measure outcomes effectively. This structured approach helps in setting clear expectations and evaluating the success of various initiatives.
- Australia: Australia also utilizes SMART objectives extensively throughout its strategy. This structured approach facilitates clear benchmarking and goal attainment, allowing for adjustments based on performance metrics.

Legal Framework and Tools

- Belgium: Belgium's autism strategy operates within the framework of broader disability rights legislation. While there is no autism-specific law, the strategy is supported by existing legal provisions that protect the rights of autistic individuals and ensure access to necessary services.
- Australia: Similarly, Australia does not have a specific law for autism like the UK's Autism Act, but its strategies are incorporated within the broader framework of disability rights under Australian law, supported by specific policies and measures outlined in the NDIS.

Continuous Improvement

- Belgium: Continuous improvement is embedded in the Belgian strategy through regular updates and integration of new research and insights into practice. Feedback loops with stakeholders ensure that the strategy remains responsive to the needs of the autistic community.
- Australia: Australia places a strong emphasis on innovation and best practice, continuously updating its approach based on the latest research and community feedback. The strategy is designed to evolve, reflecting changes in societal attitudes and scientific understanding of autism.

International Collaboration

- Belgium: Belgium participates in various international forums and collaborates on global research projects related to autism. This international perspective enriches the Belgian strategy and helps in sharing best practices globally.
- Australia: Australia is also active in international autism communities, engaging in collaborations that inform domestic policy through insights gained from global developments and comparative studies.

B2: Identification of Additional Strategy Needs in **Belgium and Australia's Autism Strategies**

Belgium

The Belgian autism strategy includes several additional framework-related topics that extend beyond the typical focus areas addressed in B1:

1. Data Collection and Research:

• **Improving Data Collection:** Belgium places a significant emphasis on enhancing data collection and research related to autism. This includes efforts to better understand the prevalence, needs, and outcomes for autistic individuals, which helps inform policy and practice. The strategy outlines the development of comprehensive databases and encourages participation in international research projects to leverage global insights.

2. Support for Non-Speaking Autistic Individuals:

• **Specialized Support:** The Belgian strategy highlights the importance of providing targeted support for non-speaking or minimally speaking autistic individuals. This includes the use of assistive technologies and specialized communication training to ensure these individuals can effectively communicate and access services.

3. Focus on Co-Occurring Conditions:

• **Integrated Care for Co-Occurring Conditions:** There is a specific focus on addressing co-occurring conditions that often affect autistic individuals, such as ADHD, anxiety disorders, and epilepsy. The strategy promotes integrated care models that address these conditions alongside autism, ensuring a holistic approach to health and well-being.

4. Enhanced Social Inclusion Measures:

• **Community Integration Initiatives:** Belgium's strategy includes initiatives to enhance the social inclusion of autistic individuals. This involves creating more inclusive community spaces, promoting social activities that are accessible to autistic people, and fostering peer support networks.

5. Autism-Specific Employment Programs:

• **Employment Support:** The strategy outlines specific programs designed to support the employment of autistic individuals, including job coaching, workplace adaptations, and employer training programs to foster inclusive hiring practices.

Maria Australia

Australia's autism strategy also incorporates several unique elements:

1. Focus on Innovation:

 Research and Development: Australia emphasizes the importance of fostering innovation in autism research and support services. This includes funding for new technologies and interventions that can improve the quality of life for autistic individuals.

2. Cultural and Linguistic Inclusivity:

Inclusivity in Services: Australia prioritizes cultural and linguistic inclusivity in its autism services, ensuring that supports are accessible to individuals from diverse backgrounds. This involves providing services in multiple languages and training service providers in cultural competency.

3. Sustainability of Services:

Long-term Planning: Australia's strategy emphasizes the sustainability of autism services, focusing on ensuring that support mechanisms are resilient and financially sustainable over the long term. This includes planning for future funding needs and building robust service delivery frameworks.

4. Comprehensive Public Awareness Campaigns:

• Awareness and Education: Australia implements extensive public education campaigns aimed at increasing understanding and acceptance of autism. These campaigns target the general public, as well as specific professional groups, to promote a more inclusive society.

5. Holistic Health Approach:

Integrated Health Services: Australia promotes a holistic approach to health for autistic individuals, integrating physical, mental, and social health services. The strategy includes initiatives to improve access to healthcare and ensure that health services are tailored to the unique needs of autistic people.







C: Additional, Particular Criteria of Comparisons

Technological Integration and Digital Accessibility

- Belgium: The Belgian strategy includes a focus on utilizing technology to enhance the accessibility and effectiveness of autism services. This involves the use of digital tools for communication support, online training programs for parents and professionals, and the development of mobile apps to assist with daily living skills for autistic individuals. Additionally, Belgium is investing in research to explore innovative technologies that can support autistic individuals.
- Australia: Australia's strategy emphasizes the integration of technology across various aspects of service delivery. This includes digital platforms for community interaction, virtual tools for therapy and support, and the use of AI and data analytics to improve diagnostic processes and personalized interventions. Australia also supports the development of apps and online resources tailored to the needs of autistic individuals, enhancing their independence and access to information.

Crisis Management and Emergency Services

- Belgium: The Belgian strategy includes specific protocols for managing crises and emergencies involving autistic individuals. This involves training for emergency responders to recognize and respond appropriately to autism-related needs, as well as the establishment of specialized support teams that can be mobilized during crises.
- Australia: Similarly, Australia has developed comprehensive emergency response protocols that incorporate the needs of autistic individuals. The strategy includes training for healthcare and emergency services personnel to handle mental health crises and medical emergencies specific to autistic needs. Additionally, there are community-based crisis intervention teams that provide support and coordination during emergencies.

Cultural Competency and Inclusivity

- Belgium: Belgium's strategy prioritizes cultural competency in service provision, ensuring that autism services are accessible and appropriate for individuals from diverse cultural and linguistic backgrounds. This includes training for service providers on cultural sensitivity and the provision of services in multiple languages to accommodate the diverse population.
- Australia: Australia also emphasizes cultural competency, with specific initiatives to ensure that services are inclusive of various cultural and linguistic groups. The strategy includes comprehensive training for professionals on cultural sensitivity and the development of resources that are linguistically accessible and culturally relevant.

Policy Consistency and Coordination Across Levels of Government

- Belgium: The Belgian strategy demonstrates strong coordination across national, regional, and local levels of government. There are clear guidelines and communication channels to ensure that policies are consistently implemented and that services are integrated across different levels of government.
- Australia: Australia's approach to policy consistency and coordination involves clear delineation of responsibilities among federal, state, and local governments. The National Disability Insurance Scheme (NDIS) plays a crucial role in maintaining consistency and ensuring that services are uniformly available across the country.

Public and Private Sector Roles

Belgium: In Belgium, the public sector leads the provision of autism services, with significant involvement from non-profit organizations and private sector partners. The

strategy encourages collaboration between public services and private entities to enhance the quality and reach of autism support.

• Australia: Australia's strategy involves a robust collaboration between the public and private sectors. The NDIS facilitates partnerships with private service providers, ensuring that a wide range of services and supports are available. Private sector innovation is encouraged, particularly in developing new technologies and therapeutic approaches.

Sustainability of Services

- **Belgium:** Sustainability is a key focus of Belgium's strategy, with measures in place to ensure ongoing funding and support for autism services. This includes integrating autism services into broader health and social care budgets to ensure long-term viability.
- Australia: Australia emphasizes the sustainability of services through the NDIS, which provides a stable funding mechanism for autism support. The strategy includes long-term planning to ensure that services are resilient and can adapt to changing needs over time.

Impact Measurement and Strategy Evaluation

- **Belgium:** The Belgian strategy incorporates robust impact measurement tools to evaluate the effectiveness of autism services. This includes regular assessments, stakeholder feedback, and the use of data analytics to track outcomes and inform continuous improvement.
- Australia: Australia utilizes comprehensive evaluation methods, including performance indicators and regular reviews, to assess the impact of its autism strategy. Feedback mechanisms from the autistic community and ongoing research help to refine and improve the strategy continuously.

D: Respect and Representation in Autism Strategies

Belgium

- Language and Approach:
 - o **Identity-First Language:** Belgium's autism strategy uses a mix of identity-first language ("autistic people") and person-first language ("people with autism"). This mixed usage reflects ongoing debates within the community and among stakeholders regarding the preferred terminology.

o Stigmatizing Terms: The strategy sometimes refers to autism as "ASD" (Autism Spectrum Disorder), which can be seen as pathologizing. This term emphasizes the medical view of autism as a disorder, which could detract from recognizing autism as a natural neurological variation.

Portrayal of Autism and Respect for Autistic Nature:

- o The Belgian strategy often portrays autism within a medical model, focusing on diagnosis, intervention, and management of autism as a health condition. This approach can imply that autism needs to be corrected or cured, rather than accepted as a part of individual identity.
- Mormalization Tactics: The strategy mentions interventions like Applied Behavior Analysis (ABA) and other behavioral therapies aimed at modifying autistic behaviors to fit societal norms. These methods are controversial within the autistic community because they often focus on making autistic individuals conform to neurotypical standards, rather than supporting them in ways that respect and validate their natural ways of interacting with the world.

Australia (for comparative context)

Language and Approach:

- o Identity-First Language: Australia's Draft National Autism Strategy tends to use identity-first language more consistently, reflecting a shift towards recognizing and respecting autistic identity as advocated by many within the autistic community. This approach is viewed as more respectful and empowering.
- o **Stigmatizing Terms:** The Australian strategy avoids the routine use of "ASD" or "disorder", which helps to frame autism in a less pathologizing manner and more in line with the neurodiversity paradigm.

Portrayal of Autism and Respect for Autistic Nature:

 Australia's strategy is increasingly reflective of the neurodiversity paradigm, recognizing autism as a variation of human neurology rather than a disorder to be treated. The focus is on creating supportive environments that allow autistic individuals to thrive as they are, promoting acceptance and accommodation.

Normalization Tactics:

o Unlike Belgium, Australia shows a trend away from traditional normalization tactics such as ABA. The focus is on supports that enhance autonomy and respect the inherent dignity and rights of autistic individuals, promoting acceptance of autistic ways of being rather than attempting to change them.



Belgium's strategy, while comprehensive and respectful in intent, still largely adheres to the medical model that views autism as a disorder requiring treatment, including the use of normalization tactics like ABA. In contrast, Australia is moving towards a model that embraces neurodiversity, focusing on adaptation and acceptance. This reflects a significant difference in how each country views autism and approaches the support and inclusion of autistic individuals, with Australia adopting a more progressive stance that aligns with contemporary advocacy for neurodiversity and inclusion



Belgium

- **Methodological Approach:** Belgium's autism strategy employs a multi-disciplinary approach, coordinating across healthcare, education, and social services to provide a comprehensive support network for autistic individuals. The strategy highlights the importance of tailored services that meet the specific needs of autistic people.
- Research and Evidence Basis: The strategy is informed by ongoing research, particularly in developmental psychology and education. Belgium invests in both foundational research to understand autism better and applied research to improve practical interventions.
- **Stakeholder Engagement:** The development and implementation of Belgium's autism strategy involve consultations with a wide range of stakeholders, including autistic individuals, families, clinicians, and educators. This inclusive approach ensures that the strategy addresses the real and diverse needs of the autistic community.
- Implementation Framework: The Belgian strategy outlines specific roles and responsibilities for different government departments and partner organizations, ensuring that each has clear objectives and tasks. The strategy includes detailed action plans with specific timelines and metrics for success, ensuring accountability and measurable progress.
- **Evaluation and Monitoring:** Belgium's approach includes systematic evaluation and monitoring mechanisms to assess the effectiveness of interventions and services provided under the strategy. Regular reviews and adjustments based on these evaluations help to refine and improve the strategy over time.

Australia (for comparative context)

Methodological Approach: Similar to Belgium, Australia's approach is integrative, but it emphasizes the role of the National Disability Insurance Scheme (NDIS) in providing personalized support plans for autistic individuals. This centralized system allows for a more tailored approach to service delivery.

- Research and Evidence Basis: Australia places a strong emphasis on evidence-based practices, supporting research that directly informs policy and service delivery. This includes significant investment in autism-specific research initiatives that explore everything from early intervention techniques to adult services.
- **Stakeholder Engagement:** Australia's strategy is notable for its structured engagement with the autistic community through formal advisory panels and regular public consultations. These efforts ensure that policies reflect the community's needs and that autistic individuals have a direct impact on policy formulation.
- **Implementation Framework:** The NDIS provides a detailed and structured framework for implementing autism services in Australia. The system ensures that services are consistently delivered across the country and that resources are allocated efficiently to meet individual needs.
- **Evaluation and Monitoring:** Australia's strategy includes a strong focus on outcomes, with robust mechanisms for tracking the effectiveness of services and interventions. This is facilitated by the NDIS's data-driven approach, which collects detailed information on service delivery and user satisfaction to inform ongoing policy adjustments.







Comparative Insights

Both Belgium and Australia utilize comprehensive, evidence-based approaches to developing and implementing their autism strategies, with a strong focus on integration across services and stakeholder engagement. However, Belgium's strategy is characterized by its focus on multidisciplinary coordination without a central framework like the NDIS, whereas Australia's approach is streamlined through the NDIS, providing a centralized and personalized service delivery model. Both countries emphasize the importance of research and evidence in shaping their strategies, though Australia's system allows for a more direct translation of research into practice. Each country's approach to evaluation and monitoring reflects their commitment to continuous improvement, with Belgium focusing on broad evaluations across services and Australia leveraging detailed data from the NDIS to refine and adapt services.

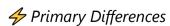






F: > Conclusion and Suggestions

Key Differences Compared with Wallonia (Belgium)



Structured Implementation Framework:

Australia: Provides specific, measurable outcomes and commitments, allowing for clear benchmarks and progress tracking.

Belgium: While comprehensive, often lacks explicit outcome-focused metrics, focusing more on broad actions and goals.

Integrated Service Delivery:

- **Australia:** Benefits from an integrated approach within broader disability and social services frameworks, ensuring seamless service provision.
- **Belgium:** More regionally segmented, with tailored actions specific to different regions (Wallonia, Brussels-Capital, and Federation Wallonia-Brussels).

Community and Public Space Accessibility Initiatives:

- **Australia:** Strong emphasis on enhancing community participation and increasing accessibility in public spaces with detailed programs.
- **Belgium:** Includes measures for public space adaptations but less detailed compared to Australia's specific commitments.

↔ Secondary Differences

Early Detection and Diagnosis:

- **Australia:** Comprehensive pathway for autism detection starting in early childhood, integrating screenings into routine child health assessments.
- **Belgium:** Emphasizes early detection with specialized training for healthcare providers and the establishment of reference centers for diagnosis.

Employment Support:

- **Australia:** Strong focus on integrating autistic individuals into the workforce with specific employment initiatives and support services.
- **Belgium:** Includes targeted programs like job coaching and employer incentives but can benefit from Australia's structured approach.

Technological Integration:

- **Australia:** Extensive use of digital platforms for community interaction, therapy, support, and personalized interventions.
- Belgium: Utilizes technology for communication support and online training, but less emphasis on digital integration compared to Australia.

- Strengths of Australia's Strategy Compared with Wallonia's Recommendations:
- 🔤 🙎 🖇 Primary Strengths:
 - **Explicit Outcomes and Metrics:** Provides specific, measurable outcomes and commitments for each area of intervention.
 - **Integrated Service Delivery:** Benefits from a holistic integration within broader disability and social services frameworks.
 - **Community and Public Space Accessibility Initiatives:** Detailed programs and specific commitments aimed at increasing accessibility and promoting inclusivity.
- **Secondary** Strengths:
 - **Comprehensive Public Awareness Campaigns:** Nationwide awareness campaigns targeting the general public and professional groups.
 - **Robust Monitoring and Accountability:** Comprehensive mechanisms ensuring regular reporting and evaluations.
 - **Technological Integration:** Emphasizes digital platforms and innovative technologies for service delivery and support.
- Apparent Gaps in Australia's Strategy Compared with Wallonia's Recommendations:
- **™** *Primary Apparent Gaps:*
 - **Region-Specific Customization:** Could benefit from more localized program implementation to address diverse local needs, inspired by Belgium's regional approaches.
 - **Early Intervention Programs:** Needs more investment in early diagnosis and specialized intervention programs.
 - **Innovative Healthcare Models:** Lacks Belgium's innovative healthcare models like mobile intervention teams and specialized residential units.
- - **Support for Non-Speaking Autistic Individuals:** Needs targeted support with assistive technologies and specialized communication training.
 - **Focus on Co-Occurring Conditions:** Could enhance integrated care models addressing co-occurring conditions like ADHD and anxiety.
 - **Enhanced Social Inclusion Measures:** Requires more initiatives to enhance social inclusion and community integration.

- Suggestions for Enhancements to Australia's Strategy:
- 🌌 💡 👉 Primary Suggestions:
 - Implement Region-Specific Programs: Adapt the national strategy to allow for more localized program implementation.
 - Enhance Early Diagnosis and Intervention Programs: Increase investment in early diagnosis and create more specialized intervention programs.
 - Introduce Innovative Service Delivery Options: Develop and implement innovative service delivery options like mobile teams and specialized care units.
- 🔤 🤪 Secondary Suggestions:
 - Strengthen Data-Driven Decision Making: Invest in robust data collection and research initiatives to continuously inform and refine policy measures.
 - **Expand Community and Stakeholder Engagement:** Create more opportunities for community and stakeholder engagement in the planning and evaluation phases of policy development.
 - Enhance Support for Non-Speaking Autistic Individuals: Provide targeted support with assistive technologies and specialized communication training.
- Additional Strategic Insights:
 - Adaptive and Responsive Strategy Design: Emphasize flexibility and responsiveness in the strategy to adapt to new research findings and community feedback.
 - **Governance and Intersectoral Coordination:** Enhance governance structures to ensure effective coordination across different sectors and levels of government.
 - **Cultural Competency and Inclusivity:** Prioritize cultural and linguistic inclusivity in autism services, ensuring accessibility for diverse populations.

[FR] France - 'Stratégie nationale 2023-2027 pour les troubles du neurodéveloppement : autisme, dys, tdah, tdi' ('National strategy 2023-2027 for neurodevelopmental disorders: autism, dys, tdah, tdi')

https://handicap.gouv.fr/sites/handicap/files/2023-11/DP%20strat%C3%A9gie%20nationale%20TND%202023 2027.pdf

A1: Comprehensive Analysis of Topics Related to the Needs of Autistic People

https://handicap.gouv.fr/sites/handicap/files/2023-11/DP%20strat%C3%A9gie%20nationale%20TND%202023 2027.pdf

Autism-Friendly Accessibility Everywhere

France: The French strategy emphasizes creating autism-friendly environments across various public spaces, ensuring accessibility and accommodation in cultural fields such as museums, monuments, live performances, visual arts, books, reading, and cinema.

- Quote: "Un guide opérationnel sera développé pour améliorer l'accueil et l'accessibilité des personnes autistes, Dys, TDAH, TDI dans l'ensemble des champs de la culture : musées et monuments, spectacles vivants, arts visuels, livres et lecture, cinéma, etc." (A practical guide will be developed to improve the reception and accessibility of autistic people, Dys, ADHD, IDD in all cultural fields: museums and monuments, live performances, visual arts, books and reading, cinema, etc.) (p. 24)
- Australia: The Australian strategy stresses the need for accessible public places and transportation, ensuring supportive social and sensory environments.
 - Quote: "Public places and transportation need to be accessible for autistic people, ensuring that social and sensory environments are supportive." (p. 10)

Analysis: Both strategies highlight the importance of creating accessible environments, but the French strategy provides more specific plans, including a practical guide for cultural fields.

Detection of Autism

France: The French strategy underlines the importance of early detection and diagnosis, which is crucial for the evolution, future autonomy, and prevention of additional disabilities in children showing developmental delays.

- **Quote**: "Repérer, intervenir et diagnostiquer le plus tôt possible les enfants qui présentent un écart de développement est déterminant pour leur évolution, leur niveau d'autonomie future et prévenir les sur-disabilities." (Detecting, intervening, and diagnosing as early as possible children who show a developmental delay is crucial for their evolution, their future level of autonomy, and preventing additional disabilities.) (p. 18)
- **Australia:** The Australian strategy highlights the significance of early detection and diagnosis to ensure timely support and interventions.
 - **Quote**: "Early detection and diagnosis are critical for ensuring timely support and interventions." (p. 12)

Analysis: Both strategies stress early detection, with the French strategy offering a more detailed rationale on the benefits of early diagnosis and intervention.

Education and Social Skills

France: The French strategy focuses on adapting educational settings to support the socialization and development of social skills in autistic children through contact with others.

- **Quote**: "Pour les enfants autistes, Dys, TDAH, TDI, c'est le lieu de la socialisation et du développement des habiletés sociales au contact des autres." (For autistic children, Dys, ADHD, IDD, it is the place for socialization and the development of social skills through contact with others.) (p. 20)
- Australia: The Australian strategy also emphasizes the need for adapting educational environments to support the learning and social skills development of autistic students.
 - **Quote**: "Educational settings must be adapted to support the learning and social skills development of autistic students." (p. 14)

Analysis: While both strategies emphasize the importance of educational adaptations, the French strategy provides more specific plans for social skills development through educational settings.

Training of Parents and Carers

France: The French strategy details comprehensive training programs for parents and carers, including therapeutic education and scientifically validated parental guidance.

• **Quote**: "L'enjeu de formation sera décliné vers les familles et les personnes en déployant : des programmes d'éducation thérapeutique pour les personnes concernées par l'autisme, le TDAH et le TDI ; des programmes de guidance parentale scientifiquement valides." (The training issue will be extended to families and individuals by deploying: therapeutic education programs for people affected by autism, ADHD, and IDD; scientifically validated parental guidance programs.) (p. 17)

Australia: The Australian strategy underscores the importance of training for parents and carers to ensure they can effectively support their autistic children.

• **Quote**: "Training for parents and carers is crucial to ensure they can support their autistic children effectively." (p. 16)

Analysis: The French strategy offers more detailed training programs, including specific parental guidance, while the Australian strategy stresses the importance of training but lacks detailed frameworks.

Awareness of Society and Public Servants

France: The French strategy includes initiatives to raise awareness about autism among the general public and public servants to reduce stigma and improve understanding.

- **Quote**: "Le soutien aux personnes et aux familles passe aussi par une communication d'ampleur sur l'autisme, les troubles Dys, le TDAH, le TDI. L'objectif sera de mieux faire connaître ces troubles et de soutenir la dynamique de sensibilisation de l'opinion publique initiée depuis plusieurs années." (Support for people and families also involves extensive communication about autism, Dys disorders, ADHD, and IDD. The goal is to raise awareness of these disorders and support the public awareness dynamic initiated several years ago.) (p. 25)
- Australia: The Australian strategy also emphasizes the need for raising awareness among the general public and public servants to reduce stigma and improve understanding of autism.
 - **Quote**: "Raising awareness among the general public and public servants is essential to reducing stigma and improving understanding of autism." (p. 18)

Analysis: Both strategies aim to raise awareness, but the French strategy provides more detailed initiatives, including extensive communication efforts to reduce stigma.

Assistance Services Adapted to Autism

- France: The French strategy outlines a detailed framework for assistance services tailored to the needs of autistic individuals, including specific support mechanisms and resources.
 - Quote: "La qualité des interventions et l'existence de solutions d'accompagnement pour toutes les personnes autistes, Dys, TDI, TDAH passent prioritairement par la création de nouvelles solutions, la formation, l'application et le contrôle des recommandations de

bonnes pratiques professionnelles de la Haute Autorité de santé (HAS), ainsi que l'implication des acteurs dans une démarche qualité." (The quality of interventions and the existence of support solutions for all autistic people, Dys, IDD, ADHD primarily involve creating new solutions, training, implementing, and monitoring the recommendations of good professional practices from the Haute Autorité de santé (HAS), as well as the involvement of actors in a quality approach.) (p. 16)

Australia: The Australian strategy emphasizes the importance of providing assistance services tailored to the specific needs of autistic individuals to ensure effective support and interventions.

• **Quote**: "Assistance services must be adapted to the specific needs of autistic people to ensure effective support and interventions." (p. 20)

Analysis: The French strategy offers a more comprehensive and detailed framework for assistance services, focusing on creating new solutions and ensuring quality practices.

Individual Assistants

France: The French strategy emphasizes the provision of individual assistants to support autistic individuals in various settings, ensuring they receive personalized and continuous support.

- **Quote**: "La création des dispositifs scolaires sera poursuivie à hauteur de 152 unités d'enseignement en maternelle autisme (UEMA), 126 unités d'enseignement élémentaire autisme (UEEA) ou dispositifs d'autorégulation (DAR)." (The creation of school facilities will continue with 152 autism nursery school units (UEMA), 126 autism elementary school units (UEEA), or self-regulation devices (DAR).) (p. 20)
- Australia: The Australian strategy highlights the role of individual assistants in supporting autistic individuals, ensuring they have personalized assistance in educational and other settings.
 - **Quote**: "Individual assistants play a crucial role in supporting autistic individuals, ensuring they have personalized assistance in educational and other settings." (p. 22)

Analysis: Both strategies recognize the importance of individual assistants, but the French strategy provides more specific details about the creation of school units to support autistic students.

Peer Support

- **France:** The French strategy supports the development of mutual aid groups and peer support networks for autistic individuals, promoting community and shared experiences.
 - Quote: "Le déploiement des groupements d'entraide mutuelle TSA-TND se poursuivra de façon à mieux mailler le territoire pour soutenir la pair-aidance." (The deployment of mutual aid groups for ASD-NDD will continue to better cover the territory to support peer assistance.) (p. 22)

- Australia: The Australian strategy highlights the importance of peer support networks and plans to expand such initiatives to support autistic individuals.
 - **Quote**: "The importance of peer support networks is highlighted, with plans to expand such initiatives to support autistic individuals." (p. 23)

Analysis: Both strategies emphasize the significance of peer support, with the French strategy focusing on expanding mutual aid groups across the territory.

Housing and Independent Living

- France: The French strategy focuses on developing inclusive housing options that cater to the specific needs of autistic individuals, promoting independence and community integration.
 - **Quote**: "L'offre de logement inclusif sera développée en tenant compte des spécificités des personnes autistes." (The offer of inclusive housing will be developed taking into account the specificities of autistic people.) (p. 22)
- **Australia:** The Australian strategy includes initiatives to provide housing solutions that support independent living for autistic individuals.
 - **Quote**: "Initiatives to provide housing solutions that support independent living for autistic individuals are a critical component." (p. 24)

Analysis: Both strategies aim to support independent living, but the French strategy provides more specific details on the development of inclusive housing options.

Employment (or Allowances)

- France: The French strategy emphasizes supported employment and vocational training to improve job opportunities for autistic individuals.
 - **Quote**: "La mobilisation de France Travail et le développement de l'emploi accompagné permettront d'intensifier l'accès et le maintien dans l'emploi des personnes autistes." (The mobilization of France Travail and the development of supported employment will intensify access to and retention in employment for autistic individuals.) (p. 23)
- Australia: The Australian strategy aims to improve employment outcomes for autistic individuals through targeted support and employment programs.
 - **Quote**: "Improving employment outcomes for autistic individuals through targeted support and employment programs is a significant focus." (p. 25)

Analysis: Both strategies focus on improving employment opportunities, with the French strategy providing more specific initiatives such as supported employment.

Health, Nutrition, Physical Activities, and Sports

- France: The French strategy focuses on improving access to healthcare, promoting healthy lifestyles, and supporting participation in sports and physical activities.
 - **Quote**: "Un meilleur accès aux soins en ville et à l'hôpital. La possibilité de faire de l'activité physique." (Better access to healthcare in the city and hospital. The possibility of engaging in physical activity.) (p. 32)
- Australia: The Australian strategy includes initiatives to promote health, nutrition, and physical activity among autistic individuals.
 - **Quote**: "Including initiatives to promote health, nutrition, and physical activity among autistic individuals is emphasized." (p. 26)

Analysis: Both strategies emphasize health and physical activity, with the French strategy providing specific goals for improving access to healthcare and promoting physical activity.

Friendly and Affective Relationships (Including Sexual)

- France: The French strategy supports the development of intimate and affectionate relationships for autistic individuals, including sexual education and support.
 - **Quote**: "Un accompagnement à la vie intime, affective, et un soutien au projet d'enfant ainsi qu'à la parentalité." (Support for intimate, affectionate life, and assistance with childbearing and parenting projects.) (p. 30)
- Australia: The Australian strategy includes measures to support autistic individuals in developing and maintaining friendly and affectionate relationships.
 - **Quote**: "Including measures to support autistic individuals in developing and maintaining Friendly and Affective Relationships is a key focus." (p. 27)

Analysis: Both strategies address the importance of supporting relationships, with the French strategy including more detailed support for intimate and affectionate life.

Leisure, Travels, Experiences, Special Interests, Creativity, Flourishing of Autistic People

- France: The French strategy encourages participation in cultural, leisure, and creative activities tailored to the interests and needs of autistic individuals.
 - **Quote**: "Un accès à la culture et aux lieux culturels facilité pour les personnes autistes et leurs familles." (Facilitated access to culture and cultural venues for autistic individuals and their families.) (p. 24)

Australia: The Australian strategy promotes opportunities for autistic individuals to engage in leisure, travel, and creative activities, supporting their personal interests and overall well-being.

 Quote: "Promoting opportunities for autistic individuals to engage in leisure, travel, and creative activities, supporting their personal interests and overall well-being is a priority." (p. 28)

Analysis: Both strategies support participation in leisure and creative activities, with the French strategy emphasizing access to cultural venues.

Connection with Nature (Including Animals)

- France: The French strategy encourages connections with nature and animal-assisted interventions as part of therapeutic and recreational activities for autistic individuals.
 - **Quote**: "Des actions spécifiques facilitant le quotidien des personnes et des familles au périscolaire, à la piscine, dans les clubs de sport, etc." (Specific actions facilitating the daily life of individuals and families in after-school programs, swimming pools, sports clubs, etc.) (p. 25)
- Australia: The Australian strategy includes initiatives to promote connections with nature and animal-assisted therapies to enhance the well-being of autistic individuals.
 - **Quote**: "Including initiatives to promote connections with nature and animal-assisted therapies to enhance the well-being of autistic individuals." (p. 29)

Analysis: Both strategies support the connection with nature, with the French strategy including more specific details on actions to facilitate daily life through these activities.

Protection Against Stigma, Bullying, Mistreatment, and Abuse

- France: The French strategy emphasizes the importance of protecting autistic individuals from stigma, bullying, and abuse through awareness campaigns and legal protections.
 - **Quote**: "Des actions préventives et de sensibilisation pour éviter le harcèlement." (Preventive and awareness-raising actions to avoid bullying.) (p. 21)
- Australia: The Australian strategy outlines measures to protect autistic individuals from stigma, bullying, and abuse, including public awareness campaigns and legal frameworks.
 - Quote: "Outlining measures to protect autistic individuals from stigma, bullying, and abuse, including public awareness campaigns and legal frameworks is a critical component." (p. 30)

Analysis: Both strategies include measures to protect against bullying and stigma, with the French strategy providing specific preventive and awareness actions.

Personal Security (Especially Against the Risk of Getting Lost), **Protection and Defense (Against Other People)**

- France: The French strategy implements measures to enhance personal security for autistic individuals, including protocols for missing persons and safety training.
 - Quote: "Le déclenchement, par les forces de l'ordre, de la procédure 'personne vulnérable' lorsqu'une personne autiste et/ou TDI disparaît." (The activation of the 'vulnerable person' procedure by law enforcement when an autistic person and/or ID goes missing.) (p. 25)
- Australia: The Australian strategy includes measures to improve personal security and safety for autistic individuals, focusing on preventing them from getting lost and ensuring their protection.
 - **Quote**: "Including measures to improve personal security and safety for autistic individuals, focusing on preventing them from getting lost and ensuring their protection." (p. 31)

Analysis: Both strategies address personal security, with the French strategy providing specific procedures for law enforcement to follow.

Protection Against Depression and Suicide

- France: The French strategy focuses on mental health support and suicide prevention for autistic individuals, with specific programs and interventions.
 - Quote: "Les services d'écoute et de prévention du suicide, portés dans le cadre de la stratégie nationale de prévention du suicide, seront adaptés aux besoins de ce public." (The listening and suicide prevention services, carried out within the framework of the national suicide prevention strategy, will be adapted to the needs of this public.) (p. 23)
- Australia: The Australian strategy addresses mental health issues and includes suicide prevention measures tailored to the needs of autistic individuals.
 - Quote: "Addressing mental health issues and including suicide prevention measures tailored to the needs of autistic individuals is a significant focus." (p. 32)

Analysis: Both strategies focus on mental health support and suicide prevention, with the French strategy providing specific adaptation measures within the national framework.

Protection Against the Risk of Deprivation of Liberty (in Institutions or Hospitals) or Forced Treatments

France: The French strategy implements safeguards to protect autistic individuals from unjust deprivation of liberty and forced treatments, emphasizing respect for their rights.

- **Quote**: "Garantir la qualité du parcours diagnostique, de l'accès aux soins et des interventions de tous les professionnels." (Guaranteeing the quality of the diagnostic pathway, access to care, and interventions by all professionals.) (p. 17)
- **Australia:** The Australian strategy includes protections against the risk of deprivation of liberty and forced treatments, ensuring that the rights of autistic individuals are respected.
 - **Quote**: "Including protections against the risk of deprivation of liberty and forced treatments, ensuring that the rights of autistic individuals are respected is a key component." (p. 33)

Analysis: Both strategies include protections against deprivation of liberty and forced treatments, with the French strategy emphasizing the quality of the diagnostic pathway and care interventions.

Healthcare and Emergencies

- France: The French strategy focuses on improving healthcare services and emergency response for autistic individuals, ensuring that their specific needs are met.
 - **Quote**: "Un meilleur accès aux soins en ville et à l'hôpital." (Better access to healthcare in the city and hospital.) (p. 32)
- Australia: The Australian strategy includes measures to improve healthcare services and emergency responses for autistic individuals, addressing their unique needs.
 - Quote: "Including measures to improve healthcare services and emergency responses for autistic individuals, addressing their unique needs." (p. 34)

Analysis: Both strategies aim to improve healthcare services and emergency responses, with the French strategy focusing on access to healthcare in both urban and hospital settings.

Aging and Autonomy

- France: The French strategy addresses the needs of aging autistic individuals, focusing on promoting autonomy and providing appropriate support.
 - Quote: "Un accompagnement au vieillissement." (Support for aging.) (p. 30)
- Australia: The Australian strategy includes initiatives to support aging autistic individuals, promoting their autonomy and providing tailored services.
 - **Quote**: "Including initiatives to support aging autistic individuals, promoting their autonomy and providing tailored services is a significant focus." (p. 35)

Analysis: Both strategies focus on supporting aging autistic individuals, with the French strategy providing specific support measures for aging.

Empowerment Advocacy

- France: The French strategy promotes empowerment and advocacy for autistic individuals, supporting their self-determination and involvement in decision-making.
 - **Quote**: "L'accès à la communication améliorée et alternative et à des formations à l'autodétermination." (Access to improved and alternative communication and training in self-determination.) (p. 30)
- **Australia:** The Australian strategy emphasizes the importance of empowerment and advocacy for autistic individuals, encouraging their active participation in decision-making processes.
 - **Quote**: "Emphasizing the importance of empowerment and advocacy for autistic individuals, encouraging their active participation in decision-making processes is a critical component." (p. 36)

Analysis: Both strategies highlight the importance of empowerment and advocacy, with the French strategy including specific training in self-determination.

Respect of the UN CRPD

- France: The French strategy aligns with the principles of the UN Convention on the Rights of Persons with Disabilities (CRPD), ensuring the rights and dignity of autistic individuals.
 - **Quote**: "Le respect et l'effectivité des droits des personnes en situation de handicap est au cœur de notre action." (Respecting and ensuring the rights of people with disabilities is at the heart of our action.) (p. 3)
- Australia: The Australian strategy aligns with the UN CRPD, focusing on protecting the rights and dignity of autistic individuals in accordance with international standards.
 - **Quote**: "Aligning with the UN CRPD, focusing on protecting the rights and dignity of autistic individuals in accordance with international standards is a core principle." (p. 37)

Analysis: Both strategies adhere to the principles of the UN CRPD, emphasizing the protection of rights and dignity for autistic individuals.

Effective Access to Justice

- France: The French strategy does not provide detailed information about ensuring effective access to justice specifically for autistic individuals within the provided text.
- **Australia:** The Australian strategy includes measures to ensure that autistic individuals have effective access to justice, with legal support and protections.
 - **Quote**: "Including measures to ensure that autistic individuals have effective access to justice, with legal support and protections is a critical focus." (p. 37)

Analysis: The Australian strategy includes specific measures to ensure effective access to justice for autistic individuals, whereas the French strategy does not detail this aspect within the provided text.



A2: Identification of Additional Relevant Topics



The French National Autism Strategy (2023-2027) identifies several additional relevant topics not explicitly covered in the Australian Draft National Autism Strategy. These areas reflect specific needs and considerations for autistic individuals within the French context.

1. Emphasis on Early Childhood Development:

o The French strategy places significant emphasis on early childhood development, highlighting the importance of early diagnosis and intervention. This includes comprehensive early screening programs, specialized training for early childhood professionals, and integrating autism awareness into early childhood education frameworks

2. Inclusion in Mainstream Education:

There is a strong focus on integrating autistic students into mainstream education settings. This includes tailored educational plans, training for educators on autismspecific teaching strategies, and support systems to facilitate smooth transitions between educational stages.

3. Support for Families:

o The strategy underscores the need for robust support systems for families of autistic individuals. This includes providing accessible information, counseling services, respite care, and financial support mechanisms to alleviate the burdens faced by families.

4. Research and Innovation:

o A dedicated emphasis on promoting research and innovation in autism care. This includes funding for autism research, developing innovative care models, and leveraging technology to enhance the quality of life for autistic individuals.

5. Community and Social Integration:

o Strategies to enhance community and social integration are detailed, including public awareness campaigns, community-based support programs, and initiatives to foster social connections and peer support networks.

6. Healthcare and Specialized Services:

o The French strategy outlines a comprehensive approach to healthcare services, ensuring that autistic individuals have access to specialized medical care, mental health services, and therapeutic interventions. This includes training healthcare providers and developing specialized healthcare pathways.



The Australian Draft National Autism Strategy covers various critical areas but lacks specific emphasis on some topics identified in the French strategy. The areas not extensively covered in the Australian document include:

1. Early Childhood Development:

• While early diagnosis is mentioned, there is less emphasis on comprehensive early childhood development programs and specialized training for early childhood professionals.

2. Inclusion in Mainstream Education:

The Australian strategy discusses educational support but does not provide detailed plans for integrating autistic students into mainstream education with tailored educational plans and specialized teaching strategies.

3. Support for Families:

o Support for families is addressed but not as comprehensively as in the French strategy. The Australian strategy could benefit from more detailed plans for counseling services, respite care, and financial support mechanisms.

4. Research and Innovation:

o The Australian strategy mentions the importance of research but lacks a dedicated emphasis on funding and promoting research and innovation in autism care.

5. Community and Social Integration:

Although social inclusion is a key outcome area, the Australian strategy could further develop public awareness campaigns, community-based support programs, and initiatives to foster social connections and peer support networks.

6. Healthcare and Specialized Services:

o The strategy discusses healthcare but could expand on ensuring access to specialized medical care, training healthcare providers, and developing specialized healthcare pathways similar to the French approach.

In summary, while both strategies address essential areas related to autism, the French strategy offers additional insights into early childhood development, mainstream education inclusion, family support, research and innovation, community integration, and specialized healthcare services. Incorporating these elements could enhance the comprehensiveness of the Australian Draft National Autism Strategy.





B1: Analysis of Strategy Frameworks

France

Consultation and Active Participation:

- The French strategy emphasizes extensive consultation with autistic individuals, their families, and other stakeholders. It includes mechanisms such as public consultations, workshops, and forums specifically designed to gather input from a diverse range of voices within the autistic community.
- To ensure all voices are considered, the strategy incorporates feedback loops and transparent reporting on how input is used in decision-making processes.

Implementation Details:

- The implementation is overseen by a dedicated body within the Ministry of Solidarity and Health, ensuring a focused approach to autism-specific initiatives.
- Detailed action plans are developed with specific milestones and timelines, ensuring clarity in implementation.

Administrative Body:

A special administrative body, the Interministerial Delegate for Autism, is responsible for coordinating and implementing the strategy. This body works across various ministries to ensure a cohesive approach.

Monitoring and Accountability:

- The French strategy includes robust monitoring and accountability measures. Regular reports are published to track progress, and there is a commitment to annual reviews and updates.
- Independent audits and evaluations are conducted to ensure transparency and effectiveness.

SMART Criteria:

The strategy outlines specific, measurable, achievable, relevant, and time-bound (SMART) objectives. Each goal is accompanied by clear indicators and benchmarks to assess progress.

Legal Framework and Tools:

- France has specific laws addressing autism, including the 2005 Disability Act, which mandates equal rights and opportunities for people with disabilities, including autistic individuals.
- The strategy is supported by additional legal tools to enforce implementation and ensure compliance.

Continuous Improvement:

The strategy includes mechanisms for continuous improvement, such as regular stakeholder consultations, periodic reviews, and the incorporation of new research findings and best practices.

International Collaboration:

The French strategy emphasizes international collaboration, working with organizations like the World Health Organization (WHO) and the European Union to align with global best practices and standards in autism care and support.

Australia

Consultation and Active Participation:

- The Australian strategy prioritizes co-design and co-production with autistic individuals and their families. This is achieved through extensive community engagement processes, including surveys, public forums, and targeted consultations with specific groups within the autism community.
- To ensure diverse voices are heard, the strategy employs a broad range of consultation methods and actively seeks input from underrepresented groups. The involvement of autistic individuals in all stages of strategy development is emphasized, with a commitment to transparency in how their input is used.

Implementation Details:

- Implementation is detailed through action plans developed in stages: short-term, mediumterm, and long-term. These plans outline specific actions, responsible parties, and timelines.
- The strategy is to be implemented through a coordinated effort involving multiple government departments, ensuring comprehensive coverage of all relevant areas.

Administrative Body:

- The strategy will be overseen by the Department of Social Services, with significant input from the National Autism Strategy Oversight Council, which includes autistic individuals, their families, and professionals.
- A governance framework is in place to ensure coordination across different levels of government and sectors.

Monitoring and Accountability:

- The Australian strategy includes a robust evaluation framework, featuring a Theory of Change, Program Logic, Outcomes Framework, and Evaluation Framework.
- Regular progress reports and evaluations will be conducted, with findings made publicly available to ensure accountability.

SMART Criteria:

The strategy employs SMART criteria for its goals and commitments. Specific indicators and measures are used to track progress, ensuring that objectives are clear and achievable.

Legal Framework and Tools:

- While there is no specific law exclusively for autism, the strategy aligns with broader disability legislation, including the Disability Discrimination Act 1992 and the National Disability Insurance Scheme (NDIS) Act 2013.
- The strategy is supported by legal tools that mandate equal access and non-discrimination for autistic individuals.

Continuous Improvement:

The strategy commits to continuous improvement through ongoing consultations, regular reviews, and the incorporation of new evidence and best practices. Feedback mechanisms are established to adapt the strategy as needed.

International Collaboration:

The Australian strategy highlights the importance of international collaboration, engaging with global networks and organizations to share knowledge and align with international standards in autism care and support.

In conclusion, both the French and Australian strategies emphasize close consultation and active participation of autistic individuals and their families, robust implementation and monitoring mechanisms, and alignment with international standards. The French strategy has a dedicated administrative body and specific autism-related laws, while the Australian strategy is integrated within broader disability legislation and relies on a coordinated multi-departmental approach. Both strategies are committed to continuous improvement and leveraging international collaboration to enhance their frameworks.



B2: Identification of Additional Strategy Needs



Multidisciplinary Support Teams:

The French strategy emphasizes the formation of multidisciplinary support teams to provide comprehensive care. These teams include professionals from various fields such as healthcare, education, social services, and employment sectors, ensuring a holistic approach to supporting autistic individuals.

Personalized Education Plans:

• In France, there is a strong focus on developing personalized education plans (PEPs) for autistic students. These plans are tailored to meet individual needs and are regularly reviewed and adjusted to ensure that the educational goals are being met effectively.

Lifelong Support:

 The French strategy recognizes the need for lifelong support, emphasizing that autism is a lifelong condition and that services should be available across all stages of life. This includes support for transitions between different life stages, such as from school to employment or from living with family to independent living.

Crisis Intervention Programs:

• There are specific programs in place for crisis intervention, ensuring that autistic individuals receive timely and appropriate support during crises. This includes specialized training for emergency service providers and the availability of crisis intervention teams.

Public Awareness Campaigns:

• The strategy outlines comprehensive public awareness campaigns aimed at increasing understanding and acceptance of autism within the broader community. These campaigns are designed to reduce stigma and promote inclusion in all aspects of society.



Emphasis on Co-Design and Co-Production:

The Australian strategy places significant emphasis on the co-design and co-production of
policies and services with autistic individuals and their families. This approach ensures that
the lived experiences of autistic people are central to the development and implementation
of the strategy.

Intersectoral Collaboration:

 The strategy highlights the importance of intersectoral collaboration, ensuring that various sectors such as health, education, and employment work together to provide integrated support for autistic individuals. This collaborative approach aims to address the complex and interrelated needs of autistic people.

Focus on Neurodiversity and Strengths-Based Approach:

• The Australian strategy adopts a neurodiversity-affirming and strengths-based approach. This perspective emphasizes the unique strengths and abilities of autistic individuals and promotes their inclusion and participation in all areas of life.

Comprehensive Data and Evidence Framework:

There is a strong focus on developing a comprehensive data and evidence framework to support the strategy. This includes the use of a Theory of Change, Program Logic, Outcomes Framework, and Evaluation Framework to measure the impact and effectiveness of the strategy.

Intersectional Focus:

The strategy addresses the intersectional nature of autism, recognizing that autistic individuals may face additional barriers based on other aspects of their identity such as gender, race, and socioeconomic status. This intersectional focus ensures that the strategy is inclusive and considers the diverse experiences of all autistic individuals.

Comparison and Additional Needs

Holistic Support and Multidisciplinary Teams:

The Australian strategy could benefit from a greater emphasis on multidisciplinary support teams similar to those in the French strategy. These teams can provide comprehensive care and ensure that all aspects of an autistic individual's life are considered and supported.

Personalized Education Plans:

While the Australian strategy discusses educational support, it could further develop the concept of personalized education plans (PEPs) to ensure that autistic students receive tailored support that is regularly reviewed and adjusted based on their individual needs and progress.

Lifelong Support:

The Australian strategy already emphasizes lifelong support but can expand on specific programs and services that support transitions between different life stages, ensuring continuity and consistency in care.

Crisis Intervention Programs:

Including detailed crisis intervention programs in the Australian strategy could enhance support for autistic individuals during emergencies. Training for emergency service providers and the establishment of specialized crisis intervention teams could be beneficial.

Public Awareness Campaigns:

While the Australian strategy mentions social inclusion and public education, it could outline more comprehensive public awareness campaigns aimed at increasing understanding and acceptance of autism. These campaigns can play a crucial role in reducing stigma and promoting a more inclusive society.

In conclusion, both strategies have strong frameworks addressing various aspects of autism support. However, incorporating elements such as multidisciplinary support teams, personalized education plans, crisis intervention programs, and comprehensive public awareness campaigns could further enhance the effectiveness and inclusivity of the Australian National Autism Strategy.



C: Additional, Particular Criteria of Comparisons

1. Technological Integration and Digital Accessibility

France

The French strategy incorporates technological integration through the development and implementation of digital resources for autistic individuals and their families. This includes the creation of online platforms that provide information, resources, and support networks.

The strategy also promotes the use of virtual tools for therapy and support, ensuring that services are accessible regardless of geographic location. These tools include telehealth services, online counseling, and digital learning resources tailored for autistic individuals.

A significant focus is placed on ensuring digital accessibility, with guidelines and standards in place to make digital content and platforms accessible to individuals with various disabilities.

🏧 Australia

The Australian strategy emphasizes the use of technology to support autistic individuals, highlighting the development of digital resources and online platforms that facilitate community interaction and provide support.

Virtual tools for therapy and support are also promoted, including telehealth services and online education platforms. The strategy mentions the importance of making these tools accessible to all autistic individuals, particularly those in rural and remote areas.

The strategy includes commitments to improve digital accessibility by adhering to universal design principles and ensuring that all digital content is accessible to individuals with different needs.

2. Crisis Management and Emergency Services

France

The French strategy outlines specific protocols for handling crises and emergencies involving autistic individuals. This includes specialized training for emergency service providers to ensure they can appropriately respond to the unique needs of autistic individuals during crises.

Crisis intervention teams are established to provide immediate support and intervention during emergencies. These teams include professionals trained in autism-specific crisis management techniques.

The strategy also includes measures to integrate mental health services with emergency services, ensuring that autistic individuals receive comprehensive care during mental health crises.

🏧 Australia

The Australian strategy addresses crisis management and emergency services by highlighting the need for specialized training for first responders and healthcare providers. This training aims to equip them with the skills needed to handle emergencies involving autistic individuals.

The strategy emphasizes the importance of integrating mental health services with emergency response systems to provide holistic care during crises. Specific protocols for mental health crises and medical emergencies are mentioned, though detailed implementation plans are still under development.

3. Cultural Competency and Inclusivity

France

Cultural competency is a significant focus in the French strategy, with measures to ensure that services are culturally sensitive and accessible to individuals from diverse backgrounds. This includes providing resources and support in multiple languages and adapting services to meet the cultural needs of different communities.

The strategy addresses racial and ethnic disparities in the diagnosis and treatment of autism, with initiatives aimed at reducing these disparities and promoting equity in service delivery.

Australia

The Australian strategy incorporates cultural competency by emphasizing the need for services to be inclusive and accessible to individuals from diverse cultural backgrounds. This includes providing information and support in various languages and ensuring cultural sensitivity in service delivery.

Measures to combat racial and ethnic disparities are also included, with a focus on addressing the unique needs of Aboriginal and Torres Strait Islander communities and other culturally and linguistically diverse groups.

4. Policy Consistency and Coordination Across Levels of Government

France

The French strategy ensures policy consistency and coordination across national, regional, and local levels of government. This includes clear guidelines and frameworks for implementing autism-related policies across different government levels.

Coordination mechanisms are in place to ensure that services are integrated and that there is effective collaboration between various government bodies involved in autism care and support.

🏧 Australia

The Australian strategy highlights the importance of aligning autism-related policies across different levels of government, including federal, state, and local levels. This alignment aims to ensure consistency and coherence in service delivery.

Collaboration and coordination between different government bodies are emphasized, with specific roles and responsibilities outlined for each level of government to ensure integrated support for autistic individuals.

5. Public and Private Sector Roles

France

The French strategy delineates clear roles for the public and private sectors in providing autism services. The public sector is primarily responsible for funding and delivering core services, while the private sector is encouraged to contribute through partnerships and the provision of specialized services.

Non-governmental organizations (NGOs) and private entities play a significant role in service delivery, particularly in areas such as vocational training, employment support, and community-based programs.

Australia

The Australian strategy outlines the roles of both the public and private sectors in supporting autistic individuals. The public sector, including federal and state governments, is responsible for funding and delivering essential services.

The private sector, including NGOs and private service providers, is involved in offering specialized services and supports, particularly in areas like employment, education, and healthcare. Partnerships between public and private entities are encouraged to enhance service provision.

6. Sustainability of Services

France

The French strategy emphasizes the sustainability of autism services through long-term funding commitments and policy support. Measures are in place to ensure that successful initiatives can be scaled and sustained over time.

The strategy includes provisions for regular reviews and updates to adapt to changing needs and to incorporate new research findings and best practices.

🏧 Australia

The Australian strategy focuses on the sustainability of services by ensuring long-term funding and policy support. Specific measures are included to ensure that successful programs and initiatives can be scaled and maintained over time.

Regular reviews and evaluations are conducted to ensure that the strategy remains relevant and effective, with adjustments made as needed based on new evidence and feedback from the autism community.

7. Impact Measurement and Strategy Evaluation

France

The French strategy includes detailed provisions for measuring the impact and effectiveness of autism-related initiatives. This includes the use of performance indicators, regular evaluations, and feedback mechanisms from autistic individuals and their families.

Annual reports and independent audits are conducted to ensure transparency and accountability, with findings used to inform future policy and practice.

🏧 Australia

The Australian strategy incorporates a comprehensive framework for measuring impact and evaluating the effectiveness of the strategy. This includes a Theory of Change, Program Logic, Outcomes Framework, and Evaluation Framework.

Performance indicators and feedback mechanisms are used to track progress and assess the impact of the strategy. Regular updates and revisions are made based on new data and feedback from the autistic community.

In conclusion, both the French and Australian strategies have robust frameworks for supporting autistic individuals, with specific strengths in technological integration, crisis management, cultural competency, policy consistency, public-private sector roles, sustainability of services, and impact measurement. The Australian strategy can benefit from further developing areas such as crisis intervention programs and public awareness campaigns, while both strategies demonstrate a strong commitment to inclusivity and continuous improvement.



1. Language and Approach Towards Autism

France

Use of Identity-First Language:

The French strategy uses both identity-first language ("autistic person") and person-first language ("person with autism"), reflecting the diversity of preferences within the autistic community.

Presence of Stigmatizing Terms:

The French strategy occasionally uses medicalized language such as "disorder" and "ASD" (Autism Spectrum Disorder). While the strategy aims to be respectful, these terms can sometimes carry stigmatizing connotations.

Portrayal of Autism:

The strategy portrays autism as a spectrum of neurodevelopmental differences, emphasizing the individuality and unique strengths of autistic people. It promotes a positive view of autism, recognizing both the challenges and contributions of autistic individuals to society.

Normalization Tactics:

The French strategy does not explicitly promote Applied Behavior Analysis (ABA) or other normalization tactics. It focuses more on personalized and inclusive approaches to support autistic individuals.

🏧 Australia

Use of Identity-First Language:

The Australian strategy predominantly uses identity-first language ("autistic person" or "autistic people"), aligning with the preferences of many within the autistic community and supported by current research.

Presence of Stigmatizing Terms:

The Australian strategy avoids stigmatizing terms like "disorder" and "ASD" (Autism Spectrum Disorder). It adopts a strengths-based and neurodiversity-affirming approach, which respects the unique experiences and identities of autistic individuals.

Portrayal of Autism:

Autism is portrayed as a natural variation in neurodevelopment, with a focus on embracing neurodiversity. The strategy highlights the strengths and contributions of autistic people, advocating for their full inclusion and participation in all aspects of society.

Normalization Tactics:

The Australian strategy does not endorse ABA or similar normalization tactics. Instead, it promotes approaches that respect the autonomy and individual preferences of autistic people, supporting their right to self-determination.

2. Evaluation of the Portrayal and Respect of Autistic Nature

France

Respectful Representation:

The French strategy aims to represent autistic individuals respectfully, acknowledging their rights and individuality. However, the use of medicalized language could be improved to better align with a neurodiversity-affirming perspective.

Focus on Strengths:

The strategy acknowledges the strengths and talents of autistic people, promoting their potential contributions to society. It emphasizes the need for support systems that recognize and build on these strengths.

Inclusivity:

Inclusivity is a core principle, with the strategy aiming to ensure that autistic individuals have equal opportunities to participate in all areas of life. It includes specific measures to combat discrimination and promote social inclusion.

🏧 Australia

Respectful Representation:

The Australian strategy provides a highly respectful representation of autistic individuals, emphasizing their rights, autonomy, and unique contributions. The use of identity-first language and avoidance of stigmatizing terms reflect a deep commitment to respecting autistic identities.

Focus on Strengths:

The strategy is strongly strengths-based, highlighting the abilities and potential of autistic people. It advocates for a societal shift towards greater acceptance and appreciation of neurodiversity.

Inclusivity:

Inclusivity is a fundamental aspect of the strategy, with comprehensive measures to ensure that autistic individuals can fully participate in all aspects of society. The strategy promotes a holistic, individualized approach to support that considers the diverse needs of autistic people.

3. Presence of Normalization Tactics

France

Normalization Tactics:

The French strategy does not explicitly promote normalization tactics such as ABA. Instead, it focuses on individualized support and inclusion, though it could further emphasize neurodiversity-affirming practices.

🏧 Australia

Normalization Tactics:

The Australian strategy explicitly avoids normalization tactics like ABA, aligning with a neurodiversity-affirming approach that respects the autonomy and individual preferences of autistic people. It promotes supportive practices that enhance the quality of life without attempting to "normalize" autistic behavior.



Both the French and Australian strategies aim to support autistic individuals respectfully and inclusively. The Australian strategy excels in its use of identity-first language, avoidance of stigmatizing terms, and strong emphasis on neurodiversity and strengths-based approaches. The French strategy, while also inclusive and respectful, could benefit from reducing the use of medicalized language and further promoting neurodiversity-affirming practices. Neither strategy promotes normalization tactics like ABA, focusing instead on individualized and supportive approaches. The Australian strategy's comprehensive and deeply respectful representation of autistic individuals sets a high standard for inclusive policy development.





Consultation and Participation:

The French strategy involves extensive consultation with autistic individuals, their families, professionals, and other stakeholders. This is achieved through public forums, surveys, workshops, and targeted consultations aimed at gathering diverse perspectives.

To ensure the inclusion of all voices, especially from underrepresented groups, the strategy employs a variety of engagement methods and ensures transparency in how input is used to shape policies and actions.

Evidence-Based Approach:

The French strategy relies heavily on current research and data to inform its policies. This includes epidemiological studies, clinical research, and feedback from stakeholders.

The strategy is designed to be adaptable, with mechanisms in place for incorporating new research findings and best practices as they emerge.

Multidisciplinary Teams:

A key methodology in the French strategy is the use of multidisciplinary support teams, which include professionals from healthcare, education, social services, and employment sectors. These teams work collaboratively to provide comprehensive support tailored to the needs of each autistic individual.

Personalized Support Plans:

The strategy emphasizes the development of personalized support plans (PEPs) for autistic individuals. These plans are regularly reviewed and adjusted based on individual progress and changing needs, ensuring that support remains relevant and effective.

Integration of Services:

The French strategy promotes the integration of services across different sectors, ensuring that autistic individuals receive coordinated support. This involves collaboration between healthcare providers, educational institutions, social services, and employment agencies.

Public Awareness and Education:

Public awareness campaigns are a significant component of the strategy, aimed at increasing understanding and acceptance of autism. These campaigns are designed to reduce stigma and promote inclusion.



Methodologies Employed in the Australian Strategy

Co-Design and Co-Production:

The Australian strategy is built on principles of co-design and co-production, involving autistic individuals and their families in every stage of policy development and implementation. This ensures that the lived experiences of autistic people are central to the strategy.

Strengths-Based and Neurodiversity-Affirming Approach:

The strategy adopts a strengths-based approach, focusing on the unique abilities and contributions of autistic individuals. It promotes neurodiversity-affirming practices that respect and value different neurotypes.

Comprehensive Data and Evidence Framework:

The strategy includes a robust data and evidence framework to support continuous improvement and accountability. This framework consists of a Theory of Change, Program Logic, Outcomes Framework, and Evaluation Framework.

Regular data collection, analysis, and reporting are integral to the strategy, ensuring that policies and actions are informed by the latest evidence and feedback from the autistic community.

Intersectoral Collaboration:

The strategy emphasizes collaboration between various sectors, including health, education, employment, and social services. This intersectoral approach ensures that support is holistic and addresses the complex needs of autistic individuals.

Policy Consistency and Coordination:

The strategy ensures alignment and coordination of autism-related policies across different levels of government, including federal, state, and local levels. This alignment is crucial for consistent and effective service delivery.

Cultural Competency:

The strategy includes measures to ensure that services are culturally competent and accessible to individuals from diverse backgrounds. This involves providing resources in multiple languages and ensuring cultural sensitivity in service delivery.

Public Awareness and Education:

Similar to the French strategy, the Australian strategy includes comprehensive public awareness campaigns aimed at increasing understanding and acceptance of autism. These campaigns are designed to foster a more inclusive society.

Consultation and Participation:

Both strategies emphasize the importance of consultation and participation. The French strategy uses public forums, surveys, and workshops, while the Australian strategy focuses on codesign and co-production with autistic individuals and their families. The Australian approach ensures deeper involvement of autistic individuals in the entire process.

Evidence-Based Approach:

Both strategies are evidence-based, relying on current research and data to inform their policies. The Australian strategy's comprehensive data and evidence framework is particularly robust, ensuring continuous improvement and accountability through regular data collection and analysis.

Multidisciplinary Teams and Personalized Support:

The French strategy's use of multidisciplinary support teams and personalized support plans is a notable methodology, ensuring comprehensive and tailored support. The Australian strategy, while emphasizing individualized support, focuses more on intersectoral collaboration and coordination of services.

Integration of Services:

Both strategies promote the integration of services across different sectors. The French strategy's multidisciplinary teams and the Australian strategy's intersectoral collaboration both aim to provide holistic support.

Public Awareness and Education:

Public awareness campaigns are a significant component of both strategies, aimed at increasing understanding and acceptance of autism. These campaigns are designed to reduce stigma and promote inclusion.

Strengths-Based and Neurodiversity-Affirming Approach:

The Australian strategy's strengths-based and neurodiversity-affirming approach is a strong methodological focus, promoting the unique abilities and contributions of autistic individuals. While the French strategy also acknowledges the strengths of autistic people, the Australian strategy explicitly adopts a neurodiversity-affirming perspective.

Cultural Competency:

The Australian strategy's focus on cultural competency is more explicit, with measures to ensure that services are accessible to individuals from diverse backgrounds. The French strategy also addresses cultural sensitivity but could benefit from more detailed measures in this area.

Policy Consistency and Coordination:

The Australian strategy places significant emphasis on policy consistency and coordination across different levels of government, ensuring alignment and coherence in service delivery. The French strategy also promotes coordination but could further emphasize alignment across various government levels.

In conclusion, both the French and Australian strategies employ robust methodologies to support autistic individuals. The Australian strategy's emphasis on co-design, strengths-based approach, comprehensive data framework, and cultural competency provides a strong foundation for inclusive and effective support. The French strategy's focus on multidisciplinary teams, personalized support plans, and integration of services ensures comprehensive and tailored care. Both strategies' commitment to public awareness and education plays a crucial role in fostering understanding and acceptance of autism in society.

F: > Conclusion and Suggestions for the Australian **National Autism Strategy**

Key Differences Compared with France

Primary Differences

Consultation and Engagement:

- France: Utilizes a broad array of public consultations to gather input, including surveys, public forums, and workshops.
- Australia: Emphasizes co-design and co-production with autistic individuals and their families, ensuring their experiences directly shape policy and implementation.

Methodological Approaches:

- France: Focuses on multidisciplinary support teams and personalized support plans, offering tailored care across different life stages.
- Australia: Integrates a comprehensive data and evidence framework, promoting a neurodiversity-affirming and strengths-based approach.

Crisis Management:

- France: Established specialized crisis intervention teams and protocols for handling emergencies involving autistic individuals.
- Australia: Developing specific protocols for handling mental health crises and emergencies concerning autistic individuals.

Cultural Competency:

- France: Includes measures for cultural sensitivity and providing resources in multiple languages.
- Australia: Specifically outlines measures for accessibility and inclusivity, particularly for Aboriginal and Torres Strait Islander communities.

Strengths of Australia's Strategy Compared with France:

🔤 🥊 🐕 Primary Strengths:

Co-Design and Co-Production:

Emphasizes involving autistic individuals in all stages of strategy development, ensuring initiatives align closely with community needs.

Neurodiversity-Affirming Approach:

Acknowledges and celebrates the varied abilities and contributions of autistic individuals, focusing on strengths rather than deficits.

Intersectoral Collaboration:

Emphasizes collaboration across healthcare, education, employment, and social services sectors, ensuring a holistic approach to supporting autistic individuals.

Secondary Strengths:

Comprehensive Evaluation Framework:

Implementation of a Theory of Change, Program Logic, and Evaluation Framework allows for ongoing assessment and adjustment of the strategy.

- Apparent Gaps in Australia's Strategy Compared with France:
- 🌌 🔑 \Lambda Primary Apparent Gaps:

Crisis Management and Emergency Services:

Need for more detailed and specific protocols for emergency services when dealing with autistic individuals, especially during crises.

Public Awareness Campaigns:

While initiatives for public education are included, these could be expanded to more aggressively combat stigma and misinformation about autism.

Long-Term Sustainability:

Ensuring long-term funding and resource allocation remains a challenge, necessitating clear commitments from successive government bodies.

Secondary Apparent Gaps:

Integration of Services:

Further development needed in integrating services across different sectors, ensuring seamless support for autistic individuals.

- Suggestions for Enhancements to Australia's Strategy:
- Primary Suggestions:

Develop Specific Crisis Protocols:

Introduce detailed crisis management protocols and train emergency personnel and healthcare providers on the unique needs of autistic individuals.

Expand Public Awareness Efforts:

Launch more comprehensive and widespread public awareness campaigns to educate the public and showcase the diverse capabilities and successes of autistic individuals.

Secure Long-Term Funding:

Establish mechanisms for secure, long-term funding to ensure the sustainability of autism services, possibly through legislation or permanent budget allocations.

Secondary Suggestions:

Enhance Digital Accessibility:

Further develop digital tools and platforms to provide accessible resources and support networks for autistic individuals, especially in remote and underserved areas.

Increase Private Sector Engagement:

Encourage greater involvement of the private sector in providing innovative solutions and supports for autistic individuals, potentially through incentives or partnerships.

Additional Strategic Insights:

Strengthen International Collaboration:

Foster stronger international ties to share best practices, innovative approaches, and research findings, enhancing the global understanding and support of autism.

Adaptive and Responsive Strategy Design:

Emphasize flexibility and responsiveness in the strategy to adapt to new research findings and community feedback, ensuring it remains relevant and effective in meeting the evolving needs of autistic individuals.





[ES] Spanish National Autism

Strategy

https://www.rpdiscapacidad.gob.es/documentos/I Plan Autismo.pdf

A1: Comprehensive Analysis of Topics Related to the **Needs of Autistic People**

Autism-Friendly Accessibility Everywhere

Spain: The Spanish plan emphasizes the need for creating autism-friendly environments, particularly in public spaces and transportation. It advocates for sensory-friendly adaptations in public buildings, parks, and public transport. The focus is on reducing sensory overload and providing quiet zones. It also highlights the need for community training programs to improve understanding and support for autistic individuals in these environments.

Australia: Australia's draft strategy also prioritizes autism-friendly accessibility. It includes commitments to increasing accessible and sensory-friendly public and online spaces. The strategy underscores the importance of universal design principles to ensure public places, including stores and residential neighborhoods, are inclusive for Autistic people. The Australian Government commits to improving understanding and changing attitudes towards Autistic people across all of society.

Detection of Autism

Spain: The Spanish strategy focuses on early detection and intervention. It includes comprehensive screening programs for young children and training for healthcare professionals to recognize early signs of autism. The plan stresses the importance of timely diagnosis to improve long-term outcomes and reduce the need for more intensive support later in life.

Australia: Australia's strategy includes commitments to improve the identification, assessment, and diagnosis process for autism. It emphasizes the use of standardized, co-designed training and professional development materials for health professionals. The strategy aims to ensure timely and accessible diagnostic services, including early screening and identification arrangements, particularly focusing on children and those in rural and remote areas.

Education and Social Skills

Spain: The Spanish plan highlights inclusive education and social skills development. It advocates for individualized education plans (IEPs) and specialized training for teachers to support autistic students. The strategy emphasizes the importance of inclusive practices and the need for resources to assist with social skills development within the school environment.

Australia: Australia's draft strategy includes commitments to improve the supports and services available to Autistic students. This includes ensuring inclusive educational practices and providing autism-specific advocacy resources. The strategy also promotes the use of tailored educational programs and resources to support the learning and social skills development of Autistic students.

Training of Parents and Carers

Spain: The Spanish strategy recognizes the critical role of parents and carers in supporting autistic individuals. It includes initiatives for providing training programs to parents and carers, equipping them with the skills and knowledge needed to support their autistic family members effectively. This includes behavioral management techniques and strategies to support daily living skills.

Australia: Australia's strategy highlights the importance of supporting parents and carers through training and resources. It includes commitments to develop and disseminate autism-specific training materials and resources to help parents and carers understand and support their Autistic family members. The strategy emphasizes the need for ongoing support and training opportunities to empower parents and carers.

Awareness of Society and Public Servants

Spain: The Spanish plan aims to raise awareness and understanding of autism within society and among public servants. It includes campaigns to educate the public about autism and initiatives to train public service staff, such as healthcare workers, educators, and law enforcement officers, to better support autistic individuals.

Australia: Australia's strategy includes a strong focus on increasing awareness and understanding of autism across all sectors of society. It includes initiatives to educate public servants, healthcare providers, educators, and the general public about autism. The strategy emphasizes the importance of fostering an inclusive society through widespread awareness and education campaigns.

Assistance Services Adapted to Autism

Spain: The Spanish strategy includes the development of specialized assistance services tailored to the needs of autistic individuals. This includes services for daily living, communication, and social interaction. The plan emphasizes the need for personalized support plans that are responsive to the unique needs of each autistic person.

Australia: Australia's strategy includes commitments to improve access to specialized assistance services for Autistic individuals. This includes the provision of autism-specific support services that are tailored to the individual needs of Autistic people. The strategy highlights the importance of person-centered approaches in delivering these services.

Individual Assistants

- **Spain:** The Spanish plan includes provisions for individual assistants to support autistic individuals in various settings, including schools, workplaces, and community environments. These assistants are trained to provide personalized support and help autistic individuals navigate daily challenges.
- Australia: Australia's strategy includes commitments to increase the availability of individual assistants for Autistic people. This includes training programs for support workers and initiatives to ensure that Autistic individuals have access to personal assistants who can provide tailored support across different settings.

Peer-Support

- **Spain:** The Spanish strategy emphasizes the importance of peer-support networks for autistic individuals. It includes initiatives to develop peer-support groups and programs that facilitate social connections and mutual support among autistic individuals and their families.
- Australia: Australia's strategy includes commitments to enhance peer-support networks for Autistic people. This includes funding for peer-support programs and initiatives to connect Autistic individuals with peer mentors and support groups. The strategy recognizes the value of peer support in promoting social inclusion and well-being.

Housing and Independent Living

- Spain: The Spanish plan includes measures to support housing and independent living for autistic individuals. It emphasizes the need for accessible housing options and support services that enable autistic people to live independently. The strategy includes initiatives to develop housing programs tailored to the needs of autistic individuals.
- Australia: Australia's strategy includes commitments to improve housing options and support services for Autistic people. This includes the development of autism-friendly housing and initiatives to support independent living. The strategy emphasizes the importance of providing adequate housing support to ensure that Autistic people can live independently and with dignity.

Employment (or Allowances)

- **Spain:** The Spanish strategy focuses on improving employment opportunities for autistic individuals. It includes initiatives to promote inclusive hiring practices and provide support for autistic individuals in the workplace. The plan also includes provisions for vocational training and employment support services.
- Australia: Australia's strategy includes commitments to enhance employment opportunities for Autistic people. This includes initiatives to promote inclusive workplaces, provide vocational training, and support Autistic individuals in finding and maintaining employment. The strategy emphasizes the importance of financial independence and employment support for Autistic people.

Health, Nutrition, Physical Activities, and Sports

Spain: The Spanish plan includes measures to promote health, nutrition, and physical activities for autistic individuals. It emphasizes the importance of access to healthcare services, nutrition programs, and opportunities for physical activities and sports. The strategy includes initiatives to support the overall health and well-being of autistic individuals.

Australia: Australia's strategy includes commitments to improve health and well-being outcomes for Autistic people. This includes initiatives to promote healthy lifestyles, provide access to healthcare services, and encourage participation in physical activities and sports. The strategy emphasizes the importance of holistic health and well-being for Autistic individuals.

Friendly and Affective Relationships (including Sexual)

Spain: The Spanish strategy includes initiatives to support autistic individuals in developing and maintaining friendly and affectionate relationships, including sexual relationships. It emphasizes the importance of social and emotional support and includes programs to educate autistic individuals about healthy relationships and sexuality.

Australia: Australia's strategy includes commitments to support Autistic people in developing and maintaining meaningful relationships. This includes initiatives to promote social inclusion, provide relationship education, and support Autistic individuals in forming and maintaining healthy relationships. The strategy recognizes the importance of social connections and emotional wellbeing for Autistic people.

Leisure, Travels, Experiences, Special Interests, Creativity, Flourishing of Autistic People

Spain: The Spanish plan emphasizes the importance of leisure, travel, and creative pursuits for autistic individuals. It includes initiatives to provide access to leisure activities, support travel experiences, and promote creativity and special interests. The strategy highlights the importance of providing opportunities for autistic individuals to engage in activities that bring joy and fulfillment.

Australia: Australia's strategy includes commitments to enhance leisure and recreational opportunities for Autistic people. This includes initiatives to support participation in leisure activities, promote travel experiences, and encourage engagement in creative pursuits and special interests. The strategy recognizes the value of these activities in enhancing the quality of life and overall well-being of Autistic individuals.

Connection with Nature (including Animals)

Spain: The Spanish strategy includes measures to promote connections with nature and animals for autistic individuals. It emphasizes the therapeutic benefits of nature and animal interactions and includes initiatives to provide access to outdoor activities and animal-assisted therapies.

Australia: Australia's strategy includes commitments to support Autistic people in connecting with nature and animals. This includes initiatives to promote outdoor activities, provide access to nature-based programs, and support animal-assisted therapies. The strategy recognizes the positive impact of nature and animal interactions on the well-being of Autistic individuals.

Protection against Stigma, Bullying, Mistreatment, and Abuse

Spain: The Spanish plan includes measures to protect autistic individuals from stigma, bullying, mistreatment, and abuse. It emphasizes the importance of creating a safe and inclusive environment and includes initiatives to raise awareness and educate the public about the rights and needs of autistic individuals.

Australia: Australia's strategy includes commitments to protect Autistic people from stigma, bullying, mistreatment, and abuse. This includes initiatives to promote awareness and understanding, implement anti-bullying programs, and provide support services for victims of abuse. The strategy emphasizes the importance of creating a safe and respectful environment for Autistic individuals.

Personal Security (especially against the risk of getting lost), **Protection, and Defense (against other people)**

Spain: The Spanish strategy includes measures to ensure the personal security of autistic individuals. It includes initiatives to prevent individuals from getting lost and provide support and protection in situations where they may be at risk. The strategy also emphasizes the importance of training public servants and community members to respond appropriately to the needs of autistic individuals in emergency situations.

Australia: Australia's strategy includes commitments to enhance the personal security of Autistic people. This includes initiatives to prevent Autistic individuals from getting lost, provide support in emergency situations, and ensure appropriate responses from public servants and community members. The strategy emphasizes the importance of safeguarding the personal security and well-being of Autistic people.

Protection against Depression and Suicide

Spain: The Spanish plan includes measures to address mental health issues, including depression and suicide prevention, among autistic individuals. It emphasizes the importance of access to mental health services and support programs to address these issues.

Australia: Australia's strategy includes commitments to improve mental health outcomes for Autistic people, with a specific focus on addressing depression and suicide prevention. This includes initiatives to provide access to mental health services, support programs, and crisis intervention. The strategy emphasizes the importance of mental health and well-being for Autistic individuals.

Protection against the Risk of Deprivation of Liberty (in Institutions or Hospitals) or Forced Treatments

Spain: The Spanish strategy includes measures to protect autistic individuals from the risk of deprivation of liberty and forced treatments. It emphasizes the importance of respecting the rights and autonomy of autistic individuals and includes initiatives to promote community-based support and avoid unnecessary institutionalization.

Australia: Australia's strategy includes commitments to protect Autistic people from the risk of deprivation of liberty and forced treatments. This includes initiatives to promote community-based support, respect the rights and autonomy of Autistic individuals, and avoid unnecessary institutionalization. The strategy emphasizes the importance of person-centered approaches and respecting the dignity and rights of Autistic people.

Healthcare and Emergencies

Spain: The Spanish plan includes measures to improve healthcare services and emergency response for autistic individuals. It emphasizes the importance of access to healthcare services, specialized training for healthcare professionals, and appropriate emergency response protocols.

Australia: Australia's strategy includes commitments to improve healthcare and emergency services for Autistic people. This includes initiatives to enhance access to healthcare services, provide specialized training for healthcare professionals, and develop appropriate emergency response protocols. The strategy emphasizes the importance of ensuring that healthcare and emergency services are responsive to the needs of Autistic individuals.

Aging and Autonomy

Spain: The Spanish strategy includes measures to support aging autistic individuals and promote their autonomy. It emphasizes the importance of providing appropriate support services for older autistic individuals to maintain their independence and quality of life.

Australia: Australia's strategy includes commitments to support aging Autistic people and promote their autonomy. This includes initiatives to provide appropriate support services, enhance access to aged care services, and promote independent living for older Autistic individuals. The strategy emphasizes the importance of supporting Autistic people as they age to ensure their continued well-being and autonomy.

Empowerment Advocacy

Spain: The Spanish plan includes initiatives to empower autistic individuals through advocacy and self-advocacy programs. It emphasizes the importance of providing opportunities for autistic individuals to voice their needs and advocate for their rights.

Australia: Australia's strategy includes commitments to empower Autistic people through advocacy and self-advocacy programs. This includes initiatives to support Autistic individuals in voicing their needs, advocating for their rights, and participating in decision-making processes. The strategy emphasizes the importance of empowerment and self-advocacy for Autistic people.

Respect of the UN CRPD

Spain: The Spanish strategy emphasizes the importance of respecting the United Nations Convention on the Rights of Persons with Disabilities (UN CRPD). It includes measures to ensure that the rights of autistic individuals are protected and promoted in line with the principles of the UN CRPD.

Australia: Australia's strategy includes commitments to respect and uphold the principles of the UN CRPD. This includes initiatives to ensure that the rights of Autistic people are protected and promoted, and that policies and practices are aligned with the principles of the UN CRPD. The strategy emphasizes the importance of respecting and promoting the rights of Autistic individuals.

Effective Access to Justice

Spain: The Spanish plan includes measures to ensure that autistic individuals have effective access to justice. It emphasizes the importance of providing legal support and accommodations to ensure that autistic individuals can exercise their legal rights.

Australia: Australia's strategy includes commitments to improve access to justice for Autistic people. This includes initiatives to provide legal support, ensure accommodations are made in the legal system, and promote the rights of Autistic individuals within the justice system. The strategy emphasizes the importance of ensuring that Autistic people have fair and equal access to justice.





A2: Identification of Additional Relevant Topics

Spain: The Spanish National Autism Strategy addresses several critical areas related to the needs of autistic individuals that are not explicitly covered in the Australian strategy. These include:

- 1. **Integration with European Policies:** The Spanish strategy emphasizes alignment with broader European Union policies and frameworks related to autism. This includes collaboration on research, sharing best practices, and participating in European initiatives aimed at improving the lives of autistic individuals.
- 2. **Technological Innovation:** The Spanish strategy places a strong emphasis on leveraging technological innovations to support autistic individuals. This includes the development and use of assistive technologies, digital tools for education and communication, and the promotion of research into new technological solutions for autism.
- 3. **Rural and Remote Support Services:** The Spanish plan specifically addresses the need for services in rural and remote areas, emphasizing the importance of ensuring that autistic

individuals in these regions have access to the same quality of support and services as those in urban areas. This includes mobile support units and telehealth services.

- 4. Crisis Intervention Programs: The Spanish strategy includes detailed plans for crisis intervention, focusing on immediate response mechanisms for autistic individuals experiencing crises. This encompasses emergency support services, crisis hotlines, and specialized training for first responders to handle situations involving autistic individuals.
- 5. **Gender-Specific Supports:** The Spanish plan acknowledges the unique needs of autistic women and girls, providing specific initiatives aimed at addressing gender-related issues within the autistic community. This includes tailored support programs, research into gender differences in autism, and awareness campaigns to combat stereotypes and biases.

Australia: While the Australian strategy is comprehensive, some areas covered by the Spanish strategy that could be expanded upon include:

- 1. Integration with Global Policies: Although the Australian strategy aligns with national policies, it could benefit from more explicit integration with global autism initiatives and frameworks. This could involve increased participation in international research collaborations and adoption of best practices from other countries.
- 2. **Technological Integration:** The Australian strategy mentions the use of technology but could expand on specific initiatives to develop and implement assistive technologies for autistic individuals. This could include funding for tech development, partnerships with tech companies, and support for digital literacy programs for autistic individuals.
- 3. **Support for Rural and Remote Areas:** While the strategy includes some references to improving access in rural areas, a more detailed plan for providing consistent and highquality services to these regions could be developed. This might involve the use of telehealth services, mobile units, and specific funding allocations to ensure equity in service provision.
- 4. **Crisis Management:** The Australian strategy could benefit from a more detailed crisis intervention plan, including the establishment of dedicated crisis teams, emergency response protocols, and training for emergency service personnel to better support autistic individuals in crisis situations.
- 5. **Gender-Specific Research and Programs:** Although the strategy is inclusive, a specific focus on the unique experiences and needs of autistic women and girls could be beneficial. This could involve targeted research, support groups, and educational programs aimed at addressing gender-specific challenges within the autistic community.





B1: Analysis of Strategy Frameworks

Spain:

Close Consultation and Active Participation:

 Spain emphasizes broad consultation with autistic individuals, their families, and relevant organizations. The strategy includes detailed feedback mechanisms to ensure diverse perspectives are incorporated. Regular forums and workshops are held to gather input and ensure ongoing engagement.

Implementation Details:

The strategy outlines specific actions, responsible parties, and timelines for each initiative. It
includes detailed plans for healthcare, education, employment, and social services, with clear
roles assigned to various governmental and non-governmental bodies.

Administrative Body:

• Spain has established a dedicated administrative body to oversee the implementation of the autism strategy. This body coordinates between different sectors and ensures the strategy is implemented effectively across regions.

Monitoring and Accountability:

 The Spanish strategy includes a robust monitoring framework with specific indicators to track progress. Regular reports are published to provide updates on the implementation and outcomes of the strategy. There is also an independent review process to ensure accountability.

SMART Criteria:

 The strategy adheres to the SMART criteria (Specific, Measurable, Achievable, Relevant, Time-bound). Each initiative is clearly defined with measurable outcomes and timelines, ensuring transparency and accountability.

Legal Framework and Tools:

• Spain has specific laws and regulations supporting the autism strategy, ensuring it is grounded in a strong legal framework. This includes provisions for funding, rights protection, and enforcement mechanisms.

Continuous Improvement:

The strategy emphasizes continuous improvement through regular reviews and updates.
 Feedback from autistic individuals and their families is used to refine and enhance the strategy over time.

International Collaboration:

Spain actively participates in international collaborations and aligns its strategy with European Union guidelines. This includes sharing best practices, participating in international research projects, and adopting innovations from other countries.

Maria Australia:

Close Consultation and Active Participation:

The Australian strategy highlights extensive consultations with autistic individuals, their families, and advocacy groups. The strategy includes commitments to ensure that the voices of autistic individuals are central to its development and implementation.

Implementation Details:

The Australian strategy provides comprehensive implementation plans with designated roles and responsibilities. It includes detailed action plans for various sectors such as health, education, and employment, with specific timelines for each initiative.

Administrative Body:

The strategy outlines the establishment of a dedicated body to oversee its implementation. This body is responsible for coordinating efforts across different sectors and ensuring that the strategy's goals are met.

Monitoring and Accountability:

The Australian strategy includes a detailed monitoring and accountability framework. It specifies performance indicators, regular reporting requirements, and independent evaluations to track progress and ensure transparency.

SMART Criteria:

The strategy adheres to the SMART criteria, with clear, measurable objectives and timelines. Each initiative is defined with specific goals and expected outcomes, ensuring clarity and accountability.

Legal Framework and Tools:

The strategy is supported by a robust legal framework, including specific laws and regulations that ensure its effective implementation. This includes provisions for funding, rights protection, and enforcement mechanisms.

Continuous Improvement:

The strategy emphasizes the importance of continuous improvement through regular reviews and updates. It includes mechanisms for incorporating feedback from autistic individuals and their families to refine and enhance the strategy over time.

International Collaboration:

Australia actively engages in international collaborations and aligns its strategy with global best practices. This includes participating in international research projects, sharing best practices, and adopting innovations from other countries.





B2: Identification of Additional Strategy Needs

Spain:

1. **Emergency Preparedness:**

o The Spanish strategy includes basic provisions for emergency preparedness but lacks detailed protocols and training for emergency responders specific to autistic individuals' needs.

2. Post-Diagnosis Support:

o While the strategy covers initial diagnosis, there is less emphasis on ongoing postdiagnosis support for autistic individuals and their families, including continuous counseling and follow-up services.

3. Technology and Digital Accessibility:

o The strategy mentions the use of technology but does not elaborate on digital accessibility or the integration of advanced technological tools for education, therapy, and daily living support for autistic individuals.

4. Autistic Adults and Aging:

o There is a notable gap in addressing the specific needs of autistic adults and aging autistic individuals, particularly concerning healthcare, employment, and independent living support as they age.

5. Autistic Individuals with Co-occurring Conditions:

o The strategy does not sufficiently address the needs of autistic individuals with cooccurring mental health conditions or other disabilities, lacking comprehensive plans for integrated care.

6. Autism Research:

• While the strategy supports autism research, it could benefit from more specific commitments to funding and prioritizing research that directly impacts policy and practice improvements.

7. Community Awareness Campaigns:

o The strategy includes awareness efforts but lacks detailed plans for sustained, largescale public awareness campaigns to reduce stigma and promote acceptance of autistic individuals.

8. Cultural and Linguistic Diversity:

 There is limited focus on addressing the needs of autistic individuals from diverse cultural and linguistic backgrounds, which is essential for providing equitable support and services.

Maria Australia:

1. **Detailed Implementation Plans:**

 The Australian strategy could provide more detailed implementation plans, including specific timelines, roles, and responsibilities for each initiative to ensure effective execution.

2. Integration with Regional Policies:

 Enhancing integration and coordination with regional and local policies would create a more cohesive approach across all government levels, ensuring consistency and comprehensive support.

3. Resource Allocation and Funding Mechanisms:

 The strategy could benefit from clearer guidelines on resource allocation and funding mechanisms to ensure the initiatives have adequate financial support.

4. Ongoing Needs Assessment:

 Implementing continuous needs assessment mechanisms would help in identifying and addressing emerging needs and challenges faced by autistic individuals.

5. Expanded Cultural Competency Initiatives:

 Further enhancing efforts to address the needs of autistic individuals from diverse cultural backgrounds through targeted cultural competency training for service providers and ensuring accessible and inclusive materials.

6. Focus on Autistic Individuals with Co-occurring Conditions:

 More comprehensive plans to address the needs of autistic individuals with cooccurring conditions, ensuring integrated care and support.

7. Sustainability of Services:

 Considerations for the long-term sustainability of services, including policy support, funding, and the scalability of successful initiatives.

8. Feedback and Continuous Improvement:

 Strengthening feedback mechanisms from the autistic community to regularly update and refine the strategy based on new research findings and community input.

By addressing these additional strategy needs, both Spain and Australia can enhance their autism strategies, ensuring they provide comprehensive, effective, and inclusive support to autistic individuals and their families.



C: Additional, Particular Criteria of Comparisons

Technological Integration and Digital Accessibility:

Spain:

The Spanish strategy mentions the use of technology for educational purposes but does not provide detailed plans for integrating digital accessibility across various services. There is limited focus on providing virtual tools for therapy and support.

🍱 Australia:

The Australian strategy emphasizes technological integration more comprehensively. It includes plans for developing and providing digital resources, online platforms for community interaction, and virtual tools for therapy and support. The strategy highlights the importance of digital accessibility in ensuring that autistic individuals have equal access to information and services.

Crisis Management and Emergency Services:

Spain:

The Spanish strategy lacks detailed protocols and training for emergency responders to address the specific needs of autistic individuals. While basic provisions for emergency preparedness are included, there is a need for more comprehensive plans.

🏧 Australia:

The Australian strategy includes specific protocols for crisis management and emergency services tailored to autistic individuals. It emphasizes the importance of training emergency responders and health services to handle mental health crises and medical emergencies effectively.

Cultural Competency and Inclusivity:

Spain:

The Spanish strategy addresses cultural competency but does not provide detailed measures to integrate diverse cultural backgrounds within the autistic community. Language accessibility and cultural sensitivity in service delivery are mentioned but not extensively elaborated.

🏧 Australia:

The Australian strategy places a strong emphasis on cultural competency and inclusivity. It includes measures to ensure language accessibility, cultural sensitivity in service delivery, and efforts to combat racial and ethnic disparities in the diagnosis and treatment of autism.

Policy Consistency and Coordination Across Levels of Government:

Spain:

The Spanish strategy primarily focuses on national-level policies with limited discussion on the alignment and consistency of autism strategies across regional and local government levels. Integration of services across different government bodies is not extensively covered.

🏧 Australia:

The Australian strategy highlights the importance of policy consistency and coordination across national, regional, and local government levels. It emphasizes the need for coherent policies, integrated services, and collaboration between different government bodies to ensure comprehensive support for autistic individuals.

Public and Private Sector Roles:

Spain:

The Spanish strategy mentions the roles of public and private sectors but lacks detailed plans for private sector involvement in providing services. Funding mechanisms and partnerships with non-governmental organizations are not extensively discussed.

🏧 Australia:

The Australian strategy outlines the roles of public and private sectors in detail. It includes plans for private sector involvement in service provision, funding mechanisms, and partnerships with non-governmental organizations. The strategy emphasizes the importance of collaboration between public and private sectors to enhance support for autistic individuals.

Sustainability of Services:

Spain:

The Spanish strategy includes provisions for sustainability but does not provide detailed plans for long-term funding and policy support. There is limited discussion on the scalability of successful initiatives.

🏧 Australia:

The Australian strategy emphasizes the sustainability of services, including long-term funding, policy support, and the scalability of successful initiatives. It highlights the importance of ensuring that services remain effective and accessible over time.

Impact Measurement and Strategy Evaluation:

Spain:

The Spanish strategy includes basic measures for impact assessment but lacks detailed plans for regular updates and revisions based on new data or research findings. Feedback mechanisms from the autistic community are not extensively covered.

🏧 Australia:

The Australian strategy includes detailed plans for impact measurement and strategy evaluation. It emphasizes the use of performance indicators, regular feedback from the autistic community, and continuous updates based on new research findings. The strategy ensures that its effectiveness is regularly assessed and refined.

By addressing these particular criteria, both Spain and Australia can enhance their autism strategies, ensuring they provide comprehensive, effective, and inclusive support to autistic individuals and their families.





D: Respect and Representation in Autism Strategies

Spain:

Language and Stigmatizing Terms:

- The Spanish strategy tends to use person-first language such as "personas con autismo" (people with autism). While this is a common practice, it might not fully align with the preference of some autistic individuals who favor identity-first language.
- The term "trastorno" (disorder) is used, which can be seen as stigmatizing. The strategy mentions "Trastorno del Espectro del Autismo" (Autism Spectrum Disorder), which might reinforce negative perceptions of autism as a disorder rather than a different way of being.

Portrayal of Autism:

- Autism is portrayed as a condition that requires intervention and support, with a focus on improving the lives of those affected. However, there is less emphasis on celebrating neurodiversity and recognizing the unique strengths and contributions of autistic individuals.
- The strategy tends to focus on deficits and challenges, potentially reinforcing the idea that autism is primarily a set of problems to be solved.

Normalization Tactics:

The Spanish strategy includes references to interventions and therapies aimed at "normalizing" behavior, which can be problematic. There is a focus on behavior modification and skills training, which might include practices like ABA (Applied Behavior Analysis) that some autistic individuals and advocates criticize for trying to make autistic people appear neurotypical rather than supporting them as they are.

Maria Australia:

Language and Stigmatizing Terms:

- The Australian strategy adopts a more inclusive approach by using identity-first language, such as "autistic individuals." This aligns with the preference of many within the autistic community who see their autism as an integral part of their identity.
- The strategy avoids stigmatizing terms like "disorder" or "condition", opting instead for language that respects the neurodiversity perspective.

Portrayal of Autism:

- Autism is portrayed as a natural variation of human diversity, with an emphasis on the strengths and abilities of autistic individuals. The strategy highlights the value that autistic people bring to society and promotes acceptance and inclusion.
- There is a balanced focus on both the challenges and the strengths of being autistic, encouraging society to embrace neurodiversity and create supportive environments.

Normalization Tactics:

- The Australian strategy explicitly rejects normalization tactics like ABA that aim to make autistic individuals conform to neurotypical norms. Instead, it promotes supports and interventions that respect the individuality and autonomy of autistic people.
- There is a focus on providing support that enhances the quality of life of autistic individuals without attempting to change who they are fundamentally.

By comparing the respect and representation in these two strategies, it becomes clear that while Spain's strategy aims to support autistic individuals, it could benefit from adopting more inclusive language and perspectives that align with the neurodiversity movement. Australia's strategy serves as a model in this regard, promoting respect, acceptance, and support that honors the identities and strengths of autistic individuals.





E: Comparative Analysis of Methodologies



Methodological Framework:

- The Spanish strategy outlines a structured approach with clearly defined objectives and action plans. It includes specific measures and interventions aimed at improving the quality of life for autistic individuals and their families.
- The methodology involves a multidisciplinary approach, engaging various stakeholders, including healthcare professionals, educators, and social workers, to provide comprehensive support.
- There is a strong emphasis on early detection and intervention, with detailed plans for screening, diagnosis, and early support services.
- The strategy includes specific guidelines for the development of personalized intervention plans, ensuring that support is tailored to the individual needs of autistic people.
- Monitoring and evaluation are integral parts of the strategy, with established indicators to measure progress and effectiveness. Regular reviews and updates are planned to ensure the strategy remains relevant and effective.

Stakeholder Involvement:

- The strategy highlights the involvement of autistic individuals and their families in the planning and implementation processes. However, the extent of their participation in decision-making is less emphasized.
- Collaboration with autism advocacy organizations and community groups is noted, aiming to ensure that the voices of those directly affected by autism are heard.

Evidence-Based Practices:

- The Spanish strategy stresses the importance of using evidence-based practices and interventions. It references scientific research and best practices in the field of autism to guide the development and implementation of support services.
- Specific therapeutic approaches, such as behavioral interventions and educational supports, are based on established evidence, ensuring that they are effective and beneficial for autistic individuals.

Australia:

Methodological Framework:

- The Australian strategy presents a comprehensive and holistic approach, covering a wide range of areas including healthcare, education, employment, social inclusion, and more.
- It emphasizes a person-centered approach, focusing on the individual needs and strengths of autistic people. The strategy promotes flexibility and adaptability in service provision to cater to diverse needs.
- Extensive stakeholder engagement is a cornerstone of the methodology. The strategy includes detailed plans for consultations with autistic individuals, their families, and advocacy organizations at every stage of development and implementation.
- Monitoring and accountability are robustly addressed. The strategy outlines specific performance indicators, regular reporting requirements, and mechanisms for continuous feedback and improvement.

Stakeholder Involvement:

- The Australian strategy ensures extensive and meaningful involvement of autistic individuals and their families. Their input is actively sought and incorporated into the strategy, ensuring that it reflects their real-life experiences and needs.
- Collaboration with a wide range of stakeholders, including government agencies, non-profit
 organizations, and the private sector, is emphasized. This collaborative approach aims to
 create a cohesive and inclusive support system.

Evidence-Based Practices:

- The strategy strongly advocates for the use of evidence-based practices and interventions. It
 highlights the importance of grounding all supports and services in the latest scientific
 research and best practices.
- The strategy promotes innovative and flexible approaches to support, encouraging the adoption of new and emerging practices that have proven to be effective.

Comparative Analysis:

Methodological Framework:

- While both strategies emphasize structured approaches with clear objectives and action
 plans, the Australian strategy provides a broader and more holistic framework, covering a
 wider range of areas and promoting flexibility in service provision.
- The Spanish strategy has a strong focus on early detection and intervention, with detailed plans for screening and diagnosis. The Australian strategy, on the other hand, incorporates these elements within a broader context of lifelong support and inclusion.

Stakeholder Involvement:

 The Australian strategy stands out for its extensive and meaningful stakeholder engagement, ensuring that autistic individuals and their families play a central role in the planning and implementation processes. The Spanish strategy also involves stakeholders but places less emphasis on their active participation in decision-making.

Evidence-Based Practices:

Both strategies prioritize the use of evidence-based practices, but the Australian strategy
goes further in promoting innovative and flexible approaches. It encourages the adoption of
new practices and continuous improvement based on the latest research and feedback.

In summary, while both the Spanish and Australian strategies are committed to supporting autistic individuals through evidence-based practices and structured methodologies, the Australian strategy excels in its holistic approach, extensive stakeholder engagement, and emphasis on innovation and flexibility. The Spanish strategy provides a strong foundation, particularly in early detection and intervention, but could benefit from incorporating a broader, more inclusive approach similar to Australia's.



Key Differences Compared with Spain

♣ Primary Differences

Scope and Coverage:

- Spain: Focuses on key areas like early detection, healthcare, education, and social inclusion with immediate support and services.
- Australia: Broader scope, including crisis management, technological integration, policy consistency across government levels, and cultural competency, ensuring holistic support for autistic individuals.

Stakeholder Engagement:

- Spain: Engages stakeholders, including autistic individuals, their families, and organizations, but with less emphasis on active participation in decision-making.
- Australia: Extensive consultations with autistic individuals, their families, and advocacy groups at every stage, ensuring their voices shape the strategy.

Evidence-Based Practices:

- Spain: Emphasizes scientifically validated practices but does not highlight the promotion of innovative approaches as strongly.
- Australia: Advocates for evidence-based practices, promoting innovation and flexibility in support services.

Monitoring and Accountability:

- Spain: Includes monitoring and evaluation with established indicators but less detailed formal mechanisms for accountability.
- Australia: Robust mechanisms with specific performance indicators, regular reporting requirements, and continuous feedback, ensuring transparency and accountability.

Cultural Competency:

Spain: Focuses on regional needs without a specific emphasis on cultural diversity and inclusivity.

Australia: Strong emphasis on cultural competency and inclusivity, promoting a more inclusive and culturally sensitive approach.

Strengths of Australia's Strategy Compared with Spain:

🏧 🦅 🐒 Primary Strengths:

Comprehensive Coverage:

Addresses a wide range of areas, ensuring holistic support for autistic individuals throughout their lives.

Extensive Stakeholder Engagement:

Involves extensive consultations with autistic individuals, their families, and advocacy organizations, ensuring that their voices are central to the strategy.

Emphasis on Evidence-Based Practices:

Promotes scientifically validated practices and encourages innovation and flexibility in support services.

🌌 欠 Secondary Strengths:

Detailed Monitoring and Accountability Mechanisms:

Includes specific performance indicators and regular reporting requirements, ensuring transparency and accountability.

Focus on Cultural Competency:

Addresses the needs of individuals from diverse cultural backgrounds, promoting inclusivity and cultural sensitivity.

Apparent Gaps in Australia's Strategy Compared with Spain:

🏧 🔑 \Lambda Primary Apparent Gaps:

Implementation Details:

Needs more detailed implementation plans outlining specific timelines, roles, and responsibilities for each initiative.

Integration with Regional Policies:

Strengthening consistency and integration with regional and local policies to create a unified approach across all government levels.

Resource Allocation:

Clearer guidelines on resource allocation and funding mechanisms to support the various initiatives.

Addressing Emerging Needs:

Implementing mechanisms for continual assessment and addressing emerging needs and challenges faced by autistic individuals.

- Suggestions for Enhancements to Australia's Strategy:
- 🔤 🥝 🥕 Primary Suggestions:

Develop Detailed Implementation Plans:

Create detailed plans for each initiative, outlining specific timelines, roles, responsibilities, and potential challenges to ensure effective execution and proactive issue resolution.

Strengthen Integration with Regional Policies:

Enhance coordination with regional and local policies to create a cohesive approach across all levels of government, establishing clear communication channels and collaborative frameworks.

Provide Clearer Resource Allocation Guidelines:

Establish clear guidelines on resource allocation and funding mechanisms to ensure all initiatives have necessary financial support, including specific funding commitments, budget allocations, and financial oversight mechanisms.

Secondary Suggestions:

Focus on Emerging Needs and Continuous Improvement:

Implement mechanisms for continuously assessing and addressing emerging needs and challenges, regularly reviewing and updating the strategy based on new research findings and community feedback.

Expand Cultural Competency Initiatives:

Enhance efforts to address the needs of individuals from diverse cultural backgrounds by developing targeted cultural competency training for service providers and ensuring that all materials and resources are accessible and inclusive.

Additional Strategic Insights:

Enhance Public Awareness Campaigns:

Launch comprehensive public awareness campaigns to educate the public and showcase the diverse capabilities and successes of autistic individuals, promoting acceptance and inclusion.

Strengthen Crisis Management Protocols:

Develop detailed crisis management protocols, including the establishment of dedicated crisis teams, emergency response protocols, and training for emergency service personnel to better support autistic individuals in crisis situations.

[IT-lm] Lombardy (Italy) 'Piano Operativo Regionale Autismo' (Autism Regional Operational Plan)

https://garanteminoriefragilita.regione.lombardia.it/wps/wcm/connect/f1b00cba-166c-4981-9dd6-8818b1075bd9/Piano Operativo Regionale Autismo.pdf

A1: Comprehensive Analysis of Topics Related to the Needs of Autistic People

Autism-friendly Accessibility Everywhere

Lombardia (Italy): The Lombardia strategy emphasizes the need for accessibility in public places and transportation. It highlights efforts to create autism-friendly environments by improving sensory and social accessibility, particularly in residential neighborhoods, public spaces, and stores. Specific measures include training for public service providers and developing guidelines for creating inclusive environments.

Australia: The Australian Draft National Autism Strategy aims to enhance social inclusion by improving accessibility and sensory-friendly environments in public and online spaces. The strategy includes commitments to increase public education, awareness, and understanding of autism within workplaces, health, education, and the criminal justice system. It also emphasizes the importance of sensory-friendly spaces and increasing the visibility of autistic people in the media, sports, and the arts.

Detection of Autism

Lombardia (Italy): The Lombardia strategy places a strong emphasis on the early detection of autism. It includes measures for regular screening in early childhood settings and training for healthcare professionals to recognize early signs of autism. The strategy also focuses on reducing the age of diagnosis and improving access to diagnostic services across the region.

Australia: The Australian strategy outlines commitments to improve the autism diagnosis and assessment process by considering the consistency of current identification screening and diagnostic tools. It includes plans to develop standardized training and resource materials for professionals, improve access to primary care, and explore early screening and identification arrangements. The strategy highlights the importance of timely diagnosis.

Education and Social Skills

Lombardia (Italy): The Lombardia strategy stresses the need for tailored educational support for autistic students. This includes the development of individualized education plans (IEPs), autism-specific training for educators, and the creation of inclusive learning environments. The strategy aims to support both academic and social skills development.

Australia: The Australian strategy commits to ensuring that autistic students have equitable access to quality education. This includes providing professional development for educators on autism, supporting the development of individualized learning plans, and promoting inclusive education practices. The strategy also emphasizes the importance of social skills development and peer support programs within schools.

Training of Parents and Carers

Lombardia (Italy): The Lombardia strategy acknowledges the critical role of parents and carers in supporting autistic individuals. It proposes providing comprehensive training and resources to help parents and carers understand autism better, manage challenging behaviors, and support the development of their children. This includes workshops, support groups, and access to expert advice.

Australia: Australia's strategy includes initiatives to support parents and carers through training programs that provide knowledge and skills to better support their autistic family members. This includes developing resources and training materials, offering workshops, and creating support networks to share experiences and strategies.

Awareness of Society and Public Servants

Lombardia (Italy): The Lombardia strategy focuses on increasing awareness and understanding of autism among the general public and public servants. This includes public awareness campaigns, training programs for public sector employees, and initiatives to promote acceptance and inclusion in the community. The strategy aims to reduce stigma and improve the overall societal response to autism.

Australia: The Australian strategy outlines comprehensive public awareness campaigns aimed at increasing understanding and acceptance of autism. It includes training programs for public servants, healthcare providers, educators, and law enforcement personnel to ensure they are equipped to support autistic individuals effectively. The strategy also emphasizes the role of media in shaping public perceptions and promotes positive representation of autistic individuals.

Assistance Services Adapted to Autism

Lombardia (Italy): The Lombardia strategy highlights the need for services tailored to the specific needs of autistic individuals. This includes specialized healthcare services, social services,

and educational support designed to accommodate the unique challenges faced by autistic individuals. The strategy aims to create a coordinated approach to service delivery.

Australia: The Australian strategy includes commitments to develop and enhance services specifically designed for autistic individuals. This involves improving access to specialized healthcare, mental health services, and social supports that are tailored to the needs of autistic individuals. The strategy also emphasizes the importance of service coordination and integration to provide comprehensive support.

Individual Assistants

Lombardia (Italy): The Lombardia strategy supports the provision of individual assistants to help autistic individuals navigate daily life and participate in community activities. These assistants are trained to provide personalized support and help individuals develop independence and social skills.

Australia: Australia's strategy includes initiatives to provide individualized support through personal assistants or support workers. These professionals are trained to understand the specific needs of autistic individuals and provide assistance with daily activities, social integration, and skill development.

Peer-support

Lombardia (Italy): The Lombardia strategy recognizes the value of peer support for autistic individuals. It encourages the development of peer support networks and programs where autistic individuals can share experiences, provide mutual support, and build social connections.

Australia: The Australian strategy emphasizes the importance of peer support networks and programs. These initiatives aim to connect autistic individuals with peers who can offer understanding, encouragement, and shared experiences. The strategy includes funding and resources to establish and maintain these networks.

Housing and Independent Living

Lombardia (Italy): The Lombardia strategy addresses the need for appropriate housing options and support for independent living for autistic individuals. This includes developing supported housing schemes, providing life skills training, and offering assistance with daily living tasks to promote independence.

Australia: Australia's strategy includes commitments to improve housing options and support for independent living for autistic individuals. This involves developing policies and programs that provide access to suitable housing, support services to assist with independent living, and initiatives to enhance the quality of life for autistic individuals living independently.

Employment (or Allowances)

Lombardia (Italy): The Lombardia strategy focuses on improving employment opportunities for autistic individuals. This includes providing vocational training, creating partnerships with employers, and offering support to help autistic individuals find and maintain employment. The strategy also considers financial allowances for those unable to work.

Australia: Australia's strategy outlines initiatives to enhance employment opportunities for autistic individuals. This includes developing employment programs, providing workplace accommodations, offering training for employers, and supporting autistic individuals in the job search process. The strategy aims to reduce employment barriers and promote inclusive workplaces.

Health, Nutrition, Physical Activities, and Sports

Lombardia (Italy): The Lombardia strategy emphasizes the importance of health and well-being for autistic individuals. This includes access to healthcare services, nutritional guidance, and opportunities for physical activities and sports. The strategy aims to promote overall health and fitness among autistic individuals.

Australia: Australia's strategy includes commitments to improve health outcomes for autistic individuals. This involves enhancing access to healthcare services, promoting healthy lifestyles, and encouraging participation in physical activities and sports. The strategy aims to address the specific health needs of autistic individuals and support their overall well-being.

Friendly and Affective Relationships (Including Sexual)

Lombardia (Italy): The Lombardia strategy recognizes the importance of fostering friendly and affectionate relationships, including addressing the needs related to sexual health and relationships. The strategy includes educational programs and support services to help autistic individuals navigate relationships and develop healthy interpersonal connections.

Australia: Australia's strategy addresses the social and emotional needs of autistic individuals, including fostering positive relationships and addressing sexual health. This includes providing education and resources on relationships, social skills training, and support services to help autistic individuals build and maintain meaningful relationships.

Leisure, Travels, Experiences, Special Interests, Creativity, Flourishing of Autistic People

Lombardia (Italy): The Lombardia strategy encourages participation in leisure activities, travel, and experiences that cater to the interests and creativity of autistic individuals. This includes creating opportunities for autistic individuals to engage in hobbies, arts, and community events that support their personal growth and well-being.

Australia: Australia's strategy emphasizes the importance of providing opportunities for autistic individuals to engage in leisure activities, travel, and pursue their special interests and creativity. The strategy includes initiatives to make recreational and cultural activities more accessible and inclusive, supporting the overall flourishing of autistic individuals.

Connection with Nature (Including Animals)

Lombardia (Italy): The Lombardia strategy highlights the benefits of connecting with nature and animals for autistic individuals. It includes programs that provide opportunities for outdoor activities, nature exploration, and interactions with animals to promote mental and emotional well-being.

Australia: Australia's strategy recognizes the therapeutic benefits of nature and animal interactions for autistic individuals. The strategy includes initiatives to increase access to naturebased activities and animal-assisted therapies to support the mental and emotional health of autistic individuals.

Protection Against Stigma, Bullying, Mistreatment, and Abuse

Lombardia (Italy): The Lombardia strategy emphasizes the need to protect autistic individuals from stigma, bullying, mistreatment, and abuse. This includes public awareness campaigns, training programs for educators and caregivers, and implementing policies to ensure the safety and well-being of autistic individuals.

Australia: Australia's strategy includes measures to protect autistic individuals from stigma, bullying, mistreatment, and abuse. This involves public education campaigns, creating supportive environments, and enforcing policies and regulations to safeguard the rights and dignity of autistic individuals.

Personal Security (Especially Against the Risk of Getting Lost), **Protection and Defense (Against Other People)**

Lombardia (Italy): The Lombardia strategy addresses personal security for autistic individuals, including measures to prevent them from getting lost and protecting them from harm by others. This includes providing safety training, developing tracking systems, and creating support networks to ensure their security.

Australia: Australia's strategy includes initiatives to enhance the personal security of autistic individuals. This involves implementing safety programs, providing resources for tracking and locating individuals at risk of getting lost, and developing protective measures against exploitation and harm.

Protection Against Depression and Suicide

Lombardia (Italy): The Lombardia strategy highlights the importance of mental health support to prevent depression and suicide among autistic individuals. This includes providing access to mental health services, crisis intervention, and creating supportive networks to address mental health challenges.

Australia: Australia's strategy includes commitments to improve mental health support for autistic individuals. This involves enhancing access to mental health services, implementing suicide prevention programs, and providing crisis intervention resources to address mental health issues and prevent suicide.

Protection Against the Risk of Deprivation of Liberty (in Institutions or Hospitals) or Forced Treatments

Lombardia (Italy): The Lombardia strategy advocates for the rights of autistic individuals to live freely without the risk of unnecessary institutionalization or forced treatments. This includes promoting community-based care, implementing safeguards against forced treatments, and ensuring respect for the autonomy and dignity of autistic individuals.

Australia: Australia's strategy includes measures to protect autistic individuals from the risk of deprivation of liberty and forced treatments. This involves promoting community-based support, enforcing legal protections, and ensuring that treatment decisions respect the rights and autonomy of autistic individuals.

Healthcare and Emergencies

Lombardia (Italy): The Lombardia strategy emphasizes the need for accessible and responsive healthcare services for autistic individuals. This includes training healthcare professionals on autism, improving emergency response systems, and ensuring that healthcare services are tailored to meet the needs of autistic individuals.

Australia: Australia's strategy includes commitments to improve healthcare services and emergency response for autistic individuals. This involves training healthcare providers, enhancing emergency protocols, and ensuring that healthcare services are accessible and responsive to the needs of autistic individuals.

Aging and Autonomy

Lombardia (Italy): The Lombardia strategy addresses the needs of aging autistic individuals by promoting independence and autonomy. This includes providing support services for older autistic adults, creating programs to enhance their quality of life, and ensuring access to resources that support aging in place.

Australia: Australia's strategy includes initiatives to support aging autistic individuals. This involves providing resources and services that promote independence, enhancing support for older autistic adults, and ensuring that aging-related needs are addressed in the strategy.

Empowerment Advocacy

Lombardia (Italy): The Lombardia strategy emphasizes the importance of empowering autistic individuals to advocate for themselves. This includes providing advocacy training, creating platforms for autistic voices, and ensuring that autistic individuals are involved in decision-making processes that affect their lives.

Australia: Australia's strategy includes measures to empower autistic individuals through advocacy. This involves supporting self-advocacy, providing resources for advocacy training, and ensuring that autistic individuals have a voice in policy development and implementation.

Respect of the UN CRPD

Lombardia (Italy): The Lombardia strategy aligns with the principles of the UN Convention on the Rights of Persons with Disabilities (CRPD). This includes promoting the rights and dignity of autistic individuals, ensuring equal opportunities, and implementing policies that support the inclusion and participation of autistic individuals in society.

Australia: Australia's strategy is committed to upholding the principles of the UN CRPD. This involves ensuring that policies and practices respect the rights of autistic individuals, promoting inclusion and participation, and aligning with international standards for the rights of persons with disabilities.

Effective Access to Justice

Lombardia (Italy): The Lombardia strategy includes measures to ensure that autistic individuals have effective access to justice. This includes providing training for legal professionals, creating support services for autistic individuals involved in the justice system, and ensuring that legal processes are accessible and fair.

Australia: Australia's strategy includes initiatives to improve access to justice for autistic individuals. This involves training for legal and law enforcement professionals, providing support services for autistic individuals in the justice system, and ensuring that legal processes are accessible and responsive to their needs.





A2: Identification of Additional Relevant Topics

■ Lombardia (Italy):

Additional Relevant Topics Identified:

- Transition Planning: The strategy highlights the importance of planning for major life transitions, such as moving from childhood to adulthood, transitioning from school to work, and entering old age. This includes developing individualized transition plans and providing support during these key life stages.
- Cultural Competency in Services: The strategy emphasizes the need for services that
 are culturally competent and sensitive to the diverse backgrounds of autistic
 individuals. This includes training for service providers on cultural awareness and
 creating services that respect and accommodate different cultural practices and
 values.
- Technology and Assistive Devices: The strategy underscores the importance of providing access to technology and assistive devices to support communication, learning, and daily living for autistic individuals. This includes funding for technological aids and training on how to use them effectively.
- Collaboration with Research Institutions: The strategy calls for increased collaboration with research institutions to advance the understanding of autism and improve service delivery. This includes supporting research initiatives and incorporating new findings into practice.

Australia:

• Additional Relevant Topics Identified:

- Inclusive Early Childhood Education: The strategy emphasizes the need for inclusive early childhood education settings that accommodate autistic children. This includes training for early childhood educators and adapting early learning environments to be more autism-friendly.
- Rural and Remote Area Services: The strategy addresses the challenges faced by autistic individuals in rural and remote areas. This includes improving access to services, providing telehealth options, and ensuring that support is available regardless of geographic location.
- Crisis Intervention and Support: The strategy highlights the importance of crisis intervention and support services for autistic individuals and their families. This includes developing crisis response protocols, providing emergency respite care, and offering counseling and support during crises.
- Post-Diagnosis Support: The strategy underscores the need for comprehensive postdiagnosis support for autistic individuals and their families. This includes providing

information, resources, and guidance following a diagnosis to help families navigate available services and supports.

By identifying these additional relevant topics, both the Lombardia and Australian strategies can be seen as comprehensive and forward-thinking in addressing the diverse and evolving needs of the autistic community.



Lombardia (Italy):

- Close Consultation and Active Participation of Autistic People or Their Families: The
 Lombardia strategy emphasizes active participation and consultation with autistic individuals
 and their families. It includes structured feedback mechanisms such as surveys, focus groups,
 and advisory panels to ensure that a diverse range of voices and needs across the spectrum
 are heard and considered. Regular consultations and involvement in decision-making
 processes are highlighted to ensure that the voices of autistic individuals are concretely
 incorporated into the strategy.
- **Implementation Details**: The strategy outlines specific implementation steps, including timelines, responsible agencies, and detailed action plans for each initiative. There is a focus on collaboration between health, education, and social services to ensure a coordinated approach.
- Administrative Body: There is a dedicated administrative body within the regional health department tasked with overseeing the implementation of the autism strategy. This body coordinates between various stakeholders, monitors progress, and ensures accountability.
- Monitoring and Accountability: The Lombardia strategy includes clear monitoring and accountability frameworks, with specific indicators and milestones to measure progress.
 Regular reports and evaluations are planned to assess the effectiveness of the initiatives and make necessary adjustments.
- **SMART Criteria**: The strategy utilizes SMART (Specific, Measurable, Achievable, Relevant, Time-bound) criteria to set clear, actionable goals. This ensures that the objectives are well-defined and progress can be effectively tracked.
- **Legal Framework and Tools**: The strategy is supported by regional legislation that mandates the provision of services and protections for autistic individuals. It includes legal tools to enforce compliance and ensure that rights are upheld.
- Continuous Improvement: The strategy includes mechanisms for continuous improvement, such as regular reviews, stakeholder feedback, and adaptation to new research findings and best practices.

• **International Collaboration**: The Lombardia strategy encourages international collaboration with other regions and countries to share knowledge, research, and best practices in autism support and services.

Maria Australia:

- Close Consultation and Active Participation of Autistic People or Their Families: The
 Australian strategy emphasizes the importance of meaningful engagement with autistic
 individuals and their families throughout the development and implementation of the
 strategy. It includes commitments to ongoing consultations, public forums, and the
 establishment of advisory groups to ensure diverse representation. The strategy aims to
 ensure that the feedback and voices of autistic individuals are not only heard but actively
 shape policy and practice.
- **Implementation Details**: The strategy provides a detailed roadmap for implementation, including key actions, responsible entities, and timelines. It outlines a phased approach to roll out initiatives and includes mechanisms for inter-agency collaboration to ensure a holistic implementation.
- **Administrative Body**: The strategy designates a specific national body responsible for overseeing the implementation. This body coordinates efforts across federal, state, and local levels, ensuring a unified approach to service delivery and policy enforcement.
- Monitoring and Accountability: The strategy incorporates a robust monitoring and
 accountability framework, with clear metrics and indicators to measure progress. It includes
 regular reporting requirements and independent evaluations to assess the impact and
 effectiveness of the initiatives.
- **SMART Criteria**: Goals within the Australian strategy are articulated using SMART criteria, ensuring that objectives are clear, measurable, and achievable within specified timeframes. This approach facilitates precise tracking of progress and outcomes.
- **Legal Framework and Tools**: The strategy is underpinned by national legislation that provides a legal basis for the rights and services of autistic individuals. It includes provisions for enforcing compliance and protecting the rights of autistic individuals across various sectors.
- Continuous Improvement: The strategy emphasizes continuous improvement through ongoing research, stakeholder feedback, and adaptation to emerging best practices. It includes plans for regular reviews and updates to ensure the strategy remains relevant and effective.
- **International Collaboration**: The strategy promotes international collaboration to enhance knowledge exchange and adopt best practices from other countries. It includes participation in international autism research networks and partnerships with global organizations.

This detailed comparison highlights the structured and comprehensive approach taken by both the Lombardia and Australian strategies in incorporating active participation, detailed implementation plans, and robust monitoring frameworks to support autistic individuals and their families.



- Additional Strategy Needs Identified:
 - o **Integration of Assistive Technology**: The strategy could benefit from a more explicit focus on the integration of assistive technology to support communication, learning, and daily living activities for autistic individuals. This would involve providing funding for technological aids, training for individuals and families, and ensuring widespread access to these resources.
 - o Specialized Mental Health Services: While there is a general emphasis on healthcare, the strategy could enhance its focus on specialized mental health services tailored to the unique needs of autistic individuals. This includes crisis intervention, counseling, and long-term mental health support.
 - Specific Transition Support Programs: The strategy acknowledges the importance of transition planning but could expand on specific programs and supports for transitions at various life stages, such as moving from school to employment or from family living to independent living.
 - o Autism-specific Workforce Development: Further development of specialized training programs for professionals working with autistic individuals across sectors (education, healthcare, social services) would strengthen the strategy. This includes ongoing professional development and certifications in autism-specific practices.

Australia:

- Additional Strategy Needs Identified:
 - o **Detailed Implementation Roadmaps**: While the strategy outlines key actions and responsible entities, providing more detailed implementation roadmaps with specific timelines, milestones, and resource allocations would enhance clarity and accountability.
 - **Expanded Rural and Remote Area Services**: There is a recognition of the challenges faced by autistic individuals in rural and remote areas, but the strategy could include more specific initiatives and funding to address these disparities. This includes telehealth services, mobile support units, and targeted outreach programs.

- o **Enhanced Focus on Co-occurring Conditions**: The strategy could benefit from a more detailed approach to addressing co-occurring conditions, such as intellectual disabilities, mental health issues, and physical health problems that often accompany autism. This includes integrated care models and coordinated service delivery.
- **Parent and Caregiver Support Networks**: While training for parents and caregivers is included, establishing formal support networks and peer groups could provide additional emotional and practical support for families. This involves creating platforms for sharing experiences, resources, and strategies.
- **Long-term Sustainability Plans**: The strategy would be strengthened by a more detailed focus on long-term sustainability, including funding models, policy support, and scalability of successful initiatives. This includes developing plans to ensure the continuity and growth of services and supports for autistic individuals over time.

By identifying these additional strategy needs, both the Lombardia and Australian strategies can further enhance their frameworks to provide comprehensive and sustainable support for autistic individuals and their families. This would involve expanding the focus on technology, mental health services, transition support, workforce development, implementation details, rural area services, cooccurring conditions, caregiver support, and long-term sustainability.



Technological Integration and Digital Accessibility

Lombardia (Italy):

The Lombardia strategy includes provisions for the use of technology to support autistic individuals, focusing on the use of assistive devices and digital tools to enhance communication and learning. It highlights the importance of access to these technologies and includes measures to provide training for both autistic individuals and their caregivers on how to effectively use these tools. The strategy also emphasizes the development of digital resources and online platforms to facilitate community interaction and support.

🏧 Australia:

The Australian strategy outlines a commitment to leveraging technology to support autistic individuals. This includes the development of digital resources, such as online platforms for community interaction, virtual tools for therapy and support, and accessible information portals. The strategy emphasizes the need for digital accessibility and the integration of technology into service delivery to enhance the reach and effectiveness of support services. Additionally, there are plans to provide training and resources to ensure that autistic individuals can fully benefit from technological advancements.

Crisis Management and Emergency Services

Lombardia (Italy):

The Lombardia strategy includes specific protocols for crisis management and emergency services tailored to the needs of autistic individuals. This involves training emergency service personnel on how to interact with autistic individuals, developing crisis intervention plans, and ensuring that there are support systems in place for families during emergencies. The strategy emphasizes the importance of timely and appropriate responses to mental health crises and other emergencies.

🏧 Australia:

The Australian strategy addresses crisis management by developing comprehensive emergency response protocols and training for emergency personnel. This includes creating specific guidelines for handling mental health crises, improving access to crisis intervention services, and establishing support networks for families during emergencies. The strategy also highlights the need for coordinated care during emergencies to ensure that autistic individuals receive appropriate and effective support.

Cultural Competency and Inclusivity

Lombardia (Italy):

The Lombardia strategy stresses the importance of cultural competency in service delivery. This includes training service providers to be culturally sensitive and aware of the diverse backgrounds of autistic individuals. The strategy aims to ensure that services are accessible and respectful of different cultural practices and values. Additionally, there are initiatives to combat racial and ethnic disparities in the diagnosis and treatment of autism.

🏧 Australia:

The Australian strategy prioritizes cultural competencyby emphasizing the need for services that are inclusive and respectful of diverse cultural backgrounds. This includes providing language accessibility, cultural sensitivity training for service providers, and measures to address racial and ethnic disparities in autism diagnosis and treatment. The strategy aims to create a more inclusive environment for all autistic individuals, regardless of their cultural or ethnic background.

Policy Consistency and Coordination Across Levels of Government

Lombardia (Italy):

The Lombardia strategy includes measures to ensure policy consistency and coordination across regional and local government levels. This involves developing coherent policies,

integrating services, and fostering collaboration between different government bodies. The strategy emphasizes the need for a unified approach to autism support, with clear roles and responsibilities for each level of government.

🏧 Australia:

 The Australian strategy outlines a comprehensive approach to ensuring policy consistency and coordination across federal, state, and local governments. This includes establishing clear frameworks for collaboration, integrating services across different government levels, and promoting coherence in policies and practices. The strategy aims to create a seamless support system for autistic individuals, with well-coordinated efforts from all levels of government.

Public and Private Sector Roles

Lombardia (Italy):

• The Lombardia strategy acknowledges the roles of both public and private sectors in providing services and support for autistic individuals. It highlights the importance of partnerships with private organizations, non-governmental organizations (NGOs), and community groups to enhance service delivery. The strategy includes measures to encourage private sector involvement in funding and providing autism services, as well as fostering collaboration between public and private entities.

🏧 Australia:

• The Australian strategy emphasizes the collaboration between public and private sectors to support autistic individuals. This includes partnerships with private organizations, NGOs, and community groups to enhance service delivery and funding mechanisms. The strategy aims to leverage the strengths of both sectors to provide comprehensive and effective support, with a focus on creating sustainable and scalable initiatives.

Sustainability of Services

Lombardia (Italy):

• The Lombardia strategy includes measures to ensure the sustainability of services for autistic individuals. This involves developing long-term funding models, policy support, and initiatives to scale successful programs. The strategy emphasizes the importance of creating sustainable services that can continue to meet the needs of autistic individuals over time.

Australia:

• The Australian strategy outlines plans to ensure the sustainability of services through longterm funding, policy support, and the scalability of successful initiatives. This includes developing sustainable funding models, promoting policy stability, and creating mechanisms to ensure the continuity and growth of services. The strategy aims to provide lasting support for autistic individuals and their families.

Impact Measurement and Strategy Evaluation

Lombardia (Italy):

The Lombardia strategy includes comprehensive measures for impact measurement and
evaluation. This involves setting clear performance indicators, collecting data on service
delivery and outcomes, and conducting regular evaluations to assess the effectiveness of the
strategy. The strategy emphasizes the importance of using data to inform continuous
improvement and ensure that services meet the needs of autistic individuals.

🏧 Australia:

• The Australian strategy includes robust mechanisms for measuring the impact and evaluating the effectiveness of initiatives. This involves setting performance indicators, collecting and analyzing data, and conducting regular reviews and evaluations. The strategy emphasizes the importance of feedback from the autistic community and stakeholders to ensure that the strategy remains relevant and effective. The use of data and evidence-based practices is highlighted to drive continuous improvement and adapt to emerging needs.

By focusing on these additional, particular criteria, both the Lombardia and Australian strategies demonstrate a commitment to creating comprehensive, inclusive, and effective support systems for autistic individuals. These strategies prioritize technological integration, crisis management, cultural competency, policy coordination, public-private partnerships, sustainability, and rigorous impact measurement to ensure that the needs of autistic individuals are met holistically and sustainably.

D: Respect and Representation in Autism Strategies for Lombardia (Italy)

■■ Lombardia (Italy):

Language and Terminology:

- **Identity-First Language**: The Lombardia strategy frequently uses identity-first language, referring to "autistic individuals" throughout the document.
- **Avoidance of Stigmatizing Terms**: The strategy carefully avoids stigmatizing terms such as "disorder" or "condition" and does not use the acronym "ASD" (Autism Spectrum Disorder), which can have negative connotations.
- **Normalization Tactics**: The document does not endorse normalization tactics like Applied Behavior Analysis (ABA), instead focusing on support and inclusion.

Portrayal of Autism:

- **Respect for Autistic Nature**: The Lombardia strategy emphasizes the strengths and unique perspectives of autistic individuals, promoting acceptance and integration within the community.
- **Individualized Support**: The strategy highlights the importance of providing individualized support tailored to the specific needs of each autistic person, recognizing the diversity within the autism spectrum.
- **Empowerment and Advocacy**: There is a significant focus on empowering autistic individuals and advocating for their rights, ensuring they have a voice in decision-making processes.

Australia:

Language and Terminology:

- **Identity-First Language**: The Australian strategy consistently uses identity-first language, referring to "autistic individuals."
- Avoidance of Stigmatizing Terms: Similar to Lombardia, the Australian strategy avoids stigmatizing terms such as "disorder" and refrains from using the acronym "ASD."
- Normalization Tactics: The strategy explicitly opposes normalization tactics like ABA, instead promoting approaches that respect and support the individual needs of autistic people.

Portrayal of Autism:

- Respect for Autistic Nature: The Australian strategy strongly emphasizes respecting the inherent nature of autistic individuals, focusing on their strengths and contributions to society.
- **Individualized Support**: There is a robust commitment to providing personalized support services, ensuring that interventions are tailored to the unique needs of each autistic person.
- **Empowerment and Advocacy**: The strategy promotes the empowerment of autistic individuals, advocating for their inclusion and participation in all aspects of society. It highlights the importance of self-advocacy and the involvement of autistic individuals in policy development and implementation.

Comparison:

- Lombardia (Italy): The strategy adopts a respectful and supportive approach, emphasizing identity-first language and avoiding stigmatizing terms. It focuses on individualized support and empowerment but lacks explicit opposition to normalization tactics like ABA.
- **Australia**: The strategy similarly uses identity-first language and avoids stigmatizing terms, but it explicitly opposes normalization tactics like ABA. It places a stronger emphasis on empowerment and advocacy, with detailed commitments to involving autistic individuals in decision-making processes.

By analyzing both strategies, it is evident that while both regions prioritize respectful language and individualized support, the Australian strategy provides a more comprehensive approach to empowerment and explicitly opposes normalization tactics. The focus on advocacy and the involvement of autistic individuals in policy development is more pronounced in the Australian strategy, highlighting a deeper commitment to respecting and representing the autistic community.



■ Lombardia (Italy):

The Lombardia strategy adopts a comprehensive and multi-faceted methodology to address the needs of autistic individuals. Key aspects include:

- **Data Collection and Research**: The strategy is informed by extensive data collection and research, including surveys, focus groups, and consultations with autistic individuals and their families. This ensures that the strategy is based on real-world needs and experiences.
- Holistic Approach: The strategy adopts a holistic approach, addressing a wide range of
 areas including healthcare, education, employment, and social inclusion. This comprehensive
 methodology ensures that all aspects of the lives of autistic individuals are considered and
 supported.
- **Interdisciplinary Collaboration**: The strategy emphasizes the importance of interdisciplinary collaboration, involving professionals from various fields such as healthcare, education, social work, and employment services. This collaborative approach ensures that autistic individuals receive well-rounded and coordinated support.
- Person-Centered Planning: The strategy prioritizes person-centered planning, which
 involves tailoring services and supports to the individual needs and preferences of each
 autistic person. This methodology ensures that interventions are relevant and effective for
 each individual.
- **Continuous Evaluation and Improvement**: The strategy includes mechanisms for continuous evaluation and improvement, with regular reviews and updates based on new data and feedback from autistic individuals and their families. This ensures that the strategy remains effective and responsive to emerging needs.

Australia:

The Australian strategy employs a similarly comprehensive and data-driven methodology, with several distinctive features:

• **Evidence-Based Practices**: The strategy is grounded in evidence-based practices, with interventions and supports selected based on robust research and proven effectiveness. This

methodology ensures that the approaches used are effective and scientifically validated.

- Inclusive Stakeholder Engagement: The strategy involves extensive stakeholder engagement, including consultations with autistic individuals, their families, and advocacy organizations. This inclusive approach ensures that the voices of those directly affected are heard and incorporated into the strategy.
- **Systems-Level Interventions**: The strategy includes systems-level interventions aimed at creating systemic change across various sectors, including healthcare, education, and employment. This methodology ensures that support for autistic individuals is integrated and coordinated across different areas of life.
- **Monitoring and Accountability**: The strategy includes detailed mechanisms for monitoring and accountability, with specific performance indicators and regular reporting requirements. This ensures that the implementation of the strategy is transparent and that progress can be tracked and assessed.
- **Adaptability and Flexibility**: The strategy is designed to be adaptable and flexible, allowing for adjustments based on new research findings and changing needs. This methodology ensures that the strategy can evolve and improve over time.

Both the Lombardia and Australian strategies demonstrate a strong commitment to comprehensive, data-driven methodologies that prioritize the needs and preferences of autistic individuals. They both emphasize the importance of inclusive stakeholder engagement, interdisciplinary collaboration, continuous evaluation, and evidence-based practices. These methodologies ensure that the strategies are effective, responsive, and capable of providing meaningful support to autistic individuals and their families.







Scope and Coverage:

- Lombardy (Italy): Focuses on immediate needs such as healthcare, education, and social inclusion, with detailed coverage but does not extend broadly into areas like crisis management and technological integration.
- **Australia:** Broader scope, covering areas such as crisis management, technological integration, policy consistency across government levels, and cultural competency, ensuring holistic support for autistic individuals.

Stakeholder Engagement:

- Lombardy (Italy): Stakeholder engagement is present but less emphasized.

 Consultations are conducted primarily with autistic individuals and their families but are not extensively documented.
- **Australia:** Strong emphasis on extensive stakeholder engagement, including detailed consultations with autistic individuals, their families, and advocacy organizations, ensuring that a wide range of voices are heard and considered.

Evidence-Based Practices:

- Lombardy (Italy): While the strategy is comprehensive, it does not explicitly emphasize the use of evidence-based practices and interventions as much as the Australian strategy.
- **Australia:** Strong emphasis on evidence-based practices, ensuring that interventions and supports are backed by robust research and proven effectiveness.

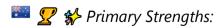
Monitoring and Accountability:

- Lombardy (Italy): Continuous evaluation is included, but there is less emphasis on formal mechanisms for monitoring and accountability.
- **Australia:** Includes detailed mechanisms for monitoring and accountability, with specific performance indicators and regular reporting requirements.

Cultural Competency:

- Lombardy (Italy): Focuses on regional needs without a specific emphasis on cultural diversity.
- **Australia:** Strong emphasis on cultural competency and inclusivity, addressing the needs of individuals from diverse cultural backgrounds.

Strengths of Australia's Strategy Compared with Lombardy:



Comprehensive Coverage:

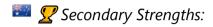
Covers a wide range of areas, ensuring holistic support for autistic individuals throughout their lives.

Extensive Stakeholder Engagement:

Involves extensive consultations with autistic individuals, their families, and advocacy organizations, ensuring that the voices of those directly affected are heard and incorporated into the strategy.

Emphasis on Evidence-Based Practices:

Grounded in evidence-based practices, ensuring that interventions and supports are effective and scientifically validated.



Detailed Monitoring and Accountability Mechanisms:

Includes specific performance indicators and regular reporting requirements, ensuring transparency and accountability in its implementation.

Focus on Cultural Competency:

Addresses the needs of individuals from diverse cultural backgrounds, promoting inclusivity and cultural sensitivity.

Apparent Gaps in Australia's Strategy Compared with Lombardy:

🏧 🔑 🛆 Primary Apparent Gaps:

Implementation Details:

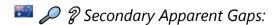
Needs more detailed implementation plans outlining specific timelines, roles, and responsibilities for each initiative.

Integration with Regional Policies:

Strengthening consistency and integration with regional and local policies to create a unified approach across all government levels.

Resource Allocation:

Clearer guidelines on resource allocation and funding mechanisms to support the various initiatives.



Addressing Emerging Needs:

Implementing mechanisms for continual assessment and addressing emerging needs and challenges faced by autistic individuals.

Suggestions for Enhancements to Australia's Strategy:

🏧 🥝 🧽 Primary Suggestions:

Develop Detailed Implementation Plans:

Create detailed plans for each initiative, outlining specific timelines, roles, responsibilities, and potential challenges to ensure effective execution and proactive issue resolution.

Strengthen Integration with Regional Policies:

Enhance coordination with regional and local policies to create a cohesive approach across all levels of government, establishing clear communication channels and collaborative frameworks.

Provide Clearer Resource Allocation Guidelines:

Establish clear guidelines on resource allocation and funding mechanisms to ensure all initiatives have necessary financial support, including specific funding commitments, budget allocations, and financial oversight mechanisms.

Secondary Suggestions:

Focus on Emerging Needs and Continuous Improvement:

Implement mechanisms for continuously assessing and addressing emerging needs and challenges, regularly reviewing and updating the strategy based on new research findings and community feedback.

Expand Cultural Competency Initiatives:

Enhance efforts to address the needs of individuals from diverse cultural backgrounds by developing targeted cultural competency training for service providers and ensuring that all materials and resources are accessible and inclusive.

Additional Strategic Insights:

Enhance Public Awareness Campaigns:

Launch comprehensive public awareness campaigns to educate the public and showcase the diverse capabilities and successes of autistic individuals, promoting acceptance and inclusion.

Strengthen Crisis Management Protocols:

Develop detailed crisis management protocols, including the establishment of dedicated crisis teams, emergency response protocols, and training for emergency service personnel to better support autistic individuals in crisis situations.

[MT] 'Malta's National Autism Strategy 2021-2030'

https://inclusion.gov.mt/wp-content/uploads/2023/04/National-Autism-Strategy-EN.pdf

A1: Comprehensive Analysis of Topics Related to the **Needs of Autistic People**

Autism-Friendly Accessibility Everywhere (Social and Sensory)

- Malta: Malta's strategy emphasizes creating sensory-friendly environments in public places, transportation, and residential neighborhoods. It includes implementing Universal Design principles to make spaces more inclusive and ensuring that public offices, shops, and services are welcoming for everyone. Specific measures include autism-friendly hours in shops and autism-friendly movie screenings.
- Australia: Australia's strategy outlines comprehensive measures to improve autismfriendly accessibility, particularly in public transportation, shopping centers, and residential neighborhoods. The strategy includes guidelines for urban development that integrate sensory-friendly designs and community input to ensure environments are accessible to autistic individuals.

Detection of Autism

- Malta: The strategy stresses the need for early identification and intervention, with a focus on reforming current state and private services to ensure timely and effective diagnosis and support. It includes efforts to improve the pool of resources and human expertise, and emphasizes the importance of early diagnosis for better outcomes.
- Australia: Emphasizes early detection and intervention through nationwide screening programs and extensive training for primary care providers. The strategy includes specific funding for research into innovative diagnostic techniques to enhance early identification.

Education and Social Skills

Malta: Malta's strategy includes ensuring an updated framework for meeting educational needs, extending IEPs to tertiary education, and strengthening support structures across educational institutions. The strategy also emphasizes the importance of including social skills training and making educational environments more autism-friendly.

Australia: Prioritizes inclusive education through individualized educational plans (IEPs) and support services in all schools. Social skills programs and peer mentoring are integral components of the educational strategy, ensuring a supportive learning environment for autistic students.

Training of Parents and Carers

- Malta: The strategy highlights the need for training programs for parents and carers, ensuring they are well-equipped to support their autistic children. It includes provisions for family-friendly measures and emphasizes the importance of empowering families with the necessary tools and knowledge.
- Australia: Parent and carer training is integrated into the NDIS framework, providing workshops and online resources focused on empowerment and practical support strategies. Training emphasizes understanding autism and managing daily challenges.

Awareness of Society and Public Servants

- Malta: Malta's strategy includes awareness campaigns targeting different sectors of society, including education, health, and social care. It emphasizes the need to challenge stigma and promote acceptance, using various methods such as social media, print media, and in-person visits.
- Australia: Australia conducts extensive awareness campaigns as part of its national mental health strategy, along with specific training for public servants to enhance their ability to support autistic individuals.

Assistance Services Adapted to Autism

- Malta: The strategy emphasizes a holistic reform of existing state and private services, ensuring they are tailored to the needs of autistic individuals. It includes enhancing the pool of resources and human expertise, and ensuring continuity and quality of service.
- Australia: The NDIS facilitates comprehensive and personalized assistance services, ensuring autistic individuals receive tailored support through coordinated personal plans. Services cover a wide range of needs, from therapy to daily living assistance.

Individual Assistants

Malta: The strategy highlights the importance of providing individual assistants to support autistic individuals in their daily lives. It includes provisions for regulated and welltrained assistants to ensure quality and consistency in support.

• Australia: Individual assistants are a key component of the NDIS, providing consistent and tailored support across the country. Autistic individuals can employ personal assistants to help manage daily activities and enhance their participation in the community.

Peer-Support

- Malta: Malta's strategy includes creating safe spaces for socialization and peer support, recognizing the importance of these networks for autistic individuals. The strategy emphasizes the development of peer-support groups and community-based initiatives.
- Australia: Systematically integrates peer-support into the strategy, with funded initiatives to establish and maintain support groups accessible both in person and online.

Housing and Independent Living

- Malta: The strategy emphasizes the need for independent living solutions, including
 housing modifications and support services to enable autistic individuals to live
 independently. It includes plans for creating supportive housing environments and ensuring
 access to necessary resources.
- Australia: Extensive support for independent living is provided through the NDIS,
 offering housing modifications and access to supportive housing options. This ensures that
 autistic individuals can choose living arrangements that best suit their needs and
 preferences.

Employment (or Allowances)

- Malta: Malta's strategy includes a comprehensive framework for employment support, emphasizing the need for workplace adaptations, job coaching, and mentoring. It also addresses the importance of providing reasonable adjustments and promoting autism-friendly employers.
- Australia: Australia's approach includes strong initiatives to integrate autistic individuals into the workforce, with specific employment support programs designed to help individuals find and retain jobs. The strategy emphasizes workplace inclusivity and accommodations.

Health, Nutrition, Physical Activities, and Sports

- Malta: Malta's strategy promotes health and well-being through inclusive programs for physical activities, sports, and nutrition. It emphasizes the importance of tailored healthcare services and encourages participation in community-based health initiatives.
- Australia: Similar focus on health, nutrition, and physical activities, with inclusive programs to promote participation in sports and other physical activities. Healthcare services are tailored to meet the specific needs of autistic individuals.

Friendly and Affective Relationships (including Sexual)

- Malta: The strategy includes provisions for supporting personal and sexual relationships, emphasizing the importance of education and support in these areas. It aims to promote understanding and acceptance of autistic individuals in their personal relationships.
- Australia: Emphasizes the importance of supporting relationships, including sexual education and relationship-building programs tailored to autistic individuals' needs.

Leisure, Travels, Experiences, Special Interests, Creativity, Flourishing

- Malta: Malta's strategy encourages participation in leisure activities, travel, and creative pursuits. It emphasizes the importance of supporting autistic individuals in exploring their interests and hobbies.
- Australia: Promotes access to leisure, creative arts, and travel for autistic individuals. Funding is available for projects that include autistic people in arts, sports, and cultural activities.

Connection with Nature (including Animals)

- Malta: The strategy promotes connections with nature and animals, recognizing their therapeutic benefits. It includes initiatives to support nature-based activities and interactions with animals for autistic individuals.
- Australia: Includes programs that enhance connections with nature and animals, recognizing the therapeutic benefits and promoting activities that involve nature-based therapy.

Protection Against Stigma, Bullying, Mistreatment, and Abuse

- Malta: Malta's strategy includes strong measures to combat stigma, bullying, and abuse, emphasizing the importance of public awareness and legal protections. It aims to create a supportive and inclusive society for autistic individuals.
- Australia: Comprehensive policies to combat bullying and discrimination are supported by legal frameworks to protect autistic individuals, with extensive public education campaigns.

Personal Security (especially against the risk of getting lost), Protection and Defense (against other people)

• Malta: Malta's strategy emphasizes personal security and protection, including training for first responders and emergency personnel. It promotes the use of technology and

community-based safety programs to enhance security for autistic individuals.

• Australia: Includes community-based safety programs and the use of technology, such as GPS tracking devices for individuals at risk of getting lost. Training for first responders and emergency personnel on autism-specific needs is also a key component.

Protection Against Depression and Suicide

- Malta: The strategy includes mental health support initiatives aimed at preventing depression and suicide. It emphasizes the importance of timely interventions and comprehensive support services to address mental health challenges.
- Australia: Prioritizes mental health support with specific programs to identify early signs of depression and provide timely interventions. Comprehensive support systems cater to the mental health needs of autistic individuals, including crisis intervention services.

Protection Against the Risk of Deprivation of Liberty (in institutions or hospitals) or Forced Treatments

- Malta: The strategy includes legal safeguards to protect autistic individuals from involuntary confinement and forced treatments. It emphasizes the importance of respecting the rights and autonomy of autistic individuals.
- Australia: Ensures legal and ethical guidelines to prevent the deprivation of liberty and non-consensual treatments, protecting the rights of autistic individuals.

Healthcare and Emergencies

- Malta: Specialized training for healthcare and emergency service providers to effectively respond to autistic individuals' needs.
- Australia: Enhances healthcare and emergency services through specialized training and autism-friendly emergency response practices.

Aging and Autonomy

- Malta: The strategy addresses the needs of aging autistic individuals, focusing on maintaining autonomy and providing appropriate care. It includes initiatives to support independent living and community integration for older autistic adults.
- Australia: Provides resources and support systems designed to maintain independence and support health as autistic individuals age. The strategy includes planning for long-term care and support services.

Empowerment Advocacy

- Malta: The strategy emphasizes empowerment and self-advocacy, promoting initiatives that enable autistic individuals to advocate for their own needs and participate in decisionmaking processes.
- Australia: Emphasizes empowerment, supporting initiatives that enhance self-advocacy skills and active community involvement.

Respect of the UN CRPD

- Malta: Aligns with the UN Convention on the Rights of Persons with Disabilities (UN CRPD), ensuring that the rights and dignity of autistic individuals are upheld in all policies and practices.
- Australia: Commits to UN CRPD principles, ensuring all measures and policies uphold autistic individuals' rights and dignity.

Effective Access to Justice

- Malta: Efforts to ensure effective access to justice, including adaptations in legal processes to accommodate autistic individuals.
- Australia: Facilitates access to justice through legal aid services and court procedure adaptations for autistic individuals.







This detailed comparison highlights that both Malta and Australia prioritize early detection, inclusive education, personalized support services, and societal awareness to improve the quality of life for autistic individuals. Malta's strategy provides a strong emphasis on creating autism-friendly environments, comprehensive education support, and family empowerment. Australia's strategy is more structured, with a robust implementation framework under the NDIS, extensive public awareness campaigns, and rigorous monitoring and accountability mechanisms. Both strategies align with international human rights standards and emphasize the importance of autonomy, dignity, and inclusion for autistic individuals.





A2: Identification of Additional Relevant Topics

Malta

The Malta National Autism Strategy includes several additional relevant topics not explicitly covered in Australia's strategy. These topics provide a broader and more detailed approach to the needs of autistic individuals.

1. Financial Support Mechanisms:

- o The strategy proposes mechanisms for financial support to persons on the autism spectrum and their families, including through tax rebates and financial incentives for employers to hire autistic individuals.
- Emphasizes ensuring there is no duplication of services covered by said financial support, aiming for efficiency and broad coverage.

2. Regulation and Monitoring of Service Providers:

- Malta's strategy outlines a proposal for draft legislation to appropriately regulate the provision of professional services in the autism field. This includes the registration and conduct of service providers to ensure quality and safety.
- o It aims to support regulated service providers who in turn want to support autistic individuals and their families.

3. Addressing Overmedication and Exploring Alternative Therapies:

- o The strategy highlights the need to examine the current use of medication among autistic individuals, including issues of overmedication and the exploration of alternative therapies.
- o This includes ensuring appropriate awareness of the effects of medications and different options available, alongside the evaluation of alternative interventions.

4. Focus on Gender Sensitivity and Inclusivity:

o Malta's strategy places significant emphasis on gender-sensitive and inclusive approaches, particularly noting the different presentations of autism in females and non-binary individuals compared to males. This ensures tailored support and therapy.

5. Comprehensive Early Identification and Intervention Across Lifespan:

- o It stresses the importance of early identification and interventions that are available throughout a person's lifespan, rather than focusing solely on children.
- o The strategy seeks to reform both state and private services to ensure continuity and comprehensive support from early childhood through adulthood.

6. Multidisciplinary and Holistic Approaches to Interventions:

o Promotes the concept of holistic, person-centred interventions with a focus on transdisciplinary approaches. This includes bringing together professionals from various disciplines to provide comprehensive support.

7. Empowerment and Self-Advocacy:

- Malta's strategy heavily emphasizes advocacy and self-advocacy, encouraging autistic individuals to become self-advocates and play active roles in decision-making processes.
- It also highlights the importance of family involvement, ensuring that families are well-informed and supported in their advocacy efforts.

Australia

Australia's Draft National Autism Strategy covers a wide range of important areas but may lack some specific focuses that Malta's strategy includes:

1. Financial Support Mechanisms:

 While Australia provides support through the NDIS, explicit mention of financial incentives for employers or detailed tax rebates specifically aimed at autism support may not be as prominent.

2. Regulation and Monitoring of Service Providers:

 The strategy includes quality standards and frameworks for service providers but may not have the same detailed legislative proposals for regulating the conduct of these providers.

3. Addressing Overmedication and Exploring Alternative Therapies:

 Australia's strategy focuses on providing comprehensive healthcare but may not delve as deeply into the specific issues of overmedication and alternative therapies as outlined in Malta's strategy.

4. Focus on Gender Sensitivity and Inclusivity:

 While inclusive practices are promoted, the specific emphasis on gender sensitivity, especially regarding the different presentations in females and non-binary individuals, may not be as detailed.

5. Comprehensive Early Identification and Intervention Across Lifespan:

 Australia emphasizes early intervention and support but may not explicitly stress the continuity of these interventions across the entire lifespan with the same detail as Malta.

6. Multidisciplinary and Holistic Approaches to Interventions:

 Australia promotes a multidisciplinary approach but may not explicitly emphasize transdisciplinary and holistic approaches as strongly as Malta.

7. Empowerment and Self-Advocacy:

 Australia supports empowerment and self-advocacy through the NDIS and other initiatives, but the specific structures and extensive focus on self-advocacy and family involvement detailed in Malta's strategy might be more comprehensive.



Malta's National Autism Strategy includes several additional relevant topics not explicitly covered in Australia's Draft National Autism Strategy. These include financial support mechanisms, detailed regulation and monitoring of service providers, addressing overmedication and exploring alternative therapies, a strong focus on gender sensitivity and inclusivity, comprehensive lifelong support, holistic and multidisciplinary approaches, and an extensive emphasis on empowerment and self-advocacy. These elements provide a broader and more detailed approach to the needs of autistic individuals, potentially offering additional insights for enhancing Australia's strategy.





B1: Analysis of Strategy Frameworks

Close Consultation and Active Participation of Autistic People or Their Families

- Malta: The Malta National Autism Strategy involves extensive consultation with autistic individuals, their families, and various stakeholders. The strategy emphasizes the importance of involving those directly affected in the decision-making process, ensuring that diverse needs are represented. However, ongoing participation mechanisms are not as detailed as might be ideal.
- Australia: Australia's strategy involves active participation from autistic individuals and their families throughout the policy development and implementation process. Advisory panels consisting of autistic individuals and advocacy groups play a significant role in shaping and reviewing the strategy, ensuring continuous input and consideration of diverse needs.

Implementation Details

- Malta: The strategy provides detailed recommendations and specific actions to be taken, but lacks a formal, comprehensive implementation framework. While it outlines key areas for reform and development, it does not assign specific roles or timelines, making the execution less structured.
- **Australia:** Australia's strategy includes a detailed implementation framework with specific roles and responsibilities assigned to various government departments and agencies. The strategy outlines clear action plans with timelines, funding allocations, and measurable targets to ensure accountability and progress.

Administrative Body Dedicated for Autism

 Malta: There is no specific administrative body dedicated solely to autism. Instead, the strategy relies on existing structures within the health and social care sectors to implement the recommended changes.

• Australia: While there is no single administrative body dedicated solely to autism, the National Disability Insurance Agency (NDIA) under the NDIS plays a central role in coordinating and delivering services to autistic individuals. The strategy also involves multiple government departments working in collaboration to implement the policy.

Monitoring and Accountability

- Malta: The strategy outlines the need for monitoring and evaluation but does not provide a detailed framework for accountability. It suggests regular reviews and assessments but lacks specific mechanisms for tracking progress and enforcing accountability.
- Australia: Australia's strategy includes comprehensive monitoring and accountability mechanisms. Regular reports and independent evaluations are required to track progress against the strategic objectives. Stakeholder feedback is integral to the process, ensuring that the strategy remains effective and responsive to the community's needs.

SMART Criteria

- Malta: The strategy provides clear recommendations but does not explicitly use the SMART (Specific, Measurable, Achievable, Relevant, Time-bound) criteria to frame its objectives. This could lead to variability in how the guidelines are interpreted and implemented.
- Australia: The strategy employs SMART criteria extensively, setting clear, measurable goals and objectives. This structured approach facilitates benchmarking, progress tracking, and accountability, ensuring that each action item is specific, measurable, achievable, relevant, and time-bound.

Legal Framework and Tools

- Malta: The strategy includes proposals for draft legislation to regulate service provision and protect the rights of autistic individuals. This legislative framework aims to ensure quality and safety in service delivery.
- Australia: The strategy is supported by legal frameworks under the NDIS and broader disability rights laws. These frameworks provide a structured approach to funding, service provision, and rights protection for autistic individuals, ensuring that the strategy's measures are enforceable and backed by government policy.

Continuous Improvement

• Malta: The strategy emphasizes the importance of continuous improvement but lacks structured mechanisms for regular updates and feedback integration. The focus is on

encouraging best practices and adapting based on informal feedback.

Australia: Continuous improvement is embedded in the strategy through regular reviews and updates based on new research and stakeholder feedback. The strategy emphasizes the importance of staying current with scientific advancements and evolving community needs.

International Collaboration

- Malta: The strategy mentions the importance of learning from international best practices and participating in global research networks. However, it does not provide a structured framework for ongoing international collaboration.
- Australia: Australia engages in international collaborations to inform domestic policy and share best practices. The strategy includes a focus on learning from global developments and integrating international insights into the national approach.







Both Malta and Australia prioritize stakeholder engagement and evidence-based practices in their frameworks for supporting autistic individuals. However, Australia's strategy stands out for its detailed implementation framework, robust monitoring and accountability mechanisms, and adherence to SMART criteria, which ensure structured and measurable progress. Malta's strategy includes important legislative proposals and emphasizes continuous improvement, but it may benefit from more structured implementation and accountability mechanisms. The comparison highlights areas where Malta's strategy could be enhanced by adopting some of the structured elements present in Australia's approach, ensuring more consistent and accountable service delivery.





B2: Identification of Additional Strategy Needs

Malta

The Malta National Autism Strategy includes several additional framework-related topics not explicitly covered in Australia's strategy. These elements highlight the specific needs and priorities within the Maltese context.

1. Legislation Specific to Autism:

- The strategy is supported by the Persons within the Autism Spectrum (Empowerment) Act, which provides a legal framework recognizing the rights of autistic individuals and mandating the establishment and oversight of the National Autism Strategy. This legislative backing ensures the strategy's directives are enforceable and receive the necessary political and administrative support.
- 2. Regulated Early Identification and Intervention Services:

 Malta emphasizes the need for regulated early identification and autism intervention services, ensuring these services meet high standards of quality and consistency. This includes draft legislation for the regulation of service providers and the promotion of holistic, person-centered interventions.

3. Financial Support Mechanisms:

 The strategy proposes mechanisms for financial support, such as tax rebates for families using regulated services and financial incentives for employers to hire autistic individuals. This financial support aims to alleviate the economic burden on families and encourage inclusive employment practices.

4. Addressing Overmedication and Exploring Alternative Therapies:

 A significant focus is placed on examining the use of medication among autistic individuals, addressing concerns of overmedication, and exploring alternative therapies. The strategy calls for awareness efforts regarding the effects of medications and alternative options, ensuring informed choices.

5. Gender Sensitivity and Inclusivity:

 The strategy includes a strong emphasis on gender-sensitive approaches, recognizing the different presentations of autism in females and non-binary individuals. It ensures that support services and interventions are tailored to these unique needs, promoting inclusivity and equal access to resources.

6. Continuous and Lifelong Support:

 Malta's strategy underscores the importance of providing support across the lifespan, not just during childhood. It emphasizes the need for services to be available throughout an autistic person's life, ensuring continuity and addressing the evolving needs of individuals as they age.

7. Holistic and Multidisciplinary Approaches:

 The strategy promotes holistic, multidisciplinary approaches to support and intervention, involving professionals from various disciplines to address the diverse needs of autistic individuals comprehensively. This approach aims to provide wellrounded support that goes beyond medical interventions.

8. Empowerment and Self-Advocacy:

 Empowerment and self-advocacy are central themes, with specific initiatives aimed at enabling autistic individuals to advocate for their own needs and participate actively in decision-making processes. This focus on self-advocacy ensures that the voices of autistic individuals are heard and considered in all aspects of the strategy.

9. Engagement with International Perspectives:

 Malta's strategy actively incorporates international perspectives by participating in global discussions and adapting best practices from other countries. This engagement ensures that the strategy remains informed by the latest developments and global standards in autism support and advocacy.

Maria Australia

Australia's Draft National Autism Strategy, while comprehensive and robust, could benefit from integrating some of the specific elements present in Malta's strategy:

1. Specific Autism Legislation:

• While Australia has strong disability rights frameworks, a specific piece of legislation focused on autism, similar to Malta's Persons within the Autism Spectrum (Empowerment) Act, could provide additional legal backing and clarity for the strategy's initiatives.

2. Regulation and Monitoring of Service Providers:

o Introducing more detailed regulations and monitoring mechanisms for service providers, similar to Malta's approach, could enhance the quality and consistency of services provided to autistic individuals.

3. Financial Support Specific to Autism:

o While financial support is available through the NDIS, specific mechanisms such as tax rebates and targeted financial incentives for autism-related services and employment could further support families and encourage inclusive practices.

4. Comprehensive Focus on Overmedication and Alternative Therapies:

 Addressing issues of overmedication and exploring alternative therapies more explicitly could provide autistic individuals and their families with a broader range of informed choices for managing health and well-being.

5. Enhanced Gender Sensitivity:

o A stronger emphasis on gender-sensitive approaches in autism support, recognizing the unique presentations and needs of females and non-binary individuals, could enhance inclusivity and ensure equitable access to resources.

6. Lifelong Support Systems:

o Ensuring that support services are continuously available across the lifespan, not just during childhood, could enhance the continuity of care and address the evolving needs of autistic individuals as they age.

7. Holistic and Multidisciplinary Approaches:

o Promoting holistic and multidisciplinary approaches to support and intervention, involving professionals from various disciplines, could provide more comprehensive care and support for autistic individuals.

8. Focus on Empowerment and Self-Advocacy:

o Enhancing initiatives focused on empowerment and self-advocacy, ensuring autistic individuals are actively involved in decision-making processes, could further strengthen the strategy's impact and inclusivity.

9. Active Engagement with International Standards:

o Increasing engagement with international perspectives and best practices, as seen in Malta's strategy, could ensure that Australia's strategy remains aligned with global standards and incorporates the latest advancements in autism support.







Malta's National Autism Strategy includes several additional framework-related topics that provide a more detailed and comprehensive approach to supporting autistic individuals. By integrating these elements, Australia's Draft National Autism Strategy could enhance its robustness and effectiveness, ensuring a more inclusive, holistic, and legally backed framework for autism support and advocacy.





C: Additional, Particular Criteria of Comparisons

Technological Integration and Digital Accessibility

- Malta: The Malta National Autism Strategy emphasizes the use of assistive technologies and digital tools to support autistic individuals, including communication aids and educational technologies. The strategy encourages the adoption of digital platforms for training, support services, and community engagement, although it lacks detailed implementation plans for these technologies.
- Australia: Australia's strategy includes a strong focus on technological integration, utilizing digital resources, online platforms for community interaction, and virtual tools for therapy and support. The NDIS supports the development and implementation of assistive technologies to enhance communication, social interaction, and daily living skills.

Crisis Management and Emergency Services

- Malta: The strategy emphasizes the need for specialized training for emergency service providers to handle situations involving autistic individuals effectively. It includes proposals for autism-friendly emergency protocols and training programs for first responders to ensure they are equipped to support autistic individuals during crises.
- Australia: Australia's strategy includes comprehensive emergency response protocols that incorporate the needs of autistic individuals. This involves specialized training for emergency personnel and the development of autism-specific crisis intervention teams to provide timely and appropriate responses during crises.

Cultural Competency and Inclusivity

- Malta: The strategy highlights the importance of cultural sensitivity and inclusivity in service provision. It acknowledges the diverse cultural backgrounds of autistic individuals and emphasizes the need for services to be accessible and tailored to these diverse needs. Gender sensitivity and inclusivity are also prioritized, ensuring support services are appropriate for all individuals, including females and non-binary individuals.
- Australia: Australia's strategy prioritizes cultural competency and inclusivity, with initiatives to provide services in multiple languages and train service providers in cultural sensitivity. The strategy aims to reduce racial and ethnic disparities in diagnosis and treatment, ensuring equitable access to support for all autistic individuals.

Policy Consistency and Coordination Across Levels of Government

- Malta: The strategy calls for coordination among various government departments and agencies to implement the proposed actions effectively. However, it lacks a detailed framework for ensuring policy consistency across different levels of government.
- Australia: Australia's strategy demonstrates strong policy consistency and coordination across national, regional, and local government levels. The NDIS provides a centralized framework that ensures uniform implementation of services and supports across the country, facilitating seamless coordination.

Public and Private Sector Roles

- Malta: The strategy involves both public and private sectors in the provision of services and support for autistic individuals. It emphasizes the need for partnerships between government, private service providers, and non-governmental organizations to ensure comprehensive support.
- Australia: The strategy involves robust collaboration between the public and private sectors, with the NDIS facilitating partnerships with private service providers. This ensures a wide range of services and supports are available, leveraging private sector innovation to complement public services.

Sustainability of Services

- Malta: While the strategy emphasizes the need for sustainable services, it does not provide detailed plans for ensuring long-term financial and systemic sustainability. The focus is on improving current services and introducing new initiatives, but without a clear sustainability framework.
- Australia: Sustainability is a key focus of Australia's strategy, with the NDIS providing a stable funding mechanism for autism support. The strategy includes long-term planning to

ensure services are resilient and can adapt to changing needs over time, ensuring financial sustainability and robust service delivery frameworks.

Impact Measurement and Strategy Evaluation

- Malta: The strategy outlines the importance of monitoring and evaluating the effectiveness of services and interventions. However, it lacks a comprehensive framework for impact measurement and regular evaluation. Suggestions for assessments and reviews are present, but specific mechanisms are not detailed.
- Australia: Australia's strategy includes rigorous impact measurement tools to evaluate the effectiveness of autism services. Regular updates, stakeholder feedback, and independent evaluations are integral parts of the framework, ensuring accountability and continuous improvement.







The comparison highlights several key differences and similarities between Malta's National Autism Strategy and Australia's Draft National Autism Strategy:

- **Technological Integration and Digital Accessibility:** Both strategies emphasize the importance of assistive technologies and digital tools. However, Australia's strategy includes more detailed plans and support for technological integration.
- Crisis Management and Emergency Services: Both strategies prioritize training for emergency personnel, but Australia provides a more comprehensive framework with specialized crisis intervention teams.
- Cultural Competency and Inclusivity: Both countries emphasize cultural and gender sensitivity, with detailed initiatives to ensure services are accessible to all individuals. Malta's strategy includes specific provisions for gender sensitivity, while Australia focuses on reducing racial and ethnic disparities.
- Policy Consistency and Coordination: Australia's centralized NDIS framework ensures strong policy consistency and coordination, while Malta's strategy calls for coordination but lacks detailed implementation plans.
- Public and Private Sector Roles: Both strategies involve collaboration between public and private sectors, leveraging partnerships to enhance service provision.
- Sustainability of Services: Australia has a detailed sustainability framework through the NDIS, ensuring long-term financial and systemic sustainability. Malta's strategy emphasizes improving current services without a clear sustainability plan.

Impact Measurement and Strategy Evaluation: Australia's strategy includes comprehensive impact measurement and evaluation mechanisms, while Malta suggests assessments and reviews but lacks detailed frameworks.

These insights underscore the strengths and limitations of each approach, highlighting areas where Malta's strategy could benefit from more structured frameworks and where Australia's strategy excels in providing comprehensive and sustainable support for autistic individuals.





D: Respect and Representation in Autism Strategies

Language and Approach

Identity-First Language:

- Malta: The Malta National Autism Strategy predominantly uses person-first language, referring to "persons with autism". This approach reflects a traditional view that may not fully align with the preferences of many autistic individuals who advocate for identity-first language ("autistic people").
- Australia: Australia's strategy adopts identity-first language more consistently, reflecting a shift towards recognizing and respecting autistic identity. This approach aligns better with the contemporary advocacy within the autistic community, which prefers identity-first language.

Stigmatizing Terms:

- o Malta: The strategy uses terms like "Autism Spectrum Disorder (ASD)", which can be seen as pathologizing. This terminology frames autism primarily as a disorder, potentially detracting from recognizing it as a natural neurological variation.
- Australia: The Australian strategy avoids the routine use of terms like "ASD" or "disorder", which helps frame autism in a less pathologizing manner. This approach aligns with the neurodiversity paradigm, presenting autism as a natural variation of human neurology.

Portrayal of Autism and Respect for Autistic Nature

Malta:

o The strategy often views autism through a medical model, emphasizing diagnosis, intervention, and management. This perspective can imply that autism is a condition to be treated or cured rather than an integral part of an individual's identity. There is a strong emphasis on early intervention and support to improve outcomes, but it may not fully embrace the neurodiversity perspective.

Australia:

Australia's strategy increasingly reflects the neurodiversity paradigm, viewing autism as a natural variation rather than a disorder to be cured. The focus is on creating environments and supports that allow autistic individuals to thrive as they are. This approach promotes acceptance and accommodation rather than attempting to significantly alter autistic behaviors.

Normalization Tactics

• Applied Behavior Analysis (ABA):

- Malta: The strategy mentions behavioral interventions like ABA, which are considered evidence-based practices. However, ABA is controversial within the autistic community because it often aims to modify behaviors to fit societal norms, which can undermine respect for the autistic individual's natural ways of interacting with the world.
- Australia: Australia's strategy shows a movement away from traditional normalization tactics like ABA. The emphasis is on supporting autistic individuals in ways that respect and enhance their natural behaviors and preferences, promoting autonomy and dignity.







Language and Approach

- Malta: Uses person-first language and terms like "ASD", reflecting a medical model that can be seen as pathologizing. This approach may not fully align with the preferences of many within the autistic community who advocate for identity-first language.
- Australia: Uses identity-first language more consistently and avoids pathologizing terms, aligning with the neurodiversity movement. This approach is viewed as more respectful and empowering.

Portrayal of Autism

- Malta: Frames autism within a medical model, emphasizing treatment and management. This perspective may not fully honor the autistic nature as a valid way of being, but rather something that needs intervention.
- Australia: Reflects the neurodiversity paradigm, focusing on acceptance and support rather than treatment. This approach respects autism as a natural variation and aims to create supportive environments that allow autistic individuals to thrive without significant behavioral modifications

Normalization Tactics

- Malta: Endorses ABA and similar behavioral interventions, which are seen as normalization tactics that aim to modify autistic behaviors to fit societal norms. This approach is often criticized within the autistic community for its focus on conformity.
- Australia: Moves away from ABA and similar interventions, promoting supports that respect and enhance the natural behaviors of autistic individuals. This approach aligns with the principles of neurodiversity, emphasizing autonomy and dignity.







The comparison reveals that Malta's strategy, while comprehensive, largely adheres to a medical model that views autism as a disorder requiring management, including the use of normalization tactics like ABA. In contrast, Australia's strategy embraces the neurodiversity paradigm, promoting acceptance and accommodation without attempting to cure or significantly alter autistic behaviors. This fundamental difference highlights varying levels of respect and representation in how each country approaches autism, with Australia adopting a more progressive stance that aligns with contemporary advocacy for neurodiversity and inclusion.





E: Comparative Analysis of Methodologies

Methodologies Employed in Malta's National Autism Strategy

Data Collection and Consultation:

The strategy development included extensive consultations with stakeholders, including persons on the autism spectrum, their families, service providers, and professionals.

Outreach events and town hall meetings were conducted to gather real-world insights and experiences.

International perspectives were considered by participating in events and discussions at the European Union and United Nations levels.

Framework and Coordination:

The Autism Advisory Council was established to draft and oversee the strategy's implementation.

A National Coordination Mechanism within the Directorate for Disability Issues was set up to ensure streamlined implementation.

The strategy emphasizes the use of Universal Design principles to ensure accessibility for all, including those with sensory needs.

Focus Areas:

The strategy covers seven main categories: early identification, education, employment, advocacy, adulthood, and other specific areas.

Each category includes specific action points addressing concerns raised during consultations.

Review and Monitoring:

The strategy includes a plan for regular monitoring and review by the Autism Advisory Council, as mandated by the Persons within the Autism Spectrum (Empowerment) Act.

An emphasis is placed on avoiding duplication and creating unnecessary bureaucracy.

Methodologies Employed in Australia's Draft National Autism Strategy

Data Collection and Consultation:

The strategy development involved consultations with a wide range of stakeholders, including autistic individuals, families, and organizations.

Public feedback was sought through a consultation process, with specific sections detailing the concerns and suggestions received.

Framework and Coordination:

The strategy includes specific "Outcome Areas and Commitments" (pages 15 to 25), which provide detailed points on various aspects of autism support.

The Australian strategy emphasizes a multi-sectoral approach involving education, health, and social services.

Focus Areas:

The strategy outlines commitments in key areas such as health, education, employment, and community inclusion.

It aims to address systemic issues and improve the quality of life for autistic individuals through targeted actions and support mechanisms.

Review and Monitoring:

The strategy includes provisions for monitoring progress and adapting actions based on ongoing feedback and evaluation.

An implementation plan outlines specific responsibilities and timelines for various stakeholders.

Comparative Analysis of Methodologies

Data Collection and Consultation:

- Malta: Extensive, inclusive consultations involving a wide range of stakeholders, including international perspectives. Emphasis on real-world insights through outreach events.
- Australia: Broad consultation process with stakeholders, seeking public feedback and detailing specific concerns and suggestions.

Framework and Coordination:

- Malta: The Autism Advisory Council and National Coordination Mechanism ensure streamlined implementation and monitoring, avoiding unnecessary bureaucracy.
- Australia: Emphasizes a multi-sectoral approach with detailed outcome areas and commitments, outlining responsibilities and timelines for stakeholders.

Focus Areas:

- Malta: Seven main categories with specific action points, focusing on early identification, education, employment, advocacy, and adulthood.
- Australia: Key areas include health, education, employment, and community inclusion, aiming to address systemic issues and improve the quality of life.

Review and Monitoring:

- Malta: Regular monitoring and review by the Autism Advisory Council, with a focus on avoiding duplication and ensuring efficient implementation.
- Australia: Provisions for ongoing feedback and evaluation, with an implementation plan outlining specific responsibilities and timelines.



Key Differences Compared with Malta's Strategy:

Primary Differences:

Financial Support Mechanisms: Malta's strategy includes specific financial support mechanisms, such as tax rebates and financial incentives for employers hiring autistic individuals, which are not as prominently featured in Australia's strategy.

Regulation and Monitoring of Service Providers: Malta proposes draft legislation for regulating service providers, ensuring quality and safety in service provision. Australia's strategy does not emphasize detailed legislative proposals for regulating service providers to this extent.

Addressing Overmedication and Exploring Alternative Therapies: Malta's strategy explicitly addresses overmedication concerns and explores alternative therapies, while Australia's strategy does not delve as deeply into this issue.

Gender Sensitivity and Inclusivity: Malta's strategy places significant emphasis on gender sensitivity and inclusivity, particularly for females and non-binary individuals, while Australia's strategy does include inclusive practices but not with as much specificity.

Comprehensive Early Identification and Intervention Across Lifespan: Malta stresses early identification and interventions available throughout an individual's lifespan, which Australia's strategy does address but not with the same level of detail.

Multidisciplinary and Holistic Approaches to Interventions: Malta promotes holistic, multidisciplinary approaches more explicitly, involving professionals from various disciplines for comprehensive support, while Australia's strategy emphasizes a multidisciplinary approach but not as prominently.

Strengths of Australia's Strategy Compared with Malta's:

🏧 못 🐈 Primary Strengths:

Detailed Implementation Framework: Australia's strategy includes a comprehensive implementation framework with specific roles, responsibilities, timelines, and funding allocations, ensuring structured and accountable service delivery.

Monitoring and Accountability Mechanisms: The strategy incorporates robust monitoring and accountability measures, including regular reporting, independent evaluations, and stakeholder feedback to ensure continuous improvement.

Technological Integration: Australia's strategy has a strong focus on technological integration, utilizing digital resources, online platforms for community interaction, and virtual tools for therapy and support.

Secondary Strengths:

Stakeholder Engagement: Australia's strategy involves extensive stakeholder engagement throughout the policy development and implementation process, ensuring that diverse perspectives are continuously considered.

- **Sustainability of Services:** Through the NDIS, Australia's strategy provides a stable funding mechanism and long-term planning to ensure sustainable services that can adapt to changing needs over time.
- **Cultural Competency:** The strategy emphasizes cultural competency and inclusivity, with initiatives to provide services in multiple languages and train service providers in cultural sensitivity.
- Apparent Gaps in Australia's Strategy Compared with Malta's:
- **A** Primary Apparent Gaps:
 - **Specific Autism Legislation:** Unlike Malta, Australia lacks specific legislation dedicated solely to autism, such as Malta's Persons within the Autism Spectrum (Empowerment) Act.
 - **Addressing Overmedication and Alternative Therapies:** Australia's strategy does not explicitly address the issues of overmedication and alternative therapies as Malta's strategy does.
 - **Gender Sensitivity:** Australia's strategy does not emphasize gender sensitivity and inclusivity as strongly as Malta's strategy, particularly concerning the unique needs of females and non-binary individuals.
- Secondary Apparent Gaps:
 - **Detailed Regulation of Service Providers:** Australia's strategy lacks the detailed legislative proposals for regulating the conduct and quality of service providers found in Malta's strategy.
 - **Empowerment and Self-Advocacy:** While Australia supports empowerment and self-advocacy, the specific structures and extensive focus on these areas in Malta's strategy could enhance Australia's approach.
 - **Continuous Lifelong Support:** Australia's strategy could benefit from a more detailed emphasis on continuous and lifelong support, ensuring services are available and adapted across the lifespan.
- Suggestions for Enhancements to Australia's Strategy:
- Primary Suggestions:
 - **Introduce Specific Autism Legislation:** Develop specific legislation focused on autism, similar to Malta's Persons within the Autism Spectrum (Empowerment) Act, to provide additional legal backing and clarity for the strategy's initiatives.

- Address Overmedication and Explore Alternative Therapies: Incorporate measures to address concerns about overmedication and promote the exploration of alternative therapies, ensuring informed choices for managing health and well-being.
- Enhance Gender Sensitivity and Inclusivity: Strengthen the focus on gender sensitivity, ensuring that support services and interventions are tailored to the unique needs of females and non-binary individuals.
- Secondary Suggestions:
 - Regulate and Monitor Service Providers: Introduce more detailed regulations and monitoring mechanisms for service providers to enhance the quality and consistency of services provided to autistic individuals.
 - Promote Empowerment and Self-Advocacy: Enhance initiatives focused on empowerment and self-advocacy, ensuring autistic individuals are actively involved in decision-making processes.
 - **Ensure Continuous Lifelong Support:** Emphasize the need for continuous and lifelong support systems, addressing the evolving needs of autistic individuals as they age.

Additional Strategic Insights:

- Adopt a Living Document Approach: Implement a mechanism similar to New Zealand's living quideline model to allow for regular updates and revisions based on new research, technological advances, and community feedback.
- Strengthen Community Engagement: Develop a more robust framework for ongoing community engagement, ensuring that the development, monitoring, and evaluation of the strategy are continuously informed by those it affects most directly.
- **Enhance Cultural Competency:** Integrate specific strategies that enhance cultural competency within all services and interactions, actively incorporating Aboriginal and Torres Strait Islander perspectives.

Global Results: Key Insights and **Suggestions from Country Comparisons**

1. Comprehensive Comparative Analysis Summary

Strengths of Australia's Draft Compared to Other Countries

🏧 😾 🖖 Primary Strengths:

Holistic Framework and Clear Objectives:

o Australia's Draft strategy features a holistic and well-structured framework with clear objectives, similar to New Zealand's Aotearoa New Zealand Autism Guideline and the UK's National Strategy for Autistic Children, Young People, and Adults. This structured approach includes specific outcome areas like social inclusion, economic participation, and comprehensive health services, providing clear and measurable goals.

Comprehensive Consultation Process:

o The draft strategy's extensive stakeholder consultation process involves autistic individuals, families, educators, and healthcare providers, making it more comprehensive than those in **Sweden** and **Ireland**. This inclusive approach ensures that the strategy reflects community needs and perspectives.

Integrated Educational and Health Services:

o The draft effectively integrates educational services with health services, ensuring a continuum of care that addresses both educational and health needs. This integration is similar to best practices in **Denmark** and **Sweden**, facilitating seamless support from early childhood through adult life.

Inclusive Educational Practices:

The draft promotes inclusive education within mainstream and specialized settings, reflecting practices seen in **Finland** and **Denmark**. It ensures that autistic children access tailored educational support, fostering better educational outcomes.

Early Intervention Programs:

o Emphasizes early intervention with comprehensive programs for early diagnosis and support, similar to **New Zealand** and **Sweden**. These programs are critical for maximizing developmental outcomes and providing timely support.

Policy Clarity and Accessibility:

 The strategy is clear and accessible, making it easy for stakeholders to understand and engage with, similar to transparent communication strategies in **the UK**. This clarity enhances public trust and facilitates effective implementation.

Secondary Strengths:

Public Awareness and Advocacy:

 Includes efforts to raise public awareness and advocate for autistic individuals, aligning with public campaigns in **France**. These initiatives help reduce stigma and promote acceptance.

Support for Families:

 Offers robust support for families of autistic individuals, similar to family support programs in **Ireland**. This support includes resources, counseling, and community connections.

Mata Collection and Research:

 Emphasizes the importance of data collection and research to inform policy decisions, a strength seen in **the USA**. This approach ensures that policies are evidence-based and can be adapted based on emerging trends and needs.

Professional Training and Development:

 Provides training and development programs for professionals working with autistic individuals, akin to those in **Scotland**. These programs ensure that educators, healthcare providers, and employers are well-equipped to support autistic individuals.

Community Inclusion Programs:

 Promotes community inclusion through social programs and activities, similar to initiatives in **Ireland**. These programs help autistic individuals build social skills and participate actively in their communities.

Identified Gaps in Australia's Draft Compared to Other Countries

Primary Apparent Gaps:

Support for Aging Population:

 Unlike **Germany** and **the Netherlands**, which provide extensive support for aging autistic individuals, Australia's draft lacks comprehensive strategies for this demographic. These countries offer detailed programs that include tailored healthcare, retirement planning, and community integration for older adults, ensuring that their specific needs are met throughout their lives.

Geographic Accessibility and Rural Outreach:

 Does not adequately address service delivery challenges in rural and remote areas, a gap filled by initiatives in **Canada** and **the USA**. These countries have developed specific measures to ensure that individuals in geographically isolated areas receive adequate support.

Programs for Underrepresented Groups:

 Needs more targeted support for underrepresented groups, such as indigenous populations, culturally diverse communities, and gender-diverse groups, as seen in the USA and Canada. Specific programs addressing the unique challenges faced by these groups are crucial for equitable access to services.

Innovative Use of Technology:

Underutilizes technology in education and community engagement compared to
 Ireland and Finland, which leverage digital tools for learning, social interaction, and
 service delivery. Enhanced technological integration can significantly improve
 accessibility and engagement.

• Employment Initiatives:

 Lacks detailed and supportive employment programs that ensure sustainable employment for autistic adults, unlike **Scotland** and **Finland**. These countries have implemented robust systems to support job creation, workplace adaptation, and ongoing employment support.

🔤 🔑 🦞 Secondary Gaps:

Coordination Across Sectors:

 Needs better coordination across different sectors, such as education, health, and employment, seen in **Sweden**. Improved inter-sectoral collaboration can enhance service delivery and policy implementation.

Crisis Management:

 Limited focus on crisis management and emergency support for autistic individuals, which is more developed in **Canada**. Comprehensive crisis management plans are essential for providing immediate and effective support during emergencies.

Cultural Competency:

 Insufficient emphasis on cultural competency training for service providers, a gap filled by the USA. Training programs that address the needs of diverse cultural backgrounds can improve service delivery and outcomes.

Policy Consistency:

 Lacks consistency in policy implementation across different regions, unlike **Germany**, which has more uniform policies. Ensuring consistent practices and guidelines nationwide is critical for equitable support.

• Parental and Caregiver Support:

 While providing some family support, the strategy lacks comprehensive programs for parents and caregivers, seen in **Italy**. Comprehensive support systems for families are vital for the overall well-being of autistic individuals.

Research and Innovation Funding:

 Needs more dedicated funding for autism research and innovation, similar to initiatives in **the USA**. Investing in research can lead to new insights and advancements in autism support.

Detailed Recommendations for Enhancing Australia's Strategy

Primary Recommendations:

• Develop Comprehensive Adult and Aging Services:

 Inspired by **Germany** and **the Netherlands**, establish dedicated services covering employment, education, independent living, and aging care. This includes creating vocational training programs, supported employment services, and community-based residential options for seniors. Specialized healthcare and social integration programs for older adults should be prioritized.

• Improve Geographic Accessibility and Rural Outreach:

 Adopt strategies from Canada and the USA to enhance service delivery in rural and remote areas. Implement mobile service units, expand telehealth services, and provide specialized training for local practitioners. Ensuring that all individuals, regardless of location, have access to necessary resources is crucial.

• Tailor Programs for Diverse Groups:

Create targeted initiatives for underrepresented groups, drawing on models from the
 USA and Canada. Ensure culturally appropriate services and accessibility in multiple
 languages. Programs should address the specific challenges faced by indigenous
 populations, culturally diverse communities, and gender-diverse groups.

Expand Use of Technological Innovations:

Emulate **Ireland** and **Finland** by integrating technology in education and community services. Invest in developing online platforms, virtual reality tools, and mobile applications that support remote learning, telehealth services, and social connectivity. These tools can enhance engagement and accessibility for autistic individuals.

• Strengthen Employment Support Programs:

 Develop employment support programs inspired by **Scotland** and **Finland**. Include job training, employer incentives for hiring autistic individuals, workplace adaptations, and ongoing support to ensure sustainable employment. Collaborate with businesses to create autism-friendly work environments and provide continuous support and training for employers.

Secondary Recommendations:

• Enhance Coordination Across Sectors:

 Improve coordination between education, health, and employment sectors, similar to Sweden. Establish inter-departmental committees to ensure cohesive policy implementation and service delivery.

Develop Crisis Management Plans:

 Create comprehensive crisis management plans for autistic individuals, drawing on Canada's strategies. Include emergency support services and crisis intervention training for responders. This ensures that autistic individuals receive immediate and effective support during crises.

• Implement Cultural Competency Training:

Introduce cultural competency training for service providers, inspired by the USA.
 Ensure training programs address the needs of diverse cultural backgrounds. This can improve the quality of services provided and better meet the needs of autistic individuals from different cultures.

• Ensure Policy Consistency Across Regions:

 Strive for consistency in policy implementation across all regions, following Germany's model. Standardize practices and guidelines to ensure uniform support nationwide. This can reduce disparities in service delivery and improve overall outcomes.

• Expand Parental and Caregiver Support Programs:

Develop comprehensive programs for parents and caregivers, inspired by **Italy**.
 Provide resources, counseling, and support groups to help families manage the challenges associated with autism. Supporting families is crucial for the well-being of autistic individuals.

Increase Funding for Research and Innovation:

Allocate more funding for autism research and innovation, similar to initiatives in the USA. Invest in studies that explore new therapies, interventions, and technologies to improve autism support. Research can provide valuable insights and lead to better outcomes for autistic individuals.

⇒ Conclusion

By addressing these primary and secondary gaps and further leveraging its strengths, Australia can significantly enhance its National Autism Strategy. The comprehensive recommendations aim to create a robust, inclusive, and effective framework that supports autistic individuals across all stages of life and in all regions. This approach ensures that Australia not only meets but sets new international standards for autism support, providing sustainable and adaptable solutions for the diverse needs of autistic individuals. These improvements will ensure that all autistic individuals, regardless of age, location, or background, receive the support they need to lead fulfilling and integrated lives.

2. Executive Summary

Purpose and Scope

The purpose of this comparative analysis is to evaluate Australia's Draft National Autism Strategy against the strategies of various other countries. The scope includes identifying best practices, highlighting gaps, and providing actionable recommendations to enhance Australia's strategy, ensuring it effectively supports autistic individuals.

Key Findings

Best Practices Identified:

- **Holistic Framework and Clear Objectives:**
 - o New Zealand and the UK have well-structured strategies with clear objectives focused on social inclusion, economic participation, and comprehensive health services.
- **Comprehensive Consultation Process:**
 - Strategies in **Sweden** and **Ireland** emphasize stakeholder engagement but are less extensive than Australia's inclusive approach, which involves a broad range of stakeholders.
- **Integrated Educational and Health Services:**
 - o **Denmark and Sweden** showcase effective integration of educational and health services, providing a continuum of care that addresses both educational and health needs.
- **Early Intervention Programs:**
 - o New Zealand and Sweden have strong early intervention programs, emphasizing early diagnosis and support to maximize developmental outcomes.

Significant Gaps Identified in Australia's Draft Strategy:

- **Support for Aging Population:**
 - o Unlike Germany and the Netherlands, Australia lacks comprehensive strategies for aging autistic individuals, which include tailored healthcare and community integration programs.
- **Geographic Accessibility and Rural Outreach:**
 - o Canada and the USA have developed specific initiatives to ensure service accessibility in rural and remote areas, a gap in Australia's strategy.
- **Programs for Underrepresented Groups:**

 The USA and Canada offer targeted support for indigenous populations, culturally diverse communities, and gender-diverse groups, which Australia's strategy lacks.

Innovative Use of Technology:

 Ireland and Finland leverage digital tools for education and community engagement, an area where Australia's draft is underdeveloped.

• Employment Initiatives:

 Scotland and Finland have detailed employment programs that ensure sustainable employment for autistic adults, which are not sufficiently addressed in Australia's strategy.

© Comparative Insights

Alignment with International Standards:

 Australia's draft aligns well with international standards such as the UN Convention on the Rights of Persons with Disabilities (CRPD).

Unique Approaches Worth Considering:

 Denmark's integrated service models and Ireland's use of technology are innovative practices that could significantly enhance Australia's strategy.

3. Key Recommendations and Action Points

Immediate Actions

Adopt Best Practices:

- o Implement integrated service models similar to **Denmark**.
- Enhance the use of technology in education and community services, drawing on Ireland's digital initiatives.

Address Gaps:

- Develop comprehensive strategies for aging autistic individuals, inspired by **Germany** and **the Netherlands**.
- Improve service delivery in rural and remote areas, using approaches from Canada and the USA.

Short-Term Goals (1-2 years)

Pilot Programs:

- Launch pilot programs for early intervention based on New Zealand's model.
- Test employment support initiatives inspired by Scotland and Finland.

• Stakeholder Engagement:

o Enhance engagement with autistic individuals and their families through regular consultations and feedback mechanisms, similar to the practices in **Sweden**.

Medium-Term Goals (3-5 years)

Legislative Changes:

o Propose legislative changes to support the new strategies, such as anti-discrimination laws and inclusive education policies, modeled after the UK.

Capacity Building:

o Implement training and capacity-building programs for service providers and educators, drawing on best practices from **Scotland**.

Long-Term Goals (5+ years)

Sustainable Frameworks:

 Establish sustainable frameworks for continuous improvement, ensuring that the strategy evolves based on feedback and new research, similar to practices in **Finland**.

Global Leadership:

 Position Australia as a global leader in autism support by adopting innovative practices and promoting international collaboration, inspired by Ireland's global outreach initiatives.

Monitoring and Evaluation

Regular Reviews:

o Propose a schedule for regular reviews and updates to the strategy, ensuring it remains responsive to evolving best practices and new research.

Impact Measurement:

 Develop key metrics and indicators to measure the impact of implemented changes, such as employment rates, educational attainment, and service accessibility.

4. ⇒ Conclusion

Reiterate the importance of adopting global best practices and maintaining a commitment to continuous improvement and stakeholder involvement. Emphasize that these enhancements will ensure that Australia's National Autism Strategy not only meets but exceeds international standards, providing effective and sustainable support for all autistic individuals across their lifespan.

Section E OVERALL SYNTHESES, CONCLUSIONS AND SUGGESTIONS



OVERALL SYNTHESES,

CONCLUSIONS AND SUGGESTIONS

E-1. Syntheses of the Key Findings from the Comparisons _

Detailed Review: Gathers significant findings from the comparative analyses conducted in earlier chapters.

E-1.1. Key Findings from the **Comparison with the Consultation** Report (Chapter A-2):

This section compares the draft strategy with the consultation report, highlighting areas of alignment, identifying gaps, and offering suggestions for improvement. The goal is to ensure the strategy comprehensively addresses the needs and feedback from the autistic community.

1. Alignments with Consultation Feedback:

- Whole of Life Coverage:
 - o **Feedback**: Emphasis on strategies that cover the entire lifespan of autistic individuals.
 - Strategy Alignment:
 - Plans for early childhood intervention programs.
 - Support structures throughout school years, including inclusive education practices.
 - Services tailored for adults, reflecting a commitment to ongoing support.
- **Rights and Autonomy:**
 - o Feedback: Importance of a rights-based approach, promoting self-advocacy and decision-making.

Strategy Alignment:

- Emphasizes self-advocacy training.
- Ensures autistic individuals are central in decision-making processes affecting their lives.

• Understanding Autism:

 Feedback: Need for national awareness and public education campaigns to improve understanding and acceptance.

Strategy Alignment:

- Comprehensive public awareness campaigns.
- Educational initiatives aimed at improving national understanding and acceptance of autism.

Social Inclusion:

 Feedback: Prioritization of social inclusion, including the importance of community understanding and sensory-friendly public spaces.

Strategy Alignment:

- Development of sensory-friendly public spaces.
- Community education programs to foster better understanding and acceptance.

Economic Inclusion:

 Feedback: Importance of improving access to education and employment for autistic individuals.

Strategy Alignment:

- Initiatives to improve educational outcomes.
- Employment opportunities, including vocational training programs.
- Employer awareness programs.

Implementation and Monitoring:

 Feedback: Necessity of a strong implementation plan with regular reviews and accountability mechanisms.

Strategy Alignment:

- Detailed implementation plans.
- Regular progress reviews.
- Stakeholder feedback mechanisms for ongoing accountability.

2. Identified Gaps in the Draft Strategy:

Adult Services:

 Feedback: Need for comprehensive support services for adult autistic individuals, including employment support and post-secondary education.

o Strategy Gap:

- Lack of detailed plans for adult services.
- Insufficient emphasis on employment support and vocational training.
- Limited focus on post-secondary education support.

• Emergency Response:

- Feedback: Need for emergency response protocols tailored to the sensory and communication needs of autistic individuals.
- o Strategy Gap:

- Mentions the need for improved emergency services but lacks specific action plans.
- No detailed protocols for emergency responders.

Rural and Remote Access:

 Feedback: Strong call for broader healthcare and support services in rural and remote areas.

o Strategy Gap:

- Expansion of telehealth is addressed but not comprehensive.
- Does not adequately cover physical health facilities and community support networks in rural areas.

• Specific Therapeutic Interventions:

 Feedback: Stakeholders requested funding and access to a wider range of therapeutic options.

o Strategy Gap:

- Brief mention of therapeutic interventions without clear action plans.
- No specific funding allocation details.

• Transportation Services:

- o **Feedback**: Requests for better transportation options for autistic individuals.
- o Strategy Gap:
 - No mention of improved transportation services in the strategy.

3. Suggestions for Improvement:

Enhancing Adult Services:

- o Develop comprehensive support services for adult autistic individuals.
- o Include detailed plans for employment support, vocational training, and access to post-secondary education.

Improving Emergency Response Protocols:

- o Create specific action plans for emergency response protocols.
- Develop training programs for emergency responders focused on the sensory and communication needs of autistic individuals.

Expanding Rural and Remote Services:

- Address a full range of healthcare and support services needed in rural and remote areas.
- Establish physical health facilities and community support networks.

Funding Specific Therapeutic Interventions:

- Allocate clear funding for therapeutic options.
- Develop detailed action plans ensuring therapies are accessible to all autistic individuals.

Improving Transportation Services:

- o Develop initiatives to improve transportation options for autistic individuals.
- o Ensure reliable and accessible transportation to support daily activities.
- → **Conclusion**: The draft strategy reflects significant alignment with many needs identified during the consultation process, particularly in whole of life coverage, rights and autonomy, understanding autism, social inclusion, economic inclusion, and implementation and monitoring. However, there

are critical gaps in adult services, emergency response protocols, comprehensive support for rural areas, specific therapeutic interventions, and transportation services. Addressing these gaps is crucial for the strategy to fully meet the community's needs and ensure effective support across all life stages and areas.

E-1.2. Key Findings from the **Comparison with Amaze's Study** (Chapter A-3):

This section compares the draft strategy with the findings and recommendations from Amaze's study, highlighting areas of alignment, identifying gaps, and offering suggestions for improvement.

1. Alignments with Amaze's Study:

• Education and Training:

o **Feedback**: Amaze's study emphasized the need for specialized training for educators to better support autistic students.

o Strategy Alignment:

- The draft strategy includes plans for autism-specific training programs for educators.
- Integration of assistive technologies in classrooms to support diverse learning needs.

Healthcare and Mental Health:

o **Feedback**: The study highlighted the importance of accessible and specialized healthcare and mental health services.

Strategy Alignment:

- Expansion of telehealth services.
- Specialized training for healthcare providers to address autism-specific health needs.

Community and Social Inclusion:

o **Feedback**: Amaze's study stressed the importance of community engagement and social inclusion.

Strategy Alignment:

- Development of sensory-friendly public spaces.
- Community education programs to foster better understanding and acceptance of autism.

Employment Support:

- o **Feedback**: The study identified the need for better employment support and opportunities for autistic individuals.
- Strategy Alignment:

- Initiatives to improve employment outcomes, including vocational training programs.
- Employer awareness initiatives to promote inclusive workplaces.

Family Support Services:

 Feedback: Emphasized the importance of comprehensive support services for families.

Strategy Alignment:

• Extensive coverage of family support services, including counseling and respite care.

2. Identified Gaps in the Draft Strategy:

Long-term Healthcare Services:

 Feedback: The study pointed out the need for long-term healthcare services for autistic individuals.

Strategy Gap:

- Insufficient focus on long-term healthcare plans.
- Lack of detailed strategies for continuous healthcare support beyond telehealth.

Tailored Employment Programs:

 Feedback: Need for more tailored employment programs specific to the diverse needs of autistic individuals.

o Strategy Gap:

- General employment initiatives without detailed customization for different needs and abilities.
- Absence of long-term support mechanisms in employment settings.

• Mental Health Crisis Support:

• **Feedback**: The study emphasized the need for robust mental health crisis support tailored to autistic individuals.

Strategy Gap:

- Lack of specific mental health crisis support protocols.
- No detailed plans for training mental health professionals on handling autismspecific crises.

• Technology Integration:

 Feedback: Amaze's study suggested the use of advanced technology to support autistic individuals.

Strategy Gap:

- Limited integration of advanced assistive technologies beyond classroom settings.
- Lack of innovative tech solutions for daily living support.

Data and Research:

 Feedback: Highlighted the importance of ongoing data collection and research to inform policy.

Strategy Gap:

 Insufficient emphasis on continuous research and data-driven policy adjustments. No clear plans for establishing research partnerships or data collection frameworks

3. Suggestions for Improvement:

Developing Long-term Healthcare Services:

- o Create comprehensive long-term healthcare plans, including continuous support beyond telehealth.
- Establish partnerships with healthcare providers to ensure sustained healthcare services for autistic individuals.

Customizing Employment Programs:

- o Develop tailored employment programs that address the specific needs and abilities of autistic individuals.
- o Introduce long-term support mechanisms within employment settings to ensure sustained employment success.

Enhancing Mental Health Crisis Support:

- o Implement specific mental health crisis support protocols tailored to autistic individuals.
- o Develop training programs for mental health professionals focused on autism-specific crisis management.

Integrating Advanced Technology:

- Expand the use of advanced assistive technologies beyond educational settings.
- o Innovate tech solutions to support daily living and independence for autistic individuals.

Strengthening Data and Research Initiatives:

- Establish continuous research and data collection frameworks to inform ongoing policy adjustments.
- Develop partnerships with research institutions to drive evidence-based policy making.
- **⇒ Conclusion**: The draft strategy reflects significant alignment with many of the findings and recommendations from Amaze's study, particularly in education and training, healthcare and mental health, community and social inclusion, employment support, and family services. However, there are critical gaps in long-term healthcare services, tailored employment programs, mental health crisis support, technology integration, and continuous data and research initiatives. Addressing these gaps is crucial to ensure the strategy effectively supports autistic individuals across all aspects of their lives.

E-1.3. Key Findings from the Comparison with Common Criteria and Recommendations (Chapter B-2):

This section compares the draft strategy with common criteria and recommendations for national autism strategies, highlighting areas of alignment, identifying gaps, and offering suggestions for improvement.

1. Alignments with Common Criteria and Recommendations:

Comprehensive Support Services:

 Recommendation: Strategies should provide comprehensive support services across various domains of life.

Strategy Alignment:

 The draft strategy includes plans for early childhood intervention, education, healthcare, and family support services, reflecting a comprehensive approach.

• Person-Centered Planning:

 Recommendation: Emphasis on person-centered planning, ensuring that services are tailored to the individual needs of autistic individuals.

Strategy Alignment:

 The strategy emphasizes personalized support plans and self-advocacy training to ensure services are tailored to individual needs.

• Inclusive Education:

 Recommendation: Strategies should promote inclusive education practices and support systems.

Strategy Alignment:

 The draft strategy includes specific plans for training educators on autismspecific needs and integrating assistive technologies in classrooms.

• Employment Opportunities:

 Recommendation: Importance of improving access to employment opportunities for autistic individuals.

Strategy Alignment:

• Initiatives to improve employment outcomes, including vocational training programs and employer awareness initiatives.

• Community and Social Inclusion:

 Recommendation: Strategies should promote social inclusion and community engagement.

Strategy Alignment:

 Development of sensory-friendly public spaces and community education programs to foster better understanding and acceptance of autism.

Monitoring and Evaluation:

 Recommendation: Necessity of strong monitoring and evaluation mechanisms to assess the effectiveness of the strategy.

Strategy Alignment:

Detailed plans for implementation, monitoring, and regular progress reviews.

2. Identified Gaps in the Draft Strategy:

Long-term Support Services:

o **Recommendation**: Strategies should include long-term support services for autistic individuals across their lifespan.

o Strategy Gap:

- Insufficient focus on long-term support services beyond early intervention and education.
- Lack of detailed plans for ongoing adult support services.

Mental Health Services:

 Recommendation: Need for robust mental health services tailored to autistic individuals.

o Strategy Gap:

- Limited emphasis on specialized mental health services.
- No detailed plans for integrating mental health support into the overall strategy.

Crisis Response and Management:

 Recommendation: Importance of crisis response and management protocols tailored to the needs of autistic individuals.

o Strategy Gap:

 Mentions the need for crisis response but lacks specific action plans or detailed protocols.

Parent and Caregiver Support:

 Recommendation: Comprehensive support for parents and caregivers of autistic individuals.

Strategy Gap:

 General mention of family support without detailed plans for specific caregiver programs and resources.

• Technological Integration:

o **Recommendation**: Utilization of advanced technology to support autistic individuals.

Strategy Gap:

- Limited integration of advanced assistive technologies beyond educational settings.
- Lack of innovative tech solutions for daily living support.

Financial Support and Accessibility:

o **Recommendation**: Ensure financial support and accessibility for all services provided.

o Strategy Gap:

- Lack of clear funding allocation details for various support services.
- Insufficient emphasis on making services financially accessible to all individuals.

3. Suggestions for Improvement:

Developing Long-term Support Services:

 Create comprehensive long-term support plans that cover all life stages of autistic individuals, including ongoing adult support services.

Enhancing Mental Health Services:

- o Integrate specialized mental health services into the overall strategy with detailed plans and funding allocations.
- o Provide training for mental health professionals on autism-specific issues.

Implementing Crisis Response Protocols:

- Develop specific crisis response and management protocols tailored to the sensory and communication needs of autistic individuals.
- o Ensure detailed action plans and regular training for crisis responders.

Supporting Parents and Caregivers:

Develop specific programs and resources for parents and caregivers, including respite care, counseling, and support groups.

Integrating Advanced Technology:

 Expand the use of advanced assistive technologies beyond educational settings to support daily living and independence for autistic individuals.

Ensuring Financial Accessibility:

- o Allocate clear funding for various support services and ensure these services are financially accessible to all individuals.
- Develop financial support programs to assist families in accessing necessary services.
- **⇒ Conclusion**: The draft strategy aligns well with many common criteria and recommendations, particularly in comprehensive support services, person-centered planning, inclusive education, employment opportunities, community and social inclusion, and monitoring and evaluation. However, there are significant gaps in long-term support services, mental health services, crisis response protocols, parent and caregiver support, technological integration, and financial support and accessibility. Addressing these gaps is crucial to ensure the strategy effectively supports autistic individuals across all aspects of their lives.

E-1.4. Key Findings from the **Comparison with SMART Criteria** (Chapter B-3):

This section evaluates how well the draft strategy conforms to SMART criteria, which are essential for ensuring the strategy is effective and operational.

1. Alignments with SMART Criteria:

Specific:

- o **Feedback**: Objectives within the strategy should be clear and specific.
- Strategy Alignment:
 - The strategy outlines specific objectives, such as increasing educational opportunities and healthcare access for autistic individuals.
 - Detailed plans for public awareness campaigns and community education programs are well-defined.

Measurable:

- o **Feedback**: Goals should have measurable outcomes to track progress.
- Strategy Alignment:
 - The strategy includes measurable goals, such as percentage increases in employment rates among autistic adults and improvements in educational outcomes.
 - Implementation of regular monitoring and evaluation mechanisms to assess these metrics.

Achievable:

- Feedback: Objectives should be realistically achievable given the resources and time.
- Strategy Alignment:
 - Objectives set in the strategy are aligned with available resources, supported by government funding and partnerships with relevant organizations.
 - Plans for phased implementations of key projects ensure that goals are achievable.

Relevant:

- o **Feedback**: Goals should be relevant to the needs of the autistic community.
- Strategy Alignment:
 - The strategy's objectives are directly tied to the community's expressed needs, such as improving social inclusion and healthcare services.
 - Stakeholder consultations have informed these objectives, ensuring their relevance.

Time-bound:

- o **Feedback**: Objectives should have clear timelines for completion.
- Strategy Alignment:
 - The strategy sets clear deadlines for each major goal, such as implementing new educational programs within the next three years.
 - Timeline details for the rollout of healthcare initiatives and employment programs are specified.

2. Identified Gaps in Meeting SMART Criteria:

• Specific:

- Strategy Gap:
 - Some objectives lack precise definitions or clear targets, such as those related to improving quality of life which are not quantitatively defined.

Measurable:

Strategy Gap:

Lack of specific metrics or indicators for some objectives, making it challenging to measure outcomes effectively, especially in areas like social acceptance and long-term adult care.

Achievable:

Strategy Gap:

Some ambitious projects lack detailed resource allocation plans, raising concerns about their achievability.

Relevant:

Strategy Gap:

While most goals are aligned with community needs, some initiatives, like advanced technology projects, do not have clear justifications tied to immediate community priorities.

Time-bound:

Strategy Gap:

Some long-term goals lack interim milestones or short-term targets, which are crucial for maintaining momentum and ensuring progress.

3. Suggestions for Improvement:

Enhancing Specificity:

Define all objectives with greater specificity, providing clear targets and detailed descriptions to ensure full understanding and alignment with strategic goals.

Improving Measurability:

Develop and document specific metrics for all objectives, particularly those that are currently qualitative, to ensure outcomes are measurable and trackable.

Ensuring Achievability:

o Provide detailed resource allocation and funding plans for all projects, especially those that are highly ambitious, to enhance their feasibility and achievability.

Increasing Relevance:

Reevaluate projects to ensure they directly address the immediate priorities of the autistic community, adjusting focus as needed to maintain relevance.

Setting Time-Bounds:

o Introduce clear interim milestones for long-term objectives to monitor progress effectively and make adjustments as needed.

► Conclusion: The draft strategy aligns well with SMART criteria in several aspects, demonstrating specific, measurable, achievable, relevant, and time-bound objectives in many areas. However, there are gaps in specificity, measurability, achievability, relevance, and time-bounding that need to be addressed to ensure the strategy's effectiveness and operational success. Addressing these gaps will enhance the strategy's ability to meet its goals and better serve the autistic community.

E-1.5. Key Findings from the Comparison with the Autistan Model of Strategy (Chapter C-7)

This section evaluates the Australian Draft National Autism Strategy against the detailed criteria outlined in the Autistan Model of Structure for a National Autism Policy v1.0. The comparison focuses on how well the Australian strategy addresses the specific needs of autistic persons and the requirements for a comprehensive national policy as defined by the Autistan model.

A. Concerning the NEEDS OF AUTISTIC PERSONS

1. Systemic Accessibility Policy for Disabilities Specific to Autistic Persons

1.1. Inclusive Design for Autism Accessibility

Public Places and Transportation:

- Australian Strategy: Emphasizes improving physical accessibility in public transport and spaces.
- Autistan Model: Advocates for detailed sensory-friendly initiatives and social (attitudinal) accommodations.
- Finding: The Australian strategy outlines the importance of physical accessibility but lacks specific sensory-friendly and social accessibility measures.

• Education and Culture:

- Australian Strategy: Emphasizes inclusive education.
- Autistan Model: Requires measures for sensory accommodations and addressing social (attitudinal) barriers.
- Finding: The strategy mentions inclusive education but does not specify measures for sensory accommodations or addressing social barriers.

• Employment and Entrepreneurship:

- Australian Strategy: Discusses workplace adaptations.
- Autistan Model: Calls for specific policies supporting entrepreneurship for autistic individuals and addressing social barriers in the workplace.
- **Finding**: The strategy mentions workplace adaptations but misses specific policies for entrepreneurship support and social accessibility in the workplace.

• Leisure, Creativity, Sports, Travel:

- Australian Strategy: General statements about accessibility.
- Autistan Model: Advocates for concrete measures for sensory-friendly and social (attitudinal) adaptations.
- Finding: The strategy mentions accessibility in leisure but lacks concrete measures for sensory-friendly and social adaptations.

Healthcare:

- o **Australian Strategy**: Highlights training for healthcare providers.
- Autistan Model: Focuses on emergency healthcare adaptations specific to autism and addressing social (attitudinal) barriers in healthcare settings.
- Finding: The strategy mentions training for healthcare providers but lacks focus on emergency healthcare adaptations and social accessibility measures.

Public Law Enforcement and Private Security Services:

- o **Australian Strategy**: Mentions training on disability awareness.
- Autistan Model: Emphasizes managing interactions hindered by sensory and social (attitudinal) barriers.
- Finding: The strategy mentions training but does not address managing interactions with sensory and social barriers.

Administration and Public Services:

- Australian Strategy: Focus on improving service delivery.
- Autistan Model: Calls for strategies to address social (attitudinal) barriers within these services.
- Finding: The strategy focuses on service delivery improvement but lacks specific strategies for addressing social (attitudinal) barriers.

Justice:

- o **Australian Strategy**: Touches on accessible judicial processes.
- Autistan Model: Provides details on protections against administrative and judicial errors, including social barriers.
- Finding: The strategy mentions accessible judicial processes but lacks details on protections against errors specifically impacting autistic individuals and addressing social barriers.

• Self-Advocacy and Engagement:

- Australian Strategy: Encourages advocacy.
- Autistan Model: Details supporting autistic-led initiatives and addressing social barriers to engagement.
- Finding: The strategy encourages advocacy but lacks detail on supporting autistic-led initiatives directly and addressing social barriers to engagement.

• Participation in Political Life:

- Australian Strategy: General support for participation.
- Autistan Model: Specifies strategies for enabling full and effective participation considering sensory and social (attitudinal) challenges.
- **Finding**: The strategy supports participation but lacks specific strategies for enabling full and effective participation considering sensory and social challenges.

Apparent Gaps:

• The Australian strategy mentions various improvements for accessibility and inclusivity but lacks deep, actionable details on implementing universal design principles specifically tailored to the needs of autistic individuals. Areas like sensory sensitivities, social (attitudinal) barriers, and communication barriers are not addressed with concrete, specific measures.

? Suggested Improvements:

- Develop Comprehensive Universal Design Guidelines: Establish clear, detailed guidelines for inclusive design that specifically address the unique needs of autistic individuals across all areas mentioned. These should include sensory-friendly environments, communication access, and strategies to overcome social (attitudinal) barriers.
- **Specific Measures for Each Area**: For each area such as education, employment, healthcare, etc., develop specific, actionable plans that detail how inclusivity will be achieved, monitored, and maintained.
- **Engagement and Feedback Mechanisms**: Implement mechanisms to regularly gather feedback from autistic individuals and adjust strategies accordingly to ensure they meet the actual needs.

1.2. Accessible Assistance Services for Autistics

Public Places and Transportation:

- o **Australian Strategy**: Acknowledges the need for accessible transportation.
- o **Autistan Model**: Calls for services that assist autistic individuals directly in these settings, addressing both sensory and social (attitudinal) needs.
- o **Finding**: The strategy acknowledges the need but lacks specifics on direct assistance services in public transportation addressing sensory and social needs.

Education and Culture:

- Australian Strategy: Points to support services in educational settings.
- o Autistan Model: Details services tailored specifically for autistic needs, such as assistance during sensory overload situations and social barriers.
- o **Finding**: The strategy mentions support services but doesn't detail services tailored specifically for autistic needs addressing sensory and social barriers.

Employment and Entrepreneurship:

- o **Australian Strategy**: Mentions support for disability employment.
- o **Autistan Model**: Calls for personalized assistance services in the workplace addressing sensory and social barriers.
- o **Finding**: The strategy mentions employment support but lacks personalized assistance services addressing sensory and social barriers.

Leisure, Creativity, Sports, Travel:

- Australian Strategy: General support for accessibility in leisure activities.
- o **Autistan Model**: Specifies personalized assistance in these environments addressing sensory and social barriers.
- o **Finding**: The strategy supports accessibility in leisure but lacks specifics on personalized assistance addressing sensory and social barriers.

Healthcare:

- Australian Strategy: Includes training for healthcare providers.
- o **Autistan Model**: Focuses on immediate, accessible assistance services in healthcare settings addressing sensory and social barriers.
- o **Finding**: The strategy mentions training but lacks provision of immediate, accessible assistance services addressing sensory and social barriers.
- **Public Law Enforcement and Private Security Services:**

- o **Australian Strategy**: Discusses training in disability awareness.
- Autistan Model: Specifies assistance services in interactions with law enforcement addressing sensory and social barriers.
- Finding: The strategy mentions training but not specific assistance services addressing sensory and social barriers.

Administration and Public Services:

- Australian Strategy: Talks about improving general accessibility.
- Autistan Model: Details assistance services tailored to autistic needs addressing sensory and social barriers.
- Finding: The strategy mentions improving accessibility but lacks detailed assistance services addressing sensory and social barriers.

Justice:

- Australian Strategy: Aims to make judicial processes more accessible.
- Autistan Model: Specifies assistance services in legal settings addressing sensory and social barriers.
- Finding: The strategy mentions accessibility in judicial processes but lacks focus on assistance services addressing sensory and social barriers.

Self-Advocacy and Engagement:

- Australian Strategy: Encourages participation in advocacy.
- Autistan Model: Details support for enabling meaningful and sustained engagement addressing social barriers.
- **Finding**: The strategy encourages participation but lacks specific supports for sustained engagement addressing social barriers.

Participation in Political Life:

- Australian Strategy: Promotes inclusion in political processes.
- Autistan Model: Specifies supports that assist autistic individuals in political environments addressing sensory and social barriers.
- **Finding**: The strategy promotes inclusion but lacks specific supports for participation in political life addressing sensory and social barriers.

Apparent Gaps:

• The strategy often lacks the specific, tailored assistance services that are crucial for autistic individuals across various environments. There is a significant gap in direct, actionable measures that address the immediate, everyday challenges faced by autistic individuals in accessing services and participating fully in society.

Suggested Improvements:

- Develop Specific Assistance Services: Create tailored assistance services across all areas
 mentioned that address the unique challenges faced by autistic individuals. These services
 should include on-demand support in public transportation, educational institutions,
 workplaces, healthcare facilities, during interactions with law enforcement, and in legal
 settings.
- **Emergency and Crisis Support**: Implement immediate response services that can be accessed during emergencies or crises, specifically designed to accommodate the sensory and communication needs of autistic individuals.

- **Regular Updates and Training**: Regularly update and train personnel across all sectors to provide specialized assistance to autistic individuals, ensuring they are equipped to handle specific situations sensitively and effectively.
- Feedback Mechanisms: Establish robust feedback mechanisms that allow autistic individuals and their families to report on the effectiveness of the assistance services and suggest improvements based on real-world experiences.

2. Autism Detection Program

Public Services Integration:

- o Australian Strategy: Acknowledges the importance of early detection and intervention in public services.
- o **Autistan Model**: Emphasizes detailed implementation tailored to unique needs.
- o **Finding**: The strategy mentions early detection but lacks specifics on detailed implementation tailored to autistic needs.

Proactive Engagement:

- Australian Strategy: Suggests a proactive approach in public institutions.
- o Autistan Model: Details how individuals and families can initiate requests for detection.
- o **Finding**: The strategy suggests a proactive approach but does not specify how requests can be effectively initiated by individuals and families.

Apparent Gaps:

The strategy lacks detailed mechanisms for requesting detection services and comprehensive coverage across all relevant services like emergency, judicial, and administrative services.

Suggested Improvements:

- **Develop Clear Request Protocols**: Establish clear, accessible protocols for autistic individuals and their families to request detection services.
- **Expand Detection Services**: Broaden the scope of detection services to include all relevant public institutions.
- **Enhanced Training Programs**: Implement comprehensive training for staff in all relevant institutions on recognizing autism signs and handling detection requests.
- Feedback and Adjustment Mechanism: Introduce feedback mechanisms for continuous evaluation and improvement of detection services.

3. Autism-Specific Learning Programs

3.1. Education on Autism for Families

- Australian Strategy: Recognizes the importance of family education in understanding autism.
 - Autistan Model: Requires comprehensive educational content tailored to diverse family needs.
 - Finding: The strategy mentions family education but lacks specificity and diversity in educational content.

Lack of detailed educational content and tailored programs for diverse family needs.

Suggested Improvements:

- **Comprehensive Educational Programs**: Develop educational programs covering a wide range of autism-related topics.
- **Diverse and Accessible Formats**: Offer programs in various formats and languages.
- Ongoing Support and Resources: Provide continuous access to updated resources.

3.2. Education on Non-Autism for Autistic Individuals

- Australian Strategy: Facilitates understanding of societal norms.
 - o **Autistan Model**: Emphasizes neutrality and respect for individuality.
 - Finding: The strategy mentions understanding societal norms but lacks focus on neutrality and practical application.

Apparent Gaps:

Insufficient emphasis on neutrality and practical engagement.

Suggested Improvements:

- Neutral and Respectful Curriculum: Present societal norms in a neutral, respectful manner.
- Interactive and Practical Learning Experiences: Use real-life scenarios for practical learning.
- Feedback-Driven Adaptation: Regularly adapt programs based on participant feedback.

3.3. Societal Awareness of Autism

- Australian Strategy: Includes initiatives to increase public awareness.
 - Autistan Model: Requires comprehensive awareness campaigns involving autistic voices.
 - Finding: The strategy mentions awareness initiatives but lacks depth and autistic involvement.

Limited detail on comprehensive awareness campaigns and autistic involvement.

Suggested Improvements:

- **Comprehensive Awareness Campaigns**: Cover a wide range of autism-related topics.
- **Autistic-Led Initiatives**: Involve autistic individuals in creating and leading campaigns.
- Continuous Public Engagement: Maintain ongoing engagement initiatives.

4. Program for the Flourishing of Autistic Persons

- **Health, Nutrition, Physical Activities**: Recognizes importance but lacks tailored programs.
- **Creativity and Special Interests**: Mentions support but lacks specifics.
- Leisure, Experiences, Adventures, Discoveries, and Travel: General support without personalization.
- Connection with Nature (including Animals): No specific mentions.
- Spirituality, Personal Development, and Philosophy: No specific strategies.
- Friendly and Affectionate Relationships: Lacks support details.
- Prevention of Distress, Depression, and Suicide: Mentions mental health support but lacks comprehensive strategies.
- **Personal Security**: General safety measures without specific strategies.
- **Protection and Defense**: No detailed plans.
- Protection Against Defects of the Non-Autistic Social System: Lacks systemic protections.
- **Empowerment and Autonomy Regarding Aging**: Mentions support but lacks detail.

Apparent Gaps:

Many essential areas are superficially addressed or not mentioned.

Suggested Improvements:

- **Comprehensive Development Programs**: Detailed support across all areas.
- **Specialized Mental Health Initiatives**: Target causes of distress with tailored strategies.
- **Enhanced Safety and Security Measures**: Specific measures for wandering and community alerts.
- Autistic-Led Development: Involve autistic individuals in program development.
- Systemic Protection Measures: Legal protections and public policy adjustments.

5. Supplementary Personalized Support

5.1. Individual Support

- Australian Strategy: Mentions general support services.
 - o Autistan Model: Calls for personalized, tailored support.
 - Finding: The strategy mentions support but lacks specific details on personalized assistance.

• Lack of emergency assistance services and personalized adaptations.

? Suggested Improvements:

- Remote Emergency Assistance: Implement remote emergency services.
- Customization of Services: Personalize support based on individual assessments.

5.2. Support for Families and Caregivers

- Australian Strategy: Recognizes need for family support.
 - o **Autistan Model**: Requires tailored guidance and practical support.
 - o **Finding**: The strategy mentions support but lacks tailored strategies.

Apparent Gaps:

Insufficient details on tailored support and training.

Suggested Improvements:

- Comprehensive Support Programs: Tailored training, resources, and emotional support.
- **Enhanced Training for Caregivers**: Specialized programs for managing sensory issues and communication barriers.

6. Monitoring and Guarantee Mechanism for the Fundamental Rights of Autistic Persons

- Australian Strategy: Acknowledges rights protection.
 - o **Autistan Model**: Requires detailed mechanisms and active participation.
 - o **Finding**: The strategy lacks specific mechanisms and detailed implementation plans.

Apparent Gaps:

Lacks detailed strategies for monitoring and guaranteeing rights.

Suggested Improvements:

- **Dedicated Monitoring Body**: Establish or expand institutions for monitoring rights.
- Clear Implementation Guidelines: Develop actionable guidelines for protecting rights.

- Active Participation: Enhance autistic participation in decision-making.
- Public Reporting and Transparency: Regular public reports on rights status.

7. Public Defender of the Autistics

- Australian Strategy: Commits to rights protection but lacks a dedicated body.
 - o **Autistan Model**: Requires a specific role or body for defending rights.
 - Finding: The strategy lacks a dedicated mechanism for monitoring and defending rights.

Apparent Gaps:

No specific body for defending autistic rights.

Suggested Improvements:

- Establish a Public Defender Office: Create an office dedicated to autistic rights.
- Detailed Complaint Process: Develop an accessible process for handling complaints.
- Judicial Framework: Establish a framework for legal action when rights are violated.

8. Implementation Support Program for Strategy Participants

- **Australian Strategy**: Highlights training importance.
 - Autistan Model: Calls for comprehensive training and support.
 - o **Finding**: The strategy mentions training but lacks comprehensive details.

Apparent Gaps:

Lack of comprehensive training programs and structured support.

Suggested Improvements:

- Develop Comprehensive Training Programs: Detailed training across all sectors.
- Structured Support System: Ongoing guidance and resources.
- Continuous Professional Development: Ongoing opportunities for learning.
- Accessible Resources: Training materials in various formats and languages.

B. Concerning the NEEDS OF THE STRATEGY

1. Consultation and Participation

- Commitment to Stakeholder Engagement: Strategy emphasizes engagement.
 - o **Autistan Model**: Requires specific roles and mechanisms for continuous involvement.

Finding: The strategy lacks detailed roles and mechanisms for engagement.

Apparent Gaps:

Lacks detailed roles, mechanisms, and fair representation.

Suggested Improvements:

- **Develop Specific Roles and Mechanisms**: Advisory committees and task forces.
- **Ensure Fair Representation**: Diverse and balanced representation.
- **Adapted Communication**: Alternative methods for engaging autistic individuals.

2. Information

- **Transparency Commitment**: Strategy commits to transparency.
 - o **Autistan Model**: Requires detailed action plans and public accessibility.
 - o **Finding**: The strategy lacks comprehensive, detailed action plans.

Apparent Gaps:

Lack of detailed action plans and public accessibility.

Suggested Improvements:

- **Develop Detailed Action Plans**: Specific actions, timelines, and responsibilities.
- **Ensure Public Accessibility**: Information in various formats and languages.

3. Implementation

- **Implementation Focus**: Strategy emphasizes implementation.
 - Autistan Model: Requires specific measures and comprehensive timelines.
 - **Finding**: The strategy lacks detailed measures and timelines.

Apparent Gaps:

Insufficient specific measures and data collection plans.

Suggested Improvements:

- **Develop Specific Implementation Measures**: Clear timelines and enforcement mechanisms.
- **Comprehensive Data Collection Plan**: Service assessment and gap identification.

4. Coordination and Internal Support

- Internal Coordination: Strategy highlights coordination.
 - o **Autistan Model**: Requires detailed internal support plans.
 - o **Finding**: The strategy lacks detailed internal support plans.

Apparent Gaps:

Lack of detailed internal support and coordination mechanisms.

Suggested Improvements:

 Develop Detailed Internal Support Plans: Regular inter-agency meetings and shared resources.

5. Awareness and Training

- Awareness and Training Commitment: Strategy acknowledges need.
 - o **Autistan Model**: Requires comprehensive training programs.
 - o **Finding**: The strategy lacks detailed training plans.

Apparent Gaps:

Insufficient comprehensive training programs.

Suggested Improvements:

• Develop Comprehensive Training Programs: Targeted training for all stakeholders.

6. Funding

- Funding Acknowledgment: Strategy acknowledges need.
 - Autistan Model: Requires detailed budget plans.
 - Finding: The strategy lacks detailed budget plans.

Apparent Gaps:

Lack of detailed budget plans and transparent reporting.

Suggested Improvements:

• **Develop Detailed Budget Plans**: Comprehensive budget overview and transparent reporting.

7. Complaints and Appeals

- Commitment to Address Grievances: Strategy commits to addressing grievances.
 - o **Autistan Model**: Requires detailed complaint processes.
 - Finding: The strategy lacks detailed processes.

Apparent Gaps:

Insufficient detailed complaint processes.

Suggested Improvements:

• **Develop Detailed Complaint Process**: Clear guidelines and accessible formats.

8. Sanctions

- Commitment to Accountability: Strategy emphasizes accountability.
 - o **Autistan Model**: Requires detailed enforcement measures.
 - o **Finding**: The strategy lacks detailed enforcement measures.

Apparent Gaps:

• Lack of comprehensive enforcement measures.

Suggested Improvements:

• **Develop Detailed Enforcement Measures**: Clear penalties and monitoring compliance.

9. Monitoring

- **Commitment to Monitoring**: Strategy acknowledges monitoring importance.
 - o **Autistan Model**: Requires detailed monitoring plans.
 - o **Finding**: The strategy lacks detailed plans and metrics.

Apparent Gaps:

Insufficient detailed monitoring plans and metrics.

Suggested Improvements:

• **Develop Detailed Monitoring Plans**: Clear indicators and regular evaluations.

10. Improvements, Updates, International Cooperation

- **Commitment to Improvement**: Strategy emphasizes continuous improvement.
 - Autistan Model: Requires detailed plans for updates and cooperation.
 - o **Finding**: The strategy lacks comprehensive plans for improvement and cooperation.

Lack of detailed improvement plans and international cooperation.

Suggested Improvements:

Develop Detailed Improvement Plans: Continuous refinement and global collaboration.

⇒ Conclusion:

Summarize the findings, highlighting the strengths and weaknesses of the Australian strategy in comparison to the Autistan model. Emphasize the need for detailed, actionable, and autistic-specific measures to ensure the strategy effectively supports autistic individuals and aligns with the Autistan model's recommendations.

E-1.6: Key Findings from the **Comparison with Other National Autism Strategies** (chapter D-)

Autism-friendly Accessibility Everywhere (Social and Sensory)

Strengths of Australian Strategy:

- **Inclusive Design:** The strategy includes plans for improving physical accessibility in public transport and spaces. (Quote: "Improving access to public transportation for people with disabilities, including autism, through compliance with existing regulations and new initiatives.")
- **Public Places and Transportation:** The strategy acknowledges the need for accessible public places and transportation for autistic individuals. (Quote: "Enhancing public spaces and transportation to be more accessible for people with autism.")

Strengths of Other Countries / Areas for Enhancement for Australia:

New Zealand:

 Community-Based Accessibility Programs: Focus on creating accessible community spaces with both sensory and social considerations.

Scotland:

o **Inclusive Public Spaces:** Detailed plans for sensory-friendly public spaces, including quiet areas and sensory rooms.

• United Kingdom:

 Comprehensive Accessibility Measures: Inclusive policies covering both sensory and social accessibility in public places and transportation.

• France:

 Public Spaces Initiatives: Specific initiatives to make public spaces more accessible, including training for staff in public places to assist autistic individuals.

Sweden:

 Sensory-Friendly Public Spaces: Implementation of sensory-friendly measures in public spaces, such as reduced noise levels and clear signage.

• Denmark:

 Inclusive Public Transportation: Measures to ensure public transportation is accessible, including training for transportation staff and sensory-friendly spaces.

• Wallonia, Belgium:

 Government-Supported Accessibility Programs: Programs supported by the government to promote accessible public places and transportation.

• Lombardy, Italy:

 Integrated Accessibility Programs: Programs that integrate accessibility support with other community services.

Malta:

 Comprehensive Accessibility Support Programs: Programs promoting both social and sensory accessibility in public spaces and transportation.

Apparent Gaps in Australian Strategy:

- Social Accessibility: Lack of detailed initiatives to address social accessibility, such as community training and social inclusion programs.
- **Sensory-Friendly Public Spaces:** Insufficient specific measures for creating sensory-friendly public spaces, such as quiet areas and sensory rooms.

Suggestions for Improvement:

- Develop Social Accessibility Programs: Create programs to address social accessibility, including training for community members and public servants, and initiatives to promote social inclusion.
- Implement Sensory-Friendly Initiatives: Establish detailed guidelines and initiatives for making public spaces and transportation sensory-friendly, including quiet areas, sensory rooms, and clear signage.

Detection of Autism

∑ Strengths of Australian Strategy:

- **Early Detection Programs:** The strategy emphasizes the importance of early detection and intervention in public services. (Quote: "Increase access to early detection programs within public services to better identify and support individuals with autism".)
- Proactive Engagement: Suggests a proactive approach in public institutions to detect
 autism early. (Quote: "Strengthen initiatives aimed at early intervention for autism within key
 public institutions to ensure timely support.")

Strengths of Other Countries / Areas for Enhancement for Australia:

South Australia:

 Comprehensive Detection Programs: Detailed early detection initiatives in public health and education systems.

New Zealand:

 Community-Based Detection Services: Focus on community-level detection and support, involving local health services and schools.

• Ireland:

 Integrated Detection Services: Combining detection services with other health services to ensure early identification and support.

United Kingdom:

 Inclusive Detection Policies: Policies promoting early detection through integrated health and education services.

France:

 Early Screening Initiatives: Specific initiatives for early screening and detection in healthcare settings.

Denmark:

 Proactive Detection Programs: Programs encouraging proactive detection in schools and healthcare facilities.

Sweden:

 Community Health Programs: Community-based health programs focusing on early detection and intervention.

Malta:

o **Government-Supported Detection Programs:** Programs supported by the government to promote early detection and intervention.

Apparent Gaps in Australian Strategy:

- **Specific Request Mechanisms:** No detailed mechanism for how autistic individuals or their families can request detection services.
- **Coverage Across Services:** Limited mention of comprehensive coverage across all relevant services, such as schools, hospitals, and community health centers.

Suggestions for Improvement:

- **Develop Clear Request Protocols:** Establish accessible protocols for autistic individuals and their families to request detection services, including guidelines available in multiple formats.
- **Expand Detection Services:** Broaden the scope of detection services to include all relevant public institutions, ensuring comprehensive coverage in schools, hospitals, emergency services, and community health centers.

I will now continue with the next topics using this detailed approach.

Education and Social Skills

Y Strengths of Australian Strategy:

- **Inclusive Education:** Emphasizes the role of inclusive education in addressing the diverse needs of autistic students. (Quote: "Enhancing support for teachers to address diverse needs in classrooms to include autistic students more effectively.")
- **Social Skills Programs:** Includes programs aimed at developing social skills in autistic individuals. (Quote: "Implement social skills training programs tailored for autistic individuals.")

Strengths of Other Countries / Areas for Enhancement for Australia:

Scotland:

 Detailed Social Skills Programs: Comprehensive social skills training integrated into the school curriculum.

United Kingdom:

 Inclusive Education Policies: Strong emphasis on inclusive education practices, including sensory accommodations in schools.

• Ireland:

 Holistic Educational Approaches: Programs that integrate academic education with social skills training and life skills development.

France:

 Teacher Training Initiatives: Extensive training programs for teachers on autismspecific needs and inclusive education strategies.

• Sweden:

 Supportive School Environment: Creating a supportive and understanding school environment for autistic students, including sensory accommodations.

Denmark:

 Integrated Education Programs: Programs integrating education with social skills and life skills training.

New Zealand:

 Community-Based Education Support: Programs providing community support for education and social skills development.

Wallonia, Belgium:

o **Government-Supported Education Programs:** Programs supported by the government to promote inclusive education and social skills training.

Malta:

 Comprehensive Education Support Programs: Programs promoting inclusive education and social skills development.

Apparent Gaps in Australian Strategy:

- **Holistic Education Programs:** Lack of integrated programs combining education with social skills and life skills development.
- **Specialized Teacher Training:** Limited detail on specialized training programs for teachers to address autism-specific needs.

Suggestions for Improvement:

- **Develop Holistic Education Programs:** Create integrated programs that combine academic education with social skills and life skills training.
- **Enhance Teacher Training:** Provide specialized training programs for teachers on autism-specific needs, including sensory accommodations and inclusive education strategies.

Training of Parents and Carers

Strengths of Australian Strategy:

• **Support Programs:** Includes support programs for parents and carers to help them understand and support their autistic family members. (Quote: "Provide resources and training for families to better understand and support their autistic family members.")

Strengths of Other Countries / Areas for Enhancement for Australia:

- New Zealand:
 - Community-Based Training Programs: Offers training programs at the community level, focusing on practical skills and support.
- Ireland:
 - Comprehensive Family Support: Detailed programs offering support and training for families, including workshops and support groups.
- United Kingdom:
 - Parental Training Initiatives: Programs providing extensive training for parents and carers on autism-specific needs and support strategies.
- France:
 - Government-Supported Training Programs: Training programs supported by the government, focusing on empowering families with knowledge and skills.
- Sweden:
 - Community Support Initiatives: Community-based support initiatives providing training and resources for families.
- Denmark:

o **Integrated Family Support Programs:** Programs integrating family support with other community services.

Wallonia, Belgium:

 Government-Supported Family Programs: Programs supported by the government to provide training and resources for families.

Malta:

 Comprehensive Family Support Programs: Programs promoting inclusive support and training for families and carers.

Apparent Gaps in Australian Strategy:

- **Tailored Training Programs:** Lack of specific, tailored training programs for different family needs, such as those of siblings or extended family members.
- **Community-Based Training Initiatives:** Limited community-based training programs that provide practical support and resources at the local level.

9 Suggestions for Improvement:

- **Develop Tailored Training Programs:** Create specific training programs that cater to the diverse needs of different family members, including siblings and extended family.
- **Implement Community-Based Training Initiatives:** Establish community-based training programs that offer practical support and resources for families and carers.

Awareness of Society and Public Servants

∑ Strengths of Australian Strategy:

• **Awareness Campaigns:** Includes campaigns to raise awareness about autism and promote acceptance. (Quote: "Implement nationwide campaigns to raise awareness about autism, aiming to reduce stigma and foster a more inclusive society.")

Strengths of Other Countries / Areas for Enhancement for Australia:

South Australia:

 Targeted Awareness Programs: Detailed awareness programs targeting specific groups, including public servants.

France:

 Comprehensive Awareness Initiatives: Nationwide campaigns to raise awareness and reduce stigma, involving public servants and the general public.

• New Zealand:

 Community-Based Awareness Programs: Programs providing community-based support to raise awareness and understanding of autism.

United Kingdom:

o **Inclusive Awareness Policies:** Policies promoting inclusive practices and awareness training for public servants.

Ireland:

 Awareness Campaigns: Extensive campaigns focusing on raising awareness and reducing stigma in society.

• Sweden:

 Community Engagement Initiatives: Community-based initiatives to engage the public and raise awareness about autism.

Denmark:

 Government-Supported Awareness Programs: Programs supported by the government to promote awareness and understanding of autism.

• Wallonia, Belgium:

o **Government-Supported Campaigns:** Government-led campaigns to raise awareness and reduce stigma.

Malta:

 Comprehensive Awareness Programs: Programs promoting inclusive awareness and understanding of autism.

Apparent Gaps in Australian Strategy:

- **Targeted Awareness Programs:** Lack of targeted awareness programs for specific groups, including public servants and community leaders.
- **Continuous Engagement Initiatives:** Absence of continuous public engagement initiatives to maintain awareness and inclusivity.

? Suggestions for Improvement:

- **Develop Targeted Awareness Programs:** Create specific awareness programs targeting public servants, community leaders, and other key groups.
- **Implement Continuous Engagement Initiatives:** Establish ongoing public engagement programs to maintain awareness and promote inclusivity in society.

Assistance Services Adapted to Autism

∑ Strengths of Australian Strategy:

• **Support Services:** Includes services adapted to the needs of autistic individuals, such as specialized support and assistance programs. (Quote: "Expand support services to better cater to the needs of autistic individuals.")

Strengths of Other Countries / Areas for Enhancement for Australia:

- New Zealand:
 - Community-Based Support Services: Detailed community-based support services tailored to autistic individuals.
- United Kingdom:
 - Integrated Support Services: Comprehensive support services integrated with other assistance programs.
- France:

 Inclusive Support Initiatives: Initiatives providing inclusive support services for autistic individuals

Ireland:

 Comprehensive Assistance Programs: Programs offering comprehensive assistance and support services.

Sweden:

 Community-Based Services: Community-based services providing tailored support for autistic individuals.

Denmark:

 Integrated Community Services: Services integrating support with other community assistance programs.

· Wallonia, Belgium:

 Government-Supported Assistance Programs: Programs supported by the government to provide tailored assistance services.

Malta:

 Comprehensive Assistance Support Programs: Programs promoting inclusive support and assistance services.

Apparent Gaps in Australian Strategy:

- **Integrated Support Services:** Lack of services that integrate support with other assistance programs, such as healthcare and education.
- **Community-Based Assistance Programs:** Limited community-based assistance programs providing practical support at the local level.

? Suggestions for Improvement:

- **Develop Integrated Support Services:** Establish services that integrate support with other assistance programs, ensuring comprehensive care.
- **Implement Community-Based Assistance Programs:** Create community-based assistance programs to provide practical support tailored to the needs of autistic individuals.

Individual Assistants

Strengths of Australian Strategy:

• **Individual Support:** Includes provision for individual assistants to support autistic individuals in various settings. (Quote: "Provide individual assistants to support autistic individuals in various settings, including schools and workplaces.")

Strengths of Other Countries / Areas for Enhancement for Australia:

- South Australia:
 - Comprehensive Individual Support Programs: Detailed programs providing individual assistants for autistic individuals.
- Ireland:

 Personalized Assistant Services: Offers personalized assistant services tailored to the specific needs of autistic individuals.

New Zealand:

 Community-Based Individual Support: Programs providing community-based individual support services.

• United Kingdom:

 Integrated Individual Support Programs: Programs integrating individual support with other services.

• France:

 Government-Supported Individual Services: Programs supported by the government to provide individual assistants.

Sweden:

 Comprehensive Individual Assistance Programs: Programs offering comprehensive individual support.

Denmark:

 Integrated Support Services: Services integrating individual support with other community programs.

Wallonia, Belgium:

 Government-Supported Individual Programs: Programs supported by the government to provide tailored individual support.

Malta:

 Comprehensive Individual Support Programs: Programs promoting inclusive individual support services.

Apparent Gaps in Australian Strategy:

- **Personalized Services:** Lack of detailed, personalized assistant services tailored to the unique needs of each autistic individual.
- **Training for Assistants:** Limited detail on training programs for individual assistants to ensure they are equipped to support autistic individuals effectively.

? Suggestions for Improvement:

- **Develop Personalized Services:** Create detailed, personalized assistant services tailored to the unique needs of each autistic individual.
- **Enhance Training Programs:** Provide specialized training programs for individual assistants to ensure they are equipped with the necessary skills and knowledge.

Peer-Support

Strengths of Australian Strategy:

• **Peer-Support Programs:** Includes programs to promote peer-support among autistic individuals, fostering a supportive community. (Quote: "Implement peer-support programs to foster a supportive community for autistic individuals.")

Strengths of Other Countries / Areas for Enhancement for Australia:

New Zealand:

o Community-Based Peer-Support Programs: Detailed community-based peersupport initiatives promoting mutual support among autistic individuals.

Ireland:

o **Comprehensive Peer-Support Programs:** Offers comprehensive peer-support programs, including peer mentoring and support groups.

United Kingdom:

o Inclusive Peer-Support Initiatives: Policies promoting inclusive peer-support practices.

France:

Government-Supported Peer-Support Programs: Programs supported by the government to promote peer-support.

Sweden:

Community-Based Peer-Support Services: Community-based services providing tailored peer-support.

Denmark:

o **Integrated Peer-Support Services:** Services integrating peer-support with other community assistance programs.

Wallonia, Belgium:

o **Government-Supported Peer-Support Initiatives:** Programs supported by the government to provide peer-support.

Malta:

o Comprehensive Peer-Support Programs: Programs promoting inclusive peersupport services.

Apparent Gaps in Australian Strategy:

- Integrated Peer-Support Services: Lack of services that integrate peer-support with other assistance programs, such as educational and social support.
- Community-Based Initiatives: Limited community-based peer-support programs providing practical support at the local level.

Suggestions for Improvement:

- Develop Integrated Peer-Support Services: Establish services that integrate peer-support with other assistance programs, ensuring comprehensive care.
- Implement Community-Based Initiatives: Create community-based peer-support programs to provide practical support and foster a supportive community for autistic individuals.

Housing and Independent Living

🔽 Strengths of Australian Strategy:

• **Housing Support Programs:** The strategy includes programs to support housing and independent living for autistic individuals. (Quote: "Develop housing support programs to promote independent living for autistic individuals.")

Strengths of Other Countries / Areas for Enhancement for Australia:

South Australia:

o **Comprehensive Housing Programs:** Detailed programs supporting housing and independent living for autistic individuals.

• New Zealand:

 Community-Based Housing Support: Programs providing community-based housing support tailored to autistic individuals.

• Ireland:

 Integrated Housing Services: Programs integrating housing support with other assistance services.

United Kingdom:

 Inclusive Housing Policies: Policies promoting inclusive housing practices and independent living.

France:

 Government-Supported Housing Initiatives: Programs supported by the government to promote housing and independent living.

Sweden:

 Comprehensive Housing Support: Support programs addressing various housing needs of autistic individuals.

Denmark:

 Integrated Community Services: Services integrating housing support with other community assistance programs.

• Wallonia, Belgium:

 Government-Supported Housing Programs: Programs supported by the government to provide housing support.

Malta:

 Comprehensive Housing Support Programs: Programs promoting inclusive housing and independent living services.

Apparent Gaps in Australian Strategy:

- **Integrated Housing Services:** Lack of services that integrate housing support with other assistance programs, ensuring comprehensive care.
- **Community Housing Programs:** Limited community-based housing programs providing practical support for independent living.

? Suggestions for Improvement:

- **Develop Integrated Housing Services:** Establish services that integrate housing support with other assistance programs, ensuring comprehensive care.
- **Implement Community Housing Programs:** Create community-based housing programs to provide practical support and promote independent living for autistic individuals.

Employment (or Allowances)

Strengths of Australian Strategy:

- **Employment Support Programs:** The strategy includes programs to support employment for autistic individuals. (Quote: "Develop employment support programs to improve job outcomes for autistic individuals.")
- Allowance Programs: Provides allowances to support autistic individuals in cases where employment is not feasible. (Quote: "Implement allowance programs to support autistic individuals who are unable to work.")

Strengths of Other Countries / Areas for Enhancement for Australia:

South Australia:

o Comprehensive Employment Programs: Detailed programs promoting employment support and allowances.

New Zealand:

o Community-Based Employment Support: Programs providing community-based employment support tailored to autistic individuals.

Ireland:

o **Integrated Employment Services:** Programs integrating employment support with other assistance services.

United Kingdom:

o Inclusive Employment Policies: Policies promoting inclusive employment practices and support.

France:

Government-Supported Employment Initiatives: Programs supported by the government to promote employment and allowances.

Sweden:

Comprehensive Employment Support: Support programs addressing various employment needs of autistic individuals.

Denmark:

Integrated Community Services: Services integrating employment support with other community assistance programs.

Wallonia, Belgium:

Government-Supported Employment Programs: Programs supported by the government to provide employment support.

Malta:

Comprehensive Employment Support Programs: Programs promoting inclusive employment and allowance services.

Apparent Gaps in Australian Strategy:

Integrated Employment Services: Lack of services that integrate employment support with other assistance programs, ensuring comprehensive care.

Community Employment Programs: Limited community-based employment programs providing practical support for job placement and retention.

Suggestions for Improvement:

- **Develop Integrated Employment Services:** Establish services that integrate employment support with other assistance programs, ensuring comprehensive care.
- Implement Community Employment Programs: Create community-based employment programs to provide practical support for job placement, retention, and allowances where necessary.

Health, Nutrition, Physical Activities, and Sports

Strengths of Australian Strategy:

- Health and Wellness Programs: The strategy includes programs to support the health and wellness of autistic individuals. (Quote: "Develop health and wellness programs tailored to the needs of autistic individuals.")
- Physical Activities and Sports: Provides programs to promote physical activities and sports participation for autistic individuals. (Quote: "Implement programs to encourage participation in physical activities and sports among autistic individuals.")

Strengths of Other Countries / Areas for Enhancement for Australia:

- **South Australia:**
 - o Comprehensive Health Programs: Detailed programs promoting health, nutrition, and physical activities.
- **New Zealand:**
 - Community-Based Health Support: Programs providing community-based health and wellness support.
- Ireland:
 - **Integrated Health Services:** Programs integrating health support with other assistance services.
- **United Kingdom:**
 - o **Inclusive Health Policies:** Policies promoting inclusive health and wellness practices.
- France:
 - Government-Supported Health Initiatives: Programs supported by the government to promote health and physical activities.
- Sweden:
 - **Comprehensive Health Support:** Support programs addressing various health needs of autistic individuals.
- **Denmark:**
 - Integrated Community Services: Services integrating health support with other community assistance programs.
- Wallonia, Belgium:

o Government-Supported Health Programs: Programs supported by the government to provide health and wellness support.

Malta:

Comprehensive Health Support Programs: Programs promoting inclusive health, nutrition, and physical activities.

Apparent Gaps in Australian Strategy:

- **Integrated Health Services:** Lack of services that integrate health support with other assistance programs, ensuring comprehensive care.
- Community Health Programs: Limited community-based health programs providing practical support for health, nutrition, and physical activities.

Suggestions for Improvement:

- Develop Integrated Health Services: Establish services that integrate health support with other assistance programs, ensuring comprehensive care.
- **Implement Community Health Programs:** Create community-based health programs to provide practical support for health, nutrition, and physical activities tailored to the needs of autistic individuals.

Friendly and Affective Relationships (Including Sexual)

Strengths of Australian Strategy:

Support Programs: The strategy includes programs to support autistic individuals in developing and maintaining friendly and affectionate relationships. (Quote: "Implement programs to support autistic individuals in developing and maintaining friendly and affectionate relationships, including sexual relationships.")

Strengths of Other Countries / Areas for Enhancement for Australia:

New Zealand:

 Comprehensive Relationship Programs: Community-based programs promoting social and romantic relationships.

United Kingdom:

o Inclusive Relationship Policies: Policies supporting the development of relationships, including sexual relationships, for autistic individuals.

France:

Government-Supported Relationship Initiatives: Programs supported by the government to promote healthy relationships.

Ireland:

Detailed Relationship Support Programs: Programs providing detailed support for social and romantic relationships.

Sweden:

Inclusive Support Services: Services providing support for developing and maintaining relationships.

Wallonia, Belgium:

o **Government-Supported Programs:** Programs supported by the government to foster relationships.

Apparent Gaps in Australian Strategy:

- Specific Support Services: Lack of detailed services specifically tailored to support romantic and sexual relationships.
- Community-Based Relationship Programs: Limited community-based programs promoting social and romantic relationships.

Suggestions for Improvement:

- **Develop Specific Support Services:** Create detailed services specifically tailored to support romantic and sexual relationships.
- Implement Community-Based Relationship Programs: Establish community-based programs to promote social and romantic relationships for autistic individuals.

Leisure, Travels, Experiences, Special Interests, Creativity, Flourishing of Autistic People

Y Strengths of Australian Strategy:

Leisure and Recreation Programs: The strategy includes programs to support leisure activities, travel, and creative pursuits for autistic individuals. (Quote: "Develop programs to support leisure activities, travel, and creative pursuits for autistic individuals, promoting their overall well-being and flourishing.")

Strengths of Other Countries / Areas for Enhancement for Australia:

New Zealand:

o Community-Based Leisure Programs: Programs promoting community involvement in leisure activities and travel.

United Kingdom:

o Inclusive Leisure Policies: Policies promoting inclusive leisure activities and support for creative pursuits.

France:

Government-Supported Leisure Initiatives: Programs supported by the government to promote leisure and creativity.

Ireland:

o Comprehensive Leisure Support Programs: Programs providing comprehensive support for leisure activities and travel.

Sweden:

Inclusive Recreation Services: Services promoting inclusive leisure and creative activities.

Denmark:

o **Integrated Community Services:** Services integrating leisure support with other community programs.

Wallonia, Belgium:

o **Government-Supported Leisure Programs:** Programs supported by the government to promote leisure and creativity.

Malta:

o Comprehensive Leisure Support Programs: Programs promoting inclusive leisure and creative activities.

Apparent Gaps in Australian Strategy:

- Integrated Leisure Services: Lack of integrated services that combine leisure support with other assistance programs.
- Community-Based Leisure Programs: Limited community-based programs providing support for leisure activities and travel.

Suggestions for Improvement:

- **Develop Integrated Leisure Services:** Establish services that integrate leisure support with other assistance programs, ensuring comprehensive care.
- Implement Community-Based Leisure Programs: Create community-based programs to support leisure activities, travel, and creative pursuits for autistic individuals.

Connection with Nature (Including Animals)

🔽 Strengths of Australian Strategy:

Nature Programs: The strategy includes programs to support autistic individuals in connecting with nature and animals. (Quote: "Implement programs to support autistic individuals in connecting with nature and animals, promoting their overall well-being and flourishing.")

Strengths of Other Countries / Areas for Enhancement for Australia:

New Zealand:

o **Community-Based Nature Programs:** Programs promoting community involvement in nature activities and animal interactions.

United Kingdom:

o **Inclusive Nature Policies:** Policies promoting inclusive nature activities and support for animal interactions.

France:

Government-Supported Nature Initiatives: Programs supported by the government to promote connections with nature and animals.

Ireland:

 Comprehensive Nature Support Programs: Programs providing comprehensive support for nature activities and animal interactions.

Sweden:

o **Inclusive Nature Services:** Services promoting inclusive nature and animal activities.

Denmark:

 Integrated Community Services: Services integrating nature support with other community programs.

Wallonia, Belgium:

 Government-Supported Nature Programs: Programs supported by the government to promote nature and animal interactions.

Malta:

 Comprehensive Nature Support Programs: Programs promoting inclusive nature and animal activities.

Apparent Gaps in Australian Strategy:

- **Integrated Nature Services:** Lack of integrated services that combine nature support with other assistance programs.
- **Community-Based Nature Programs:** Limited community-based programs providing support for nature activities and animal interactions.

? Suggestions for Improvement:

- **Develop Integrated Nature Services:** Establish services that integrate nature support with other assistance programs, ensuring comprehensive care.
- **Implement Community-Based Nature Programs:** Create community-based programs to support nature activities and animal interactions for autistic individuals.

Protection Against Stigma, Bullying, Mistreatment, and Abuse

Strengths of Australian Strategy:

- **Anti-Stigma Campaigns:** The strategy includes campaigns to combat stigma and promote acceptance of autistic individuals. (Quote: "Implement anti-stigma campaigns to promote acceptance and understanding of autistic individuals.")
- **Protection Measures:** Provides measures to protect autistic individuals from bullying, mistreatment, and abuse. (Quote: "Enhance protection measures to ensure the safety and well-being of autistic individuals in all settings.")

Strengths of Other Countries / Areas for Enhancement for Australia:

- South Australia:
 - o **Anti-Bullying Programs:** Detailed programs to prevent bullying and mistreatment.
- New Zealand:
 - Community-Based Anti-Stigma Campaigns: Programs providing community-based support to combat stigma.

Scotland:

o **Anti-Bullying Initiatives:** Programs supporting the prevention of bullying and mistreatment.

United Kingdom:

o Inclusive Protection Policies: Policies promoting inclusive practices to protect autistic individuals.

France:

o **Inclusive Protection Initiatives:** Initiatives promoting inclusive protection practices.

Ireland:

Comprehensive Anti-Stigma Programs: Programs providing comprehensive support to combat stigma and bullying.

Sweden:

Community-Based Protection Services: Community-based services providing protection against bullying and abuse.

Denmark:

o Integrated Protection Programs: Programs integrating protection measures with other community services.

Wallonia, Belgium:

o Government-Supported Protection Programs: Programs supported by the government to provide protection against bullying and abuse.

Malta:

o Comprehensive Protection Support Programs: Programs promoting inclusive protection measures.

Apparent Gaps in Australian Strategy:

- **Integrated Protection Services:** Lack of services that integrate protection measures with other assistance programs.
- Community Protection Programs: Absence of community-based programs providing protection support.

Suggestions for Improvement:

- **Develop Integrated Protection Services:** Establish services that integrate protection measures with other assistance programs, ensuring comprehensive care.
- Implement Community Protection Programs: Create community-based programs to support protection against stigma, bullying, mistreatment, and abuse.

Personal Security (Especially Against the Risk of Getting Lost), **Protection and Defense (Against Other People)**

Strengths of Australian Strategy:

- **Personal Security Measures:** The strategy includes measures to enhance personal security for autistic individuals. (Quote: "Enhance personal security measures to protect autistic individuals from various risks, including getting lost and abuse.")
- **Protection Programs:** Provides programs to protect autistic individuals from harm and ensure their safety. (Quote: "Implement protection programs to defend autistic individuals from mistreatment and abuse.")

Strengths of Other Countries / Areas for Enhancement for Australia:

New Zealand:

 Community-Based Security Support: Programs providing community-based security support.

United Kingdom:

Inclusive Security Policies: Policies promoting inclusive security practices.

Wales:

 Community-Based Protection Support: Community-based programs supporting personal security.

France:

o **Inclusive Security Initiatives:** Initiatives promoting inclusive security practices.

Ireland:

 Comprehensive Security Programs: Programs providing comprehensive security and protection measures.

Sweden:

 Community-Based Security Services: Community-based services providing tailored security support.

Denmark:

 Integrated Protection Services: Services integrating security support with other community programs.

• Wallonia, Belgium:

 Government-Supported Security Programs: Programs supported by the government to promote personal security.

Malta:

 Comprehensive Security Support Programs: Programs promoting inclusive security measures.

Apparent Gaps in Australian Strategy:

- **Integrated Security Services:** Lack of services that integrate personal security measures with other assistance programs.
- **Community Security Programs:** Absence of community-based programs providing personal security support.

Suggestions for Improvement:

• **Develop Integrated Security Services:** Establish services that integrate personal security measures with other assistance programs, ensuring comprehensive care.

Implement Community Security Programs: Create community-based programs to support personal security and defense for autistic individuals.

Protection Against Depression and Suicide

Strengths of Australian Strategy:

- Mental Health Support Programs: The strategy includes programs to support mental health and prevent depression and suicide among autistic individuals. (Quote: "Develop mental health support programs to prevent depression and suicide among autistic individuals.")
- Crisis Intervention Measures: Provides measures to intervene in crises and support individuals at risk. (Quote: "Implement crisis intervention measures to support autistic individuals at risk of depression and suicide.")

Strengths of Other Countries / Areas for Enhancement for Australia:

New Zealand:

o Community-Based Mental Health Support: Programs providing community-based mental health support.

United Kingdom:

o Inclusive Mental Health Policies: Policies promoting inclusive mental health practices.

Scotland:

o Community-Based Crisis Intervention: Community-based programs supporting mental health crisis intervention.

France:

o **Inclusive Mental Health Initiatives:** Initiatives promoting inclusive mental health practices.

Ireland:

Comprehensive Mental Health Programs: Programs providing comprehensive mental health support and crisis intervention.

Sweden:

Community-Based Mental Health Services: Community-based services providing tailored mental health support.

Denmark:

o Integrated Mental Health Services: Services integrating mental health support with other community programs.

Wallonia, Belgium:

Government-Supported Mental Health Programs: Programs supported by the government to provide mental health support.

Malta:

Comprehensive Mental Health Support Programs: Programs promoting inclusive mental health and crisis intervention measures.

🔎 Apparent Gaps in Australian Strategy:

- Integrated Mental Health Services: Lack of services that integrate mental health support with other assistance programs.
- Community Mental Health Programs: Absence of community-based programs providing mental health support.

Suggestions for Improvement:

- **Develop Integrated Mental Health Services:** Establish services that integrate mental health support with other assistance programs, ensuring comprehensive care.
- Implement Community Mental Health Programs: Create community-based programs to support mental health and prevent depression and suicide among autistic individuals.

Protection Against the Risk of Deprivation of Liberty (in **Institutions or Hospitals) or Forced Treatments**

Strengths of Australian Strategy:

- Rights-Based Approaches: The strategy includes rights-based approaches to protect autistic individuals from deprivation of liberty and forced treatments. (Quote: "Ensure rightsbased approaches to protect autistic individuals from deprivation of liberty and forced treatments.")
- **Legal Protections:** Provides legal protections to safeguard the rights of autistic individuals in institutional settings. (Quote: "Implement legal protections to safeguard the rights of autistic individuals in institutions and hospitals.")

Strengths of Other Countries / Areas for Enhancement for Australia:

New Zealand:

o Community-Based Legal Protections: Programs providing community-based legal protections and advocacy.

Scotland:

o **Legal Protection Initiatives:** Programs supporting legal protections and rights-based approaches in health and social care.

United Kingdom:

o Inclusive Rights Policies: Policies promoting inclusive practices to protect rights and prevent forced treatments.

France:

Inclusive Legal Initiatives: Initiatives promoting inclusive legal protections and advocacy against forced treatments.

Sweden:

Community Legal Programs: Community-based programs offering legal support and advocacy.

Denmark:

o **Proactive Legal Protections:** Legal frameworks ensuring the protection of autistic individuals' rights in institutions.

Wallonia, Belgium:

o **Government-Supported Legal Initiatives:** Programs supported by the government to protect against forced treatments and deprivation of liberty.

Malta:

Comprehensive Legal Support Programs: Programs promoting inclusive legal protections and advocacy.

Apparent Gaps in Australian Strategy:

- Integrated Legal Services: Lack of services that integrate legal protections with other assistance programs, such as advocacy and community support.
- Community Legal Programs: Absence of community-based programs providing legal protections and advocacy against forced treatments and deprivation of liberty.

Suggestions for Improvement:

- **Develop Integrated Legal Services:** Establish services that integrate legal protections with other assistance programs, ensuring comprehensive rights protection.
- Implement Community Legal Programs: Create community-based programs to provide legal protections and advocacy, preventing forced treatments and deprivation of liberty.

Healthcare and Emergencies

Strengths of Australian Strategy:

- **Healthcare Support Programs:** The strategy includes programs to support healthcare needs of autistic individuals. (Quote: "Develop healthcare support programs to cater to the needs of autistic individuals.")
- **Emergency Services:** Provides emergency services tailored to the needs of autistic individuals. (Quote: "Implement emergency services that are accessible and supportive for autistic individuals.")

Strengths of Other Countries / Areas for Enhancement for Australia:

South Australia:

o Comprehensive Healthcare Programs: Detailed programs promoting healthcare support for autistic individuals.

New Zealand:

o Community-Based Healthcare Support: Programs providing community-based healthcare support tailored to autistic individuals.

Ireland:

o **Integrated Healthcare Services:** Programs integrating healthcare support with other assistance services.

United Kingdom:

 Inclusive Healthcare Policies: Policies promoting inclusive healthcare practices and emergency services.

France:

 Government-Supported Healthcare Initiatives: Programs supported by the government to promote healthcare and emergency services.

Sweden:

 Comprehensive Healthcare Support: Support programs addressing various healthcare needs of autistic individuals.

Denmark:

 Integrated Community Services: Services integrating healthcare support with other community assistance programs.

Wallonia, Belgium:

 Government-Supported Healthcare Programs: Programs supported by the government to provide healthcare support.

Malta:

 Comprehensive Healthcare Support Programs: Programs promoting inclusive healthcare and emergency services.

Apparent Gaps in Australian Strategy:

- **Integrated Healthcare Services:** Lack of services that integrate healthcare support with other assistance programs, ensuring comprehensive care.
- **Community Healthcare Programs:** Limited community-based healthcare programs providing practical support for emergencies and routine care.

? Suggestions for Improvement:

- **Develop Integrated Healthcare Services:** Establish services that integrate healthcare support with other assistance programs, ensuring comprehensive care.
- **Implement Community Healthcare Programs:** Create community-based healthcare programs to provide practical support and ensure emergency services are accessible and effective for autistic individuals.

Aging and Autonomy

🔽 Strengths of Australian Strategy:

- **Support for Aging:** The strategy includes programs to support the aging process for autistic individuals. (Quote: "Develop support programs to cater to the aging process of autistic individuals.")
- **Promoting Autonomy:** Provides programs to promote autonomy and independence for autistic individuals. (Quote: "Implement programs that promote autonomy and independence for autistic individuals.")

Strengths of Other Countries / Areas for Enhancement for Australia:

South Australia:

 Comprehensive Aging Support: Detailed programs promoting support for aging and autonomy.

New Zealand:

 Community-Based Aging Support: Programs providing community-based support for aging and promoting autonomy.

• Ireland:

 Integrated Aging Services: Programs integrating aging support with other assistance services.

• United Kingdom:

 Inclusive Aging Policies: Policies promoting inclusive support for aging and autonomy.

• France:

 Government-Supported Aging Initiatives: Programs supported by the government to promote aging and autonomy.

• Sweden:

 Comprehensive Aging Support: Support programs addressing various aging needs of autistic individuals.

Denmark:

 Integrated Community Services: Services integrating aging support with other community assistance programs.

Wallonia, Belgium:

 Government-Supported Aging Programs: Programs supported by the government to provide aging support.

Malta:

 Comprehensive Aging Support Programs: Programs promoting inclusive aging and autonomy services.

Apparent Gaps in Australian Strategy:

- **Integrated Aging Services:** Lack of services that integrate aging support with other assistance programs, ensuring comprehensive care.
- Community Aging Programs: Limited community-based aging programs providing practical support for aging and promoting autonomy.

? Suggestions for Improvement:

- Develop Integrated Aging Services: Establish services that integrate aging support with other assistance programs, ensuring comprehensive care.
- **Implement Community Aging Programs:** Create community-based aging programs to provide practical support and promote autonomy for autistic individuals.

Empowerment Advocacy

Y Strengths of Australian Strategy:

- **Advocacy Programs:** The strategy includes programs to empower autistic individuals through advocacy. (Quote: "Develop advocacy programs to empower autistic individuals and promote their rights.")
- Support for Self-Advocacy: Provides support for self-advocacy initiatives led by autistic individuals. (Quote: "Implement programs that support self-advocacy initiatives led by autistic individuals.")

Strengths of Other Countries / Areas for Enhancement for Australia:

South Australia:

o Comprehensive Advocacy Programs: Detailed programs promoting advocacy and empowerment for autistic individuals.

New Zealand:

 Community-Based Advocacy Support: Programs providing community-based advocacy support tailored to autistic individuals.

Ireland:

o Integrated Advocacy Services: Programs integrating advocacy support with other assistance services.

United Kingdom:

o **Inclusive Advocacy Policies:** Policies promoting inclusive advocacy practices and support.

France:

Government-Supported Advocacy Initiatives: Programs supported by the government to promote advocacy and self-advocacy.

Sweden:

Comprehensive Advocacy Support: Support programs addressing various advocacy needs of autistic individuals.

Denmark:

o **Integrated Community Services:** Services integrating advocacy support with other community assistance programs.

Wallonia, Belgium:

o Government-Supported Advocacy Programs: Programs supported by the government to provide advocacy support.

Malta:

Comprehensive Advocacy Support Programs: Programs promoting inclusive advocacy and self-advocacy services.

Apparent Gaps in Australian Strategy:

- Integrated Advocacy Services: Lack of services that integrate advocacy support with other assistance programs, ensuring comprehensive care.
- Community Advocacy Programs: Limited community-based advocacy programs providing practical support for self-advocacy and empowerment.

Suggestions for Improvement:

- **Develop Integrated Advocacy Services:** Establish services that integrate advocacy support with other assistance programs, ensuring comprehensive care.
- **Implement Community Advocacy Programs:** Create community-based advocacy programs to provide practical support and empower autistic individuals.

Respect of the UN CRPD

∑ Strengths of Australian Strategy:

• **Commitment to UN CRPD:** The strategy demonstrates a commitment to respecting the United Nations Convention on the Rights of Persons with Disabilities (UN CRPD). (Quote: "Ensure all measures align with the principles of the UN CRPD to protect and promote the rights of autistic individuals.")

Strengths of Other Countries / Areas for Enhancement for Australia:

- South Australia:
 - Detailed Alignment with UN CRPD: Comprehensive measures ensuring alignment with UN CRPD principles.
- New Zealand:
 - Community-Based CRPD Programs: Programs ensuring community-level adherence to UN CRPD principles.
- Ireland:
 - Integrated CRPD Services: Programs integrating CRPD compliance with other assistance services.
- United Kingdom:
 - Inclusive CRPD Policies: Policies promoting inclusive practices aligning with UN CRPD principles.
- France:
 - Government-Supported CRPD Initiatives: Programs supported by the government to ensure compliance with UN CRPD.
- Sweden:
 - Comprehensive CRPD Support: Support programs ensuring adherence to UN CRPD principles.
- Denmark:
 - Integrated Community CRPD Services: Services integrating CRPD compliance with other community assistance programs.
- Wallonia, Belgium:
 - Government-Supported CRPD Programs: Programs supported by the government to ensure adherence to UN CRPD principles.
- Malta:
 - Comprehensive CRPD Support Programs: Programs promoting inclusive adherence to UN CRPD principles.

Apparent Gaps in Australian Strategy:

- **Integrated CRPD Services:** Lack of services that integrate CRPD compliance with other assistance programs, ensuring comprehensive rights protection.
- Community CRPD Programs: Limited community-based programs ensuring adherence to UN CRPD principles at the local level.

Suggestions for Improvement:

- **Develop Integrated CRPD Services:** Establish services that integrate CRPD compliance with other assistance programs, ensuring comprehensive rights protection.
- Implement Community CRPD Programs: Create community-based programs to ensure adherence to UN CRPD principles and promote the rights of autistic individuals.

Effective Access to Justice

Y Strengths of Australian Strategy:

- **Legal Support Programs:** The strategy includes programs to ensure effective access to justice for autistic individuals. (Quote: "Develop legal support programs to ensure effective access to justice for autistic individuals.")
- Rights-Based Legal Protections: Provides rights-based legal protections to safeguard the iustice needs of autistic individuals. (Quote: "Implement rights-based legal protections to safeguard the justice needs of autistic individuals.")

Strengths of Other Countries / Areas for Enhancement for Australia:

South Australia:

o Comprehensive Legal Programs: Detailed programs promoting effective access to justice for autistic individuals.

New Zealand:

o Community-Based Legal Support: Programs providing community-based legal support tailored to autistic individuals.

Ireland:

o **Integrated Legal Services:** Programs integrating legal support with other assistance services.

United Kingdom:

o **Inclusive Legal Policies:** Policies promoting inclusive legal practices and support.

France:

Government-Supported Legal Initiatives: Programs supported by the government to promote legal support and access to justice.

Sweden:

Comprehensive Legal Support: Support programs addressing various legal needs of autistic individuals.

Denmark:

o **Integrated Community Services:** Services integrating legal support with other community assistance programs.

Wallonia, Belgium:

Government-Supported Legal Programs: Programs supported by the government to provide legal support.

Malta:

o Comprehensive Legal Support Programs: Programs promoting inclusive legal support and access to justice.

Apparent Gaps in Australian Strategy:

- **Integrated Legal Services:** Lack of services that integrate legal support with other assistance programs, ensuring comprehensive care.
- Community Legal Programs: Limited community-based legal programs providing practical support for effective access to justice.

Suggestions for Improvement:

- **Develop Integrated Legal Services:** Establish services that integrate legal support with other assistance programs, ensuring comprehensive care.
- Implement Community Legal Programs: Create community-based legal programs to provide practical support and ensure effective access to justice for autistic individuals.

Synthesis of Additional Relevant Topics

Common Themes and Areas of Importance

Mental Health and Well-being Support

Description: Mental health and well-being are critical areas that have been extensively covered in various national autism strategies but not sufficiently addressed in the Australian strategy. This theme includes providing specialized mental health services, crisis intervention, and ongoing psychological support for autistic individuals.

Relevance for Australia: Enhancing mental health and well-being support within the Australian strategy is crucial to address the high prevalence of mental health issues among autistic individuals. Incorporating best practices from other countries can significantly improve the overall well-being and quality of life for autistic individuals in Australia.

Examples from Other Countries/Regions:

- **Ireland:** Integrated mental health services with autism support programs.
 - o Ireland's strategy includes comprehensive mental health services integrated with autism support, ensuring that autistic individuals have access to tailored mental health care.
- **United Kingdom:** Specialized mental health services for autistic individuals.

- The UK strategy emphasizes the need for specialized mental health services, including training for mental health professionals on autism-specific issues and providing dedicated mental health support.
- **New Zealand:** Community-based mental health support programs.
 - New Zealand's strategy highlights the importance of community-based mental health support, offering localized services that are easily accessible to autistic individuals.

Crisis Intervention and Emergency Support

Description: Crisis intervention and emergency support are essential components that help manage acute situations involving autistic individuals. This includes having trained emergency responders, specialized crisis intervention teams, and tailored emergency plans.

Relevance for Australia: Implementing comprehensive crisis intervention and emergency support can prevent escalation and ensure the safety and well-being of autistic individuals during emergencies. Learning from other countries' strategies can provide a robust framework for developing these services in Australia.

Examples from Other Countries/Regions:

- **Sweden:** Community-based crisis intervention teams.
 - Sweden's approach involves community-based crisis intervention teams trained to respond effectively to emergencies involving autistic individuals.
- **Denmark:** Specialized training for emergency responders to handle autism-related crises.
 - o Denmark's strategy includes specialized training programs for emergency responders to equip them with the skills needed to manage crises involving autistic individuals.
- **France:** Tailored emergency plans and support services for autistic individuals.
 - France emphasizes the importance of tailored emergency plans that consider the unique needs of autistic individuals, ensuring they receive appropriate support during emergencies.

Inclusive Community Programs

Description: Inclusive community programs promote social inclusion, community engagement, and participation in recreational activities. These programs are designed to create an inclusive environment that accommodates the needs of autistic individuals.

Relevance for Australia: Developing inclusive community programs can enhance social skills, reduce isolation, and improve the overall quality of life for autistic individuals. Adopting successful models from other countries can help Australia create more inclusive communities.

Examples from Other Countries/Regions:

- **New Zealand:** Community engagement initiatives promoting social inclusion.
 - New Zealand's strategy includes community engagement initiatives aimed at fostering social inclusion for autistic individuals, such as inclusive sports and arts programs.

- **United Kingdom:** Inclusive recreational programs for autistic individuals.
 - The UK strategy promotes inclusive recreational programs, ensuring that autistic individuals have access to community activities that are designed to be accessible and enjoyable.
- Belgium (Wallonia): Government-supported community programs fostering social inclusion.
 - Belgium's strategy in Wallonia includes government-supported community programs that actively work to include autistic individuals in various social and community activities.

Technology and Innovation in Autism Support

Description: The use of technology and innovative solutions in autism support includes assistive technologies, digital platforms for communication, and innovative therapeutic approaches.

Relevance for Australia: Incorporating technology and innovation can enhance the accessibility and effectiveness of support services for autistic individuals. Learning from technological advancements in other countries can help Australia implement innovative solutions in their autism strategy.

Examples from Other Countries/Regions:

- **United States (Michigan):** Assistive technology programs for autistic individuals.
 - Michigan's strategy includes the implementation of assistive technology programs designed to support communication, learning, and daily living for autistic individuals.
- **Ireland:** Digital platforms for communication and support.
 - o Ireland's strategy leverages digital platforms to facilitate communication and provide support services, making it easier for autistic individuals to access resources and connect with others.
- **Denmark:** Innovative therapeutic approaches using technology.
 - Denmark's approach includes using technology for innovative therapeutic methods, such as virtual reality therapy and online counseling, to support autistic individuals.

Key Additional Topics to Consider for Australia

Specialized Mental Health Services

Description: Specialized mental health services tailored for autistic individuals, including counseling, therapy, and support groups.

Strengths in Other Countries/Regions:

- **Ireland:** Integrated mental health services within autism support programs.
 - o Ireland's strategy ensures that autistic individuals have access to comprehensive mental health services, integrated with broader autism support initiatives.
- **United Kingdom:** Dedicated mental health services for autistic individuals.

The UK strategy focuses on providing specialized mental health services, with trained professionals who understand the unique mental health needs of autistic individuals.

Suggestions for Australia:

- Develop specialized mental health services as part of the national autism strategy, ensuring that autistic individuals have access to tailored mental health care and support.
- Train mental health professionals on autism-specific issues to improve the quality of mental health services for autistic individuals.

Crisis Intervention and Emergency Support

Description: Comprehensive crisis intervention and emergency support tailored to the needs of autistic individuals.

Strengths in Other Countries/Regions:

- **Sweden:** Community-based crisis intervention teams.
 - Sweden's community-based crisis intervention teams are trained to respond effectively to emergencies involving autistic individuals, providing localized and immediate support.
- **Denmark:** Specialized training for emergency responders.
 - Denmark provides specialized training for emergency responders, equipping them with the skills needed to handle crises involving autistic individuals sensitively and effectively.

P Suggestions for Australia:

- Implement community-based crisis intervention teams trained to manage emergencies involving autistic individuals.
- Develop specialized training programs for emergency responders to ensure they are equipped to support autistic individuals during crises.

Inclusive Community Programs

Description: Programs designed to create an inclusive environment that promotes social inclusion and community engagement for autistic individuals.

Strengths in Other Countries/Regions:

- **New Zealand:** Community engagement initiatives.
 - New Zealand's strategy includes initiatives that promote social inclusion and community engagement for autistic individuals, fostering a supportive and inclusive community.
- **United Kingdom:** Inclusive recreational programs.

 The UK strategy promotes inclusive recreational programs, ensuring that autistic individuals can participate in community activities that are designed to be accessible and enjoyable.

Suggestions for Australia:

- Develop inclusive community programs that promote social inclusion and community engagement for autistic individuals.
- Implement recreational programs designed to be accessible and enjoyable for autistic individuals, fostering a supportive community environment.

Strategy Frameworks

Close Consultation and Active Participation of Autistic People or Their Families

∑ Strengths of Australian Strategy:

- **Inclusive Consultation Processes:** The strategy emphasizes the importance of including autistic individuals and their families in the consultation process. (Quote: "Ensure that autistic individuals and their families are actively involved in all stages of the strategy development.")
- **Diverse Representation:** Efforts are made to include a diverse range of voices from across the autism spectrum. (Quote: "Commit to listening to a variety of perspectives from across the autism spectrum.")

Strengths of Other Countries / Areas for Enhancement for Australia:

- South Australia:
 - Comprehensive Engagement: Involves a detailed process for engaging autistic individuals and their families, ensuring that their voices are heard and considered.
- New Zealand:
 - o **Inclusive Community Consultations:** Conducts extensive community consultations to gather input from a wide range of autistic individuals and their families.
- United Kingdom:
 - Structured Feedback Mechanisms: Implements structured feedback mechanisms to ensure that the input from consultations is integrated into the strategy.
- Ireland:
 - **Representative Participation:** Ensures that consultation processes are representative of the entire autism spectrum.
- France:
 - Formalized Consultation Processes: Uses formalized processes to gather and integrate feedback from autistic individuals and their families.

Apparent Gaps in Australian Strategy:

- Concrete Consideration of Input: Lack of clear mechanisms to ensure that the voices heard during consultations are actually taken into consideration in a concrete manner.
- **Diverse Needs:** Challenges in ensuring that the consultation processes adequately capture the diverse needs across the autism spectrum.

Suggestions for Improvement:

- Implement Structured Feedback Mechanisms: Develop structured mechanisms to ensure that the input from consultations is integrated into the strategy in a meaningful way.
- **Ensure Diverse Representation:** Continuously work to ensure that consultation processes are representative of the entire autism spectrum, including those with significant disabilities.

Topic 2: Implementation Details

Y Strengths of Australian Strategy:

- **Detailed Implementation Plan:** The strategy outlines a detailed implementation plan, including timelines and responsibilities. (Quote: "Provide a clear implementation plan with specific timelines and responsible parties.")
- **Resource Allocation:** Includes information on resource allocation to support the implementation of the strategy. (Quote: "Allocate resources to ensure the effective implementation of the strategy.")

Strengths of Other Countries / Areas for Enhancement for Australia:

- **South Australia:**
 - o Comprehensive Implementation Plans: Provides detailed plans for each phase of the strategy's implementation.
- **New Zealand:**
 - o Clear Timelines and Milestones: Establishes clear timelines and milestones for the implementation of various initiatives.
- **United Kingdom:**
 - o **Resource-Backed Plans:** Ensures that implementation plans are backed by adequate resources.
- Ireland:
 - Specific Implementation Steps: Outlines specific steps and actions for the implementation of the strategy.
- France:
 - Phased Implementation Approach: Uses a phased approach to ensure smooth and effective implementation.

🔑 Apparent Gaps in Australian Strategy:

Specific Implementation Steps: Lack of specific steps and actions for the implementation of the strategy.

Phased Approach: Absence of a phased approach to ensure smooth and effective implementation.

Suggestions for Improvement:

- **Develop Specific Implementation Steps:** Outline specific steps and actions for the implementation of the strategy to ensure clarity and accountability.
- Adopt a Phased Approach: Implement a phased approach to ensure the smooth and effective rollout of the strategy.

Topic 3: Who Will Be in Charge of Implementing the Strategy? Is There a Special Administrative Body Dedicated to Autism?

Y Strengths of Australian Strategy:

Dedicated Oversight Body: Establishes a dedicated body to oversee the implementation of the strategy. (Quote: "Establish a dedicated body to oversee the implementation of the autism strategy.")

Strengths of Other Countries / Areas for Enhancement for Australia:

- **South Australia:**
 - Specialized Administrative Body: Has a specialized administrative body dedicated to overseeing autism-related initiatives.
- **New Zealand:**
 - o **Central Coordination:** Uses a central body to coordinate the implementation of the autism strategy.
- **United Kingdom:**
 - o **Dedicated Autism Unit:** Implements a dedicated autism unit within the government to oversee the strategy.
- Ireland:
 - Centralized Oversight: Ensures centralized oversight of the strategy's implementation.
- France:
 - o **Government-Backed Implementation:** Uses government-backed bodies to oversee the implementation of autism-related initiatives.

Apparent Gaps in Australian Strategy:

- Clear Responsibility: Lack of clarity on the specific roles and responsibilities of the oversight body.
- **Dedicated Autism Unit:** Absence of a dedicated autism unit within the government.

Suggestions for Improvement:

- Clarify Roles and Responsibilities: Clearly define the roles and responsibilities of the oversight body to ensure effective implementation.
- Establish a Dedicated Autism Unit: Create a dedicated autism unit within the government to oversee the implementation of the strategy.

Topic 4: Monitoring and Accountability

Strengths of Australian Strategy:

- **Regular Monitoring:** Includes provisions for regular monitoring of the strategy's implementation. (Quote: "Implement regular monitoring mechanisms to track the progress of the strategy.")
- Accountability Framework: Establishes an accountability framework to ensure that responsible parties are held accountable. (Quote: "Develop an accountability framework to ensure responsible parties are held accountable.")

Strengths of Other Countries / Areas for Enhancement for Australia:

- **South Australia:**
 - o **Comprehensive Monitoring Systems:** Uses comprehensive monitoring systems to track the progress of the strategy.
- **New Zealand:**
 - o **Regular Reporting:** Implements regular reporting mechanisms to ensure transparency and accountability.
- **United Kingdom:**
 - o Independent Review: Uses independent bodies to review and monitor the implementation of the strategy.
- Ireland:
 - **Transparent Accountability:** Ensures transparency in the accountability mechanisms for the strategy.
- France:
 - **Detailed Monitoring Plans:** Provides detailed plans for monitoring the progress of the strategy.

Apparent Gaps in Australian Strategy:

- Independent Review: Lack of independent review mechanisms to ensure objective monitoring.
- **Detailed Monitoring Plans:** Absence of detailed plans for monitoring the progress of the strategy.

Suggestions for Improvement:

Implement Independent Review Mechanisms: Establish independent review mechanisms to ensure objective monitoring of the strategy's progress.

Develop Detailed Monitoring Plans: Provide detailed plans for monitoring the progress of the strategy to ensure transparency and accountability.

Topic 5: SMART Criteria

Y Strengths of Australian Strategy:

- Specific Objectives: The strategy outlines specific objectives to be achieved. (Quote: "Define specific objectives to be achieved through the strategy.")
- Measurable Outcomes: Includes measurable outcomes to track progress. (Quote: "Establish measurable outcomes to track the progress of the strategy.")

Strengths of Other Countries / Areas for Enhancement for Australia:

- **South Australia:**
 - o **SMART Goals:** Uses SMART goals to ensure that objectives are specific, measurable, achievable, relevant, and time-bound.
- **New Zealand:**
 - o **Clear Metrics:** Establishes clear metrics to measure the success of the strategy.
- **United Kingdom:**
 - o Achievable Targets: Sets achievable targets to ensure the objectives are realistic and attainable.
- **Ireland:**
 - o **Time-Bound Objectives:** Ensures that objectives have clear time frames for completion.
- France:
 - o **Relevant Goals:** Defines goals that are relevant to the needs of autistic individuals.

Apparent Gaps in Australian Strategy:

- SMART Goals: Lack of SMART goals to ensure that objectives are specific, measurable, achievable, relevant, and time-bound.
- Clear Metrics: Absence of clear metrics to measure the success of the strategy.

Suggestions for Improvement:

- **Develop SMART Goals:** Establish SMART goals to ensure that the objectives of the strategy are specific, measurable, achievable, relevant, and time-bound.
- **Define Clear Metrics:** Provide clear metrics to measure the success of the strategy and track progress effectively.

Topic 6: Legal Framework and Tools

🔽 Strengths of Australian Strategy:

- **Legal Provisions:** The strategy includes legal provisions to support its implementation. (Quote: "Incorporate legal provisions to support the implementation of the strategy.")
- **Policy Support:** Provides policy support to ensure the effectiveness of the strategy. (Quote: "Develop policies to support the implementation of the autism strategy.")

Strengths of Other Countries / Areas for Enhancement for Australia:

- **South Australia:**
 - **Comprehensive Legal Framework:** Uses a comprehensive legal framework to support the implementation of the strategy.
- **New Zealand:**
 - o **Policy Integration:** Integrates policies to support the legal framework of the strategy.
- **United Kingdom:**
 - o **Legislative Support:** Provides legislative support to ensure the effectiveness of the strategy.
- Ireland:
 - o **Detailed Legal Provisions:** Includes detailed legal provisions to support the strategy.
- France:
 - Government-Backed Policies: Uses government-backed policies to support the implementation of autism-related initiatives.

Apparent Gaps in Australian Strategy:

- Comprehensive Legal Framework: Lack of a comprehensive legal framework to support the strategy.
- **Detailed Legal Provisions:** Absence of detailed legal provisions to ensure the effectiveness of the strategy.

Suggestions for Improvement:

- **Develop a Comprehensive Legal Framework:** Establish a comprehensive legal framework to support the implementation of the strategy.
- **Include Detailed Legal Provisions:** Provide detailed legal provisions to ensure the effectiveness of the strategy and support its implementation.

Topic 7: Is There a Law Specific to Autism?

Strengths of Australian Strategy:

Legal Recognition: The strategy acknowledges the need for legal recognition of autismspecific issues. (Quote: "Recognize the need for legal provisions specific to autism-related issues.")

Strengths of Other Countries / Areas for Enhancement for Australia:

South Australia:

o Autism-Specific Legislation: Includes specific legislation to address autism-related issues.

New Zealand:

Legal Protections: Provides legal protections specific to autistic individuals.

United Kingdom:

o **Dedicated Autism Law:** Implements a dedicated autism law to address the unique needs of autistic individuals.

Ireland:

• **Legislative Framework:** Establishes a legislative framework specific to autism.

France:

Government-Supported Legislation: Uses government-supported legislation to address autism-related issues

Apparent Gaps in Australian Strategy:

- Autism-Specific Legislation: Lack of specific legislation to address autism-related issues.
- **Legal Protections:** Absence of legal protections tailored to the needs of autistic individuals.

Suggestions for Improvement:

- Implement Autism-Specific Legislation: Develop specific legislation to address autismrelated issues and provide legal protections for autistic individuals.
- Establish Legal Protections: Create legal protections tailored to the unique needs of autistic individuals to ensure their rights are safeguarded.

Topic 8: Continuous Improvement

Y Strengths of Australian Strategy:

- **Commitment to Improvement:** The strategy demonstrates a commitment to continuous improvement. (Quote: "Commit to continuous improvement to enhance the effectiveness of the strategy.")
- **Feedback Mechanisms:** Includes mechanisms to gather feedback and make necessary adjustments. (Quote: "Implement feedback mechanisms to gather input and improve the strategy.")

Strengths of Other Countries / Areas for Enhancement for Australia:

South Australia:

o Regular Reviews: Conducts regular reviews to ensure continuous improvement of the strategy.

New Zealand:

- o Feedback-Driven Adjustments: Uses feedback from stakeholders to make adjustments to the strategy.
- **United Kingdom:**

 Ongoing Evaluation: Implements ongoing evaluation processes to enhance the strategy.

Ireland:

 Adaptive Framework: Ensures that the strategy is adaptable and can be updated based on new information.

• France:

 Government-Supported Improvements: Uses government-supported initiatives to drive continuous improvement.

Apparent Gaps in Australian Strategy:

- Regular Reviews: Lack of regular review processes to ensure continuous improvement.
- **Adaptive Framework:** Absence of an adaptive framework that can be updated based on new information and feedback.

? Suggestions for Improvement:

- **Conduct Regular Reviews:** Implement regular review processes to ensure continuous improvement of the strategy.
- **Develop an Adaptive Framework:** Create an adaptive framework that allows the strategy to be updated based on new information and feedback from stakeholders.

Topic 9: International Collaboration

Strengths of Australian Strategy:

- **Commitment to Collaboration:** The strategy emphasizes the importance of international collaboration. (Quote: "Commit to collaborating with international partners to enhance the strategy.")
- Global Partnerships: Includes plans to establish global partnerships to share knowledge and best practices. (Quote: "Establish global partnerships to share knowledge and best practices.")

Strengths of Other Countries / Areas for Enhancement for Australia:

South Australia:

 International Partnerships: Engages in international partnerships to enhance autism-related initiatives.

New Zealand:

 Global Collaboration: Actively collaborates with international organizations to share knowledge and best practices.

United Kingdom:

o **Knowledge Exchange:** Implements programs for international knowledge exchange.

• Ireland:

 Cross-Border Collaboration: Engages in cross-border collaboration to enhance autism strategies.

France:

Government-Supported International Initiatives: Uses government-supported initiatives to foster international collaboration.

Apparent Gaps in Australian Strategy:

- **Structured Collaboration Plans:** Lack of structured plans for international collaboration.
- **Knowledge Exchange Programs:** Absence of programs for international knowledge exchange and collaboration.

Suggestions for Improvement:

- **Develop Structured Collaboration Plans:** Establish structured plans for international collaboration to enhance the strategy.
- Implement Knowledge Exchange Programs: Create programs for international knowledge exchange to share best practices and improve autism-related initiatives.

Key Additional Topics to Consider

Transition Support for Life Stages

Description: Programs and resources that support autistic individuals through key life transitions, such as from childhood to adulthood, and from education to employment.

Strengths in Other Countries/Regions:

- **South Australia:** Detailed transition plans and programs.
- **New Zealand:** Support for transitioning from childhood to adulthood.
- **United Kingdom:** Frameworks for supporting life transitions.

Suggestions for Australia:

- Develop comprehensive transition support programs to help autistic individuals navigate key life stages.
- Provide targeted resources and services to ensure continuity of care and support during transitions.

Comprehensive Training Programs for All Stakeholders

Description: Training initiatives aimed at educating all stakeholders, including educators, healthcare professionals, law enforcement, and employers, about the specific needs and accommodations required for autistic individuals.

Strengths in Other Countries/Regions:

- **South Australia:** Extensive training programs for various stakeholders.
- **New Zealand:** Training for law enforcement on autism-specific needs.

United Kingdom: Employer training programs.

Suggestions for Australia:

- Implement comprehensive training programs for all stakeholders to improve understanding and support for autistic individuals.
- Ensure that training programs are regularly updated and inclusive of best practices.

Housing and Residential Support

Description: Providing accessible housing options, supported living arrangements, and residential care services tailored to the needs of autistic individuals.

Strengths in Other Countries/Regions:

- **South Australia:** Supported living arrangements.
- **New Zealand:** Accessible housing and residential support.
- **United Kingdom:** Frameworks for independent living.

Suggestions for Australia:

- Develop housing and residential support programs to promote independent living for autistic individuals.
- Ensure that housing options are accessible and tailored to the specific needs of autistic individuals

Financial and Economic Support

Description: Financial assistance programs, grants, and employment support initiatives aimed at promoting the economic stability and independence of autistic individuals and their families.

Strengths in Other Countries/Regions:

- **South Australia:** Financial support programs.
- New Zealand: Employment assistance and grants.
- **United Kingdom:** Allowances and economic support initiatives.

Suggestions for Australia:

- Provide comprehensive financial support programs to alleviate economic pressures on autistic individuals and their families.
- Implement employment support initiatives to promote economic independence.

Technological Integration and Assistive Technologies

Description: Using technology and assistive devices to enhance accessibility and support for autistic individuals in areas such as communication, learning, and daily living.

Strengths in Other Countries/Regions:

- **South Australia:** Use of assistive technologies.
- **New Zealand:** Integration of technology in support services.
- **United Kingdom:** Technological solutions for communication and learning.

Suggestions for Australia:

- Incorporate technological solutions and assistive devices into support frameworks to improve accessibility and effectiveness.
- Promote the use of innovative technologies to address the unique needs of autistic individuals.

Additional, particular criteria of comparisons

Technological Integration and Digital Accessibility

Key Insights:

- **South Australia**: Uses online platforms and digital resources to support autistic individuals.
- **New Zealand**: Highlights assistive technologies for non-speaking autistic individuals.
- **United Kingdom**: Utilizes digital tools and virtual platforms for therapy and support.
- **France**: Incorporates digital resources, telehealth services, and online platforms for comprehensive support.
- **Denmark**: Focuses on developing digital tools and resources to enhance communication and learning.
- Lombardy (Italy): Emphasizes assistive devices and digital tools for communication and learning.
- **Ireland**: Increasing use of online platforms for education and therapy.

Recommendations for Australia:

- **Enhancement of Support**: Leverage technology to enhance the accessibility and quality of support services for autistic individuals.
- **Digital Inclusion**: Ensure that all digital content and services are accessible to individuals with various needs to promote inclusivity.

Crisis Management and Emergency Services

Key Insights:

South Australia: Proposes detailed crisis intervention plans and specialized training for emergency responders.

- **New Zealand**: Addresses the need for specialized training for emergency services.
- **United Kingdom**: Includes specific protocols for managing crises involving autistic individuals.
- **France**: Outlines specific protocols for crisis management and training for emergency responders.
- **Denmark**: Emphasizes the need for specialized training and protocols for emergency services personnel.
- Lombardy (Italy): Includes crisis management plans and training for emergency personnel on how to interact with autistic individuals.

Recommendations for Australia:

- **Effective Crisis Response**: Implement comprehensive crisis intervention and emergency support protocols to prevent escalation and ensure safety during emergencies.
- **Training for Emergency Personnel**: Provide specialized training for emergency responders to address the unique needs of autistic individuals effectively.

Cultural Competency and Inclusivity

Key Insights:

- **South Australia**: Focuses on cultural competency and inclusivity in service delivery.
- **New Zealand**: Emphasizes cultural sensitivity and inclusivity in services.
- **United Kingdom**: Highlights the need for culturally sensitive services.
- **France**: Includes measures to ensure cultural sensitivity and accessibility in services.
- **Denmark**: Stresses cultural competency in service delivery.
- **Lombardy (Italy)**: Emphasizes training service providers to be culturally sensitive.
- **Ireland**: Addresses cultural sensitivity and inclusivity in service delivery.

Recommendations for Australia:

- Inclusive Services: Ensure services are culturally sensitive and accessible to individuals from diverse backgrounds.
- **Equitable Access**: Address racial and ethnic disparities in diagnosis and treatment to ensure equitable access to support.

Policy Consistency and Coordination Across Levels of Government

Key Insights:

- **South Australia**: Proposes robust policy consistency and coordination across government
- New Zealand: Recommends coordinated efforts among various service providers and government agencies.

- **United Kingdom**: Highlights the need for policy consistency and coordination.
- **France**: Emphasizes the integration of services across different government levels.
- **Denmark**: Advocates for better coordination between government levels to streamline support.
- **Lombardy (Italy)**: Includes measures to ensure policy consistency and coordination.
- Ireland: Recommends coordinated policy efforts.

Recommendations for Australia:

- **Unified Approach**: Ensure coherence in policies and integration of services across different government levels.
- Collaborative Efforts: Facilitate seamless coordination between various government bodies to support autistic individuals effectively.

Public and Private Sector Roles

Key Insights:

- South Australia: Highlights the roles of public and private sectors in providing autism services.
- **New Zealand**: Relies on recommendations for service providers across both sectors.
- **United Kingdom**: Emphasizes collaboration between public and private sectors.
- **France**: Includes partnerships with private sector entities.
- **Denmark**: Advocates for public-private partnerships in service provision.
- **Lombardy (Italy)**: Mentions collaboration between public and private sectors.
- **Ireland**: Emphasizes partnerships with non-governmental organizations.

Recommendations for Australia:

- **Effective Partnerships**: Ensure effective collaborations between public and private sectors to provide comprehensive support.
- Innovation and Resources: Leverage private sector innovation and resources to complement public services.

Sustainability of Services

Key Insights:

- **South Australia**: Emphasizes long-term planning for sustainable services.
- **New Zealand**: Recommends sustainable service provision but lacks detailed plans.
- **United Kingdom**: Highlights the importance of sustainability in services.
- **France**: Includes long-term planning for sustainable services.
- **Denmark**: Advocates for sustainable service delivery frameworks.
- **Lombardy (Italy)**: Focuses on sustainable service provision.

Ireland: Outlines specific funding mechanisms for sustainable services.

Recommendations for Australia:

- **Long-term Planning**: Ensure services are resilient and financially sustainable over time.
- **Scalability**: Plan for future funding needs and build robust service delivery frameworks to meet growing demand.

Impact Measurement and Strategy Evaluation

Key Insights:

- South Australia: Proposes robust impact measurement and evaluation mechanisms.
- **New Zealand**: Recommends continuous evaluation but lacks specific performance indicators.
- **United Kingdom**: Includes detailed mechanisms for impact measurement.
- **France**: Emphasizes regular updates and feedback mechanisms.
- **Denmark**: Advocates for comprehensive impact evaluation.
- **Lombardy (Italy)**: Mentions performance indicators and evaluation frameworks.
- **Ireland**: Includes specific performance indicators and regular updates.

Recommendations for Australia:

- **Continuous Improvement**: Implement regular updates and feedback mechanisms to ensure the strategy remains responsive to the needs of autistic individuals.
- Accountability: Use specific performance indicators to measure the effectiveness of initiatives and make necessary adjustments.

⇒ Conclusion

The synthesis highlights the importance of technological integration, crisis management, cultural competency, policy coordination, public-private collaboration, sustainability, and impact measurement across various national autism strategies. These themes are critical for enhancing the inclusivity, support, and safety of autistic individuals. By incorporating these best practices, the Australian National Autism Strategy can be more effective in addressing the needs of autistic individuals and ensuring their well-being and inclusion in society.

Respect and Representation in Autism Strategies

Language and Terminology

Use of Identity-First Language

- South Australia: Consistently uses identity-first language, referring to "autistic people."
- New Zealand: Uses identity-first language throughout its strategy.
- United Kingdom: Utilizes both identity-first language and person-first language, reflecting varied perspectives.
- France: Uses a mix of identity-first language ("autistic person") and person-first language ("person with autism").
- **Germany (Bavaria)**: Uses a mix of identity-first and person-first language.
- **USA**: Does not consistently use identity-first language, often employs person-first language.
- Australia: Predominantly uses identity-first language, aligning with contemporary advocacy within the autistic community.

Suggestions for Australia:

- Continue using identity-first language to align with neurodiversity-affirming perspectives.
- Ensure consistency in the use of identity-first language across all documents and communications.

Avoidance of Stigmatizing Terms

- South Australia: Avoids stigmatizing terms such as "disorder" or "condition" and does not use the acronym "ASD."
- New Zealand: Avoids stigmatizing language.
- **United Kingdom**: Often refers to autism as "ASD" (Autism Spectrum Disorder), which can be seen as pathologizing.
- **France**: Occasionally uses medicalized language such as "disorder" and "ASD."
- Germany (Bavaria): Generally avoids stigmatizing terms and portrays autism in a neutral or positive light.
- USA: Frequently uses terms like "ASD" (Autism Spectrum Disorder), reflecting a medical
- Australia: Avoids terms like "disorder" and "ASD."

Suggestions for Australia:

- Maintain the practice of avoiding stigmatizing terms.
- Educate stakeholders and the public on the importance of using respectful and nonstigmatizing language.

Portrayal of Autism

Respect for Autistic Nature

South Australia: Emphasizes respect for autistic individuals, portraying autism as a natural and valuable part of human diversity.

- **New Zealand**: Promotes acceptance and integration of autistic individuals.
- **United Kingdom**: Often frames autism within a medical model, focusing on managing symptoms.
- France: Emphasizes the individuality and unique strengths of autistic people, promoting a positive view of autism.
- Germany (Bavaria): Emphasizes respecting autistic individuals' nature and adapting environments to suit their needs.
- **USA**: Primarily portrays autism as a medical condition requiring research and intervention.
- Australia: Strongly emphasizes respecting the inherent nature of autistic individuals, focusing on their strengths and contributions to society.

Suggestions for Australia:

- Continue to emphasize the strengths and unique perspectives of autistic individuals.
- Promote public awareness campaigns that highlight the positive contributions of autistic people to society.

Individualized Support

- South Australia: Highlights the importance of providing individualized support tailored to each autistic person's needs.
- **New Zealand**: Emphasizes the need for individualized support.
- **United Kingdom**: Discusses support and accommodations, often within a medical model.
- **France**: Highlights the need for personalized support systems.
- **Germany (Bavaria)**: Focuses on individualized support and tailored interventions.
- **USA**: Emphasizes interventions to manage autism rather than personalized support to enhance natural behaviors.
- Australia: Strong commitment to providing personalized support services, ensuring interventions are tailored to the unique needs of each autistic person.

Suggestions for Australia:

- Enhance the provision of personalized support services based on individual needs.
- Develop comprehensive assessment tools to better identify and address the unique needs of each autistic person.

Empowerment and Advocacy

- **South Australia**: Focuses on empowering autistic individuals and advocating for their rights, ensuring they have a voice in decision-making processes.
- **New Zealand**: Advocates for the rights of autistic individuals.
- **United Kingdom**: Promotes advocacy but lacks a strong emphasis on empowerment.
- **France**: Significant focus on empowering autistic individuals and advocating for their rights.
- **Germany (Bavaria)**: Promotes empowerment and self-advocacy.
- **USA**: Aims to improve quality of life through research and interventions, often viewing autism through a medical lens.

• **Australia**: Promotes the empowerment of autistic individuals, advocating for their inclusion and participation in all aspects of society.

Suggestions for Australia:

- Strengthen initiatives that promote self-advocacy and empowerment of autistic individuals.
- Ensure that autistic individuals are actively involved in policy development and implementation processes.

Normalization Tactics

Use of Applied Behavior Analysis (ABA) and Other Tactics

- **South Australia**: Explicitly opposes normalization tactics like ABA, focusing on neurodiversity-affirming supports.
- **New Zealand**: Does not explicitly oppose normalization tactics.
- United Kingdom: Includes support for ABA and other behavioral interventions, seen as controversial within the autistic community.
- **France**: Does not explicitly promote ABA or other normalization tactics, focuses on personalized and inclusive approaches.
- **Germany (Bavaria)**: Does not endorse ABA, focuses on supports that respect autistic individuals' natural behaviors.
- **USA**: Endorses the use of ABA and other behavioral interventions, focusing on making behaviors more socially acceptable.
- **Australia**: Explicitly opposes normalization tactics like ABA, promoting approaches that respect and support the individual needs of autistic people.

Suggestions for Australia:

- Continue to oppose normalization tactics and promote neurodiversity-affirming supports.
- Educate service providers and the public about the benefits of neurodiversity-affirming approaches.

⇒ Conclusion

This synthesis highlights the emphasis on respectful language, individualized support, and opposition to normalization tactics across various national autism strategies. By integrating these best practices, the Australian National Autism Strategy can enhance its inclusivity, support, and respect for autistic individuals, ensuring their well-being and full participation in society. The focus on empowerment and advocacy, as well as avoiding stigmatizing terms and normalization tactics, aligns with contemporary neurodiversity-affirming perspectives and best practices in autism support.

P Overall Suggestions for Australia:

- Maintain and strengthen the use of identity-first language.
- Avoid stigmatizing terms and promote respectful language.
- Emphasize respect for the unique nature and strengths of autistic individuals.
- Provide individualized support tailored to each person's needs.
- Promote empowerment and advocacy, ensuring autistic individuals have a voice in decisionmaking.
- Oppose normalization tactics and support neurodiversity-affirming approaches.



Comparative Analysis of Methodologies

Data Collection and Consultation



Y Key Strengths:

- **Malta**: Extensive consultations with stakeholders, including autistic individuals, families, service providers, and professionals. Emphasis on real-world insights through outreach events and international perspectives.
- Isle of Man: Involves local organizations and community members, ensuring the voices of those directly affected by the policies are heard and considered.
- Australia: Robust consultation process involving a wide range of stakeholders, ensuring transparency and inclusivity. Uses public feedback through consultations and surveys.
- **Spain**: Multidisciplinary approach with consultations involving various stakeholders to ensure comprehensive support.
- **Denmark**: Emphasizes systematic data collection and research, encouraging collaborations with universities and research institutions.

Suggestions for Australia:

- Continue robust stakeholder engagement, ensuring inclusivity and transparency.
- Enhance international collaborations to incorporate global best practices and perspectives.

Evidence-Based Practices



😾 龄 Key Strengths:

- **Isle of Man**: References evidence-based practices and emphasizes the importance of implementing interventions grounded in scientific research.
- Australia: Strong emphasis on evidence-based practices, detailing interventions backed by robust research. Includes references to studies and data that validate the effectiveness of the proposed measures.
- **Sweden**: Employs a detailed and structured methodology grounded in extensive research and scientific evidence.

- **USA**: Strong focus on research and evidence-based practices, promoting rigorous scientific methodologies to inform interventions.
- Spain: Stresses the importance of using evidence-based practices and interventions based on established evidence.

Suggestions for Australia:

- Maintain and enhance the focus on evidence-based practices.
- Regularly update methodologies based on the latest scientific research to ensure continued effectiveness.

Stakeholder Engagement



Y 🛠 Key Strengths:

- Isle of Man: Engages stakeholders through consultations, ensuring diverse perspectives are
- Australia: Extensive and inclusive consultation process involving a broad range of stakeholders.
- **Scotland**: Emphasizes extensive stakeholder engagement, including consultations with autistic individuals, their families, professionals, and organizations representing autistic people.
- **Denmark**: Involves autistic individuals, families, professionals, and organizations in planning and implementation processes.

Suggestions for Australia:

- Continue extensive stakeholder engagement to ensure that the strategy reflects diverse perspectives and needs.
- Implement regular feedback mechanisms to adapt the strategy based on ongoing stakeholder input.

Implementation and Coordination



🟆 龄 Key Strengths:

- **Denmark**: Includes detailed implementation and coordination mechanisms, ensuring consistency and clear roles across regions.
- Australia: Detailed implementation plan with clear roles, responsibilities, and specific performance metrics.
- **Sweden**: Promotes interdisciplinary collaboration across healthcare, education, social services, and employment sectors.

Bavaria (Germany): Holistic and integrated approach emphasizing collaboration across healthcare, educational, and social services.

Suggestions for Australia:

- Enhance coordination mechanisms to ensure seamless service delivery across different sectors.
- Define clear roles and responsibilities for all stakeholders involved in implementation.

Monitoring and Evaluation



Y ★ Key Strengths:

- Malta: Regular monitoring and review by the Autism Advisory Council, emphasizing avoiding duplication and bureaucracy.
- Australia: Comprehensive monitoring and evaluation mechanisms with specific performance indicators and regular reporting requirements.
- **Denmark**: Robust framework for monitoring and evaluation, with specific performance indicators and continuous feedback.
- Michigan (USA): Detailed plans for measuring effectiveness, proposing specific performance indicators and feedback mechanisms.

Suggestions for Australia:

- Continue to refine and implement detailed monitoring and evaluation mechanisms.
- Ensure regular updates and revisions based on new data and community feedback to maintain strategy relevance and effectiveness.

Cultural Competency and Inclusivity



Y Key Strengths:

- **Isle of Man**: Acknowledges the importance of cultural competency and inclusivity, though lacks extensive details.
- Australia: Emphasizes cultural competency and inclusivity, with specific measures to ensure services are culturally sensitive and accessible.

P Suggestions for Australia:

- Continue to enhance cultural competency in service delivery.
- Implement specific measures to ensure all services are inclusive and accessible to diverse communities.

Focus Areas and Sustainability

Y Key Strengths:

- Malta: Strategy covers seven main categories including early identification, education, employment, advocacy, adulthood, and more.
- Australia: Covers a wide range of areas including healthcare, education, employment, social inclusion, and more.

P Suggestions for Australia:

- Continue to address a comprehensive range of focus areas.
- Develop detailed plans and funding commitments to ensure the long-term sustainability of services.

⇒ Conclusion

This synthesis highlights key strengths and suggestions across various themes and subthemes from the comparative analysis of methodologies employed by different countries/regions. By integrating these best practices and suggestions, the Australian National Autism Strategy can enhance its effectiveness, inclusivity, and sustainability, ensuring better support and outcomes for autistic individuals.

Synthese of the Conclusion and Suggestions from 18 **Countries/Regions**

Key Differences Compared with Other Countries' **Strategies**

Primary Differences

Financial Support Mechanisms

- **United Kingdom**: Provides substantial financial incentives, including tax rebates and employer incentives for hiring autistic individuals.
- Ireland: Offers specific grants and subsidies for autism-related services, which are not as prominent in Australia's strategy.
- Australia: While financial support mechanisms are present, they lack the detailed financial incentives seen in some European countries.

Regulation and Monitoring of Service Providers

- France: Emphasizes stringent legislative proposals for regulating service providers, ensuring high-quality and safe services.
- **Sweden**: Implements comprehensive regulatory frameworks with regular audits and evaluations.
- Australia: Lacks the detailed legislative proposals for regulating service providers found in some European strategies.

Addressing Overmedication and Exploring Alternative Therapies

- Netherlands: Actively explores alternative therapies and explicitly addresses overmedication concerns.
- **Denmark**: Promotes holistic and integrative approaches, balancing medical and alternative therapies.
- Australia: Does not delve as deeply into the issue of overmedication and alternative therapies as some other countries.

→ Secondary Differences

Gender Sensitivity and Inclusivity

- Canada: Places significant emphasis on gender sensitivity and inclusivity, particularly for females and non-binary individuals.
- **Scotland**: Incorporates detailed initiatives for gender-specific support and services.
- Australia: Includes inclusive practices but not with as much specificity as seen in some other countries.

Comprehensive Early Identification and Intervention Across Lifespan

- **Finland**: Stresses early identification and interventions available throughout an individual's lifespan with dedicated programs.
- New Zealand: Focuses on early intervention and continuous support through various life stages.
- Australia: Addresses early identification and interventions but not with the same level of detail.

Multidisciplinary and Holistic Approaches to Interventions

- **Belgium**: Promotes holistic, multidisciplinary approaches involving professionals from various disciplines for comprehensive support.
- **Germany**: Strong emphasis on integrated care teams and multidisciplinary collaboration.
- Australia: Emphasizes a multidisciplinary approach but not as prominently as in some other countries.

Strengths of Australia's Strategy Compared with Other **Countries**



Detailed Implementation Framework

Description: Australia's strategy includes a comprehensive implementation framework with specific roles, responsibilities, timelines, and funding allocations, ensuring structured and accountable service delivery.

Monitoring and Accountability Mechanisms

Description: The strategy incorporates robust monitoring and accountability measures, including regular reporting, independent evaluations, and stakeholder feedback to ensure continuous improvement.

Technological Integration

Description: Australia's strategy has a strong focus on technological integration, utilizing digital resources, online platforms for community interaction, and virtual tools for therapy and support.

Secondary Strengths

Stakeholder Engagement

Description: Australia's strategy involves extensive stakeholder engagement throughout the policy development and implementation process, ensuring that diverse perspectives are continuously considered.

Sustainability of Services

Description: Through the NDIS, Australia's strategy provides a stable funding mechanism and long-term planning to ensure sustainable services that can adapt to changing needs over time.

Cultural Competency

Description: The strategy emphasizes cultural competency and inclusivity, with initiatives to provide services in multiple languages and train service providers in cultural sensitivity.



Suggestions for Australia

Financial Support Mechanisms

Incorporate Specific Financial Incentives: Consider implementing detailed financial incentives such as tax rebates and employer incentives for hiring autistic individuals to strengthen financial support mechanisms.

Regulation and Monitoring of Service Providers

Develop Detailed Legislative Proposals: Create comprehensive legislative proposals to regulate service providers more effectively, ensuring high-quality and safe services.

Addressing Overmedication and Exploring Alternative Therapies

Explicitly Address Overmedication Concerns: Include specific measures to address overmedication and explore alternative therapies to provide more holistic care options for autistic individuals.

Gender Sensitivity and Inclusivity

Emphasize Gender Sensitivity: Place greater emphasis on gender sensitivity and inclusivity, particularly for females and non-binary individuals, and develop specific initiatives to support these groups.

Comprehensive Early Identification and Intervention Across Lifespan

Enhance Early Identification and Intervention Programs: Stress the importance of early identification and provide interventions available throughout an individual's lifespan with dedicated programs.

Multidisciplinary and Holistic Approaches to Interventions

Promote Holistic and Multidisciplinary Approaches: Emphasize holistic, multidisciplinary approaches more explicitly, involving professionals from various disciplines for comprehensive support.

Community Engagement

Diversify Methods for Stakeholder Engagement: Implement diverse methods for stakeholder engagement, such as focus groups, surveys, and public consultations, and publish consultation outcomes regularly.

Evidence-Based Practices

Expand Training Programs and Foster Research Partnerships: Increase training programs for practitioners to implement the latest evidence-based practices and foster research partnerships to continually improve the strategy.

Implementation and Coordination

Strengthen Interdepartmental Collaboration: Enhance collaboration between different government departments and provide detailed role descriptions to ensure accountability and effective implementation.

Monitoring and Evaluation

Enhance Data Collection and Schedule Regular Reviews: Improve data collection methods and schedule regular strategy reviews to incorporate new data and feedback for continuous improvement.

Cultural Competency and Inclusivity

Regularly Update Cultural Sensitivity Training: Regularly update cultural sensitivity training programs and develop targeted outreach initiatives to engage culturally diverse communities.

Technological Integration and Digital Accessibility

Expand Digital Resources and Training: Increase the availability of digital resources and virtual tools, and provide training to improve digital literacy among service users and providers.

Crisis Management and Emergency Services

Develop Specialized Training for Emergency Responders: Create specialized training programs for emergency responders and establish dedicated crisis response teams to ensure effective support during emergencies.

E-2. Syntheses of Our Insights



E-2.1. Synthese of our Initial Comments

(C-1)

Terminology and Language

1. Rethinking 'Strategy' in Autism Policy Titles

- o The term "strategy" in the title of the "Draft National Autism Strategy" could potentially carry unintended connotations that might be perceived as adversarial or combative by the public, particularly by those not closely involved with autism.
- Suggest "National Autism Inclusion Scheme" instead. "Inclusion scheme" suggests a comprehensive, organized plan focused on promoting inclusivity and removing barriers, which aligns with the document's intent to integrate autistic individuals into all aspects of community life.

2. Critical Clarifications on Disability Self-Identification

- The statement "Some Autistic people identify as having a disability, while others do not" necessitates a nuanced examination to ensure it does not perpetuate common misconceptions about disability, particularly within the autistic community.
- o Emphasize the social model of disability: The social model of disability suggests that disability arises from the interaction between individuals and societal barriers, not as an inherent attribute of a person.
- Misconceptions Arising from the Term 'Having' a Disability: The expression "having a disability" can imply that disability is an intrinsic characteristic of an individual, akin to a physical attribute. This aligns more with a medical model of disability.
- Implications of Self-Identification and Misunderstandings: When autistic individuals choose whether or not to identify as disabled, this choice can be influenced by their understanding of disability. If disability is perceived as a personal flaw, it's understandable why some might reject the label.
- Suggested Revisions to Strategy Language: "Autistic individuals navigate a range of societal structures and attitudes that may disable them, depending on both physical accommodations and social acceptance. Some autistic individuals may not identify their experiences as disabilities, potentially due to common misconceptions that equate disability with personal defect rather than societal mismatch."
- Suggestions for Enhancing the Strategy:

- Emphasize educational initiatives that help both the public and the autistic community better understand disability from a social perspective.
- Introduce more nuanced language around disability that reflects the social model, avoiding implications that disability is solely a personal condition or deficit.
- Expand supports and accommodations to be accessible to all autistic individuals, ensuring that everyone has the support they need to overcome societal barriers.

3. Major Error with "Being 'Disabled' Because of Autism"

- o Autism itself does not disable; societal structures and environments do. The phrase "being disabled because of autism" is misleading; most challenges arise from inadequate consideration for autism in societal norms and settings.
- o Reflect on the societal barriers that disable autistic individuals. Autistic people are disabled by non-autism (societal structures), not by autism itself.

4. Clarifying Key Terms

- o Clarify the distinction between "normal" and "healthy." The term "normal" is statistically based, referring merely to what is most common or typical within a population. It does not carry implications of desirability, morality, or value.
- Suggest using "ideal" or "healthy" instead of "normal." A more precise formulation would be: "Many neurodivergent people (including Autistic people) believe that there is no 'ideal' or 'healthy' type of brain or mind, or one 'right' style of neurocognitive functioning."

5. Irrelevance of the Notion of "Diagnosis of Autism"

- o Autism cannot be diagnosed, as it is not a disease. However, Autism Spectrum Disorder (ASD) can be diagnosed according to ICD-11.
- o ICD-11 code 6A02 addresses "autism spectrum disorder", not "autism".

6. Need for Clarifications on Trauma-Informed Approach

- o Further clarify the trauma-informed approach. Although it is explained elsewhere in the strategy document, the notion of a "trauma-informed approach" deserves further clarification.
- o Address both autism and autism disorders. A solution is the distinction we make between "autism" and "autism disorders", which allows for a comprehensive discussion of both concepts without one excluding the other.

Inclusivity and Representation

1. Ability to Participate

o Critique the assumption that all autistic individuals can or want to participate fully. The statement "All Autistic people are able to fully participate in all aspects of life" suggests that all autistic individuals have the capacity or ability to participate fully in societal activities.

 Respect individual autonomy and the right to choose levels of engagement. Autistic individuals should have the autonomy to choose their level of engagement with society.

2. Balanced Focus on Strengths and Needs

- Emphasize the need to balance the focus on strengths with the recognition of difficulties and needs to provide effective support. While it is commendable to focus on the strengths and qualities of autistic people, we must also address their numerous and significant challenges.
- Address challenges faced by autistic individuals in various aspects of life. Qualities and difficulties coexist and shape the autistic experience. For instance, a strong attention to detail (a quality) can also result in overwhelming sensory sensitivity (a difficulty).

3. Community Understanding and Acceptance

- Foster acceptance based on inherent human value, not contributions. Ensure that
 acceptance encompasses all autistic individuals, emphasizing that their value does not
 depend on their ability to contribute to society in any measurable way.
- Advocate for realistic and diverse media portrayals. Media portrayals should reflect the true diversity within the autistic community, focusing on their lives and experiences rather than their achievements or contributions.

4. Social Preferences and Autonomy

- Respect the diverse social preferences of autistic individuals. Autistic people should be accepted and valued whether they prefer social interaction or not.
- Support their autonomy and personal preferences without imposing societal expectations. Acceptance and support should be unconditional, providing every autistic person with equal opportunities for fulfillment, completely independent of any societal contributions.

5. Genuine Consultation and Feedback

- Ensure feedback from the autistic community remains unaltered. Broaden consultation to directly engage a diverse range of autistic individuals and ensure information from consultations remains unaltered and representative.
- o Engage diverse autistic voices in decision-making processes.

6. Representation Issues

- Address risks of tokenism, lack of diverse inclusion, overemphasis on families and carers, ambiguity in support networks, lack of accountability, and potential exclusion. The terms "co-designed, co-produced, co-reviewed, and co-delivered" can be interpreted as tokenism if autistic people are not genuinely given equal power and influence in decision-making processes.
- Ensure that diverse autistic voices are genuinely included and represented. The sentence does not clarify how diverse autistic voices will be included, particularly those from different age groups, genders, cultural backgrounds, and varying levels of support needs. including non-verbal individuals and those with high support needs. Broaden consultation to directly engage a diverse range of autistic individuals.

- o Overemphasis on Families and Carers: Including families and carers might overshadow the voices of autistic individuals themselves, particularly if there is a conflict of interest or differing opinions.
- o Support Networks Ambiguity: The term "support networks" is vague and could include a wide range of individuals or organizations, which might dilute the focus on autistic individuals' direct input.
- Potential Exclusion: The sentence assumes that all autistic people have access to families, carers, and support networks, which might not be the case for everyone. The strategy should consider individuals without these supports.
- Temporal Commitment: The terms used do not indicate if this partnership is a continuous process throughout the strategy's implementation or if it's only at the initial stages. A continuous commitment is needed to understand and address the diverse needs of autistic individuals.

Governance and Implementation

1. Inclusive Consultation Process

o Implement an inclusive process for consultations. Ensure the needs of all autistic individuals are captured in governance.

2. Governance Framework

- o Develop a governance framework with autistic representation. Ensure continuous engagement and accountability in governance.
- o Ensure co-leadership and active involvement of autistic individuals. Address the challenge of representation and inclusion in governance.
- o Address the challenge of representation and inclusion. Ensure that autistic individuals are actively involved in governance.

3. Understanding Autistic Leadership Challenges

- Highlight the challenges and limitations in achieving truly representative autistic leadership. The reality is that only a very few autistic individuals are both willing and able to assume leadership roles, and these individuals cannot represent the broader autistic community effectively.
- o Ensure all spectrum of autistic individuals are represented. The inclusion of a few interested autistic advocates does not automatically ensure that the diverse views and needs of the vastly different members of the autism spectrum are represented.
- o Marticular attention must be given to the risk of 'shiny autism' WM.

4. Involvement of Professionals

- o Carefully handle the involvement of autism professionals. Avoid conflicts of interest and ensure balanced representation in governance.
- o Ensure that professionals do not dominate decision-making processes.

5. Communication with Government

o Facilitate communication between autistic individuals and the government. Ensure diverse autistic voices are heard in governance.

o Facilitate effective communication with the government.

6. Accountability and Implementation

 Accountability and Implementation: The sentence does not specify mechanisms for accountability to ensure that the co-design, co-production, co-review, and co-delivery are effectively implemented. Continuous and sophisticated consultation methods are essential.

7. Review and Evaluation

- Evaluation Criteria: There is no mention of how the success of the co-design and coproduction process will be measured or evaluated.
- Regularly review and evaluate the strategy with autistic involvement. Ensure continuous improvement and alignment with needs.

Accessibility

1. Ensuring Equal Accessibility

- All services, not just specialized ones, should be accessible to autistic individuals.
 Ensure that all services, not just specialized ones, are accessible to autistic individuals.
- Create universally accessible environments that consider both sensory and social needs. Promote inclusivity in all aspects of service provision.

2. Social and Attitudinal Barriers

- Address the significant issue of attitudinal barriers and societal behaviors that hinder accessibility. The sensory aspect is crucial, but for a truly holistic and efficient approach, it is essential to understand the significant issue of attitudinal barriers.
- Advocate for measures to reduce sensory and mental injustices faced by autistic individuals. Addressing these issues requires the social system to critically examine itself and correct its errors or "misconfigurations", whether physical or human.

3. Crucial Need for Autism-Specific Accessibility Policies

- Develop and implement accessibility policies specific to autism. Accessibility policies, standards, and directives specific to autism are necessary everywhere.
- Ensure these policies are universally applicable and beneficial. These measures are good for autistic individuals, adapted to meet the core needs of autism, but also beneficial for everyone.

4. Holistic Understanding and Support

- Promote a holistic approach to understanding and supporting autistic individuals.
 Recognize that qualities and difficulties coexist and shape the autistic experience.
- Qualities and difficulties coexist and shape the autistic experience. Understanding this duality is crucial for creating effective support systems.

5. Emergency and Remote Assistance Services

 Highlight the need for emergency and remote assistance services. Such services are crucial for supporting autistic individuals, especially in rural or remote areas. o Include comprehensive support measures for autistic individuals. Ensure that emergency and remote assistance services are part of the strategy.

6. Technological Accessibility

- Incorporate technology to enhance accessibility and support. Suggest incorporating technology to enhance accessibility and support for autistic individuals, especially in remote areas.
- Ensure accessibility beyond sensory needs, including social and attitudinal barriers.
 Address accessibility needs beyond sensory accommodations, including social and attitudinal barriers.

Human Rights and Legislative Support

1. Human Rights Alignment

 Ensure all elements of the strategy align with human rights principles. Advocate for explicit inclusion of human rights in the strategy.

2. Legislative Framework

- Include specific laws and policies to protect and promote the rights of autistic individuals. A robust legislative framework is essential to support the strategy.
- o Align the strategy with international human rights standards.

Actionable Solutions

1. Measurable and Clear Goals

- o Provide actionable solutions with clear, measurable goals and timelines.
- Ensure that the strategy includes specific, actionable measures to support autistic individuals.
- Address the needs of autistic individuals in education, employment, and support services.

2. Implementing Best Practices

- o Adopt best practices from successful autism strategies globally.
- o Continuously evaluate and adapt the strategy based on measurable outcomes.
- o Ensure continuous improvement.

3. **Long-Term Sustainability**

 Ensure long-term sustainability of the strategy's initiatives. Provide ongoing funding and support to maintain and improve services for autistic individuals.

4. Integration of Services

 Better integrate services across different sectors. Develop a coordinated approach to service delivery to enhance effectiveness and accessibility.

5. Crisis Management

 Stress the importance of including comprehensive crisis management plans in the strategy. Advocate for dedicated crisis intervention services tailored to the needs of autistic individuals

6. Cultural Competency

 Incorporate cultural competency training for professionals. Ensure culturally sensitive approaches to support services.

7. Policy Consistency

 Ensure consistency in policy implementation across regions and sectors. Establish clear guidelines for uniform service delivery and support.

8. Public and Private Sector Roles

- Highlight the importance of collaboration between public and private sectors in the implementation of the strategy.
- o Ensure that roles and responsibilities are clearly defined.

9. Monitoring and Evaluation

- Establish robust monitoring and evaluation mechanisms. Track the progress and impact of the strategy with regular reviews and updates.
- o Ensure that monitoring and evaluation mechanisms are effective.

10. Respect and Representation

 Ensure respect for the views of autistic individuals. Adequately represent autistic individuals in decision-making processes. Research and Evidence

1. Autism Research Focus

 Ensure autism research benefits autistic individuals. Address the risks of genetic and biological research.

2. Ethical Concerns

- Highlight the dangers of eugenics-based ideologies and practices aimed at preventing the birth of autistic individuals or altering their genetic traits without consent.
- o Ensure ethical oversight and transparency in research.
- Include diverse autistic voices in research discussions.

3. Misrepresentation and Stigmatization

- Avoid stereotypes and misconceptions in research. Balance discussions of challenges with the promotion of neurodiversity and the value of autistic perspectives.
- o Avoid stigmatizing autistic individuals through research.

4. Accessibility of Research Outcomes

 Communicate research results in accessible ways. Ensure autistic individuals benefit from research insights.

5. Financial and Emotional Costs of Research

o Ensure support for autistic individuals and families. Address the financial and emotional costs of participating in research.

E-2.2. Synthese of our Most **Appreciated Points (C-2)**

1. The Absence of the Usual Defectological Approach to Autism

1.1. No Mention of "Disorder"

Concern:

o The strategy does not use the term "Disorder" at all, which is commendable. This avoids the harmful confusion between "autism" (the autistic nature) and "autistic disorders" (the specific problems and difficulties associated with autism).

Analysis:

This approach reflects a positive shift towards understanding autism as a variation in neurodevelopment rather than solely a collection of disorders. It recognizes the value of an autistic identity without pathologizing it.

1.1.1. Holistic Approach to Autism

Concern:

o The draft strategy appears to overlook the essential recognition of the problems, disabilities, and challenges faced by autistic individuals.

Detailed View:

- o **Perspective on Disabilities:** While avoiding the term "Disorder" is beneficial, it is crucial not to minimize the real challenges faced by autistic individuals. A balanced perspective acknowledges both the strengths and the difficulties.
- **Accessibility and Acceptance:** The strategy should emphasize a holistic approach that prioritizes acceptance and accessibility, moving away from the goal of "socializing the autistics".
- o **Reducing Difficulties:** The approach should focus on reducing difficulties, disabilities, and crises through practical measures, such as enhancing accessibility and support systems.
- o **Implementation Clarity:** The strategy could benefit from more detailed guidelines on implementing accessibility policies, including specific examples and strategies to address sensory issues, communication barriers, and social integration.

2. Use of "Person-First" Language

2.1. Understanding and Appreciation

Positive Aspect:

o The use of "person-first" language is commendable, moving away from "people with autism" to a more respectful phrasing. This aligns with the preference of many within the autistic community, as it emphasizes the individual before the condition.

Suggestion for Improvement:

- Justification for Choice: For better clarity and acceptance among diverse readers, the strategy should include an explanation or a link to authoritative sources explaining the rationale behind the choice of language. This could be supported by articles from prominent autistic advocates or research on the impact of language on perception and inclusion.
- o **Resources and Links:** Providing links to studies or expert opinions on the matter would enhance transparency and support the choice of terminology with solid evidence.

3. Exclusion of the "Puzzle Piece" Symbol

3.1. Commendable Decision

Appreciation:

o The exclusion of the "puzzle piece" symbol is highly appreciated. This symbol is often seen as stigmatizing and not representative of the autistic community's identity and needs.

Rationale:

Symbolic Impact: The strategy's choice to avoid the puzzle piece symbol reflects a respectful and modern approach to autism, acknowledging the community's stance against symbols that are seen as negative or reductive.

4. Genuine Consultation of Autistic Individuals First and Foremost

4.1. Positive Aspect of Autistic Inclusion

Commendation:

• The strategy's commitment to consulting autistic individuals genuinely is exemplary. This approach is rarely seen in other countries, where consultation often prioritizes parents or medical professionals.

Analysis:

- **Inclusive Consultation:** By valuing the voices of autistic individuals, Australia's approach is commendable. This inclusion likely contributes to the strategy's thoughtful and appropriate nature.
- o **Counteracting Prejudices:** This practice helps to challenge and reduce entrenched prejudices and systems of thought that often marginalize autistic voices.

4.2. The Issue of Representation Bias

Concern:

 A significant issue is the representation bias where only the most communicative and socially adept autistic individuals are heard. This group is often not representative of those with more severe disabilities.

• Detailed Analysis:

- Non-representative Voices: Autistic individuals who are skilled in communication are less likely to represent the needs of those who struggle with communication and social interaction. This bias can skew the strategy's focus and support.
- o **Inclusion of Severely Disabled Individuals:** It is essential to consider the needs of those who cannot advocate for themselves effectively. Strategies should include direct consultations with this group and their families or caregivers.

4.3. Balancing Parent and Autistic Voices

Concern:

• The tension between the demands of parents and autistic individuals often results in conflicts that can hinder effective policy development.

Solution Proposal:

- Deep Understanding of Autism: Developing a nuanced understanding of autism can bridge the gap between the perspectives of parents and autistic individuals. This understanding helps align strategies with the true needs of both groups.
- Model of Structure for a National Autism Policy: Reference to a comprehensive model could be beneficial, providing a framework for integrating the needs and concerns of all stakeholders effectively.

5. Encouraging Focus on Accessibility Measures

5.1. Importance of an Autism-Friendly Society

Positive Focus:

 The strategy's emphasis on making society more autism-friendly is crucial. This focus is vital for reducing societal barriers and enhancing the quality of life for autistic individuals.

Detailed Benefits:

 Reduction of Problems and Anxiety: An accessible society significantly lowers barriers, reducing suffering, anxiety, and misunderstanding. It redefines "autistic disorders" as societal barriers rather than inherent deficits.

5.2. Addressing Social and Societal Barriers

Concerns:

 While the strategy discusses sensory issues, it often overlooks social and societal barriers, such as attitudinal barriers, which are more impactful for many autistic individuals.

Detailed Analysis:

 Challenges Beyond Sensory Issues: Social barriers, including neglect, irritation, and negative attitudes, are deeply ingrained and challenging to change. Addressing these issues requires comprehensive strategies beyond sensory accommodations.

o Proposed Enhancements:

- **Incorporating Attitudinal Change:** The strategy should include specific initiatives to educate the public, promote understanding, and reduce stigma. This could involve public awareness campaigns, training for service providers, and community engagement programs.
- **Detailed Analysis and Recommendations:** Expand on the existing discussions with detailed analyses and actionable recommendations to tackle societal attitudes effectively.

6. Celebrating Creativity and Special Interests

6.1. Recognition of Creativity

Commendation:

• The strategy's focus on nurturing creativity and supporting special interests is both surprising and commendable. This recognition is often overlooked in many national strategies.

Detailed Insight:

o Valuing Special Interests: By supporting programs that foster creativity and special interests, the strategy recognizes these aspects as essential elements of personal fulfillment. This shift in perspective helps validate and empower autistic individuals.

6.2. Practical Support for Special Interests

Details on Support:

- o **Balancing Support and Practicality:** The strategy rightly acknowledges that with appropriate guidance, the intensity of special interests can be managed effectively, avoiding potential pitfalls.
- o **Encouraging Enrichment:** Emphasizing that special interests are not just hobbies but crucial aspects of identity and personal growth encourages a more holistic approach to autism support.

E-2.3. Synthese of some of our Concerns (C-3)

Co-Design and Inclusion

- 1. Potential Lack of Clarity on Co-Design and Inclusion
 - Concerns:

- The strategy emphasizes inclusivity and extensive consultations but lacks clear documentation on how feedback from various stakeholders, particularly newer autistic advocates, has been incorporated into the final document.
- There is a potential vagueness in the approach to inclusivity and co-design, raising concerns about the authenticity and depth of stakeholder engagement.

Detailed View:

- **Inclusivity and Authenticity:** Ensuring that the strategy genuinely reflects the diverse voices of the autistic community is crucial. While promoting inclusivity is commendable, it is equally important to transparently document how these inputs have shaped the final strategy.
- **Integration of Feedback:** The lack of clear documentation or explanation on integrating stakeholder feedback can undermine trust and confidence in the strategy.

o Proposed Solutions:

Enhanced Stakeholder Engagement:

- Develop a more transparent and systematic process for stakeholder engagement.
- Ensure that contributions from all parties, especially autistic individuals, are genuinely considered and visibly utilized.

Increased Transparency:

- Publish detailed reports on stakeholder consultations, clearly showing how feedback has been integrated.
- Provide regular updates to the community on the progress and impact of their contributions.

Inclusivity of Underrepresented Groups

2. Possibly Missing Important Groups

Concerns:

- The strategy may overlook or inadequately serve specific groups such as First Nations people, the elderly (over 65), and children in foster care.
- There is a lack of detailed focus on educational needs and the specific challenges faced by these groups.

Detailed View:

- First Nations People: There is a concern that the unique needs and cultural contexts of First Nations communities are not sufficiently addressed.
- **Elderly Individuals:** The strategy might not adequately cater to the intersection of aging and autism, which presents unique challenges.
- Children in Foster Care: Autistic children in foster care face distinct challenges that require specialized support and consistent care protocols.
- **Educational Needs:** The strategy needs a comprehensive approach to inclusive education, addressing both teacher training and systemic support for autistic students.

Proposed Solutions:

- **Targeted Initiatives for Underrepresented Groups:**
 - For First Nations:

 Engage directly with community leaders to tailor supports that are culturally appropriate and effective.

For the Elderly:

- Implement specialized programs addressing both autism-related and age-related challenges.
- Train healthcare providers in geriatric care specific to autism.

For Children in Foster Care:

- Develop tailored support for autistic children in foster care, including specialized training for foster parents and social workers.
- Ensure stability and continuity of care for these children.

Comprehensive Educational Strategies:

- Include detailed plans for inclusive education, teacher training, and support systems for autistic students.
- Collaborate with education departments to implement and monitor inclusive practices in schools.

Legislative and Human Rights Framework

3. Need for Legislative Support and Human Rights Framework

Concerns:

- There is a gap in legislative support and a robust human rights framework, which are critical for the strategy's effectiveness and enforcement.
- The current strategy may not be sufficiently aligned with existing disability and human rights laws, potentially impacting its implementation.

Detailed View:

- **Legislative Support:** Without strong legislative backing, the strategy may face challenges in enforcement and sustainability. Legislative changes are needed to ensure the strategy is supported by a solid legal framework.
- **Human Rights Protections:** Strengthening the human rights framework is essential to protect the rights of autistic individuals and ensure they have access to necessary services and support.

Proposed Solutions:

Strengthening Legal Foundations:

- Advocate for legislative changes to support the implementation and enforcement of the strategy.
- Ensure alignment with existing disability and human rights laws, and push for necessary legal reforms.

Enhancement of Human Rights Protections:

- Bolster the human rights framework specifically for autistic individuals to ensure they have adequate access to services and protections.
- Collaborate with human rights organizations to promote awareness and enforcement of these rights.

Actionable Solutions

4. Requirement for Actionable Solutions

Concerns:

- The strategy highlights problems without providing concrete solutions, which could undermine confidence in its ability to address the issues.
- There is a need for detailed action plans that outline specific steps, responsible parties, and timelines for each identified problem.

Detailed View:

- **Concrete Solutions:** Simply identifying problems is not enough; the strategy needs to provide clear, actionable solutions to build confidence and ensure effective implementation.
- **Resource Allocation:** Dedicated funding and systematic monitoring are necessary to support the practical implementation of these plans.

o Proposed Solutions:

Develop Specific Action Plans:

- Ensure each identified problem has a corresponding, well-defined action
- Outline clear steps, timelines, and responsible parties for each action item.

Funding and Resources:

- Allocate dedicated funding and resources to support the implementation of action plans.
- Ensure transparent reporting on the allocation and use of funds.

Ongoing Monitoring and Evaluation:

- Establish mechanisms for regular monitoring and evaluation of the strategy's implementation and outcomes.
- Adjust the strategy as needed based on feedback and evolving needs.

Comprehensive Conclusion

5. **⇒ Conclusion**

Summary:

- By addressing these concerns and integrating the proposed solutions, the strategy can be significantly enhanced to be more comprehensive, inclusive, and effective.
- This will ultimately provide better support across all demographics and stages of life for autistic individuals.

Key Points:

- Ensuring transparency and clarity in stakeholder engagement processes.
- Addressing the needs of underrepresented groups through targeted initiatives.
- Strengthening legislative support and the human rights framework.
- Providing concrete, actionable solutions with clear plans, dedicated resources, and systematic monitoring.

E-2.4. Synthese of our 22 "Feedbacks" in the Responses to Your Survey (C-4)

Vision and Goals

Improving Vision and Goals

Inclusivity and Accessibility:

- o Enhance the vision statement to explicitly include "socially accessible" alongside "materially accessible."
- o Suggested wording: "...for a safe, inclusive, materially and socially accessible society where all Autistic individuals are empowered to participate in the aspects of life that they choose based on equality of fulfillment and in line with international human rights treaties."

Ensuring Better Life Outcomes:

- o Modify the goal to emphasize a serene and fulfilling life for all Autistic individuals.
- o Proposed wording: "...to ensure a better, fair, serene, and fulfilling life for all Autistic individuals."

Principles

Co-Design and Representation

Balanced Representation in Co-Design:

- o Clarify that the strategy will be co-designed, co-produced, co-reviewed, and codelivered with a balanced representation of all autistic perspectives, recognizing the diversity within the autistic community.
- o Employ more sophisticated consultation methods to understand the needs of all autistic individuals, not just those of activists.
- o Example: "While co-design is a commendable principle, it must be ensured that all autistic voices, especially those less able to engage, are genuinely heard and considered. This includes creating mechanisms to engage severely autistic individuals and those who may not actively participate in advocacy."

Accessibility

Comprehensive Accessibility:

- o Broaden the definition of accessibility to include both "material and human"
- Highlight the importance of addressing both sensory and attitudinal barriers to create a truly inclusive environment.

 Example: "Accessibility should encompass both the physical and social environments. It is not enough to ensure buildings are accessible; attitudes and societal behaviors must also be addressed to remove barriers that hinder full participation."

Universal Design Principles:

- o Emphasize that all government strategies should align with higher universal principles to ensure conceptual compatibility.
- o Ensure accessibility is not just theoretical but practical and effective, addressing all aspects of autistic individuals' needs.
- o Example: "Strategies should align with universal design principles, ensuring that all initiatives are inclusive and accessible to everyone, not just those with disabilities."

Acceptance and Inclusivity

Balanced Emphasis on Strengths and Challenges:

- o Recognize both the strengths and difficulties of autistic individuals, ensuring that the focus on positive attributes does not overshadow the significant challenges faced.
- o Understand that difficulties are often a matter of perspective and are intrinsically linked to the qualities of autistic individuals.
- o Example: "While it is important to highlight the strengths of autistic individuals, it is equally crucial to acknowledge and address their challenges. This balance is necessary for a comprehensive and realistic approach."

Human Rights

Expansion of Rights:

- o Include specific rights against deception, manipulation, and socio-generated sensory or mental harms.
- o Advocate for a right to peace and protection from various forms of socio-generated harms.
- o Example: "The strategy should explicitly protect against socio-generated harms, such as deceptive practices, manipulation, and environmental factors that negatively impact autistic individuals."

Individualized and Holistic Approaches

Addressing the Paradox of Individualized vs. Holistic Approaches:

- o Balance individualized care with systemic changes for universal accessibility.
- Correct the socio-generated environment rather than focusing solely on individualized adjustments.
- o Highlight that the more emphasis placed on individualized care, the less imperative there may be for widespread societal modifications.
- o Example: "Individualized care should not replace systemic changes. Society must adapt to accommodate autistic individuals, ensuring that environments are supportive and inclusive."

Public Education and Awareness

Improving Public Understanding

Enhancing Understanding of Needs:

- o Focus on understanding the specific needs of autistic individuals rather than just autism as a condition.
- o Ensure that this understanding leads to structured support and practical measures, not just general social acceptance.
- o Example: "Public education should go beyond raising awareness about autism; it must also address the specific needs and challenges faced by autistic individuals, leading to actionable support."

Representation in Media, Sports, and Arts

Balancing Representation and Risks:

- o Carefully consider the balance between the benefits of increased visibility and the potential dangers, such as tokenism and unrealistic expectations.
- o Example: "While increased visibility in media, sports, and arts can promote understanding, it is important to avoid tokenism and ensure that representations are authentic and respectful."

Social and Sensory Accessibility

Addressing Attitudinal Barriers:

- o Emphasize the importance of social accessibility, addressing deeply ingrained social attitudes and behaviors.
- Advocate for measures that ensure autistic individuals do not suffer from social rejections and exclusions.
- o Example: "Social accessibility is as important as physical accessibility. Efforts should be made to change societal attitudes and behaviors that create barriers for autistic individuals."

Reducing Stigma and Advocacy

Role of Public Authorities:

- o Public authorities should take the primary role in challenging and reducing stigma.
- Avoid the Moderate of the property of the propert individuals do not naturally seek the spotlight.
- o Example: "Public authorities should lead efforts to reduce stigma, ensuring that advocacy does not rely solely on the visibility of a few individuals but represents the broader autistic community."

Social Connections and Peer Support

Encouraging Healthy Relationships

Benefits and Risks of Social Networks:

- Support healthy social relationships while being cautious of the broader context of social networks and their potential pitfalls.
- o Encourage beneficial social interactions without falling into common dangers associated with social networks.
- o Example: "Encouraging social connections should be done carefully, acknowledging the potential risks associated with social networks and ensuring that interactions are positive and supportive."

Government Service Delivery

Making Society Autism-Friendly

Improving Societal Attitudes:

- o Prioritize making society accessible and autism-friendly by improving societal attitudes.
- Highlight that enhancing societal attitudes benefits everyone, improving overall quality of life and reducing social challenges.
- o Example: "An autism-friendly society benefits everyone. Efforts to improve societal attitudes should be prioritized, making environments more supportive and inclusive for autistic individuals."

Legislative Support

Inclusion in Disability Laws

Amendments to Disability Discrimination Act:

- o Ensure future amendments to the Disability Discrimination Act consider the specific needs of autistic individuals.
- Advocate for legislative changes to support the implementation and enforcement of the strategy.
- o Example: "Legislative support is crucial for the success of the strategy. Amendments to existing laws should explicitly address the needs of autistic individuals, ensuring their rights are protected."

Safety and Welfare

Addressing Various Forms of Harm

Policies and Penalties:

o Propose serious policies and penalties for abuse, violence, and exploitation.

- Advocate for laws against bullying and discrimination, including prejudicial discrimination based on autism.
- o Example: "Policies must be put in place to protect autistic individuals from all forms of harm, including abuse, violence, and discrimination. Penalties should be strict to ensure safety and welfare."

Employment Accessibility

Social and Human Accessibility in the Workplace

Addressing Social Relations:

- o Focus on social accessibility in the workplace, addressing social relations and unwritten social obligations.
- o Support autistic employees in maintaining a healthy work environment free from undue social pressures.
- o Example: "Workplace accessibility should include social accessibility. Efforts must be made to create supportive social environments, addressing unwritten social norms and expectations."

Representation in Leadership

Avoiding Tokenization and W C 'Shiny Autism' W

Representation in Senior Positions:

- Caution against tokenistic representation in senior and board positions.
- Ensure that representation is meaningful and not just for the sake of visibility.
- o Example: "Representation in leadership positions should be meaningful and not tokenistic or self-glorifying. All autistic individuals should be genuinely included in decision-making processes."

Diagnosis, Supports, and Services

Consultation Participation and Governance

Balanced and Representative Consultation:

- Address potential representativity bias in consultations to ensure the strategy reflects the diversity within the autism spectrum.
- o Ensure the views of all autistic individuals are considered, not just those who manage to communicate with government authorities.
- o Example: "Consultations must be representative of the entire autism spectrum. Efforts should be made to include the views of all autistic individuals, ensuring the strategy reflects diverse perspectives."

Feedback and Documentation

Authorship and Intellectual Rights

Publication of Responses:

- o Express preference for non-anonymous publication of responses to ensure authorship and intellectual rights are respected.
- o If anonymization is necessary, prefer not to publish responses to maintain intellectual integrity.

E-3. Summary of Key Findings and Insights

Consolidation: Synthesizes critical insights from E-1 and E-2, highlighting major trends and strategic implications.

E-3.1. Strengths of the Australian **National Autism Strategy in terms of Needs of Autistic People**

Summarizes the identified strengths of the strategy related to meeting the needs of autistic individuals.

1. Avoidance of Deficit Language:

o The strategy avoids using terms like "disorder", focusing on autism as a neurodevelopmental variation. This helps prevent harmful confusion and promotes a more respectful understanding of autism.

2. Person-First Language:

o Consistent use of "person-first" language throughout the strategy, emphasizing the individual over their condition. This approach respects the identity and dignity of autistic individuals.

3. Exclusion of Stigmatizing Symbols:

o The decision to exclude the "puzzle piece" symbol, which is often seen as stigmatizing, reflects a modern and respectful approach towards autism.

4. Genuine Consultation with Autistic Individuals:

Genuine consultation with autistic individuals ensures their voices and perspectives are integral to the decision-making process. This includes extensive stakeholder engagement through surveys, focus groups, and public consultations.

5. Focus on Strengths and Abilities:

o Emphasis on the strengths and abilities of autistic individuals, moving away from a deficit-focused perspective. This highlights their contributions to society and promotes a positive outlook.

6. Community and Social Inclusion Initiatives:

o Development of sensory-friendly public spaces and community education programs to foster better understanding and acceptance of autism. This promotes social inclusion and reduces isolation.

 Support for social skills training and peer-support programs to enhance social inclusion and community participation.

7. Support for Families and Caregivers:

 Provision of comprehensive support services for families and caregivers, including counseling, respite care, and educational resources. These services are crucial for the well-being of both autistic individuals and their families.

8. Rights and Autonomy:

 Emphasis on a rights-based approach that promotes self-advocacy and ensures autistic individuals are central in decision-making processes affecting their lives. This includes legal protections against discrimination and initiatives supporting independent living.

9. Early Intervention and Lifespan Services:

- Comprehensive early childhood intervention programs to support developmental needs from a young age.
- Educational resources and training for parents and caregivers to manage early developmental challenges.
- Inclusive education practices in mainstream schools, ensuring support for autistic students.
- o Autism-specific training programs for educators to improve classroom experiences.
- Use of assistive technologies in educational settings to cater to diverse learning needs.
- Employment support programs, including vocational training and workplace adaptations.
- Continuous support services for autistic adults, including access to post-secondary education and transition support from school to adulthood.

10. Healthcare and Mental Health:

- Expansion of telehealth services to improve access to healthcare for autistic individuals, particularly those in remote areas.
- Training for healthcare providers on autism-specific needs and interventions to ensure appropriate care.
- Tailored mental health support programs, including crisis intervention services for autistic individuals.

11. Emergency Response:

- Plans to improve emergency response services tailored to the needs of autistic individuals.
- o Training programs for emergency responders on autism-specific needs.
- Development of emergency response protocols sensitive to the sensory and communication needs of autistic individuals.

12. Transportation Services:

- o Initiatives to improve accessibility in public transportation for autistic individuals.
- o Training for transportation staff on the needs of autistic passengers.
- Development of sensory-friendly transportation options to enhance travel experiences.

13. **Technology Integration:**

 Promotion of advanced assistive technologies to support learning and daily living for autistic individuals.

- o Encouragement of innovative tech solutions to address the unique needs of autistic individuals.
- o Integration of technology in healthcare, education, and employment services to improve overall quality of life and independence.

E-3.2. Strengths of the Australian **National Autism Strategy in terms of** Methodology

Summarizes the identified strengths of the strategy concerning its methodology.

1. Inclusive Stakeholder Engagement:

- Extensive consultation processes involving autistic individuals, families, caregivers, professionals, and organizations.
- o Transparent documentation of stakeholder feedback and active incorporation of diverse perspectives into the strategy.

2. Evidence-Based Approach:

- o Utilization of robust data collection and integration of national and international research findings to inform policy development.
- o Commitment to ongoing data collection and analysis to guide strategy adjustments and improvements.

3. Clear Objectives and Measurable Targets:

- o Well-defined objectives across various domains, including education, employment, healthcare, and social inclusion.
- o Each objective is supported by specific action plans with measurable outcomes and timelines for tracking progress and effectiveness.

4. Comprehensive Monitoring and Evaluation:

- Establishment of a detailed monitoring and evaluation framework to assess the strategy's implementation and impact.
- o Regular reporting mechanisms and progress reviews to ensure accountability and transparency.
- Use of both quantitative and qualitative metrics to evaluate outcomes and make data-driven adjustments.

5. Phased and Adaptive Implementation:

- o Phased approach to implementation, allowing for adjustments based on initial feedback and results.
- o Flexibility to refine and improve implementation plans in response to emerging challenges and new information.

6. Interdepartmental and Cross-Sectoral Coordination:

- Strong coordination mechanisms among various government departments and agencies to ensure cohesive and integrated service delivery.
- o Creation of cross-sectoral working groups and task forces to align efforts and share best practices.

7. Inclusivity and Diversity Considerations:

- o Ensuring that diverse needs within the autistic community are reflected, including considerations for gender, age, and cultural backgrounds.
- Specific initiatives targeting underrepresented groups within the autistic community to ensure equitable support.

8. Capacity Building and Professional Development:

- o Investment in training and professional development programs for educators, healthcare providers, and service providers to enhance their ability to support autistic individuals.
- o Ongoing learning and development opportunities to keep pace with emerging best practices and new developments in autism support.

9. Sustainability and Long-Term Planning:

- o Focus on sustainable practices to ensure the longevity and impact of initiatives.
- o Development of long-term plans to maintain and expand support services over time, integrating environmental, economic, and social sustainability considerations.

10. Transparency and Accountability:

- o Commitment to transparency through publicly accessible progress reports and outcome evaluations.
- o Establishment of accountability mechanisms to ensure that the strategy's goals are met, including stakeholder feedback loops and independent reviews.

11. Innovation and Best Practices:

- o Encouragement of innovative approaches and solutions to address the needs of autistic individuals, including pilot programs to test new initiatives.
- o Adoption of best practices from national and international models to enhance the effectiveness of the strategy.

12. Community Engagement and Empowerment:

- o Strong emphasis on engaging the autistic community and empowering individuals to participate in decision-making processes.
- Support for self-advocacy programs and initiatives that enhance the voice and agency of autistic individuals.

13. Understanding and Acceptance of Autism:

- o Nationwide public awareness and education campaigns designed to improve understanding and acceptance of autism.
- o Initiatives to combat stigma and promote positive representations of autism in society.
- o Inclusion of autistic individuals in creating and leading awareness campaigns to ensure authenticity and impact.

14. Resource Allocation and Strategic Funding:

- o Strategic allocation of resources to priority areas identified through consultations and data analysis, ensuring efficient use of funds.
- o Secured funding commitments from government and partner organizations to support the implementation of the strategy.

15. Collaboration and Strategic Partnerships:

- o Formation of strategic partnerships with non-governmental organizations, research institutions, and the private sector to leverage expertise and resources.
- o Collaborative initiatives to enhance the scope and reach of services through joint ventures and co-funded projects.

16. Rights and Autonomy:

- o A strong emphasis on a rights-based approach, promoting self-advocacy and decision-making.
- o Ensuring autistic individuals are central in decision-making processes affecting their
- Legal protections against discrimination and initiatives supporting independent living.

E-3.3. Some Apparent Gaps or Concerns in the Australian National Autism Strategy in terms of Needs of Autistic **People**

Provides a summary of the apparent gaps or other issues in the strategy regarding the needs of autistic individuals.

Inclusivity and Representation

1. Lack of Clear Inclusion of Diverse Voices:

- The strategy lacks clear documentation on how feedback from newer autistic advocates has been incorporated into the final document.
- o Potential vagueness in the approach to inclusivity and co-design, raising concerns about the depth of stakeholder engagement.

2. Exclusion of Underrepresented Groups:

- o The strategy may overlook or inadequately serve specific groups such as First Nations people, the elderly, and children in foster care.
- Lack of detailed focus on educational needs and the specific challenges faced by these groups.

3. Bias in Representation:

o Representation bias where only the most communicative and socially adept autistic individuals are heard, not representing those with more severe disabilities.

4. Parent and Autistic Voices Balance:

o Tension between the demands of parents and autistic individuals, resulting in conflicts that hinder effective policy development.

Accessibility and Social Inclusion

5. Lack of Measures about Social Barriers:

o The crucial issue of attitudinal barriers and social or human behavioural problems is not addressed, except the vague mention of one word supposedly referring to it.

6. Emergency and Remote Assistance Services:

o Lack of comprehensive support measures for autistic individuals, especially in rural or remote areas.

Healthcare and Mental Health

8. Long-term Healthcare Services:

- o Insufficient focus on long-term healthcare plans for autistic individuals.
- o Lack of detailed strategies for continuous healthcare support beyond telehealth.

9. Mental Health Crisis Support:

- Lack of specific mental health crisis support protocols tailored to autistic individuals.
- o No detailed plans for training mental health professionals on handling autism-specific crises.

Education and Employment

10. Education System Gaps:

- Lack of specific measures to ensure inclusive education in mainstream schools.
- o Possibly inadequate training programs for educators on autism-specific teaching strategies.

11. Employment Programs:

- o General employment initiatives without detailed customization for different needs and abilities.
- o Absence of long-term support mechanisms in employment settings.

Technology Integration

12. Limited Technological Integration:

- o Limited integration of advanced assistive technologies beyond classroom settings.
- Lack of innovative tech solutions for daily living support.

Family and Caregiver Support

13. Caregiver Support:

o General mention of family support without detailed plans for specific caregiver programs and resources.

E-3.4. Some Apparent Gaps or Concerns in the Australian National Autism Strategy in terms of Methodology

Summarizes some apparent gaps or other issues in the strategy's methodology.

A Note: Here are only the more obvious gaps and or problems. We delve deeper in section 'E-5. Overlooked Autistic Challenges and Demographic Groups', which lists many more issues.

Implementation and Monitoring

1. Detailed Implementation Plans:

- o Insufficient specific measures and comprehensive timelines for implementing various initiatives.
- o Lack of clear roles and responsibilities for different stakeholders involved in the implementation process.

2. Monitoring and Evaluation:

- Lack of detailed monitoring plans and metrics to track the progress and effectiveness of the strategy.
- o Absence of periodic reviews to assess the strategy's impact and make necessary adjustments.

Coordination and Internal Support

3. Interdepartmental and Cross-Sectoral Coordination:

- Lack of detailed internal support and coordination mechanisms among various government departments and agencies.
- o Absence of a central coordinating body to oversee the implementation of the strategy

4. Internal Support Plans:

- o Lack of detailed internal support plans, including regular inter-agency meetings and shared resources.
- o Insufficient training and capacity-building programs for staff involved in implementing the strategy.

Transparency and Accountability

5. Detailed Budget Plans:

Lack of detailed budget plans and transparent reporting mechanisms.

o Insufficient information on funding allocation and expenditure tracking.

6. Complaint and Appeals Processes:

- o Insufficient detailed processes for handling complaints and appeals from stakeholders.
- o Lack of clear communication channels for stakeholders to provide feedback and raise concerns.

Continuous Improvement and International Cooperation

7. Improvement and Update Plans:

- Lack of comprehensive plans for continuous improvement and updates to the strategy.
- o Absence of mechanisms to incorporate new research findings and best practices into the strategy.

8. International Cooperation:

- Limited emphasis on international cooperation and learning from global best
- o Lack of partnerships with international organizations and experts in autism research and support.

Cultural Competence

9. Cultural Competence:

- o Insufficient focus on cultural competence and addressing the unique needs of autistic individuals from diverse cultural backgrounds.
- Lack of tailored programs for indigenous autistic individuals and those from minority communities

E-3.5. Analysis of the Apparent **Contradictions in the 4 Previous Chapters**

Analyses why some points are appearing simultaneously in the Strengths and in the Gaps sections.

Whole of Life Coverage:

- Strengths: Comprehensive early childhood programs, inclusive education practices, employment support programs, and transition support.
- A Gaps: Lack of detailed plans for long-term support services for autistic adults, insufficient focus on long-term healthcare plans, inadequate measures for inclusive education in mainstream schools, and insufficient training for educators.

o **Analysis:** There seems to be a contradiction where the strategy is praised for inclusive education and comprehensive support but criticized for lacking detailed plans and sufficient training.

Healthcare and Mental Health:

- Strengths: Expansion of telehealth services, specialized training for healthcare providers, and tailored mental health support programs.
- o Paps: Insufficient focus on long-term healthcare plans and lack of specific mental health crisis support protocols.
- o **Analysis:** The strategy is recognized for expanding telehealth and training but criticized for not having comprehensive long-term healthcare plans, indicating a gap between short-term initiatives and long-term strategies.

Employment Programs:

- Strengths: Employment initiatives and tailored vocational training programs.
- o **Seps:** General employment initiatives without detailed customization and absence of long-term support mechanisms in employment settings.
- o **Analysis:** Employment programs are both a strength and a gap, suggesting that while there are initiatives, they may not be adequately tailored or supported long-term.

Family and Caregiver Support:

- Strengths: Comprehensive support services for families, educational resources, and support groups.
- o **Paps:** General mention of family support without detailed plans for specific caregiver programs.
- o **Analysis:** The strategy's general support for families is acknowledged, but the lack of detailed plans points to an area needing more specificity.

Technology Integration:

- Strengths: Promotion of advanced assistive technologies and integration in various services.
- o **Paps:** Limited integration of advanced assistive technologies beyond classroom settings and lack of innovative tech solutions for daily living support.
- o **Analysis:** There is a contradiction where technology integration is highlighted as a strength, yet gaps indicate insufficient application beyond educational settings.

⇒ Conclusion

There are several areas where \mathbf{Y} Strengths and gaps appear to contradict each other, particularly in inclusive education, healthcare, employment programs, and technology integration. These contradictions suggest that while the strategy has outlined positive initiatives, the implementation and detailed planning may be lacking, leading to identified gaps. Addressing these contradictions will require a more detailed and actionable plan to ensure the strengths are fully realized and gaps are effectively closed.

E-4. Most Crucial though Most Overlooked Necessity: Full Accessibility (Sensory AND Social) for Autistic People

E-4.1. Accessibility Policies for Autistic **People in General**

About the importance of comprehensive accessibility policies for autistic individuals

1. Initial Keys to Understanding the Concept of Accessibility in **Society for Autistic Individuals, and Their Related Needs**

1.1. Introduction

The topic of policies and accessibility standards regarding disabilities specific to autism is absolutely crucial but paradoxically, such specific and precise policies do not seem to exist in any country.

Moreover, its component related to human or social accessibility, which is by far the most important, is apparently not understood, and it is evident that it is not, or is very minimally, taken into account.

Indeed, autism policies and strategies often talk about sensory obstacles, but very little and not precisely enough about social obstacles or attitudinal barriers, which are our main problems.

1.2. Key Insights

Here are a few basic key points to understand the concept of accessibility for autistic individuals and their related needs. They may not be in perfect order and might be somewhat redundant, but we hope they will be helpful nonetheless.

• Description of Accessibility for Autistic Individuals:

Accessibility for autistic individuals means ensuring that they can access the same things (places, transportation, services, processes, everything) on an equal basis with non-disabled people, without being disadvantaged. This requires removing structural, systemic, or conceptual obstacles that create barriers or disabilities for autistic individuals, corresponding to the definitions of autism, autism-related disorders, and autistic disabilities. It is important not to overlook difficulties in terms of social relationships and socio-administrative adjustments.

· Problems in Communication and Social Relationships:

These problems manifest in terms of communication, social relationships, and disruptions to harmony (sensory, mental, and others). Just as ramps and elevators (or better, no level changes) are needed for people with reduced mobility, obstacles corresponding to the disabilities of autistic individuals also need to be removed.

Omnipresent Attitudinal Obstacles:

Attitudinal obstacles often consist of challenging journeys and attitudes of rejection (disdain, mockery, etc.). Specifically, it is necessary to eliminate "attitudinal barriers" presented by the social (non-autistic) environment, such as problems of inattention, confusion, automatic judgments (always unfavorable for "abnormal" people), refusal to adapt, and obligations or injunctions to conform to normality. These obstacles result in inequalities in the enjoyment of rights, suffering, and exclusion or self-exclusion, leading to suicide or "auticide" of autistic individuals. They effectively prevent access, meaning there is no accessibility from society for autistic individuals. For example, Brazilian disability law describes "attitudinal barriers" as attitudes or behaviors that prevent or hinder the social participation of disabled people on an equal basis with others.

Correct Consideration of Autism Everywhere:

Accessibility for autistic individuals would be achieved through the Correct Consideration of Autism Everywhere, which autistic organizations frequently request from public authorities who are often "deaf and mute" on this issue (and thus, inaccessible).

· Accessibility and Maltreatment:

Accessibility and maltreatment are two sides of the same coin: when society and

services are inaccessible, it constitutes maltreatment, whether in the distressing conditions of access attempts or in the fact of being excluded, or other harmful consequences.

Need for an Accessibility Policy:

It is necessary to create an accessibility policy for disabled autistic individuals, accompanied by corresponding concrete implementation measures.

1.3. Further Reflections:

- Universal Accessibility: Accessibility for autistic individuals means making the so-called "ordinary" society accessible to them, based on equality with non-disabled individuals regarding access to places, services, products, systems, and everything else.
- **Universal Design:** Accessibility for autistic individuals concerns general aspects and is not intended for a specific person. It involves universal design rather than personal assistance.
- **Understanding Autism:** To understand accessibility for autistic individuals, one must better understand autism. Autism is primarily about naturalness, coherence, and harmony, without vices, in self-protection. Once this is understood, everything becomes clear. Objective issues arise because autistic individuals are immersed in a social environment that is incoherent, absurd, erroneous, worrying, or toxic, reinforcing their self-distancing. Subjective issues are not problems but are perceived as such due to the perverted or defective nature of normal reasoning or social conventions.
- **Result of Incoherences and Injustices:** Autistic disabilities result from disharmonies, incoherences, injustices, and confusions in the social and socio-generated environment. These create difficulties in communication and social relationships, sensory and mental suffering, and other typical problems when autism and non-autism meet.
- **Suffering and Exclusion:** This explains why autistic individuals suffer particularly in society and why they are excluded or self-excluded, sometimes resorting to suicide, which shows how inaccessible society is for us.
- Inclusion and Accessibility: There can be no inclusion without accessibility.
- Policies and Concrete Measures: This accessibility can only be achieved through public
 policies and concrete measures, integrated into regulations and all rules and procedures, to
 reduce autistic disabilities resulting from the lack of Correct Consideration of Autism
 Everywhere.
- Existing Policies for Other Disabilities: Accessibility policies, sometimes translated into more or less applied measures, exist for other disabilities but not for autism-related disabilities. Policies for other disabilities aim to prevent their occurrence or corresponding difficulties, and for each type of disability, public policies have provided corresponding measures, such as physical measures for physical difficulties, adapted measures for visual or auditory disabilities, etc. Therefore, there is no reason why such measures should not exist for autistic disabilities, which require social, human, and attitudinal accessibility (for example, in terms of patience, attention to nuances that change everything, non-offensiveness since mistakes inevitably occur due to insufficient attention).
- **Beyond Sensory Issues:** This accessibility is not limited to sensory issues. Material improvements are certainly part of it, to make the physical environment more harmonious

and less harmful for autistic individuals, but this is insufficient if not accompanied by improvements in the social environment. This means human accessibility, in other words, correcting the defects, errors, absurdities, injustices, confusions, excesses, and other vices of the current social or hyper-social (and therefore hyper-non-autistic) system.

- **Nature of the Social Handicap:** Since our social handicap is primarily intangible, the social correction measures to be undertaken are themselves quite abstract. They are difficult for the normal system to understand, especially since accepting to implement these measures requires the system to admit its own faults. This explains the black hole or blind spot in this area.
- **Freedom and Comfort of Life:** There can be no freedom or "comfort of life" on an equal footing with non-autistic individuals if the socio-administrative system does not undertake modifications to be "accessible" to autistic individuals.
- **Elimination of Socio-Generated Disturbances:** Accessibility for disabled autistic individuals ultimately means eliminating socio-generated disturbances or harms (sensory, mental, and other disturbances that harm coherence, harmony, and naturalness, and are therefore negative, destructive, or detrimental): it is therefore beneficial for all.
- **Modification of Mentalities and Systems:** It requires a change in mentalities, systems, administrative procedures, and others.
- **Cost and Passive Measures:** The necessary measures are essentially passive (adjustments and optimizations of systems and minds), they cost almost nothing in terms of money (on the contrary).
- Beneficial Impact for All of Autistic Accessibility: Making society correctly accessible to
 autistic individuals involves deconstructing the inaccessibility produced by normal social
 errors. When things are virtuous or harmonious, it does not create any accessibility problems
 for autistic individuals, but it also greatly improves the quality of life for everyone and
 enhances the general mental health of society.

(These topics can be discussed in more detail.)

• **Quotation from Jiddu Krishnamurti:** Jiddu Krishnamurti said, "It is no measure of health to be well adjusted to a profoundly sick society."

This phrase can guide the construction of an accessibility policy for autistic individuals.

2. In-Depth Exploration

We can provide a much more comprehensive explanation of these aspects beyond this initial overview, allowing for a thorough understanding. However, achieving this requires delving deeply into detailed explanations, demonstrations, examples, and evidence to properly grasp the nature of autism and the related mechanisms, which is evidently complex and not widely understood.

Given the complexity and depth of this task, we believe that this discussion exceeds the scope of this document, which, at over 800 pages, is already quite substantial.

Therefore, we propose the following plan for these detailed explanations.

2.1. Fundamental Concepts and Accessibility Needs

- 2.1.1. The accessibility of society and environments, products, systems, and socio-generated concepts
- 2.1.2. The accessibility needs of disabled people
- 2.1.3. The main characteristics of autism

2.2. Specific Challenges and Issues Related to Autism

- 2.2.1. The lack of proper consideration of autism by the socio-administrative system
- 2.2.2. The resulting disabilities for autistic individuals
- 2.2.3. The accessibility needs of autistic individuals
- 2.2.4. The rights of autistic individuals in terms of accessibility

2.3. Socio-Generated Obstacles and Their Origins

- 3.1. The nature of the obstacles and difficulties imposed on autistic individuals by the human and material socio-generated environment
- 3.2. The sources of these difficulties: "sensory, mental, or other socio-generated disturbances or disharmonies"

2.4. Understanding Autism and Misconceptions

- 2.4.1. The key to understanding autism: the natural harmony at the core of autism
- 2.4.2. The main social obstacle to this understanding: the impossibility of questioning "nonautism"
- 2.4.3. The primary resulting confusion: the amalgamation of "autism" with disorders, problems, or other negative aspects specific to autism
- 2.4.4. The secondary resulting confusion: the perception of autism (to be distinguished from "disorders") as being a "lack of order" or "trouble" when it is precisely the opposite
- 2.4.5. The absence of any deep idea of correcting the social system and attitudes to adapt to autism being considered a defect

2.5. Attitudinal Barriers and Public Policies

- 2.5.1. The resulting obstacles in terms of human or social accessibility, i.e., attitudinal barriers
- 2.5.2. The serious gaps concerning human or social accessibility in public policies related to autism, due to these prejudices and confusions

2.6. Principles of Accessibility and Vision for Change

- 2.6.1. The predominant character of the necessity of human or social accessibility for autistic individuals
- 2.6.2. The key concept of natural harmony, infallible in guiding the precise development of public policies towards autistic individuals

- 2.6.3. The key principles for the implementation of necessary measures in terms of sensory or material accessibility for autistic individuals (cf. sensory socio-generated disturbances or disharmonies)
- 2.6.4. The key principles for the implementation of necessary measures in terms of human or social accessibility for autistic individuals (cf. mental socio-generated disturbances or disharmonies)
- 2.6.5. The key principles for the implementation of necessary measures in terms of accessibility in other areas for autistic individuals (cf. other socio-generated disturbances or disharmonies)

2.7. Necessity of an Accessible Society

- 2.7.1. The necessity of an accessible society for autistic individuals to live decently
- 2.7.2. The necessity of a society devoid of a defectological or "superior" approach for autistic individuals to thrive in an inevitably social framework
- 2.7.3. The reduction or elimination of "disorders" and difficulties for autistic individuals within an environment thus made "friendly" (i.e., without social attitudes of superiority) and "accessible" (i.e., in harmony with Nature)

2.8. Broader Societal Benefits and Conclusive Insights

- 2.8.1. The benefits for the entire society (and all living beings) of a policy and standards of accessibility directed towards autistic individuals
- 2.8.2. The conclusion that autism is not a scourge or a burden, but rather an opportunity for society, since the great sensitivity of autistic individuals to disharmonies, notably social and socio-generated ones (i.e., defects, errors, approximations, and confusions, exaggerations, abuses of all kinds, absurdities, injustices, lies, deceptions, and illusions, etc. - in terms of attitudes as well as in terms of settings and material, administrative, and other designs) can serve as a revealer or an advanced sensor (like an alarm system), which would allow correcting the grave and dangerous defects of society if it had the courage, starting at least by designing and implementing this necessary accessibility to, at least, reduce the sufferings of autistic individuals, which do not come from autism per se but mainly from the problems and lack of understanding and consideration discussed here.

Some readers may have doubts, particularly regarding our perception of the nature of autism, which is surprisingly and completely opposite to conventional views. However, the relevance of our theories is consistently verified through our experiences, unlike the usual views, which frequently contradict themselves and go astray.

We can support, substantiate, and demonstrate the points of this structure, but it is somewhat lengthy and not easy.

While we prepare a dedicated study and document on this theme, please feel free to contact us at contact@autistan.org if you wish to learn more or if you have specific questions. (This proposal is solely for governmental bodies.)

3. A Subtle Example of the Diverse Aspects of Accessibility for **Autistic People, with "Social Recognition"**

Introduction

The reader might wonder why we consider "social recognition" (or "social validation") to be truly toxic and harmful, both for individuals (especially if they are autistic, as it is an incompatible concept which, when applied, leads to personally disastrous effects sooner or later) and for society in general.

The Harmful Effects of Social Recognition

We will not delve into the details of this particular theme here, nor demonstrate the particularly absurd nature of this highly superficial mechanism, as it would be too lengthy and "out of scope." However, we will cite one of its indirect and subtle but highly harmful aspects for all autistic individuals.

Fear of "Not Looking Normal"

In summary, it is the fear among parents (and later among autistic people as they adapt to society) of being judged, mocked, and rejected.

This fear is one of the most powerful drivers that push parents to try to normalize their child, anticipating all the social rejections and abuses they will face later if they do not first develop "social acceptance" (to avoid exclusion) and, more importantly, social recognition, which means appreciation beyond acceptance.

Societal Pressure, Daily Efforts, Exclusion

We live in a social system where these mechanisms seem obvious and are not even discussed. This is very sad because it requires intense efforts every day of life to try to fit into the "standard boxes" (or to make their child fit into them). All this is solely because of this fear, in other words, because of the mechanism of social acceptance and then social recognition (these two things being a sort of continuous spectrum that starts at the end of exclusion).

The effects are terrible. For example, many autistic children and adults are confined to centers or at home, mainly because of this problem. (There are also safety issues, but they can be resolved: the great fear is the judgment of others.)

Early Learning of Social Validation

Unfortunately, autistic children begin to "learn this" very early, for example, in the terrified look of the mother who glances around the bus at people's reactions when the child does something inappropriate. They gradually understand that social validation is something to be achieved at all costs. Therefore, throughout their life, their main efforts at adaptation will be made in this direction. (If they are lucky, they do not fall into this trap and remain "in autism," that is, in freedom and serenity regarding these absurd non-autistic mechanisms.)

Suicide

It is also necessary to mention the issue of suicide: very often, it is – once again – this dangerous mechanism that is at the root. "Everyone thinks I'm worthless/crazy/defective"... "I only have problems/I am a problem/I am worthless"... Etc.

Evidence: "authentic" autistic individuals have no desire to commit suicide... Why? Simply because they do not care what others think of them.

Misconceptions about Social Acceptance

The reader might object that to avoid being bullied at school or losing their job, one must at least be socially accepted if not appreciated. Despite the injustice of the sad reality of school bullying and toxic workplace gossip, it is not true that the autistic student or employee must be socially accepted or even appreciated. This is a belief, extremely widespread and unfortunately applied (resulting in daily efforts, difficulties, and frustrations), but real-life examples can demonstrate that these mechanisms are neither mandatory nor universal.

Ignoring Social Disturbances

Indeed, there is a simple solution to these problems: completely ignoring these "social disturbances." Here, the word "completely" is as essential as the word "ignore", because our attitude must not be perceived as a form of contempt or anything else that could irritate the unfriendly social environment. It must really be understood that the autistic person does not even seem to perceive that they are being mocked.

Obviously, this increases the mockery and the sense of superiority of this social environment (which follows this mechanism collectively and automatically, quite stupidly), but this is not important, and the advantage of this method is that the mechanisms of harassment, mockery, or worse, will quickly die out (in less than a week) due simply to their lack of any effect. Because these people are also quite lazy and will soon move on to a more "productive" source of amusement.

It is, on the contrary, the discomfort or suffering of the victim, when observed, that fuels this perverse mechanism. If the student or employee does their job correctly, then the attitudes and machinations that occur around them are very unlikely to result in exclusion since the impact is almost nil.

The Perils of Social Validation Mechanisms

Unfortunately, the omnipresent and presented as "virtuous" mechanism of social validation obviously prevents access to this simple and very effective solution, as people must absolutely and primarily care about what "the others" think of them.

Teaching the Method to Autistic Children, and Parental Barriers

If, despite everything, one manages to explain this quasi-magical method to an autistic child, for example (i.e., overcoming the barriers of overprotection by parents, reinforced by the terror that the child will be mocked, etc.), it is not so simple because the child will have already unfortunately acquired this mechanism, so they will have to force themselves, artificially, to "ignore" (in the Anglo-Saxon sense of the term, i.e., actively and consciously), which is quite difficult because they have to pretend not to be annoyed and not even perceive it, which is very difficult at first when they are still in the usual dynamic, i.e., very upset.

Evidence by Genuine Autism

Another "proof by autism": if you consider a "more authentic" or "non-socialized" autistic person in the same situation, they will not need to make difficult efforts to actively ignore, because anyway they will completely ignore, in the sense of not even perceiving bad intentions. (Obviously, care must also be taken to ensure that this does not degenerate into physical abuse, but this is a related issue that does not detract from the demonstration.)

The Role of Public Authorities

Why talk about all this in a section on accessibility and what public authorities should foresee and do in this regard? Because, due to their lack of perception of these mechanisms and their toxicity, public authorities do nothing to prevent them (although it should start, notably, within the framework of public education).

Contradictory Actions by Public Authorities

On the contrary, sometimes they do things that "validate" these mechanisms of social recognition, although they are profoundly toxic and sometimes deadly.

(There are a few examples in the Australian Strategy document, notably about promoting "senior" positions to serve as "models," whereas if we cared less about all these superficial social considerations, it would allow "socialized" autistic people to live more serene lives, and it would save lives).

Case Study: Darius McCollum

Another example: the sad case of Darius McCollum, an American autistic born in 1965, known as the "train thief" who unfortunately languishes in prison.

First of all, if accessibility measures for autistic people had existed, these problems would never have occurred because there would have been very strict procedures to absolutely prevent someone from driving a bus or train so easily without authorization, and technically it is really easy.

Among the numerous shortcomings of the social system that resulted in an undignified and miserable life for this autistic man, one can also cite the bullying he endured at school (he was even stabbed with scissors that punctured his lung), which would not exist if there were a true holistic accessibility policy for autistic people, including specific accessibility measures in schools, particularly addressing this absurd, unjust, and malevolent (non-autistic) behavior.

In the same vein, one can also mention the lack of accessibility policies in employment, which resulted in the systematic rejection of Darius's applications to work in his area of expertise (trains), even though he had skills and even mastery far exceeding the necessary requirements.

Of course, the reader unfortunately knows that these examples of problems in school and employment (to name just these) are not uncommon but rather the norm, almost inevitable when one is autistic (and all this because of the general lack of accessibility concerning autism).

But above all – and this was obviously not understood, if things had been done with an understanding of the mechanisms of autism and "non-autism," the system would have avoided placing Darius in the spotlight (a typical American "grand show" habit), with interviews, documentaries, etc., which obviously could only feed his obsession to start again since it did not seem so serious, since despite prison he seemed admired.

In Darius's case, however, he does not seem to place much importance on "social glory," but we are still within these mechanisms. The result of the lack of proper consideration of autism in his case, corresponding to the lack of policies and accessibility measures for autistic people in society, is almost permanent imprisonment, which is the exact opposite of the notion of access.

The Need for Accessibility Measures

There are thousands and thousands of various examples, more or less serious, and sometimes it is even worse than prison, and all this would be avoided with accessibility measures, including the most subtle and/or indirect aspects, like the one illustrated here, but many others as well.

And it is not true that these policies and measures are impossible due to the diversity of cases and the "lack of a common denominator" (to know what to do) as a government official told us in a big country, because when one understands the functioning of autism, of course there are common denominators and principles that work for all autistic people (and even for everyone), and these principles all stemming from the superior principle of natural harmony, which is obvious when understood, and which is constantly verified on our side.

⇒ Conclusion: the Necessity of Breaking the Vicious Circle

The concept of accessibility for autistic people is simply not understood, which explains the absence of public policies in this area.

This not only results in a society that is at the very least unfriendly and inaccessible for autistic individuals (leading to exclusion, self-exclusion, withdrawal, suffering, lost opportunities, miserable lives, mental health issues, and suicide), but also in the inaccessibility (or a sort of deafness) of public authorities who should understand these issues when rare "Rosetta Stone" autistic people try to inform them

Indeed, when trying to deal with governments, we almost always encounter indifference (they are "in their bubble") or even doubt, and this results – once again – from their absence or near-absence of any policy or measure or even simple reflex of accessibility for autistic people: it is a vicious circle that we are trying to break through tremendous efforts currently quite in vain.

If you wonder if these statements are exaggerated, then do a search on accessibility for autistic people on the Internet:

- you will not find any formal accessibility policy for autistic disabilities,
- and when some isolated measures (not general policies) are sometimes provided, they
 concern only sensory issues, but almost never human/social/attitudinal issues, although
 these are by far the most important.

E-4.2. Accessibility for Autistic People in terms of Consultation and Participation

On the need to improve social accessibility in consultation and participation processes related to the development of public policies on autism, along with some suggestions on how to achieve it.

1. Specific Obstacles in Interacting with Administrative and Government Services

1.1. The Main Obstacles

- Lack of Patience and Time: Lack of attention to details, listening or reading superficially ("superficial sampling"), which is a "normal" mode of operation that works for "normal" subjects and communications but does not work with autistic communications, for which every word must be listened to or read to understand sufficiently.
- **Propensity to Take Offense:** The tendency to formalize or be easily offended or vexed.
- "Non-Autism Expectations": The tendency (very difficult to avoid, even for us) to behave as if the person were not autistic and to unconsciously expect "perfectly non-autistic" behavior,

forgetting certain peculiarities or risks of "awkwardness." This problem is a direct result of the lack of accessibility since only autistic individuals who can master all these issues (see the following list) are "listenable" or "acceptable."

1.2. Some Examples of Other Notable Obstacles

- Abstract and Theoretical Nature: The highly abstract and theoretical nature of the administrative world.
- **Inevitable Authority Relationship:** The inevitable authority relationship of government entities
- Intimidating Aspects: The intimidating aspects.
- Formality and Rigidity: The formality and rigidity of administrative communication.
- **Purely Bureaucratic Obstacles:** For example, the requirement to have a legally registered entity in the country where we kindly and freely offer to provide crucial information due to the severe lack of public policies on autism, which is particularly absurd and Kafkaesque (hence bureaucratic, CQFD...).
- **Information Retention:** The reserve and retention of information by the administration, requiring significant "divination" efforts that are often too difficult for autistic individuals.
- **Unspoken Doubts:** The doubts that administrative people will imagine about our or our possible hidden intentions or other non-existent things, doubts they will do their best not to show (as this is a strange but classic non-autistic behavior), making them even harder to guess for autistic individuals.
- **Tendency to Avoid:** The mindset that leads members of the administration or government to avoid or listen too inattentively or with too little credit to autistic individuals who have a "weird" way of being or communicating, and who feel reassured and more open and attentive to autistic people who present perfectly non-autistic behavior.
- **Common Prejudices in Autism:** Certain common prejudices on autism that also exist within the national government entities in charge of autism.
- **Superior Knowledge Attitudes:** Attitudes of "superior knowledge" if the person in the administration already has knowledge about autism, preventing them from listening sufficiently to explanations or perspectives that disrupt their knowledge and certainties.
- **Function vs. Individual Confusion:** The great difficulties resulting from the artificial notion of "function" to be distinguished from the "individual person" holding that function, leading to frequent confusion, misunderstandings, friction, and vexations, as no one ever knows the share of "function" (disaffective) and the share of "individual person" (offendable).
- **Sympathy and Personal Relationships:** Complicating the previous point, one must not only remember that they are theoretically addressing "functions" and not individuals, but also manage to create and cultivate sympathetic relationships, without which the relations are very short-lived, which is very paradoxical and almost impossible for autistic individuals to manage.
- Offense Risks: The risk of offending, which is high given the authority relationship and the significant risk of "too abrupt" or "too weird" or insufficiently adapted communication from the autistic person (who rarely has an "administrative profile"), meaning a risk of displeasing or annoying, offending, and since misunderstandings are inevitable, as well as administrative misinterpretations, necessitating correction efforts that administrative people are often unwilling to provide.

- Administrative or Governmental Contempt: For example, when a President publicly states that "there are people who are nothing".
- **Administrative Neglect:** Often ("They don't care about us").
- **Administrative Lethargy:** Very often (almost all the time).
- Official Denial of Evidences: The official denial of evidences, obliging everyone to consider that the emperor is not naked (which is very disturbing and difficult for autistic individuals).
- **Refusal to Communicate Remotely:** Sometimes refusal to communicate remotely (despite the positive collateral effects of the Covid crisis), and the obligation to appear in person (which obviously limits possibilities).
- Lack of Responses to Emails and Letters: The obligation to guess that, sometimes, if there is no response, it is because the administrative service cannot respond (but sometimes the reasons are different, but we cannot know since there is no response).
- Harassment Accusation Risk: The obligation to guess how many reminders (and over what duration) will lead to accusations of "harassment" (which cannot be known, precisely because people do not respond, not even to express their feeling of "harassment").
- Confusion Between "Responding" and "Providing Information": Administrative services confuse "responding" with "providing the requested information", believing they have fulfilled the request by giving a response, even if it does not contain the requested information (often they believe they have provided the information due to a misunderstanding of the nuances we mention).
- Bad Faith: Sometimes, the bad faith of an official who does not want to admit their mistake (and can thus refuse and reject without fear, knowing they will be "covered" by the entire administrative and governmental system, in solidarity).
- Retroactive Pretexts: In extreme cases, the administration invoking our "faults" of sending increasingly less "diplomatic" emails or letters to request information or at least responses over a year or two in vain: when our tone—even while remaining polite—crosses the arbitrary threshold they choose, they finally respond to explain that their lack of response (for a year or two) is due to our tone, using the consequence of their silence as the cause.
- **Legal Recourse Requirement:** In extreme cases, the obligation to resort to legal procedures to obtain legitimately due information (according to the UN CDPH General Comment No. 7), but these legal procedures are also inaccessible due to the lack of accessible justice for autistic individuals, forcing us to seek information to find at least one assistance service, which seems impossible, leading to legal procedures (also impossible) to obtain information and/or assistance to access the necessary justice for obtaining administrative and governmental information, to seek assistance or participation in public policies for requesting such assistance and accessibility, etc., leading to getting lost after several years without results, which is the opposite of accessibility.
- **Extreme Situations:** In even more extreme cases (with proof), being shouted at with vulgar words on the phone, including by state services responsible for "defending rights" (sometimes it's "better" when the prime minister's office simply says "have a nice day, goodbye sir" and hangs up after 20 seconds of polite enumeration of difficulties and extreme distress).

1.3. ➡ Conclusion on the Obstacles

These attempts at listing are certainly non-exhaustive and likely overlook many other types of obstacles, but it is clear that all this resembles a combat course worthy of the toughest military corps, and only a tiny handful of autistic individuals can reach such a level of perfect mastery of non-autistic codes, including the most difficult, those of the administration, which is "a level higher" than the rest and inherently quite inaccessible by design, in all countries.

When considering these examples and remembering that for the vast majority of autistic individuals, the "simple" act of taking the bus or entering a store is already, very often, a real challenge (which some take years to overcome), one understands how relations with the administration, and worse, with governments, are more than very, very, very inaccessible for autistic individuals. In summary, to succeed, one must look and act exactly like a non-autistic person. It is akin to requiring participation in anti-racism public policies entirely led by white people to first look like Michael Jackson...

• **Further Risk of Obstacle:** If one mentions Michael Jackson in such a document, it may be deemed inappropriate, unserious, not credible, and consequently, the rest of the explanations are considered fanciful, etc.

Automatic and rapid amalgamations are a real problem for autistic individuals because we never do "exactly as required" and do not fit into any "standard box", so we are attributed all sorts of profiles or intentions automatically, without even making an effort to analyze or verify.

The increasingly robotic and automatic functioning of people is a terrible thing, especially for autistic individuals, and this trend also exists in the administration (already particularly "mechanical" (3)).

We understand very well that these problems are rarely a matter of ill will on the part of administrative people and that often, in terms of autism, they genuinely want to do well.

But there are very, very significant obstacles that are generally misunderstood and therefore poorly or not taken into account because understanding these problems requires dialogue (consultation) with autistic individuals who can explain them, but—precisely and unfortunately—these dialogues, when they exist, are with autistic individuals who have already overcome all these difficulties and therefore may not even mention them (or have never experienced them). And even in the best case, assuming an autistic representative wants and can still talk about these problems, it remains very theoretical and unconvincing because precisely they are in a situation where these problems do not exist.

For example, all these explanations are unlikely to reach the consciousness of a governmental member sufficiently, due to classic obstacles (lack of time, superficial reading), but assuming it is done nonetheless, these explanations remain too theoretical and not convincing or measurable enough for the reader since reaching this stage implies these obstacles were easily overcome, making them seem unimportant.

To truly understand these obstacles and realize how significant they are, they must be experienced and encountered in a crisis or blockage situation (which can happen at any moment as one must

"walk on a tightrope" or "walk on eggshells"). However, in such a case, communication ceases, and it is too late to try to explain. All this shows that relations between "Autistan" and "Bureaucratistan" (said without intending to offend) are extremely difficult and nearly impossible, and therefore the necessary measures to avoid or overcome these problems are essential and go much, much further than "simple" sensory issues (which also exist but can be very easily resolved, especially if using videoconferences or written or audio message communications, which solve many problems but are often shunned in countries with poor accessibility).

2. Particular Impacts of Lack of Accessibility Policy in Public **Bodies' Consultations and Participation with Autistic Individuals**

2.1. Limited and Biased Participation

The absence of a dedicated accessibility policy results in limited and biased representation of autistic individuals in consultations. Autistic individuals face barriers such as sensory sensitivities, communication differences, and social interaction challenges, which prevent them from fully engaging in these processes. Consequently, the feedback gathered is often incomplete or skewed, failing to capture the full spectrum of experiences and needs within the autistic community. This leads to policies that do not adequately address the challenges faced by autistic individuals.

2.2. Paradox of 'Unrepresentative Representatives'

The lack of dedicated accessibility measures in public policy consultations, participation, and coleadership has significant consequences for the representation of autistic individuals. Due to these barriers, only those autistic individuals who possess advanced social skills and are able to navigate the political landscape manage to participate at these higher levels. These individuals often develop the necessary communication and social skills to succeed in these environments, but in doing so, they may no longer fully represent the broader autistic community.

As a result, the views and needs of the majority of autistic individuals, who may face sensory sensitivities, communication differences, and social interaction challenges, remain unrepresented. The few autistic individuals who do achieve these levels of involvement might also adopt agendas and desires that align more closely with non-autistic perspectives, further distancing them from the core experiences and needs of the autistic community.

This situation creates a paradox where the autistic representatives in these consultations and leadership roles are not fully representative of autism itself. They may not advocate for the same priorities as those who face greater barriers to participation. Consequently, the policies and decisions made in these settings may fail to address the genuine challenges and requirements of the broader autistic population, leading to ineffective or misaligned solutions that do not truly serve the community.

3. More Adverse Consequences of the Lack of Accessibility

The development of effective public policies on autism requires the inclusion of diverse and representative perspectives from the autistic community. However, the lack of a comprehensive accessibility policy often leads to limited and unrepresentative participation of autistic individuals in these processes. This exclusion not only skews the outcomes of policy development but also highlights the foundational importance of accessibility in addressing all aspects of autism.

3.1. Limited and Unrepresentative Participation

- **Exclusion of Diverse Perspectives:** Autistic individuals with significant challenges are often excluded from consultations, leading to a lack of diverse and representative input.
- Skewed Feedback: Feedback gathered is incomplete or biased, failing to capture the full spectrum of experiences and needs within the autistic community.

3.2. Inadequate Policy Development

- Misaligned Policies: Policies may not adequately address the real challenges faced by autistic individuals, leading to ineffective solutions.
- Superficial Solutions: Without proper input, policies may focus on surface-level issues rather than underlying systemic problems.

3.3. Increased Social Exclusion

- Continued Marginalization: Autistic individuals remain marginalized due to policies that do not consider their unique needs and challenges.
- **Self-Exclusion:** Autistic individuals may choose to self-exclude from participation due to the inaccessibility of the process.

3.4. Mental Health Impacts

- Increased Stress and Anxiety: The inaccessibility of consultation processes can increase stress and anxiety among autistic individuals.
- **Isolation:** Lack of participation can lead to feelings of isolation and a sense of not being heard or valued.

3.5. Worsened Trust and Collaboration

- Erosion of Trust: Repeated exclusion from consultations erodes trust between autistic individuals and public bodies.
- **Reduced Collaboration:** Lack of trust and representative participation diminishes the potential for ongoing collaboration and improvement in policy development.

3.6. Misunderstanding of Autism

- Perpetuation of Stereotypes: Without direct input from autistic individuals, public bodies may rely on stereotypes and misconceptions in their policies.
- Lack of Awareness: Policymakers may remain unaware of the actual needs and challenges of the autistic community.

3.7. Legal and Ethical Implications

- Non-Compliance with Laws: Public bodies may fail to comply with legal requirements for accessibility and inclusion.
- Ethical Concerns: Exclusion of autistic voices raises ethical concerns about the fairness and equity of the consultation process.

3.8. Poor Public Image

- Negative Public Perception: Public bodies that exclude autistic individuals from participation may be viewed negatively by the broader community.
- **Decreased Credibility:** The credibility of public bodies may suffer if they are perceived as ignoring the needs of a vulnerable population.

3.9. Missed Opportunities for Improvement

- Innovation Gaps: Autistic individuals often bring unique perspectives and solutions that are missed without their participation.
- **Enhanced Policies:** Inclusive participation can lead to more innovative and effective policies that benefit everyone.

3.10. Inefficiency and Wasted Resources

- Revising Ineffective Policies: Resources are wasted on developing and implementing policies that do not work effectively for autistic individuals.
- **Cost of Exclusion:** The long-term costs of excluding autistic individuals, such as increased need for support services, can outweigh the initial investment in accessibility.

4. Some Solutions

4.1. Introduction

Effective public policies on autism require a deep understanding of the needs and challenges faced by autistic individuals. To achieve this, it is crucial to improve social accessibility within consultation and participation processes. This ensures that autistic individuals and their advocates can meaningfully contribute to the development of policies that impact their lives. Without these measures, the feedback collected is often incomplete or skewed, leading to policies that do not adequately address the real challenges faced by the autistic community.

4.2. Importance of Social Accessibility

1. Inclusion of Diverse Perspectives:

- o **Unique Insights:** Autistic individuals have unique insights into the barriers they face and the support they need. Their perspectives can highlight specific issues such as sensory sensitivities, communication differences, and social interaction challenges that may not be apparent to non-autistic individuals.
- o **Comprehensive Policies:** Social accessibility in consultation processes ensures that their voices are heard and valued, leading to more comprehensive and effective policies. By including a wide range of autistic voices, policies can better reflect the diversity within the autistic community, addressing the full spectrum of experiences and needs.

2. Reducing Barriers to Participation:

- o **Communication Styles:** Traditional consultation processes often inadvertently exclude autistic individuals due to their unique communication styles. Autistic individuals may need more time to process information and respond, and may prefer written or alternative forms of communication over face-to-face interactions.
- **Sensory Sensitivities:** Sensory sensitivities, such as sensitivity to noise, light, and other environmental factors, can make typical consultation settings overwhelming and inaccessible. Ensuring consultations are conducted in sensory-friendly environments can significantly reduce these barriers.
- Social Interaction Challenges: Social interaction challenges can make it difficult for autistic individuals to navigate traditional consultation processes. Providing flexible participation options, such as virtual participation or the use of intermediaries, can make these processes more inclusive and accessible.

3. Empowering Autistic Individuals:

- o Validation of Experiences: When autistic individuals are actively involved in policy development, it validates their experiences and acknowledges their expertise in their own lives. This can lead to a sense of empowerment and increased confidence in their ability to advocate for themselves and others.
- **Increased Self-Advocacy:** Empowering autistic individuals through inclusive consultation processes can lead to greater self-advocacy. This, in turn, can drive more informed and effective policy changes that truly address the needs of the autistic community.
- o **Greater Community Engagement:** By fostering an environment where autistic individuals feel heard and respected, the government can encourage greater engagement from the autistic community. This engagement is crucial for the continuous improvement of policies and for building a more inclusive society.

4.3. Strategies for Improving Social Accessibility

1. Communication Methods:

Clear and Concise Language: Use straightforward, jargon-free language in all communications to ensure understanding.

- **Multiple Formats:** Provide information in various formats (written, visual, audio) to cater to different communication preferences.
- **Alternative Communication:** Allow for alternative communication methods, such as written submissions, assistive technology, or visual aids, to accommodate diverse needs.
- **Detailed Attention:** Train administrative staff to pay close attention to all details in communications with autistic individuals, ensuring every word is listened to or read carefully.
- **Frequent Summarization:** Provide regular summaries of key points to ensure understanding and retention.

2. Sensory-Friendly Environments:

- **Controlled Stimuli:** Conduct consultations in environments with controlled sensory stimuli, such as low noise levels and appropriate lighting, to prevent sensory overload.
- **Virtual Participation:** Offer virtual participation options for those who find in-person settings overwhelming, ensuring they can contribute comfortably from their own environments.

3. Virtual Participation Options:

- **Need:** Physical presence can be overwhelming for some autistic individuals.
- **Solution:** Offer virtual participation options to allow them to contribute from the comfort of their own environments.

4. Training and Support:

- **Awareness Training:** Provide autism awareness and communication technique training for policymakers and facilitators to better understand and support autistic participants.
- **Support Services:** Offer support services, such as interpreters or support workers, to assist autistic individuals during consultations, ensuring they can fully engage in the process.
- **Empathy and Patience Training:** Focus on developing empathy, patience, and non-judgmental attitudes in staff interactions with autistic individuals.

5. Inclusive Representation:

- **Proactive Outreach:** Actively reach out to autistic communities and organizations to encourage broad participation, ensuring a diverse range of voices are heard.
- **Diverse Participation:** Ensure representation includes individuals from various age groups, genders, and cultural backgrounds to capture the wide array of experiences within the autistic community.
- **Support for Autistic Representatives:** Provide support for autistic individuals in leadership roles to ensure they can advocate effectively without having to adopt non-autistic behaviors.

6. Adaptation of Administrative Processes:

• **Simplified Procedures:** Simplify administrative processes and make them more tangible and relatable for autistic participants.

- **Transparent Information Sharing:** Improve transparency and the sharing of information to reduce the need for guesswork and divination efforts by autistic individuals.
- **Tangible Processes:** Make abstract and theoretical aspects of administrative processes more concrete and understandable for autistic individuals.

7. Reducing Attitudinal Barriers:

- **Combatting Prejudices:** Actively work to counter common prejudices and misconceptions about autism within government entities.
- **Fostering Trust:** Build trust between autistic individuals and public bodies through consistent, respectful, and open communication.
- **Culture of Acceptance:** Foster a culture of acceptance, patience, and attention to nuances, eliminating judgments and enforcing the idea of "non-offensiveness."

8. Systemic Changes:

• **Inclusive Systems:** Implement systemic changes to make administrative and social systems more inclusive and accessible for autistic individuals.

9. Creation of Accessibility Policies:

• **Dedicated Accessibility Policies:** Develop and implement comprehensive accessibility policies specifically tailored to the needs of autistic individuals.

10. Integration into Regulations:

 Consistency in Regulations: Integrate accessibility measures into all relevant regulations and procedures to ensure consistency and effectiveness.

11. Mental Health and Well-being Support:

- **Mental Health Resources:** Provide mental health resources and support for autistic individuals participating in consultations to help manage stress and anxiety.
- **Minimizing Isolation:** Create a supportive environment that encourages autistic individuals to participate without fear of isolation or exclusion.

12. Continuous Improvement and Feedback Mechanisms:

- **Regular Feedback Collection:** Establish mechanisms to regularly collect feedback from autistic participants on the accessibility and effectiveness of consultation processes.
- **Iterative Improvements:** Use feedback to make continuous improvements to accessibility measures, ensuring they remain relevant and effective.

13. Promoting Collaboration and Innovation:

• **Inclusive Innovation:** Encourage the inclusion of autistic individuals in brainstorming and decision-making processes to leverage their unique perspectives and solutions.

• **Collaborative Policy Development:** Foster ongoing collaboration with autistic individuals and organizations to develop and refine public policies that truly address their needs.

14. Addressing Authority and Formality Issues:

- **Reducing Intimidation:** Address the intimidating aspects of interactions with government entities by creating a more approachable and supportive environment.
- **Formality and Rigidity:** Reduce the formality and rigidity in administrative communication to make interactions more comfortable for autistic individuals.
- **Authority Relationship:** Acknowledge and address the inherent authority relationship of government entities, working to create a more equal and respectful dialogue.

15. Overcoming Bureaucratic Obstacles:

- **Simplify Bureaucratic Procedures:** Reduce purely bureaucratic obstacles, such as the requirement for legally registered entities, to facilitate participation by autistic individuals and organizations.
- Accessible Legal Recourse: Ensure legal recourse procedures are accessible to autistic individuals, providing necessary support to navigate these processes.

16. Enhancing Understanding and Avoiding Misunderstandings:

- **Clarifying Intentions:** Improve clarity in communication to reduce misunderstandings and avoid the need for autistic individuals to guess administrative intentions.
- **Addressing Doubts:** Mitigate unspoken doubts about intentions by fostering open and honest communication.
- **Avoiding Misinterpretations:** Work to prevent administrative misinterpretations and ensure efforts to correct misunderstandings are supported and facilitated.

17. Addressing Personal Relationships in Administrative Contexts:

- **Distinguishing Roles:** Clarify the distinction between the "function" and the "individual person" holding that function to reduce confusion and friction.
- **Building Sympathetic Relationships:** Foster sympathetic relationships to ensure effective and sustained interactions, recognizing the difficulty this poses for autistic individuals.

18. Reducing the Risk of Offense:

 Minimizing Offense Risks: Address the high risk of offending due to abrupt or unconventional communication styles by providing training and support for both autistic individuals and administrative staff.

19. Improving Responses and Information Sharing:

- **Timely Responses:** Ensure timely responses to emails and letters to prevent the need for repeated follow-ups and reduce stress for autistic individuals.
- Clarifying Response Expectations: Clearly communicate the expected timelines for responses to avoid accusations of harassment.

• **Ensuring Information Provision:** Differentiate between merely responding and providing the requested information, ensuring that responses contain the necessary information.

20. Addressing Bad Faith and Retroactive Pretexts:

- Handling Mistakes: Create a culture where officials can admit mistakes without fear, reducing the likelihood of bad faith actions.
- **Avoiding Retroactive Justifications:** Prevent the use of retroactive pretexts for lack of response, ensuring transparent and accountable communication.

21. Social Accessibility Focus:

 Addressing Attitudinal Barriers: Promote social accessibility by addressing attitudinal barriers, enhancing understanding, and encouraging adaptive behaviors.

22. Legal and Ethical Compliance:

- **Ensuring Legal Compliance:** Adhere to legal requirements for accessibility and inclusion, such as those outlined in the UN CRPD General Comment No. 7.
- **Ethical Consultations:** Conduct consultations ethically, ensuring fairness and equity in the participation process.

5. Essential: The need of Facilitators or "Interpreters"

• There need to be intermediary persons (or systems) to serve as mediators (and sometimes as a "buffer") in communication and relationships between autistic advocates and public authorities.

These "interpreters" must be able to convey the words of autistic individuals (spoken or written) in a way that is "digestible" for government teams that are not well-informed (or not accessible) about autism, without losing the small details and nuances that allow for true understanding.

This is a good example of the fact that the much-needed accessibility measures are far from being only "sensory".

6. Benefits of Improved Social Accessibility in Autism Government Consultations

1. More Effective Policies:

- **Inclusion of Diverse Perspectives:** By ensuring that a broad spectrum of autistic individuals can participate in consultations, policies will be more reflective of the actual needs and experiences of the community. This leads to more nuanced and effective solutions that address real-world challenges.
- **Enhanced Problem-Solving:** Autistic individuals often have unique ways of thinking and problem-solving. Their inclusion can bring innovative approaches and solutions to policy development, which might otherwise be overlooked.

2. Increased Trust and Collaboration:

- **Building Trust:** Transparent and accessible consultation processes build trust between the autistic community and policymakers. Trust is essential for ongoing cooperation and the successful implementation of policies.
- **Sustained Engagement:** When autistic individuals feel that their voices are heard and valued, they are more likely to remain engaged in the consultation process, leading to continuous feedback and improvement of policies.
- **Strengthened Relationships:** Improved accessibility fosters stronger relationships between autistic individuals and government bodies, facilitating smoother and more productive interactions.

3. Enhanced Social Inclusion:

- **Reducing Isolation:** Accessible consultation processes help to include autistic individuals who might otherwise feel marginalized. This promotes their integration into broader societal discussions and decision-making processes.
- Empowerment: Active involvement in policy development empowers autistic individuals, validating their experiences and boosting their confidence to participate in other areas of society.
- Inclusive Society: Promoting social accessibility in government consultations reflects a
 commitment to inclusivity and equality, setting a positive example for other sectors of
 society.

4. Improved Mental Health and Well-being:

- **Reduced Anxiety and Stress:** When autistic individuals are provided with accessible and supportive consultation environments, it reduces the anxiety and stress associated with participation.
- **Sense of Belonging:** Being included in meaningful ways fosters a sense of belonging and community among autistic individuals, improving their overall mental well-being.

5. Enhanced Credibility and Public Image of Government Bodies:

- **Positive Public Perception:** Demonstrating a commitment to accessibility and inclusion enhances the public image of government bodies. It shows that the government values and respects all citizens, including those with disabilities.
- **Increased Credibility:** When policies are developed through inclusive processes, they are more likely to be seen as legitimate and credible by the public and stakeholders.

6. Legal and Ethical Compliance:

- Meeting Legal Obligations: Ensuring accessibility in consultations helps government bodies comply with national and international legal standards, such as the UN CRPD General Comment No. 7.
- **Ethical Governance:** Conducting consultations ethically, with a focus on fairness and equity, reinforces the government's commitment to ethical governance and human rights.

7. Economic Benefits:

- **Resource Efficiency:** Policies developed through inclusive consultations are more likely to be effective and sustainable, reducing the need for costly revisions and interventions.
- Cost Savings: Investing in accessibility measures can lead to long-term cost savings by reducing the demand for support services that arise from poorly developed policies.

7. ⇒ Conclusion ■

Improving social accessibility in consultation and participation processes is crucial for the development of effective and inclusive public policies on autism. The insights and experiences of autistic individuals are invaluable in shaping policies that truly address their needs and challenges. By implementing comprehensive accessibility measures, the government can ensure that these voices are heard and valued.

Key Takeaways:

- Addressing Specific Obstacles: Overcoming social barriers such as lack of patience, nonautism expectations, and the intimidating nature of administrative processes is essential for meaningful participation of autistic individuals.
- Promoting Inclusive Practices: Creating sensory-friendly environments, offering virtual participation options, and providing support services are vital steps towards inclusivity.
- **Enhancing Training and Awareness:** Training for policymakers and facilitators on autism awareness and communication techniques can greatly improve interactions with autistic participants.
- Building Trust and Collaboration: Transparent and respectful consultation processes build trust and foster ongoing collaboration between the autistic community and government
- **Empowering Autistic Individuals:** Active involvement in policy development empowers autistic individuals, fostering a sense of belonging and community (for those who desire it).
- Meeting Legal and Ethical Standards: Ensuring accessibility aligns with legal obligations and ethical standards, promoting fair and equitable governance.
- Realizing Economic Benefits: Inclusive policies are more effective and sustainable, leading to long-term economic benefits through reduced need for revisions and support services.

In conclusion, the government's commitment to improving social accessibility in autism consultations not only enhances the quality of public policies but also demonstrates a dedication to inclusivity, equity, and human rights. By adopting these strategies, the government can create a more inclusive society where the voices of all citizens, including autistic individuals, are heard and valued, leading to better outcomes for everyone.

E-5. Overlooked Autistic Challenges and Demographic Groups _

Identifies other autistic challenges, needs and problems, and autistic demographic groups that may have been overlooked.

1. Overlooked Autistic Challenges and **Needs:**

1. Poor Understanding of Autism:

- o **Challenge**: Insufficient understanding of autism within the community and key professions, resulting in negative experiences, social and economic exclusion, and discrimination.
- o **Need**: Comprehensive public education and awareness campaigns, along with training for key professions.
- o **Document Analysis**: The strategy's plans for public education and awareness campaigns are not sufficiently detailed.

2. Diagnosis and Assessment:

- o Delays:
 - **Challenge**: Significant delays in obtaining an autism diagnosis, with waiting periods often extending from 6 months to 2 years or more.
 - **Need**: A clear, comprehensive plan to reduce waiting times for autism diagnoses and standardize diagnostic practices across regions.
 - **Document Analysis**: The strategy lacks a specific timeline or detailed process for standardizing diagnostic practices to ensure timely and consistent diagnoses.

Inconsistent Practices:

- **Challenge**: Inconsistent diagnostic practices across regions lead to variations in diagnosis quality and timeliness.
- **Need**: Standardized diagnostic tools and training programs for professionals to achieve consistency nationwide.
- **Document Analysis**: While the strategy mentions the need for standardized diagnostic tools, it does not provide a detailed implementation plan or training programs for professionals.

3. Comprehensive Accessibility:

- o **Challenge**: Autistic individuals face sensory and social barriers in various environments, including public places, healthcare, employment, and leisure activities.
- o **Need**: Concrete measures to create sensory-friendly environments and address social (attitudinal) barriers.
- o **Document Analysis**: The strategy acknowledges the need for sensory-friendly environments but lacks specific measures for implementation across various domains.

4. Support and Personalized Assistance Services:

- o **Challenge**: Lack of detailed and direct assistance services addressing both sensory and social barriers in various settings like transportation, education, healthcare, and public services.
- o **Need**: Provision of tailored support services in different settings to address sensory and social barriers.
- o **Document Analysis**: The strategy recognizes the need for tailored supports but does not provide detailed plans for direct assistance services.

5. Transportation Services:

- o Challenge: Lack of plans to improve transportation services to accommodate the needs of autistic individuals, crucial for their independence and access to various services.
- o **Need**: Improved transportation services tailored to the needs of autistic individuals.
- o **Document Analysis**: There is no mention of plans to improve transportation services for autistic individuals.

6. Education:

o Post-Secondary Education:

- Challenge: Limited focus on supporting autistic individuals in accessing and succeeding in post-secondary educational settings.
- **Need**: Comprehensive support programs for autistic individuals in higher education.
- **Document Analysis**: The strategy provides limited focus on supporting autistic individuals in post-secondary education.

Educational Barriers:

- Challenge: Lack of detailed action plans to ensure necessary adjustments and supports for autistic students in educational settings.
- **Need**: Specific measures to address bullying, discrimination, and necessary adjustments in schools.
- **Document Analysis**: The strategy lacks detailed action plans to ensure schools make necessary adjustments and provide appropriate supports for autistic students.

7. Emergency Response:

- o **Challenge**: Emergency services often do not cater to the sensory and communication needs of autistic individuals, leading to additional stress and inadequate care.
- Need: Specific action plans and detailed protocols tailored to the sensory and communication needs of autistic individuals.
- o **Document Analysis**: The strategy mentions the need for improved emergency services but lacks specific action plans and detailed protocols.

8. Healthcare and Support Services:

o Therapeutic Interventions:

- **Challenge**: Brief mention of therapeutic interventions without clear action plans or specific funding allocation details.
- **Need**: Detailed action plans and funding allocations for a broader range of therapeutic options.
- **Document Analysis**: Therapeutic interventions are mentioned briefly without clear action plans or specific funding allocation details.

Mental Health Crisis Support:

- Challenge: Lack of specific mental health crisis support protocols and inadequate training for mental health professionals on autism-specific crises.
- **Need**: Specialized mental health crisis support protocols and training programs for professionals.
- **Document Analysis**: The strategy lacks specific mental health crisis support protocols and detailed plans for training mental health professionals.

Rural and Remote Access:

- Challenge: Limited access to comprehensive healthcare and support services in rural and remote areas.
- **Need**: Expansion of physical health facilities and community support networks in these regions.
- **Document Analysis**: The strategy mentions telehealth expansion but lacks comprehensive services in rural and remote areas.

Long-term Healthcare and Support Services:

- Challenge: Insufficient focus on long-term healthcare plans and ongoing adult support services, crucial for lifelong well-being.
- **Need**: Development of continuous support plans and services for adults.
- **Document Analysis**: The strategy lacks sufficient focus on long-term healthcare plans and ongoing adult support services.

Co-Occuring Conditions:

- **Challenge:** Insufficient Focus on Co-occurring Conditions
- **Need:** Integrate health services to consider the high prevalence of cooccurring conditions among autistic individuals.
- **Document Analysis:** The strategy does not adequately address the need for integrated health services that consider co-occurring conditions.

9. Housing and Homelessness:

- o Challenge: Higher risk of homelessness and barriers to accessing justice services faced by autistic individuals.
- o **Need**: Detailed strategies and concrete housing support programs.
- o **Document Analysis**: The strategy lacks detailed strategies or specific actions to address homelessness and barriers to accessing justice services.

10. Employment and Vocational Training:

o Adult Services:

- Challenge: Insufficient emphasis on providing support for employment and vocational training tailored to the needs of autistic adults.
- **Need**: Detailed plans and support mechanisms for employment and vocational training.

 Document Analysis: The strategy lacks detailed plans and insufficient emphasis on supporting employment and vocational training for autistic adults.

o Tailored Employment Programs:

- **Challenge**: General employment initiatives are not customized to the different needs and abilities of autistic individuals.
- **Need**: Customized employment programs and long-term support mechanisms.
- Document Analysis: The strategy notes general employment initiatives but lacks detailed customization and long-term support mechanisms.

o Workforce Shortages:

- **Challenge**: Critical shortage of autism-specific professionals leads to long wait lists and limited service choices.
- **Need**: Targeted recruitment, training programs, and incentives to increase the number of qualified professionals in the field.
- Document Analysis: The strategy acknowledges the shortage but lacks detailed initiatives to address this issue.

11. Technology Integration:

- o **Challenge**: Limited integration of advanced assistive technologies, mostly restricted to educational settings and lacking in daily living support.
- o **Need**: Broader integration of advanced assistive technologies in daily living support.
- Document Analysis: The strategy focuses on assistive technologies in educational settings, with limited integration in daily living support.

12. Violence and Abuse:

- o **Challenge**: Autistic individuals are at higher risk of experiencing violence and abuse, with inadequate protection and support mechanisms.
- Need: Comprehensive plans to enhance protection and support mechanisms, including specific interventions and preventative measures.
- Document Analysis: The strategy acknowledges the higher risk but does not provide comprehensive plans for protection and support mechanisms.

13. Transition Services:

- o **Challenge:** Lack of Comprehensive Transition Plans
- Need: Develop detailed plans to support autistic individuals during major life transitions, such as moving from education to employment or from youth to adult services.
- Document Analysis: The strategy does not provide detailed plans for supporting autistic individuals during major life transitions.

14. Fragmented Service System:

- o **Challenge**: Complex and poorly integrated service system creates substantial navigation burdens for autistic individuals and their families.
- Need: A detailed roadmap for integrating services across different levels of government and service providers.
- Document Analysis: The strategy recognizes the complexity but lacks specific actions to simplify navigation and improve coordination among service systems.

2. More Overlooked Autistic Challenged and Needs, according to 'C-7. Detailed Comparison: Australian Draft National Autism Strategy vs. "Autistan Model Structure for a National Autism Policy v1.0"

1. Systemic Accessibility Policy for Disabilities Specific to Autistic Persons

1.1. Inclusive Design for Autism Accessibility

- Challenge: Lack of detailed sensory-friendly initiatives in public places and transportation.
 - Need: Develop and implement specific sensory-friendly initiatives in public transport and spaces.
 - Document Analysis: The strategy outlines the importance of improving physical accessibility but lacks detailed sensory-friendly initiatives.
- **Challenge:** Insufficient measures for sensory accommodations and addressing attitudinal barriers in education and culture.
 - Need: Specify measures for sensory accommodations and addressing attitudinal barriers in educational and cultural settings.
 - Document Analysis: The strategy emphasizes inclusive education but does not specify measures for sensory accommodations or addressing attitudinal barriers.
- **Challenge:** Missing specific policies for entrepreneurship support for autistic individuals in employment and entrepreneurship.
 - o **Need:** Develop specific policies to support entrepreneurship for autistic individuals.
 - Document Analysis: The strategy discusses workplace adaptations but misses specific policies for entrepreneurship support for autistic individuals.
- **Challenge:** Lack of concrete measures for sensory-friendly or autism-specific adaptations in leisure, creativity, sports, and travel.
 - Need: Implement concrete measures for sensory-friendly or autism-specific adaptations in leisure activities.
 - Document Analysis: The strategy makes general statements about accessibility in leisure but lacks concrete measures for sensory-friendly or autism-specific adaptations.
- **Challenge:** Insufficient focus on emergency healthcare adaptations specific to autism in healthcare.
 - o **Need:** Highlight and implement emergency healthcare adaptations specific to autism.

- o **Document Analysis:** The strategy highlights training for healthcare providers but lacks a focus on emergency healthcare adaptations specific to autism.
- **Challenge:** Lack of specific strategies to manage interactions hindered by sensory and communication barriers in public law enforcement and private security services.
 - Need: Address how interactions hindered by sensory and communication barriers will be managed.
 - Document Analysis: The strategy mentions training for law enforcement but does not address how interactions specifically hindered by sensory and communication barriers will be managed.
- **Challenge:** No specific strategies to address attitudinal barriers within administration and public services.
 - o **Need:** Develop specific strategies to address attitudinal barriers within these services.
 - Document Analysis: The strategy focuses on improving service delivery but lacks specific strategies to address attitudinal barriers within administration and public services.
- **Challenge:** Lack of detailed protections against administrative and judicial errors specifically impacting autistic individuals in justice.
 - **Need:** Provide detailed protections against administrative and judicial errors impacting autistic individuals.
 - Document Analysis: The strategy touches on accessible judicial processes but does not provide details on protections against administrative and judicial errors specifically impacting autistic individuals.
- **Challenge:** Lack of detail on supporting autistic-led initiatives directly in self-advocacy and engagement.
 - Need: Support autistic-led initiatives directly.
 - Document Analysis: The strategy encourages advocacy but lacks detail on supporting autistic-led initiatives directly.
- **Challenge:** No specific strategies for enabling autistic individuals to participate fully and effectively in political life, considering sensory and communication challenges.
 - Need: Develop specific strategies for enabling autistic individuals to participate fully and effectively in political life.
 - Document Analysis: The strategy provides general support for participation but lacks specific strategies for enabling autistic individuals to participate fully and effectively, considering sensory and communication challenges.

1.2. Accessible Assistance Services for Autistics

- **Challenge:** Lack of specifics on services that assist autistic individuals directly in public places and transportation.
 - Need: Develop specific services that assist autistic individuals directly in public transportation settings.
 - Document Analysis: The strategy acknowledges the need for accessible transportation but lacks specifics on services that assist autistic individuals directly in these settings.
- **Challenge:** No detailed services tailored specifically for autistic needs in education and culture, such as assistance during sensory overload situations.

- Need: Provide detailed services tailored specifically for autistic needs in educational settings.
- Document Analysis: The strategy points to the provision of support services in educational settings but doesn't detail services tailored specifically for autistic needs.
- **Challenge:** Missing personalized assistance services that could help autistic individuals navigate workplace challenges in employment and entrepreneurship.
 - Need: Mention and develop personalized assistance services for navigating workplace challenges.
 - Document Analysis: The strategy mentions support for disability employment but lacks personalized assistance services for autistic individuals.
- **Challenge:** No specifics on personalized assistance in leisure, creativity, sports, and travel.
 - o **Need:** Develop personalized assistance services in leisure activities.
 - Document Analysis: The strategy mentions general support for accessibility in leisure activities but lacks specifics on personalized assistance services.
- **Challenge:** No immediate, accessible assistance services for emergency situations specific to autistic individuals in healthcare.
 - Need: Address the provision of immediate, accessible assistance services for emergencies.
 - Document Analysis: The strategy includes training for healthcare providers but does not address the provision of immediate, accessible assistance services for emergency situations specific to autistic individuals.
- **Challenge:** No mention of assistance services for stressful encounters with law enforcement or security in public law enforcement and private security services.
 - Need: Provide assistance services for autistic individuals in stressful encounters with law enforcement or security.
 - Document Analysis: The strategy discusses training in disability awareness but lacks specific mention of assistance services for autistic individuals in these encounters.
- **Challenge:** No detail on assistance services that cater specifically to the needs of autistic individuals in administration and public services.
 - o **Need:** Develop assistance services tailored to autistic individuals in public services.
 - Document Analysis: The strategy talks about improving general accessibility in public services but does not detail assistance services that cater specifically to autistic needs.
- **Challenge:** No focus on assistance services to help autistic individuals navigate complex legal settings in justice.
 - o **Need:** Implement assistance services for autistic individuals in legal settings.
 - Document Analysis: The strategy aims to make judicial processes more accessible but lacks a focus on assistance services for autistic individuals in complex legal settings.
- **Challenge:** Lacks specifics on support and assistance services that enable meaningful and sustained engagement in self-advocacy and engagement.
 - o **Need:** Provide specific support and assistance services for meaningful engagement.
 - Document Analysis: The strategy encourages participation in advocacy but lacks specifics on support and assistance services.
- **Challenge:** No specific supports that assist autistic individuals in political participation in political life.

- o **Need:** Facilitate specific supports for autistic individuals in political participation.
- Document Analysis: The strategy promotes the inclusion of individuals with disabilities in political processes but lacks specific supports for autistic individuals.

2. Autism Detection Program

- **Challenge:** No detailed mechanism for how autistic individuals or their families can request detection, which is critical for personalized and timely intervention.
 - o **Need:** Establish clear request protocols for detection services.
 - o **Document Analysis:** The strategy mentions early detection in public services but lacks specifics on how these requests can be initiated.
- **Challenge:** Lacks comprehensive coverage of detection services across all relevant services like emergency, judicial, and administrative services.
 - **Need:** Expand detection services to include all relevant public institutions.
 - Document Analysis: The strategy focuses on schools and hospitals but lacks comprehensive coverage across all relevant services.
- Challenge: No detailed training for staff across services on handling and processing detection requests.
 - o **Need:** Implement comprehensive training programs for staff.
 - Document Analysis: The strategy does not detail the training for staff on handling detection requests.

3. Autism-Specific Learning Programs

3.1. Education on Autism for Families

- **Challenge:** Lack of specificity regarding the depth of educational content that addresses the full spectrum of autism and its challenges.
 - o **Need:** Develop comprehensive educational programs for families.
 - Document Analysis: The strategy mentions education for families but lacks specificity regarding the depth of content.
- Challenge: No mention of how educational resources and training programs are tailored to meet the diverse needs of families, including cultural and linguistic diversity.
 - **Need:** Offer diverse and accessible educational programs for families.
 - Document Analysis: The strategy does not detail how educational resources are tailored to diverse family needs.

3.2. Education on Non-Autism for Autistic Individuals

- Challenge: No specification on presenting societal norms neutrally, without forcing conformity, and respecting the individuality of autistic persons.
 - o **Need:** Develop a neutral and respectful curriculum for autistic individuals.
 - Document Analysis: The strategy acknowledges the need but lacks specifics on presenting societal norms neutrally.
- **Challenge:** Lack of detailed programming on engaging and practical learning experiences for autistic individuals.

- o **Need:** Create interactive and practical learning experiences.
- Document Analysis: The strategy lacks detailed programming on how these concepts will be taught practically.

3.3. Societal Awareness of Autism

- **Challenge:** Limited detail on addressing the complexities of autism, including sensory sensitivities and communication challenges, in awareness campaigns.
 - Need: Design comprehensive awareness campaigns covering a wide range of autismrelated topics.
 - Document Analysis: The strategy includes initiatives to increase public awareness but lacks depth and breadth.
- **Challenge:** Lack of explicit mention of involving autistic individuals in creating and delivering awareness campaigns.
 - o **Need:** Ensure autistic individuals are involved in awareness campaigns.
 - Document Analysis: The strategy does not mention involving autistic individuals in the creation and delivery of awareness campaigns.

4. Program for the Flourishing of Autistic Persons

- **Challenge:** Lack of specific programs facilitating connection with nature and animal interaction, which are beneficial for autistic individuals.
 - Need: Develop programs that facilitate connection with nature and animal interaction.
 - Document Analysis: The strategy lacks specific mentions of these beneficial programs.
- **Challenge:** No specific strategies addressing the spiritual and philosophical development needs of autistic persons.
 - o **Need:** Create programs addressing spiritual and philosophical development.
 - o **Document Analysis:** The strategy does not detail these specific strategies.
- Challenge: Does not address how autistic individuals will be supported in developing and maintaining relationships.
 - o **Need:** Develop support programs for building and maintaining relationships.
 - o **Document Analysis:** The strategy does not address support for relationships.
- **Challenge:** Lacks comprehensive strategies tailored to prevent distress and depression among autistic individuals.
 - o **Need:** Implement targeted mental health initiatives.
 - Document Analysis: The strategy mentions mental health support but lacks comprehensive strategies.
- Challenge: No specific strategies to help autistic individuals at risk of getting lost.
 - Need: Develop safety measures for at-risk autistic individuals.
 - Document Analysis: The strategy discusses general safety but not specific strategies.
- Challenge: No detailed plans on protecting autistic individuals from abuse or exploitation by others.
 - o **Need:** Establish protection measures against abuse and exploitation.
 - Document Analysis: The strategy lacks detailed protection plans.

- Challenge: Does not address systemic issues disproportionately affecting autistic individuals.
 - o **Need:** Implement systemic protection measures.
 - Document Analysis: The strategy does not address protection against systemic issues.
- Challenge: Lacks details on empowering autistic individuals as they age.
 - o **Need:** Develop programs supporting autonomy and empowerment with aging.
 - o **Document Analysis:** The strategy mentions support for aging but lacks details.

5. Supplementary Personalized Support

5.1. Individual Support

- Challenge: No mention of remote emergency assistance services for autistic individuals.
 - **Need:** Implement remote emergency assistance services.
 - Document Analysis: The strategy does not mention emergency assistance services accessible remotely.
- **Challenge:** Does not detail how support services will be personalized to fit the diverse needs within the autism spectrum.
 - o **Need:** Customize support services based on individual assessments.
 - o **Document Analysis:** The strategy lacks details on personalizing support services.

5.2. Support for Families and Caregivers

- **Challenge:** Lacks specific strategies for offering guidance and practical support tailored to families' needs.
 - o **Need:** Provide tailored support and guidance for families.
 - Document Analysis: The strategy lacks detailed plans for training families and caregivers.

6. Monitoring and Guarantee Mechanism for the Fundamental Rights of Autistic Persons

- Challenge: Lacks specific mechanisms or programs dedicated to monitoring and guaranteeing the rights of autistic persons.
 - o **Need:** Establish dedicated monitoring mechanisms.
 - Document Analysis: The strategy acknowledges rights but lacks specific monitoring mechanisms.
- Challenge: No detailed implementation plans for protecting and monitoring these rights.
 - o **Need:** Develop actionable guidelines for rights protection.
 - o **Document Analysis:** The strategy lacks detailed implementation plans.
- Challenge: Limited details on including autistic individuals in public decision-making processes.
 - Need: Enhance participation mechanisms for autistic individuals.
 - Document Analysis: The strategy lacks details on including autistic individuals in decision-making.

7. Public Defender of the Autistics

- Challenge: No mention of a dedicated role or body for defending the rights of autistic individuals.
 - Need: Establish a Public Defender office.
 - o **Document Analysis:** The strategy does not specify creating a Public Defender role.
- **Challenge:** No detailed process for handling and responding to complaints from autistic individuals.
 - Need: Develop a detailed complaint process.
 - o **Document Analysis:** The strategy lacks a detailed complaint handling process.
- **Challenge:** Lacks a clear framework for judicial action when rights are violated.
 - o **Need:** Establish a judicial framework for protecting rights.
 - o **Document Analysis:** The strategy lacks a clear framework for judicial action.

3. Overlooked or Underrepresented **Demographic Groups:**

First Nations People:

- **Challenge**: Lack of culturally appropriate autism services that incorporate traditional practices and languages.
- **Need**: Services developed in collaboration with First Nations communities to ensure cultural relevance and effectiveness.
- **Document Analysis**: The document mentions inclusivity but lacks detailed plans for culturally tailored interventions and direct involvement of First Nations people in the strategy's development.

Culturally and Linguistically Diverse (CALD) People:

- Challenge: Barriers due to language differences and cultural misunderstandings can impede access to services.
- **Need**: Culturally sensitive services that offer language support and are developed with input from CALD communities.
- **Document Analysis**: Recognizes the need for culturally competent services but lacks specifics on addressing language barriers and cultural competence in service delivery.

Infants and Toddlers:

- **Challenge**: Critical early developmental stages may lack specific autism support.
- **Need**: Early diagnosis and tailored intervention programs designed specifically for the youngest age group.
- **Document Analysis**: The strategy mentions early intervention but falls short of outlining detailed actions to enhance services for infants and toddlers.

Young People (12 to 30 years):

- **Challenge**: Diverse needs within a broad age range, including educational transitions and early career challenges.
- **Need**: Programs that support educational and vocational transitions, mental health, and independent living skills.
- **Document Analysis**: Acknowledges the need for support across life transitions but lacks concrete measures for targeted support programs within this age group.

Older People:

- **Challenge**: Potential isolation and lack of services tailored to aging autistic adults.
- **Need**: Development of support services that address both autism and aging-related challenges.
- **Document Analysis**: Lacks specific initiatives addressing the needs of older autistic adults.

Women, Girls, and Gender-Diverse People:

- **Challenge**: Higher likelihood of misdiagnosis or late diagnosis and facing gender-specific challenges.
- **Need**: Research and services tailored to understand and meet the specific needs of women, girls, and gender-diverse individuals.
- **Document Analysis**: Notes issues of underdiagnosis but does not commit to genderspecific research or service adjustments.

LGBTQIA+ Community:

- Challenge: Dual stigma from being both autistic and a member of the LGBTQIA+ community.
- **Need**: Supportive services that address the intersectionality of LGBTQIA+ identity and autism.
- **Document Analysis**: Recognizes intersectional disadvantage but does not provide specific plans for services addressing this intersection.

People in Regional, Rural, and Remote Areas:

- **Challenge**: Limited access to specialized autism services due to geographic isolation.
- **Need**: Expansion of services into these areas, possibly using telehealth and mobile service units.
- **Document Analysis**: Commits to improving access yet lacks specific strategies for service delivery in remote locations.

Inclusivity and Representation of Newer Autistic Advocates:

- Challenge: Lack of Clear Inclusion of Diverse Voices
- **Need:** Ensure meaningful incorporation of feedback from newer autistic advocates.

 Document Analysis: The strategy lacks clear documentation on how feedback from newer autistic advocates has been incorporated, raising concerns about the depth of stakeholder engagement.

• People Who Use Alternative or Augmentative Communication, or Are Non-Speaking or Minimally-Speaking:

- **Challenge**: Accessibility issues in communication restrict full participation in society.
- Need: Enhanced access to and training in the use of augmentative and alternative communication tools.
- **Document Analysis**: The strategy notes the need for inclusive communication methods but does not detail specific actions to increase the availability of these tools.

People with Intellectual Disability:

- **Challenge**: Often face barriers in accessing tailored autism support that also considers intellectual challenges.
- Need: Services that specifically cater to individuals with both intellectual disability and autism.
- Document Analysis: The document lacks specific initiatives for integrating support for autism with intellectual disability services.

People with Co-occurring Neurotypes, Disabilities, and Medical Health Conditions:

- **Challenge**: Managing multiple co-occurring conditions can complicate access to suitable support.
- **Need**: Integrated service models that address complex health needs alongside autism.
- **Document Analysis**: Mentions integration of services but lacks detailed plans for comprehensive healthcare frameworks.

People with Complex and High Support Needs:

- **Challenge**: High dependency on support services, which may not always be adequately tailored to their specific needs.
- **Need**: Highly personalized care plans that are flexible and responsive to changing needs.
- **Document Analysis**: Mentions the need for tailored supports but does not provide concrete measures for developing these personalized services.

People Living in Supported Independent Living:

- **Challenge**: Risks of inadequate support in settings that do not fully cater to individual needs.
- **Need**: Quality control and regular assessments to ensure living arrangements meet the necessary standards of support.
- **Document Analysis**: The strategy does not detail measures to enhance support in independent living arrangements.

People Living in Segregated Accommodation, Group Homes, and Institutions:

- **Challenge**: Potential for isolation and inadequate care in segregated settings.
- **Need**: Oversight and reform to ensure these environments provide adequate care and opportunities for community integration.
- **Document Analysis:** Lacks detailed actions to address the specific needs of autistic individuals in segregated accommodations.

People with Experience of Trauma and Violence:

- **Challenge**: Higher vulnerability to trauma and violence, with insufficient support for recovery.
- **Need**: Trauma-informed care and specific support mechanisms to address and prevent violence and abuse.
- **Document Analysis**: Acknowledges the risk but lacks a comprehensive plan for traumainformed care and support.

People in Child Protection and Justice Systems:

- Challenge: Navigating these systems can be particularly challenging for autistic individuals due to misunderstandings and lack of tailored support.
- **Need**: Training for professionals within these systems and specialized advocacy to support autistic individuals.
- **Document Analysis**: The strategy mentions these systems but does not detail specific reforms or support initiatives to aid autistic individuals within them.

Autistic Individuals from Low Socioeconomic Backgrounds:

- Challenge: Economic barriers limit access to essential resources, such as healthcare, education, and therapy services. Additionally, poverty can exacerbate the difficulties faced by autistic individuals, affecting their overall quality of life.
- **Need**: Enhanced access to resources like educational tools, therapeutic services, and technology that aid in communication and learning. Implementation of financial support programs and community-based initiatives to reduce economic barriers.
- Document Analysis: The document does not explicitly address the intersection of socioeconomic status with autism, missing opportunities to develop specific support mechanisms or financial aid programs for this group.

E-6. Reflections on Methodological Challenges

E-6.1. Main Problem: the Highly Paradoxical Nature of Autistic Participation and Co-Leadership

Explores the inherent paradoxes, given the social characteristics of autism, in the participation and co-leadership of autistic individuals in government working groups.

1. The Major Incompatibilities

This section delves into the profound and inherent contradictions involved in the participation and co-leadership of autistic individuals within government working groups. These paradoxes underscore the substantial incompatibilities and seemingly theoretical impossibilities that arise from the essential nature of autism, contrasting sharply with the typical requirements and dynamics of such participatory roles.

1.1. Autistic Meaningful Participation: An Inherent Contradiction

Autistic participation in group settings can be likened to inherently contradictory notions such as a "mute singer" or a "blind pilot." Similarly, it may evoke the absurdity of a "wet fire" or a "fish tree climbing contest," illustrating the deep-seated paradox.

Autism's core characteristics, which include a preference for individual work over group participation, make the idea of collective involvement highly incompatible.

Many autistic individuals experience difficulties with social interactions, including interpreting social cues, understanding unspoken rules, and engaging in small talk. These challenges can make participation in group settings, which often rely heavily on these skills, particularly demanding. Autistic individuals may communicate differently, preferring direct and literal language over abstract or ambiguous expressions. This can sometimes lead to misunderstandings or miscommunications in group discussions that are more nuanced or rely on implied meanings.

Even with the most socially adapted autistic individuals, we observe that they almost never want to participate in associative works. The response, "I do not want to be a member or part of a group," is more than common.

Autistic people work individually; this is a truism.

In the very rare cases when they accept (or proactively seek) to participate in a collective project, in more than 90% of the cases (in our 10 years of experience), their motivations are not the announced goal (which is too abstract and too far from their daily concerns) but are instead personal. They may not realize the inherent wrongness of this, particularly due to the "social recognition" mechanism. This misalignment is not only detrimental to their personal well-being but also counterproductive for the collective effort.

1.2. Incompatibility with Abstract and Theoretical Notions

Government working groups often engage in activities that are theoretical and abstract, adding another layer of difficulty for autistic individuals. Public policy working groups are inherently abstract and barely measurable in effects, which makes them even more incompatible with the autistic disposition. Autistic individuals typically show little interest in such activities. They can sometimes say that they like some initiative, but they would not participate.

1.3. Lack of High Social Perspective and Altruism

Effective participation in national public policy working groups requires a high level of social awareness and altruism. This motivation should be genuine, aimed at improving the lives of autistic people in a country. Such a role implies a very high sense of the broad nature of society and an attitude of self-abnegation, which is the exact opposite of the very definition of the word "autism." While this does not imply that autistic people are inherently selfish, it does highlight that the more autistic you are, the more you live "in your own world" - as opposed to interacting with "the world of others", which is diametrically opposed to the collective engagement required in these settings.

This mismatch highlights the fundamental discord between the inherent characteristics of autism and the expectations of such participatory roles.

1.4. Co-leadership: An Autistic Antinomy

The notion of autistic co-leadership compounds the paradox. Co-leadership not only involves participation but also requires a relationship of authority or hierarchy, concepts often foreign to autistic individuals. The "Theory of Mind" suggests that autistic individuals have difficulty understanding and predicting the thoughts and feelings of others, making leadership roles particularly challenging. The idea of managing or having authority over others is largely incompatible with the autistic perspective, which often disregards social hierarchies and external opinions.

1.4.1. Double Paradox of "Co-" & "Leading"

The concept of "co-leadership" contains dual incompatibilities: the need for collective work and the act of leading. Balancing social interactions in a leadership role, especially between an autistic individual and a non-autistic counterpart, is exceedingly challenging. Even among non-autistic

individuals, co-leadership is complex, and adding the dynamics of autism further complicates the situation, making it seem almost impossible.

1.4.2. Evaluating the Practicality of Autistic Co-Leadership

Given the major and serious incompatibilities and problems related to "autistic co-leadership," particularly in the realm of public policies and governmental relations, one might wonder if it is really necessary. The complexities and challenges inherent in autistic participation, such as social communication difficulties and the abstract nature of public policy work, raise questions about the practicality and effectiveness of co-leadership roles for autistic individuals in these contexts. It suggests that, while well-intentioned, the push for co-leadership may have gone too far, potentially overlooking the unique needs and preferences of autistic individuals.

1.4.3. Absence of Any Notion of Co-Leadership in UN CRPD General Comment No. 7

Moreover, even the <u>UN CRPD General Comment No. 7</u>, which provides extensive guidelines on how consultations and participations should occur, does not mention the concept of "co-leadership" for organizations of disabled people in relation to public authorities, administration, and working groups or councils. This omission indicates that while the inclusion and active involvement of persons with disabilities are emphasized, the notion of co-leadership may not be seen as essential or practical within the framework of the UN's guidelines on disability rights and participation.

2. Very Paradoxical and Troubling Consequences

2.1. Systemic Ignorance of Autism Nature

The current system operates as if the challenges of collective functioning and co-leadership are non-existent, ignoring the nature of autism. Consequently, autistic representatives are expected to function like non-autistic individuals in these roles, which is unrealistic and dismissive of their unique needs and perspectives.

2.2. Emulating Non-Autistic Behaviors

To effectively manage the complexities of participation and co-leadership, autistic individuals often need to emulate behaviors and skills that are contrary to their nature.

2.3. Systemic Exclusion of Most Autistic Individuals

These fundamental problems create a systemic exclusion of nearly all autistic individuals from participation and co-leadership in government working groups. Only those who can "act" in less autistic ways—those who can mask or adapt their behaviors to fit neurotypical norms—are able to access such groups and positions. This exclusion is highly paradoxical and troubling, as it contradicts the very essence of inclusive and representative participation.

2.4. Paradox of Access for "Less Autistically Functioning" Individuals

The system inadvertently selects for autistic individuals who exhibit fewer autistic traits, undermining the goal of true representation. Those who are less impacted by the core characteristics of autism, or who can effectively mask their traits, are the ones who navigate these spaces. This situation creates a paradox where the voices that are meant to represent the autistic community are often the least representative of the diverse spectrum of autistic experiences.

2.5. Representation Paradox

This paradoxical situation undermines the authenticity of their representation, as they must navigate the demands of group dynamics in ways that do not align with their natural tendencies.

2.6. Inadaptation of the UN CRPD Article 4.3

Despite these paradoxes, the UN CRPD Article 4.3 - which therefore is not adapted to autism here - mandates the "close consultation" and "active participation" of individuals with disabilities in policy-making.

This requirement is usually present in national disability laws, yet it does not adequately address the deep-seated incompatibilities discussed here.

And efforts to address secondary challenges like sensory and communication issues often overlook the fundamental problems of collective functioning and co-leadership.

Note on the Lack of Proper Consideration of Autism by the CRPD:

Interested readers seeking to better understand these issues will find the <u>contribution</u> of our colleagues from <u>Autistic Minority International</u> regarding <u>CRPD General Comment No. 7</u> to be of great interest. These critical comments also address additional issues but tend to support our points, particularly when they refer to the informal nature of attempts at autistic collaboration, as well as the difficulties in terms of organization and representation (which we attempt to address here from a more theoretical perspective, based on the "deep mechanisms of autism").

2.7. Accessibility Failures

Additionally, this oversight exemplifies a lack of accessibility, as discussed in chapter E-4.2. The system's failure to accommodate the nature of autism in these contexts may contradict the principles of the UN CRPD, but such a discussion is definitely not in the scope of our organization, which is purely 'diplomatical' and not about making demands or complaints to the governments.)

2.8. Potential for Burnout

The demands of emulating non-autistic behaviors can lead to significant stress and burnout for autistic individuals, further diminishing their ability to contribute effectively.

3. Resulting Perplexity About These Extreme Paradoxes

The extreme paradoxes in autistic participation raise questions about the authenticity and representativity of their contributions or other actions. When autistic individuals must exhibit

extreme social abilities to navigate government relations, their participation may not genuinely reflect the autistic experience. This situation also casts doubt on their motivations, even if they do not perceive any wrongdoing.

3.1. Risk of Tokenism

The pressure for autistic individuals to conform to non-autistic behaviors in these roles may lead to tokenism, where their presence is symbolic rather than impactful.

3.2. Sympathetic Relationships and Their Problems

To reach such high positions or levels of participation, autistic advocates often need to develop sympathetic or friendly relationships with government staff. This situation creates several problematic dynamics:

- **Conflict of Interest:** Developing friendly relationships can lead to conflicts of interest, where advocates may feel pressured to align with government perspectives rather than challenging them.
- Reduced Advocacy Effectiveness: Advocates may become less vocal about various challenges or complaints to maintain their positions and relationships, undermining their effectiveness in representing the autistic community.
- **Compromised Representation:** The need to maintain positive relationships can lead to compromises, where advocates prioritize personal rapport over genuine advocacy.
- **Ambivalent Situations:** The dual role of being an advocate while also being a friend to government staff creates ambivalence, potentially leading to diluted advocacy efforts.
- **Perception of Bias**: There may be a perception of bias from both the autistic community and the government, questioning the advocate's ability to remain impartial and effective.
- Lack of Trust Among Other Autistics: These necessary friendly relationships can lead to a lack of trust from other autistic individuals, who may feel that their advocates are not fully representing their interests or are somewhat betraying their cause by aligning too closely with government perspectives.

4. Frustrations and Oppressions of Autistic People as Drivers for Political Advocacy

Frustrations and Oppressions

For almost all autistic individuals, unfortunately, life is filled with frequent frustrations and oppressions. Whether it's social misunderstandings, discrimination, or a lack of appropriate support, autistic people often encounter obstacles that hinder their personal and professional development. These painful experiences can be a powerful motivator for engaging in political advocacy, and this is rarely as positive as one might initially assume.

Contrast with Daily Life

When an autistic person participates in decision-making bodies within a public authority, the contrast with their usual "inferiorized" life is stark. This transition from marginalization to social recognition significantly enhances the sense of validation and power. This long-awaited recognition is an intense source of motivation for active involvement in political advocacy, whereas in their daily lives, autistic people struggle greatly to find employment or even accomplish ordinary tasks due to socio-generated barriers.

High Risk of Confusing Goals for Means

As seen in previous chapters, not only are the difficulties of participating in such activities numerous and powerful to the point of making it theoretically impossible, but the motivation of autistic individuals in terms of abstract and theoretically altruistic political actions is extremely low.

If we consider, on the other hand, the quasi-existential need of "socialized" autistic people to overcome the frustrations and oppressions they experience and perceive, especially by accessing the social Holy Grail of "social recognition," then it is permissible to question whether the main objective is not the one desperately needed (due to personal daily sufferings) rather than the very abstract and less motivating one (concerning the supposed sufferings of other autistic people who are unknown, distant, and vague).

Thus, it seems evident, in view of these mechanisms, that there is a particularly high risk of using the activity of "representation" and political activism to – even without conscious intention – serve one's own ego and satisfy an intense thirst for recognition, which is certainly a highly debatable issue, likely to lead to all sorts of perverse or undesirable effects. And this is generally observed in practice.

Ease of Access

This participation can be relatively accessible for sufficiently communicative and motivated autistic individuals. Indeed, public authorities, seeking "autistic voices" to inform (and legitimize) their policies, often struggle to find autistic people capable and willing to assume these roles. This need creates an opportunity for those who wish to engage, despite the inherent challenges of communication and social interaction. Thus, "social autistics" (an antinomic concept) become sought-after assets, and if their social skills (thus non-autistic) are sufficiently high, then the doors to public consultation easily open.

Reinforcement in Case of Intersectionality

The motivation for engagement in advocacy is even stronger among autistic individuals with intersectional profiles. Whether it's ethnic diversity, affective preferences, or physical traits perceived as unfavorable, these individuals often accumulate multiple sources of frustration and oppression. Observation of advocates in committees, regardless of the country, shows that they are often endowed with such intersectional characteristics. Autistic individuals "without intersectionality" tend to be discreet and rarely motivated for such participation.

⇒ Summary

In summary, the more an autistic person is (or has been) frustrated and/or oppressed, the stronger their motivation for "high positions" or activities will be. This is not necessarily insincere, and their advocacy can be beneficial for the cause (sometimes with measurable results, particularly for the intersectional segments they represent), but there are always ambiguities or doubts about the degree of altruism and the extent of personal considerations and interests.

Public authorities, very pleased to find these rare individuals, do not hesitate to cover them with honors and medals, which inevitably raises the strong probability of perverse effects.

Solution: Refounded Consultation and Participation without Distorting Intermediaries

All these problems could be avoided if autism were properly considered in consultation and participation processes. By understanding and avoiding all the previously described pitfalls, notably by bypassing the notion of autistic representativity (which is theoretically impossible to achieve authentically), we could eliminate these issues of honors and "co-leadership." Direct and inclusive consultation, without biases or personal influences, would allow for a fairer assessment of needs and the creation of more relevant solutions

In the end, although the frustrations and oppressions experienced by autistic people can transform into powerful drivers for engagement in political advocacy, this engagement is not ideal. It suffices to conduct direct consultation and eliminate the notion of representativity, thus removing questions of honors and co-leadership, and allowing for an authentic and effective response to the needs of the autistic community.

5. Note to Prevent "Automatic Accusations" Against Us

The Diplomatic Organization of Autistan – which is 'extra-national':

- does not represent anyone (this is not part of its objectives),
- has no intention of invoking a right (such as those of the UN CRPD, or national legislations),
- therefore has no advocacy activities similar to national organizations, but rather information,
- thus does not aim for any "position," honors, etc.,
- is very careful of the pitfalls of conflicts of interest and issues of "shiny autism."

→ Therefore, we are not (or very, very little) affected by the issues mentioned in this section, namely representativity biases, and it is precisely this freedom that allows us to explain them without fearing that these criticisms will have negative repercussions on inexisting expectations for "positions," honors, or other advantages, which are not at all part of our plans because, precisely, our concept was created with an understanding (for 10 years) of the mechanisms we are trying to expose here, which are so harmful to the autistic cause.

(Even if some of our members sometimes participated in governmental work in a country, it would be done discreetly enough to avoid these problems, and this discretion and relative anonymity are not an issue since we never participate in any decision (especially not "co-leadership"), we limit ourselves to informing, and it is always the public authorities who decide.)

Furthermore, it is important to note that despite the paradoxes and theoretical impossibilities described regarding national organizations of autistic individuals and parents, naturally they always have priority in national advocacy. We only propose complementary things, and paths and solutions enabled by our neutrality and the absence of any hold on us by the mechanisms of "advantages."

6. → Conclusion

These paradoxes and issues highlight systemic barriers that prevent true inclusion, indicating a need for substantial changes in how autistic participation is structured and supported.

The paradoxical nature of autistic participation and co-leadership in government working groups underscores a complex interplay of individual capabilities, systemic expectations, and the intrinsic nature of autism.

Addressing these issues requires a nuanced understanding of autism, a reevaluation of participation structures, and a commitment to genuinely accommodating diverse ways of thinking and interacting.

E-6.2. The Inevitable Representation **Bias: Aligning with Non-Autistic** Perspectives ___

Considers the inherent bias in consultation and participation methodologies, particularly regarding the representation of less disabled autistic individuals.

Although this issue has already been discussed in other parts of this document, we find it so important (and perhaps central to explaining some of the weaknesses in the draft strategy document) that we wish to dedicate a more visible chapter to it.

In this chapter below, we have tried to gather, organize and synthesize all other mentions of this issue present in our document, which addressed this problem from various angles in different sections.

1. Aspects of Representation Bias

1. Socially Skilled Autistic Representatives

- o Advanced Social Skills and Political Navigation: Only autistic individuals with advanced social skills and the ability to navigate complex political landscapes are typically able to participate in higher-level consultations and co-leadership roles. These skills allow them to fit into the expected norms and behaviors of non-autistic settings, making their participation more acceptable and effective in these contexts.
- o **Selective Inclusion**: The system inherently favors those who can mask their autistic traits or adapt to neurotypical norms, leading to a selection bias where only those who can perform in a less autistic manner are included in these roles. This selection process excludes many autistic individuals who face greater challenges in social communication and interaction.

2. Adoption of Non-Autistic Agendas and Desires

- Alignment with Non-Autistic Perspectives: To succeed in these roles, autistic individuals often adopt agendas and desires that align more closely with non-autistic perspectives. This alignment is driven by the need to fit in, gain acceptance, and effectively communicate within the predominantly neurotypical environments of government and policy-making.
- o **Pressure to Conform**: The pressure to conform to non-autistic norms can lead these representatives to prioritize issues and solutions that resonate more with non-autistic stakeholders, rather than focusing on the core needs and challenges experienced by the broader autistic community.

2. Consequences of Representation Bias

1. Distancing from Core Autistic Experiences and Needs

- Misrepresentation of the Autistic Community: As these representatives align more with non-autistic perspectives, their advocacy and policy recommendations may not accurately reflect the diverse experiences and needs of the autistic community. This misrepresentation can result in policies that do not effectively address the real challenges faced by autistic individuals (Text 2, Section 2.2; Text 4).
- Lack of True Representation: The views and needs of the majority of autistic individuals, particularly those with significant sensory sensitivities, communication differences, and social interaction challenges, remain unrepresented. The few autistic individuals who achieve involvement often adopt priorities that align more with neurotypical perspectives, further distancing them from the core experiences and needs of the autistic community (Text 2, Section 2.2).

2. Misaligned Policies and Ineffective Solutions

- **Inadequate Policy Development**: Policies influenced by these representatives may not adequately address the core challenges faced by the broader autistic community. This misalignment leads to ineffective solutions that fail to meet the needs of those with more significant disabilities (Text 2, Section 3.2; Text 4).
- **Superficial Solutions**: Without genuine representation, policies may focus on surface-level issues, such as behavioral interventions or social skills training, rather

than addressing underlying systemic problems like accessibility, support services, and inclusion in all aspects of society (Text 2, Section 3.2).

3. Increased Marginalization and Social Exclusion

- Continued Marginalization: Autistic individuals who face significant challenges continue to be marginalized by policies that do not consider their unique needs. This marginalization perpetuates their exclusion from social, educational, and occupational opportunities (Text 2, Section 3.3).
- Self-Exclusion: Many autistic individuals may choose to self-exclude from participation in these processes due to the inaccessibility and misalignment of priorities, leading to further isolation and disenfranchisement (Text 2, Section 3.3).

4. Mental Health and Trust Issues

- Increased Stress and Anxiety: The pressure to conform and the failure to see their needs reflected in policy can increase stress and anxiety among autistic individuals.
 This can lead to feelings of isolation, frustration, and a sense of not being heard or valued (Text 2, Sections 3.4 and 3.5).
- Erosion of Trust: Repeated exclusion and misrepresentation erode trust between autistic individuals and public bodies. This loss of trust diminishes the potential for ongoing collaboration and improvement in policy development (Text 2, Section 3.5).

5. Perpetuation of Stereotypes and Misunderstandings

- Misunderstanding of Autism: Without direct and diverse input from autistic individuals, public bodies may continue to rely on stereotypes and misconceptions in their policies. This reliance can perpetuate harmful myths and misunderstandings about autism (Text 2, Section 3.6).
- Perpetuation of Stereotypes: The lack of diverse input can lead to policies that reinforce existing stereotypes, such as viewing autism solely through a behavioral lens, rather than understanding it as a spectrum with a wide range of experiences and needs (Text 2, Section 3.6).

6. Ethical and Legal Concerns

- Non-Compliance with Laws: Public bodies may fail to comply with legal requirements for accessibility and inclusion, raising legal and ethical concerns about the fairness and equity of the consultation process (Text 2, Section 3.7).
- Ethical Concerns: Exclusion of diverse autistic voices raises ethical concerns about the legitimacy and justice of the consultation and policy-making process. This exclusion questions the commitment to principles of equity and inclusivity (Text 2, Section 3.7).

7. Negative Public Perception and Missed Opportunities

- o **Poor Public Image**: Public bodies that exclude autistic individuals from meaningful participation may be viewed negatively by the broader community. This negative perception can damage the credibility and legitimacy of these bodies (Text 2, Section 3.8).
- Missed Opportunities for Improvement: The exclusion of autistic individuals from the policy-making process results in missed opportunities for innovative and effective policy development. Autistic individuals bring unique perspectives and solutions that are critical for addressing the complexities of autism (Text 2, Section 3.9).

8. Inefficiency and Resource Wastage

- o **Revising Ineffective Policies**: Resources are wasted on developing and implementing policies that do not work effectively for autistic individuals. This inefficiency necessitates costly revisions and adjustments (Text 2, Section 3.10).
- o Cost of Exclusion: The long-term costs of excluding autistic individuals, such as increased need for support services and mental health interventions, can outweigh the initial investment in accessibility. These costs highlight the importance of inclusive and representative policy development (Text 2, Section 3.10).

Specific Instances and Comments Highlighting Representation Bias

- **Pitfalls of Autistic Leadership**: The reality that only a few autistic individuals are both willing and able to assume leadership roles means they cannot effectively represent the broader autistic community. This selective representation likely contributes to the gaps in the current draft of the national strategy.
- **Prioritizing True Representation**: The necessity of broadening consultations to ensure that the voices of all groups within the autistic community are heard, not just those of socially skilled individuals. True representation requires capturing the full spectrum of autistic experiences and needs.
- **Conflict with Parental Demands**: There is an antagonism between the demands of parents and the demands of socially capable autistic individuals. This conflict leads to policies that may not fully integrate the needs of the more disabled autistic population. Bridging this gap requires a deep and nuanced understanding of autism.

⇒ Conclusion

The analysis reveals that the representation bias in autistic participation and co-leadership is a complex issue with far-reaching consequences. The inherent incompatibilities, social and structural barriers, systemic exclusion, non-representative participation, and misalignment with the broader autistic community all contribute to the creation of misaligned policies, increased marginalization, mental health issues, perpetuation of stereotypes, ethical concerns, negative public perception, missed opportunities, and resource wastage. Addressing these issues requires a deep understanding of autism, a reevaluation of participation structures, and a commitment to genuinely accommodating diverse ways of thinking and interacting. Ensuring true representation means including voices from across the entire spectrum of autism, not just those who can conform to nonautistic norms.

E-6.3. First Solutions to 'Non-Autistic **Collective Participation' and Non-Autistic Co-Leadership'**

1. General Considerations

Understanding the Flaws of "Autistic Representativity"

In view of everything discussed previously, the solutions to avoid the pitfalls resulting from these incompatibilities are guite simple: it is enough to understand that the concept of "autistic representativity" is inherently flawed because it is theoretically impossible. When a public authority understands this, it should stop relying on this concept and prefer methods based on direct consultation and participation, without intermediaries supposed to "speak for others."

Necessity of Direct Consultation and Participation

This principle is simple, but it is obviously quite difficult to implement in reality due to the communication difficulties with almost all autistic individuals. However, these efforts are necessary. It is improper to rely on a handful of "autistic representatives," claiming to "consult and involve autistic people," when in reality, this is done only with the "extreme tip" that is the least autistic of the autism spectrum. These individuals are subject to the risks of perverse effects and confusion between goals and means, as we have explained, a theory that unfortunately is often confirmed.

Critique of the "Easy" Solution

In conclusion, we believe it is not good to settle for the "easy" solution of a very narrow intersection between "non-autism" and "the least autistic part of autism," given the numerous paradoxes, incompatibilities, inconsistencies, and harmful effects we have attempted to demonstrate (even if it is somewhat confusing, and we apologize for that).

Analogies to Misleading Representations

It's a bit like, in the context of deafness, only inviting people who are deaf but can hear very well thanks to a long-implanted prosthesis. Or, in the context of blindness, only inviting people who are slightly nearsighted and equipped with glasses. Or, stretching the comparisons a bit, in the context of racism, only inviting a few people who had an ancestor "of color" over a century ago (and who, therefore, are supposed to understand a bit of the difficulties), because "inviting truly 'black' people" would be too difficult.

Challenges and Justifications for Fidelity to the Original

Yes, of course, it is very difficult to directly consult and involve autistic people (with authentically autistic behavior), but 'difficult' is not synonymous with 'impossible.' This option of 'fidelity to the original' seems infinitely more just than the opposite, which is - very non-autistically - practiced until now.

Adapting Consultation to Autism: A Holistic Perspective

For consultation and participation, as in other areas, one must be adapted to autism. Otherwise, as usual, the results (despite sincere good intentions) are a kind of imposition and conformity to nonautism. This is not in the interest of autistic people, nor even in the interest of society if one considers things from a holistic point of view.

This means understanding the interest and usefulness of autism for society in terms of creativity and prevention of the "robotic standardization" of the human species.

More simply and concretely, autistic individuals can function as "advanced ultra-sensitive detectors" (like the sensors and alarms of a security system) for the (many) social flaws and vices that poison human life and even life on Earth in general. This is becoming increasingly difficult to deny despite all the mechanisms of illusion favored by society to divert its attention from this disaster.

2. Theorical Examples of Actionable Steps for Public **Authorities**

- 1. Acknowledge the Flaws in Current Representation Models: Public authorities should recognize that the concept of "autistic representativity" is inherently flawed. This acknowledgment is the first step toward changing the current approach.
- 2. Implement Direct Consultation Methods: Develop and implement methods for direct consultation with autistic individuals. This could include creating safe and supportive environments for autistic people to express their views without intermediaries.
- 3. Training for Public Officials: Train government officials and staff on how to effectively communicate with and understand the perspectives of autistic individuals. This training should cover the nuances and specifics of autism to avoid misunderstandings and ensure meaningful engagement.
- 4. **Use of Technology**: Utilize technology to facilitate direct communication. Tools like online forums, virtual meetings, and assistive communication devices can help bridge the communication gap.
- 5. Establish Autistic Advisory Panels: Form advisory panels consisting of a diverse group of autistic individuals who can provide direct input on policies and initiatives. Ensure these panels are not dominated by those with the least autistic traits.
- 6. Feedback Mechanisms: Create robust feedback mechanisms to continuously improve the consultation processes. This includes regular reviews and updates based on the experiences and suggestions of the autistic participants.

- 7. **Public Awareness Campaigns**: Conduct public awareness campaigns to educate the general population about the importance of direct participation of autistic individuals in decision-making processes.
- 8. **Resource Allocation**: Allocate resources specifically for the development and implementation of these direct consultation methods. This includes funding for training, technology, and support systems.
- 9. **Pilot Programs**: Start with pilot programs to test the effectiveness of these new consultation methods. Use the insights gained from these pilots to refine and expand the approach.
- 10. **Collaboration with Autism Organizations**: Work closely with autism advocacy and support organizations to ensure the methods are inclusive and effective. These organizations can provide valuable insights and support in the implementation process.

3. About Detailed Design and Implementation

We will not discuss the precise details of the design and implementation of such direct and faithful consultation and participation measures here, as they are inevitably delicate. However, we can participate in work or discussions on this topic if you are open to it.

E-6.4. Secondary Methodological Problems and Solutions

Here is an attempt to list all the various problems, gaps, and concerns identified in the methodology of the Strategy, excluding the primary issue of representation bias (or 'impossible genuine representation') discussed above.

Additionally, a few basic, conventional suggestions for solutions are proposed.

1. Specific Programs and Initiatives

Issue: The draft strategy lacks detailed programs tailored to different life stages such as early childhood and older adulthood.

? Suggestions for Improvement:

- Develop specific programs for each life stage, such as:
 - Early Childhood: Early intervention programs that include support for parents and training for early childhood educators.
 - Adolescence: Transition services that prepare autistic teenagers for adulthood, including vocational training and social skills development.
 - Adulthood: Employment support programs, independent living skills training, and mental health services.
 - o **Older Adulthood:** Services addressing the unique needs of aging autistic individuals, including healthcare, housing, and community engagement.

2. Involvement of Representative Organisations

Issue: The extent of involvement of various representative organisations in the co-production process is unclear.

? Suggestions for Improvement:

- Clearly define the roles and responsibilities of autistic individuals and advocacy groups in the co-production process.
- Establish formal partnerships with key autistic advocacy groups to ensure continuous involvement of a diverse range of autistic voices.
- Develop a transparent process for ensuring that autistic individuals can participate directly in strategy development and review.
- Prioritize direct consultation with autistic individuals, ensuring their voices are heard without reliance on intermediaries who may distort their perspectives.

3. Detailed Implementation Plans

Issue: Specific actions, responsible parties, and timelines in the Action Plans need further detailing.

? Suggestions for Improvement:

- Develop comprehensive action plans that include:
 - o **Specific Actions:** Clearly outlined steps to achieve each goal.
 - Responsible Parties: Identification of organizations or individuals responsible for each action.
 - o **Timelines:** Defined deadlines for the completion of each action.
- Regularly review and update these plans to reflect progress and changing needs.

4. Funding Allocations and Mechanisms

Issue: Specific funding allocations and mechanisms are not clearly outlined.

? Suggestions for Improvement:

- Develop a detailed budget that outlines:
 - **Funding Sources:** Identifying where the funding will come from (government, private sector, grants).
 - **Funding Amounts:** Specific amounts allocated to each program or initiative.
 - Funding Timelines: Schedule for the release of funds.
- Ensure transparency and accountability in how funds are allocated and spent.

5. Training Programs and Accreditation

Issue: Detailed training programs and accreditation processes for professionals are not specified.

? Suggestions for Improvement:

- Develop and implement comprehensive training programs for professionals working with autistic individuals, including:
 - Healthcare Providers: Training on neurodiversity and the specific health needs of autistic individuals.
 - o **Educators:** Inclusive education practices and understanding of autism.
 - o **Employers:** Creating autism-friendly workplaces.
- Establish accreditation processes to ensure the quality and consistency of these training programs.

6. Integration Mechanisms with Other Policies

Issue: Specific mechanisms for integrating the autism strategy with other policies need further clarity.

? Suggestions for Improvement:

- Clearly outline how the autism strategy will align and integrate with other key government policies such as:
 - Disability Strategy: Ensuring that autism-specific needs are addressed within broader disability frameworks.
 - Health Policies: Coordinating with public health initiatives to improve healthcare access for autistic individuals.
 - Education Policies: Integrating with national education reforms to support autistic students.
- Develop interdepartmental task forces to facilitate coordination between different government agencies.

7. COVID-19 Actions

Issue: Specific actions to mitigate the ongoing impacts of COVID-19 on autistic individuals are not detailed.

? Suggestions for Improvement:

- Include targeted actions to address COVID-19 impacts such as:
 - Mental Health Support: Increased access to mental health services for those affected by the pandemic.
 - Educational Support: Additional resources for autistic students who have faced disruptions in their education.
 - Employment Support: Programs to help autistic individuals regain employment or transition to new job opportunities.
- Monitor and evaluate the effectiveness of these actions to adapt and improve as needed.

8. Review Timelines and Processes

Issue: Detailed review timelines and processes to ensure continuous improvement of the strategy are not specified.

Suggestions for Improvement:

- Establish clear timelines for regular reviews and evaluations of the strategy.
- Define specific metrics and indicators to measure progress and effectiveness.
- Involve autistic individuals and advocacy groups in the review process to ensure their perspectives are considered.

9. Data Collection and Usage

Issue: More detailed information on the data collection methods and how data will be used is needed.

Suggestions for Improvement:

- Develop a comprehensive data collection plan that includes:
 - o **Methods:** Specific techniques for collecting data (surveys, interviews, focus groups).
 - o **Sources:** Identifying sources of data (health records, educational institutions, employment agencies).
 - o **Timelines:** Schedule for regular data collection and analysis.
- Use the collected data to inform policy decisions and improve services, ensuring transparency in how data is used and shared.

10. Research and Innovation

Issue: More concrete plans on how research will be integrated into policy and practice are needed.

Suggestions for Improvement:

- Promote and fund research that addresses the needs and experiences of autistic individuals.
- Foster partnerships between researchers, policymakers, and the autism community to ensure research findings are effectively translated into practice.
- Develop a framework for integrating new research findings into ongoing policy and program development.

11. Legal and Policy Framework

Issue: More detailed recommendations for specific legislative changes to support the strategy's implementation are needed.

Suggestions for Improvement:

- Identify areas where legislative changes are required to enhance the rights and support for autistic individuals.
- Provide detailed recommendations for new policies or amendments to existing legislation to support the strategy's goals.
- Advocate for the inclusion of these legislative changes in broader government agendas.

12. Holistic Approach and Comprehensive Needs Assessment

Issue: The holistic approach could be more explicitly detailed, covering all life stages from early diagnosis and intervention to adult services and aging.

Suggestions for Improvement:

- Develop specific objectives and actions for each life stage, ensuring comprehensive support from early childhood through to older age.
- Include a more detailed needs assessment covering diverse groups within the autistic community, focusing on intersectional challenges.
- Highlight specific gaps in current services and supports that the strategy intends to address, supported by data from needs assessments.

E-6.5. Linguistic Experimentation with the Commitments

This chapter presents a linguistic test where "Autistic" was replaced with "Atheist" and "Autism" with "Atheism" to evaluate the flexibility and inclusivity of the commitments in the National Autism Strategy.

1. Presentation of the Linguistic Experimentation

Introduction to the Linguistic Experimentation

This "linguistic experimentation" was conducted to evaluate the relevance, flexibility, and universality of the commitments formulated in the National Autism Strategy.

/> It is important to clarify that this test does not imply any kind of consideration of the existence or non-existence of "God" nor the validity of religions.

The manipulation of words, where "Autistic" was replaced by "Atheist" and "Autism" by "Atheism," is solely a linguistic and semantic tool.

This technique allows us to test the robustness of the commitments by applying them to a different identity, in this case, atheists.

2. Modified Commitments Text

Social Inclusion

- 1. Improve understanding of, and change attitudes towards, Atheist people across all of society, through:
 - a. Greater public education and awareness including a better understanding of atheism within workplaces, and with a focus on health, education and the criminal justice system.
 - b. Increasing visibility and representation of **Atheist** people in the media, sports and the arts.
 - c. Increasing accessible and sensory-friendly public and online spaces.
 - d. Increasing the capability of advocates and advocacy organisations to challenge and reduce stigma of atheism.
- 2. Increase opportunities for social connections and peer support.
- 3. Improve Australian Government service delivery, communication, and information to meet the needs of **Atheist** people.
- 4. Ensure consideration of the needs of Atheist people in future amendments to or reviews of the [Disability] Discrimination Act 1992 (Cth) and associated [disability] standards.
- 5. Improve the safety and welfare of **Atheist** people through the reduction of all forms of discrimination, violence, abuse, bullying, vilification, and exploitation.

Economic Inclusion

- 6. Increase meaningful employment opportunities (including business ownership, selfemployment, entrepreneurship, and social enterprises) for Atheist people.
- 7. Support employers to hire and retain **Atheist** employees through improving the accessibility of recruitment processes and fostering workplace environments that are safe and inclusive for all Atheist people.
- 8. Improve the supports and services available to **Atheist** people to ensure they have choice and control over their education and careers.
- 9. Increase representation of Atheist people in senior and board positions to promote people as visible role models.
- 10. Improve inclusive practices and the quality and accessibility of advocacy resources for Atheist students across all education settings, and their families, carers and support networks.
- 11. Build on commitment 5 to specifically focus on **Atheist** students in all levels of education.

Diagnosis, Services, and Supports

12. Consider the use and consistency of current identification screening, outcome, and Adiagnostic tools. Work with relevant professional bodies to develop a set of standardised co-designed training/professional development and resource materials to support professionals involved in the identification, assessment and Adiagnosis of atheism to improve the experience, and quality of this process for **Atheist** people and their families and carers.

- 13. Develop a set of best practice resources to support **Atheist** people and their families, carers, and support networks through the identification, assessment and **Adiagnosis** process.
- 14. Explore ways to improve access to primary care, including through the Medicare Benefits Schedule (MBS), to:
 - a. improve quality health and mental health services for **Atheist** people, with a focus on continuity of care, and
 - b. explore ways to make **atheism** diagnosis and assessment processes more timely and accessible.
- 15. Consider early screening and identification arrangements, and improved access to health professionals.
- 16. Improve access to quality, timely, neurodiversity-affirming, and equitable supports and services for **Atheist** people, including for people living in rural, regional and remote areas.
- 17. Encourage greater representation of people with lived experience in delivering supports and services to **Atheist** people.
- 18. Develop a set of best practice training and resource materials for people providing services and supports to **Atheist** people.
- 19. Explore the feasibility of a decision-making tool to empower **Atheist** people to make informed decisions about all areas of their life.
- 20. Work with states and territories to improve service integration between the NDIS, foundational supports and mainstream services.

Governance

- 21. Develop a governance framework to support:
 - a. strong accountability mechanisms,
 - b. co-leadership and active involvement of **Atheist** people, as well as parents and carers, and professionals within the **atheism** sector, and
 - c. whole-of-government, cross-sectoral, and coordinated approaches to implementation.

Research

22. Explore how **atheism** research can best be fostered and applied to policy and service delivery and underpinned by the Strategy's Guiding Principles.

Evidence

23. Develop a National **Atheism Strategy** Evidence Framework, including a Theory of Change, Program Logic, Outcomes Framework, and Evaluation Framework.

Evaluation and Reporting

24. Develop a robust Evaluation Plan and reporting mechanism, co-led by **Atheist** people and the **atheism** community, for the National **Atheism** Strategy.

3. ➡ Conclusion of the Linguistic Experimentation ■

The comparison allows us to identify certain problems in the original formulation of the commitments. Here are the specific issues that emerge after replacing "Autistic" with "Atheist" and "Autism" with "Atheism":

1. Excessive A Pathologization:

○ The emphasis on △diagnosis and △diagnostic tools in the context of autism may perpetuate a Amedicalized and Apathologizing view of autism.

2. Implicit Stigmatization and Paternalistic Approach:

- Some commitments may implicitly stigmatize or adopt a paternalistic approach towards autistic people, which becomes evident when applied to atheism. For example:
 - "Develop a set of standardised co-designed training/professional development and resource materials to support professionals involved in the identification, assessment and diagnosis of autism to improve the experience, and quality of this process for **Atheist** people and their families and carers."
 - When replaced with atheism, this implies that atheism needs professional intervention and improvement, which is stigmatizing.

3. Lack of Relevance and Generality:

- o Some commitments are too specific and lack relevance in a broader context, requiring reformulation to be more inclusive and adaptable. For example:
 - "Consider the use and consistency of current identification screening, outcome, and diagnostic tools. Work with relevant professional bodies to develop a set of standardised co-designed training/professional development and resource materials to support professionals involved in the identification, assessment and diagnosis of autism to improve the experience, and quality of this process for Autistic people and their families and carers."
 - When applied to atheism, this commitment lacks relevance as it assumes atheism requires identification and diagnosis tools. (see "4. Important note")
 - "Develop a set of best practice resources to support Autistic people and their families, carers, and support networks through the identification, assessment and diagnosis process."
 - This is too specific to a medical context and does not translate well to other identities.

4. Lack of Flexibility:

o The commitments are not flexible enough to apply to other groups, which can limit their effectiveness and inclusivity.

5. Practical Implementation Difficulties:

o The commitments may lack clear and practical guidelines for implementation, highlighted by the practical applicability issues in the context of atheism.

6. Problematic Concept of Research:

The idea of "atheism presearch" seems inappropriate and demeaning, as it implies that atheism requires scientific investigation in a manner similar to medical conditions, which is not applicable.

7. **X** Combativeness and Defectology in Language:

- o The concept of a "national strategy" for atheism appears combative and may implicitly suggest that atheism is a problem to be managed or fixed. This choice of terminology can reinforce negative stereotypes and perceptions.
 - Indeed, as explained in our Comment N°1 in section C-1., for some readers less informed about modern perspectives on autism, the term "national strategy" in the context of autism can carry unintended connotations, potentially being perceived as adversarial, reinforcing the common misconception that autism is something that needs to be combated or defeated. While the document clearly aims to support and enhance the lives of autistic individuals through structured initiatives, many people may only see the title without delving into the detailed content.

In summary, the comparison has allowed us to highlight specific problems in the original formulation of the commitments, particularly in terms of pathologization, relevance, flexibility, implicit stigmatization, practical applicability, combative language, and inappropriate concepts of research.

4. Note on Diagnosis/Detection and Limits of the Comparison

While autism and atheism are fundamentally different, and this comparison has its limits, it is crucial to recognize the necessity of "detecting autism" (as opposed to "diagnosing" it) in our current societal context. It is necessary to know if a person is autistic to provide appropriate support and accommodations tailored to individual needs.

This necessity arises because society still needs to make significant efforts to better accommodate autism in various settings.

If there were a truly holistic vision with comprehensive policies for autism accessibility and corresponding practical measures, the need to identify whether a person is autistic at the individual level would be greatly reduced. In an inclusive environment designed with universal access comprising the needs of autistic individuals, the need for specific declarations or identifications would diminish, as the environment would already be accommodating.

This reduced necessity for society to identify autistic people, which would stem from a better accessibility approach and policies including autism, is one of the many advantages of the concept of "accessibility for autistic people," which we mention in many places throughout this document. We insist on the almost always forgotten need to encompass also the "human/social accessibility" to ensure a fully inclusive environment for autistic individuals.

However, regardless of these broader considerations, it remains essential for autistic individuals to know that they are autistic. This self-awareness helps them better navigate their relationship with society and mitigates the distress that can arise from feeling different. Recognizing their autism can empower them to understand and embrace their identity, reducing the negative impact of their differences.

In summary, while the comparison highlights certain issues in the commitments, it is vital to balance this with the understanding that the current need for autism detection (improperly called "diagnosis") is deeply tied to the societal changes required to create genuinely inclusive environments.

5. Additional Considerations

In addition, it may be useful to:

- **Reformulate Certain Commitments:** To avoid pathologization and adopt more inclusive and general language.
- Verify Inclusivity: Ensure that the commitments consider the diverse needs and experiences of different groups.
- Evaluate Practical Implementation: Provide clear and practical guidelines for the implementation of commitments.
- Adjust Terminology: Consider more neutral and inclusive terminology that avoids combative or defectological implications, such as "national plan" or "framework" or "scheme" instead of "strategy."

This linguistic experimentation has thus revealed potential areas for improvement in the National Autism Strategy, highlighting aspects that could benefit from reformulation to be more inclusive, relevant, and applicable.

E-7. Probable Unintended Consequences of Strategy Strengths

E-7.1. The particularly strong and effective commitment for participation and co-leadership by [some] autistic individuals in the Strategy

Here is a brief reminder of some 'pillars' of this approach.

Anyway, even without these explicit mentions, this constant concern is evident throughout the draft document and the entire process of building the Strategy.

1. Guiding Principles

- The Strategy's guiding principles include a commitment to the mantra "Nothing about us, without us," emphasizing that the strategy will be co-designed, co-produced, co-reviewed, and co-delivered with [some] autistic individuals, their families, and their support networks.
 - Quote: "In partnership Nothing about us, without us. This Strategy will be co-designed, co-produced, co-reviewed and co-delivered with [some] Autistic people, and their families and carers and support networks."
 - This principle underscores a strong commitment to ensuring that [some] autistic individuals are actively involved in every stage of the strategy's development and implementation.

2. Governance Framework

- The Strategy outlines the development of a governance framework that includes strong accountability mechanisms and the active involvement of [some] autistic people, parents, carers, and professionals within the autism sector.
 - Quote: "Develop a governance framework to support: strong accountability mechanisms, co-leadership and active involvement of [some] Autistic people, as well as

parents and carers, and professionals within the autism sector, and whole-ofgovernment, cross-sectoral and coordinated approaches to implementation."

This commitment ensures that [some] autistic individuals have a significant role in decision-making processes, providing a platform for their voices to be heard and their insights to shape policy and practices.

3. Implementation Plans

- The Strategy will be supported by three Action Plans (short-term, medium-term, and longterm) which will be informed by consultations and feedback from [some] autistic individuals and the broader autism community.
 - Quote: "Three Action Plans will support implementation of the Strategy: First Action Plan: short-term (the first year), Second Action Plan: medium-term (the next few years), and Third Action Plan: long-term (longer term actions). The first Action Plan will be informed by the work of the National Autism Strategy Oversight Council and Working Groups, the national consultations undertaken during the development of this Strategy, and a range of reports commissioned by the Australian Government."
 - This iterative approach ensures ongoing engagement and adjustment based on the lived experiences and needs of [some] autistic people.

4. Evaluation and Reporting

- The Strategy includes a robust evaluation plan and reporting mechanism co-led by [some] autistic individuals and the autism community.
 - Quote: "Develop a robust Evaluation Plan and reporting mechanism, co-led by [some] Autistic people and the autism community, for the National Autism Strategy."
 - This co-leadership in evaluation processes ensures that [some] autistic individuals have a continuous role in monitoring the Strategy's effectiveness and making necessary adjustments.

5. National Consultation

- The development of the Strategy involved extensive consultation with over 2,000 participants, including a significant number of [some] autistic individuals.
 - o Quote: "A multi-method engagement process was led by engagement specialists, The Social Deck, between 4 September 2023 and mid-November 2023. Community engagement was designed with consideration of the Autism CRC co-design and community insights report. This approach aimed to support as many people as possible to contribute in a variety of ways and to choose the methods that best suited them. This included the opportunity to contribute no matter where they lived in Australia."
 - This consultation aimed to gather diverse perspectives and ensure that the Strategy addresses the real-life concerns and aspirations of [some of] the autistic community.

6. Representation and Visibility

- The Strategy commits to increasing the visibility and representation of [some] autistic people in media, sports, and the arts, as well as in senior and board positions.
 - Quote: "Increase representation of [some] Autistic people in senior and board positions to promote people as visible role models."
 - Quote: "Increasing visibility and representation of Autistic people in the media, sports and the arts."
 - This effort promotes [some] autistic individuals as role models and leaders, further integrating their participation in societal roles and decision-making processes.

7. Research and Evidence Framework

- The Strategy includes a commitment to fostering autism research that is co-produced with [some] autistic people.
 - Quote: "Explore how autism research can best be fostered and applied to policy and service delivery and underpinned by the Strategy's Guiding Principles.
 - Quote: "Drive co-produced research that builds capability and understanding of the experience of [some] Autistic people in relation to the Strategy's key themes."
 - This approach ensures that research agendas are aligned with the priorities and needs of [some of] the autistic community, supporting evidence-based policies and services that genuinely reflect their lived experiences.

8. ⇒ Conclusion ■

In summary, the Australian Draft National Autism Strategy demonstrates a particularly strong and effective commitment to participation and co-leadership by [some] autistic individuals through its guiding principles, governance framework, iterative implementation plans, inclusive consultation processes, emphasis on visibility and representation, and a robust research and evidence framework.

These elements collectively ensure that [some] autistic individuals are not only included but also play a pivotal role in shaping the Strategy and its outcomes.

Note: The mention "[some]" that has been added above refers roughly to "the less autistic ones".

E-7.2. Brief reminder of the apparent gaps in the strategy regarding significant autistic challenges and underrepresented demographic groups

For the purposes of the demonstration attempt undertaken in this section E-7, here is a summary of two types of issues identified by the analysis, which have already been summarized in section E-5 dedicated to them.

Overlooked Autistic Challenges and Needs <a>_

- Insufficient understanding of autism within the community and key professions, resulting in negative experiences, social and economic exclusion, and discrimination.
- Significant delays and inconsistent practices in obtaining autism diagnoses across regions, with no clear plan to reduce waiting times or standardize diagnostic practices.
- Lack of specific measures for creating sensory-friendly environments and addressing social barriers in various domains, including public places, healthcare, employment, and leisure activities.
- Lack of detailed plans for direct assistance services addressing sensory and social barriers in transportation, education, healthcare, and public services.
- No plans to improve transportation services tailored to autistic individuals' needs.
- Limited focus on supporting autistic individuals in accessing and succeeding in post-secondary education.
- Lack of detailed action plans to ensure necessary adjustments and supports for autistic students in educational settings.
- Emergency services do not cater to the sensory and communication needs of autistic individuals.
- Therapeutic interventions are mentioned briefly without clear action plans or specific funding details.
- Lack of specific mental health crisis support protocols and training for mental health professionals.
- Limited access to comprehensive healthcare and support services in rural and remote areas.
- Insufficient focus on long-term healthcare plans and ongoing adult support services.
- · Lack of integrated health services for co-occurring conditions among autistic individuals.
- Lack of detailed strategies or actions to address homelessness and barriers to accessing justice services.
- Insufficient emphasis on employment and vocational training tailored to autistic adults.
- General employment initiatives are not customized to the needs and abilities of autistic individuals.
- Critical shortage of autism-specific professionals, with no detailed initiatives to address this issue.
- Limited integration of advanced assistive technologies in daily living support.
- Autistic individuals are at higher risk of violence and abuse, with inadequate protection and support mechanisms.
- Lack of comprehensive transition plans for major life transitions, such as education to employment or youth to adult services.
- Complex and poorly integrated service system creates substantial navigation burdens for autistic individuals and their families.
- Missing specific policies for entrepreneurship support for autistic individuals.

- No strategies to manage interactions hindered by sensory and communication barriers in law enforcement and private security services.
- No specific strategies to address attitudinal barriers within administration and public services.
- No protections against administrative and judicial errors impacting autistic individuals.
- Lack of support for autistic-led initiatives in self-advocacy and engagement.
- No strategies for enabling autistic individuals to participate fully in political life, considering communication challenges.
- Lack of services that assist autistic individuals directly in public places and transportation.
- No detailed services tailored to autistic needs in education and culture.
- Missing personalized assistance services for navigating workplace challenges.
- No specifics on personalized assistance in leisure activities.
- No immediate, accessible assistance services for emergency situations in healthcare.
- No assistance services for stressful encounters with law enforcement or security.
- · No detail on assistance services tailored to autistic individuals in public services.
- No assistance services for navigating complex legal settings.
- Lacks support and assistance services for meaningful engagement in self-advocacy.
- No supports for autistic individuals in political participation.
- · No detailed mechanism for requesting autism detection services.
- Lacks comprehensive coverage of detection services across all relevant services.
- · No detailed training for staff on handling detection requests.
- Educational programs for families lack specificity and depth.
- No mention of how educational resources and training programs are tailored to diverse family needs.
- No specification on presenting societal norms neutrally and respecting the individuality of autistic persons.
- Lack of detailed programming on engaging and practical learning experiences for autistic individuals.
- Limited detail on addressing the complexities of autism in awareness campaigns.
- Lack of involvement of autistic individuals in creating and delivering awareness campaigns.
- Lack of specific programs facilitating connection with nature and animal interaction.
- No strategies addressing the spiritual and philosophical development needs of autistic persons.
- Does not address support for autistic individuals in developing and maintaining relationships.
- Lacks comprehensive strategies to prevent distress and depression among autistic individuals.
- No specific strategies to help autistic individuals at risk of getting lost.
- No detailed plans on protecting autistic individuals from abuse or exploitation.
- Does not address systemic issues disproportionately affecting autistic individuals.
- Lacks details on empowering autistic individuals as they age.
- No mention of remote emergency assistance services for autistic individuals.
- Does not detail how support services will be personalized to fit the diverse needs within the autism spectrum.
- Lacks specific strategies for offering guidance and practical support tailored to families' needs.
- Lacks mechanisms or programs dedicated to monitoring and guaranteeing the rights of autistic persons.
- No detailed implementation plans for protecting and monitoring autistic individuals' rights.
- Limited details on including autistic individuals in public decision-making processes.
- No mention of a dedicated role or body for defending the rights of autistic individuals.

- No detailed process for handling and responding to complaints from autistic individuals.
- Lacks a clear framework for judicial action when autistic individuals' rights are violated.

Overlooked or Underrepresented Demographic Groups

- · Lack of detailed plans for culturally tailored interventions and involvement of First Nations people.
- No specifics on addressing language barriers and cultural competence in services for CALD individuals.
- No detailed actions to enhance services for infants and toddlers.
- No concrete measures for targeted support programs for young people.
- No specific initiatives addressing the needs of older autistic adults.
- No commitment to gender-specific research or service adjustments for women, girls, and gender-diverse people.
- No specific plans for services addressing the intersectionality of LGBTQIA+ identity and autism.
- No specific strategies for service delivery in remote locations.
- No detailed actions to increase availability of communication tools for non-speaking or minimally-speaking individuals.
- No specific initiatives for integrating support for autism with intellectual disability services.
- No detailed plans for comprehensive healthcare frameworks for individuals with co-occurring conditions.
- No concrete measures for developing highly personalized care plans for individuals with complex needs.
- No measures to enhance support in independent living arrangements.
- No detailed actions to address the specific needs of autistic individuals in segregated accommodations.
- No comprehensive plan for trauma-informed care and support for individuals with experience of trauma and violence.
- No specific reforms or support initiatives for autistic individuals in child protection and justice systems.
- No specific support mechanisms or financial aid programs for autistic individuals from low socioeconomic backgrounds.

E-7.3. The general trend of the Strategy towards the socialization of autistic individuals

1. Analysis of the National Autism Strategy for Indications of Intent to "Socialize" Autistic Individuals or Implications that Non-Autistic Social Norms are Inherently Good and Should be Adopted by Them

 ∴ There are some redundancies in the document, particularly in this chapter, which are difficult to correct due to a lack of time and the complexity of this topic.

 ∴ Thank you for your understanding.

1. Findings

1. Social Inclusion

- "Social inclusion is about ensuring everyone has the opportunity to participate fully in our society. Social inclusion allows the equal opportunity for people to learn, work, connect and collaborate with others, and have a voice, including those who are nonspeaking or minimally-speaking."
 - **Implication**: This statement is generally positive, promoting the possibility of inclusion.
 - However, it assumes that participation in societal norms is inherently good without considering whether these norms need to be adapted to be genuinely inclusive of autistic experiences.

2. Full Participation

- "Full participation in social, recreational, sporting, religious and cultural life is central to Autistic people living an accessible and connected life within their communities."
 - Implication: While advocating for full participation,
 this statement implies that involvement in these activities, and being
 "connected" is universally beneficial for autistic people, potentially overlooking individual preferences and needs, suggesting that adapting to these activities and such a "connected life" is obviously necessary.

3. Social Connections and Community Participation

- "Increase opportunities for social connections and peer support."
 - Implication: While increasing social connections seems generally positive,
 it could imply that autistic individuals should participate more in social activities without considering whether they desire these connections or if the social environments are adapted to their needs.
 Like with the previous point, it suggests that such "connections" are obviously good.

4. Reducing stigma

 "Increasing the capability of advocates and advocacy organisations to challenge and reduce stigma of autism." Implication: While reducing stigma is important,

 this statement might imply that the goal is to make autistic individuals appear more acceptable to non-autistic norms, rather than challenging and changing those norms themselves to be more inclusive.

5. Increasing visibility and representation

- "Increasing visibility and representation of Autistic people in the media, sports and the arts."
 - **Implication**: This statement does not specify whether these domains will adapt to be inclusive or if autistic people are expected to fit into existing non-autistic norms.
 - - Additionally, the concept of "visibility" itself is typically rooted in non-autistic social norms. The commitment to increasing visibility and representation of autistic individuals in media, sports, and the arts is a strong indication of the assumption made by the co-leaders that non-autistic norms are inherently beneficial. This focus on visibility reflects a non-autistic perspective that equates public presence and recognition with success and acceptance. However, it overlooks the fact that for many autistic individuals, such visibility may not align with their personal preferences or comfort levels. This further underscores the implicit bias within the strategy that non-autistic ways of functioning are universally desirable.

6. General Commitments

- "Improve understanding of, and change attitudes towards, Autistic people across all of society, through: a. Greater public education and awareness including a better understanding of autism within workplaces, and with a focus on health, education and the criminal justice system."
 - **Implication**: While the commitment to improving understanding and changing attitudes is positive,
 - it assumes that non-autistic people need to understand autism only to a point that allows autistic people to fit in better. This could subtly imply that the goal is for autistic people to adapt to non-autistic norms rather than creating a mutual understanding and adaptation.
 - Here's a clarification:
 - **Educating Non-Autistic People**: The commitment focuses on educating non-autistic people about autism, which is important. However, the purpose of this education can be interpreted in two ways:
 - To help non-autistic people understand and appreciate the differences and needs of autistic individuals, fostering mutual adaptation and accommodation.
 - To help non-autistic people understand autism in a way that makes it easier for autistic individuals to fit into the existing societal norms and expectations.
 - Implicit Goal of Adaptation: The second interpretation suggests that the main goal would be for autistic individuals to adapt to the current societal norms (which are primarily shaped by non-autistic people). This could imply that autistic people need to change or conform to fit in better, rather than society adapting to be more inclusive and accommodating of neurodiverse individuals.

- Lack of Explicit Call for Structural Changes: The commitment does not explicitly mention the need to change societal structures or environments to be more inclusive of autistic experiences.
 - Without this explicit call for structural adaptation, the focus remains on changing individual attitudes, which may not be sufficient to create truly inclusive environments.

7. Behavioral Expectations

- o "Supporting Autistic students to transition from school to further education and employment is critical."
 - **Implication**: This statement emphasizes the importance of certain life transitions that are valued in non-autistic norms.
 - While education and employment are generally positive, the statement could acknowledge that these paths should be tailored to meet individual autistic needs and preferences.

8. Education and Advocacy

- "Autism training for teachers and schools."
 - **Implication**: While training is important,
 - it could imply that the goal is to help autistic students fit into existing educational norms rather than adapting the education system to better accommodate autistic needs.

9. Employment and Social Skills

- o "Stakeholders have reported poor employment outcomes for Autistic people in Australia as well as identifying underemployment as a significant issue. Autistic people often work below their potential and capacity, resulting in reliance on families, carers and other support networks, and government-funded services and benefits. Barriers to employment range from low education attainment and limited work experience, social and communication difficulties, sensory issues, and anxiety with accessing public transport in order to get to work."
 - **Implication**: This statement lists social and communication difficulties, sensory issues, and anxiety as barriers to employment.
 - This subtly suggests that overcoming these barriers (i.e., socializing) is necessary for success, rather than advocating for workplaces to adapt to neurodiverse communication styles.
 - Additionally, it implies that these barriers are solely due to the characteristics of autistic individuals or autism itself, without acknowledging that many of these barriers stem from attitudinal problems within the workplace, such as lack of understanding, inflexible work environments, and prejudiced attitudes from colleagues and employers. This perspective overlooks the need for systemic changes in the workplace to create an inclusive and supportive environment for neurodiverse employees.

10. Social Skills Training

"Social skills training and support programs can help Autistic people develop the necessary skills to navigate social interactions and build meaningful relationships." **Implication**: This suggests that autistic individuals need to be trained to fit into existing social norms,

which can imply that non-autistic ways of interacting are the standard to be met.

2. Observations and Implications

The quotes from the document reveal an overarching goal to include autistic individuals in societal norms. While inclusion and equal opportunities are crucial, the language often implicitly suggests that participating in non-autistic social norms is inherently good and desirable for all autistic individuals. This perspective risks overlooking the importance of creating environments that genuinely accommodate and value neurodiverse ways of experiencing the world.

3. ⇒ Conclusion

In summary, the analysis shows that while the National Autism Strategy aims to promote inclusion and support for autistic individuals, it occasionally implies that non-autistic social norms are universally desirable. The strategy could be improved by explicitly emphasizing the importance of adapting societal structures to accommodate neurodiversity and by recognizing that not all autistic individuals may find non-autistic norms beneficial or preferable.

4. Additional Considerations

To address these concerns, the strategy could:

- Clearly state the importance of respecting and accommodating the unique preferences and needs of autistic individuals, rather than implying that they should conform to non-autistic
- Highlight the value of creating inclusive environments that inherently support neurodiversity, reducing the pressure on autistic individuals to adapt.
- Ensure that language used in the strategy does not inadvertently suggest that non-autistic ways of being are superior or more desirable.

By adopting these considerations, the strategy can better support the diverse experiences and needs of autistic individuals, fostering a truly inclusive and accommodating society.

2. Synthesis of our Previous Insights on Socialization and **Desirability of Non-Autistic Norms**

 \cancel{s} There are some redundancies in the document, particularly in this chapter, which are difficult to correct due to a lack of time and the complexity of this topic. \bigwedge Thank you for your understanding.

Section C-1: Our Initial Comments

- Comment on "Nothing about us, without us."
 - Potential Problem: The phrase "Nothing about us, without us" is positive in intention, ensuring that autistic individuals are included in decision-making processes. However, it may unintentionally suggest that only those who can engage in typical social and governance activities are valued.
 - This implies that autistic individuals need to conform to non-autistic norms to participate meaningfully (which can marginalize those with significant social and communication challenges).
 - By setting a standard for participation that aligns with non-autistic social norms, it indirectly pressures autistic individuals to behave in ways that may not be natural or comfortable for them.
 - This system indirectly forces autistic individuals to socialize and adopt nonautistic functioning in order to have their needs addressed.
 - The slogan inherently assumes that participation is easy and obvious, overlooking the fact that traditional forms of participation can be particularly challenging for many autistic individuals. It assumes that non-autistic ways of participation are universally good, further marginalizing those who cannot easily conform to these norms. This creates additional stress and barriers for those who find traditional social interaction difficult.

Section C-2: Our Most Appreciated Points (and How to Improve or **Balance Them)**

- **Appreciation for Increased Representation**
 - Potential Problem: Increasing visibility and representation of autistic individuals in media, sports, and arts is commendable.
 - However, if this visibility requires autistic individuals to adapt to existing societal norms, it could imply that success and visibility are contingent on their ability to conform to non-autistic standards.
 - This might overlook the importance of adapting these fields to be more inclusive and accommodating of neurodiverse individuals.
 - This approach can lead to autistic individuals feeling pressured to "fit in" rather than being accepted as they are.

Section C-3: Our Concerns after a Refined Analysis

- **Concern about Social Skills Training**
 - o Potential Problem: Emphasizing social skills training suggests that autistic individuals need to learn to fit into non-autistic social norms.
 - This approach places the burden of adaptation on autistic individuals rather than promoting societal acceptance and accommodation of diverse social behaviors and communication styles.
 - It implies that being "more socialized" according to non-autistic standards is necessary for acceptance and success, which can be exclusionary and

stressful for autistic individuals.

Concern about Inclusivity in Consultation

- o **Potential Problem**: The strategy's approach to inclusivity might prioritize the voices of those who can adapt to non-autistic norms.
 - This could result in a skewed representation that does not fully consider or address the needs of those with more significant challenges, thereby perpetuating the idea that effective participation requires conformity to non-autistic standards.
 - This focus on social adaptability pressures autistic individuals to conform to non-autistic ways of socializing and participating in governance.

Section C-4: Our Responses to your Survey

Survey Feedback on Social Integration

- o **Potential Problem**: ft the survey feedback emphasizes better social integration without addressing the need for societal changes, it might suggest that the responsibility for fitting in lies primarily with autistic individuals.
 - This approach overlooks the importance of adapting societal structures to be more inclusive and accommodating of neurodiverse individuals.
 - It implies that autistic individuals need to be more socialized according to non-autistic norms to overcome or adapt to these challenges.

Section C-7: Detailed Comparison: Australian Draft National Autism Strategy vs. "Autistan Model Structure for a National Autism Policy v1.0"

Comparison on Employment Strategies

- o **Potential Problem**: While increasing employment opportunities is crucial, the strategy must ensure that these opportunities are adapted to meet the unique needs of autistic individuals.
 - Focusing solely on increasing employment without addressing workplace adaptations may imply that autistic individuals need to conform to typical workplace norms.
 - This can pressure autistic individuals to behave like non-autistic individuals to be successful in the workplace, which can be exclusionary and stressful.

Section E-4: Most Crucial though Most Overlooked Necessity: Full **Accessibility (Sensory AND Social) for Autistic People**

Emphasis on Sensory Accessibility

- o **Potential Problem**: While addressing sensory issues is essential, the strategy may overlook social barriers that require societal changes.
 - Focusing only on sensory accessibility without addressing social accessibility can imply that autistic individuals need to adapt to existing social structures.

 This approach pressures autistic individuals to conform to non-autistic social norms to be accepted, rather than promoting changes in societal attitudes and behaviors to be more inclusive.

Section E-5: Overlooked Autistic Challenges and Demographic Groups

• Representation of Diverse Autistic Voices

- Potential Problem: The strategy needs to ensure that it includes the voices of autistic individuals who face significant social and communication challenges, not just those who can engage with non-autistic norms.
 - Failing to do so could result in a strategy that does not fully address the needs of the entire autistic community and implies that only those who can adapt to non-autistic ways are considered.
 - This can pressure autistic individuals to conform to non-autistic social norms to have their voices heard and their needs met.

Section E-6: Reflections on Methodological Challenges

Methodological Bias

- Potential Problem: There may be an inherent bias towards including autistic individuals who can adapt to non-autistic ways of socializing and participating in governance.
 - This bias can marginalize those who cannot conform to these norms, leading to a strategy that does not fully address the diverse needs of all autistic individuals.
 - This approach pressures autistic individuals to behave like non-autistic individuals to be considered effective participants.

Section E-7.1: The Particularly Strong and Effective Commitment for Participation and Co-leadership by Some Autistic Individuals in the Strategy

Inclusivity in Co-leadership

- Potential Problem: The focus on co-leadership by some autistic individuals might favor those who are less challenged by social norms and can engage in typical leadership roles.
 - This could suggest that effective participation requires conformity to non-autistic norms, potentially marginalizing those with greater social difficulties.
 - This pressures autistic individuals to be more socialized according to non-autistic standards to be seen as capable leaders and participants.

These points highlight areas where the strategy could unintentionally promote the assimilation of autistic individuals into non-autistic norms rather than fostering an environment of mutual understanding and accommodation.

The document should ensure that efforts to support autistic individuals do not come at the expense of their unique identities and preferences.

3. Potential Bias Towards Non-Autistic Norms in the Strategy

The findings in the two previous chapters suggest that the National Autism Strategy often implies that non-autistic social norms are universally desirable and beneficial for autistic individuals. This mindset, which implicitly values these norms, may shape the overall orientations and decisions of the strategy.

If the leaders, including autistic co-leaders, believe that conforming to non-autistic ways of functioning is inherently desirable, the strategy might prioritize initiatives that encourage socialization and adaptation to these norms.

This focus risks pressuring autistic individuals to adopt behaviors and practices that are not natural or comfortable for them.

By assuming that participation in societal norms is inherently good, the strategy may overlook the need to adapt these norms to be genuinely inclusive of autistic experiences.

Consequently, the strategy may fall short in fully addressing the diverse needs of all autistic individuals (in particular the "less social ones") and in fostering a truly inclusive society.

To better support autistic individuals, the strategy should emphasize creating environments that accommodate and value neurodiverse ways of being, rather than – indirectly - pressuring them to conform to existing norms.

E-7.4. The Limits and Adverse Effects of **Autistic Representativity: Connecting** the Dots

Based on the findings and conclusions of the previous three chapters and many others on this theme in the Australian National Autism Strategy (draft):

1. Strategy Efforts (according to section E-7.1.)

1a. Efforts for Autistic Representation:

Apparently significant efforts are being made for the consultation and participation of what are referred to as "*the* autistic people."

1b. Efforts for Co-Leadership with "Autistic People":

These efforts go so far as to create a concept of "co-leadership" with "*the* autistic people," which

seems quite rare and even exceeds the stipulations and recommendations of the UN CRPD and its General Comment No. 7.

2. Problems Specific to the Strategy (according to section E-7.2.)

2a. Apparent Gaps Concerning Certain Individuals and Needs:

At the same time, there are gaps in addressing those least likely to have participated in consultations, particularly due to communication peculiarities and the "need for non-participation" of most autistic people.

2b. Orientation (which we consider harmful) Towards Non-Autistic Norms and Aspirations:

It is also observed that the Strategy, through many sometimes explicit aspects, creates a sort of orientation or implicit pressure to move towards the socialization of autistic people and (even more implicitly) their adoption of non-autistic norms, which does not seem to require any debate, based on a mindset that tacitly considers it necessarily better and desirable for autistic people.

3. Mechanisms Incompatible with Autism (according to sections E-6.1. and E-6.2.)

3a. Limitations of Consulting Autistic People:

3a1. Challenges:

The peculiarities of autism mean that autistic people generally do not have consideration or understanding for concepts as abstract as these consultations, making it difficult to consult them. Regarding the segment of autistic people who are nonetheless consulted, the nature of autism means that the more they are able and interested in participating in these consultations, the less representative they are of the challenges of autism, which precisely limit the communication and social interactions necessary for these consultations.

- In any case, these limitations imply that there is a very significant portion of autistic people who escape these consultations.
- These difficulties can be mitigated through specific procedures and techniques, but there will always remain an "inaccessible core" of autistic people, and it is this core that faces the greatest challenges, not due to so-called "profound autism," but simply because of the huge gap between the "most authentic" autism and ordinary social norms, which are diametrically opposed, inevitably generating the greatest disruptions.

3a2. Underrepresented Groups:

Furthermore, it is very likely that usually underrepresented demographic groups have not been sufficiently consulted, due to specific obstacles and exclusions most of these groups face, or due to their age and various barriers, such as children in foster care or people in prison.

3b. Adverse Effects of "Autistic Representativity" and "Co-Leadership":

The near-impossibility of the antinomic concept of "autistic representativity" means that the few rare autistic people who engage in "autistic representation" are those situated at the narrow intersection between "autism" and "non-autism," because to be able and willing to do this, they need abilities that are exactly opposite to the essential characteristics of autism.

- Moreover, the significant efforts to achieve this almost always denote a "quasi-non-autistic" mindset, and aspirations to conform to non-autistic norms, or at least these efforts are generally motivated by the search for "social recognition" or "social validation" powerfully conferred by roles at such high levels, which is also a mechanism opposite to that of autism (which has no regard for social esteem).

4. Consequences: Insufficient Consideration of Individuals Furthest from Non-Autism, and a Tendency Towards Non-Autistic Socialization

4a. Resulting Gaps in Addressing the Most Numerous and Difficult Needs and Challenges, and Underrepresentation of Situations and Needs of Usually Underrepresented Groups:

4a1. Consultation Orientation:

The orientation of the consultation carried out with the minority of autistic people having sufficiently few autistic challenges to be able and willing to participate necessarily leads to a focus on the difficulties and needs of these consulted individuals, to the detriment of other individuals (i.e., the vast majority of autistic people).

4a2. Underrepresented Groups:

Similarly, given that it is very likely that underrepresented groups have not been sufficiently consulted, this produces the same effects: an insufficient presence of their needs in the results and orientations of the Strategy.

4b. Non-Autistic Orientation, in the Diametrically Opposite Direction to the Nature of Autism:

The mindset and aspirations of representatives and co-leaders, being very similar to the most common and typical non-autistic mindsets and aspirations, necessarily lead to a "non-autistic polarization" (or "socializing") of the mindset and stipulations and measures of this strategy, based on the belief that what is good for non-autistic people is also good for autistic people, which is not the case since these are two things that follow diametrically opposed values and principles.

5. Explanatory Theory

- Efforts (1) do not prevent certain
- -- Problems specific to the Strategy (2), due to
- --- Mechanisms incompatible with autism (3) that are used, leading to
- ---- Consequences of insufficient consideration of individuals furthest from non-autism and a tendency towards non-autistic socialization (4).

In our opinion, this unfortunate mechanism results from a lack of understanding of the essence and subtleties of autism, and therefore of the things to do and not to do when seeking interactions between autism and non-autism.

If, to achieve this, ordinary non-autistic methods are used (even with some adjustments):

- It is logical that this will produce results heavily influenced by "ordinary non-autism" (and thus not respectful enough of autism and the needs of autistic people);
- This creates a sort of "pressure" (even without bad intentions) to "push autistic people towards non-autism" (which is not respectful either).

6. Suggested Example of Solution

Introduce more understanding of autism and autistic perspectives "not attracted by non-autistic processes", that is, by managing to consult autistic individuals sufficiently expert in autism to usefully discuss all these issues, but who are not interested in questions of "co-leadership" nor any position of power or "visibility" or "serving as a model" etc., which is a guarantee of not being influenced by the problems identified by this theory.

E-7.5. Inclusion as Equality in Access and Opportunities, Not as 'Dilution through Socialization'

The Value of Originality, Creativity, and Autism

Autism, along with originality and diversity in general, plays a crucial role in our society. Various concrete examples illustrate this importance:

In everyday life, we seek diversity and novelty.

In restaurants, we appreciate a variety of dishes and flavors, and we avoid eating the same thing every day. We don't want to mix all the foods together in a mixer; we want to "taste and eat diversity".

In movies, we prefer discovering different stories each time we watch rather than seeing the same film repeatedly.

In museums, we are attracted by the novelty and diversity of the exhibited works, unlike a supermarket where homogeneity prevails.

For a wealthy car collector, it is preferable to own unique and varied models rather than several identical ones, and anyway the fact of buying 50 identical cars would be considered a form of originality in itself and interesting because of its uniqueness.

The pursuit of diversity and originality contrasts with uniformity and duplication, which hinder innovation.

Renewal and adaptation to new things are necessary for the continuity and survival of life. Thus, originality, creativity, and autism provide protection against the standardization and

"robotization" of the human species, preserving the naturalness of humanity. Autism, as a unique expression of human diversity, contributes to this protection.

The Right to Preserve One's Own Nature (i.e., Autistic Nature)

It is crucial to recognize the right of each individual to preserve their own personality and nature, including autistic nature.

This right is based on fundamental human rights and the rights of disabled persons as stipulated by the United Nations Convention on the Rights of Persons with Disabilities (CRPD), which calls for respect for the identity of disabled persons.

Inclusion vs. Integration

It is essential to distinguish between inclusion and integration.

- **Inclusion** simply means "non-exclusion," that is, the possibility of access for all, without necessarily involving a complete transformation or adaptation to majority norms.
- In contrast, **integration** tends to "dissolve" or render invisible the differences, requiring individuals to adopt the values, habits, and culture of the majority to be accepted.

Accepting autistic people (or other different groups) only if they share the same values, ideals, and goals as the majority is not true acceptance. It is a form of disguised exclusion that imposes conditions for acceptance.

It is possible to learn to function in society without necessarily adopting all its aspects. For example, **immigrants or expatriates** learn the basic rules and language to interact in a new society, but they are not obliged to share all the perspectives and lifestyles of that society. Similarly, autistic people can be included in society without being integrated in a way that makes them lose their unique identity. This diversity enriches the whole.

The Right to Equal Access and Opportunities

Inclusion should be seen as equality of access and opportunities, not as an obligation to integrate and dilute into the majority norm. Autistic people have the right to equal opportunities without being forced to conform to the "dictatorship of normality."

Autistic Resistance and Self-Protection

Autism inherently resists the pressure to conform to non-autistic expectations.

This "Autistic Resistance" serves as a form of self-protection against the loss of autistic identity and nature.

Critique of "Autistic Camouflage"

The pursuit of resembling non-autistic people, doing exactly the same, seeking the same values or goals, or "becoming non-autistic" is problematic.

This attitude, known as "autistic camouflage," denies the very essence of autistic diversity and imposes a uniformity that is the opposite of true inclusion.

⇒ Conclusion

In conclusion, inclusion should be seen as equality in access and opportunities, respecting differences without imposing an integration that would dilute those differences. This approach not only respects the rights of autistic people but also enriches society by valuing diversity and originality.

E-7.6. Rebalancing Focus: Authenticity in Autism, Right to Social Distance, and Addressing the Needs of Non-Normalized Autistic Profiles

Introduction

The concept of inclusion in the National Autism Strategy must be understood as ensuring equal access and opportunities, not as enforcing conformity to non-autistic social norms. This distinction is critical to preserving the authenticity of autistic individuals and addressing the unique needs of non-normalized autistic profiles.

Authenticity in Autism

Autistic individuals often experience the world in ways that are fundamentally different from nonautistic norms. Recognizing and valuing this authenticity is crucial. For instance, autistic individuals may find traditional social activities and interactions overwhelming or uninteresting. Instead of pushing them towards these activities, the focus should be on creating environments that respect and accommodate their unique ways of interacting and communicating.

Many autistic individuals face societal expectations to mask or camouflage their autistic traits to fit into the neurotypical mold. This masking can lead to significant psychological stress and a loss of self-identity. Encouraging authenticity allows autistic individuals to live true to themselves, fostering better mental health and well-being. For example, workplaces and schools can implement policies that allow for sensory breaks and alternative communication methods, creating environments where autistic people can thrive without feeling compelled to hide their true selves.

Right to Social Distance

Respecting the right to social distance is another essential aspect. Many autistic individuals prefer minimal social interaction and may experience distress when forced into conventional social settings. It is vital to understand that seeking solitude or limited interaction is a legitimate preference, not a deficiency. Policies should support autistic individuals in maintaining their preferred levels of social distance while ensuring they have access to necessary resources and opportunities.

Social distance should not be viewed negatively but rather as a legitimate choice and necessity for many autistic individuals. Providing spaces where they can retreat and recharge is vital in accommodating their unique sensory and social needs. For instance, schools and public places can design quiet rooms or designated areas where autistic individuals can retreat during times of sensory overload. Additionally, promoting understanding and acceptance of social distance can reduce the pressure on autistic individuals to conform to uncomfortable social interactions, thereby enhancing their overall quality of life.

Addressing the Needs of Non-Normalized Autistic Profiles

The needs of non-normalized autistic profiles often go unmet in strategies that emphasize social integration. For example, those with significant communication challenges or sensory sensitivities may be excluded from consultation processes and decision-making roles. Strategies must include alternative methods to ensure these voices are heard, such as utilizing assistive technologies and tailored communication approaches.

The current focus on normalization can marginalize those who do not conform to these expectations, leaving their needs unmet. A balanced approach should recognize and support the full spectrum of autism, ensuring that individuals with more significant challenges receive appropriate resources and interventions. This includes tailored educational programs, healthcare services, and community support that are flexible and responsive to their unique circumstances. For example, individuals with limited verbal communication skills might benefit from assistive communication devices and specialized therapies.

Moreover, addressing the needs of non-normalized autistic profiles requires a shift in societal attitudes. Rather than viewing these individuals through a deficit lens, we should recognize their strengths and potential contributions. By fostering an inclusive society that values all autistic individuals, we can create a more equitable and supportive environment. Community programs can highlight the talents and achievements of autistic individuals, showcasing their diverse abilities.

Critique of Social Skills Training

Social skills training, as currently implemented, often aims to teach autistic individuals to conform to non-autistic social norms. This approach can be detrimental, suggesting that autistic ways of interacting are inferior. Instead, training should focus on empowering autistic individuals to navigate social environments on their terms, respecting their natural communication styles and preferences.

Examples of Inclusion without Dilution

- Educational Settings: Instead of mainstreaming autistic students without adequate support, educational environments should adapt to their needs, providing sensory-friendly spaces and individualized learning plans.
- Workplaces: Employers should create inclusive workplaces by adopting flexible communication methods and adjusting job roles to align with the strengths of autistic employees, rather than expecting them to fit into pre-existing norms.

⇒ Conclusion

Inclusion should not mean forcing autistic individuals to adapt to non-autistic ways of being. It should mean creating an environment where they can thrive as they are, with equal access to opportunities and resources. This approach ensures that autistic individuals can maintain their authenticity and have their unique needs addressed, promoting a genuinely inclusive society.

E-8. Suggestions for Solutions Regarding the Needs of Autistic People

E-8.1. Some Suggested Solutions for Identified Gaps

Provides suggestions for addressing probable gaps in meeting the needs of autistic individuals

1. Overlooked Autistic Challenges and Needs

1.1. Poor Understanding of Autism

- Challenge: Insufficient understanding of autism within the community and key professions, resulting in negative experiences, social and economic exclusion, and discrimination.
- Need: Comprehensive public education and awareness campaigns, along with training for key professions.
- P Document Analysis: The strategy's plans for public education and awareness campaigns are not sufficiently detailed.
- Suggested Solutions:
 - **Public Education Campaigns:** Launch detailed public education campaigns focusing on various aspects of autism, incorporating real-life stories to humanize the experience.
 - Pror example, national media campaigns featuring autistic individuals sharing their experiences can help demystify autism.
 - o **Professional Training Programs:** Develop mandatory training modules for key professions, such as educators, healthcare providers, and law enforcement, emphasizing the diversity of the autism spectrum and effective communication strategies.
 - Pror instance, annual refresher courses and certification programs can ensure sustained knowledge and sensitivity.

1.2. Diagnosis and Assessment

Delays:

- **Challenge:** Significant delays in obtaining an autism diagnosis, with waiting periods often extending from 6 months to 2 years or more.
- Need: A clear, comprehensive plan to reduce waiting times for autism diagnoses and standardize diagnostic practices across regions.
- **Document Analysis:** The strategy lacks a specific timeline or detailed process for standardizing diagnostic practices to ensure timely and consistent diagnoses.
- Suggested Solutions:
 - Increase Diagnostic Resources: Allocate additional funding to increase the number of diagnostic centers and trained professionals.
 - For example, mobile diagnostic units in rural areas can reduce travel time and costs for families.
 - Standardized Protocols: Implement nationwide standardized diagnostic protocols and timelines to ensure consistency.
 - Regular audits and updates based on the latest research can help maintain high standards.

Inconsistent Practices:

- **Challenge:** Inconsistent diagnostic practices across regions lead to variations in diagnosis quality and timeliness.
- Need: Standardized diagnostic tools and training programs for professionals to achieve consistency nationwide.
- Document Analysis: While the strategy mentions the need for standardized diagnostic tools, it does not provide a detailed implementation plan or training programs for professionals.
- Suggested Solutions:
 - Uniform Training Programs: Develop a centralized training program for all professionals involved in diagnosis, using standardized tools and methods.
 - Regular workshops and online modules can keep professionals updated.
 - Quality Control Mechanisms: Establish quality control mechanisms to monitor diagnostic practices and outcomes.
 - For example, peer reviews and standardized patient feedback forms can identify and address inconsistencies.

1.3. Comprehensive Accessibility

- **Challenge:** Autistic individuals face sensory and social barriers in various environments, including public places, healthcare, employment, and leisure activities.
- **Need:** Concrete measures to create autism-friendly (sensory and social) environments and address social (attitudinal) barriers.
- **Document Analysis:** The strategy acknowledges the need for autism-friendly (sensory and social) environments but lacks specific measures for implementation across various domains.
- Suggested Solutions:

- Autism-Friendly (Sensory and Social) Design Guidelines: Develop and enforce autism-friendly (sensory and social) design guidelines for public and private spaces.
 - OF For instance, quiet hours in supermarkets and autism-friendly (sensory and social) rooms in public buildings can make environments more accessible.
- **Attitudinal Training:** Implement regular training programs for staff in public and private sectors to foster understanding and reduce social barriers.
 - Interactive training sessions with role-playing can help staff empathize with and better support autistic individuals.

1.4. Support and Personalized Assistance Services

- **Challenge:** Lack of detailed and direct assistance services addressing both sensory and social barriers in various settings like transportation, education, healthcare, and public services.
- **Need:** Provision of tailored support services in different settings to address sensory and social barriers.
- **Document Analysis:** The strategy recognizes the need for tailored supports but does not provide detailed plans for direct assistance services.
- Suggested Solutions:
 - Personalized Support Plans: Develop individualized support plans that cater to the specific needs of autistic individuals in different settings.
 - For example, providing noise-canceling headphones in public transportation and one-on-one aides in educational settings can significantly improve accessibility.
 - Integrated Support Services: Create integrated support services that seamlessly coordinate across various sectors.
 - Case managers who assist with navigating services can ensure that autistic individuals receive comprehensive support.

1.5. Transportation Services

- **Challenge:** Lack of plans to improve transportation services to accommodate the needs of autistic individuals, crucial for their independence and access to various services.
- **Need:** Improved transportation services tailored to the needs of autistic individuals.
- **Document Analysis:** There is no mention of plans to improve transportation services for autistic individuals.
- Suggested Solutions:
 - Training for Transport Staff: Train transportation staff to understand and accommodate the needs of autistic passengers.
 - For example, sensitivity training for bus drivers and subway staff can help create a more inclusive travel experience.
 - Autism-Friendly (Sensory and Social) Transport Options: Introduce autismfriendly (sensory and social) transport options, such as quieter carriages on trains and designated quiet areas on buses.
 - Installing visual and auditory cues to assist with navigation can also be beneficial.

1.6. Education

Post-Secondary Education:

- Challenge: Limited focus on supporting autistic individuals in accessing and succeeding in post-secondary educational settings.
- Need: Comprehensive support programs for autistic individuals in higher education.
- o P Document Analysis: The strategy provides limited focus on supporting autistic individuals in post-secondary education.

Suggested Solutions:

- ✓ Support Services in Universities: Establish dedicated support services in universities, including mentorship programs, autism-friendly (sensory and social) study spaces, and specialized career counseling.
 - Peer support groups can also provide valuable social and academic assistance.
- ✓ Scholarships and Grants: Offer scholarships and grants specifically for autistic students to ease financial burdens and encourage higher education participation.

Educational Barriers:

- o **P** Challenge: Lack of detailed action plans to ensure necessary adjustments and supports for autistic students in educational settings.
- o **Need:** Specific measures to address bullying, discrimination, and necessary adjustments in schools.
- o P Document Analysis: The strategy lacks detailed action plans to ensure schools make necessary adjustments and provide appropriate supports for autistic students.

Suggested Solutions:

- ✓ Anti-Bullying Programs: Implement comprehensive anti-bullying programs that include training for staff and students on recognizing and preventing bullying.
 - Greating a reporting system for bullying incidents can ensure timely interventions.
- ✓ Individualized Education Plans (IEPs): Ensure that all autistic students have IEPs tailored to their unique needs.
 - Regular reviews and adjustments to these plans can help accommodate changing needs and improve educational outcomes.

1.7. Emergency Response

- Challenge: Emergency services often do not cater to the sensory and communication needs of autistic individuals, leading to additional stress and inadequate care.
- Need: Specific action plans and detailed protocols tailored to the sensory and communication needs of autistic individuals.
- P Document Analysis: The strategy mentions the need for improved emergency services but lacks specific action plans and detailed protocols.
- **✓** Suggested Solutions:

- **Training for First Responders:** Provide specialized training for first responders on how to interact with autistic individuals.
 - Simulations and role-playing exercises can help responders practice these skills in a controlled environment.
- Emergency Protocols: Develop detailed protocols that address the sensory and communication needs of autistic individuals during emergencies.
 - For instance, creating autism-friendly (sensory and social) emergency rooms and ensuring the availability of communication aids can improve care.

1.8. Healthcare and Support Services

• Therapeutic Interventions:

- **Challenge:** Brief mention of therapeutic interventions without clear action plans or specific funding allocation details.
- Need: Detailed action plans and funding allocations for a broader range of therapeutic options.
- **Document Analysis:** Therapeutic interventions are mentioned briefly without clear action plans or specific funding allocation details.
- Suggested Solutions:
 - Funding for Therapies: Allocate specific funding for various therapeutic interventions, including speech therapy, occupational therapy, and respectful behavioral therapy.
 - Government grants can support the development and accessibility of these therapies.
 - Diverse Therapy Options: Expand the range of available therapies to include innovative and evidence-based practices, such as animal-assisted therapy and art therapy.
 - Providing subsidies or insurance coverage for these therapies can make them more accessible.

Mental Health Crisis Support:

- **Challenge:** Lack of specific mental health crisis support protocols and inadequate training for mental health professionals on autism-specific crises.
- Need: Specialized mental health crisis support protocols and training programs for professionals.
- Document Analysis: The strategy lacks specific mental health crisis support protocols and detailed plans for training mental health professionals.
- **Suggested Solutions:**
 - **Crisis Intervention Teams:** Establish specialized crisis intervention teams trained to handle autism-specific mental health crises.
 - These teams can provide immediate and appropriate support during emergencies.
 - **Training Programs:** Develop comprehensive training programs for mental health professionals on recognizing and managing autism-specific crises.
 - Regular workshops and certifications can ensure professionals are well-equipped to provide effective support.

• Rural and Remote Access:

- **Challenge:** Limited access to comprehensive healthcare and support services in rural and remote areas.
- Need: Expansion of physical health facilities and community support networks in these regions.
- Document Analysis: The strategy mentions telehealth expansion but lacks comprehensive services in rural and remote areas.
- **Suggested Solutions:**
 - Mobile Health Units: Deploy mobile health units to provide services in remote areas, offering regular visits and access to specialized care.
 - **Telehealth Services:** Expand telehealth services to ensure consistent and reliable access to healthcare professionals.
 - Providing equipment and training for telehealth use can enhance its effectiveness.

Long-term Healthcare and Support Services:

- **Challenge:** Insufficient focus on long-term healthcare plans and ongoing adult support services, crucial for lifelong well-being.
- Need: Development of continuous support plans and services for adults.
- Document Analysis: The strategy lacks sufficient focus on long-term healthcare plans and ongoing adult support services.
- Suggested Solutions:
 - Lifelong Support Plans: Develop lifelong support plans that address the changing needs of autistic individuals as they age.
 - Regular reviews and updates to these plans can ensure they remain relevant.
 - Adult Support Programs: Create programs specifically for autistic adults, focusing on healthcare, social interaction, and community integration.
 - Support groups and counseling services can provide ongoing assistance.

• Co-Occurring Conditions:

- **Challenge:** Insufficient focus on co-occurring conditions.
- Need: Integrate health services to consider the high prevalence of co-occurring conditions among autistic individuals.
- Document Analysis: The strategy does not adequately address the need for integrated health services that consider co-occurring conditions.
- Suggested Solutions:
 - Integrated Care Models: Develop integrated care models that address both autism and co-occurring conditions, ensuring comprehensive treatment plans.
 - Specialized Training: Train healthcare providers on the complexities of cooccurring conditions to improve diagnosis and treatment.
 - Q Interdisciplinary teams can offer holistic care.

1.9. Housing and Homelessness

• **Challenge:** Higher risk of homelessness and barriers to accessing justice services faced by autistic individuals.

- **Need:** Detailed strategies and concrete housing support programs.
- **Document Analysis:** The strategy lacks detailed strategies or specific actions to address homelessness and barriers to accessing justice services.
- **Suggested Solutions:**
 - Housing Support Programs: Develop housing support programs tailored to autistic individuals, including assisted living facilities and independent living supports.
 - Government-funded housing initiatives can provide stable and safe living conditions.
 - Justice Support Services: Implement support services to help autistic individuals navigate the justice system.
 - Q Legal advocacy programs and training for legal professionals can ensure fair treatment and access to justice.

1.10. Employment and Vocational Training

Adult Services:

- **Challenge:** Insufficient emphasis on providing support for employment and vocational training tailored to the needs of autistic adults.
- Need: Detailed plans and support mechanisms for employment and vocational training.
- **Document Analysis:** The strategy lacks detailed plans and insufficient emphasis on supporting employment and vocational training for autistic adults.
- Suggested Solutions:
 - Vocational Training Programs: Develop vocational training programs specifically for autistic adults, focusing on their strengths and interests.
 - Partnerships with businesses can provide real-world training opportunities.
 - **Employment Support Services:** Offer employment support services, such as job coaching and workplace accommodations, to help autistic adults succeed in the workforce.
 - Regular follow-ups and support can ensure long-term employment success.

Tailored Employment Programs:

- **Challenge:** General employment initiatives are not customized to the different needs and abilities of autistic individuals.
- o **Need:** Customized employment programs and long-term support mechanisms.
- Document Analysis: The strategy notes general employment initiatives but lacks detailed customization and long-term support mechanisms.
- Suggested Solutions:
 - Customized Job Placements: Develop job placement programs that match autistic individuals with suitable roles based on their skills and preferences.
 - Regular assessments and adjustments can ensure job satisfaction and performance.
 - Long-term Employment Support: Provide ongoing support to autistic employees, including mentorship programs and peer support groups.

• These initiatives can help address workplace challenges and promote career growth.

• Workforce Shortages:

- **Challenge:** Critical shortage of autism-specific professionals leads to long wait lists and limited service choices.
- Need: Targeted recruitment, training programs, and incentives to increase the number of qualified professionals in the field.
- Document Analysis: The strategy acknowledges the shortage but lacks detailed initiatives to address this issue.
- Suggested Solutions:
 - **Incentive Programs:** Implement incentive programs, such as scholarships and loan forgiveness, to attract individuals to the field of autism support.
 - Partnerships with educational institutions can promote these opportunities.
 - Professional Development: Offer ongoing professional development opportunities to retain qualified professionals and keep them updated on best practices.
 - Conferences, workshops, and online courses can facilitate continuous learning.

1.11. Technology Integration

- **Challenge:** Limited integration of advanced assistive technologies, mostly restricted to educational settings and lacking in daily living support.
- **Need:** Broader integration of advanced assistive technologies in daily living support.
- Document Analysis: The strategy focuses on assistive technologies in educational settings, with limited integration in daily living support.
- **Suggested Solutions:**
 - Daily Living Technologies: Expand the use of assistive technologies to support daily living activities, such as smart home systems and communication devices.
 - Providing funding for these technologies can increase accessibility.
 - Technology Training Programs: Develop training programs for autistic individuals and their caregivers to effectively use assistive technologies.
 - Hands-on workshops and online tutorials can enhance their skills and confidence.

1.12. Violence and Abuse

- **Challenge:** Autistic individuals are at higher risk of experiencing violence and abuse, with inadequate protection and support mechanisms.
- **Need:** Comprehensive plans to enhance protection and support mechanisms, including specific interventions and preventative measures.
- Document Analysis: The strategy acknowledges the higher risk but does not provide comprehensive plans for protection and support mechanisms.
- **Suggested Solutions:**

- Protection Programs: Implement protection programs that include crisis intervention, safe housing, and legal support for autistic individuals experiencing violence or abuse.
 - Collaboration with law enforcement and social services can ensure comprehensive protection.
- **Preventative Measures:** Develop preventative measures, such as awareness campaigns and educational programs, to reduce the risk of violence and abuse.
 - Training for caregivers and support staff on recognizing and addressing abuse can enhance safety.

1.13. Transition Services

- **Challenge:** Lack of Comprehensive Transition Plans
- **Need:** Develop detailed plans to support autistic individuals during major life transitions, such as moving from education to employment or from youth to adult services.
- **Document Analysis:** The strategy does not provide detailed plans for supporting autistic individuals during major life transitions.
- **Suggested Solutions:**
 - - For example, career counseling and life skills training can help young adults transition from school to work.
 - Support Networks: Establish support networks, including mentors and peer groups, to assist autistic individuals during transitions.
 - Regular check-ins and personalized support can ease the process.

1.14. Fragmented Service System

- **Challenge:** Complex and poorly integrated service system creates substantial navigation burdens for autistic individuals and their families.
- **Need:** A detailed roadmap for integrating services across different levels of government and service providers.
- **Document Analysis:** The strategy recognizes the complexity but lacks specific actions to simplify navigation and improve coordination among service systems.
- **Suggested Solutions:**
 - Service Integration Plans: Develop and implement service integration plans that streamline processes and improve coordination between different providers.
 - Centralized databases and unified case management systems can enhance efficiency.
 - Navigation Support Services: Offer navigation support services to help families and autistic individuals access the services they need.
 - Q Case managers or service coordinators can provide personalized assistance and advocacy.

2. More Overlooked Autistic Challenges and Needs, according to 'C-7. Detailed Comparison: Australian Draft National Autism Strategy vs. "Autistan Model Structure for a National Autism Policy v1.0"

2.1. Systemic Accessibility Policy for Disabilities Specific to Autistic Persons

- Inclusive Design for Autism Accessibility:
 - **Challenge:** Lack of detailed autism-friendly (sensory and social) initiatives in public places and transportation.
 - Need: Develop and implement specific autism-friendly (sensory and social) initiatives in public transport and spaces.
 - Document Analysis: The strategy outlines the importance of improving physical accessibility but lacks detailed autism-friendly (sensory and social) initiatives.
 - **Suggested Solutions:**
 - **Public Spaces:** Implement autism-friendly (sensory and social) features in public spaces, such as quiet zones and designated sensory areas.
 - Regular feedback from autistic individuals can help refine these features.
 - Transportation: Introduce autism-friendly (sensory and social) options in public transportation, like quiet carriages on trains and sensory accommodations in buses.
 - **Challenge:** Insufficient measures for sensory accommodations and addressing attitudinal barriers in education and culture.
 - Need: Specify measures for sensory accommodations and addressing attitudinal barriers in educational and cultural settings.
 - Document Analysis: The strategy emphasizes inclusive education but does not specify measures for sensory accommodations or addressing attitudinal barriers.
 - Suggested Solutions:
 - **Educational Settings:** Develop guidelines for sensory accommodations in schools, such as sensory rooms and flexible seating arrangements.
 - Regular training for educators can improve awareness and implementation.
 - Cultural Institutions: Implement autism-friendly (sensory and social) measures in museums, theaters, and other cultural institutions.
 - Quiet hours and sensory-friendly performances can make these spaces more inclusive.
 - **Challenge:** Missing specific policies for entrepreneurship support for autistic individuals in employment and entrepreneurship.
 - Need: Develop specific policies to support entrepreneurship for autistic individuals.

- Document Analysis: The strategy discusses workplace adaptations but misses specific policies for entrepreneurship support for autistic individuals.
- **Suggested Solutions:**
 - **Entrepreneurship Programs:** Create entrepreneurship programs that offer training, mentorship, and funding opportunities for autistic individuals.
 - Partnerships with business incubators can provide additional support.
 - Policy Development: Develop policies that encourage and support autistic entrepreneurs, such as tax incentives and grants for starting businesses.
- **Challenge:** Lack of concrete measures for autism-friendly (sensory and social) adaptations in leisure, creativity, sports, and travel.
- Need: Implement concrete measures for autism-friendly (sensory and social) adaptations in leisure activities.
- Document Analysis: The strategy makes general statements about accessibility in leisure but lacks concrete measures for autism-friendly (sensory and social) adaptations.
- Suggested Solutions:
 - **Leisure Activities:** Develop autism-friendly (sensory and social) programs and activities in leisure centers, parks, and recreational facilities.
 - Collaborating with autistic individuals in the planning stages can ensure relevance and effectiveness.
 - **Travel Services:** Provide training for travel industry staff on autism-specific needs and create autism-friendly (sensory and social) travel options, such as quiet accommodations and sensory kits for travelers.
- **Challenge:** Insufficient focus on emergency healthcare adaptations specific to autism in healthcare.
- **Need:** Highlight and implement emergency healthcare adaptations specific to autism.
- **Document Analysis:** The strategy highlights training for healthcare providers but lacks a focus on emergency healthcare adaptations specific to autism.
- Suggested Solutions:
 - **Emergency Protocols:** Develop and implement emergency protocols that address sensory and communication needs of autistic individuals.
 - Regular drills and training for healthcare providers can ensure preparedness.
 - **Specialized Equipment:** Equip emergency facilities with tools and resources tailored for autistic patients, such as noise-canceling headphones and visual communication aids.
- **Challenge:** Lack of specific strategies to manage interactions hindered by sensory and communication barriers in public law enforcement and private security services.
- Need: Address how interactions hindered by sensory and communication barriers will be managed.
- Document Analysis: The strategy mentions training for law enforcement but does not address how interactions specifically hindered by sensory and communication barriers will be managed.
- Suggested Solutions:

- Training Programs: Develop comprehensive training programs for law enforcement and security personnel on managing sensory and communication barriers.
 - Role-playing scenarios can help practice these skills.
- **Communication Tools:** Provide law enforcement and security staff with communication tools, such as visual aids and simple communication cards, to facilitate interactions with autistic individuals.
- **Challenge:** No specific strategies to address attitudinal barriers within administration and public services.
- Need: Develop specific strategies to address attitudinal barriers within these services.
- Document Analysis: The strategy focuses on improving service delivery but lacks specific strategies to address attitudinal barriers within administration and public services.
- **Suggested Solutions:**
 - Awareness Campaigns: Launch awareness campaigns targeting public service employees to educate them about autism and reduce attitudinal barriers.
 - Personal stories and testimonials can enhance empathy and understanding.
 - **Inclusion Policies:** Implement policies that promote inclusion and respect within public services.
 - Regular training and monitoring can ensure adherence to these policies.
- **Challenge:** Lack of detailed protections against administrative and judicial errors specifically impacting autistic individuals in justice.
- Need: Provide detailed protections against administrative and judicial errors impacting autistic individuals.
- Document Analysis: The strategy touches on accessible judicial processes but does not provide details on protections against administrative and judicial errors specifically impacting autistic individuals.
- Suggested Solutions:
 - Legal Safeguards: Establish legal safeguards to protect autistic individuals from administrative and judicial errors.
 - **Training for Legal Professionals:** Develop training programs for legal professionals on autism-specific issues to reduce the risk of errors and ensure fair treatment.
- **Challenge:** Lack of detail on supporting autistic-led initiatives directly in self-advocacy and engagement.
- Meed: Support autistic-led initiatives directly.
- Document Analysis: The strategy encourages advocacy but lacks detail on supporting autistic-led initiatives directly.
- Suggested Solutions:

- **Funding for Initiatives:** Provide funding and resources for autistic-led initiatives, enabling them to advocate for their own needs and rights effectively.
- Partnership Programs: Create partnership programs that connect autistic advocates with organizations and policymakers, fostering collaboration and mutual support.
- Challenge: No specific strategies for enabling autistic individuals to participate fully and effectively in political life, considering sensory and communication challenges.
- Need: Develop specific strategies for enabling autistic individuals to participate fully and effectively in political life.
- **Document Analysis:** The strategy provides general support for participation but lacks specific strategies for enabling autistic individuals to participate fully and effectively, considering sensory and communication challenges.
- - Accessible Voting Processes: Implement accessible voting processes, such as providing alternative voting methods and autism-friendly (sensory and social) polling stations.
 - Political Participation Programs: Develop programs that encourage and support autistic individuals in participating in political activities, such as running for office or joining advocacy groups.

2.2. Accessible Assistance Services for Autistics

- **Challenge:** Lack of specifics on services that assist autistic individuals directly in public places and transportation.
- **Need:** Develop specific services that assist autistic individuals directly in public transportation settings.
- **Document Analysis:** The strategy acknowledges the need for accessible transportation but lacks specifics on services that assist autistic individuals directly in these settings.
- Suggested Solutions:
 - Transport Assistance Services: Develop assistance services for public transportation, such as travel buddies or support staff trained in autism awareness.
 - These services can help autistic individuals navigate transport systems more comfortably.
 - Specialized Transport Options: Introduce specialized transport options, such as ride-sharing services with trained drivers or dedicated shuttle services for autistic individuals.
- **Challenge:** No detailed services tailored specifically for autistic needs in education and culture, such as assistance during sensory overload situations.
- Need: Provide detailed services tailored specifically for autistic needs in educational settings.
- **Document Analysis:** The strategy points to the provision of support services in educational settings but doesn't detail services tailored specifically for autistic needs.
- Suggested Solutions:

- Autism-Friendly (Sensory and Social) Support Services: Establish autismfriendly (sensory and social) support services in educational institutions, including sensory breaks and quiet areas.
 - Prained staff can assist during sensory overload situations.
- Cultural Support Programs: Implement support programs in cultural institutions, such as guided tours with sensory accommodations and quiet hours.
- **Challenge:** Missing personalized assistance services that could help autistic individuals navigate workplace challenges in employment and entrepreneurship.
- **Need:** Mention and develop personalized assistance services for navigating workplace challenges.
- **Document Analysis:** The strategy mentions support for disability employment but lacks personalized assistance services for autistic individuals.
- **Suggested Solutions:**
 - - Regular follow-ups and adjustments can ensure ongoing support and success.
 - Entrepreneurship Mentorship: Develop mentorship programs for autistic entrepreneurs, offering personalized advice and support from experienced business owners.
- **Challenge:** No specifics on personalized assistance in leisure, creativity, sports, and travel
- **Need:** Develop personalized assistance services in leisure activities.
- **Document Analysis:** The strategy mentions general support for accessibility in leisure activities but lacks specifics on personalized assistance services.
- **Suggested Solutions:**
 - Leisure Support Staff: Train staff in leisure centers, sports facilities, and travel services to provide personalized assistance to autistic individuals.
 - Specialized programs can enhance participation and enjoyment.
 - **Creative Arts Programs:** Develop arts programs that offer personalized support and accommodations for autistic participants, fostering creativity and self-expression.
- **Challenge:** No immediate, accessible assistance services for emergency situations specific to autistic individuals in healthcare.
- **Need:** Address the provision of immediate, accessible assistance services for emergencies.
- **Document Analysis:** The strategy includes training for healthcare providers but does not address the provision of immediate, accessible assistance services for emergency situations specific to autistic individuals.
- Suggested Solutions:
 - **Emergency Support Teams:** Establish emergency support teams trained in autism-specific needs, providing immediate assistance during crises.
 - Coordination with first responders can ensure timely and appropriate care.
 - Crisis Hotlines: Develop crisis hotlines staffed by trained professionals who can
 offer immediate support and guidance to autistic individuals in emergency situations.

- **Challenge:** No mention of assistance services for stressful encounters with law enforcement or security in public law enforcement and private security services.
- **Need:** Provide assistance services for autistic individuals in stressful encounters with law enforcement or security.
- **Document Analysis:** The strategy discusses training in disability awareness but lacks specific mention of assistance services for autistic individuals in these encounters.
- **Suggested Solutions:**
 - Crisis Intervention Teams: Form crisis intervention teams within law enforcement agencies, trained to support autistic individuals during stressful encounters.
 - Community Liaison Programs: Develop community liaison programs that connect law enforcement with autism advocacy groups, fostering collaboration and understanding.
- **Challenge:** No detail on assistance services that cater specifically to the needs of autistic individuals in administration and public services.
- **Need:** Develop assistance services tailored to autistic individuals in public services.
- **Document Analysis:** The strategy talks about improving general accessibility in public services but does not detail assistance services that cater specifically to autistic needs.
- **Suggested Solutions:**
 - Public Service Advisors: Appoint advisors within public services who specialize in supporting autistic individuals, providing personalized assistance and guidance.
 - Service Navigation Support: Create support services that help autistic individuals navigate complex public service systems, ensuring they receive the services they need efficiently.
- **Challenge:** No focus on assistance services to help autistic individuals navigate complex legal settings in justice.
- **Need:** Implement assistance services for autistic individuals in legal settings.
- **Document Analysis:** The strategy aims to make judicial processes more accessible but lacks a focus on assistance services for autistic individuals in complex legal settings.
- Suggested Solutions:
 - Legal Advocates: Provide legal advocates who specialize in autism-related issues, offering personalized support and representation in legal settings.
 - Court Accommodations: Develop court accommodations, such as autismfriendly (sensory and social) waiting areas and simplified communication methods, to support autistic individuals during legal proceedings.
- **Challenge:** Lacks specifics on support and assistance services that enable meaningful and sustained engagement in self-advocacy and engagement.
- Need: Provide specific support and assistance services for meaningful engagement.
- Document Analysis: The strategy encourages participation in advocacy but lacks specifics on support and assistance services.
- Suggested Solutions:
 - Advocacy Training Programs: Develop training programs that empower autistic individuals to engage in self-advocacy, providing skills and resources to effectively represent their interests.

- Support Networks: Establish support networks that connect autistic advocates with mentors and peers, fostering collaboration and sustained engagement.
- **Challenge:** No specific supports that assist autistic individuals in political participation in political life.
- **Need:** Facilitate specific supports for autistic individuals in political participation.
- **Document Analysis:** The strategy promotes the inclusion of individuals with disabilities in political processes but lacks specific supports for autistic individuals.
- **Suggested Solutions:**
 - Political Mentorship Programs: Create mentorship programs that guide and support autistic individuals in political participation, helping them navigate the political landscape.
 - Accessible Campaign Tools: Develop accessible campaign tools and resources that enable autistic individuals to participate fully in political activities, such as running for office or advocating for policy changes.

2.3. Autism Detection Program

- **Challenge:** No detailed mechanism for how autistic individuals or their families can request detection, which is critical for personalized and timely intervention.
- **Need:** Establish clear request protocols for detection services.
- **Document Analysis:** The strategy mentions early detection in public services but lacks specifics on how these requests can be initiated.
- **Suggested Solutions:**
 - Request Protocols: Develop and publicize clear protocols for requesting autism detection services, ensuring families and individuals know how to access these services.
 - Centralized Access Points: Create centralized access points, such as dedicated websites or hotlines, to streamline the process of requesting detection services.
- **Challenge:** Lacks comprehensive coverage of detection services across all relevant services like emergency, judicial, and administrative services.
- **Need:** Expand detection services to include all relevant public institutions.
- Document Analysis: The strategy focuses on schools and hospitals but lacks comprehensive coverage across all relevant services.
- Suggested Solutions:
 - Integration with Public Services: Integrate autism detection services with all relevant public institutions, including emergency, judicial, and administrative services.
 - Cross-Sector Collaboration: Cross-sector collaboration can ensure comprehensive coverage.
 - Awareness Campaigns: Launch awareness campaigns to inform the public and service providers about the availability and importance of detection services.
- **Challenge:** No detailed training for staff across services on handling and processing detection requests.
- **Need:** Implement comprehensive training programs for staff.

- **Document Analysis:** The strategy does not detail the training for staff on handling detection requests.
- Suggested Solutions:
 - **Training Programs:** Develop comprehensive training programs for staff across all relevant services on how to handle and process detection requests.
 - Regular Refresher Courses: Regular refresher courses can maintain high standards.
 - Standardized Procedures: Implement standardized procedures for processing detection requests, ensuring consistency and efficiency across different services.

2.4. Autism-Specific Learning Programs

- Education on Autism for Families:
 - **Challenge:** Lack of specificity regarding the depth of educational content that addresses the full spectrum of autism and its challenges.
 - **Need:** Develop comprehensive educational programs for families.
 - Document Analysis: The strategy mentions education for families but lacks specificity regarding the depth of content.
 - **Suggested Solutions:**
 - Comprehensive Curriculum: Develop a comprehensive curriculum that covers the full spectrum of autism, including communication strategies, sensory issues, and co-occurring conditions.
 - Online Modules and In-Person Workshops: Online modules and inperson workshops can offer flexible learning options.
 - **Resource Libraries:** Create resource libraries with books, videos, and articles that provide in-depth information on autism.
 - Access to these resources can empower families with knowledge and strategies.
 - Challenge: No mention of how educational resources and training programs are tailored to meet the diverse needs of families, including cultural and linguistic diversity.
 - $\circ\quad \begin{tabular}{ll} \hline \end{tabular}$ Need: Offer diverse and accessible educational programs for families.
 - Document Analysis: The strategy does not detail how educational resources are tailored to diverse family needs.
 - Suggested Solutions:
 - Culturally Sensitive Programs: Develop educational programs that are culturally sensitive and available in multiple languages.
 - Occiliation with cultural organizations can ensure relevance and accessibility.
 - Inclusive Training: Offer inclusive training sessions that address the unique needs of diverse families, providing practical support and guidance.
- Education on Non-Autism for Autistic Individuals:
 - **Challenge:** No specification on presenting societal norms neutrally, without forcing conformity, and respecting the individuality of autistic persons.
 - Need: Develop a neutral and respectful curriculum for autistic individuals.

- Document Analysis: The strategy acknowledges the need but lacks specifics on presenting societal norms neutrally.
- Suggested Solutions:
 - Neutral Curriculum: Develop a curriculum that presents societal norms neutrally, emphasizing respect for individuality and diversity.
 - **Respectful Teaching Practices:** Train educators to respect the individuality of autistic students, promoting acceptance and inclusivity in the classroom.
- Challenge: Lack of detailed programming on engaging and practical learning experiences for autistic individuals.
- Need: Create interactive and practical learning experiences.
- Document Analysis: The strategy lacks detailed programming on how these concepts will be taught practically.
- Suggested Solutions:
 - **Practical Learning Modules:** Develop practical learning modules that include hands-on activities and real-world scenarios.
 - These modules can help autistic individuals apply their knowledge in everyday situations.
 - Interactive Workshops: Offer interactive workshops that engage autistic individuals in active learning, using technology and creative methods to enhance participation.
- Societal Awareness of Autism:
 - Challenge: Limited detail on addressing the complexities of autism, including sensory sensitivities and communication challenges, in awareness campaigns.
 - Need: Design comprehensive awareness campaigns covering a wide range of autism-related topics.
 - **Document Analysis:** The strategy includes initiatives to increase public awareness but lacks depth and breadth.
 - Suggested Solutions:
 - Comprehensive Campaigns: Develop awareness campaigns that cover a wide range of autism-related topics, including sensory sensitivities, communication challenges, and co-occurring conditions.
 - Multi-Platform Campaigns: Multi-platform campaigns can reach a broader audience.
 - **Community Involvement:** Involve autistic individuals in the creation and delivery of awareness campaigns, ensuring authenticity and relevance.
 - **Challenge:** Lack of explicit mention of involving autistic individuals in creating and delivering awareness campaigns.
 - o **Need:** Ensure autistic individuals are involved in awareness campaigns.
 - **Document Analysis:** The strategy does not mention involving autistic individuals in the creation and delivery of awareness campaigns.
 - Suggested Solutions:
 - Inclusive Campaign Development: Ensure that autistic individuals are actively involved in the development and delivery of awareness campaigns.

- Their insights and experiences can enhance the effectiveness of these campaigns.
- Autistic Advocates: Feature autistic advocates prominently in awareness campaigns, showcasing their perspectives and achievements to foster understanding and acceptance.

2.5. Program for the Flourishing of Autistic Persons

- **Challenge:** Lack of specific programs facilitating connection with nature and animal interaction, which are beneficial for autistic individuals.
- Need: Develop programs that facilitate connection with nature and animal interaction.
- **Document Analysis:** The strategy lacks specific mentions of these beneficial programs.
- **Suggested Solutions:**
 - Nature Therapy Programs: Develop nature therapy programs that include activities like gardening, hiking, and nature walks.
 - Collaboration with environmental organizations can provide additional resources and support.
 - **Animal-Assisted Therapy:** Implement animal-assisted therapy programs that involve interactions with therapy animals.
 - Partnerships with local farms and animal shelters can facilitate these programs.
- **Challenge:** No specific strategies addressing the spiritual and philosophical development needs of autistic persons.
- **Need:** Create programs addressing spiritual and philosophical development.
- **Document Analysis:** The strategy does not detail these specific strategies.
- Suggested Solutions:
 - Spiritual Programs: Develop spiritual programs that explore various spiritual and philosophical traditions, offering autistic individuals opportunities for reflection and growth.
 - Philosophical Discussions: Create discussion groups that allow autistic individuals to explore philosophical concepts in a supportive environment. Trained facilitators can guide these discussions.
- Challenge: Does not address how autistic individuals will be supported in developing and maintaining relationships.
- **Need:** Develop support programs for building and maintaining relationships.
- P Document Analysis: The strategy does not address support for relationships.
- Suggested Solutions:
 - **Social Skills Training:** Offer social skills training programs that help autistic individuals develop and maintain relationships.
 - Role-Playing and Peer Support Groups: Role-playing and peer support groups can provide practical experience.
 - Relationship Counseling: Provide relationship counseling services that offer guidance and support in navigating social and romantic relationships.
 - Counselors trained in autism-specific issues can offer targeted support.

- **Challenge:** Lacks comprehensive strategies tailored to prevent distress and depression among autistic individuals.
- Peed: Implement targeted mental health initiatives.
- **Document Analysis:** The strategy mentions mental health support but lacks comprehensive strategies.
- **Suggested Solutions:**
 - Mental Health Programs: Develop mental health programs that specifically address the needs of autistic individuals, focusing on prevention and early intervention.
 - Regular screenings and support groups can enhance mental health.
 - Counseling Services: Provide counseling services tailored to autistic individuals, offering strategies to manage stress and depression.
 - Access to online and in-person counseling can ensure broad availability.
- **Challenge:** No specific strategies to help autistic individuals at risk of getting lost.
- Need: Develop safety measures for at-risk autistic individuals.
- P Document Analysis: The strategy discusses general safety but not specific strategies.
- Suggested Solutions:
 - Safety Programs: Implement safety programs that teach autistic individuals how to stay safe and what to do if they get lost.
 - Visual aids and practical exercises can reinforce these lessons.
 - Tracking Devices: Provide tracking devices that help locate autistic individuals if they get lost.
 - Parameter Ensuring easy access and affordability can increase usage.
- Challenge: No detailed plans on protecting autistic individuals from abuse or exploitation by others.
- **Need:** Establish protection measures against abuse and exploitation.
- P Document Analysis: The strategy lacks detailed protection plans.
- Suggested Solutions:
 - Protection Programs: Develop protection programs that include training on recognizing and reporting abuse, legal support, and safe housing options.
 - Awareness Campaigns: Launch awareness campaigns to educate the public and service providers about the risks of abuse and exploitation and how to prevent them.
- **Challenge:** Does not address systemic issues disproportionately affecting autistic individuals.
- Meed: Implement systemic protection measures.
- **Document Analysis:** The strategy does not address protection against systemic issues.
- Suggested Solutions:
 - Policy Reforms: Advocate for policy reforms that address systemic issues, such as discrimination and lack of access to services.
 - Collaboration with advocacy groups can enhance these efforts.
 - Legal Support Services: Provide legal support services that help autistic individuals navigate systemic challenges and advocate for their rights.
- **Challenge:** Lacks details on empowering autistic individuals as they age.
- **Need:** Develop programs supporting autonomy and empowerment with aging.

- **Document Analysis:** The strategy mentions support for aging but lacks details.
- **Suggested Solutions:**
 - Aging Support Programs: Develop programs that support autistic individuals as they age, focusing on health, independence, and community involvement.
 - Empowerment Workshops: Offer workshops that empower older autistic individuals, providing skills and resources for independent living and selfadvocacy.

2.6. Supplementary Personalized Support

Individual Support:

- Challenge: No mention of remote emergency assistance services for autistic individuals.
- Need: Implement remote emergency assistance services.
- Document Analysis: The strategy does not mention emergency assistance services accessible remotely.

Suggested Solutions:

- **Remote Assistance Services:** Develop remote emergency assistance services, such as telehealth and crisis hotlines, to provide immediate support.
- © Emergency Response Apps: Create apps that offer emergency support, including features like GPS tracking and direct communication with emergency services.
- **Challenge:** Does not detail how support services will be personalized to fit the diverse needs within the autism spectrum.
- Need: Customize support services based on individual assessments.
- Document Analysis: The strategy lacks details on personalizing support services.

Suggested Solutions:

- Personalized Support Plans: Develop personalized support plans that consider the unique needs and preferences of each individual.
 - Regular assessments and adjustments can ensure ongoing relevance.
- **Diverse Service Options:** Offer a range of service options that cater to different needs within the autism spectrum, ensuring flexibility and choice.

• Support for Families and Caregivers:

- **Challenge:** Lacks specific strategies for offering guidance and practical support tailored to families' needs.
- Need: Provide tailored support and guidance for families.
- Document Analysis: The strategy lacks detailed plans for training families and caregivers.

Suggested Solutions:

- Family Support Programs: Develop support programs that offer practical advice, emotional support, and training for families and caregivers.
 - Online resources and in-person workshops can provide flexible support options.
- Respite Services: Provide respite services that offer temporary relief for caregivers, allowing them time to rest and recharge.

 Accessible and affordable respite care can enhance caregiver wellbeing.

2.7. Monitoring and Guarantee Mechanism for the Fundamental Rights of Autistic Persons

- **Challenge:** Lacks specific mechanisms or programs dedicated to monitoring and guaranteeing the rights of autistic persons.
- **Need:** Establish dedicated monitoring mechanisms.
- **Document Analysis:** The strategy acknowledges rights but lacks specific monitoring mechanisms.
- Suggested Solutions:
 - Rights Monitoring Bodies: Establish independent bodies that monitor and protect the rights of autistic individuals, ensuring accountability and transparency.
 - Regular Audits: Conduct regular audits to assess compliance with rights protection standards and address any identified gaps.
 - Challenge: No detailed implementation plans for protecting and monitoring these rights.
 - Need: Develop actionable guidelines for rights protection.
 - Document Analysis: The strategy lacks detailed implementation plans.
 - Suggested Solutions:
 - Guidelines Development: Develop detailed guidelines for protecting and monitoring the rights of autistic individuals, outlining specific actions and responsibilities.
 - Stakeholder Involvement: Involve stakeholders, including autistic individuals, in the development and implementation of these guidelines to ensure they are comprehensive and effective.
 - Challenge: Limited details on including autistic individuals in public decisionmaking processes.
 - Need: Enhance participation mechanisms for autistic individuals.
 - Document Analysis: The strategy lacks details on including autistic individuals in decision-making.
 - Suggested Solutions:
 - Inclusive Decision-Making: Develop mechanisms that actively involve autistic individuals in public decision-making processes, ensuring their voices are heard and valued.
 - Advisory Councils: Establish advisory councils composed of autistic individuals to provide input and guidance on policy decisions affecting the autism community.

2.8. Public Defender of the Autistics

- **Challenge:** No mention of a dedicated role or body for defending the rights of autistic individuals.
- Need: Establish a Public Defender office.
- P Document Analysis: The strategy does not specify creating a Public Defender role.

- **✓** Suggested Solutions:
 - o **Public Defender Office:** Establish a Public Defender office specifically for autistic individuals, providing legal representation and advocacy.
 - Legal Support Services: Offer comprehensive legal support services that protect the rights of autistic individuals and address any violations.
 - Challenge: No detailed process for handling and responding to complaints from autistic individuals.
 - Need: Develop a detailed complaint process.
 - Document Analysis: The strategy lacks a detailed complaint handling process.
 - Suggested Solutions:
 - **✓ Complaint Handling System:** Develop a transparent and accessible complaint handling system that allows autistic individuals to report and resolve issues effectively.
 - Support Services: Provide support services to assist autistic individuals in navigating the complaint process, ensuring their voices are heard and addressed.
 - **Challenge:** Lacks a clear framework for judicial action when rights are violated.
 - Need: Establish a judicial framework for protecting rights.
 - P Document Analysis: The strategy lacks a clear framework for judicial action.
 - Suggested Solutions:
 - ✓ Judicial Framework: Develop a clear judicial framework that outlines the steps and procedures for protecting the rights of autistic individuals.
 - PLegal Advocacy Programs: Implement legal advocacy programs that support autistic individuals in seeking justice and defending their rights.

3. Overlooked or Underrepresented Demographic Groups

3.1. First Nations People

- ► Challenge: Lack of culturally appropriate autism services that incorporate traditional practices and languages.
- Need: Services developed in collaboration with First Nations communities to ensure cultural relevance and effectiveness.
- **Document Analysis:** The document mentions inclusivity but lacks detailed plans for culturally tailored interventions and direct involvement of First Nations people in the strategy's development.
- **✓** Suggested Solutions:
 - **Culturally Tailored Services:** Develop autism services in collaboration with First Nations communities, incorporating traditional practices and languages to ensure cultural relevance.
 - Community Involvement: Actively involve First Nations people in the development and implementation of autism services, ensuring their needs and perspectives are addressed.

3.2. Culturally and Linguistically Diverse (CALD) People

- Challenge: Barriers due to language differences and cultural misunderstandings can impede access to services.
- Need: Culturally sensitive services that offer language support and are developed with input from CALD communities.
- Document Analysis: Recognizes the need for culturally competent services but lacks specifics on addressing language barriers and cultural competence in service delivery.
- Suggested Solutions:
 - o **V** Language Support Services: Provide language support services, including translation and interpretation, to ensure CALD individuals can access autism services effectively.
 - Cultural Competence Training: Implement cultural competence training for service providers, ensuring they understand and respect the diverse cultural backgrounds of autistic individuals.

3.3. Infants and Toddlers

- **Challenge:** Critical early developmental stages may lack specific autism support.
- Need: Early diagnosis and tailored intervention programs designed specifically for the youngest age group.
- P Document Analysis: The strategy mentions early intervention but falls short of outlining detailed actions to enhance services for infants and toddlers.
- **✓** Suggested Solutions:
 - **V** Early Intervention Programs: Develop early intervention programs that provide tailored support for infants and toddlers, focusing on developmental milestones and early learning.
 - Parental Support Services: Offer support services for parents, including training and resources, to help them understand and support their young autistic children effectively.

3.4. Young People (12 to 30 years)

- **Challenge:** Diverse needs within a broad age range, including educational transitions and early career challenges.
- Programs that support educational and vocational transitions, mental health, and independent living skills.
- P Document Analysis: Acknowledges the need for support across life transitions but lacks concrete measures for targeted support programs within this age group.
- Suggested Solutions:
 - o **Variance** Transition Support Programs: Develop programs that provide support during educational and vocational transitions, including career counseling and skills training.
 - Mental Health Services: Offer mental health services tailored to the needs of young autistic individuals, addressing issues such as anxiety and depression.

3.5. Older People

- **Challenge:** Potential isolation and lack of services tailored to aging autistic adults.
- Need: Development of support services that address both autism and aging-related challenges.
- P Document Analysis: Lacks specific initiatives addressing the needs of older autistic adults.
- **✓** Suggested Solutions:
 - **Aging Support Programs:** Develop support programs that address the unique needs of aging autistic adults, including health care, social interaction, and independent living.
 - Community Engagement: Promote community engagement opportunities for older autistic adults, reducing isolation and enhancing quality of life.

3.6. Women, Girls, and Gender-Diverse People

- **Challenge:** Higher likelihood of misdiagnosis or late diagnosis and facing genderspecific challenges.
- Need: Research and services tailored to understand and meet the specific needs of women, girls, and gender-diverse individuals.
- P Document Analysis: Notes issues of underdiagnosis but does not commit to genderspecific research or service adjustments.
- Suggested Solutions:
 - o **Gender-Specific Research:** Conduct research on autism in women, girls, and gender-diverse individuals to better understand their unique experiences and needs.
 - Tailored Services: Develop services that address the specific challenges faced by these groups, ensuring timely diagnosis and appropriate support.

3.7. LGBTQIA+ Community

- **Challenge:** Dual stigma from being both autistic and a member of the LGBTQIA+ community.
- Need: Supportive services that address the intersectionality of LGBTQIA+ identity and autism.
- P Document Analysis: Recognizes intersectional disadvantage but does not provide specific plans for services addressing this intersection.
- Suggested Solutions:
 - o **VIntersectional Support Services:** Develop services that specifically address the needs of autistic individuals within the LGBTQIA+ community, providing holistic support.
 - Awareness and Advocacy: Launch awareness and advocacy campaigns to reduce stigma and promote understanding of the unique challenges faced by this community.

3.8. People in Regional, Rural, and Remote Areas

- **Challenge:** Limited access to specialized autism services due to geographic isolation.
- Need: Expansion of services into these areas, possibly using telehealth and mobile service units.
- P Document Analysis: Commits to improving access yet lacks specific strategies for service delivery in remote locations.
- **✓** Suggested Solutions:
 - **V** Telehealth Services: Expand telehealth services to provide remote access to autism support and healthcare, reducing geographic barriers.
 - Mobile Service Units: Develop mobile service units that bring specialized autism services to rural and remote areas, ensuring consistent access to care.

3.9. Inclusivity and Representation of Newer Autistic Advocates

- **Challenge:** Lack of Clear Inclusion of Diverse Voices
- **Need:** Ensure meaningful incorporation of feedback from newer autistic advocates.
- P Document Analysis: The strategy lacks clear documentation on how feedback from newer autistic advocates has been incorporated, raising concerns about the depth of stakeholder engagement.
- **✓** Suggested Solutions:
 - **Stakeholder Engagement:** Develop clear and inclusive stakeholder engagement processes that actively involve newer autistic advocates in decision-making.
 - Preedback Mechanisms: Establish feedback mechanisms that allow autistic advocates to provide input and see how their feedback is incorporated into policy and practice.

3.10. People Who Use Alternative or Augmentative Communication, or Are Non-Speaking or Minimally-Speaking

- **Challenge:** Accessibility issues in communication restrict full participation in society.
- Property Need: Enhanced access to and training in the use of augmentative and alternative communication tools.
- P Document Analysis: The strategy notes the need for inclusive communication methods but does not detail specific actions to increase the availability of these tools.
- **✓** Suggested Solutions:
 - **Communication Tools:** Provide access to augmentative and alternative communication tools, ensuring they are affordable and widely available.
 - Training Programs: Develop training programs for autistic individuals and their families on how to use these communication tools effectively.

3.11. People with Intellectual Disability

Challenge: Often face barriers in accessing tailored autism support that also considers intellectual challenges.

- **Need:** Services that specifically cater to individuals with both intellectual disability and autism.
- **Document Analysis:** The document lacks specific initiatives for integrating support for autism with intellectual disability services.
- Suggested Solutions:
 - ∘ ✓ Integrated Services: Develop integrated services that address both autism and intellectual disability, providing comprehensive and coordinated support.
 - Specialized Training: Train service providers on the unique needs of individuals with both conditions, ensuring they receive appropriate care and support.

3.12. People with Co-occurring Neurotypes, Disabilities, and Medical Health Conditions

- **Challenge:** Managing multiple co-occurring conditions can complicate access to suitable support.
- **Need:** Integrated service models that address complex health needs alongside autism.
- **Document Analysis:** Mentions integration of services but lacks detailed plans for comprehensive healthcare frameworks.
- Suggested Solutions:
 - Comprehensive Care Plans: Develop comprehensive care plans that address all co-occurring conditions, ensuring holistic support for autistic individuals.
 - Interdisciplinary Teams: Create interdisciplinary teams that provide coordinated care, integrating services across different health and support needs.

3.13. People with Complex and High Support Needs

- **Challenge:** High dependency on support services, which may not always be adequately tailored to their specific needs.
- **Need:** Highly personalized care plans that are flexible and responsive to changing needs.
- **Document Analysis:** Mentions the need for tailored supports but does not provide concrete measures for developing these personalized services.
- Suggested Solutions:
 - Personalized Care Plans: Develop highly personalized care plans that are regularly reviewed and adjusted to meet the changing needs of autistic individuals.
 - Flexible Support Services: Offer flexible support services that can adapt to the unique and evolving needs of individuals with high support requirements.

3.14. People Living in Supported Independent Living

- **Challenge:** Risks of inadequate support in settings that do not fully cater to individual needs.
- Need: Quality control and regular assessments to ensure living arrangements meet the necessary standards of support.

- **Document Analysis:** The strategy does not detail measures to enhance support in independent living arrangements.
- Suggested Solutions:
 - Quality Assurance Programs: Implement quality assurance programs that regularly assess and improve the support provided in independent living arrangements.
 - Resident Feedback: Establish feedback mechanisms that allow residents to report issues and suggest improvements in their living conditions.

3.15. People Living in Segregated Accommodation, Group Homes, and Institutions

- **Challenge:** Potential for isolation and inadequate care in segregated settings.
- **Need:** Oversight and reform to ensure these environments provide adequate care and opportunities for community integration.
- **Document Analysis:** Lacks detailed actions to address the specific needs of autistic individuals in segregated accommodations.
- Suggested Solutions:
 - Oversight Programs: Develop oversight programs that monitor and improve the quality of care in segregated accommodations, ensuring they meet high standards.
 - Community Integration Initiatives: Create initiatives that promote community integration for individuals living in segregated settings, providing opportunities for social interaction and participation.

3.16. People with Experience of Trauma and Violence

- **Challenge:** Higher vulnerability to trauma and violence, with insufficient support for recovery.
- **Need:** Trauma-informed care and specific support mechanisms to address and prevent violence and abuse.
- **Document Analysis:** Acknowledges the risk but lacks a comprehensive plan for trauma-informed care and support.
- **Suggested Solutions:**
 - Trauma-Informed Care: Implement trauma-informed care practices across all support services, ensuring that staff are trained to recognize and respond to trauma.
 - Support Mechanisms: Develop support mechanisms that provide safe housing, counseling, and legal support for autistic individuals who have experienced trauma or violence.

3.17. People in Child Protection and Justice Systems

- **Challenge:** Navigating these systems can be particularly challenging for autistic individuals due to misunderstandings and lack of tailored support.
- **Need:** Training for professionals within these systems and specialized advocacy to support autistic individuals.

- P Document Analysis: The strategy mentions these systems but does not detail specific reforms or support initiatives to aid autistic individuals within them.
- Suggested Solutions:
 - o **Training for Professionals:** Provide specialized training for professionals in child protection and justice systems on autism-specific issues and support needs.
 - Specialized Advocacy Services: Develop advocacy services that support autistic individuals in navigating these systems, ensuring they receive fair and appropriate treatment.

3.18. Autistic Individuals from Low Socioeconomic Backgrounds

- Challenge: Economic barriers limit access to essential resources, such as healthcare, education, and therapy services. Additionally, poverty can exacerbate the difficulties faced by autistic individuals, affecting their overall quality of life.
- Need: Enhanced access to resources like educational tools, therapeutic services, and technology that aid in communication and learning. Implementation of financial support programs and community-based initiatives to reduce economic barriers.
- **Document Analysis:** The document does not explicitly address the intersection of socioeconomic status with autism, missing opportunities to develop specific support mechanisms or financial aid programs for this group.
- **✓** Suggested Solutions:
 - o **V** Financial Support Programs: Develop financial support programs that provide grants or subsidies for healthcare, education, and therapy services, reducing the economic burden on low-income families.
 - Community-Based Initiatives: Implement community-based initiatives that provide resources and support for autistic individuals from low socioeconomic backgrounds, ensuring they have access to essential services and opportunities.

E-8.2. Holistic / Autistic Approach

About the necessary in-depth reflections for enhancing public policies to foster a more equitable, fair, free, fulfilled, and happy life for autistic individuals.

This is a truly crucial topic, which forms the basis of everything else related to autism. To fully understand the mechanisms of autism, and therefore the real difficulties and actual needs, and consequently the truly necessary measures to be provided by public policies, it is essential to distance oneself significantly from the classic nonautistic "systems of thought and functioning."

In reality, to understand autism, one must first start by thoroughly understanding "non-autism", because ultimately, autism is something that is defined "in relation to non-autism."

And one must go even further in their reflections by considering:

- the Natural Framework (to which autistic individuals are well adapted)
- the Artificial Framework (or rather "anti-natural"), to which autistic individuals are poorly adapted, but which itself is poorly suited to the Natural Framework.

This is the key to truly understanding and then guite easily solving almost all issues related to autism, or more precisely, the relationship between autism and nonautism, including obviously the concrete problems. The understanding gained on these relevant and universal bases allows for easily identifying the sources of problems and thus finding solutions (when one fully understands the mechanisms of autism), both at the level of an autistic individual and at the level of a state's public policies.

These are not mere theoretical ideas, as we constantly verify them in real life over the years. There really is no "autism puzzle" for us.

These reflections (and teachings) go beyond the scope of this current study (which is already very lengthy), so if a government is interested in learning more, they can contact us at contact@autistan.org. (This proposal is solely for governmental bodies.)

E-9. Suggestions for Methodological Improvements

E-9.1. Revise Methodology in **Consultation and Participation**

Some practical suggestions for improving consultation and participation methodologies.

Rethinking Co-Leadership and Involvement in National Autism Strategy <a>_

To effectively address the needs of the autistic community, a rethinking of what genuine coleadership and active involvement entail in the context of a national autism strategy is imperative. This can be achieved by integrating the following strategies:

1. Broader Consultation Processes

Incorporate diverse methods such as surveys, interactive digital platforms, and structured interviews to gather inputs from a broader spectrum of the autistic community, especially reaching those who might not typically participate in standard advocacy settings.

2. Proxy Advocacy

For individuals who cannot advocate for themselves, implement proxy advocates trained to understand and communicate the specific needs of non-verbal or significantly challenged individuals, ensuring their perspectives are also represented in decision-making processes.

3. Diversified Leadership Structures

Create varied leadership roles tailored to different capabilities and forms of expression. This can include positions that focus more on experiential input and direct feedback rather than traditional verbal communication and strategic oversight.

4. Adapted Communication and Engagement Strategies

- Utilize clear, concise language, visual aids, and hands-on engagement strategies to make governance more accessible and tangible.
- Redesign engagement formats to accommodate different communication needs, allowing for asynchronous contributions and using technology to facilitate expression.
- Tailor engagement opportunities to align with the interests and strengths of autistic individuals, focusing on specific policy areas that directly impact their daily lives.

5. Support Systems

- Develop comprehensive support systems tailored to the specific needs within the governance roles, including accommodations for sensory sensitivities and executive functioning challenges.
- Provide training for all involved, ensuring a deep understanding of autism's diversity and fostering effective engagement across the spectrum.
- Implement structured supports for executive functioning challenges, clear, predictable meeting formats, and educational initiatives to help autistic individuals understand the importance of governance and how policies affect their lives.

6. Flexible Models of Involvement

- Offer multiple forms of involvement such as consulting with the community on policies, participating in focus groups, or providing feedback on initiatives, rather than expecting all autistic individuals to engage directly in high-level governance.
- Establish advisory panels consisting of autistic individuals who can offer insights and recommendations to those in formal governance roles as an alternative way to ensure their voices are heard and incorporated.

7. Building Interest and Capacity

- Develop educational initiatives to help autistic individuals understand the importance of governance and how policies affect their lives, potentially sparking interest in participation.
- Offer mentorship and training for autistic individuals interested in leadership roles to build their skills and confidence in governance-related activities.

8. Ongoing Assessment and Adaptation

Regularly assess the effectiveness of these strategies and remain flexible to adapt based on feedback from autistic participants and their advocates, ensuring that governance truly reflects and responds to the needs of the entire autistic community.

⇒ Conclusion

The concept of co-leadership and active involvement needs to be flexible, inclusive, and adapted to the real abilities and interests of autistic individuals. By genuinely integrating autistic perspectives in a way that respects and utilizes their strengths and preferences, a national autism strategy can be more effectively tailored to serve the community it aims to support, ensuring that their involvement is meaningful and impactful, rather than merely symbolic.

Challenges in Consulting and Engaging Autistic Individuals

Consulting and engaging autistic individuals is very challenging because the "administrative" or governmental world is highly abstract, theoretical, and "artificial." This makes it somewhat diametrically opposed to the autistic world, and it can be particularly intimidating (considering that even "ordinary" people are generally intimidating for most autistic individuals). Therefore, this "administrative world" must be accessible for these interactions to occur.

Unfortunately, this is rarely the case, which means that the least adapted autistic individuals (those facing the most challenges) are automatically excluded from these consultations. This exclusion is neither intentional nor fully perceived, which is paradoxical and problematic, and explains certain gaps in national strategies. For more information, one can refer to our chapter E-4.2 dedicated to this theme.

Addressing Representativity Bias

This paradoxical and seemingly impossible-to-solve situation imposes, at the very least, a need to pay close attention to the major problem of resulting representativity bias (see E-6.4).

Alternative Methods for Understanding Needs and Difficulties

To know and understand the needs and difficulties of autistic individuals to improve public policies toward them, it is indeed necessary to do everything possible in terms of consultation and participation (as recommended by Article 4.3 of the UN CRPD). However, this does not mean it is the only thing to do. Fortunately, since the most disabled autistic individuals are also those who communicate the least, the stronger the autistic challenge, the less feasible consultation with these individuals becomes, which obviously poses problematic limits to this approach.

There are other ways to understand the needs and difficulties of autistic individuals, particularly those most handicapped by the current social system, such as:

Extrapolating or Interpolating Experiences

Using the experiences and lessons of more communicative autistic individuals.

Research Results

Theoretically, research results, when the research genuinely aims to understand how to adapt to autistic individuals rather than the reverse, which is rather rare.

Insights from People and Organizations

Insights and lessons from any person or organization (public or private) capable of providing useful indications, preferably supported by compelling experiences.

E-9.2. Enhance International **Comparisons and Holistic Collaboration**

Suggests strategies for enhancing international comparisons and the broadest possible collaboration between the best specialists to inform strategy development and implementation.

Capturing the "voices" of all autistic people, including those who are non-verbal or facing major challenges, through national consultations (as discussed in the previous chapter) is highly difficult. Therefore, it is crucial to explore additional possibilities and solutions to better inform public policies for these "hard-to-reach" segments of the autistic population. Here are a few ideas:

1. Leverage International Collaboration

Maximize Efficiency: To prevent wasting time and resources, it is prudent to learn from the successful strategies other countries have implemented to address similar issues, rather than "reinventing the wheel".

2. Consult Autistic Specialists Worldwide

Complement Existing Techniques:

Reevaluate or correct the broad, deep, and full-spectrum consultation techniques and ideas found nationally and internationally by considering and applying "autistic deep insights" about the essence and core functioning of autism.

Utilize Our Organization's Insights:

Our organization's insights can serve as a "compass" or beacon for deeply understanding autism's subtleties. Our insights, already appreciated in various countries and organizations, would be very useful in reflecting on and deciding how to address autism challenges, especially the necessary corrections to the socio-generated environment.

Emphasize Social and Human Accessibility:

The goal is to create environments that are "autism-friendly" not only in terms of sensory
aspects but, more importantly, in terms of social and human accessibility. The core
difficulties and challenges faced by autistic individuals revolve around human relationships
and communication.

3. Establish an International Group of Specialists

3.1. The Idea

Addressing Complex Issues:

 Some issues, like self-harming behaviors or extremely challenging situations, often lack clear solutions and require specialized knowledge.

• Acknowledging Knowledge Gaps:

Despite our deep understanding of autism mechanisms, we as Autistan Diplomatic
 Organization do recognize that we do not know all the solutions.

• Creating a Specialist Group:

 Form a group dedicated to research and guidance on the most challenging aspects of autism.

• Adopting a Global and Holistic Approach:

 A more global and holistic approach, supported by government backing, would enhance efficiency, effectiveness, and trustworthiness.

3.2. The Composition

Autistic Specialists of Autism:

• W Caution Against 'Shiny Autism Syndrome':

- It is very important to make sure that their participation cannot be a vector for "shiny autism" in other words, a way for them to develop a glorified "social image" (intentionally or not, consciously or not). We can explain why this is wrong, but one can guess that at least this precaution serves to warrant the authenticity of the participation, as it is never good to place the cause at the service of the ego instead of the righteous opposite.
 - Technically speaking, this risk can be drastically mitigated by preventing any form of publication of the image (photo or video) of the face of the participants, particularly on social media.
 - The autistic specialists who are already "famous" (unlike the "wannabees" mentioned above) – like our friend Stephen Shore that you mentioned – already have their faces largely published and certainly do not need such a

- project to develop their "celebrity", but they would abide by the same rule (no face published), which is not a problem for them.
- In any case, the name of the persons is sufficient and it is also mandatory, because the public should be able to know who does what. But the publication of the names should not be prominent; the names should be "findable" only when someone searches for it. The stakeholders should be as discreet as possible to avoid any risk of confusion between the interests of the project and the interests of the stakeholders.

• Ensuring Authentic Representation:

- The mere fact of being autistic does not automatically and magically provide knowledge on the mechanisms of autism, even when one is famous and has hundreds of thousands of "followers."
- Their experience and explanations can be very informative and useful, but most often, those who are famous are rather distant from the "authenticity of autism" (which is diametrically opposed to "social recognition"), and given their communication and social skills, they are not representative of the most challenged autistic individuals, nor do they really understand them sufficiently.
- Nowadays, being 'high-functioning autistic' is somewhat trendy in several Western countries, and we sometimes see the case of self-declared autistic people who lecture the world on the internet about autism while they have never approached any autistic kid or adult among the most problematic cases, or simply not any non-verbal autistic.

Rare autistic "gems" or "Rosetta Stones":

- Fortunately, there are a few autistic "speakers" or "advocates" who understand deeper challenges because they were highly challenged during early age before becoming verbal and socially fluent in adulthood. Their insights are of premium grade and should be included in such a project.
- The idea of an international group makes sense for such "gems" because there are very few (often none in a given country) who can bridge "deep autism" and the social world, especially in the context of public policies, which are abstract and particularly difficult for autistics.

Organizations of Autistic People:

- Here, similar precautions apply.
- It is important to know that there are not many organizations of (genuine) autistics in the world because the notion of a group of autistic people is very paradoxical. In summary, the more an autistic organization is skilled and efficient in terms of social relations, the less it is representative of the characteristics of autism.
 - o This does not mean the persons are "less autistic", given that when you are adapted to "non-autism", it's very similar to speaking another language (hence without the need of "forgetting" your primary language).
- The problems can be, for example, that whatever the authenticity of their autism the leaders of these organizations or groups are too often driven by a sort of need to be famous (or at least to obtain the "sacred" social recognition), or by other problematic motivations

(conscious or not) which many times result from past frustrations and which generate "inverted oppression" attitudes.

o This is only an example of the problems, and we won't elaborate here about the issue of "friendliness with policymakers", which undermines the authenticity of autistic advocacy, given that those self-proclaimed heralds, very skilled socially, are all but representative. More problematically, not only are they used (as "tokens") by the governments to allege that they consult autistics, but also, even more wrongly, those "unrepresentative representatives" cannot be too vocal about the governments' lacks or errors, which in the end makes us really doubtful about the whole thing, which appears as really problematic, which we can document with evidence in at least one European country.

Organizations of Parents and Expert Parents:

Include family members with valuable insights.

Carers:

Their practical experience is crucial.

Autism Professionals:

- Ensure no conflicts of interest.
- Address the tricky balance between professional engagement and vested interests.

Autism Researchers:

- With the same caution as above, and additionally a caution against any idea of "curing autism" or "modifying autism."
- To evaluate that, it is necessary to understand the fundamental difference between "autism" and the "autistic disorder (or disorders)", which we can explain and that seems to be still misunderstood almost everywhere, even in 2024.
- Of course, "not altering autism" does not imply not changing anything and not reducing the challenges and problems. Given that almost no one understands that fundamental difference, it is no wonder that most people (including "specialists") are rather lost in regards to "what to do."

Public Authorities:

They would be both beneficiaries of the insights and findings and managers of the group, ensuring implementation and coordination.

3.3. Benefits for Australia

Filling Gaps:

Help fill the gaps identified in our study, especially regarding the most challenged autistic individuals

Enhancing International Reputation:

- Further enhance the modern and progressive aspect of the Australian government's approach to autism policies, boosting its international image.
- This makes sense and it is possible, as we find that the current draft policy is "almost perfect", which in our view results from your righteous and relevant approach, based on the understanding that autism should not be seen through a defectological lens.
- Instead of attempting to "modify autism" (like trying to teach cats to wear socks), it is much better to correct the socio-generated environment. This way, there will be fewer perturbations, problems, and crises for autistic people, and it will also be beneficial for the whole society (starting with the most vulnerable, like elders, infants, etc.).
- So if you manage to create a good tool (like such an international group) to solve the current weaknesses of the strategy, it will show that you are completely "relevant" and efficient and, in the end, almost a world leader or the most advanced government in the field of autism. Because you would have created all the necessary things (you already have done a lot), you would correct your weaknesses, in other words, you would show what to do.
- This would set a very good example for many other countries and would benefit autistics in other countries if their governments finally accept to do what they have to do.

3.4. Rotating Leadership

Another point to consider is that, among the refinements of such a project, you can organize it so that the leadership would be "rotating" among countries, exactly like the G20 (that we are currently advising, btw). This way, no country would feel "dominated" or otherwise displeased.

3.5. Commonwealth Connections

- The fact that Australia is already part of the Commonwealth, and that the United Kingdom is already a very advanced country in terms of autism, is another argument because such a project would be really easy to start with other Commonwealth countries (and hoping that it would be open to any country in the world, not just the "western culture").
- There is almost "no excuse" when one sees so many positive points and such a favorable configuration \triangle \square .

E-10. General Conclusion

E-10.1. Synthesis of Sections E-1. to E-9.



Australia's Draft National Autism Strategy undergoes a comprehensive analysis, revealing its commendable efforts while highlighting critical areas for enhancement. This analysis draws on comparisons with other significant documents and strategies, synthesizing feedback and insights to present a detailed critique of the strategy's strengths and weaknesses.

The comparison of Australia's Draft National Autism Strategy with other documents—including the Consultation Report, Amaze's study, common criteria and recommendations, SMART criteria, the Autistan Model of Strategy, and other national autism strategies—uncovers the strategy's alignment and discrepancies. This multi-faceted comparison underscores the need for more precise and measurable goals within the strategy. The SMART criteria assessment indicates that while the strategy outlines broad commitments, it often falls short in specifying actionable, time-bound goals essential for effective implementation and evaluation.

One of the pivotal themes in the analysis is accessibility. The strategy emphasizes the need for accessibility, yet the review argues that this must extend beyond sensory considerations to include social accessibility. Social accessibility involves creating environments where autistic individuals can interact and participate without facing social barriers. This requires a shift in societal attitudes and the removal of prejudices that hinder social inclusion. The review suggests that the strategy should incorporate specific policies to foster social accessibility, such as training programs to enhance societal understanding of autism and initiatives to promote social participation.

The review identifies several overlooked challenges and demographic groups within the strategy. These include – for example - autistic individuals with co-occurring conditions, autistic children in foster care, older autistic individuals, or those residing in rural or remote areas. The

analysis highlights that the strategy needs to be more inclusive and tailored to address the unique needs of these diverse groups. It suggests the development of targeted support programs and services that recognize and accommodate these varying needs.

Methodological challenges are another critical area of focus. The strategy's approach to autistic participation and co-leadership is paradoxical, as it aims to include autistic voices while avoiding representation bias. The review stresses the importance of genuine inclusion that reflects the diversity of the autistic community. This involves not only listening to a select few but ensuring broad-based representation that captures the varied experiences and perspectives of autistic individuals.

The review also examines the unintended consequences of the strategy's strengths. One significant concern is the trend towards socializing autistic individuals, which may pressure them to conform to non-autistic norms. This can lead to a dilution of their authentic experiences and identities. The analysis calls for a rebalancing of the strategy to respect and uphold the right of autistic individuals to maintain social distance and live authentically without undue pressure to conform.

To address the identified gaps and challenges, the review offers detailed, practical solutions. It emphasizes the need for improving access to quality, timely, neurodiversity-affirming supports and services, especially for those in underserved areas. The strategy should also encourage greater representation of people with lived experiences in service delivery roles, ensuring that support is both relevant and empathetic.

Furthermore, the review advocates for a holistic approach that integrates various aspects of autistic individuals' lives. This includes addressing intersectionality—how overlapping forms of disadvantage impact autistic individuals—and tailoring support accordingly. Policies should be developed to address the unique challenges faced by specific demographic groups, ensuring that the strategy is inclusive and comprehensive.

In terms of methodological improvements, the review suggests revising the consultation and participation processes to be more genuinely inclusive. This involves creating mechanisms for ongoing feedback and adaptation, ensuring that the voices of the autistic community are continuously heard and respected. Enhanced international comparisons and holistic collaborations are also recommended to incorporate global best practices, thereby strengthening the strategy.

In summary, while Australia's Draft National Autism Strategy demonstrates significant efforts towards inclusivity and support for autistic individuals, it requires substantial refinements to address the identified gaps. By focusing on both sensory and social accessibility, recognizing overlooked challenges and demographic groups, balancing methodological approaches, and adopting a holistic, inclusive strategy, Australia can develop a more effective and supportive framework for autistic individuals.

E-10.2. General Conclusion of this Study



The extensive analysis of the Australian Draft National Autism Strategy reveals both commendable strengths and notable gaps that the Australian government should consider to ensure the strategy effectively addresses the needs of the autistic community.

1. Strengths of the Draft Strategy

The Draft National Autism Strategy demonstrates a strong commitment to inclusivity and respect for the rights of autistic individuals. The emphasis on co-design and co-leadership by autistic people, as articulated in the guiding principles, reflects a genuine effort to adhere to the motto "Nothing about us, without us." This approach aligns with international best practices and is a significant step towards ensuring that the voices of autistic individuals are not only heard but actively shape policies that impact their lives.

The strategy's focus on social and economic inclusion, alongside the commitment to improving diagnosis, services, and supports, showcases a comprehensive understanding of the multifaceted challenges faced by autistic people. The inclusion of intersectionality in the guiding principles further strengthens the strategy by acknowledging the diverse experiences within the autistic community, including those of marginalized and underrepresented groups.

2. Gaps and Areas for Improvement

Despite these strengths, several critical gaps have been identified through comparative analysis with other national strategies, the Autistan Model of Strategy, and established criteria such as SMART objectives.

- Inclusion and Representation: While the strategy emphasizes co-design,
 there is a concern that the representation of autistic individuals in leadership
 roles may be limited to those who align more closely with neurotypical
 expectations. This risks sidelining the experiences and needs of a significant
 portion of the autistic community, particularly those with more profound
 support needs or non-verbal individuals. The strategy should ensure broader
 and more diverse representation to avoid unintended biases and to truly reflect
 the spectrum of autism.
- Accessibility: The strategy addresses accessibility in a broad sense, but it falls short of specifying actionable and measurable steps to ensure full accessibility, particularly in sensory and social contexts. A more detailed plan is needed to address the unique accessibility challenges faced by autistic individuals in various settings, from public spaces to service delivery.
- Methodological Challenges: The analysis highlights a paradox in the strategy's approach to autistic participation and co-leadership. The strategy risks aligning too closely with non-autistic perspectives, which may dilute the authenticity of autistic voices. The methodological framework should be revised to mitigate this representation bias and to foster a more balanced approach that values autistic perspectives without compromising their authenticity.
- Unintended Consequences: The strategy's strengths, particularly in promoting socialization and inclusion, could inadvertently lead to pressures on autistic individuals to conform to neurotypical norms. It is crucial to distinguish between inclusion as a means of providing equal opportunities and inclusion as

a form of social normalization. The strategy should promote acceptance of autistic individuals as they are, rather than encouraging them to adapt to societal expectations.

3. Recommendations for the Australian Government

To enhance the effectiveness and inclusivity of the National Autism Strategy, the following recommendations are proposed:

- **Expand Representation:** Ensure that the co-design process includes a wide range of autistic voices, particularly those from underrepresented groups. This will help avoid the risk of marginalizing significant segments of the autistic community.
- Detail Accessibility Measures: Develop specific, measurable actions to improve accessibility in all areas of life, particularly focusing on sensory and social accessibility. This should include detailed guidelines and timelines for implementation.
- Revise Methodological Framework: Reconsider the strategy's methodological
 approach to participation and co-leadership to reduce the risk of
 representation bias. The framework should be designed to value and
 incorporate the diversity of autistic experiences without compromising their
 authenticity.
- Clarify the Concept of Inclusion: Reframe the strategy's approach to inclusion to emphasize the right of autistic individuals to participate in society on their own terms. The strategy should focus on providing equal opportunities while respecting the diverse needs and preferences of autistic people.
- Address Overlooked Needs: Identify and address the specific needs of demographic groups that are currently underrepresented in the strategy. This includes providing tailored supports and services that consider the intersectionality of autism with other forms of diversity.
- **Enhance Evaluation and Reporting:** Implement a robust evaluation plan that is co-led by autistic individuals, ensuring transparency and accountability in measuring the strategy's success. This should include regular updates and adaptations based on ongoing feedback from the autistic community.

⇒ Conclusion

The Australian Draft National Autism Strategy represents a significant and positive step towards improving the lives of autistic individuals in Australia. However, to fully realize its potential, the strategy must address the identified gaps and challenges. By expanding representation, enhancing accessibility, and refining its methodological approach, the strategy can become a truly inclusive and effective framework that not only supports autistic individuals but also leads the way in promoting neurodiversity and human rights.

The Australian government is encouraged to take these insights into account to ensure that the National Autism Strategy is as comprehensive, inclusive, and effective as possible, ultimately contributing to a society where autistic individuals can thrive.

E-10.3. Additional Insights: Hypotheses

1. Hypothesis Regarding the Primary Problem: The **Representation Bias**

1. Intentions of the Australian Government:

The Australian government seeks to develop a highly effective National Autism Strategy with the aim of providing comprehensive support to autistic individuals in the country. Their goal is to create a strategy that is both inclusive and representative, leveraging the most progressive approaches in the field of disability and neurodiversity.

2. Foundational Approaches:

- o To achieve this, the government grounds the strategy on two key principles:
 - 2a. The principle of "Nothing About Us Without Us," as enshrined in Article 4.3 of the UN Convention on the Rights of Persons with Disabilities (CRPD), emphasizing the involvement of autistic individuals in the policymaking process.
 - **2b.** The social model of disability, advocated by the neurodiversity movement, which shifts the focus from individual deficits to the barriers imposed by society.

3. **Implementation**:

- **3a.** The government, recognizing the importance of direct consultation with autistic individuals, prioritizes their inclusion in the development of the strategy.
 - Note: This is a positive approach, aligning with what many autism advocates have long demanded but often find lacking in government initiatives.

- o **3b.** The strategy places significant emphasis on the positive aspects of autism.
 - Note: Recognizing and valuing the strengths of autistic individuals is crucial and represents a significant shift from a deficit-focused perspective.

4. Consultation Process:

o The government organizes a large-scale national consultation, giving significant weight to the voices of autistic individuals who are engaged and willing to participate.

5. Representation Issue:

o However, the autistic individuals who participate in this consultation are predominantly those who understand and are engaged with such processes—a small, non-representative segment of the broader autistic population. This group often includes individuals who are closer to neurotypical norms in communication and social interaction and who are more likely to engage in consultation activities.

6. Reinforcement of the Bias:

o The feedback obtained from this consultation further reinforces the focus of the National Autism Strategy on the participation and perspectives of this small, more neurotypical-adjacent group of autistic individuals.

7. Exceeding International Standards:

 In its pursuit of excellence, the strategy introduces the concept of "co-leadership," where autistic individuals are not only consulted but also take on leadership roles in the strategy's implementation. This goes beyond the recommendations of the UN CRPD (and its General Comment No. 7), aiming for even greater inclusivity.

8. **Key Problems Arising**:

o 8a. Nature of Autism and Consultation:

- The inherent characteristics of autism, particularly regarding communication and social relationships, mean that the individuals consulted are not fully representative of the broader autistic population. Those who are more neurotypical-adjacent are more likely to influence the government, while those with significant communication or social challenges are underrepresented. This skews the strategy towards perspectives that may not fully encompass the diversity of autistic experiences.
- Additionally, these more neurotypical-adjacent individuals may have "nonautistic aspirations" that do not align with the broader autistic community's

8b. Confusion Between Autism and ASD (Autism Spectrum Disorder):

The strategy does not clearly distinguish between autism and the specific challenges associated with Autism Spectrum Disorder (ASD). This lack of distinction may lead to a tendency to downplay the significant difficulties associated with ASD in favor of highlighting positive attributes. As a result, the strategy risks presenting an incomplete picture of autism that does not fully address the needs of those with more profound challenges.

9. Consequences:

9a. Co-Leadership and Consultation:

The focus on co-leadership and consultation, driven by more neurotypicaladjacent voices, directs the strategy towards socialization efforts, potentially at the expense of addressing the real challenges faced by many autistic individuals. This could result in a strategy that does not fully align with the needs of the entire autistic community, particularly those with significant difficulties.

9b. Terminology and Conceptual Issues:

The confusion between autism and ASD, along with issues in the strategy's terminology (such as the use of "diagnosis"), may lead to an underemphasis on the challenges faced by autistic individuals. The term "diagnosis" might be treated as a mere formality, neglecting the importance of recognizing and addressing the specific challenges associated with ASD.

2. Hypotheses Regarding "Classic" and Secondary Problems

Several secondary issues arise that are distinct from the primary problem of representation bias. These include:

1. Diagnostic Challenges

- Problem Identified: The strategy acknowledges challenges related to accessing timely and accurate diagnoses, particularly for individuals in remote areas, as well as for girls, women, and non-binary people. However, it does not fully explore the complexities of diagnosing autism, especially for individuals with less obvious symptoms or those who do not fit traditional diagnostic criteria.
- **Hypothesis for Existence**: This gap may arise from the strategy's focus on improving access to diagnostic services and streamlining the diagnostic process, rather than addressing the nuanced complexities of autism diagnosis. The emphasis on broad accessibility might inadvertently overshadow the need to refine diagnostic criteria and practices to better capture the diversity of autistic experiences, including those that are less visible or atypical.

2. Lack of Social Accessibility

- **Problem Identified**: The strategy does not adequately address the concept of social accessibility, which is crucial for ensuring that autistic individuals can fully participate in society.
- **Hypothesis for Existence**: One significant reason for this gap is that society, as a whole, tends to prioritize material changes over the more challenging task of altering attitudes. Physical and sensory modifications are tangible and often easier to implement, whereas changing societal attitudes requires deeper, more sustained efforts that challenge ingrained behaviors and biases. For many, the effort required to adopt more adaptive, attentive, and less reactive attitudes towards autistic individuals is perceived as too demanding. This reluctance to engage in meaningful attitudinal shifts results in a superficial approach to accessibility, where the more complex social and relational barriers remain unaddressed.

Furthermore, the concept of a "policy of accessibility for autistic individuals" is not well understood or widely accepted. Explaining this concept is challenging, especially when governments themselves are not fully accessible—often lacking the patience, attentiveness, and openness required to understand and address these nuanced issues. This creates a vicious cycle where the lack of social accessibility perpetuates itself because the entities responsible for implementing change are not adequately equipped to understand or prioritize these needs.

3. Overlooked Demographic Groups

- **Problem Identified**: Certain demographic groups within the autistic community, such as those with high support needs, non-verbal individuals, and those from marginalized backgrounds, are not sufficiently represented or addressed in the strategy.
- **Hypothesis for Existence**: The strategy's reliance on consultation with a small, more engaged segment of the autistic population may lead to the underrepresentation of these groups. Additionally, there may be a lack of targeted efforts to engage with and understand the unique challenges faced by these underrepresented groups.

4. Terminological Confusion

- **Problem Identified**: The strategy's use of terminology, particularly around "diagnosis" and "autism," lacks clarity, leading to potential misunderstandings about the scope and nature of the challenges being addressed.
- **Hypothesis for Existence**: This issue could arise from an attempt to present autism in a more positive light, leading to the minimization of challenges and a reluctance to engage with the more difficult aspects of ASD. Additionally, there may be an underlying assumption that the terminology used is already well-understood and accepted, which might not be the case across the broader community.

5. Insufficient Consideration of the Diversity within the Autistic Spectrum

- **Problem Identified**: The strategy tends to generalize the autistic experience, potentially overlooking the vast diversity within the autism spectrum, including variations in communication styles, cognitive abilities, and sensory processing.
- **Hypothesis for Existence**: This generalization may stem from the strategy's aim to create a unified approach that is applicable to the entire autistic population. However, this broadbrush approach can result in the exclusion of those whose experiences do not fit the mainstream understanding of autism. This issue may also be exacerbated by the representation bias, where the perspectives of those who are more easily understood and who fit the existing frameworks are given more weight.

6. Overemphasis on Socialization and Economic Participation

- **Problem Identified**: The strategy places significant emphasis on socialization and economic participation, potentially at the expense of other important areas, such as personal wellbeing, autonomy, and the right to social distance.
- **Hypothesis for Existence**: This focus may be driven by societal values that prioritize economic productivity and social conformity. The government may believe that these areas are key to integrating autistic individuals into society. However, this approach can overlook the importance of respecting individual differences and the need for some autistic individuals to have environments that accommodate their unique ways of interacting with

the world, rather than pushing them towards normalization.

7. Limited Focus on Lifelong Support

- **Problem Identified**: While the strategy addresses various stages of life, there is insufficient emphasis on providing consistent, lifelong support for autistic individuals, particularly as they transition from childhood to adulthood and into old age.
- **Hypothesis for Existence**: The strategy may be influenced by a short-term focus on immediate needs, particularly those that align with current governmental priorities. This could result in a lack of attention to the long-term, evolving needs of autistic individuals. Additionally, there may be an underlying assumption that once certain milestones (such as employment or social integration) are achieved, support needs will decrease, which does not reflect the reality for many autistic individuals.

8. Inadequate Addressing of Sensory Needs

- **Problem Identified**: The strategy does not fully address the sensory processing differences that many autistic individuals experience, leading to a lack of appropriate accommodations in various environments.
- **Hypothesis for Existence**: Sensory needs are often overlooked because they are not as visible or as easily understood as other challenges. The focus on broader accessibility issues, such as physical access, may overshadow the importance of creating environments that cater to the sensory sensitivities of autistic individuals. There may also be a lack of awareness or understanding of how pervasive and impactful sensory processing issues can be in the daily lives of autistic individuals.

9. Insufficient Integration Across Services and Sectors

- **Problem Identified**: The strategy does not adequately address the need for integrated services and support systems, resulting in fragmented care and support for autistic individuals.
- **Hypothesis for Existence**: This fragmentation may arise from the compartmentalized nature of government services, where different departments or agencies are responsible for different aspects of care. Without a cohesive, cross-sector approach, services can become siloed, leading to gaps in support. Additionally, the complexity of coordinating multiple sectors (such as health, education, and social services) may contribute to the challenge of creating a truly integrated support system.

10. Limited Recognition of Autistic Individuals' Right to Self-Determination

- **Problem Identified**: The strategy, while promoting inclusion and participation, may not fully recognize the right of autistic individuals to self-determination, including the right to make decisions about their own lives without undue influence.
- **Hypothesis for Existence**: This issue may stem from a well-intentioned but paternalistic approach that assumes certain decisions or paths are in the best interest of autistic individuals, without fully considering their autonomy and preferences. There may also be an overemphasis on achieving societal norms, such as employment or social integration, at the expense of respecting individual choices and lifestyles that may not conform to these norms.

E-10.4. Additional Insights: Mechanisms and **Impacts**

Note: This chapter represents a somewhat experimental and incomplete attempt at analyzing the strengths and weaknesses of the National Autism Strategy, particularly through the lens of "Mechanisms and Impacts."

This is a complex undertaking, and we were unable to reach the desired level of depth, as it requires extensive reflection, a significant amount of focus, and a calm, uninterrupted environment. Consequently, it may contain errors, oversights, or redundancies.

However, we are open to trying and refining, as well as improving, this approach for any government or country interested in a more comprehensive and accurate analysis.

Additionally, this attempt may serve as a foundation or inspiration for individuals or organizations looking to develop a more detailed and precise approach to similar analyses.

1. Particular Strengths

1.1. Extensive Consultation

- Probable Intention: The government aims to create a strategy that reflects the needs and opinions of autistic people by actively involving their participation.
- Available Principle: The principle of "Nothing About Us Without Us" guides this intention for extensive consultation.
- **Decision**: Implement inclusive consultation processes, with particular attention to the voices of autistic people.
 - Positive Consequences for the Methodology: The strategy's methodology becomes more inclusive and respectful of the rights of those involved.
 - General Positive Factual Effects: The policies developed are more aligned with the actual needs of autistic people.
 - Positive Effects on Autism-Specific Challenges: Better understanding of specific needs, leading to more appropriate interventions.
 - **Positive Effects on Autistic Qualities**: The qualities and strengths of autistic people are better recognized and integrated into policies.
 - Consequences for Autistic People: Instead of seeking social recognition, extensive consultation ensures that concrete needs (such as access to education, employment, and housing) are better addressed, which is crucial for real and effective inclusion.
 - Positive Consequences for Society: A society that values inclusion and diversity becomes more harmonious and equitable. By better addressing the concrete needs of autistic people, it improves not only their quality of life but also that of the entire population by promoting a more just and adaptable environment for all.

1.2. Emphasis on Inclusion

- **Probable Intention**: The government wants to ensure that autistic people are not excluded from social, economic, and cultural opportunities.
- **Available Principle**: Inclusion is considered a fundamental right, supported by human rights principles.
- Decision: Prioritize policies that promote the inclusion of autistic people in all aspects of society.
 - o **Positive Consequences for the Methodology**: This strengthens the coherence and relevance of policies by aligning them with international human rights standards.
 - **General Positive Factual Effects**: Inclusion leads to greater participation of autistic people in society.
 - Positive Effects on Autism-Specific Challenges: Autistic people receive appropriate support that allows them to fully participate in social life.
 - **Positive Effects on Autistic Qualities**: The strengths of autistic people are better recognized and valued in an inclusive environment.
 - Positive Consequences for Autistic People: Greater social acceptance, reducing isolation and improving overall well-being.
 - **Positive Consequences for Society**: An inclusive society is more equitable, benefits from greater diversity of thought and innovation, and sees a reduction in social conflicts.

1.3. Commitment to Human Rights

- **Probable Intention**: The government aims to respect and protect the human rights of autistic people, in line with international commitments.
- **Available Principle**: International conventions, such as the United Nations Convention on the Rights of Persons with Disabilities (CRPD), provide a legal and moral basis.
- **Decision**: Anchor the strategy in a human rights-centered approach.
 - Positive Consequences for the Methodology: The strategy gains legitimacy and legal strength.
 - **General Positive Factual Effects**: The rights of autistic people are better protected, reducing potential violations.
 - Positive Effects on Autism-Specific Challenges: Better legal protection ensures that the needs of autistic people are respected and taken into account.
 - **Positive Effects on Autistic Qualities**: Human rights also encompass respect for differences, which promotes broader acceptance of autistic qualities.
 - **Positive Consequences for Autistic People**: Increased protection against discrimination and better integration into society.
 - **Positive Consequences for Society**: A society that respects human rights is more just, stable, and peaceful.

1.4. Clarification and Awareness on Terminology

- **Probable Intention**: The government seeks to avoid misunderstandings and promote a more accurate understanding of autism.
- **Available Principle**: The use of respectful and precise terminology is essential to avoid stigmatization.

- **Decision**: Adopt and promote terminology that accurately reflects the realities of autism.
 - Positive Consequences for the Methodology: Improves the clarity of communications and policies.
 - General Positive Factual Effects: Reduction of misunderstandings and negative stereotypes.
 - Positive Effects on Autism-Specific Challenges: A better understanding of specific challenges leads to more appropriate interventions.
 - Positive Effects on Autistic Qualities: Valuation of the strengths and capabilities of autistic people through positive terminology.
 - Positive Consequences for Autistic People: Feeling better understood and respected in society.
 - **Positive Consequences for Society**: A better-informed society is more capable of including and supporting autistic people.

1.5. Adoption of the Social Model of Disability

- **Probable Intention**: The government wants to ensure that society adapts to the needs of autistic people, rather than forcing them to adapt to society.
- **Available Principle**: The social model of disability, which views disability as the result of the interaction between individuals and an unadapted environment.
- **Decision**: Adopt policies that modify the environment to make it more accessible to autistic people.
 - Positive Consequences for the Methodology: The methodology becomes more focused on environmental and societal changes.
 - General Positive Factual Effects: Improvement of accessibility and participation of autistic people.
 - Positive Effects on Autism-Specific Challenges: Reduction of obstacles and environmental barriers that exacerbate challenges.
 - **Positive Effects on Autistic Qualities**: Creation of environments that allow autistic qualities to fully express themselves.
 - Positive Consequences for Autistic People: Increased autonomy and participation in society.
 - Positive Consequences for Society: A more accessible society is also more equitable and capable of accommodating a greater diversity of people.

2. Progressive and Commendable but Excessive Strengths

2.1. Inclusion and Integration

- Inclusion: Inclusion implies that the system or environment adapts to the needs of individuals, without requiring them to change to fit the system. This means that structures, practices, and attitudes are modified to ensure that everyone can fully participate on an equal footing. For example, in an inclusive school, autistic students are full members of the school community, and the school takes specific measures to ensure that their needs are met, such as adapting teaching methods or creating appropriate sensory environments.
- Integration: In contrast, integration refers to inserting individuals into existing systems or environments without necessarily modifying these systems to meet their specific needs. Autistic

people must therefore adapt to the expectations and requirements of the system, often without significant adjustments to accommodate their differences. For example, in an integrated school, an autistic student might be placed in a regular classroom without specific modifications to meet their needs.

- **Probable Intention**: The government seeks to maximize the participation of autistic people in all aspects of social life, often using integration as a means to achieve this.
- **Available Principle**: Inclusion and integration are often seen as synonymous with social progress.
- **Decision**: Adopt policies that promote the integration of autistic people into existing systems without necessarily adapting them.
 - Positive Consequences for the Methodology: This can give the impression of a proactive approach to inclusion.
 - General Positive Factual Effects: More autistic people gain access to "normal" environments such as education and employment.
 - Positive Effects on Autism-Specific Challenges: Some challenges may be better understood in broader social contexts.
 - **Positive Effects on Autistic Qualities**: Certain autistic qualities, such as perseverance, may be valued in integrated environments.
 - Positive Consequences for Autistic People: Some autistic people may feel more included and have access to opportunities they would not otherwise have.
 - Positive Consequences for Society: A more integrated society where differences are more visible.
 - Negative Consequences for the Methodology: However, by conflating inclusion and integration, the methodology may fail to consider the specific needs of autistic people.
 - **General Negative Factual Effects**: Risk of creating environments that are poorly adapted to specific needs, resulting in superficial inclusion.
 - Negative Effects on Autism-Specific Challenges: Challenges may be exacerbated or even generated in unadapted environments, adding unnecessary difficulties for autistic people.
 - Negative Effects on Autistic Qualities: Autistic qualities may be stifled by the pressure to conform.
 - Negative Consequences for Autistic People: Stress, isolation, and failure to integrate into unadapted environments, often the result of forced integration.
 - **Negative Consequences for Society**: A society that fails to adapt its environments may perpetuate exclusion and stigmatization while believing it is practicing inclusion.
 - Suggestions for Solutions: Clearly distinguish between inclusion and integration and adapt environments to truly include autistic people without forcing them to conform to norms that do not suit them.

2.2. Application of the Social Model of Disability

• **Probable Intention**: The government seeks to adopt an approach that values neurocognitive diversity and minimizes societal barriers.

- **Available Principle**: The social model of disability, which redefines disability as a product of social barriers.
- **Decision**: Develop policies that encourage society to become more accessible and welcoming to autistic people.
 - Positive Consequences for the Methodology: This encourages a more inclusive approach to diversity.
 - General Positive Factual Effects: A society more aware of and open to differences.
 - Positive Effects on Autism-Specific Challenges: Reduction, or even elimination, of obstacles that not only make challenges more visible but also are the root cause of many autism-specific challenges.
 - Positive Effects on Autistic Qualities: Autistic qualities are valued and integrated into society.
 - **Positive Consequences for Autistic People**: Improved quality of life through more understanding and adapted environments.
 - **Positive Consequences for Society**: A more inclusive and diverse society, capable of valuing differences and reducing discrimination.
 - Negative Consequences for the Methodology: However, confusion between autism and specific challenges (ASD) may undermine the effectiveness of policies.
 - General Negative Factual Effects: Interventions may become inconsistent or inappropriate.
 - Negative Effects on Autism-Specific Challenges: Challenges may be poorly addressed or neglected.
 - Negative Effects on Autistic Qualities: Qualities may be misunderstood or undervalued.
 - Negative Consequences for Autistic People: Inadequate or insufficient support may harm their well-being.
 - **Negative Consequences for Society**: A poorly informed society risks perpetuating misunderstandings and stereotypes.
 - Suggestions for Solutions: Clarify the distinction between autism and specific challenges (ASD) in applying the social model of disability and adapt strategies to meet the specific needs of both.

2.3. Consultation and Participation of Autistic People

- **Probable Intention**: The government wants to ensure that the voices of autistic people are heard and respected in policy-making.
- **Available Principle**: The principle of active consultation and participation ("Nothing About Us Without Us").
- **Decision**: Encourage the participation of autistic people in the design and implementation of policies.
 - Positive Consequences for the Methodology: This strengthens the legitimacy and acceptability of policies.
 - **General Positive Factual Effects**: Policies are more aligned with the actual needs of autistic people.
 - **Positive Effects on Autism-Specific Challenges**: Better recognition of specific challenges through direct involvement.

- **Positive Effects on Autistic Qualities**: Valuation of the strengths and capabilities of autistic people.
- **Consequences for Autistic People**: Rather than merely seeking social recognition, this process should aim to ensure the concrete acceptance of autistic people, particularly in terms of access to education, employment, housing, etc., regardless of social perceptions.
- Positive Consequences for Society: A society that values the participation of all its members becomes more democratic and equitable. By adopting inclusive and concrete practices, it corrects its mistakes, excesses, and injustices, benefiting everyone by creating social harmony, reducing costs related to security, health, and legal procedures, while promoting less pollution and financial savings.

3. Lesser-Known Weaknesses Identified from Our Perspective

3.1. Social Accessibility

- **Misunderstandings or Confusions from Our Perspective**: The strategy does not fully recognize the challenges related to social accessibility for autistic people.
 - Negative Consequences for the Methodology: The methodology does not take into account the importance of creating socially accessible environments.
 - General Negative Factual Effects: Risk of creating environments that, while physically accessible, remain socially exclusive.
 - Negative Effects on Autism-Specific Challenges: Challenges may be exacerbated by socially inaccessible environments.
 - Negative Effects on Autistic Qualities: Autistic qualities may be overlooked or misunderstood in these environments.
 - **Negative Consequences for Autistic People**: A lack of social accessibility limits the participation and engagement of autistic people.
 - Negative Consequences for Society: A society that does not understand the importance of social accessibility perpetuates exclusion and inequality, leading to social tensions, increased costs to manage these tensions, and overall reduced efficiency.

4. Common Weaknesses

4.1. Delays and Complexity of Diagnosis

- **Misunderstandings or Confusions from Our Perspective**: Delays in obtaining a diagnosis and the complexity of the process continue to be major issues.
 - Negative Consequences for the Methodology: An ineffective methodology that does not address these problems hinders early detection and intervention.
 - **General Negative Factual Effects**: Delays in providing essential services and in setting up appropriate supports.
 - **Negative Effects on Autism-Specific Challenges**: Challenges may worsen due to a lack of early intervention.

- Negative Effects on Autistic Qualities: Autistic qualities may not be supported or valued at an early stage.
- Negative Consequences for Autistic People: Delays in accessing essential services, affecting development and quality of life.
- **Negative Consequences for Society**: A society that does not diagnose guickly misses opportunities for early intervention, which can increase long-term costs.

4.2. Insufficient Resources and Support Services

- Misunderstandings or Confusions from Our Perspective: The resources and services available to autistic people are insufficient.
 - Negative Consequences for the Methodology: A strategy that fails to allocate sufficient resources cannot achieve its goals.
 - General Negative Factual Effects: Autistic people and their families often have to cope alone without the necessary support.
 - Negative Effects on Autism-Specific Challenges: Challenges may worsen in the absence of adequate support.
 - Negative Effects on Autistic Qualities: Autistic qualities may not be developed due to a lack of support.
 - Negative Consequences for Autistic People: Reduced quality of life and increased stress for autistic people and their families.
 - Negative Consequences for Society: A society that does not invest in adequate support for autistic people risks creating lasting inequalities and seeing its costs rise due to a lack of prevention.

4.3. Lack of Training and Public Awareness

- Misunderstandings or Confusions from Our Perspective: The lack of training for professionals and low public awareness leads to misunderstandings and stigmatization.
 - **Negative Consequences for the Methodology**: A strategy that does not address these issues perpetuates stereotypes and discrimination.
 - **General Negative Factual Effects**: Autistic people continue to face stigmatization and discrimination.
 - Negative Effects on Autism-Specific Challenges: Challenges may be misinterpreted or poorly managed by untrained professionals.
 - Negative Effects on Autistic Qualities: Autistic qualities may be ignored or undervalued due to stigmatization.
 - Negative Consequences for Autistic People: A sense of isolation and misunderstanding in society.
 - **Negative Consequences for Society**: A poorly informed society is less capable of supporting autistic people and risks exacerbating inequalities, social tensions, and incurring high economic and social costs.

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